

MEIA MARATONA DOS PALÁCIOS

23 Mai 2010

MEIA MARATONA DOS PALÁCIOS

PARTIDA-SINTRA

10HORAS

Dorsal	Atleta	Clube	Escalão	Ano	Geral	Tempo	Pontos
2	RICARDO RIBAS	GDRC	Seniores Masculinos	99	1	01:07:34	1
4	CARLOS SILVA	SCP	Seniores Masculinos	99	2	01:07:35	1
6	NELSON CRUZ	CAXIAS	Seniores Masculinos	99	3	01:08:19	1
1	HELDER ORNELAS	GDRC	Seniores Masculinos	99	4	01:10:48	1
3	HERMANO FERREIRA	M.C.PORTU	Seniores Masculinos	99	5	01:10:48	1
100	EMILIANO VIEIRA	BELENENSE	Seniores Masculinos	99	6	01:11:07	1
7	JOÃO MARQUES	CAXIAS	M 40	99	7	01:12:03	1
83	PEDRO PESSOA	P SALEMA	M 40	99	8	01:12:04	1
22	DAVID FERNANDES	AAPL	Seniores Masculinos	99	9	01:13:19	1
563	MÁRIO PEDRO	M OCULIST	Seniores Masculinos	99	10	01:13:35	1
431	ELIAS VITANGUI	ODIMARQ A	Seniores Masculinos	99	11	01:14:05	1
579	JOSÉ GASPAS	SANTOS P	Seniores Masculinos	99	12	01:14:32	1
94	JOSÉ SANTOS	AAPL	M 45	99	13	01:14:32	1
357	JOÃO FERREIRA	UAGUARDA	Seniores Masculinos	99	14	01:14:39	1
553	SILVESTRE GOMES	M OCULIST	M 55	99	15	01:14:46	1
359	JOSÉ JARMELA	UAGUARDA	M 45	99	16	01:15:12	1
288	HELDER REBELO	GRD FIXES	M 40	99	17	01:15:17	1
510	ALEXANDRE SOARES	LPSALVO	M 45	99	18	01:15:24	1
440	PAULO FELIX	AAPL	M 50	99	19	01:15:37	1
93	JOSÉ HEITOR	ATIBA	M 45	99	20	01:16:13	1
60	PAULO PINHEIRO	M.C.PORTU	Deficiente Escalão Único	99	21	01:16:54	1
402	JOSÉ LOURO	IND	M 50	99	22	01:17:06	1
505	ANTÓNIO MANETA	LPSALVO	M 40	99	23	01:17:05	1
494	HUGO GONÇALVES	LPSALVO	Seniores Masculinos	99	24	01:17:59	1
87	PAULO MARTINS	ATIBA	Seniores Masculinos	99	25	01:18:10	1
523	JOÃO GOMES	LPSALVO	M 50	99	26	01:18:25	1
33	JOEL JACINTO	AAPL	Seniores Masculinos	99	27	01:18:29	1
597	ABEL GLÓRIA	DESPERTAR	M 45	99	28	01:18:47	1
5	CARLA MARTINHO	ADERCUS	Seniores Femininos	99	29	01:18:56	1
556	JOÃO GINJA	M OCULIST	M 40	99	30	01:18:58	1
606	RODAH CHEROP	IND	Seniores Femininos	99	31	01:19:06	1
582	PEDRO GIL	AAPL	Seniores Masculinos	99	32	01:19:07	1
543	ANTÓNIO ARAUJO	M OCULIST	M 40	99	33	01:19:29	1
91	JOSÉ BORGES	ATIBA	M 40	99	34	01:19:33	1
554	FILIPE SILVA	M OCULIST	M 55	99	35	01:19:39	1
13	JANE KANGARA	IND	Seniores Femininos	99	36	01:19:41	1
588	HUMBERTO SILVA	AAPL	M 45	99	37	01:20:39	1
598	LUCIANO CONCEIÇÃO	DESPERTAR	M 40	99	38	01:20:52	1
9	MARCO MENDES	AAPL	Seniores Masculinos	99	39	01:21:09	1
580	MESSIAS DIAS	SANTOS P	Deficiente Escalão Único	99	40	01:21:54	1
595	JOAQUIM MACHADO	SAOMIGUEL	Deficiente Escalão Único	99	41	01:22:08	1
432	ORLANDO CORREIA	ODIMARQ A	Seniores Masculinos	99	42	01:22:08	1
464	RICARDO FRANCO	WIKABOO	Seniores Masculinos	99	43	01:22:20	1
599	EDMILSON SANTOS	IND	M 45	99	44	01:22:38	1
584	DOMINGOS CARDOSO	GDJLEIAO	M 45	99	45	01:23:03	1
313	NUNO MIGUEL	PATAMEIRA	Seniores Masculinos	99	46	01:23:09	1
578	JOAQUIM GODINHO	SANTOS P	M 55	99	47	01:23:29	1
30	JOAQUIM CAPUCHO	AAPL	M 45	99	48	01:23:31	1
527	ALESSANDRO DE ALMEIDA/MIRANTENS		Seniores Masculinos	99	49	01:23:32	1

593	ANTÓNIO PAIAS	SAOMIGUEL	M 50	99	50	01:23:45	1
504	CARLOS MENDES	LPSALVO	M 40	99	51	01:24:15	1
545	LUIS PEREIRA	M OCULIST	M 40	99	52	01:24:22	1
360	ANTÓNIO MOREIRA	UAGUARDA	Seniores Masculinos	99	53	01:24:23	1
465	BEATRIZ CUNHA	PATAMEIRA	Seniores Femininos	99	54	01:24:28	1
583	ANSELMO BARATA	NUCLEOOEI	M 50	99	55	01:24:29	1
126	MANUEL MASCARENHAS	IND	Seniores Masculinos	99	56	01:24:32	1
493	CARLOS FERREIRA	LPSALVO	Deficiente Escalão Único	99	57	01:24:31	1
78	MANUEL CARRUDO	CBAMEMMAR	M 60	99	58	01:24:35	1
422	ANTÓNIO PEREIRA	CCR ALTOM	M 55	99	59	01:24:40	1
305	ANTÓNIO SANTOS	CLAC	M 45	99	60	01:24:42	1
251	JORGE CANTEIRO	AÇOREANA	M 40	99	61	01:24:43	1
442	ANTÓNIO SANTOS	CASAMOEDA	M 50	99	62	01:24:43	1
88	RUI RODRIGUES	ATIBA	Seniores Masculinos	99	63	01:24:47	1
216	ANTÓNIO SANTOS	IND	M 50	99	64	01:24:59	1
467	JOÃO PORTELA	PORTELAS	M 60	99	65	01:25:28	1
106	MÁRIO GONÇALVES	LINDAPAST	M 60	99	66	01:25:34	1
399	ANTÓNIO SABIDO	NUCLEOOEI	M 50	99	67	01:26:00	1
491	ANTÓNIO MURTEIRA	LPSALVO	M 40	99	68	01:26:23	1
561	JOSÉ INOCÊNCIO	M OCULIST	M 55	99	69	01:26:28	1
451	RUI FALCÃO	FALCÕES S	M 45	99	70	01:26:31	1
81	VICTOR SILVA	CBAMEMMAR	M 40	99	71	01:26:50	1
72	JORGE BALTAZAR	CBAMEMMAR	M 45	99	72	01:26:50	1
555	ANSELMO BARATA	M OCULIST	M 50	99	73	01:27:04	1
400	JOÃO LOURENÇO	NUCLEOOEI	M 40	99	74	01:27:20	1
18	JOÃO MOTA	AAPL	M 40	99	75	01:27:34	1
567	SILVINO ANTUNES	M OCULIST	M 60	99	76	01:27:53	1
300	MARCOLINO VERISSIMO	SS CGD	Seniores Masculinos	99	77	01:28:01	1
478	CARLOS MARINA	CCDSINTRE	Seniores Masculinos	99	78	01:28:05	1
25	JORGE AMARAL	AAPL	M 40	99	79	01:28:03	1
466	ADOLFO LOURENÇO	PRAÇASARM	M 55	99	80	01:28:05	1
61	LUIS OLIVEIRA	MOTARDS	Seniores Masculinos	99	81	01:28:07	1
23	ANABELA TAVARES	AAPL	Seniores Femininos	99	82	01:28:08	1
487	PAULO CORREIA	LPSALVO	Seniores Masculinos	99	83	01:28:11	1
518	ALCINDO ALMEIDA	LPSALVO	M 50	99	84	01:28:31	1
28	EURICO BRÁS	AAPL	M 50	99	85	01:28:33	1
41	LUIS ALBUQUERQUE	AAPL	Seniores Masculinos	99	86	01:28:49	1
263	PAULO PEREIRA	AÇOREANA	M 40	99	87	01:28:51	1
73	JOSE FERNANDES	CBAMEMMAR	M 55	99	88	01:28:54	1
577	HUGO ROQUE	ADRCMENTE	Seniores Masculinos	99	89	01:29:01	1
528	JANISSIO REIS	MIRANTENS	Seniores Masculinos	99	90	01:29:19	1
253	LUIS PREGO	AÇOREANA	M 50	99	91	01:29:20	1
257	RUI SILVA	AÇOREANA	Seniores Masculinos	99	92	01:29:21	1
352	HUGO MONTEIRO	ADCR PJ	Seniores Masculinos	99	93	01:29:31	1
496	JOSÉ MOREIRA	LPSALVO	Seniores Masculinos	99	94	01:29:32	1
549	CARLOS MENDES	M OCULIST	M 40	99	95	01:29:45	1
405	TIAGO LOUSA	IND	Seniores Masculinos	99	96	01:29:57	1
358	MANUEL COELHO	UAGUARDA	M 50	99	97	01:29:58	1
589	TIAGO SILVA	AAPL	Seniores Masculinos	99	98	01:30:16	1
497	JOSÉ ADELINO	LPSALVO	Seniores Masculinos	99	99	01:30:33	1
398	JOSÉ CONCEIÇÃO	NUCLEOOEI	M 60	99	100	01:30:50	1
380	ARTUR BRITES	JSMINAS	M 55	99	101	01:31:03	1

95	PAULO LOPES	GCQUELUZ	Seniores Masculinos	99	102	01:31:05	1
310	JOÃO CANATARIO	IND	Seniores Masculinos	99	103	01:31:07	1
90	ANTÓNIO ADRO	ATIBA	M 40	99	104	01:31:20	1
472	FERNANDO FIGUEIREDI	FALCÕES S	M 40	99	105	01:31:20	
349	JOSÉ BOUCEIRO	ADCR PJ	M 45	99	106	01:31:27	1
339	JOÃO PASTOR	AMIGOSAMA	Seniores Masculinos	99	107	01:31:31	1
229	JOÃO CALDAS	AUTOCOOPE	M 40	99	108	01:31:35	1
153	PAULO RODRIGUES	IND	M 40	99	109	01:31:43	1
212	JAIME LAMEGO	MACHADARU	M 45	99	110	01:31:46	1
213	CHANTAL XHERVELLE	MACHADARU	F 40	99	111	01:31:46	1
19	RODRIGO SILVA	AAPL	M 40	99	112	01:31:53	1
560	JOSÉ CARLOS	M OCULIST	M 55	99	113	01:31:57	1
469	PAULO VILELA	ASASMILLE	Seniores Masculinos	99	114	01:32:03	1
354	FERNANDO CANDEIAS	ADCR PJ	Seniores Masculinos	99	115	01:32:14	1
333	PAULO SANTOS	MULTIFLOW	M 40	99	116	01:32:14	1
248	CARLOS FONSECA	AÇOREANA	M 45	99	117	01:32:17	1
242	CARLOS DUARTE	ACPORTOSA	M 55	99	118	01:32:19	1
495	RUI LACERDA	LPSALVO	Seniores Masculinos	99	119	01:32:32	1
187	M'ARIO GOMES	IND	Seniores Masculinos	99	120	01:32:31	1
58	PAULA LEMOS	GARMIN	F 40	99	121	01:32:33	1
55	PAULO OLIVEIRA	CCDPMC	M 40	99	122	01:32:38	1
306	PETER COOPER	CLAC	M 40	99	123	01:32:47	1
8	CARLOS COSTA	AAPL	M 40	99	124	01:33:06	1
596	FILIFE SILVA	SAOMIGUEL	Seniores Masculinos	99	125	01:33:07	1
594	EDUARDO TANGANHITO	SAOMIGUEL	M 60	99	126	01:33:08	1
347	OSVALDO REIS	EXTINTOS2	M 40	99	127	01:33:09	1
57	PAULA FERNANDES	GARMIN	F 45	99	128	01:33:30	1
299	DAVID FAUSTINO	SS CGD	M 40	99	129	01:33:37	1
443	JOSÉ GOMES	CASAMOEDA	M 50	99	130	01:33:59	1
421	JOÃO BATISTA	CCR ALTOM	M 50	99	131	01:34:03	1
151	PEDRO REGO	IND	Seniores Masculinos	99	132	01:34:09	1
182	JORGE REIS	IND	Seniores Masculinos	99	133	01:34:10	1
345	AMAVEL FIGUEIREDO	IND	M 45	99	134	01:34:10	1
119	ARTUR TAVARES	IND	M 40	99	135	01:34:13	1
190	LUIS MONTEIRO	CGBES	Seniores Masculinos	99	136	01:34:15	1
552	FÁBIO FERREIRA	M OCULIST	Seniores Masculinos	99	137	01:34:19	1
255	NUNO SANTO	AÇOREANA	Seniores Masculinos	99	138	01:34:22	1
260	VIRGILIO MADEIRA	AÇOREANA	M 50	99	139	01:34:23	1
413	FERNANDO CAEIRO	CCDCASA	Seniores Masculinos	99	140	01:34:26	1
296	ANTÓNIO MARÇALO	SS CGD	M 50	99	141	01:34:26	1
396	NUNO PEDRO	CUN BOSTO	Seniores Masculinos	99	142	01:34:40	1
600	HUGO PINA	IND	Seniores Masculinos	99	143	01:34:44	1
425	CARLOS LOURENÇO	IND	M 55	99	144	01:34:46	1
44	JORGE RODRIGUES	AAPL	M 50	99	145	01:34:49	1
209	LUIS ANTUNES	RBRUNNING	Seniores Masculinos	99	146	01:34:50	1
210	ALEXANDRE MONTEIRO	RBRUNNING	Seniores Masculinos	99	147	01:34:50	1
178	ANTÓNIO PARDAL	IND	M 40	99	148	01:35:06	1
24	FRANCISCO FERNANDES	AAPL	M 65	99	149	01:35:15	1
316	ANTÓNIO FERNANDES	TOCANDAR	M 45	99	150	01:35:20	1
189	LUIS GODINHO	CGBES	M 40	99	151	01:35:35	1
338	ALICE BASILIO	AMIGOSAMA	Seniores Femininos	99	152	01:35:45	1
34	ADELINO MANTINHA	AAPL	M 45	99	153	01:35:59	1
524	CARLOS VITORINO	MIRANTENS	Seniores Masculinos	99	154	01:36:02	1

343	PAULO GODINHO	IND	M 40	99	155	01:36:11	1
386	JOSÉ SILVA	ACPORTOSA	M 60	99	156	01:36:17	1
56	MIGUEL MARTINS	AFISOVAR	Seniores Masculinos	99	157	01:36:30	1
269	EDUARDO SILVA	IND	M 45	99	158	01:36:40	1
21	MARIO NEVES	AAPL	M 50	99	159	01:36:50	1
444	GONÇALO FERREIRA	CASAMOEDA	Seniores Masculinos	99	160	01:36:51	1
137	MARIO AMARO	IND	M 40	99	161	01:37:13	1
159	LUIS DE OLIVEIRA	IND	Seniores Masculinos	99	162	01:37:17	1
109	NUNO DO CARMO	IND	Seniores Masculinos	99	163	01:37:18	1
108	VEACESLAV IGNAT	IND	Seniores Masculinos	99	164	01:37:25	1
480	ROGÉRIO AZEVEDO	CCDSINTRE	Seniores Masculinos	99	165	01:37:31	1
62	NUNO PITA	IND	Seniores Masculinos	99	166	01:37:31	1
513	AUGUSTO FERNANDES	LPSALVO	M 45	99	167	01:37:41	1
243	PEDRO BUENO	ACPORTOSA	M 40	99	168	01:37:47	1
277	MIGUEL OLIVEIRA	IND	Seniores Masculinos	99	169	01:37:53	1
302	SERGIO DUARTE	SS CGD	Seniores Masculinos	99	170	01:37:58	1
574	JOSÉ OLIVEIRA	REAL	M 55	99	171	01:38:04	1
16	PEDRO SEMEDO	AAPL	Deficiente Escalão Único	99	172	01:38:11	1
114	CARLOS BEATO	LINDAPAST	Seniores Masculinos	99	173	01:38:18	1
346	JOSE RODRIGUES	EXTINTOS2	M 45	99	174	01:38:29	1
448	RODOLFO PINTO	IND	Seniores Masculinos	99	175	01:38:35	1
353	CLAUDIO GASPAR	OS AVISEN	M 40	99	176	01:38:44	1
581	LUIS PINTO	SANTOS P	Seniores Masculinos	99	177	01:38:45	1
511	AMÉRICO AMARO	LPSALVO	M 45	99	178	01:38:50	1
293	TIAGO AVELÃS	SS CGD	Seniores Masculinos	99	179	01:38:57	1
512	MANUEL ARAUJO	LPSALVO	M 45	99	180	01:38:57	1
474	MANUEL PROENÇA	RBRUNNING	M 50	99	181	01:38:58	1
198	PAULO PEREIRA	IND	Seniores Masculinos	99	182	01:39:13	1
185	JOSE LOPES	IND	M 45	99	183	01:39:13	
287	JOSÉ MIRANDA	IND	M 45	99	184	01:39:36	1
17	LAUDGELSON CRUZ	AAPL	Seniores Masculinos	99	185	01:39:39	1
244	MIGUEL BOTTO	RUN4F	M 40	99	186	01:39:45	1
301	PAULO PIRES	SS CGD	M 40	99	187	01:40:02	1
515	PAULO LUIS	LPSALVO	M 45	99	188	01:40:12	1
53	JOSE FOSTINO	IND	M 55	99	189	01:40:20	1
532	PAULO MARTINS	MIRANTENS	M 40	99	190	01:40:21	1
145	HUGO REIS	IND	Seniores Masculinos	99	191	01:40:40	1
233	FÁBIO YAMASAKI	IND	Seniores Masculinos	99	192	01:40:48	1
461	AMÉRICO CARVALHO	IND	Seniores Masculinos	99	193	01:41:02	1
315	EDUARDO CHAGAS	IND	M 45	99	194	01:41:08	1
312	PAULO GAMBOA	PATAMEIRA	Seniores Masculinos	99	195	01:41:10	1
125	FRANCISCO FIGUEIREDO	IND	Seniores Masculinos	99	196	01:41:11	1
381	JOÃO MOACHO	JSMINAS	M 50	99	197	01:41:16	1
183	NUNO ALVES	IND	Seniores Masculinos	99	198	01:41:20	1
411	LUIS TOMÉ	IND	Seniores Masculinos	99	199	01:41:23	1
39	SERGIO ANJOS	AAPL	M 60	99	200	01:41:22	1
261	VITOR AMADO	IND	M 55	99	201	01:41:25	1
247	JOÃO SANTOS	AÇOREANA	M 40	99	202	01:41:25	
148	HELDER BRANCO	VODAFONE	Seniores Masculinos	99	203	01:41:32	1
96	JOSÉ ANTÓNIO	GCQUELUZ	Seniores Masculinos	99	204	01:41:39	1
326	MARCELO PINTO	SESIMBRA	Seniores Masculinos	99	205	01:41:45	1
468	CARMEN DE PIRES	ASASMILLE	Seniores Femininos	99	206	01:41:52	1
66	AGOSTIMHO CRISTINO	CBAMEMMAR	M 60	99	207	01:41:56	1

141	JOÃO CEREJO	IND	M 40	99	208	01:42:23	1
217	PEDRO CRAVO	IND	Seniores Masculinos	99	209	01:42:23	
188	JOAQUIM VIANA	IND	M 45	99	210	01:42:40	1
485	MANUEL GOMES	LPSALVO	M 50	99	211	01:42:42	1
292	ISABEL MOLEIRO	SS CGD	F 40	99	212	01:42:41	1
379	MANUEL PINTO	JSMINAS	M 55	99	213	01:42:44	1
97	FERNANDO CORREIA	GCQUELUZ	M 45	99	214	01:42:45	1
378	DOMINGOS NECA	JSMINAS	M 55	99	215	01:42:46	1
401	DAVID PALMEIRO	IND	M 40	99	216	01:42:45	1
329	JORGE COSTA	IND	M 55	99	217	01:42:47	1
351	DAVID FREITAS	ADCR PJ	M 40	99	218	01:42:51	1
101	JOÃO FONSECA	MERIDIANO	Seniores Masculinos	99	219	01:42:58	1
102	JOÃO GONÇALVES	MERIDIANO	Seniores Masculinos	99	220	01:43:02	1
452	NUNO RODRIGUES	IND	M 40	99	221	01:43:07	1
311	MARGARIDA GODINHO	IND	F 45	99	222	01:43:16	1
89	FERNANDO MORAIS	GDIBANCOB	M 45	99	223	01:43:21	1
517	JOSÉ MINEIRO	LPSALVO	M 50	99	224	01:43:21	1
453	PEDRO COELHO	IND	Seniores Masculinos	99	225	01:43:21	1
135	SANDRA TEIXEIRA	IND	Seniores Femininos	99	226	01:43:25	1
134	CARLOS TEIXEIRA	IND	Seniores Masculinos	99	227	01:43:24	1
371	ORLANDO CRUZ	IND	M 60	99	228	01:43:26	1
498	BRUNO SÁ	LPSALVO	Seniores Masculinos	99	229	01:43:27	1
503	MANUEL MENDES	LPSALVO	M 40	99	230	01:43:30	1
514	JOAQUIM OLIVEIRA	LPSALVO	M 45	99	231	01:43:34	1
548	CARLOS FORTUNATO	M OCULIST	M 45	99	232	01:43:45	1
570	ANTÓNIO ANGELINO	REAL	M 40	99	233	01:43:49	1
237	PEDRO AFONSO	IND	M 40	99	234	01:43:53	1
207	ISABEL SANTOS	FEDPAZUNI	F 40	99	235	01:44:00	1
208	ARMINDO SANTOS	FEDPAZUNI	M 45	99	236	01:44:00	1
592	ANTÓNIO HENRIQUES	GDJLEIAO	M 40	99	237	01:43:59	1
350	VIRGILIO OLIVEIRA	ADCR PJ	M 45	99	238	01:44:08	1
520	ARMANDO CORREIA	LPSALVO	M 55	99	239	01:44:10	1
507	LUIS MAGALHÃES	LPSALVO	M 40	99	240	01:44:10	1
367	PEDRO LUCAS	AMOREIRAS	Seniores Masculinos	99	241	01:44:18	1
374	VITOR MORAIS	IND	M 50	99	242	01:44:21	1
575	MANUEL RODRIGUES	REAL	M 55	99	243	01:44:23	1
336	MIGUEL CASTELA	LEBRESSA	Seniores Masculinos	99	244	01:44:26	1
193	JOSÉ PEDRO	CGBES	M 60	99	245	01:44:28	1
191	CARLOS NABIÇA	CGBES	M 45	99	246	01:44:27	1
157	MIGUEL RODRIGUES	IND	Seniores Masculinos	99	247	01:44:40	1
143	JOSÉ FERRAZ	IND	M 45	99	248	01:44:43	1
324	FILIPE SOUSA	IND	M 45	99	249	01:44:42	1
129	JOAQUIM LOPES	IND	M 45	99	250	01:44:43	1
113	CARLOS MARQUES	IND	M 45	99	251	01:45:17	1
255	NUNO SANTO	AÇOREANA	Seniores Masculinos	99	252	01:45:17	
250	FRANCISCO PEREIRA	AÇOREANA	M 40	99	253	01:45:22	1
366	ANTÓNIO NETO	AÇOREANA	Seniores Masculinos	99	254	01:45:22	1
262	ARLINDO DUARTE	AÇOREANA	M 45	99	255	01:45:21	1
254	MICHEL COSTA	AÇOREANA	Seniores Masculinos	99	256	01:45:22	1
245	ANDRÉ QUARENTA	AÇOREANA	Seniores Masculinos	99	257	01:45:22	1
275	NUNO MOREIRA	IND	Seniores Masculinos	99	258	01:45:25	1
246	ANTÓNIO JORGE	AÇOREANA	M 55	99	259	01:45:22	1
252	JORGE SERRA	AÇOREANA	M 40	99	260	01:45:22	1
481	NEVES SILVA	CP	M 55	99	261	01:45:34	1

199	PAULO SILVA	IND	Seniores Masculinos	99	262	01:45:37	1
220	JOAQUIM DAMAS	IND	M 55	99	263	01:45:38	1
344	LEONEL SELEIRO	EXTINTOS2	M 50	99	264	01:45:38	1
290	ANTÓNIO CARPINTEIRO	SS CGD	M 60	99	265	01:46:02	1
281	ANTÓNIO MAURICIO	CL P EDP	M 55	99	266	01:46:11	1
273	PAULO MARQUES	IND	M 40	99	267	01:46:13	1
486	JOÃO MARCHÃO	LPSALVO	M 40	99	268	01:46:20	1
501	SUSANA ALMEIDA	LPSALVO	Seniores Femininos	99	269	01:46:21	1
429	VLADIMIRO SÁ	IND	Seniores Masculinos	99	270	01:46:33	1
124	JOSÉ ALVES	IND	M 40	99	271	01:46:35	1
142	VICTOR BATISTA	IND	M 40	99	272	01:46:36	1
146	ANDRÉ SOUSA	IND	Seniores Masculinos	99	273	01:46:37	1
14	JOÃO RODRIGUES	AAPL	Deficiente Escalão Único	99	274	01:46:48	1
79	MANUELA FOLGADO	CBAMEMMAR	F 45	99	275	01:46:53	1
572	FERNANDO FERREIRA	REAL	M 65	99	276	01:46:56	1
40	SILVINO MARTINS	AAPL	M 60	99	277	01:46:58	1
460	JOÃO PEREIRA	IND	M 50	99	278	01:47:04	1
516	JOSÉ BORGES	LPSALVO	M 45	99	279	01:47:05	1
328	MIGUEL PINTO	SESIMBRA	M 40	99	280	01:47:09	1
298	JOSÉ GUIA	SS CGD	M 60	99	281	01:47:17	1
539	FERNANDO POLÓNIO	AAPL	M 40	99	282	01:47:19	1
120	CARLOS OLIVEIRA SILVA	IND	M 50	99	283	01:47:30	1
473	GLEBERTO GONÇALVES	IND	M 60	99	284	01:47:36	1
506	LUIS DAMIÃO	LPSALVO	M 40	99	285	01:48:05	1
426	DOMINGOS DURO	CLAC	M 65	99	286	01:48:10	1
450	LUIS REIS	FALCÕES S	M 45	99	287	01:48:11	1
180	CARLOS RANGEL	IND	M 60	99	288	01:48:14	1
179	PAULINO RODRIGUES	IND	M 45	99	289	01:48:22	1
337	LUIS OLIVEIRA	LEBRESSA	M 40	99	290	01:48:24	1
133	MIGUEL ROSA	IND	Seniores Masculinos	99	291	01:48:24	1
274	ANTÓNIO SIMÕES	PATRICIOS	M 50	99	292	01:48:28	1
297	JOSÉ FERNANDES	SS CGD	M 55	99	293	01:48:32	1
415	ANDRÉ VAZ	GAFANHOTO	Seniores Masculinos	99	294	01:48:36	1
265	AFONSO NUNES	IND	M 40	99	295	01:48:43	1
270	CARLOS OLIVEIRA	MISTRAL	M 55	99	296	01:48:46	1
278	IDALÉCIO BARROS	IND	M 55	99	297	01:48:52	1
317	MAURO TEIXEIRA	TOCANDAR	Seniores Masculinos	99	298	01:48:54	1
139	MANUEL CAIRES	IND	M 45	99	299	01:48:54	1
417	JORGE GODINHO	IND	M 50	99	300	01:48:56	1
184	JOSÉ MELO	IND	M 45	99	301	01:49:02	1
77	MARCO GOUVEIA	CBAMEMMAR	Seniores Masculinos	99	302	01:49:09	1
368	MARIA LOPES	AMOREIRAS	Seniores Femininos	99	303	01:49:14	1
127	JOAQUIM GIL	IND	M 45	99	304	01:49:19	1
449	FRANCISCO SOARES	FALCÕES S	M 45	99	305	01:49:19	1
372	VITOR RODRIGUES	IND	M 50	99	306	01:49:22	1
272	HELDER ALEXANDRE	MISTRAL	Seniores Masculinos	99	307	01:49:35	1
540	RUI MILAGRES	AAPL	Seniores Masculinos	99	308	01:49:36	1
454	FLORIVAL ANDRADE	FORNO CID	M 60	99	309	01:49:42	1
227	JOSÉ DIAS	AUTOCOOPE	M 50	99	310	01:49:48	1
65	JOAO MIGUEL	IND	M 65	99	311	01:49:54	1
509	PAULO RAMOS	LPSALVO	M 45	99	312	01:49:56	1
445	PEDRO SANTOS	IND	Seniores Masculinos	99	313	01:49:56	1

348	ANTÓNIO SUL	ADCR PJ	M 40	99	314	01:49:59	1
418	CASIMIRO ABREU	IND	M 50	99	315	01:50:05	1
211	MARCO GOUVEIA	RUN4F	M 40	99	316	01:50:21	1
54	LUIS REIS	CCDPMC	M 50	99	317	01:50:25	1
150	ANTÓNIO FARINHA	IND	M 45	99	318	01:50:28	1
393	FERNANDO COSTA	CUN BOSTO	Seniores Masculinos	99	319	01:50:32	1
395	PEDRO FERREIRA	CUN BOSTO	Seniores Masculinos	99	320	01:50:32	1
318	JOÃO VERISSIMO	TOCANDAR	M 50	99	321	01:50:34	1
169	JOÃO COUTINHO	CSTRESS	M 45	99	322	01:50:33	1
365	PEDRO PINTO	AMOREIRAS	M 40	99	323	01:50:37	1
362	JORGE MELO	AMOREIRAS	Seniores Masculinos	99	324	01:50:37	1
522	FERNANDO SANTOS	LPSALVO	M 55	99	325	01:50:44	1
340	RUI PASTOR	AMIGOSAMA	Seniores Masculinos	99	326	01:50:47	1
536	EDGAR DAVID	GRD FIXES	M 45	99	327	01:50:51	1
98	VITOR REVEZ	GCQUELUZ	M 50	99	328	01:50:56	1
154	JOSÉ RIJO	IND	M 60	99	329	01:51:11	1
437	MANUEL AVELEIRA	HP CLUBE	Seniores Masculinos	99	330	01:51:17	1
490	JOAQUIM FERRÃO	LPSALVO	M 45	99	331	01:51:17	1
601	FERNANDO MOTA	DESPERTAR	Seniores Masculinos	99	332	01:51:22	1
430	LUIS BATISTA	ODIMARQ A	Seniores Masculinos	99	333	01:51:29	1
10	SANDRA SANTOS	AAPL	Seniores Femininos	99	334	01:51:33	1
537	JOÃO PEREIRA	GRD FIXES	M 45	99	335	01:51:40	1
519	ALBERTO FERNANDES	LPSALVO	M 55	99	336	01:51:53	1
377	JOÃO MELO	IND	M 45	99	337	01:51:58	1
459	JOÃO MILHEIRO	FORNO CID	M 50	99	338	01:51:59	1
455	MARIA LIMA	FORNO CID	F 45	99	339	01:51:59	1
176	CARLOS GONÇALVES	IND	M 50	99	340	01:52:19	1
38	MANUEL GONSALVES	AAPL	M 55	99	341	01:52:27	1
499	JOÃO REVEZ	LPSALVO	Seniores Masculinos	99	342	01:52:27	1
375	EDGAR JACINTO	ZATPEQUE	Seniores Masculinos	99	343	01:52:29	1
434	PEDRO GOMES	HP CLUBE	Seniores Masculinos	99	344	01:52:31	1
172	JOSÉ CRESPO	CSTRESS	M 40	99	345	01:52:32	1
86	CARLA ADRO	ATIBA	Seniores Femininos	99	346	01:52:35	1
433	JOAQUIM MÓNICA	CALOUREL	M 50	99	347	01:52:37	1
406	ANTÓNIO VARELA	IND	M 40	99	348	01:52:38	1
320	RUI OLIVEIRA	RUN4F	Seniores Masculinos	99	349	01:52:40	1
224	ANTÓNIO ALMEIDA	AUTOCOOPE	M 45	99	350	01:52:45	1
225	JUVENAL MOREIRA	AUTOCOOPE	M45	99	351	01:52:45	
228	CARLOS FERREIRA	AUTOCOOPE	M 50	99	352	01:52:44	1
607	ORLANDO MARTINS	MIRANTENS	M 40	99	353	01:52:46	1
363	JORGE SILVA	AMOREIRAS	M 55	99	354	01:52:50	1
428	JOSÉ GABRIEL	IND	M 50	99	355	01:52:53	1
470	VICENTE DIAS	IND	M 55	99	356	01:52:55	1
383	LUIS AMORIM	NA BDF	M 50	99	357	01:52:54	1
256	PEDRO BURGUETTE	AÇOREANA	Seniores Masculinos	99	358	01:52:57	1
264	JOÃO SERRA	AÇOREANA	Seniores Masculinos	99	359	01:52:56	1
249	DIOGO FERREIRA	AÇOREANA	Seniores Masculinos	99	360	01:52:57	1
412	VANESSA COLLEN	IND	Seniores Femininos	99	361	01:52:58	1
502	LUISA SANTO	LPSALVO	F 40	99	362	01:53:01	1
435	LUIS GUERREIRO	HP CLUBE	M 40	99	363	01:53:05	1
165	CARLA DUARTE	CSTRESS	F 40	99	364	01:53:17	1
195	ABILIO TAVARES	IND	M 50	99	365	01:53:20	1
158	JOÃO FIALHO	RUN4F	Seniores Masculinos	99	366	01:53:26	1
376	ANTÓNIO JACINTO	ZATPEQUE	M 45	99	367	01:53:38	1

373	AVELINO VESTIA	IND	M 60	99	368	01:53:47	1
118	MARCO DE SOUZA	IND	M 40	99	369	01:53:48	1
304	EDUARDO LUIS	IND	Seniores Masculinos	99	370	01:54:20	1
303	LICINIO SIMÕES	IND	Seniores Masculinos	99	371	01:54:22	1
64	ARTUR MARTINS	IND	M 65	99	372	01:54:27	1
484	ANTÓNIO FERREIRA	CP	M 50	99	373	01:54:28	1
571	ANTÓNIO GINGEIRA	REAL	M 65	99	374	01:54:34	1
280	ANDREIA PONTE	CL P EDP	Seniores Femininos	99	375	01:54:36	1
283	GRAÇA ROLDÃO	OS TUGAS	F 45	99	376	01:54:44	1
286	VIRGILIO CARLOS	NAZA	M 45	99	377	01:54:52	1
356	DINIS FERNANDES	UAGUARDA	M 50	99	378	01:55:08	1
160	ARONS DE CARVALHO	CSTRESS	M 60	99	379	01:55:13	1
439	TOMMY SCHWARZENBERG	IND	Seniores Masculinos	99	380	01:55:38	1
325	JOÃO MAFRA	SESIMBRA	Seniores Masculinos	99	381	01:55:50	1
441	PAULO LOURO	CASAMOEDA	M 45	99	382	01:55:50	1
223	ISMAR FERREIRA	IND	M 45	99	383	01:55:59	1
390	DARIO PRATES	IND	Seniores Masculinos	99	384	01:56:00	1
319	JORGE PIRES	IND	M 55	99	385	01:56:06	1
215	PAULINO PACHECO	IND	M 50	99	386	01:56:20	1
166	CARLOS ABREU	CSTRESS	M 40	99	387	01:56:21	1
26	TINA OLIVEIRA	AAPL	F 40	99	388	01:56:22	1
535	ALESSIO BATTI	MIRANTENS	Seniores Masculinos	99	389	01:56:22	1
268	HENRIQUE CABECEIRA	IND	M45	99	390	01:56:22	
36	JOAO VIERA	AAPL	M 55	99	391	01:56:46	1
258	TOM AFONSO	AÇOREANA	M 55	99	392	01:56:58	1
562	JOSÉ REIS	M OCULIST	M 55	99	393	01:57:01	1
604	MÁRIO COELHO	LEBRESSA	M 45	99	394	01:57:04	1
152	JOÃO SOARES	IND	Seniores Masculinos	99	395	01:57:20	1
144	JOSÉ ROBALO	IND	M 55	99	396	01:57:19	1
332	MANUEL AZEVEDO	MULTIFLOW	M 50	99	397	01:57:27	1
330	JOÃO SANTOS	MULTIFLOW	M 55	99	398	01:57:29	1
483	MARTINS BARATA	CP	M 65	99	399	01:57:36	1
294	HELDER VALENTE	SS CGD	Seniores Masculinos	99	400	01:57:49	1
214	PAULO RUIVO	IND	Seniores Masculinos	99	401	01:57:51	1
259	VALTER CUNHA	AÇOREANA	Seniores Masculinos	99	402	01:57:51	1
138	RUI GAMEIRO	IND	Seniores Masculinos	99	403	01:58:02	1
438	MANUEL CORREIA	HP CLUBE	Seniores Masculinos	99	404	01:58:07	1
436	LUIS CARVALHO	HP CLUBE	Seniores Masculinos	99	405	01:58:07	1
291	NUNO COSTA	SS CGD	Seniores Masculinos	99	406	01:58:19	1
168	HENRIQUE MARTINS	CSTRESS	Seniores Masculinos	99	407	01:58:25	1
174	MIGUEL LEAL	CSTRESS	M 50	99	408	01:58:28	1
276	RUI MACHADO	IND	M45	99	409	01:58:28	
181	LUIS RIBEIRO	IND	M45	99	410	01:58:30	
397	ALEXANDRE LEE	CUN BOSTO	Seniores Masculinos	99	411	01:58:50	1
327	CARLOS ALBANO	SESIMBRA	M 40	99	412	01:58:50	
479	SOFIA SILVANO	CCDSINTRENSE	Seniores Femininos	99	413	01:58:59	
149	JOSE NOGUEIRA	IND	M 45	99	414	01:59:15	1
500	SÓNIA GOMES	LPSALVO	Seniores Femininos	99	415	01:59:16	1
99	ELISABETE FILIPE	GCQUELUZ	Seniores Femininos	99	416	01:59:25	1
587	JOAQUIM ARAUJO	AAPL	M 60	99	417	01:59:27	1
394	SERGIO LEE	CUN BOSTO	Seniores Masculinos	99	418	01:59:30	1
414	JOAQUIM FRAGOSO	CCDCASA	M 60	99	419	01:59:39	1
161	ALBERTO REIS	CSTRESS	M 45	99	420	01:59:40	1
384	RAFAEL TEIXEIRA	CP	Seniores Masculinos	99	421	01:59:40	1

282	CARLOS PEREIRA	CL P EDP	M 45	99	422	01:59:52	1
538	CARLOS OLIVEIRA	GRD FIXES	M 45	99	423	02:00:06	1
321	MARIA GONÇALVES	RUN4F	Seniores Femininos	99	424	02:00:07	1
521	JOSÉ FIGUEIRA	LPSALVO	M 55	99	425	02:00:08	1
82	ANSELMO LIMA	IND	Seniores Masculinos	99	426	02:00:21	1
284	RUI SIMÕES	OS TUGAS	Seniores Masculinos	99	427	02:01:01	1
488	AMÉLIA FERNANDES	LPSALVO	F 40	99	428	02:01:33	1
80	VITOR GONÇALVES	CBAMEMMAR	M 40	99	429	02:01:45	1
69	CARLOS GONÇALVES	CBAMEMMAR	M 50	99	430	02:01:46	1
446	ARMÉNIO SILVA	IND	M 65	99	431	02:01:48	1
115	HENRIQUETA SOLIPA	IND	F 45	99	432	02:02:21	1
116	CARLOS RENATO	IND	M 45	99	433	02:02:21	1
565	ROSA CARINA	M OCULIST	F 45	99	434	02:02:25	1
76	JOSE SERRANO	CBAMEMMAR	M 55	99	435	02:02:27	1
218	PAULO SAINICA	IND	Seniores Masculinos	99	436	02:02:31	1
489	ALBINO FERREIRA	LPSALVO	M 45	99	437	02:02:34	1
508	FERNANDO ANTUNES	LPSALVO	M 40	99	438	02:02:36	1
463	MARTA PIMENTEL	NERVOSISS	Seniores Femininos	99	439	02:02:44	1
382	PAULA SANTOS	IND	F 40	99	440	02:02:52	1
92	VASCO SANTOS	GDIBANCOB	M 50	99	441	02:03:03	1
48	MARTINHO FREIRE	AAPL	M 65	99	442	02:04:01	1
267	VITOR SOUSA	IND	M 55	99	443	02:04:11	1
385	MIGUEL DIAS	RUN4F	Seniores Masculinos	99	444	02:04:40	1
322	ISABEL LOURO	RUN4F	F 40	99	445	02:04:46	1
177	CARLOS TEIXEIRA	IND	M 45	99	446	02:05:11	1
155	LUDGERO RODRIGUES	IND	M 50	99	447	02:05:19	1
192	PAULO GONÇALVES	CGBES	M 40	99	448	02:05:23	1
50	FERNANDO MIGUEL	AAPL	M 65	99	449	02:05:37	1
162	ANTÓNIO CARLOS DUARTI	CSTRESS	M 55	99	450	02:05:39	1
175	SOFIA HIBON	CSTRESS	F 40	99	451	02:05:39	1
37	ISMAEL GERAIDES	AAPL	M 55	99	452	02:05:57	1
51	JOSE FREIRE	AAPL	M 50	99	453	02:06:36	1
200	PAULO PEREIRA	SSMONTEPI	Seniores Masculinos	99	454	02:06:44	1
47	MANUEL CARDOSO	AAPL	M 60	99	455	02:07:00	1
201	RUI SANTOS	NERVOSISS	Seniores Masculinos	99	456	02:07:01	1
202	NUNO GONÇALVES	NERVOSISS	Seniores Masculinos	99	457	02:07:02	1
52	LUIS MARQUES	AAPL	M 50	99	458	02:07:08	1
197	ADRIANO CUNHA	IND	M 55	99	459	02:07:10	1
573	FERNANDO LOPES	REAL	M 60	99	460	02:07:12	1
42	ARMANDO TAVARES	AAPL	M 60	99	461	02:07:14	1
221	FILOMENA GOMES	IND	F 40	99	462	02:07:20	1
156	HUGO VELEZ	IND	Seniores Masculinos	99	463	02:07:21	1
164	ANTÓNIO DUARTE	CSTRESS	M 45	99	464	02:07:31	1
334	PAULO CRUZ	IND	M 50	99	465	02:07:37	1
279	PEDRO PONTE	CL P EDP	M 45	99	466	02:07:54	1
407	JORGE PINTO	ROBIALAC	Seniores Masculinos	99	467	02:08:11	1
35	JOAO MANTINHA	AAPL	M 50	99	468	02:08:24	1
591	NUNO SANTOS	GDJLEIAO	Seniores Masculinos	99	469	02:08:29	1
457	ALEXANDRE DIAS	FORNO CID	M 40	99	470	02:08:31	1
456	PAULI CUNHA	FORNO CID	M 40	99	471	02:08:33	1
544	ANTÓNIO FERREIRA	M OCULIST	M 45	99	472	02:09:29	1
234	PEDRO SIMÕES	IND	M 45	99	473	02:09:39	1
236	RUI GRIJO	IND	M 45	99	474	02:11:55	1

194	JOÃO SIMÕES	CGBES	M 55	99	475	02:12:05	1
605	ANA COELHO	LEBRESSA	F 40	99	476	02:12:29	1
419	VITOR COSTA	IND	M 45	99	477	02:12:55	1
392	MARIO SOUSA	IND	M 55	99	478	02:12:56	1
410	RAUL COSTA	ROBIALAC	M 45	99	479	02:12:59	1
525	MARIA CONDEZ	MIRANTENS	F 40	99	480	02:13:31	1
526	NUNO NUNES	MIRANTENS	Seniores Masculinos	99	481	02:13:46	1
295	JOÃO CHUMBINHO	SS CGD	M 40	99	482	02:15:27	1
289	ANDRÉ NORONHA	SS CGD	M 45	99	483	02:15:27	1
45	JOSE SOUSA	AAPL	M 50	99	484	02:15:51	1
43	BEATRIZ FRANCO	AAPL	F 45	99	485	02:15:52	1
409	JOSÉ SANTOS	ROBIALAC	M 45	99	486	02:16:32	1
308	HELDER JORGE	MUNDOCORR	Seniores Masculinos	99	487	02:17:55	1
420	ANTÓNIO PINHO	MUNDOCORR	M 55	99	488	02:17:55	1
309	ELIANA PEGORETTI	MUNDOCORR	Seniores Femininos	99	489	02:17:57	1
140	RUI CARMO	IND	M 50	99	490	02:18:49	1
546	ARTUR DINIS	M OCULIST	M 50	99	491	02:19:02	1
564	PAULA COUTO	M OCULIST	F 45	99	492	02:19:02	1
235	NUNO BOTELHO	IND	M 45	99	493	02:19:18	1
387	RUI VAZ	IND	Seniores Masculinos	99	494	02:19:20	1
167	DEOLINDA SANTOS	CSTRESS	Seniores Femininos	99	495	02:21:44	1
423	PEDRO DUARTE	CSTRESS	M 55	99	496	02:21:45	1
130	PAULO CAETANO	IND	M 40	99	497	02:22:46	1
462	MARIA GORETTH	IND	F 45	99	498	02:23:05	1
559	JOSÉ CARINA	M OCULIST	M 50	99	499	02:23:13	1
241	NUNO OLIVEIRA	#1	Seniores Masculinos	99	500	02:23:27	1
408	MARIA PINTO	ROBIALAC	Seniores Femininos	99	501	02:24:13	1
370	SERGIO BRITO	IND	Seniores Masculinos	99	502	02:24:29	1