

MARATONA CIDADE DE LISBOA'2002
PROVA ABERTA
1 DE DEZEMBRO - 9.00 H

Organização Técnica XISTARCA

Posição	Nome do Atleta	Sexo	Clube	Tempo
1	Marcio Luis	M	GD MACEDO OCULISTA	27:25
2	Pedro Gomes	M	TECNICO IPODEC	28:21
3	Pedro Salvador	M	GD O INDEPENDENTE	29:24
4	Antonio Ribeiro	M	GISP	29:36
5	Mario Rodrigues	M	PANTERAS FC	30:15
6	Alfredo Valente	M	SL CAMPOLIDE	30:21
7	Felisberto Pina	M	LIBERDADE AC	30:30
8	Antonio Inacio	M	NS LOURINHV	30:36
9	Jose Ramos	M	GDT JF TRAFARIA	30:45
10	Sergio Santos	M	GDT JF TRAFARIA	31:06
11	Armindo Santos	M	GDE BTA	31:29
12	Virgilio Gomes	M	GD MACEDO OCULISTA	31:30
13	Diogo Amorim	M	MARATONA CP	31:55
14	Afonso Sousa	M	ISCP SI	32:37
15	Fabio Coelho	M	LIBERDADE AC	32:41
16	Americo Costa	M	GA OS MATULOES	32:51
17	Iuri Rodrigues	M	ISCP SI	33:03
18	Antonio Setubal	M	CCDP MUN CASCAIS	33:17
19	Ana Fale	F	GMD ALCOITAO	33:46
20	Jose Cabral	M	GDT JF TRAFARIA	34:19
21	Antonio Almeida	M	CLUBE AUTOCOOPE	34:27
22	Mario Pereira	M	INDIVIDUAL	34:43
23	Antonio Gon«Alves	M	CAMARA LISBOA CLUBE	34:48
24	Americo Brito	M	CAMARA LISBOA CLUBE	34:55
25	Antonio Benigno	M	INDIVIDUAL	34:56
26	Luis Macedo	M	GD MACEDO OCULISTA	35:01
27	Paulo Cantante	M	INDIVIDUAL	35:09
28	Carlos Costa	M	ACADEMIA ALMADENSE	35:22
29	Joao Barata	M	INDIVIDUAL	35:26
30	Carlos Lopes	M	SPOC	35:38
31	Jose Aldinhas	M	BV MONTEMOR O NOVO	35:58
32	Carlos Madeira	M	BV MONTEMOR O NOVO	35:58
33	Daniel Nascimento	M	NRD IDOLOS PRA«A	36:08
34	Mario Rui	M	GD SAO DOMINGOS	36:13
35	Fernando Cardoso	M	GDE BTA	36:14
36	Carlos Seco	M	AA MOITA	36:15
37	Jose Vaz	M	CLUBE ANACOM	36:16
38	Paulo Pica	M	CAMARA LISBOA CLUBE	36:22
39	Vitorino Anjos	M	INDIVIDUAL	36:23
40	Paulo Almeida	M	INDIVIDUAL	36:27
41	Joaquim Salvador	M	GD O INDEPENDENTE	36:29
42	Jose Ferreira	M	BEIRA MAR AC ALMADA	36:30
43	Jaime Matias	M	CAMARA LISBOA CLUBE	36:38
44	Luis Pedro	M	CCDP CAMARA LOURES	36:41
45	Jose Mar«Al	M	GDE BTA	36:50
46	Jose Marcelino	M	CLUBE BCP	36:51
47	Alvaro Portugal	M	JOVIGAAL	36:59
48	Jose Peixoto	M	INDIVIDUAL	37:05
49	Joao Duarte	M	INDIVIDUAL	37:06
50	Francisco Terenas	M	INDIVIDUAL	37:19
51	Joao Dias	M	LIBERDADE AC	37:37
52	Artur Castanheira	M	LIBERDADE AC	37:41
53	Henrique Carracha	M	GISP	37:43
54	Jose Gon«Alves	M	INDIVIDUAL	37:46
55	Pedro Martins	M	INDIVIDUAL	37:47
56	Joao Roxo	M	INDIVIDUAL	37:51

57	Joao Vicente	M	INDIVIDUAL	37:52
58	Nelson Gonç«Alves	M	GD SAO DOMINGOS	37:52
59	Carlos Pereira	M	CCDP CAMARA LOURES	37:54
60	Joao Caires	M	CLUBE AUTOCOOPE	37:55
61	Virgilio Alberto	M	GA UNIDO	37:56
62	Armenio Videira	M	CLUBE BCP	38:01
63	Joaquim Lopes	M	INDIVIDUAL	38:05
64	Luis Bilau	M	SS CGD	38:10
65	Pedro Nicolau	M	INDIVIDUAL	38:10
66	Vitor Jorge	M	JOVIGAAL	38:13
67	Joao Yamazoe	M	INDIVIDUAL	38:16
68	Joao Marona	M	BV MONTEMOR O NOVO	38:23
69	Augusto Ferreira	M	OS CELTAS	38:27
70	Luis Vicente	M	INDIVIDUAL	38:29
71	Rufino Bello	M	INDIVIDUAL	38:34
72	Lino Santos	M	INDIVIDUAL	38:36
73	Eduardo Albuquerque	M	INDIVIDUAL	38:37
74	Adriano Silva	M	AC PORTO SALVO	38:38
75	Carlos Jorge	M	PANTERAS FC	38:41
76	Joaquina Flores	F	TAP AIR PORTUGAL	38:41
77	Fernando Moreira	M	GDE BTA	38:45
78	Domingos Barreiros	M	INDIVIDUAL	38:46
79	Jose Cavaco	M	INDIVIDUAL	38:49
80	Pedro Pinha	M	NOVIMEDESPORTO	38:50
81	Hugo Silva	M	AS TARTARUGAS	38:51
82	Luis Fernandes	M	INDIVIDUAL	38:51
83	Jorge Placido	M	INDIVIDUAL	38:53
84	Ricardo Teixeira	M	PES DORIDOS	38:55
85	Jaime Gomes	M	SS MONTEPIO GERAL	38:57
86	Jose Lourenç«O	M	INDIVIDUAL	39:02
87	Joao Raquel	M	INDIVIDUAL	39:05
88	Alvaro Figueira	M	CCDP MUN CASCAIS	39:16
89	Simao Santana	M	ACADEMIA ALMADENSE	39:18
90	Artur Barreiros	M	INDIVIDUAL	39:21
91	Vitor Rodrigues	M	GD ALCANTARA A«UCARES	39:22
92	Jose Prata	M	GD ALCANTARA A«UCARES	39:26
93	Ilda Sousa	F	GIMD ABOBODA	39:27
94	Carlos Machado	M	INDIVIDUAL	39:29
95	Vitor Machacaz	M	RSB 2ª COMPANHIA	39:34
96	Manuel Ganhao	M	INDIVIDUAL	39:35
97	Fernando Pestana	M	C FERROVIARIO PORTUGAL	39:38
98	Carlos Rodrigues	M	INDIVIDUAL	39:39
99	Ricardo Nabais	M	CLUBE OGMA	39:39
100	Pedro Pereira	M	AC PORTO SALVO	39:40
101	Jose Alves	M	INDIVIDUAL	39:41
102	Lidia Lopes	M	GDE BTA	39:45
103	Dinis Sousa	M	GDE BTA	39:52
104	Jose Brites	M	GD MACEDO OCULISTA	39:53
105	Andre Silva	M	INDIVIDUAL	39:55
106	Jose Henriques	M	CCD METROPOLITANO LX	39:56
107	Manuel Gomes	M	TECNICO IPODEC	39:56
108	Carlos Santos	M	INDIVIDUAL	39:56
109	Pedro Marinho	M	CRITERIUM	39:58
110	Carlos Alves	M	C FERROVIARIO PORTUGAL	39:59
111	Paulo Lanca	M	SRD CABRA FIGA	40:02
112	Fernando Pires	M	GIMD ABOBODA	40:04
113	Manuel Nascimento	M	BEIRA MAR AC ALMADA	40:08
114	Sergio Mestre	M	CP IVA	40:12
115	Francisco Soares	M	INDIVIDUAL	40:14
116	Vitor Costa	M	JF PORTELA	40:17
117	Henrique Manuel	M	GDE BTA	40:19
118	Alberto Abreu	M	CCDP MUN CASCAIS	40:19
119	Constancio Almeida	M	CD COSTA ESTORIL	40:20
120	Augusto Lopes	M	GDE BTA	40:21
121	Joaquim Guerreiro	M	AA LEBRES DO SADO	40:21
122	Antonio Alves	M	AS TARTARUGAS	40:22
123	Fernando Antonio	M	ZATOPEQUES	40:24

124	Jose Marques	M	GRIPE	40:25
125	Carlos Viegas	M	GRUPO CONCHAS	40:31
126	Vitor Rodrigues	M	SPOC	40:35
127	Augusto Silva	M	ACADEMIA ALMADENSE	40:36
128	Tulio Castro	M	CAA BELEM	40:36
129	Nuno Rebelo	M	NRD IDOLOS PRAÇA	40:40
130	Jose Mendes	M	BOMBEIROS V PONTINHA	40:43
131	Fernando Coito	M	INDIVIDUAL	40:45
132	Esmeraldo Carreira	M	CCDP CAMARA LOURES	40:45
133	Antero Oliveira	M	INDIVIDUAL	40:48
134	Rogério Morais	M	C FERROVIARIO PORTUGAL	40:49
135	Jose Boia	M	INDIVIDUAL	40:51
136	Carlos Silva	M	INDIVIDUAL	40:53
137	Sergio Linheiro	M	CP IVA	40:55
138	Ana Pacheco	F	GD O INDEPENDENTE	40:56
139	Joao Elias	M	ACADEMIA ALMADENSE	40:59
140	Manuel Pinto	M	LIBERDADE AC	41:00
141	Jose Barreiros	M	ACADEMIA ALMADENSE	41:01
142	Manuel Martins	M	ACADEMIA ALMADENSE	41:01
143	Jorge Almeida	M	CAA BELEM	41:05
144	Abilio Sousa	M	GDCE BPI	41:05
145	Jorge Aguiar	M	EQUIPAS ATLETAS PESO	41:06
146	Nuno Carvalho	M	IMPrensa NACIONAL CM	41:10
147	Fernando Rocha	M	CCD SRS LISBOA	41:12
148	Tiago Silva	M	INDIVIDUAL	41:12
149	Joao Lobo	M	SS MONTEPIO GERAL	41:13
150	Manuel Mendes	M	INDIVIDUAL	41:15
151	Rita Rosa	F	AC PORTO SALVO	41:16
152	Paulo Carvoeiro	M	BV MONTEMOR O NOVO	41:24
153	Carlos Lima	M	SMD CANEÇAS	41:28
154	Antonio Capelo	M	INDIVIDUAL	41:31
155	Fernando Carvalho	M	GD MACEDO OCUlista	41:34
156	Paulo Santos	M	GD COLGATE PALMOLIVE	41:40
157	Luis Fernandes	M	GD COLGATE PALMOLIVE	41:42
158	Paulo Costa	M	INDIVIDUAL	41:42
159	Manuel Azevedo	M	ESCORPI'ES	41:47
160	Joao Borges	M	INDIVIDUAL	41:53
161	Paula GonçAlves	F	INDIVIDUAL	41:58
162	Jose Costa	M	INDIVIDUAL	41:58
163	Luis Miguens	M	ZATOPEQUES	41:58
164	Jorge Jourden	M	CCDP MUN CASCAIS	42:02
165	Amilcar Povoá	M	SEMENTES RIBEIRA NOVA	42:03
166	Joao Cunha	M	CLUBE ANACOM	42:04
167	Antonio Pinto	M	CCDP MUN CASCAIS	42:08
168	Joaquim Cordeiro	M	INDIVIDUAL	42:08
169	Saul Silva	M	INDIVIDUAL	42:08
170	Joao Teixeira	M	INDIVIDUAL	42:13
171	Carlos Reis	M	INDIVIDUAL	42:25
172	Silverio Gregório	M	CAMARA LISBOA CLUBE	42:25
173	Antonio Nascimento	M	IMPrensa NACIONAL CM	42:27
174	Jose Abreu	M	IMPrensa NACIONAL CM	42:31
175	Jose Cabral	M	INDIVIDUAL	42:33
176	Jose Lopes	M	GP MSD CHIBRET	42:33
177	Antonio Martins	M	CAMARA LISBOA CLUBE	42:34
178	Jorge Viegas	M	INDIVIDUAL	42:36
179	Carlos Candeias	M	INDIVIDUAL	42:37
180	Luis Cascalheira	M	CLUBE BCP	42:37
181	Joaquim Deus	M	SANTANA FC	42:41
182	Nuno Almeida	M	INDIVIDUAL	42:46
183	Jose Maio	M	ZATOPEQUES	42:46
184	Pedro Almeida	M	SANTANA FC	42:47
185	Jose Pires	M	CCD METROPOLITANO LX	42:53
186	Manuel Casalta	M	INDIVIDUAL	42:54
187	Fernando Alves	M	SS CGD	42:56
188	Pedro Vieira	M	MARGINAIS	42:56
189	Josemir Lima	M	C FERROVIARIO PORTUGAL	42:57
190	Fabio Galvão	M	AS TARTARUGAS	42:58

191	Paulo Rebocho	M	CLUBE BCP	42:58
192	Luis Alves	M	INDIVIDUAL	42:59
193	Antonio Barreira	M	BEIRA MAR AC ALMADA	43:00
194	Antonio Almas	M	AA MOITA	43:01
195	Jose Baixinho	M	SANTIAGO FC	43:04
196	Paulo Moradias	M	INDIVIDUAL	43:10
197	Morais Santos	M	GDCE BPI	43:13
198	Rui Barata	M	INDIVIDUAL	43:14
199	Tiago Pinto	M	LIBERDADE AC	43:17
200	Ludgero G. Caldeira	M	CP IVA	43:30
201	Joao Godinho	M	CLUBE BCP	43:32
202	Fernando Fonseca	M	CAA BELEM	43:35
203	Fernando Azevedo	M	INDIVIDUAL	43:38
204	Filipe Rego	M	INDIVIDUAL	43:44
205	Serafim Alves	M	C FERROVIARIO PORTUGAL	43:45
206	Eurico Semedo	M	SS CGD	43:51
207	Jose Antunes	M	JOVIGAAL	43:54
208	Carlos Franco	M	GP MSD CHIBRET	43:55
209	Jose Ramos	M	CCDP CAMARA LOURES	43:57
210	Jose Luis	M	INDIVIDUAL	44:00
211	Reinaldo Figueira	M	GCDP CPP	44:04
212	Nuno Santos	M	INDIVIDUAL	44:06
213	Mario Campos	M	CLUBE BCP	44:07
214	Jose Fartaria	M	KOXUS	44:13
215	Antonio Silva	M	CCD TRIBUNAL CONTAS	44:17
216	Oscar Marques	M	INDIVIDUAL	44:23
217	Henrique Cunha	M	GRUPO CONCHAS	44:24
218	Joao Pereira	M	INDIVIDUAL	44:24
219	Paulo Marques	M	MARGINAIS	44:25
220	David Afonso	M	MARGINAIS	44:26
221	Martins Barata	M	C FERROVIARIO PORTUGAL	44:26
222	Louro Rodrigues	M	C FERROVIARIO PORTUGAL	44:32
223	Antonio Freire	M	INDIVIDUAL	44:36
224	Vitor Cid	M	UNICRE	44:37
225	Paulo Duarte	M	UNICRE	44:39
226	Rui Pedro	M	CP IVA	44:39
227	Paulo Pereira	M	CP IVA	44:40
228	Gonçalo Oliveira	M	UNICRE	44:43
229	Carlos Fernandes	M	INDIVIDUAL	44:44
230	Joao Gonçaves	M	QUIOSQUE MIRANTE	44:45
231	Jacinto Gomes	M	OS CELTAS	44:46
232	Jorge Penedo	M	INDIVIDUAL	44:46
233	Bruno Quirino	M	GALAPA	44:47
234	Ricardo Santos	M	INDIVIDUAL	44:47
235	Rui Batista	M	CLUBE ANACOM	44:48
236	Naod Berthau	M	C PETER PAN SINTRA	44:48
237	Jose Maria	M	AA MOITA	44:55
238	Barbara Silva	F	CLUBE OGMA	44:55
239	Manuel Custodio	M	AC PORTO SALVO	45:02
240	Manuel Gonçaves	M	INDIVIDUAL	45:04
241	Augusto Martins	M	INDIVIDUAL	45:04
242	Henrique Coelho	M	INDIVIDUAL	45:06
243	Amorim Duarte	M	INDIVIDUAL	45:07
244	Antonio Pinho	M	CCD CASA PIA	45:08
245	Carlos Gomes	M	SL CAMPOLIDE	45:08
246	Fernando Oliveira	M	EQUIPA ATLETAS PESO	45:10
247	Antonio Costa	M	GD ALCANTARA AUCARES	45:11
248	Tomas Osorio	M	AS TARTARUGAS	45:11
249	Fernando Gonçaves	M	UNICRE	45:16
250	Jose Pires	M	INDIVIDUAL	45:17
251	Vitor Jorge	M	SS MONTEPIO GERAL	45:19
252	Antonio Parreira	M	SS MONTEPIO GERAL	45:20
253	Leonel Lopes	M	AAE BNU	45:21
254	Bruno Luis	M	GCDP CPP	45:22
255	Isabel Lopes	M	GCDP CPP	45:23
256	Carlos Brito	M	GCDP CPP	45:27
257	Salvador Afonso	M	GDE BTA	45:29

258	Firmino Loureiro	M	CAMARA LISBOA CLUBE	45:29
259	Luis Rosa	M	GP MSD CHIBRET	45:30
260	Tomas Semedo	M	GCDP CPP	45:30
261	Alberto Gon«Alves	M	LIBERDADE AC	45:32
262	Carlos Mendes	M	UNICRE	45:34
263	Filipe Garcia	M	INDIVIDUAL	45:35
264	Ricardo Ferreira	M	INDIVIDUAL	45:36
265	Antonio Abreu	M	INDIVIDUAL	45:37
266	Jose Lamego	M	SMD CANE«AS	45:39
267	Horacio Costa	M	INDIVIDUAL	45:40
268	Jose Martins	M	CAA BELEM	45:41
269	Rui Melo	M	CLUBE BCP	45:42
270	Catia Joaquim	F	ESCORPI'ES	45:43
271	Paulo Rodrigues	M	INDIVIDUAL	45:43
272	Carlos Cunha	M	CLUBE AUTOCOOPE	45:44
273	Jacinto Ruivo	M	CCDP MUN CASCAIS	45:44
274	Jose Simoes	M	GDE BTA	45:46
275	Jose Nobre	M	INDIVIDUAL	45:47
276	Joao Constancio	M	CCD METROPOLITANO LX	45:48
277	Filipe Pedro	M	ZATOPEQUES	45:49
278	Renato Fonseca	M	INDIVIDUAL	45:50
279	Carlos Antunes	M	CP IVA	45:52
280	Joao Gra«A	M	CLUBE AUTOCOOPE	45:53
281	Joao Ferreira	M	CCS EPUL	45:54
282	Gisela Pinto	F	AS TARTARUGAS	45:55
283	Antonio Rodrigues	M	SL CAMPOLIDE	45:56
284	Jose Gon«Alves	M	MARGINAIS	45:59
285	Francisco Correia	M	CLUBE BCP	45:59
286	Antonio Gaspar	M	IMPrensa NACIONAL CM	46:03
287	Arminda Barbosa	F	GD LANCIAIS	46:03
288	Louren«O Lobo	M	INDIVIDUAL	46:04
289	Joao Ferro	M	GDR PAP FERNANDES	46:07
290	Raul Henriques	M	GA OS MATULOES	46:08
291	Artur Monteiro	M	GA OS MATULOES	46:10
292	Jorge Domingues	M	RC SANTO AMARO	46:10
293	Ilidio Monteiro	M	RC SANTO AMARO	46:13
294	Joao Agostinho	M	GA OS MATULOES	46:22
295	Manuel Felix	M	INDIVIDUAL	46:23
296	Jose Leitao	M	RSB 2ª COMPANHIA	46:24
297	Belarmino Mesquita	M	RSB 2ª COMPANHIA	46:29
298	Humberto Pinheiro	M	ACADEMIA ALMADENSE	46:29
299	Joao Santos	M	INDIVIDUAL	46:38
300	Ana Batalha	F	GALAPA	46:38
301	Vitor Santos	M	SL CAMPOLIDE	46:40
302	Jose Jardim	M	C FERROVIARIO PORTUGAL	46:46
303	Joaquim Borges	M	AA LEBRES DO SADO	46:48
304	Jose Martins	M	INDIVIDUAL	46:52
305	Luis Reis	M	SS MONTEPIO GERAL	46:56
306	Ludgero Caldeira	M	CP IVA	46:58
307	Francisco Piriquito	M	INDIVIDUAL	46:59
308	Altino Sa	M	CP IVA	46:59
309	Jose Fernandes	M	INDIVIDUAL	47:00
310	Mª Fatima Amorim	F	INDIVIDUAL	47:02
311	Carlos Santos	M	AC PORTO SALVO	47:02
312	Silvia Teixeira	F	GDE BTA	47:05
313	Mª Joao Martins	F	INDIVIDUAL	47:08
314	Jose Regalado	M	GDE BTA	47:09
315	Jose Silva	M	GDE BTA	47:10
316	Reis Antao	M	GDE BTA	47:11
317	Jose Bogalho	M	GDE BTA	47:13
318	Joaquim Leitao	M	GD SAO DOMINGOS	47:15
319	Carlos Uria	M	NA PAPAGAIOS CASCAIS	47:16
320	Miguel Peixoto	M	INDIVIDUAL	47:17
321	Luis Dias	M	CCD CASA PIA	47:18
322	Carlos Carmo	M	GDCT BOREALIS	47:19
323	Manuel Sequeira	M	AA LEBRES DO SADO	47:20
324	Nelson Coelho	M	CCD CASA PIA	47:21

325	Alipio Oliveira	M	CCD METROPOLITANO LX	47:22
326	Jose Fialho	M	CCDP MUN CASCAIS	47:22
327	Jorge Parreira	M	GA OS MATULOES	47:26
328	Antonio Santos	M	CCDP MUN CASCAIS	47:27
329	Joao Vinagre	M	CP IVA	47:27
330	Carla Fernandes	F	CINCSOUTHLANT	47:28
331	Carlos Taveira	M	INDIVIDUAL	47:29
332	Francisco Pereira	M	G SEGURADOR A«OREANA	47:30
333	Daniel Paixao	M	INDIVIDUAL	47:35
334	Manuel Castilho	M	VETERANOS QUELUZ	47:35
335	Mario Bak«O	M	CLAC PAREDE	47:37
336	Pedro Bartolo	M	SS MONTEPIO GERAL	47:38
337	Minh«S Reis	M	AAE BNU	47:40
338	V-Nio Dias	M	INDIVIDUAL	47:44
339	Bruno Gil	M	JOVIGAAL	47:45
340	Gabriel Lourinho	M	JOVIGAAL	47:45
341	Armando Luis	M	GA OS MATULOES	47:45
342	Francisco Gon«Alves	M	CCD METROPOLITANO LX	47:47
343	Joaquim Pereira	M	CCD METROPOLITANO LX	47:48
344	Antonio Soares	M	GIMD ABOBODA	47:52
345	Antonio Pitta	M	INDIVIDUAL	47:54
346	Rui Caldas	M	INDIVIDUAL	47:55
347	Edmundo Cardeira	M	SMD CANE«AS	47:56
348	Luis Almeida	M	G SEGURADOR A«OREANA	47:56
349	Joao Ferreira	M	INDIVIDUAL	47:57
350	Jose Eduardo	M	INDIVIDUAL	47:57
351	Fernando Coelho	M	CCD CASA PIA	47:58
352	Joaquim Fragoso	M	CCD CASA PIA	48:01
353	Pritesh Manilal	M	INDIVIDUAL	48:03
354	Ana Fidalgo	F	INDIVIDUAL	48:04
355	Carlos Pereira	M	MARGINAIS	48:04
356	Vitor Serrano	M	INDIVIDUAL	48:07
357	Dora Soares	F	INDIVIDUAL	48:08
358	Rui Bento	M	SS CGD	48:08
359	Avelino Bento	M	SS CGD	48:10
360	Elisabete Pereira	M	INDIVIDUAL	48:14
361	Hilario Pestana	M	INDIVIDUAL	48:15
362	Luis Silva	M	GDE BTA	48:17
363	Estrela Dias	F	CLUBE AUTOCOOPE	48:17
364	Manuel Nunes	M	INDIVIDUAL	48:18
365	Joao Melo	M	INDIVIDUAL	48:19
366	Joao Amado	M	SMD CANE«AS	48:20
367	Luis Gomes	M	INDIVIDUAL	48:21
368	Valdemar Ferreira	M	INDIVIDUAL	48:21
369	Eduardo Neves	M	INDIVIDUAL	48:23
370	Mario Mauricio	M	INDIVIDUAL	48:24
371	Santos Neta	M	CAA BELEM	48:24
372	Joaquim Gomes	M	CCD METROPOLITANO LX	48:28
373	Tavares Martins	M	CCD METROPOLITANO LX	48:29
374	Julio Perdigao	M	INDIVIDUAL	48:33
375	Severino Rosa	M	SS CGD	48:35
376	Antonio Costa	M	INDIVIDUAL	48:35
377	M ^{ma} Helena Reis	F	INDIVIDUAL	48:35
378	Antonio Morgado	M	INDIVIDUAL	48:36
379	Miguel Barata	M	C FERROVIARIO PORTUGAL	48:37
380	Guilherme Teixeira	M	INDIVIDUAL	48:39
381	Jose Henriques	M	UNIWEB	48:44
382	Francisco Santos	M	UNIWEB	48:44
383	Joaquim Pauss«O	M	INDIVIDUAL	48:45
384	Constantino Rosa	M	CTH	48:46
385	Francisco Galego	M	CLUBE ANACOM	48:52
386	Leonel Brandao	M	CLUBE BCP	48:53
387	Joel Carreira	M	GALAPA	48:55
388	Elsa Louren«O	F	GALAPA	48:56
389	Marcio Fonseca	M	INDIVIDUAL	48:58
390	Luis Almeida	M	CR ANJOS	49:01
391	Armenio Correia	M	CR ANJOS	49:02

392	Jose Nogueira	M	GCDP CPP	49:03
393	Frances Austin	M	INDIVIDUAL	49:05
394	Joao Carvalho	M	LEOES PATAMEIRAS	49:12
395	Vitor Boim	M	INDIVIDUAL	49:13
396	Jose Lou«As	M	GCDP CPP	49:13
397	Antonio Almeida	M	GCDP CPP	49:15
398	Pedro Pereira	M	INDIVIDUAL	49:25
399	Tiago Cruz	M	INDIVIDUAL	49:26
400	Jaime Paix«O	M	CCS EPUL	49:26
401	Filipe Vicente	M	INDIVIDUAL	49:28
402	Jose Francisco	M	INDIVIDUAL	49:33
403	Joao Santos	M	GDCT BOREALIS	49:34
404	Ricardo Soeiro	M	GD ROCHE	49:37
405	Paulo Neto	M	GD ROCHE	49:39
406	Mario Gon«Alves	M	INDIVIDUAL	49:40
407	Filipe Fernandes	M	INDIVIDUAL	49:41
408	Bruno Oliveira	M	INDIVIDUAL	49:42
409	Filipa Correia	F	AS TARTARUGAS	49:42
410	Antonio Alemao	M	ACADEMIA ALMADENSE	49:45
411	Manuel Oliveira	M	AAE BNU	49:45
412	Paulo Gomes	M	CLUBE BCP	49:46
413	Joaquim Ba«VO	M	CLAC PAREDE	49:46
414	Paulo Santos	M	INDIVIDUAL	49:46
415	Nuno Araujo	M	OS MOUROS SINTRA	49:47
416	Miguel Peixoto	M	CLAC PAREDE	49:47
417	Dina Pereira	F	ESCORPI'ES	49:47
418	Manuel Cola«O	M	NOVIMEDESPORTO	49:55
419	Francisco Pinha	M	NOVIMEDESPORTO	49:58
420	Fernando Ba«VO	M	CLAC PAREDE	50:04
421	Gelinto Treve	M	GD ROCHE	50:07
422	Jorge Pereira	M	INDIVIDUAL	50:16
423	Aurelio Pamplona	M	INDIVIDUAL	50:17
424	Pia De Uries	F	HOLANDA	50:21
425	Toas Kruff	F	HOLANDA	50:24
426	Fernando Rodrigues	M	JOVIGAAAL	50:26
427	Ramiro Nunes	M	GRUPO CONCHAS	50:27
428	Jose Costa	M	INDIVIDUAL	50:30
429	Moises Falcao	M	INDIVIDUAL	50:31
430	Cristina Acostioaie	F	INDIVIDUAL	50:36
431	Jose Mouta	M	WEEK-END CLUB	50:37
432	Antonio Alves	M	WEEK END CLUBE	50:38
433	Vitor Silva	M	INDIVIDUAL	50:38
434	Jose Pacheco	M	KOXUS	50:43
435	Pedro Ladeira	M	INDIVIDUAL	50:46
436	Joana Ferreira	F	SMD CANE«AS	50:51
437	Antonio Jesus	M	SMD CANE«AS	50:52
438	Carlos Correia	M	AA LEBRES DO SADO	50:53
439	Lisete Dias	F	CLUBE ANACOM	50:59
440	Paula Guerra	F	INDIVIDUAL	50:59
441	Helena Tiago	M	SPOC	51:01
442	M [™] Idalina Santos	F	INDIVIDUAL	51:03
443	Adriano Treve	M	GD ROCHE	51:03
444	Antonio Guerreiro	M	GD ROCHE	51:04
445	Maria Encarna«VO	F	CINCSOUTHLANT	51:04
446	Isabel Mocho	F	INDIVIDUAL	51:09
447	Guilherme Rodrigues	M	INDIVIDUAL	51:11
448	Margarida Paiva	F	GD LANCIAS	51:12
449	Carolina Moreira	F	GD SAO DOMINGOS	51:12
450	Nina Antunes	F	GD SAO DOMINGOS	51:14
451	Jorge Sobral	M	JF PORTELA	51:18
452	Ivo Mendes	M	INDIVIDUAL	51:19
453	Antonio Coutinho	M	BEIRA MAR AC ALMADA	51:21
454	Alexandra Guilhoto	M	INDIVIDUAL	51:32
455	Emidio Quarenta	M	INDIVIDUAL	51:33
456	Paula Machado	F	INDIVIDUAL	51:33
457	Fernando Lucas	M	INDIVIDUAL	51:33
458	Carlos Gadunhas	M	CCDP CAMARA LOURES	51:34

459	Francisco Buxo	M	CLUBE ANACOM	51:43
460	Isabel Nicolau	F	INDIVIDUAL	51:45
461	Manuel Santos	M	CA GALINHEIRAS	51:49
462	Luisa Morais	F	CA GALINHEIRAS	51:51
463	Mauro Cresci	M	INDIVIDUAL	51:53
464	Carlos Teixeira	M	INDIVIDUAL	51:53
465	Anabela Pinela	F	CCDP MUN CASCAIS	52:03
466	Graciete Lousada	F	CCDP MUN CASCAIS	52:04
467	Jose Fernandes	M	GCD FOIOS	52:05
468	Jose Tavares	M	GCD FOIOS	52:07
469	Rui Alberto	M	ZATOPQUES	52:09
470	Vasco Santos	M	GDCE BPI	52:09
471	Manuel Claro	M	CCS EPUL	52:11
472	Vera Carvalho	F	INDIVIDUAL	52:11
473	Rute Menezes	F	GD MACEDO OCULISTA	52:13
474	Paula Fonseca	F	AS TARTARUGAS	52:15
475	Luis Gil	M	JOVIGAAL	52:17
476	Maria Angelica	F	GCDP CPP	52:22
477	Carlos Tavares	M	GCDP CPP	52:38
478	Sergio Pinheiro	M	INDIVIDUAL	52:38
479	Jose J Matias	M	INDIVIDUAL	52:42
480	Paulo Santos	M	INDIVIDUAL	52:44
481	Paulo Calhau	M	INDIVIDUAL	52:44
482	Pedro Santos	M	GDCE BPI	52:45
483	Luis Costa	M	INDIVIDUAL	52:47
484	Luis Soares	M	INDIVIDUAL	52:47
485	Antonio Pernes	M	CLUBE BCP	52:48
486	Agostinho Costa	M	INDIVIDUAL	52:48
487	Tomas Moreno	M	INDIVIDUAL	53:03
488	Rui Jardim	M	INDIVIDUAL	53:05
489	Pedro Moitinho	M	INDIVIDUAL	53:09
490	Isabel Louro	F	CD COSTA ESTORIL	53:10
491	M Lucilia Rodrigues	F	INDIVIDUAL	53:10
492	Matos Correia	M	INDIVIDUAL	53:11
493	Manuel Correia	M	CR ANJOS	53:17
494	Antonio Pereira	M	INDIVIDUAL	53:18
495	M ^{me} Sandra Andrade	F	CP IVA	53:18
496	Carlos Rodrigues	M	TAP AIR PORTUGAL	53:19
497	Jose Batista	M	TAP AIR PORTUGAL	53:19
498	Jose Gonç«lves	M	GCDP CPP	53:20
499	Isabel Tavares	F	INDIVIDUAL	53:23
500	Ana Pinto	M	C PETER PAN SINTRA	53:27
501	Ana Araujo	F	INDIVIDUAL	53:30
502	Jose Araujo	M	INDIVIDUAL	53:32
503	Jose Guimaraes	M	CCD EFACEC LISBOA	53:48
504	Alexandrina Antunes	M	INDIVIDUAL	53:49
505	Rui Coelho	M	CD COSTA ESTORIL	53:50
506	Luis Barbosa	M	INDIVIDUAL	53:50
507	Rogério Pimenta	M	MARATONA CP	53:50
508	M ^{me} Elvira Lima	F	CCD EFACEC LISBOA	53:52
509	Fernando Almeida	M	INDIVIDUAL	53:55
510	Joaquim Fanecka	M	TAP AIR PORTUGAL	53:57
511	Ian Verhak	M	HOLANDA	54:24
512	Paula Dionisio	F	CLUBE OGMA	54:26
513	Joao Quintalo	M	CLUBE OGMA	54:26
514	Luis Antunes	M	INDIVIDUAL	54:29
515	Maria Gestrudes	F	GDE BTA	54:32
516	Antonio Salreta	M	GD DOCAPESCA	54:40
517	Beatriz Pinto	F	AS TARTARUGAS	54:41
518	Jose Moreira	M	AMIGOS CARREGUEIRA	54:43
519	Antonio Medeiros	M	AMIGOS CARREGUEIRA	54:43
520	Antonio Alves	M	INDIVIDUAL	54:43
521	Monica Quarenta	M	INDIVIDUAL	54:44
522	M ^{me} Teresa Fonseca	F	INDIVIDUAL	54:48
523	Rosinda Gonç«lves	F	GD MACEDO OCULISTA	54:50
524	Joaquim Marques	M	INDIVIDUAL	54:50
525	Olinda Ivars	F	CRUZ VERMELHA PORTG	54:53

526	Susana Rodrigues	M	INDIVIDUAL	54:55
527	Bruno Capelo	M	INDIVIDUAL	54:56
528	Fernando Teixeira	M	INDIVIDUAL	55:02
529	Paulo Guerreiro	M	INDIVIDUAL	55:11
530	Jose Arruda	M	INDIVIDUAL	55:11
531	Wan Chiu	F	INDIVIDUAL	55:19
532	M TM Clara Maia	F	INDIVIDUAL	55:37
533	Mario Almeida	M	SANTANA FC	55:42
534	Teodoro Marujo	M	AMIGOS VALE SILENCIO	55:42
535	Maria Sardoeira	F	INDIVIDUAL	55:43
536	Paulo Jorge	M	AMICICLO	55:45
537	David Alves	M	INDIVIDUAL	55:50
538	Anselmo Silva	M	INDIVIDUAL	56:00
539	Joao Marcelino	M	GRUPO CONCHAS	56:00
540	Ana Martins	F	INDIVIDUAL	56:05
541	Ana Almeida	F	INDIVIDUAL	56:06
542	Ana Quieroz	F	INDIVIDUAL	56:10
543	Miguel Sousa	M	CCD EFACEC LISBOA	56:11
544	Jose Germano	M	INDIVIDUAL	56:17
545	Antonio Pardal	M	INDIVIDUAL	56:26
546	Antonio Botelho	M	GD COLGATE PALMOLIVE	56:29
547	Nuno Vidigal	M	INDIVIDUAL	56:37
548	Isilda Silva	F	INDIVIDUAL	56:39
549	Patricia Costa	F	INDIVIDUAL	56:41
550	Marco Castanheira	M	MAROITAS NORTE	56:42
551	Antonio Vaz	M	GDCE BPI	56:45
552	Jose Espanca	M	INDIVIDUAL	57:11
553	Manuela Martinho	F	GDCT BOREALIS	57:14
554	Julio Milharadas	M	GDCT BOREALIS	57:15
555	Abilio Ramos	M	INDIVIDUAL	57:25
556	Ana Soares	F	LIBERDADE AC	57:25
557	Anabela Matos	F	GD LANCIAS	57:26
558	Tiago Castanheira	M	MAROITAS NORTE	57:38
559	Isabel Amaro	F	OS MOUROS SINTRA	57:51
560	Gra«A Paquete	F	POTPOURRIE	58:13
561	Dinis Pinhal	M	INDIVIDUAL	58:13
562	Anabela Dionisio	F	LIBERDADE AC	58:15
563	Alvaro Sousa	M	CCS EPUL	58:18
564	Tina Cruz	F	INDIVIDUAL	58:29
565	Edmundo Silva	M	INDIVIDUAL	58:29
566	Anibal Carvalho	M	INDIVIDUAL	58:30
567	Manuel Concei«VO	M	INDIVIDUAL	58:49
568	Ana Lameirinhas	F	INDIVIDUAL	58:50
569	Antonio Lameirinhas	M	INDIVIDUAL	58:51
570	Manuel Vaz	M	MOVIMEDESPORTO	58:55
571	Fernando Farinha	M	CLUBE AUTOCOOPE	58:58
572	Joao Parada	M	SANTIAGO FC	59:24
573	Vitor Varela	M	CCD EFACEC LISBOA	59:24
574	Anizabela Amaral	M	POTPOURRIE	59:28
575	Rui Dinis	M	INDIVIDUAL	59:31
576	Tito Camacho	M	INDIVIDUAL	59:48
577	Erica Bakker	F	HOLANDA	1:00:15
578	Cesaltina Carpelho	F	CCS EPUL	1:00:15
579	M TM Jose Marinho	F	CRITERIUM	1:00:16
580	Catia Amaral	F	POTPOURRIE	1:00:17
581	Humberto Ferreira	M	GCP	1:00:21
582	Francisca Soares	F	GD LANCIAS	1:00:27
583	Sergio Lamego	M	INDIVIDUAL	1:00:28
584	Jorge Massano	M	INDIVIDUAL	1:00:39
585	M Conceicao Nunes	F	A PORTO SALVO	1:00:40
586	Ana Alice	F	CCS EPUL	1:00:41
587	Manuel Jarrete	M	AC PORTO SALVO	1:00:43
588	Ana Castanheira	F	MAROITAS NORTE	1:00:48
589	Matilde Fonseca	F	AS TARTARUGAS	1:00:48
590	Susana Silva	F	AS TARTARUGAS	1:00:48
591	Luciana Silva	F	CLUBE AUTOCOOPE	1:00:51
592	Cristina Fonseca	F	AS TARTARUGAS	1:00:53

593	Sara Silva	F	AS TARTARUGAS	1:00:53
594	Sonia BrandVO	F	GDCE BPI	1:01:00
595	Carla Guapo	F	GDCE BPI	1:01:06
596	Carlos Cardeira	M	SMD CANEAS	1:01:08
597	Jose Figueiredo	M	CLUBE BCP	1:01:08
598	Manuel Malto	M	CLUBE BCP	1:01:20
599	Rodolfo Sanches	M	CLUBE BCP	1:01:35
600	Maria Barbosa	F	CCS EPUL	1:01:36
601	Adelino Crespo	M	CLUBE STRESS	1:01:50
602	Gisela Silva	F	INDIVIDUAL	1:02:15
603	Armando Correia	M	INDIVIDUAL	1:02:28
604	Ermelinda Castanheira	F	MAROITAS NORTE	1:02:38
605	M ^{ma} Ceu Alves	M	MAROITAS NORTE	
606	Lucinda Silva	F	CINCSOUTHLANT	
607	Sara Viola	F	CINCSOUTHLANT	
608	Leopoldina Fonseca	F	AS TARTARUGAS	
609	Carlos Valente	M	SPOC	
610	Casimira Vaz	F	INDIVIDUAL	
611	Herminia ConceiVO	F	GD LANCIAS	
612	M ^{ma} Lurdes Costa	F	INDIVIDUAL	
613	Antonio Henriques	M	INDIVIDUAL	
614	M ^{ma} Carmo Ribeiro	F	GD LANCIAS	
615	Pascoal Dias	M	INDIVIDUAL	
616	Julio Godinho	M	PANTERAS FC	
617	Jose Carlos	M	PANTERAS FC	
618	Cristina Ripper	F	AA SABUGO	
619	Joao Amaral	M	AA SABUGO	
620	Elizabete Silva	F	INDIVIDUAL	
621	Maria Pereira	F	CINCSOUTHLANT	
622	Beatriz Pereira	F	CINCSOUTHLANT	
623	Catia Silva	F	AS TARTARUGAS	
624	Jose Gouveia	M	AS TARTARUGAS	
625	Ana Fonseca	F	AS TARTARUGAS	
626	Ines Ribeiro	F	C PETER PAN SINTRA	
627	Celeste Miranda	F	GD LANCIAS	
628	Natalia Dias	F	INDIVIDUAL	
629	Paulo Ribeiro	M	C PETER PAN SINTRA	
630	Manuel Neves	M	GP MSD CHIBRET	
631	Laurindo Oliveira	M	GDCE BPI	
632	Jose Belo	M	GP MSD CHIBRET	
633	Rogério GalvVO	M	AS TARTARUGAS	
634	Luis Costa	M	INDIVIDUAL	
635	Mj Jose Pateiro	F	INDIVIDUAL	
636	Pedro Ramos	M	SS MONTEPIO GERAL	
637	Alberto Lucio	M	GP MSD CHIBRET	
638	Ricardo Carvalho	M	INDIVIDUAL	
639	Jose Pereira	M	INDIVIDUAL	
640	Magda Oliveira	F	TAP AIR PORTUGAL	