

56 GRANDE PREMIO DE NATAL 2013 - 15/12/2013

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1	2175	ASBEL KIPSANG	M	20		00:29:00	00:28:57	KÉNIA
2	2176	ROBERT KIPLAGAT	M	21		00:29:54	00:29:54	KÉNIA
3	2087	CARLOS SILVA	M	30		00:30:41	00:30:38	GDR REBOLEIRA
4	493	ALEKSEY FARNOSSOV	M	29		00:30:58	00:30:55	
5	2131	ALBERTO CHAIÇA	M	40		00:31:10	00:31:07	INGLESES FC
6	2231	JOSÉ GASPAR	M	36		00:31:17	00:31:13	CA ODIMARQ
7	2181	PEDRO CONCEIÇÃO	M	24		00:31:19	00:31:16	LINDA A PASTORA SC
8	2213	JOÃO CAETANO	M	28		00:31:21	00:31:18	NUCLEOEIRAS
9	213	DUARTE MARQUES	M	30		00:31:27	00:31:22	ÁGUIAS DE ALPIARÇA - TRIATLO
10	214	DANILO PIMENTEL	M	27		00:31:38	00:31:35	ÁGUIAS DE ALPIARÇA - TRIATLO
11	2250	RODRIGO SANTOS	M	20		00:31:49	00:31:46	SFRAA
12	2229	PEDRO ARSÉNIO	M	31		00:31:50	00:31:47	CA ODIMARQ
13	2233	LUIS RAÇÕES	M	37		00:32:03	00:31:59	CA ODIMARQ
14	501	PEDRO NOGUEIRA	M	31		00:32:09	00:32:05	CASA DO BENFICA TORRES VEDRAS
15	2220	ARTUR SANTIAGO	M	42		00:32:25	00:32:22	NUCLEOEIRAS
16	2214	HÉLDER GROSSO	M	31		00:32:27	00:32:23	NUCLEOEIRAS
17	206	DAVID LUIS	M	20		00:32:31	00:32:26	ÁGUIAS DE ALPIARÇA - TRIATLO
18	2096	JOSÉ INÁCIO	M	68		00:32:33	00:32:28	GDR REBOLEIRA
19	265	MIGUEL REIS E SILVA	M	26		00:32:34	00:32:30	
20	1663	PAULO MANUEL ANTONIO	M	46		00:32:36	00:32:32	C.C.R. ALTUDO MOINHO
21	2230	FABIO OLIVEIRA	M	34		00:32:48	00:32:44	CA ODIMARQ
22	216	VASCO PESSOA	M	24		00:32:56	00:32:50	ÁGUIAS DE ALPIARÇA - TRIATLO
23	2049	ARMANDO MONTEIRO	M	39		00:32:59	00:32:55	CRD ARRUDENSE
24	2197	DAVID NOGUEIRA	M	20		00:33:01	00:32:57	MARATONA CP
25	2174	VISILINE JEPKESHO	F	25		00:33:01	00:32:59	KÉNIA
26	2217	PAULO MARTINS	M	38		00:33:08	00:33:04	NUCLEOEIRAS
27	502	FRANCISCO PEDRO	M	42		00:33:11	00:33:07	CASA DO BENFICA TORRES VEDRAS
28	2094	EUGENIO NETO	M	51		00:33:11	00:33:07	GDR REBOLEIRA
29	2088	LUIS GINJA	M	40		00:33:14	00:33:09	GDR REBOLEIRA
30	725	LUÍS OLIVEIRA	M	27		00:33:17	00:33:17	CEFA-MARINHA
31	2157	CLÁUDIA PEREIRA	F	37		00:33:22	00:33:19	JOMA
32	594	TIAGO SILAVA	M	18		00:33:23	00:33:20	C.PEDROPESSOAESCOLAATLETISMO
33	2075	RUI DUARTE	M	46		00:33:26	00:33:22	CR LEOES P SALVO
34	1950	NUNO MIGUEL ALVES	M	38		00:33:27	00:33:23	C.C.R. ALTUDO MOINHO
35	1554	JOSÉ ESTRANGEIRO	M	25		00:33:29	00:33:26	
36	2092	JOSÉ ANTUNES	M	47		00:33:32	00:33:28	GDR REBOLEIRA
37	2065	ANDRÉ FERREIRA	M	33		00:33:34	00:33:28	CR LEOES P SALVO
38	729	SANTOS PITEIRA	M	20		00:33:35	00:33:28	CEFA-MARINHA
39	2219	LUIS COELHO	M	40		00:33:38	00:33:34	NUCLEOEIRAS

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
40	2135	EUSÉBIO ROSA	M	45		00:33:40	00:33:37	INGLESES FC
41	219	WESLEY REBOUCAS MATOS	M	25		00:33:40	00:33:34	
42	2195	GONÇALO CASIMIRO	M	18		00:33:41	00:33:36	MARATONA CP
43	2123	LUÍS SILVA	M	19		00:33:42	00:33:42	INGLESES FC
44	2234	MÁRIO CASSACA	M	40		00:33:49	00:33:46	CA ODIMARQ
45	2044	PEDRO ROSA	M	20		00:33:50	00:33:43	CRD ARRUDENSE
46	2052	ALEXANDRE MONTEIRO	M	47		00:33:51	00:33:47	CRD ARRUDENSE
47	268	ANA MAFALDA FERREIRA	F	25		00:33:54	00:33:51	
48	2180	DIOGO MORGADO	M	24		00:33:56	00:33:43	LINDA A PASTORA SC
49	2066	RICARDO PEREIRA	M	36		00:34:05	00:34:01	CR LEOES P SALVO
50	2023	JOSÉ CUSTÓDIO	M	49		00:34:21	00:34:11	CF OS BELENENSES
51	2241	SILVESTRE GOMES	M	58		00:34:22	00:34:19	CA ODIMARQ
52	564	ANTONIO PINTO	M	38		00:34:23	00:34:16	GRD " OS FIXES "
53	173	NUNO RODRIGUES	M	27		00:34:25	00:34:21	CEFA-MARINHA 3
54	1981	FERNANDO ALVES	M	47		00:34:26	00:34:20	AMIGOS ATLETISMO MAFRA
55	1923	RUI FONTE-BOA	M	23		00:34:27	00:34:20	CLUBE ATLÉTICO DAS PATAMEIRAS
56	2221	VITOR LIMA	M	46		00:34:30	00:34:26	NUCLEOEIRAS
57	300	LUÍS CARLOS CARVALHO DA MOTA	M	43		00:34:32	00:34:25	
58	2564	CATIA SANTOS	F	33		00:34:32	00:34:29	GD ESTREITO
59	724	CELSO GOUVEIA	M	46		00:34:38	00:34:32	
60	2046	NUNO GRAÇA	M	30		00:34:39	00:34:25	CRD ARRUDENSE
61	2306	JOAO INOCENCIO	M	43		00:34:46	00:34:39	A VALE SILENCIO
62	2168	PEDRO MARQUES	M	31		00:34:51	00:33:46	JOMA
63	2160	EDMIR CORREIA	M	22		00:34:54	00:34:49	JOMA
64	2164	RODRIGO CARRERA	M	27		00:34:59	00:34:55	JOMA
65	2247	ANTONINO VAZ	M	34		00:34:59	00:34:45	SC REBOLEIRA DAMAIA
66	503	DÚLIO PARREIRA	M	34		00:35:02	00:34:56	CASA DO BENFICA TORRES VEDRAS
67	2128	ALCINDO NEVES	M	28		00:35:07	00:35:02	INGLESES FC
68	1949	PAULO FERREIRA	M	47		00:35:08	00:34:56	C.C.R. ALTUDO MOINHO
69	2228	JOÃO FONTE BOAS	M	27		00:35:10	00:35:03	CA ODIMARQ
70	205	RICARDO CALADO	M	20		00:35:12	00:35:06	ÁGUIAS DE ALPIARÇA - TRIATLO
71	1916	JOSÉ SILVA	M	43		00:35:12	00:35:00	CLUBE ATLÉTICO DAS PATAMEIRAS
72	2182	JOSÉ CAMACHO	M	27		00:35:14	00:35:03	LINDA A PASTORA SC
73	2068	DOMINGOS CARNEIRO	M	40		00:35:15	00:35:10	CR LEOES P SALVO
74	218	SÉRGIO SANTOS	M	44		00:35:16	00:35:11	ÁGUIAS DE ALPIARÇA - TRIATLO
75	2526	PAULO ALVES	M	36		00:35:18	00:35:10	GD IN CASA MOEDA
76	2242	AIRES PRATAS	M	58		00:35:18	00:35:00	CA ODIMARQ
77	1812	DIOGO BAENA	M	30		00:35:18	00:35:12	
78	590	FELIPE REBELO	M	18		00:35:19	00:35:16	C.PEDROPESSOAESCOLAATLETIS MO

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
79	2072	VIRGILIO GOMES	M	45		00:35:20	00:35:12	CR LEOES P SALVO
80	1722	JOÃO DANIEL FERREIRA	M	27		00:35:21	00:35:13	G D JOANINHAS LEIAO
81	2032	MARGARIDA DIONISIO	F	26		00:35:29	00:35:26	C OLIMPICO OEIRAS
82	2236	JOSÉ LOPES	M	47		00:35:33	00:35:28	CA ODIMARQ
83	2269	JOAO GOMES	M	54		00:35:34	00:35:20	AÇOREANA C BANIF
84	1675	JOAQUIM ANTUNES	M	53		00:35:35	00:35:27	
85	591	JOÃO FONTINHA	M	18		00:35:38	00:35:34	C.PEDROPESSOAESCOLAATLETIS MO
86	2154	ANDREIA SANTOS	F	28		00:35:40	00:35:36	JOMA
87	1739	JOAO SERRAS	M	35		00:35:42	00:35:28	
88	1606	PEDRO MESTRE	M	42		00:35:43	00:35:37	NETCOURIER LOGISTICA
89	2287	RUI OLIVEIRA	M	42		00:35:44	00:35:39	AÇOREANA C BANIF
90	505	NELSON SANTOS	M	39		00:35:44	00:35:39	CASA DO BENFICA TORRES VEDRAS
91	999	PEDRO RATO	M	37		00:35:45	00:35:39	
92	2153	NEIDE DIAS	F	26		00:35:46	00:35:33	JOMA
93	2167	FERNANDO SILVA	M	31		00:35:46	00:35:42	JOMA
94	2159	IVO FERNANDES	M	20		00:35:47	00:35:32	JOMA
95	2218	JOSÉ TEIXEIRA	M	40		00:35:48	00:35:35	NUCLEOEIRAS
96	2593	VERA NUNES	F	33		00:35:49	00:35:46	SL BENFICA
97	655	JOÃO GONÇALVES	M	36		00:35:50	00:35:46	RESTAURANTEOCARTAXEIRO- CANEÇAS
98	2313	SERGIO LIMA	M	31		00:35:51	00:35:47	RB RUNNING
99	2310	ALEXANDRE MONTEIRO	M	39		00:35:51	00:35:48	RB RUNNING
100	895	JOÃO PATEIRA	M	35		00:35:55	00:35:50	
101	257	JOÃO MAIA	M	51		00:35:58	00:35:53	FALCÕES SELVAGENS
102	1000	NUNO VAZ	M	30		00:35:59	00:35:52	FALCÕES SELVAGENS
103	195	ANTONIO BRANCO	M	49		00:35:59	00:35:55	CLUBE RECREATIVO DO PENTEADO
104	1681	CARLOS ROUXINOL	M	39		00:35:59	00:35:49	
105	1497	NUNO ALBERTO SILVA	M	32		00:36:01	00:35:56	
106	2048	PAULO PINHEIRO	M	36		00:36:01	00:35:46	CRD ARRUDENSE
107	2390	JOAO OLIVEIRA	M	21		00:36:02	00:35:51	ACADEMIA MILITAR
108	2329	MIGUEL TEIXEIRA	M	40		00:36:03	00:35:57	WIKABOO
109	2082	JOSÉ GIL	M	56		00:36:06	00:35:58	CR LEOES P SALVO
110	946	FLÁVIO SANTOS	M	18		00:36:10	00:36:05	FEDERAÇÃO FAMÍLIA PAZ MUNDIAL
111	2209	GUILHERME LOPES	M	18		00:36:15	00:36:06	NUCLEOEIRAS
112	480	JORGE BRITO	M	43		00:36:23	00:36:16	SCRD
113	990	JOSÉ BARRINHA	M	43		00:36:23	00:36:15	VILA FRIA/JG SEGUROS
114	1655	JOÃO MELO JORGE	M	19		00:36:26	00:36:01	MENTE TRAQUINA
115	208	PAMELLA OLIVEIRA	F	26		00:36:29	00:36:23	ÁGUIAS DE ALPIARÇA - TRIATLO
116	524	LUIS LOURENÇO	M	44		00:36:37	00:36:32	CCD PM CASCAIS
117	2177	SUSANA CUNHA	F	25		00:36:37	00:36:31	LINDA A PASTORA SC

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
118	2185	JOSÉ FELIX	M	45		00:36:37	00:36:26	LINDA A PASTORA SC
119	2235	LUCIANO CONCEIÇÃO	M	47		00:36:37	00:36:32	CA ODIMARQ
120	2227	TIAGO MARTINS	M	23		00:36:39	00:36:34	CA ODIMARQ
121	2081	JORGE REIS	M	55		00:36:40	00:36:28	CR LEOES P SALVO
122	2078	JOÃO GINJA	M	47		00:36:42	00:36:37	CR LEOES P SALVO
123	389	JOAO HORA FAUSTINO	M	40		00:36:46	00:36:31	
124	1982	MARCO GRILEIRO	M	34		00:36:48	00:36:42	AMIGOS ATLETISMO MAFRA
125	2090	FERNANDO SANTOS	M	43		00:36:49	00:36:44	GDR REBOLEIRA
126	2533	RUI CORREIA	M	37		00:36:50	00:36:43	GD IN CASA MOEDA
127	207	ANA FILIPA SANTOS	F	32		00:36:51	00:36:46	ÁGUIAS DE ALPIARÇA - TRIATLO
128	2008	RUDI BERNARDO	M	30		00:36:53	00:36:35	AM ATIBA
129	483	ELIAS FORTES	M	47		00:37:00	00:36:54	SCRD
130	580	BRUNO ROSA	M	24		00:37:03	00:36:45	ELITE DO ASFALTO
131	784	ANTÓNIO SIMÕES	M	43		00:37:04	00:36:55	G.D.C DO BANCO DE PORTUGAL
132	2050	MARCO SANTOS	M	39		00:37:04	00:36:26	CRD ARRUDENSE
133	668	JOSE MIGUEL CORREIA	M	47		00:37:05	00:36:58	
134	485	RICARDO MESTRE	M	42		00:37:06	00:37:03	ASSOCIAÇÃO JORGE PINA
135	488	CARLOS FERREIRA	M	44		00:37:06	00:37:03	ASSOCIAÇÃO JORGE PINA
136	2038	LUISA MONTEIRO	F	46		00:37:07	00:37:03	CRD ARRUDENSE
137	2051	PEDRO SILVA	M	42		00:37:08	00:37:03	CRD ARRUDENSE
138	180	ANTONIO HENRIQUES	M	56		00:37:08	00:36:48	CLUBE DE ATLETISMO ODIMARQ
139	2531	VITOR CARDOSO	M	36		00:37:08	00:37:01	GD IN CASA MOEDA
140	1485	JOÃO FILIPE FERREIRA	M	35		00:37:09	00:36:20	
141	2416	FERNANDO CANDEIAS	M	42		00:37:13	00:37:05	SS CGD
142	394	PAULO SILVESTRE	M	38		00:37:14	00:37:04	
143	2256	PAULO PALMA	M	36		00:37:18	00:37:10	CF OS BELENENSES
144	2186	ANTÓNIO SILVA	M	45		00:37:18	00:37:08	LINDA A PASTORA SC
145	2089	JORGE CORREIA	M	42		00:37:19	00:37:15	GDR REBOLEIRA
146	2311	VERA FERNANDES	F	28		00:37:20	00:37:16	RB RUNNING
147	2240	ABEL GLORIA	M	51		00:37:20	00:37:15	CA ODIMARQ
148	2074	JORGE RODRIGUES	M	45		00:37:23	00:37:15	CR LEOES P SALVO
149	781	LUÍS RIO	M	42		00:37:26	00:37:17	G.D.C DO BANCO DE PORTUGAL
150	2481	RUI HENRIQUES	M	34		00:37:28	00:37:21	SS MONTEPIO GERAL
151	1712	ANTÓNIO R. LOPES	M	48		00:37:37	00:37:32	
152	2253	CARLOS PIRES	M	42		00:37:39	00:37:31	URCA
153	1914	JOSÉ GEADA	M	43		00:37:40	00:37:32	CLUBE ATLÉTICO DAS PATAMEIRAS
154	2252	NUNO CARRAÇA	M	24		00:37:40	00:37:31	URCA
155	2020	ANTÓNIO PINHEIRO	M	42		00:37:44	00:37:33	CF OS BELENENSES
156	653	RUI FERREIRA	M	42		00:37:44	00:37:38	RESTAURANTEOCARTAXEIRO-CANEÇAS

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
157	2158	DAVID CARDOSO	M	39		00:37:44	00:37:11	JOMA
158	1661	PAULO HERMESILHAS	M	37		00:37:46	00:37:35	MENTE TRAQUINA
159	2312	CARLOS HENRIQUES	M	36		00:37:47	00:37:36	RB RUNNING
160	2125	JOÃO PEREIRA	M	22		00:37:50	00:37:44	INGLESES FC
161	475	AURELIO AGUIAR	M	58		00:37:54	00:37:51	
162	302	BRUNO CUNHA	M	31		00:37:55	00:37:44	
163	730	RODRIGUES CARVALHO	M	22		00:37:57	00:37:51	CEFA-MARINHA
164	1403	JORGE BANHA	M	34		00:37:58	00:37:46	INDIELISBOARUNNERS
165	170	CARLOS ARIEIRO	M	39		00:38:03	00:37:48	CEFA-MARINHA
166	397	DIRIO COELHO	M	37		00:38:03	00:37:52	ESCOLA ATLETISMO RUI SILVA
167	2384	PEDRO SILVA	M	19		00:38:05	00:37:22	ACADEMIA MILITAR
168	736	JOÃO CORREIA	M	24		00:38:06	00:37:50	AMBCV LUMIAR
169	2093	ANTÓNIO MOREIRA	M	50		00:38:08	00:38:04	GDR REBOLEIRA
170	1985	ANTONIO PAIAS	M	56		00:38:12	00:37:58	CLUBE DE ATLETISMO ODIMARQ
171	2205	MÓNICA MOREIRAS	F	34		00:38:13	00:38:10	NUCLEOEIRAS
172	1656	JOÃO OLIVEIRA	M	24		00:38:16	00:37:49	MENTE TRAQUINA
173	1375	RUI CABEÇAS	M	41		00:38:16	00:37:34	
174	1528	LUÍS COELHO DA SILVA	M	36		00:38:21	00:37:41	
175	1730	BRUNO MIGUEL FARINHA DA SILVA	M	23		00:38:21	00:38:07	
176	2354	FABIO SALVADINHA	M	18		00:38:23	00:37:57	ACADEMIA MILITAR
177	1986	JOAO ESTEVAO	M	48		00:38:27	00:38:18	CLUBE DE ATLETISMO ODIMARQ
178	2178	LUIS CLARA	M	51		00:38:32	00:38:21	LINDA A PASTORA SC
179	734	TIAGO COSTA	M	19		00:38:34	00:38:17	AMBCV LUMIAR
180	2188	LUIS PREGO	M	56		00:38:36	00:38:25	LINDA A PASTORA SC
181	2385	MIGUEL RAMOS	M	20		00:38:38	00:38:07	ACADEMIA MILITAR
182	2165	HUGO SANTOS	M	29		00:38:39	00:36:58	JOMA
183	1987	ROGERIO DUARTE	M	46		00:38:42	00:38:23	CLUBE DE ATLETISMO ODIMARQ
184	2244	FERNANDO CHAMUSCA	M	63		00:38:43	00:38:28	CA ODIMARQ
185	2502	ANTONIO MASSANO	M	31		00:38:45	00:38:32	C MILLENNIUN BCP
186	2401	VITOR NOGUEIRA	M	49		00:38:47	00:38:39	GAA VILA FRANCA XIRA
187	2339	JORGE GONÇALVES	M	46		00:38:47	00:38:16	WIKABOO
188	755	MIGUEL SOBRAL	M	35		00:38:49	00:38:43	ASSOCIAÇÃO GD ACADEMIA KORPO
189	1965	FERNANDO GOMES	M	53		00:38:51	00:38:45	
190	1746	EDMUNDO ALVES	M	36		00:38:51	00:38:34	C.C.R. ALTUDO MOINHO
191	1644	RUI COELHO	M	35		00:38:52	00:38:35	
192	266	AMANDIO BARBOSA	M	37		00:38:53	00:38:17	
193	1806	HERNANI DE JESUS FERNANDES	M	42		00:38:55	00:38:41	
194	71	MÁRIO GUERREIRO	M	51		00:38:55	00:38:38	CASA DO BENFICA NO SEIXAL
195	2246	FLÁVIO JULIÃO	M	19		00:38:58	00:38:42	SC REBOLEIRA DAMAIA

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
196	139	RUI MORAIS	M	19		00:38:58	00:38:54	
197	172	JOÃO PAULO MARQUES	M	51		00:39:00	00:38:49	CEFA-MARINHA 3
198	1683	HELDER HENRIQUES	M	44		00:39:01	00:38:42	
199	1452	MARCO GOMES	M	31		00:39:01	00:38:28	
200	144	RUI PINA	M	36		00:39:01	00:38:41	
201	258	PAULO SEQUEIRA	M	34		00:39:01	00:38:55	FALCÕES SELVAGENS
202	1646	JOAO SILVEIRA	M	33		00:39:02	00:38:57	SONAE
203	2127	TIAGO ROMÃO	M	24		00:39:02	00:38:58	INGLESES FC
204	506	LUIS REBELO	M	49		00:39:04	00:37:57	CASA DO BENFICA TORRES VEDRAS
205	1773	NUNO RICARDO GOMES TEIXEIRA	M	36		00:39:05	00:38:45	
206	1793	MARCOS PEREIRA	M	58		00:39:07	00:38:58	
207	2592	LUCILIA SOARES	F	51		00:39:07	00:39:02	SL BENFICA
208	735	LUIS CARDOSO	M	25		00:39:07	00:38:50	AMBCV LUMIAR
209	649	FRANCISCO SANTOS	M	42		00:39:09	00:38:57	RESTAURANTEOCARTAXEIRO-CANEÇAS
210	905	CARLOS MANUEL ALVES CAETANO	M	40		00:39:09	00:38:56	
211	2379	JORGE FARINHA	M	20		00:39:11	00:38:44	ACADEMIA MILITAR
212	646	ADOLFO LEAL	M	46		00:39:13	00:38:44	RESTAURANTEOCARTAXEIRO-CANEÇAS
213	2388	RENATO FIGUEIREDO	M	20		00:39:14	00:38:47	ACADEMIA MILITAR
214	1636	CLAUDIO PAULINHO	M	32		00:39:14	00:38:57	
215	1920	ÓSCAR SANTOS	M	56		00:39:14	00:39:00	CLUBE ATLÉTICO DAS PATAMEIRAS
216	859	JORGE DELGADO	M	29		00:39:16	00:39:05	HELLRUNNERS
217	2489	FRANCISCO SERRANO	M	40		00:39:16	00:38:59	GD INE
218	2386	RUI LOUSA	M	20		00:39:16	00:38:46	ACADEMIA MILITAR
219	782	JOSÉ MONTEIRO	M	57		00:39:18	00:39:00	G.D.C DO BANCO DE PORTUGAL
220	187	GONÇALO FERREIRA	M	40		00:39:18	00:39:04	
221	2532	NUNO GONÇALVES	M	38		00:39:22	00:39:08	GD IN CASA MOEDA
222	1741	HUGO MIGUEL MARTINS FERREIRA DA SILVA	M	27		00:39:23	00:39:13	
223	1979	JORGE CRUZ	M	48		00:39:24	00:39:12	AMIGOS ATLETISMO MAFRA
224	744	MÁRIO CAMARATE	M	44		00:39:24	00:39:11	AMIGOS ATLETISMO MAFRA
225	24	FERNANDO JORGE P. PLÔNIO	M	44		00:39:26	00:39:21	LEBRES DA PORCALHOTA
226	2490	GONÇALO FERREIRA	M	41		00:39:26	00:39:10	GD INE
227	1551	FERNANDO SOUSA	M	43		00:39:27	00:39:11	
228	303	PEDRO MOTA	M	43		00:39:28	00:39:18	
229	2211	RICARDO MARCHÃO	M	20		00:39:28	00:39:12	NUCLEOEIRAS
230	684	RODRIGO SILVA	M	46		00:39:29	00:39:22	MARGEM SUL
231	942	ANDRE PENIM	M	18		00:39:29	00:39:29	
232	1915	MIGUEL GONÇALVES	M	40		00:39:30	00:38:45	CLUBE ATLÉTICO DAS PATAMEIRAS
233	1731	CARLOS OLIVEIRA	M	40		00:39:33	00:39:04	
234	1890	RUI MARTINS	M	29		00:39:37	00:39:21	MG EQUIPAMENTOS

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
235	2021	JOÃO SOUSA	M	42		00:39:38	00:39:30	CF OS BELENENSES
236	760	MÁRCIO PATINHA	M	24		00:39:38	00:39:33	ASSOCIAÇÃO GD ACADEMIA KORPO
237	465	LICÍNIO FIDALGO	M	54		00:39:39	00:38:50	CÂMARA LISBOA CLUBE
238	2054	SOFIA MONTEIRO	F	33		00:39:41	00:39:31	CR LEOES P SALVO
239	2077	CARLOS MENDES	M	48		00:39:43	00:39:17	CR LEOES P SALVO
240	148	PAULO COSTA	M	39		00:39:45	00:38:07	
241	2121	ANA T MACHADO	F	24		00:39:48	00:39:40	INGLESES FC
242	2216	JOSÉ A. TEIXEIRA	M	37		00:39:49	00:39:45	NUCLEOEIRAS
243	841	FILIPE J M GARCIA	M	27		00:39:51	00:39:42	GARCIA RUNNERS
244	171	ANTÓNIO MARQUES	M	49		00:39:53	00:39:38	CEFA-MARINHA 3
245	922	MIGUEL ROCHA	M	42		00:39:54	00:39:45	
246	585	RUBEN CAMACHO	M	27		00:39:58	00:39:48	
247	2445	ARMANDO CORREIA	M	42		00:39:59	00:39:44	SC CASAINHOS
248	1771	FERNANDO JORGE DA SILVA CORREIA	M	51		00:40:00	00:39:31	
249	1745	AMELIA PAIS COSTA	F	47		00:40:00	00:39:50	C.C.R. ALTUDO MOINHO
250	2504	TIAGO MENDES	M	40		00:40:03	00:39:58	C MILLENNIUN BCP
251	727	PAIVA FERREIRA	M	21		00:40:06	00:39:45	CEFA-MARINHA
252	2019	HELIO PATRICIO	M	41		00:40:07	00:39:53	CF OS BELENENSES
253	647	ARLINDO PAIXÃO	M	50		00:40:09	00:39:58	RESTAURANTEOCARTAXEIRO-CANEÇAS
254	1913	FERNANDO SOARES	M	39		00:40:12	00:40:04	CLUBE ATLÉTICO DAS PATAMEIRAS
255	152	JOAO PASTOR	M	41		00:40:14	00:40:06	AMIGOS ATLETISMO MAFRA
256	415	LUÍS MONTEIRO	M	42		00:40:15	00:40:10	CLUBE GBES
257	917	JOAO SOARES	M	60		00:40:15	00:40:06	DESPORTIVO OPERARIO DO RANGEL
258	487	PAULO NEVES	M	48		00:40:18	00:40:11	ASSOCIAÇÃO JORGE PINA
259	177	LUÍS VALVERDE	M	48		00:40:19	00:40:14	CEFA-MARINHA 3
260	2594	SONIA SOUSA	F	33		00:40:19	00:40:16	SL BENFICA
261	2129	LUIS FERNANDES	M	39		00:40:20	00:40:16	INGLESES FC
262	2530	NUNO SOUSA	M	40		00:40:20	00:40:12	GD IN CASA MOEDA
263	1718	LUIS CARLOS ROQUE RODRIGUES	M	24		00:40:25	00:40:15	
264	209	ANDREIA FERRUM	F	20		00:40:27	00:40:21	ÁGUIAS DE ALPIARÇA - TRIATLO
265	1526	MIGUEL TRUNINGER SOUSA	M	38		00:40:31	00:40:17	
266	2443	CARLOS BAPTISTA	M	53		00:40:32	00:40:17	SC CASAINHOS
267	507	PEDRO FERREIRA	M	36		00:40:32	00:40:25	CASA DO BENFICA TORRES VEDRAS
268	299	JOSÉ SOUSA	M	41		00:40:33	00:40:21	
269	2286	RICARDO ALVES	M	30		00:40:35	00:40:25	AÇOREANA C BANIF
270	2536	PEDRO ALVAREZ	M	40		00:40:35	00:40:28	SFUAP
271	2232	LUIS BAPTISTA	M	36		00:40:38	00:39:41	CA ODIMARQ
272	1422	LUÍS MIGUEL ALVES LOUREIRO	M	28		00:40:40	00:38:49	
273	412	RUI LOPES	M	61		00:40:43	00:40:37	CLUBE GBES

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
274	759	HUGO FREIRE	M	37		00:40:45	00:40:35	ASSOCIAÇÃO GD ACADEMIA KORPO
275	2527	CARLOS CRISTOVAO	M	38		00:40:46	00:40:31	GD IN CASA MOEDA
276	343	PAULO LOPES	M	42		00:40:47	00:40:08	GRD RIBEIRA LAGE
277	2248	LEONARDO LOPES	M	19		00:40:48	00:40:23	SFRAA
278	2315	ISIDRO DUARTE	M	46		00:40:52	00:40:40	RB RUNNING
279	2018	NUNO QUEIJA	M	40		00:40:54	00:40:41	CF OS BELENENSES
280	2163	BRUNO LOURENÇO	M	24		00:40:55	00:40:22	JOMA
281	1966	BRUNO FERREIRA	M	27		00:40:57	00:40:22	
282	509	ANTÓNIO MERUJO	M	54		00:41:00	00:40:52	
283	2238	JOSÉ SILVA	M	50		00:41:00	00:40:31	CA ODIMARQ
284	1871	JOAQUIM ROSA	M	51		00:41:01	00:40:42	AMIGOS ATLETISMO DA CHARNECA
285	1659	LUIS MELO JORGE	M	18		00:41:01	00:40:33	MENTE TRAQUINA
286	2237	JOÃO BRAZ	M	49		00:41:01	00:40:30	CA ODIMARQ
287	1870	JOSÉ HEITOR	M	42		00:41:02	00:40:42	AMIGOS ATLETISMO DA CHARNECA
288	1542	BRUNO PEREIRA	M	38		00:41:02	00:40:03	SONAE
289	1569	JOSÉ EDUARDO PENA	M	49		00:41:03	00:40:55	
290	1919	ORLANDO CORREIA	M	42		00:41:04	00:39:17	CLUBE ATLÉTICO DAS PATAMEIRAS
291	2567	HUGO LUZ	M	38		00:41:04	00:40:57	
292	2190	LUIS FERRÃO	M	61		00:41:05	00:40:53	LINDA A PASTORA SC
293	2034	CELINA RODRIGUES	F	24		00:41:06	00:40:54	CRD ARRUDENSE
294	2360	FILIPE AUGUSTO	M	18		00:41:07	00:40:24	ACADEMIA MILITAR
295	840	ALBERTO S OLIVEIRA	M	31		00:41:09	00:40:59	GARCIA RUNNERS
296	1517	PEDRO MIGUEL DE SOUSA FERNANDES	M	39		00:41:09	00:41:05	
297	1395	DOMINGOS HENRIQUE	M	53		00:41:10	00:41:00	
298	685	CARLOS COSTA	M	43		00:41:12	00:40:39	MARGEM SUL
299	822	CARLOS MARQUES	M	47		00:41:13	00:40:21	
300	482	CONSTANTINO ARAUJO	M	46		00:41:14	00:39:48	SCRD
301	2397	BRUNO SILVA	M	39		00:41:14	00:40:30	GAA VILA FRANCA XIRA
302	2024	JOSÉ AFONSO	M	53		00:41:20	00:41:07	CF OS BELENENSES
303	941	ANTONIO PENIM	M	46		00:41:22	00:40:53	
304	752	JORGE SANTOS	M	42		00:41:24	00:41:14	ASSOCIAÇÃO GD ACADEMIA KORPO
305	989	JOAQUIM SANTOS	M	42		00:41:26	00:40:39	VILA FRIA/JG SEGUROS
306	1836	ANDRÉ ALMEIDA CAMPOS	M	33		00:41:27	00:40:47	
307	1984	JOSÉ GONÇALVES	M	47		00:41:29	00:41:16	AMIGOS ATLETISMO MAFRA
308	1872	ANDRE RISCADO	M	35		00:41:30	00:41:11	AMIGOS ATLETISMO DA CHARNECA
309	943	TIAGO VERMELHO	M	28		00:41:30	00:41:21	
310	2513	ANTONIO BRAGA	M	54		00:41:30	00:41:25	C MILLENNIUN BCP
311	2276	LUIS ALBUQUERQUE	M	43		00:41:31	00:41:03	AÇOREANA C BANIF
312	606	JOSÉ VARELA	M	39		00:41:32	00:41:23	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
313	1861	JOAO MARQUES	M	48		00:41:32	00:41:29	
314	1732	VITOR MARQUES	M	44		00:41:33	00:41:04	ESCOLA ATLETISMO RUI SILVA
315	2126	SERGIO MONTEIRO	M	22		00:41:33	00:41:10	INGLESES FC
316	381	JAIME LAMEGO	M	53		00:41:34	00:41:27	
317	382	CHANTAL XHERVELLE	F	45		00:41:34	00:41:27	
318	927	RUI VIEIRA	M	42		00:41:35	00:40:21	
319	2007	JOÃO CANAS	M	18		00:41:36	00:41:18	AM ATIBA
320	2353	TIAGO SACADURA	M	18		00:41:36	00:41:10	ACADEMIA MILITAR
321	2239	JOAQUIM MARTINS	M	50		00:41:36	00:41:18	CA ODIMARQ
322	1748	ANTONIO BARROS	M	49		00:41:36	00:41:18	C.C.R. ALTODO MOINHO
323	2356	RICARDO ROCHA	M	20		00:41:36	00:41:09	ACADEMIA MILITAR
324	2222	LINO SANTOS	M	49		00:41:36	00:41:21	NUCLEOEIRAS
325	1819	DANIEL AUGUSTO DE CASTRO NUNES	M	53		00:41:37	00:41:27	
326	438	JORGE VARANDAS	M	50		00:41:37	00:41:25	
327	2330	ANTONIO LEMOS	M	54		00:41:38	00:40:48	WIKABOO
328	2124	JOÃO FREIRE	M	20		00:41:39	00:41:26	INGLESES FC
329	2341	LUIS RIBEIRO	M	50		00:41:39	00:41:08	WIKABOO
330	2130	NUNO MARQUES	M	39		00:41:40	00:41:27	INGLESES FC
331	573	SARA MARGARIDA MILHEIRO DE MELO MARINHO	F	23		00:41:41	00:41:11	ENDURANCE RUNNERS
332	2349	ANDRE SOUTELO	M	18		00:41:42	00:41:16	ACADEMIA MILITAR
333	2492	NUNO M CORREIA	M	47		00:41:43	00:41:06	GD INE
334	991	JOSÉ BATISTA	M	42		00:41:44	00:41:37	VILA FRIA/JG SEGUROS
335	2086	PEDRO AZENHA	M	38		00:41:45	00:41:12	GDR MANIQUE CIMA
336	1552	FERNANDO CARREIRO	M	52		00:41:46	00:41:29	
337	2200	JOSÉ MOREIRA	M	37		00:41:47	00:41:42	MIRANTENSE FC
338	2152	MÁRCIA MARTINS	F	21		00:41:47	00:41:44	JOMA
339	115	PEDRO SANTOS VICENTE	M	36		00:41:48	00:41:13	
340	1648	ANTÓNIO CRAVEIRO	M	18		00:41:49	00:41:41	
341	2285	PAULO VENTURA	M	43		00:41:49	00:41:19	AÇOREANA C BANIF
342	327	LEONARDO CABACEIRA	M	18		00:41:51	00:41:22	
343	2399	VITOR NOVAIS	M	37		00:41:54	00:40:14	GAA VILA FRANCA XIRA
344	705	NUNO PITA	M	38		00:41:56	00:40:16	
345	697	MANUEL BARROS COSTA	M	57		00:41:56	00:40:15	
346	571	PEDRO VILA LUZ	M	19		00:41:56	00:41:33	VILA LUZ TEAM
347	2343	ANDRE BERNARDINO	M	20		00:41:58	00:41:33	ACADEMIA MILITAR
348	1623	PEDRO TRINDADE	M	26		00:41:59	00:41:43	MG EQUIPAMENTOS
349	2449	FABIO PEREIRA	M	21		00:41:59	00:41:44	SC CASAINHOS
350	235	MIGUEL MOREIRA CAMPOS	M	40		00:41:59	00:41:20	
351	422	HUGO CARAGO	M	40		00:42:00	00:41:39	CLUBE GBES

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
352	367	JOEL RODRIGUES	M	29		00:42:00	00:41:19	
353	489	TELMO PEDRO	M	35		00:42:00	00:41:11	ASSOCIAÇÃO JORGE PINA
354	540	JORGE RICARDO NUNES GONÇALVES	M	45		00:42:01	00:41:55	PEPSICO PORTUGAL
355	2345	SIMAO VALENTE	M	18		00:42:02	00:41:38	ACADEMIA MILITAR
356	1918	NUNO DORES	M	30		00:42:03	00:41:35	CLUBE ATLÉTICO DAS PATAMEIRAS
357	1912	ANTÓNIO MORAOS	M	60		00:42:04	00:41:36	CLUBE ATLÉTICO DAS PATAMEIRAS
358	1917	MIGUEL TAVARES	M	41		00:42:04	00:41:55	CLUBE ATLÉTICO DAS PATAMEIRAS
359	1509	JORGE MARTINS	M	37		00:42:07	00:41:03	
360	2014	TIAGO MINEIRO	M	30		00:42:07	00:41:51	CDUL
361	2201	HELENA BARBOSA	F	30		00:42:07	00:41:25	NUCLEOEIRAS
362	2381	BRUNO PRATA	M	20		00:42:07	00:41:40	ACADEMIA MILITAR
363	2488	FRANCISCO CALDEIRA	M	40		00:42:08	00:41:49	GD INE
364	305	CARLOS MONSANTO	M	27		00:42:09	00:41:19	
365	518	ANTONIO PUCARIÇO	M	52		00:42:10	00:41:41	CCD PM CASCAIS
366	2047	OSVALDO FERREIRA	M	36		00:42:10	00:41:59	CRD ARRUDENSE
367	1928	RUI MARTINS	M	28		00:42:11	00:42:04	CLUBE ATLÉTICO DAS PATAMEIRAS
368	436	SERGIO SANTOS	M	41		00:42:11	00:41:53	
369	919	JOAO SANTOS	M	55		00:42:13	00:42:05	DESPORTIVO OPERARIO DO RANGEL
370	1611	BERNARDINO SOARES	M	40		00:42:14	00:41:32	
371	597	NUNO CAMPOS	M	39		00:42:16	00:41:36	
372	108	ERNESTO MONTEIRO	M	42		00:42:17	00:41:56	CÂMARA LISBOA CLUBE
373	61	WALTER FERREIRA	M	48		00:42:18	00:41:39	
374	243	PAULA RIOS MARQUES	F	40		00:42:19	00:42:19	COMO TAMOS PAULINHA?!
375	103	RUI RODAS	M	41		00:42:19	00:41:35	
376	2053	JOSÉ NETO	M	56		00:42:19	00:42:08	CRD ARRUDENSE
377	2012	RITA RODRIGUES	F	20		00:42:19	00:42:12	CDUL
378	2331	VITOR CUNHA	M	46		00:42:20	00:41:25	WIKABOO
379	1581	LUÍS GONÇALVES	M	37		00:42:22	00:40:54	COLINAS BIKE TOUR
380	1717	PAULO TEIXEIRA	M	51		00:42:22	00:42:18	
381	1579	TIAGO ASSIS CORREIA	M	27		00:42:24	00:41:51	KAMARROS
382	116	JOÃO RICARDO LUZ	M	37		00:42:24	00:42:11	PANDILHA JOVEM
383	2563	BRUNO FERNANDES	M	42		00:42:25	00:41:34	WIKABOO
384	2033	ANA C CAROLA	F	24		00:42:26	00:42:15	CRD ARRUDENSE
385	2391	ANTONIO BARBOSA	M	31		00:42:26	00:41:44	ACADEMIA MILITAR
386	2265	FERNANDO CELESTINO	M	55		00:42:26	00:42:01	AÇOREANA C BANIF
387	2013	ANDRÉ SALTAR	M	25		00:42:27	00:42:11	CDUL
388	396	RITA ALEXANDRA DA SILVA RIBEIRO	F	29		00:42:27	00:42:12	ESCOLA ATLETISMO RUI SILVA
389	1612	ROMÃO PEDROSO	M	27		00:42:31	00:41:29	OS AMIGOS DA KIKA
390	2084	JOAQUIM PEREIRA	M	65		00:42:31	00:41:41	CR LEOES P SALVO

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
391	2440	PEDRO CAROLA	M	37		00:42:32	00:41:26	SS CGD
392	651	NUNO ALMEIDA	M	42		00:42:33	00:42:22	RESTAURANTEOCARTAXEIRO-CANEÇAS
393	1960	JOSÉ MOUQUINHO	M	40		00:42:36	00:42:30	
394	217	HUGO AGUIAR	M	40		00:42:37	00:42:27	ÁGUIAS DE ALPIARÇA - TRIATLO
395	409	PEDRO VITOR	M	43		00:42:37	00:42:01	CLUBE GBES
396	247	LUIA CONDEÇO	F	20		00:42:37	00:42:28	
397	665	ALEXANDRE BENTO	M	40		00:42:39	00:41:58	
398	2562	Mª JOSE BONITO	F	42		00:42:42	00:42:08	WIKABOO
399	1724	CATARINA FERREIRA	F	29		00:42:42	00:42:33	G D JOANINHAS LEIAO
400	1929	VICTOR AMADO	M	59		00:42:43	00:42:10	CLUBE ATLÉTICO DAS PATAMEIRAS
401	561	ARTUR FERREIRA	M	36		00:42:44	00:42:03	
402	253	FERNANDO ANACLETO	M	62		00:42:44	00:42:32	
403	911	EMANUEL VIRGÍLIO DE FREITAS	M	50		00:42:45	00:42:26	GRUPO VESAUTO
404	2147	HUGO SILVA	M	36		00:42:46	00:42:36	INDIVIDUAL
405	728	BONITO COURELA	M	20		00:42:49	00:42:42	CEFA-MARINHA
406	1578	JOÃO DIAS	M	40		00:42:51	00:42:18	KAMARROS
407	2117	RUI P JULIÃO	M	48		00:42:52	00:41:57	CLUBE GEORUNNERS
408	157	CARLOS COELHO	M	52		00:42:54	00:42:40	GRUPO ATLETAS MONSANTO-GASCAN
409	1922	PAULO GAMBOA	M	43		00:42:54	00:42:20	CLUBE ATLÉTICO DAS PATAMEIRAS
410	2259	ALEXANDRA ALVES	F	30		00:42:54	00:42:47	AÇOREANA C BANIF
411	842	FRANCISCO J M GARCIA	M	20		00:42:57	00:42:27	GARCIA RUNNERS
412	754	LUÍS PAISANA	M	39		00:42:59	00:42:49	ASSOCIAÇÃO GD ACADEMIA KORPO
413	928	JOAO PAULO DIAS	M	41		00:43:00	00:42:47	
414	429	LUÍS GODINHO	M	37		00:43:01	00:42:26	CLUBE GBES
415	1988	JOÃO GOMES	M	41		00:43:01	00:42:22	AMIGOS ATLETISMO MAFRA
416	2137	FRANCISCO CUNHA	M	49		00:43:02	00:42:58	INGLESES FC
417	406	PEDRO FERREIRA	M	21		00:43:02	00:41:50	CLUBE GBES
418	2554	ALFREDO VALENTE	M	50		00:43:02	00:42:58	SL CAMPOLIDE
419	528	MARIO SANTOS	M	44		00:43:03	00:42:43	CCD PM CASCAIS
420	2378	JOAO PINTO	M	20		00:43:05	00:42:37	ACADEMIA MILITAR
421	955	JOÃO PAULO SILVA	M	50		00:43:05	00:42:30	
422	1415	RUI MELO	M	42		00:43:06	00:42:48	CCD CRÉDITO AGRÍCOLA MÚTUO
423	2393	LUIS CALMEIRA	M	46		00:43:08	00:42:20	ACADEMIA MILITAR
424	2362	JORGE BARBOSA	M	18		00:43:08	00:42:42	ACADEMIA MILITAR
425	1891	VITOR MOREIRA	M	60		00:43:09	00:42:55	CLUBE EDP - LISBOA
426	858	DAVID LIMA	M	32		00:43:09	00:42:58	HELLRUNNERS
427	2162	OLEKSIY DIMITRIY	M	23		00:43:09	00:42:33	JOMA
428	2398	MAURO PIMENTA	M	37		00:43:09	00:42:28	GAA VILA FRANCA XIRA
429	73	NUNO CIDADE DO CARMO	M	39		00:43:11	00:43:02	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
430	2520	JOSE GURDES	M	40		00:43:12	00:42:56	C MILLENNIUN BCP
431	405	PAULO SILVA	M	45		00:43:12	00:42:27	CLUBE GBES
432	2493	RUI MARQUES	M	39		00:43:13	00:42:37	GD INE
433	2534	LUIS MACHADO	M	45		00:43:13	00:43:04	GD IN CASA MOEDA
434	237	ANTÓNIO MANUEL DOS SANTOS E SILVA	M	54		00:43:14	00:43:08	OS SILVAS
435	2095	MÁRIO MIGUEL	M	63		00:43:16	00:41:52	GDR REBOLEIRA
436	608	MANUEL FERNANDES	M	56		00:43:16	00:42:53	FAMÍLIA FERNANDES
437	2290	VIRGILIO MADEIRA	M	54		00:43:20	00:43:07	AÇOREANA C BANIF
438	1766	HUGO GOMES	M	38		00:43:22	00:43:11	
439	648	DUARTE COSTA	M	32		00:43:23	00:43:16	RESTAURANTEOCARTAXEIRO-CANEÇAS
440	408	PEDRO GABRIEL	M	35		00:43:23	00:42:39	CLUBE GBES
441	2452	PAULO SANTOS	M	47		00:43:24	00:41:52	LIS RUNNING
442	1549	EDGAR JACINTO	M	27		00:43:24	00:42:10	OS ZATOPEQUES
443	2057	LUISA SANTO	F	46		00:43:24	00:43:17	CR LEOES P SALVO
444	2146	CLÁUDIO CORREIA	M	25		00:43:24	00:42:25	INDIVIDUAL
445	696	ANTÓNIO PEREIRA	M	49		00:43:26	00:41:46	
446	432	CARLOS NELSON DIAS	M	52		00:43:26	00:42:20	
447	634	PAULO MENEZES	M	41		00:43:26	00:41:58	PEPSICO PORTUGAL
448	688	ANTÓNIO ELISIO GONÇALVES	M	48		00:43:26	00:41:47	
449	451	EDUARDO LUIS	M	35		00:43:27	00:42:41	ATOMIC TEAM
450	791	ANTÓNIO JACINTO	M	53		00:43:27	00:42:13	OS ZATOPEQUES
451	1807	MARCELO DIAS	M	38		00:43:29	00:43:17	
452	1423	DIOGO PIRES	M	28		00:43:30	00:43:21	
453	2114	ANTÓNIO COSTA	M	46		00:43:31	00:42:34	CLUBE GEORUNNERS
454	2328	MARIA AZEVEDO	F	35		00:43:32	00:43:02	WIKABOO
455	242	LUIS SOUSA	M	48		00:43:32	00:43:32	
456	2079	MANUEL ARAÚJO	M	52		00:43:34	00:42:56	CR LEOES P SALVO
457	783	ADELINO SEMEDO	M	60		00:43:35	00:42:35	G.D.C DO BANCO DE PORTUGAL
458	2552	DAVID PALMEIRO	M	47		00:43:35	00:43:12	SL CAMPOLIDE
459	2348	THOMAS MENDES	M	22		00:43:36	00:43:10	ACADEMIA MILITAR
460	134	CARLOS CUNHA	M	51		00:43:37	00:43:01	ASAS
461	2206	CARLA MARTINS	F	38		00:43:38	00:43:29	NUCLEOEIRAS
462	1957	ALEXANDRE DIAS	M	44		00:43:38	00:42:56	
463	1794	MARCO LOURENÇO	M	28		00:43:38	00:42:45	LINDA A PASTORA SC
464	2207	ANA R PEREIRA	F	38		00:43:40	00:43:35	NUCLEOEIRAS
465	441	LUIS REVEZ	M	48		00:43:41	00:43:27	
466	2336	GONÇALO CARDOSO	M	42		00:43:42	00:43:12	WIKABOO
467	667	PAULO VILA LUZ	M	47		00:43:43	00:43:20	VILA LUZ TEAM
468	717	RAUL ROCHA	M	46		00:43:45	00:43:36	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
469	1856	NUNO SILVA	M	40		00:43:46	00:41:43	
470	2173	PAULO BRITO	M	42		00:43:47	00:43:19	JOMA
471	301	VASCO COSTA	M	59		00:43:47	00:43:27	
472	758	JORGE PORTIJO	M	32		00:43:47	00:43:15	ASSOCIAÇÃO GD ACADEMIA KORPO
473	228	MIGUEL RAMALHO	M	32		00:43:47	00:43:32	VALADARES
474	476	NUNO MIRANDA CASTANHEIRA	M	22		00:43:49	00:43:06	
475	2017	JOSÉ FERNANDES	M	40		00:43:55	00:43:34	CF OS BELENENSES
476	400	LUÍS LINO	M	44		00:43:56	00:43:30	CLUBE GBES
477	2387	TIAGO FILIPE	M	23		00:43:58	00:43:26	ACADEMIA MILITAR
478	921	LEONEL CELEIRO	M	56		00:43:59	00:43:40	DESPORTIVO OPERARIO DO RANGEL
479	1894	GERRY SANITZ	M	47		00:43:59	00:43:45	ODEBRECHT
480	2138	JOSÉ SANTOS	M	54		00:44:00	00:43:17	INGLESES FC
481	1774	JOÃO PARADINHA	M	40		00:44:02	00:42:55	
482	2045	FABIO FERREIRA	M	27		00:44:02	00:43:51	CRD ARRUDENSE
483	2392	TIAGO CASTRO	M	29		00:44:04	00:43:13	ACADEMIA MILITAR
484	1875	HUGO COSTA	M	34		00:44:04	00:43:29	
485	72	PAULO TRINDADE	M	39		00:44:06	00:43:54	O MUNDO DA CORRIDA
486	2421	JOAQUIM FRADE	M	58		00:44:06	00:43:56	SS CGD
487	164	JORGE MIGUEL AZENHA BERNARDO	M	41		00:44:07	00:43:45	
488	262	EDUARDA VIDIGUEIRA	F	20		00:44:08	00:43:59	ÁGUIAS DE ALPIARÇA - TRIATLO
489	1408	LUIS DE NATOS	M	59		00:44:10	00:43:41	EU E ELE
490	970	ABILIO FERNANDES	M	43		00:44:11	00:43:21	
491	887	VITOR VENDA	M	42		00:44:12	00:43:59	
492	2169	CARLOS VITORINO	M	40		00:44:13	00:43:33	JOMA
493	455	PEDRO FREITAS	M	47		00:44:14	00:44:05	
494	2396	ANTONIO RIBEIRO	M	52		00:44:15	00:43:34	GAA VILA FRANCA XIRA
495	39	NUNO CRISTÓVÃO	M	37		00:44:16	00:42:18	
496	677	MIGUEL MARQUES	M	38		00:44:16	00:43:59	
497	1816	CARLOS SA	M	44		00:44:17	00:43:56	
498	481	JOSÉ REIS	M	60		00:44:17	00:42:52	SCRD
499	1782	DAVID ALFEIRÃO RODRIGUES	M	26		00:44:19	00:42:31	ESMTC
500	395	ALEXANDRA PORTELA	F	43		00:44:22	00:44:06	ESCOLA ATLETISMO RUI SILVA
501	1852	JOAO GONCALVES	M	41		00:44:23	00:43:20	MERIDIANOS
502	780	JOAQUIM FERRÃO	M	53		00:44:23	00:44:10	G.D.C DO BANCO DE PORTUGAL
503	2382	RUI COELHO	M	23		00:44:23	00:43:54	ACADEMIA MILITAR
504	1734	PAULO MARQUES	M	37		00:44:23	00:43:33	
505	1951	PEDRO RIBEIRO	M	35		00:44:25	00:43:05	
506	289	RICARDO TAVARES	M	32		00:44:25	00:42:43	AMIGOS DO FRANCISCO
507	563	RICARDO PEREIRA	M	36		00:44:27	00:44:16	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
508	1600	LUIS PEIXOTO AMARAL	M	42		00:44:27	00:44:04	DAF
509	772	CARLOS FILIPE RODA	M	32		00:44:28	00:43:50	GD BANCO BPI
510	2380	DAVID TOSTE	M	20		00:44:28	00:44:00	ACADEMIA MILITAR
511	104	PEDRO PROENÇA	M	34		00:44:29	00:43:44	
512	2118	JOSÉ CORREIA	M	52		00:44:30	00:43:36	CLUBE GEORUNNERS
513	583	JORGE FRANCISCO	M	35		00:44:32	00:44:08	ELITE DO ASFALTO
514	411	RUI GAMA	M	43		00:44:33	00:44:12	CLUBE GBES
515	466	RUBEN SILVA	M	57		00:44:34	00:42:56	CÂMARA LISBOA CLUBE
516	2556	MANUEL FONSECA	M	49		00:44:35	00:44:17	SL CAMPOLIDE
517	188	NUNO LUCAS	M	33		00:44:35	00:42:56	PERNAS DE GAFANHOTO
518	700	HUGO PINTO	M	38		00:44:35	00:42:57	
519	1664	PEDRO MENDES	M	28		00:44:36	00:43:33	
520	87	ARTUR PAIVA FERREIRA	M	49		00:44:37	00:44:07	
521	332	MIGUEL MARQUES	M	53		00:44:41	00:44:26	
522	2202	MARISA ANTUNES	F	21		00:44:41	00:44:12	NUCLEOEIRAS
523	1504	ANTÓNIO MATIAS	M	56		00:44:43	00:43:51	COELHOS E BRITO
524	1574	PAULO COELHO	M	36		00:44:43	00:44:33	
525	349	NUNO C CARVALHO	M	30		00:44:45	00:43:50	
526	1637	GORETE P. NUNES	F	43		00:44:46	00:44:28	
527	631	ORLANDO GABRIEL DA SILVA FERREIRA	M	56		00:44:46	00:44:20	FERREIRAS
528	903	MARIO LOURENÇO	M	48		00:44:48	00:43:09	
529	410	RODRIGO ALMEIDA	M	34		00:44:50	00:43:49	CLUBE GBES
530	1948	BOGDAN SANDU	M	21		00:44:51	00:44:28	
531	944	ABÍLIO OLIVEIRA	M	48		00:44:54	00:44:35	
532	478	JOSÉ AMARO	M	54		00:44:55	00:44:50	SCRD
533	151	RUI CABEÇO	M	36		00:44:56	00:43:57	ACTIVE PEOPLE
534	2281	NUNO SABINO	M	36		00:44:57	00:43:11	AÇOREANA C BANIF
535	2529	JOAO FREIRE	M	48		00:44:57	00:43:40	GD IN CASA MOEDA
536	193	FRANCISCO MADEIRA	M	51		00:44:58	00:44:40	
537	1887	ANTERO JERÓNIMO	M	51		00:44:59	00:44:02	FALCÕES SELVAGENS
538	2073	HELDER REBELO	M	45		00:45:00	00:44:00	CR LEOES P SALVO
539	2327	NUNO BARRADAS	M	49		00:45:00	00:44:25	WIKABOO
540	2243	CARLOS ANTUNES	M	62		00:45:01	00:44:25	CA ODIMARQ
541	1638	CARLOS NUNES	M	49		00:45:02	00:44:44	
542	1487	PAULO FRANCISCO	M	49		00:45:02	00:44:30	
543	2284	PAULO FERNANDES	M	45		00:45:03	00:44:45	AÇOREANA C BANIF
544	111	SÉRGIO PIRES	M	36		00:45:03	00:44:27	VALEJAS ATLÉTICO CLUBE
545	1827	VÍTOR PEREIRA	M	26		00:45:05	00:43:33	
546	1446	EDUARDO RIBEIRO	M	46		00:45:08	00:44:47	GDCT UNICRE

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
547	1905	SERGIO HENRIQUE	M	42		00:45:09	00:44:53	ODEBRECHT B
548	1998	JOÃO MONIZ	M	18		00:45:10	00:43:28	
549	2408	ANTONIO TABORDA	M	63		00:45:10	00:44:51	SS CGD
550	287	BRUNO FRANCISCO	M	30		00:45:12	00:43:29	AMIGOS DO FRANCISCO
551	558	MAURÍCIO MARQUES	M	39		00:45:13	00:44:24	
552	2485	BART SCHOENMAKERS	M	45		00:45:14	00:44:53	GD INE
553	638	MÁRIO ANTÓNIO LIMEDE	M	25		00:45:15	00:43:44	PEPSICO PORTUGAL
554	2383	BRUNO LOPES	M	22		00:45:15	00:44:48	ACADEMIA MILITAR
555	1964	TIAGO FILIPE VARELA REIS	M	20		00:45:18	00:44:23	EQUIPA REIS
556	2171	JOSÉ VITORINO	M	41		00:45:19	00:44:38	JOMA
557	112	PAULO MOTA	M	31		00:45:20	00:44:44	VALEJAS ATLÉTICO CLUBE
558	1380	FILIPE ALMEIDA	M	32		00:45:20	00:44:18	
559	1713	VITOR J. R. LOPES	M	44		00:45:21	00:45:03	
560	2109	FERNANDO GUERREIRO	M	66		00:45:22	00:44:55	GD SÃO DOMINGOS
561	403	PAULA JACOB	F	35		00:45:22	00:44:21	CLUBE GBES
562	2340	RENATO VELEZ	M	41		00:45:23	00:44:17	WIKABOO
563	861	LUIS DE BARROS	M	43		00:45:23	00:44:52	
564	275	ARMANDO CORREIA	M	62		00:45:24	00:44:51	LESMAS ALOPRADAS
565	2111	HEITOR GOMES	M	41		00:45:27	00:44:32	CLUBE GEORUNNERS
566	1862	NUNO REIS PEREIRA	M	27		00:45:28	00:44:40	ARTCHIADO
567	2483	SERGIO PINTO	M	31		00:45:29	00:44:45	SS MONTEPIO GERAL
568	1527	FRANCISCO FERREIRA	M	31		00:45:29	00:44:33	FAT FIGHTERS
569	716	ANA SÍLVIA SOBREIRA	F	42		00:45:29	00:45:22	
570	722	ANTÓNIO INGLÊS	M	55		00:45:31	00:45:08	GRUPO ATLETAS MONSANTO-GASCAN
571	626	DOMINGOS AUGUSTO MARQUES JANELA	M	67		00:45:31	00:44:51	O MUNDO DA CORRIDA
572	288	LUIS GAMA	M	50		00:45:33	00:43:51	AMIGOS DO FRANCISCO
573	2558	MANUEL MARTINS	M	57		00:45:34	00:44:58	SL CAMPOLIDE
574	1617	RICARDO FILIPE TRINDADE SOUSA	M	36		00:45:35	00:45:13	
575	2569	JOÃO SANTOS	M	49		00:45:35	00:45:03	
576	893	DAVID SIMÃO	M	43		00:45:36	00:45:19	
577	1389	ORLANDO MARTINS	M	58		00:45:36	00:45:11	CLUBE ATLETISMO AGUALVA
578	976	ANDREIA PARENTE	F	31		00:45:37	00:44:52	
579	974	NUNO LIMA FERREIRA	M	29		00:45:38	00:44:52	
580	2036	ROSA VASSINDULA	F	39		00:45:40	00:45:29	CRD ARRUDENSE
581	2040	CIDÁLIA MARTINS	F	48		00:45:40	00:45:28	CRD ARRUDENSE
582	2515	CARLOS DINIS	M	49		00:45:41	00:45:30	C MILLENNIUN BCP
583	720	CARLOS FORTUNATO	M	51		00:45:42	00:45:27	GRUPO ATLETAS MONSANTO-GASCAN
584	920	FERNANDO SANTOS	M	55		00:45:42	00:45:22	DESPORTIVO OPERARIO DO RANGEL
585	2583	MANUEL J M S MARRAFA	M	48		00:45:43	00:44:41	CVP

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
586	320	PEDRO SANTOS	M	33		00:45:43	00:44:13	PERNAS DE GAFANHOTO
587	1388	JOÃO SAMCHES	M	51		00:45:44	00:45:18	CLUBE ATLETISMO AGUALVA
588	2487	CARLOS SANTOS	M	44		00:45:46	00:45:24	GD INE
589	2264	FAUSTO ISAAC	M	44		00:45:47	00:44:01	AÇOREANA C BANIF
590	2085	JORGE FONSECA	M	35		00:45:47	00:45:12	GDR MANIQUE CIMA
591	210	SARA TENRINHO	F	20		00:45:48	00:45:39	ÁGUIAS DE ALPIARÇA - TRIATLO
592	279	SÓNIA COSTA	F	32		00:45:48	00:44:56	COSTA TAVARES
593	2553	RUI RODRIGUES	M	48		00:45:50	00:45:27	SL CAMPOLIDE
594	2063	MANUELA FOLGADO	F	63		00:45:50	00:45:39	CR LEOES P SALVO
595	2436	TIAGO AVELÃS	M	38		00:45:51	00:44:44	SS CGD
596	977	FILIPA FARINHA	F	30		00:45:52	00:45:12	OPTICALIA RUNNING TEAM
597	979	TIAGO FERREIRA	M	35		00:45:52	00:45:11	OPTICALIA RUNNING TEAM
598	582	VITOR NOBRE	M	40		00:45:54	00:45:26	ELITE DO ASFALTO
599	1604	BRUNO AMARO	M	34		00:45:54	00:44:25	
600	491	RUI RODOLFO GOMES	M	31		00:45:54	00:44:39	
601	2291	LUIS MATOS	M	47		00:45:55	00:45:27	GD IN CASA MOEDA
602	581	PAULO DE CARVALHO	M	45		00:45:55	00:45:31	ELITE DO ASFALTO
603	2139	GILBERTO MORAIS	M	58		00:45:55	00:45:52	INGLESES FC
604	175	FERNANDO CONCEIÇÃO	M	44		00:45:56	00:44:56	CEFA-MARINHA 3
605	916	JOAQUIM NEIVA	M	70		00:45:58	00:45:49	DESPORTIVO OPERARIO DO RANGEL
606	2495	FERNANDO RODRIGUES	M	49		00:45:59	00:44:57	C MILLENNIUN BCP
607	452	LICINIO SIMÕES	M	31		00:45:59	00:45:12	ATOMIC TEAM
608	1854	RÚBEN COSTA	M	22		00:46:00	00:45:31	CLUBE ROBBIALAC
609	2301	EDUARDO MARQUES	M	43		00:46:00	00:45:55	A BOLA
610	2141	FERNANDO MARQUES	M	64		00:46:01	00:45:55	INGLESES FC
611	2314	CARLOS CARVALHO	M	43		00:46:01	00:45:13	RB RUNNING
612	1379	PEDRO PIMENTA	M	34		00:46:02	00:45:01	
613	167	NUNO GRAÇA	M	34		00:46:05	00:44:05	CEFA-MARINHA
614	2450	JACINTO PEREIRA	M	56		00:46:07	00:45:44	LIS RUNNING
615	278	PEDRO TAVARES	M	33		00:46:11	00:45:19	COSTA TAVARES
616	2505	ANTONIO ALMEIDA	M	47		00:46:11	00:45:38	C MILLENNIUN BCP
617	2519	PEDRO SA	M	41		00:46:11	00:45:39	C MILLENNIUN BCP
618	520	ANTONIO VELOSO	M	42		00:46:12	00:45:39	CCD PM CASCAIS
619	679	PEDRO MAIA	M	34		00:46:13	00:45:34	
620	857	ROGERIO JARDIM	M	33		00:46:13	00:44:46	
621	945	ISABEL SANTOS	F	44		00:46:16	00:46:08	FEDERAÇÃO FAMÍLIA PAZ MUNDIAL
622	163	LUIS TAVARES	M	43		00:46:17	00:45:50	
623	252	IDALÉCIO BARROS	M	59		00:46:17	00:46:05	
624	1420	PAULO MATEUS	M	48		00:46:19	00:45:45	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
625	2025	HENRIQUE SANTOS	M	60		00:46:20	00:46:10	CF OS BELENENSES
626	2102	JOSÉ LUIS	M	49		00:46:22	00:45:49	GD SÃO DOMINGOS
627	2097	ROSÁRIO MORGADO	F	39		00:46:22	00:45:47	GD SÃO DOMINGOS
628	2292	ANTONIO GRANCHO	M	45		00:46:22	00:44:30	SONAE
629	1641	CARLOS MANUEL DA SILVA CAEIRO	M	59		00:46:25	00:46:06	
630	2289	TAM AFONSO	M	61		00:46:26	00:46:14	AÇOREANA C BANIF
631	2280	NUNO GAMEIRO	M	33		00:46:28	00:44:41	AÇOREANA C BANIF
632	968	ALEXANDRE ABADE	M	40		00:46:28	00:44:42	
633	53	DOMINGOS NETO	M	55		00:46:29	00:45:54	CDM
634	1924	CLAUDIO GONCALVES	M	31		00:46:30	00:46:05	
635	510	CARLOS SILVA	M	48		00:46:30	00:46:05	
636	1822	JOSÉ ROBALO	M	59		00:46:31	00:46:28	
637	766	ANGELO MIGUEL PEREIRA RIBEIRO	M	29		00:46:33	00:45:38	
638	1553	CARLOS LOURENÇO	M	45		00:46:33	00:41:30	
639	1749	JOSE PEDRO RIBEIRO	M	33		00:46:34	00:45:49	
640	2478	RICARDO DIAS	M	40		00:46:35	00:46:12	SS MONTEPIO GERAL
641	2332	MILTON MELO	M	35		00:46:35	00:45:40	WIKABOO
642	2115	RUI PIRES	M	47		00:46:38	00:45:42	CLUBE GEORUNNERS
643	587	FERNANDO VICENTE	M	53		00:46:39	00:46:34	
644	588	JOÃO VARÃO	M	18		00:46:39	00:46:32	
645	516	ALBERTO ABREU	M	46		00:46:40	00:45:41	CCD PM CASCAIS
646	676	CARLOS PIRES	M	39		00:46:40	00:45:51	
647	308	ANDRÉ TAVARES	M	24		00:46:42	00:46:03	FARIA E NAVALHA
648	309	FERNANDO FARIA	M	33		00:46:43	00:46:05	FARIA E NAVALHA
649	741	JOAQUIM EPIMÉNIO OLIVEIRA	M	47		00:46:45	00:46:25	CLUBE EDP - LISBOA
650	2251	JOÃO LANÇA	M	20		00:46:46	00:45:48	SL BENFICA
651	174	SANDRA CONCEIÇÃO	F	33		00:46:46	00:45:45	CEFA-MARINHA 3
652	1541	JOÃO JOSÉ FERNANDES	M	32		00:46:47	00:45:40	
653	380	JOÃO PEREIRA	M	46		00:46:49	00:46:25	
654	2334	SANDRA TEIXEIRA	F	41		00:46:53	00:46:18	WIKABOO
655	572	INÊS VILA LUZ	F	20		00:46:54	00:45:19	VILA LUZ TEAM
656	1657	JORGE OLIVEIRA	M	56		00:46:55	00:46:35	MENTE TRAQUINA
657	2538	JOSE L NOBRE	M	50		00:46:56	00:46:37	SFUAP
658	2224	ANSELMO BARATA	M	55		00:46:56	00:45:40	NUCLEOEIRAS
659	2204	Mª JESUS VARELA	F	51		00:46:59	00:46:55	NUCLEOEIRAS
660	245	CRISTINA RIOS	F	39		00:47:00	00:47:00	COMO TAMOS PAULINHA?!
661	2438	VITOR BARATA	M	54		00:47:00	00:46:22	SS CGD
662	270	DANIEL REVES	M	18		00:47:03	00:46:12	LESMAS ALOPRADAS
663	2262	ARMANDO PARREIRA	M	45		00:47:03	00:46:11	AÇOREANA C BANIF

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
664	2039	ZULMIRA BELO	F	46		00:47:04	00:46:52	CRD ARRUDENSE
665	1447	GONÇALO OLIVEIRA	M	51		00:47:04	00:46:43	GDCT UNICRE
666	1558	PEDRO RUAS	M	34		00:47:05	00:46:13	
667	1531	FÁBIO VICTORINO	M	25		00:47:06	00:45:37	OS BOLT
668	1486	PAULO GOMES	M	48		00:47:06	00:46:33	
669	1896	TIAGO CARDOSO	M	32		00:47:08	00:46:53	ODEBRECHT
670	437	RUI GASPAR	M	56		00:47:08	00:46:36	
671	37	FERNANDO CRISTÓVÃO	M	45		00:47:11	00:45:14	
672	1373	JOSÉ AGAPITO	M	50		00:47:11	00:46:13	
673	2022	FILIPE NEVES	M	45		00:47:12	00:45:46	CF OS BELENENSES
674	272	JOAO REVEZ	M	41		00:47:12	00:46:21	LESMAS ALOPRADAS
675	2010	JOSÉ NASCIMENTO	M	49		00:47:13	00:46:31	CA GALINHEIRAS
676	1609	PEDRO VIEGAS	M	33		00:47:13	00:45:35	
677	1665	NUNO DAMIÃES	M	32		00:47:15	00:45:41	
678	155	JOÃO PINTO	M	52		00:47:16	00:46:53	GRUPO ATLETAS MONSANTO-GASCAN
679	987	FILIPE SÁ	M	42		00:47:17	00:46:29	VILA FRIA/JG SEGUROS
680	384	MARCOS NORITAKE	M	47		00:47:17	00:46:55	
681	576	JOSÉ MIRANDA	M	48		00:47:17	00:46:11	
682	529	NUNO ALMEIDA	M	41		00:47:17	00:46:56	CCD PM CASCAIS
683	790	ROGERIO SILVA	M	49		00:47:17	00:47:03	
684	45	LILIANA ALEXANDRE	F	22		00:47:21	00:47:07	CASA DO BENFICA TORRES VEDRAS
685	52	JORGE PAULINO	M	57		00:47:21	00:46:46	CDM
686	2451	LUIS ALMEIDA	M	52		00:47:22	00:47:17	LIS RUNNING
687	733	ALEXANDRE MARTINS	M	32		00:47:22	00:46:18	
688	490	ISAÍAS PEDRO	M	31		00:47:23	00:46:32	ASSOCIAÇÃO JORGE PINA
689	1844	PAULO ORNELAS FLOR	M	36		00:47:25	00:45:29	
690	1682	SUSANA MELO JORGE	F	20		00:47:27	00:46:58	MENTE TRAQUINA
691	998	MIGUEL BRAZ FRADE	M	23		00:47:28	00:45:59	OS BOLT
692	1557	JOSÉ ANDRÉ MOURA	M	47		00:47:29	00:46:17	
693	1814	HUGO TAVARES	M	36		00:47:29	00:46:55	
694	527	MARIA JOSE POLICARPO	F	40		00:47:33	00:47:13	CCD PM CASCAIS
695	41	BRUNO LOUREIRO	M	39		00:47:33	00:46:17	OS LOUREIROS
696	1543	INES PARENTE	F	38		00:47:34	00:47:21	SONAE
697	1544	JOSE CAVACO	M	53		00:47:34	00:47:21	SONAE
698	1496	CARLOS ALEXANDRE LAPA SIMÕES	M	34		00:47:34	00:47:01	
699	1384	PAULO LILAIA	M	48		00:47:35	00:46:49	
700	1571	PAULO PLANCHE	M	37		00:47:36	00:45:47	
701	621	MIGUEL AMARAL FONSECA	M	38		00:47:37	00:46:18	
702	620	PEDRO SOARES	M	36		00:47:37	00:46:17	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
703	836	ANTÓNIO JACINTO	M	48		00:47:38	00:45:53	CORRER POR GOSTO
704	1921	PAULA VENTURA	F	42		00:47:41	00:47:02	CLUBE ATLÉTICO DAS PATAMEIRAS
705	2293	MIGUEL G MAMEDE	M	25		00:47:42	00:45:54	SONAE
706	1742	RUI COSTA	M	27		00:47:42	00:47:31	
707	2116	MÁRIO J SILVA	M	48		00:47:43	00:46:49	CLUBE GEORUNNERS
708	508	JOÃO ANTUNES	M	44		00:47:44	00:47:30	
709	1977	JOAQUIM GAVANCHA SILVA	M	45		00:47:44	00:45:57	ADCRPJ
710	1640	PEDRO CABRAL	M	34		00:47:47	00:47:13	
711	912	SÉRGIO CASTANHO	M	40		00:47:47	00:47:32	GRUPO VESAUTO
712	2462	JORGE SOUSA	M	40		00:47:48	00:47:24	SS MONTEPIO GERAL
713	538	JESUS MANUEL JORGE	M	40		00:47:50	00:47:14	SOBRALPISO
714	892	SÉRGIO GONÇALVES	M	35		00:47:51	00:46:43	OS QUEBRA-MILHAS
715	537	MÁRIO JOSÉ ALVES	M	40		00:47:52	00:47:17	SOBRALPISO
716	835	LEONEL PIRES	M	69		00:47:52	00:47:00	
717	423	JOÃO MANUEL SIMÕES	M	51		00:47:53	00:47:06	CLUBE GBES
718	448	BRUNO COIMBRA	M	35		00:47:53	00:45:47	ATOMIC TEAM
719	2140	MÁRIO BRANQUINHO	M	59		00:47:54	00:47:23	INGLESES FC
720	1511	MIGUEL BERMONTE	M	37		00:47:55	00:46:49	SONAE
721	2042	FERNANDA NUNES	F	57		00:47:55	00:47:42	CRD ARRUDENSE
722	1705	JOAO PAULO ALMEIDA	M	46		00:47:56	00:47:07	
723	931	PEDRO GONÇALVES	M	59		00:47:57	00:47:24	
724	1501	NUNO MIGUEL BATISTA MARTINS	M	41		00:47:57	00:47:10	
725	1944	JOSÉ FREITAS	M	35		00:47:58	00:46:54	ÁGUAS LIVRES DE CANEÇAS
726	471	PEDRO GONÇALVES	M	32		00:47:59	00:46:37	CCD TRANQUILIDADE
727	1967	PEDRO LUCAS	M	35		00:47:59	00:47:09	
728	2133	PEDRO RIBEIRO	M	41		00:48:00	00:47:52	INGLESES FC
729	1525	PEDRO SILVA	M	36		00:48:01	00:47:02	
730	1740	GONÇALO JOSÉ BOTELHO VASCONCELOS RAPOSO	M	27		00:48:01	00:47:00	
731	2055	ALEXANDRA SILVA	F	37		00:48:03	00:47:31	CR LEOES P SALVO
732	224	ANDRE GIRBAL	M	35		00:48:03	00:47:45	
733	2304	JOSE VAZ	M	55		00:48:04	00:47:27	CLUBE ANACOM
734	1976	ISABEL RODRIGUES	F	42		00:48:05	00:47:28	ADCRPJ
735	534	TANIA VALENTIM	F	31		00:48:05	00:47:46	CCD PM CASCAIS
736	1561	LUIS AMARAL	M	47		00:48:06	00:47:55	
737	1529	PEDRO SERRA	M	37		00:48:07	00:47:29	
738	1634	JOÃO CONDUTO	M	27		00:48:07	00:46:56	ATAQUEDOSSESQUILOS
739	1602	BRUNO MACIEL	M	30		00:48:07	00:47:43	DAF
740	241	LUIS FERREIRA	M	42		00:48:08	00:46:56	HAVI LOGISTICS
741	239	CLAÚDIO ABREU	M	35		00:48:08	00:46:56	HAVI LOGISTICS

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
742	419	BRUNO RODRIGUES	M	29		00:48:08	00:46:10	
743	1945	NUNO FREITAS	M	34		00:48:08	00:47:05	ÁGUAS LIVRES DE CANEÇAS
744	1823	JOSE LUIS DOS SANTOS CORREIA	M	54		00:48:09	00:48:01	
745	2367	GABRIEL MAIA	M	20		00:48:11	00:47:46	ACADEMIA MILITAR
746	2365	MIGUEL GONÇALVES	M	19		00:48:12	00:47:49	ACADEMIA MILITAR
747	2377	PHILPPE AZEVEDO	M	21		00:48:12	00:47:48	ACADEMIA MILITAR
748	2366	DIOGO FERREIRA	M	19		00:48:12	00:47:48	ACADEMIA MILITAR
749	2364	PEDRO MAIO	M	20		00:48:12	00:47:49	ACADEMIA MILITAR
750	2369	AMERICO PEREIRA	M	19		00:48:12	00:47:47	ACADEMIA MILITAR
751	2368	RAFAEL VISITAO	M	19		00:48:12	00:47:48	ACADEMIA MILITAR
752	2373	PEDRO DIAS	M	20		00:48:13	00:47:48	ACADEMIA MILITAR
753	2359	HENRIQUE SILVA	M	19		00:48:13	00:47:47	ACADEMIA MILITAR
754	2376	JOAO SEMEDO	M	21		00:48:13	00:47:48	ACADEMIA MILITAR
755	2372	JOSE DUARTE	M	20		00:48:13	00:47:48	ACADEMIA MILITAR
756	2351	PEDRO FERREIRA	M	21		00:48:13	00:47:42	ACADEMIA MILITAR
757	2361	FILIPE PAULINO	M	20		00:48:13	00:47:43	ACADEMIA MILITAR
758	2371	ANDRE QUEIRÓS	M	21		00:48:13	00:47:49	ACADEMIA MILITAR
759	2355	JOAO RIBEIRO	M	18		00:48:14	00:47:43	ACADEMIA MILITAR
760	2352	BERNARDO PINHO	M	20		00:48:14	00:47:47	ACADEMIA MILITAR
761	2357	MAURO DANTAS	M	19		00:48:14	00:47:43	ACADEMIA MILITAR
762	2370	ANDRE LOURENÇO	M	19		00:48:14	00:47:50	ACADEMIA MILITAR
763	2375	MIGUEL TEIXEIRA	M	20		00:48:14	00:47:48	ACADEMIA MILITAR
764	2374	RUI PINTO	M	19		00:48:14	00:47:50	ACADEMIA MILITAR
765	1537	JOSÉ CIPRIANO HILÁRIO CARDOSO	M	53		00:48:16	00:46:40	PENDURAS DA TORRE
766	82	MANUEL NASCIMENTO	M	57		00:48:16	00:47:18	C.A. AMIGOS PARQUE DA PAZ
767	2477	PEDRO C ALVES	M	37		00:48:16	00:46:23	SS MONTEPIO GERAL
768	323	JOSÉ CECÍLIO	M	41		00:48:17	00:47:13	
769	1973	LUIS COCCO	M	45		00:48:19	00:47:15	
770	1495	VICTOR ROCHA	M	54		00:48:20	00:46:55	
771	640	EDUARDO RIBEIRO	M	29		00:48:22	00:46:55	INFOSISTEMA RUNNING TEAM
772	277	JOAQUIM SECO	M	44		00:48:22	00:47:44	
773	993	ANDRÉ MENDONÇA	M	30		00:48:23	00:47:51	
774	1615	JOÃO AZEVEDO E SILVA	M	30		00:48:24	00:47:24	OS AMIGOS DA KIKA
775	1654	JERONIMO CAVALEIRO	M	45		00:48:24	00:46:45	MENTE TRAQUINA
776	1576	ANTÓNIO PEREIRA	M	40		00:48:25	00:47:53	KAMARROS
777	1492	CLÁUDIA LORENA FERREIRA	F	47		00:48:26	00:47:55	
778	664	MIGUEL NUNO CHAVES	M	43		00:48:27	00:47:45	
779	827	FERNANDO M FERNANDES	M	44		00:48:27	00:47:50	
780	113	GERMANO LOURO	M	31		00:48:27	00:47:54	VALEJAS ATLÉTICO CLUBE

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
781	96	JOÃO REIS	M	49		00:48:27	00:47:52	VALEJAS ATLÉTICO CLUBE
782	186	PEDRO PIRES	M	33		00:48:27	00:46:45	
783	2582	Mª ALEXANDRA ALVES	F	43		00:48:30	00:47:28	CVP
784	666	JOÃO VILA LUZ	M	19		00:48:31	00:48:08	VILA LUZ TEAM
785	957	JOAQUIM LEOMARO	M	57		00:48:32	00:47:11	
786	710	PEDRO CARVALHO	M	39		00:48:33	00:48:09	
787	1727	FÁBIO MALHOA	M	28		00:48:34	00:46:32	
788	439	MARCO LOPES	M	31		00:48:35	00:47:52	OS KENIANOS DO FEIJÓ
789	1704	AUGUSTO CARIA	M	61		00:48:37	00:48:18	
790	2215	TIAGO DIAS	M	36		00:48:37	00:47:56	NUCLEOEIRAS
791	1725	MARINA DOMINGUES	F	31		00:48:37	00:48:05	
792	650	JOÃO MARQUES	M	39		00:48:37	00:46:54	RESTAURANTEOCARTAXEIRO-CANEÇAS
793	2442	SARA LOUREIRO	F	25		00:48:38	00:47:13	SC CASAINHOS
794	2309	FERNANDO SILVA	M	49		00:48:38	00:48:09	A VALE SILENCIO
795	2120	JOSÉ SIMÕES	M	57		00:48:38	00:47:11	CLUBE GEORUNNERS
796	854	JOSÉ BELEM	M	52		00:48:38	00:47:46	3C&FRIENDS
797	1514	BO IRIK	M	25		00:48:38	00:48:01	SONAE
798	611	VASCO NASCIMENTO	M	28		00:48:39	00:46:28	RUGBY CLUBE DE OEIRAS
799	675	BRUNO SILVA	M	27		00:48:40	00:47:24	PAI & FILHO
800	2266	FRANCISCO PEREIRA	M	46		00:48:41	00:48:00	AÇOREANA C BANIF
801	2268	HUGO SOUSA	M	37		00:48:41	00:47:59	AÇOREANA C BANIF
802	2272	ANA LOPES	F	36		00:48:42	00:48:03	AÇOREANA C BANIF
803	1885	JOAO GUERREIRO	M	43		00:48:43	00:48:05	SERLIMA
804	2447	JORGE LOURENÇO	M	20		00:48:43	00:47:17	SC CASAINHOS
805	877	VASCO PAIXÃO	M	29		00:48:44	00:47:39	XXXXXXXXXX
806	1424	FERNANDO MOURA	M	52		00:48:45	00:48:36	
807	1956	SÉRGIO SALVADO	M	37		00:48:46	00:47:43	
808	276	ALBINO DE SOUSA FERREIRA	M	49		00:48:46	00:48:24	LESMAS ALOPRADAS
809	2076	ANTÓNIO MURTEIRA	M	45		00:48:47	00:48:19	CR LEOES P SALVO
810	1925	ALEXANDRE SANTOS	M	42		00:48:47	00:48:22	
811	1763	RICARDO MARQUES	M	25		00:48:47	00:47:53	
812	1853	RAÚL COSTA	M	53		00:48:47	00:48:21	CLUBE ROBBIALAC
813	762	FERNANDA FIGUEIREDO	F	42		00:48:48	00:48:20	
814	868	ANTONIO TRIGUEIRO	M	41		00:48:48	00:47:58	
815	1616	ANTÓNIO GORGULHO	M	27		00:48:49	00:47:47	OS AMIGOS DA KIKA
816	1702	MARIO PEREIRA	M	33		00:48:49	00:48:43	SONAE
817	1958	SANTIAGO GONZÁLEZ ANDÚJAR	M	42		00:48:51	00:47:13	
818	290	NOÉMIA MONTEIRO	F	38		00:48:52	00:48:18	CLUBE DO STRESS
819	229	JOÃO MIGUEL MORADIAS	M	44		00:48:53	00:48:11	VALADARES

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
820	657	JORGE FIGUEIRA	M	37		00:48:55	00:48:11	AMIGOS 4RUN
821	541	ANDRÉ DIOGO PAIS CARREIRO	M	33		00:48:58	00:48:52	PEPSICO PORTUGAL
822	2591	ALFREDO J L COSTA	M	31		00:48:58	00:46:45	BORN
823	55	PEDRO SANTOS	M	37		00:48:59	00:47:30	
824	2547	ABILIO TAVARES	M	58		00:49:00	00:48:29	INDIVIDUAL
825	690	BRUNO LOUÇÃO	M	32		00:49:01	00:48:01	JUST RUN - SETUBAL
826	1848	JOÃO MANUEL DE SEIA BARROS	M	40		00:49:02	00:48:26	
827	2498	PEDRO FONTES	M	48		00:49:02	00:48:24	C MILLENNIUN BCP
828	1735	PAULO SIMOES	M	35		00:49:03	00:48:14	
829	369	DANIEL RODRIGUES	M	33		00:49:03	00:47:43	CLUBE ROBBIALAC
830	526	JULIO MEIRELES	M	61		00:49:04	00:48:29	CCD PM CASCAIS
831	708	RUI ARAUJO	M	55		00:49:05	00:47:27	
832	472	MIGUEL MATOS	M	43		00:49:05	00:48:03	CCD TRANQUILIDADE
833	1405	SÍLVIO ROMÃO	M	32		00:49:06	00:47:28	
834	2503	PEDRO MARTINS	M	34		00:49:06	00:48:11	C MILLENNIUN BCP
835	2119	ANTÓNIO CORREIA	M	54		00:49:06	00:47:05	CLUBE GEORUNNERS
836	2344	BRUNO SANTOS	M	19		00:49:07	00:48:42	ACADEMIA MILITAR
837	420	NUNO ANASTÁCIO	M	34		00:49:07	00:47:17	
838	1500	PAULO FONSECA	M	38		00:49:08	00:48:16	
839	454	CARLOS POMBEIRO	M	33		00:49:08	00:48:19	ATOMIC TEAM
840	404	PAULO GONÇALVES	M	45		00:49:08	00:47:25	CLUBE GBES
841	1996	ANDRÉ VAZ	M	28		00:49:09	00:47:30	PERNAS DE GAFANHOTO
842	2413	EGIDIO SILVA	M	50		00:49:09	00:48:21	SS CGD
843	1548	HUGO FIGUEIREDO	M	29		00:49:10	00:47:08	
844	1429	GONÇALO MIGUEL	M	38		00:49:11	00:48:00	
845	1401	SEBASTIÃO GUERRA	M	28		00:49:11	00:47:45	
846	56	RUI BARBOSA	M	42		00:49:11	00:47:43	CLUBE VODAFONE
847	681	CARLOS FOLGADO SANTOS	M	53		00:49:11	00:48:14	
848	344	VITOR REVEZ	M	54		00:49:12	00:48:12	GRD RIBEIRA LAGE
849	363	MIGUEL GAIVÃO	M	52		00:49:13	00:48:49	
850	1402	EVARISTO CUTILEIRO	M	31		00:49:13	00:47:46	
851	870	RUI AMARAL PINTO	M	61		00:49:14	00:48:57	
852	1491	PEDRO FARIA	M	20		00:49:15	00:48:37	FMUL
853	2537	MARIO ALVES	M	58		00:49:17	00:47:20	SFUAP
854	2325	JOSE VALENTIM	M	60		00:49:17	00:49:14	C FERROV PORTUGAL
855	1707	ADRIANO CUNHA	M	59		00:49:17	00:48:32	
856	539	CARLOS AUGUSTO PESSOA	M	46		00:49:18	00:47:46	SOBRALPISO
857	876	BRUNO PAIXÃO	M	29		00:49:20	00:48:15	XXXXXXXXXX
858	70	PAULO LOPES	M	45		00:49:20	00:48:01	CASA DO BENFICA NO SEIXAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
859	2574	CECÍLIA NICOLAU	F	46		00:49:21	00:47:37	
860	1510	JORGE PASSOS	M	42		00:49:23	00:47:35	
861	2446	MANUEL BENTO	M	37		00:49:23	00:48:50	SC CASAINHOS
862	1508	JOÃO CARVALHO	M	33		00:49:24	00:47:46	
863	2156	CATIA SERODIO	F	34		00:49:24	00:49:24	JOMA
864	904	FILIPPE DUARTE MARQUES	M	37		00:49:26	00:48:29	MITCH TEAM - SANTA CRUZ
865	2009	JOÃO CARDOSO	M	41		00:49:28	00:48:41	AM ATIBA
866	1978	NUNO MIGUEL FERREIRIM CARNEIRO	M	40		00:49:28	00:47:41	ADCRPJ
867	2071	LUIS DAMIÃO	M	44		00:49:28	00:47:40	CR LEÕES P SALVO
868	2338	PEDRO CUNHA	M	37		00:49:29	00:47:39	WIKABOO
869	431	VITOR MORAIS	M	55		00:49:31	00:48:16	
870	2541	JOSE HILARIO	M	54		00:49:31	00:47:59	INDIVIDUAL
871	63	PEDRO MANUEL CAETANO	M	46		00:49:31	00:48:30	
872	2335	JOSE BONITO	M	42		00:49:31	00:49:31	WIKABOO
873	2278	NELSON MOTA	M	43		00:49:31	00:48:37	AÇOREANA C BANIF
874	65	MARCO PAULO PINTO CORREIA	M	33		00:49:32	00:48:35	
875	413	SERGIO EIRA	M	41		00:49:33	00:47:48	CLUBE GBES
876	2108	ANIBAL CARVALHO	M	62		00:49:33	00:47:41	GD SÃO DOMINGOS
877	863	RICHARD A A WARRELL	M	38		00:49:33	00:48:57	SONAE
878	756	PEDRO NUNES	M	38		00:49:34	00:49:02	ASSOCIAÇÃO GD ACADEMIA KORPO
879	198	VITOR MARTINS	M	54		00:49:35	00:48:27	CLUBE RECREATIVO DO PENTEADO
880	777	JOSÉ CARLOS VERMELHUDO AMARAL	M	41		00:49:35	00:47:48	
881	200	MASAYUKI KIBE	M	34		00:49:36	00:48:21	OMOTENASHI
882	2407	ANTONIO NEGRINHO	M	49		00:49:36	00:48:13	SS CGD
883	31	MANUEL ESCALONA	M	41		00:49:37	00:48:09	
884	1417	LUÍS ZÊZERE	M	37		00:49:39	00:49:20	CCD CRÉDITO AGRÍCOLA MÚTUO
885	2561	VITOR AGUILAR	M	63		00:49:39	00:49:00	RUN 4 FUN
886	1414	MIGUEL VINAGRE	M	37		00:49:40	00:49:21	CCD CRÉDITO AGRÍCOLA MÚTUO
887	426	JOÃO TOMÁS	M	29		00:49:40	00:47:59	CLUBE GBES
888	644	ANTÓNIO TEIXEIRA DUARTE	M	51		00:49:41	00:49:09	CLUBE DO STRESS
889	1421	RUI ALMEIDA	M	36		00:49:41	00:49:29	
890	753	NUNO PAISANA	M	41		00:49:42	00:49:09	ASSOCIAÇÃO GD ACADEMIA KORPO
891	274	PAULO ANTUNES	M	45		00:49:42	00:49:01	LESMAS ALOPRADAS
892	358	TIAGO FREITAS	M	31		00:49:43	00:48:00	AFO
893	356	RUI HENRIQUES	M	26		00:49:43	00:48:01	AFO
894	619	JOÃO BATISTA	M	56		00:49:45	00:49:09	G.D.C DO BANCO DE PORTUGAL
895	1835	MANUEL JOAQUIM DA SILVA DIAS	M	46		00:49:45	00:48:08	
896	374	JORGE PINTO	M	43		00:49:45	00:49:17	CLUBE ROBBIALAC
897	2427	MIGUEL REIS	M	37		00:49:45	00:48:22	SS CGD

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
898	1769	NUNO JERÓNIMO	M	35		00:49:46	00:48:28	
899	2560	DEOLINDA SOUSA	F	64		00:49:46	00:49:01	SL CAMPOLIDE
900	2428	NUNO TAVARES	M	45		00:49:46	00:48:34	SS CGD
901	978	SÉRGIO GALÓ	M	33		00:49:48	00:49:08	OPTICALIA RUNNING TEAM
902	62	FERNANDO BASTOS CARRILHO	M	56		00:49:50	00:48:49	
903	1595	CARLOS SEMIDE	M	39		00:49:52	00:48:19	
904	1897	MANUEL PAULO	M	56		00:49:54	00:49:41	ODEBRECHT
905	1387	HUGO ARAUJO	M	33		00:49:55	00:48:18	
906	627	TIAGO ARVELOS	M	23		00:49:59	00:49:06	CEFA-MARINHA
907	1736	STEVEN DUNLOP	M	40		00:49:59	00:48:38	
908	1386	PEDRO BARRIAS	M	31		00:50:00	00:48:10	ROUND TABLE RUNNING TEAM
909	165	PARREIRINHA SANTANA	M	23		00:50:00	00:49:07	CEFA-MARINHA 3
910	1378	RUI VIEITAS	M	37		00:50:01	00:49:03	MITCH TEAM - SANTA CRUZ
911	737	PAULO BORGES	M	45		00:50:01	00:48:21	
912	377	JOSÉ ANTÓNIO CRUZ	M	41		00:50:02	00:47:55	
913	1784	FABIO PARETO DE CICCO	M	41		00:50:03	00:48:14	ESMTC
914	2245	SORAIA ARMANDO	F	24		00:50:05	00:49:57	SC REBOLEIRA DAMAIA
915	295	PAULO GONÇALVES	M	41		00:50:06	00:49:00	
916	948	NORBERTO MARQUES	M	42		00:50:07	00:48:41	RUNNING OF Dª MARIA
917	79	AMÍLCAR PÓVOA	M	67		00:50:08	00:49:57	C.A. AMIGOS PARQUE DA PAZ
918	1400	PEDRO JOEL BARRELA	M	41		00:50:08	00:48:57	GD BANCO BPI
919	2584	ODETE FRUCTOSO	F	47		00:50:09	00:49:06	CVP
920	2497	CARLOS JANELA	M	57		00:50:09	00:49:26	C MILLENNIUN BCP
921	908	RUI ANTUNES	M	39		00:50:09	00:49:24	
922	64	JOAQUIM FERNANDO CARVALHO ALGARVIO	M	40		00:50:10	00:49:13	
923	2282	NUNO SILVA	M	37		00:50:12	00:49:44	AÇOREANA C BANIF
924	1643	JOAO TEIXEIRA	M	44		00:50:12	00:48:38	
925	1642	PAULO PADRAO	M	45		00:50:12	00:48:38	
926	2587	JOÃO RODRIGUES	M	46		00:50:13	00:49:43	
927	32	JOSÉ CARLOS SUBTIL	M	41		00:50:14	00:48:46	
928	255	NUNO LOUREIRO	M	47		00:50:15	00:49:31	FALCÕES SELVAGENS
929	66	RUI XAVIER	M	46		00:50:16	00:50:00	CLUBE EDP - LISBOA
930	150	FILIPE PAIXÃO	M	40		00:50:16	00:49:10	ACTIVE PEOPLE
931	2113	RICARDO LEAL	M	44		00:50:16	00:49:19	CLUBE GEORUNNERS
932	2435	RUI SANTOS	M	46		00:50:16	00:48:55	SS CGD
933	965	LUIS MUCHACHO	M	40		00:50:17	00:48:37	
934	1506	MARIO RAMOS	M	58		00:50:18	00:48:42	APOGMA
935	924	JOAO NABAIS	M	51		00:50:19	00:48:14	
936	1372	LUIS MIGUEL SILVA NEVES CALHEIROS	M	39		00:50:19	00:49:08	GD BANCO BPI

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
937	246	LUIS VIANA	M	48		00:50:19	00:49:30	COMO TAMOS PAULINHA?!
938	453	FILIPA RELVAS	F	26		00:50:20	00:49:33	ATOMIC TEAM
939	926	JOSE FRANCISCO VERAS	M	53		00:50:20	00:48:14	
940	821	JOAQUIM GAMITO	M	52		00:50:24	00:49:31	
941	486	JOÃO NUNO MATOS	M	18		00:50:24	00:49:33	ASSOCIAÇÃO JORGE PINA
942	1975	JOAO PEDRO DA CRUZ COSTA	M	42		00:50:26	00:48:39	ADCRPJ
943	1974	ULISSES VALAS	M	40		00:50:26	00:48:39	ADCRPJ
944	792	JOÃO DIAS	M	48		00:50:26	00:50:20	
945	67	ANTONIO MANUEL DOMINGUES	M	57		00:50:27	00:48:59	
946	1962	LUIS AMORIM	M	44		00:50:29	00:49:36	
947	38	JOSE CARLOS PEREIRA	M	43		00:50:29	00:48:31	
948	331	LUÍS MATOS	M	44		00:50:29	00:49:30	
949	906	PEDRO RODRIGUES	M	43		00:50:30	00:49:02	
950	449	RAFAEL FERNANDES	M	29		00:50:31	00:49:40	ATOMIC TEAM
951	125	LUÍS RICARDO	M	40		00:50:31	00:49:37	GD CIMPOR & AMIGOS
952	1801	ETELVINA VIDAL	F	45		00:50:31	00:49:50	
953	2409	BRUNO COSTA	M	40		00:50:32	00:49:26	SS CGD
954	1947	ANDRÉ MIGUEL ALMEIDA SANTOS	M	20		00:50:33	00:50:11	
955	2573	MIGUEL CASTELA	M	43		00:50:33	00:48:49	
956	383	JOSÉ ALÍPIO	M	43		00:50:35	00:49:41	
957	85	NUNO ROSMANINHO	M	37		00:50:35	00:48:37	WPP ROAD RUNNERS
958	1412	JOAO COSTA	M	29		00:50:38	00:49:56	
959	477	CARLOS CORREIA	M	49		00:50:38	00:49:58	SCRD
960	484	BENTO GALAMBA	M	47		00:50:38	00:49:58	SCRD
961	1426	MANUEL	M	57		00:50:39	00:48:59	
962	283	PAULO AH QUIN	M	34		00:50:39	00:48:58	
963	1466	MARCO DURAO	M	36		00:50:42	00:49:57	
964	616	ANTÓNIO SALES NOBRE	M	42		00:50:42	00:50:02	
965	902	LUIS NEVES	M	55		00:50:44	00:50:22	
966	1398	FRANCISCO GUERRA	M	23		00:50:45	00:49:19	
967	1946	JOSE GUERREIRO	M	56		00:50:46	00:48:43	SS MONTEPIO GERAL
968	712	VASCO VIEIRA	M	36		00:50:47	00:49:41	ACTIVE PEOPLE
969	719	VITOR RODRIGUES	M	59		00:50:48	00:49:54	GRUPO ATLETAS MONSANTO-GASCAN
970	914	PEDRO MACHADO	M	36		00:50:48	00:49:19	
971	2170	MARCO GOUVEIA	M	40		00:50:50	00:49:49	JOMA
972	2295	ANTONIO M TORRES	M	54		00:50:50	00:48:57	SONAE
973	918	BERNARDO GRADISSIMO	M	55		00:50:52	00:50:32	DESPORTIVO OPERARIO DO RANGEL
974	952	FRANCISCO MOUCHINHO	M	65		00:50:53	00:50:32	
975	2031	RICARDO CAPELO	M	29		00:50:55	00:50:03	GDA CIMPOR

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
976	699	HONORATO MOURA	M	33		00:50:56	00:49:17	
977	1904	THELMO CUNHA	M	53		00:50:56	00:50:42	ODEBRECHT B
978	1970	MIGUEL PINTO	M	44		00:50:58	00:49:54	CLUBE BOLINHA
979	1971	PEDRO PINTO	M	46		00:50:58	00:49:54	CLUBE BOLINHA
980	133	ANTONIO VALENTE	M	58		00:51:01	00:50:23	ASAS
981	2410	CARLOS ALBANO	M	42		00:51:02	00:49:42	SS CGD
982	614	NUNO TALAIA DA COSTA	M	32		00:51:03	00:49:50	
983	1902	ADELINO PEREIRA	M	49		00:51:04	00:50:52	ODEBRECHT
984	894	TIAGO OLIVEIRA	M	33		00:51:05	00:50:47	
985	1631	PEDRO LEITÃO	M	39		00:51:07	00:49:17	FRIENDS2RUN
986	362	SUSANA FREITAS	F	36		00:51:07	00:50:40	
987	2321	CARLOS SANTOS	M	61		00:51:07	00:49:19	C FERROV PORTUGAL
988	1908	ANA FILIPA MELEIRO BERNARDO	F	31		00:51:09	00:49:03	APAIXONADOS
989	391	JORGE DOMINGOS	M	38		00:51:09	00:50:21	ATOMIC TEAM
990	907	HUGO DIAS	M	39		00:51:09	00:49:56	MOZ TEAM
991	286	RÚBEN DE SOUSA	M	24		00:51:10	00:49:28	AMIGOS DO FRANCISCO
992	330	JOSÉ EMILIO LINDO	M	67		00:51:11	00:51:04	
993	1668	TOMÁS SOUSA	M	37		00:51:13	00:50:25	OS SUPER
994	962	CATARINA CORREIA	F	20		00:51:14	00:50:58	
995	89	ANTONIO JORGE MARTINHO	M	48		00:51:15	00:49:17	
996	2199	FERNANDA SANTOS	F	58		00:51:15	00:50:49	MIRANTENSE FC
997	359	ANTÓNIO LOPES	M	46		00:51:15	00:49:30	
998	333	MANUEL MARTINHO	M	46		00:51:15	00:49:33	AFO
999	360	MARIA ADELAIDE PEREIRA	F	42		00:51:15	00:50:49	
1000	149	PEDRO	M	41		00:51:16	00:50:16	
1001	492	JOÃO RICARDO MARQUES CANAS	M	30		00:51:17	00:51:01	
1002	189	JOSÉ LUÍS AGAPITO	M	35		00:51:17	00:49:37	PERNAS DE GAFANHOTO
1003	2494	LEONEL BRANDAO	M	46		00:51:21	00:51:02	C MILLENNIUN BCP
1004	43	LUDGERO SANTANA	M	50		00:51:21	00:50:47	
1005	1441	PATRÍCIA ENCARNAÇÃO	F	42		00:51:23	00:50:33	PAZÉ :)
1006	1440	JOSÉ FABIÃO	M	49		00:51:23	00:50:33	PAZÉ :)
1007	2474	PAULO PEREIRA	M	43		00:51:24	00:50:38	SS MONTEPIO GERAL
1008	584	BRUNO MATOS	M	32		00:51:24	00:51:09	ELITE DO ASFALTO
1009	2499	ANTONIO SANTOS	M	54		00:51:26	00:50:32	C MILLENNIUN BCP
1010	284	PEDRO NUNO PEREIRA SEVERINO	M	29		00:51:28	00:49:51	
1011	128	PEDRO NETO	M	40		00:51:28	00:50:31	GD CIMPOR & AMIGOS
1012	844	RUI MARINO	M	39		00:51:29	00:49:31	RUI NOBRE
1013	2058	CONCEIÇÃO LOPES	F	47		00:51:30	00:51:02	CR LEOES P SALVO
1014	285	HUGO SEVERINO	M	35		00:51:30	00:49:53	CLUBE EDP - LISBOA

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1015	954	SANDRA MARIA SILVA	F	41		00:51:30	00:50:52	
1016	1765	JOSÉ ANTÓNIO DA SILVA BARATA	M	53		00:51:31	00:51:15	
1017	372	JOSÉ VILELA	M	49		00:51:32	00:51:06	CLUBE ROBBIALAC
1018	370	PAULO NUNNO CARVALHO CAMPOS	M	43		00:51:32	00:49:50	
1019	698	CARLOS JESUS MOREIRA	M	60		00:51:33	00:49:57	
1020	2458	CATARINA DIAS	F	35		00:51:34	00:50:51	SS MONTEPIO GERAL
1021	704	MÁRIO GONÇALVES	M	48		00:51:34	00:50:04	
1022	2456	ANTONIO FRANCO	M	48		00:51:34	00:50:48	SS MONTEPIO GERAL
1023	832	JOSÉ RICARDO	M	60		00:51:34	00:49:43	OS ATLETAS
1024	141	VIRGILIO CORREIA VAZ	M	52		00:51:35	00:49:36	MODIS
1025	2203	ANDREIA MIRANDA	F	21		00:51:35	00:51:31	NUCLEOEIRAS
1026	427	JOSÉ GONÇALVES	M	48		00:51:35	00:51:14	CLUBE GBES
1027	1755	JOÃO PAULO SANTOS LIMA	M	53		00:51:35	00:51:03	4 AO KM
1028	1393	PEDRO RIBEIRO	M	36		00:51:36	00:50:14	
1029	771	TIAGO PIRES	M	32		00:51:36	00:50:20	
1030	1930	MICAELA MENDES	F	30		00:51:38	00:50:57	
1031	2491	JULIO ROBALO	M	50		00:51:38	00:51:32	GD INE
1032	80	ANTÓNIA GAMA JORDÃO	F	36		00:51:39	00:51:19	C.A. AMIGOS PARQUE DA PAZ
1033	83	MARIA GAMA	F	38		00:51:39	00:51:20	C.A. AMIGOS PARQUE DA PAZ
1034	950	FERNANDO MENDES	M	47		00:51:39	00:50:08	
1035	639	ALEXANDRE LEE	M	36		00:51:43	00:50:16	INFOSISTEMA RUNNING TEAM
1036	1877	RICARDO CONCEICAO	M	28		00:51:45	00:50:41	
1037	1673	LUÍS REIS	M	50		00:51:45	00:50:47	FALCÕES SELVAGENS
1038	711	SÉRGIO FIGUEIREDO	M	30		00:51:46	00:49:44	
1039	1572	LUIS CARLOS FERNANDES DUARTE	M	19		00:51:46	00:49:58	
1040	321	NUNO MATOS	M	36		00:51:46	00:50:16	PERNAS DE GAFANHOTO
1041	2486	CARLA LOPES	F	41		00:51:47	00:51:12	GD INE
1042	169	VIEIRA GONÇALVES	M	36		00:51:48	00:49:54	CEFA-MARINHA 3
1043	1532	JOAQUIM LOPES	M	66		00:51:48	00:49:50	
1044	669	CARLOS VAZ	M	45		00:51:48	00:50:08	
1045	463	JORGE ABREU	M	39		00:51:48	00:49:58	FRIENDS2RUN
1046	1573	NUNO FREDERICO HENRIQUES TRINDADE	M	36		00:51:50	00:50:03	
1047	1582	LUÍS FILIPE	M	38		00:51:52	00:50:46	COLINAS BIKE TOUR
1048	929	PEDRO LOUREIRO	M	42		00:51:54	00:51:40	
1049	1367	JOSÉ ESCUDERO	M	31		00:51:55	00:49:48	
1050	2104	ORLANDO SILVA	M	53		00:51:56	00:51:22	GD SÃO DOMINGOS
1051	337	JOAO DUARTE	M	61		00:51:56	00:51:21	
1052	837	CARLOS PENA	M	44		00:51:57	00:50:10	CORRER POR GOSTO
1053	1488	NUNO VLADIMIR MOREIRA FELIZARDO TELHEIRO	M	40		00:51:57	00:51:01	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1054	709	EDUARDO SILVA	M	50		00:51:57	00:51:57	
1055	282	SÉRGIO SIMÕES	M	39		00:51:58	00:50:17	
1056	689	ALBERTO MARTINHO	M	50		00:51:58	00:50:25	
1057	2444	NUNO PEREIRA	M	42		00:52:00	00:51:47	SC CASAINHOS
1058	2395	JOSE SERAFIM	M	57		00:52:00	00:50:16	GAA VILA FRANCA XIRA
1059	1505	JOSE LOUREIRO	M	49		00:52:03	00:50:26	APOGMA
1060	2226	ANTÓNIO M PAIS	M	67		00:52:06	00:49:46	NUCLEOEIRAS
1061	1666	RUI ARAÚJO	M	32		00:52:07	00:51:19	PAPA ASFALTO
1062	1608	NUNO COUTO	M	37		00:52:09	00:50:08	
1063	881	EDGAR BRUNO PORTUGAL	M	38		00:52:09	00:50:08	
1064	569	HERNÂNI SILVA	M	51		00:52:13	00:50:58	PAI & FILHO
1065	824	EDMUNDO SIMOES	M	57		00:52:14	00:51:14	
1066	1934	JÚLIO ALMEIDA	M	44		00:52:15	00:50:39	
1067	33	ÁLVARO GARCIA	M	41		00:52:16	00:50:47	
1068	828	ANA CABRAL	F	49		00:52:17	00:51:27	SPEED OF YELLOW
1069	261	VITÓRIA OLIVEIRA	F	20		00:52:19	00:52:10	ÁGUIAS DE ALPIARÇA - TRIATLO
1070	930	ARTUR GONÇALVES	M	41		00:52:20	00:52:01	
1071	618	DIOGO ARRAIAS	M	59		00:52:21	00:50:48	OS ARRAIAS
1072	1720	ÁLVARO CASTELO BRANCO	M	37		00:52:21	00:51:36	
1073	617	SANDRA ARRAIAS	F	32		00:52:22	00:50:49	OS ARRAIAS
1074	913	ALFREDO PARADA	M	52		00:52:22	00:52:12	CLUBE EDP - LISBOA
1075	1855	BRUNO CONCEIÇÃO	M	36		00:52:23	00:51:18	
1076	76	RUI MANUEL REI BARROS	M	45		00:52:26	00:52:07	CLUBE PT
1077	530	PAULA MACHADO	F	59		00:52:26	00:51:51	CCD PM CASCAIS
1078	1489	DÉCIO SOUSA	M	20		00:52:27	00:51:47	FMUL
1079	2107	ANTÓNIO BRITO	M	62		00:52:27	00:51:59	GD SÃO DOMINGOS
1080	1490	PEDRO MASCARENHAS	M	20		00:52:27	00:51:46	FMUL
1081	34	RODRIGO AFONSO DA SILVA CASINHA	M	19		00:52:28	00:50:53	
1082	35	RICARDO MANUEL AFONSO BATISTA	M	20		00:52:28	00:50:53	
1083	2035	MONICA VIEIRA	F	38		00:52:30	00:52:13	CRD ARRUDENSE
1084	334	JORGE FERREIRA	M	51		00:52:30	00:50:45	
1085	1555	NUNO SIMÕES	M	38		00:52:32	00:51:45	
1086	273	NUNO SILVA	M	20		00:52:32	00:52:09	
1087	925	TIAGO NABAIS	M	26		00:52:32	00:50:26	
1088	2273	JORGE SERRA	M	47		00:52:33	00:52:02	AÇOREANA C BANIF
1089	2324	NATAL DA LUZ	M	64		00:52:33	00:51:36	C FERROV PORTUGAL
1090	2475	PAULO RAINHO	M	47		00:52:33	00:50:34	SS MONTEPIO GERAL
1091	1838	LORENZO CHAPARRO BELMEZ	M	54		00:52:33	00:51:02	
1092	2110	PAULO MORGADO	M	41		00:52:34	00:51:48	CLUBE GEORUNNERS

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1093	2476	PEDRO CARRASCO	M	47		00:52:34	00:50:36	SS MONTEPIO GERAL
1094	2459	DAVID ALMEIDA	M	35		00:52:34	00:51:09	SS MONTEPIO GERAL
1095	694	VALTER NUNES	M	32		00:52:37	00:51:36	JUST RUN - SETUBAL
1096	2026	LUÍS M SILVA	M	62		00:52:37	00:52:27	CF OS BELENENSES
1097	693	ANGELA NUNES	F	29		00:52:38	00:51:38	JUST RUN - SETUBAL
1098	2223	JOÃO GOMES	M	52		00:52:38	00:51:23	NUCLEOEIRAS
1099	1893	JORGE MONTEIRO	M	46		00:52:39	00:52:26	ODEBRECHT
1100	470	OCTÁVIO FERRO	M	48		00:52:39	00:51:43	
1101	2112	LUIS AFONSO	M	43		00:52:40	00:51:44	CLUBE GEORUNNERS
1102	715	SAIDA MORAIS	F	41		00:52:40	00:51:36	ACTIVE PEOPLE
1103	517	ALBERTO SOUSA	M	42		00:52:40	00:52:03	CCD PM CASCAIS
1104	1550	JOSÉ PAULO GONÇALVES	M	38		00:52:42	00:52:03	
1105	1427	INACIO GONÇALVES	M	62		00:52:44	00:51:21	
1106	2320	MARIO FERRO	M	61		00:52:44	00:52:08	C FERROV PORTUGAL
1107	660	CARLOS M SILVA	M	39		00:52:46	00:52:07	SS MONTEPIO GERAL
1108	830	JOSÉ GUERREIRO	M	42		00:52:46	00:50:57	OS ATLETAS
1109	923	HUGO COLAÇO	M	35		00:52:46	00:52:00	
1110	740	LUIS GARÇAÕ	M	46		00:52:46	00:51:27	
1111	1570	FRANCISCO PEREIRA	M	39		00:52:50	00:51:17	
1112	578	FRANCISCO SARDINHA	M	43		00:52:52	00:52:32	
1113	1679	JOÃO ROSSAS	M	33		00:52:52	00:51:42	
1114	519	ANTONIO TAVARES	M	49		00:52:52	00:52:06	CCD PM CASCAIS
1115	2422	JOSE DIMAS	M	45		00:52:53	00:51:37	SS CGD
1116	1680	SAMUEL FILIPE	M	28		00:52:53	00:51:43	
1117	622	CLAUDIA AMARAL FONSECA	F	33		00:52:56	00:51:37	
1118	2303	ISAAC CARRÊLO	M	53		00:52:57	00:52:19	CLUBE ANACOM
1119	643	ANTÓNIO CARLOS TEIXEIRA DUARTE	M	62		00:52:57	00:52:21	CLUBE DO STRESS
1120	176	DÉCIO REDONDO	M	49		00:52:57	00:51:03	CEFA-MARINHA 3
1121	2302	SERGIO SNTUNES	M	46		00:52:58	00:52:18	CLUBE ANACOM
1122	1834	VASCO CRUZ	M	37		00:53:00	00:51:40	MALTA DA GRAÇA
1123	2555	ANTONIO LIMA	M	50		00:53:00	00:52:16	SL CAMPOLIDE
1124	459	NUNO PALMA	M	42		00:53:00	00:51:36	AUTOZITANIA
1125	1941	LUIS REIS	M	41		00:53:01	00:51:48	PI-LINHA RUNNERS
1126	338	LUIS VICENTE	M	53		00:53:01	00:52:25	
1127	552	ANTONIO FONSECA	M	67		00:53:02	00:51:57	
1128	1719	ELISABETE ROUXINOL	F	38		00:53:04	00:52:52	
1129	1726	ALEXANDRA PIRES	F	46		00:53:06	00:51:03	
1130	1796	DANIEL LOURENÇO	M	22		00:53:08	00:52:16	LINDA A PASTORA SC
1131	872	ANGELA NUNES	F	29		00:53:11	00:51:26	PÉS VOADORES

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1132	1601	JOÃO CANDIDO	M	25		00:53:12	00:52:47	DAF
1133	575	MIKAEL SARAIVA	M	25		00:53:14	00:52:15	
1134	442	JOSE FRANCISCO DUARTE NEVES	M	42		00:53:16	00:52:45	
1135	2326	MARTINS BARATA	M	70		00:53:17	00:52:40	C FERROV PORTUGAL
1136	532	RUI SOARES	M	38		00:53:18	00:52:58	CCD PM CASCAIS
1137	1439	ANABELA PACHECO	F	42		00:53:19	00:51:59	O MUNDO DA CORRIDA
1138	137	ISAC DINIS	M	62		00:53:20	00:52:44	ASAS
1139	86	INÊS OSÓRIO	F	36		00:53:20	00:51:22	WPP ROAD RUNNERS
1140	682	MARIA FATUDA	F	58		00:53:21	00:52:25	
1141	1876	FERNANDO PIRES	M	43		00:53:22	00:51:20	
1142	322	GONÇALO AMARAL CARVALHO	M	29		00:53:22	00:52:17	
1143	1808	MIGUEL SILVA	M	25		00:53:24	00:52:21	
1144	2439	PAULA COSTA	F	42		00:53:25	00:52:08	SS CGD
1145	2424	LUIA LANDEIRO	F	43		00:53:25	00:52:10	SS CGD
1146	1779	FATIMA SANTOS	F	33		00:53:26	00:53:04	JOBRINDE - MONTES SALOIOS
1147	947	JORGE FERREIRA	M	48		00:53:27	00:52:01	RUNNING OF Dª MARIA
1148	2417	FRANCISCO CLERIGO	M	60		00:53:28	00:52:18	SS CGD
1149	949	JORGE SIMÕES	M	44		00:53:28	00:53:28	RUNNING OF Dª MARIA
1150	443	BRUNO FERNANDES	M	35		00:53:30	00:51:23	ATOMIC TEAM
1151	2059	ROSA CARITA	F	53		00:53:33	00:53:06	CR LEOES P SALVO
1152	2062	FÁTIMA SANTOS	F	62		00:53:33	00:53:06	CR LEOES P SALVO
1153	2346	RAQUEL FERREIRA	F	20		00:53:34	00:53:07	ACADEMIA MILITAR
1154	2358	FILIPE FRANCO	M	19		00:53:34	00:53:04	ACADEMIA MILITAR
1155	461	PAULO SANTOS	M	41		00:53:35	00:52:09	AUTOZITANIA
1156	430	TIAGO DOMINGUES	M	35		00:53:35	00:52:24	
1157	1603	SÉRGIO FELICIANO	M	36		00:53:35	00:52:42	
1158	2122	FÁTIMA SANTOS	F	43		00:53:36	00:53:02	INGLESES FC
1159	2015	JOÃO LUIS	M	42		00:53:37	00:53:04	CDUL
1160	2225	AMILCAR DIAS	M	58		00:53:40	00:52:59	NUCLEOEIRAS
1161	982	SEVERINO CRUZ	M	50		00:53:40	00:52:20	
1162	1425	RAMIRO DAMAS	M	64		00:53:42	00:53:42	
1163	124	LINO SILVA	M	41		00:53:42	00:53:42	GD CIMPOR & AMIGOS
1164	512	LUIS ALMEIDA	M	40		00:53:45	00:51:48	G.U.P DE GRALHAS
1165	1799	PAULO DUARTE DA SILVA	M	38		00:53:46	00:52:02	
1166	1828	ANA SILVA	F	39		00:53:46	00:52:25	MALTA DA GRAÇA
1167	2511	ANTONIO SOUSA	M	67		00:53:47	00:52:20	C MILLENNIUN BCP
1168	1524	CARLOS MACHADO	M	43		00:53:48	00:52:13	
1169	555	ANALICE SILVA	F	69		00:53:48	00:53:40	O MUNDO DA CORRIDA
1170	757	LUÍS LOPES	M	59		00:53:51	00:53:05	ASSOCIAÇÃO GD ACADEMIA KORPO

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1171	390	MARISA MARQUES	F	32		00:53:52	00:52:27	
1172	1650	FLÁVIO MANUEL OLIVEIRA	M	47		00:53:52	00:51:53	G.A. "OS TARTARUGAS"
1173	21	ANTONIO RIBEIRO	M	49		00:53:53	00:53:29	DUO
1174	297	LUIS ANTONIO AGUIAR	M	42		00:53:53	00:53:11	ASAS NOS PES
1175	22	ANTONIO CATALINO	M	45		00:53:53	00:53:29	DUO
1176	126	JOAO C FERREIRA	M	41		00:53:57	00:53:11	GD CIMPOR & AMIGOS
1177	1911	ALBINO TOMÁS	M	57		00:54:00	00:53:49	CLUBE ATLÉTICO DAS PATAMEIRAS
1178	1493	RICARDO ALVES	M	28		00:54:01	00:54:01	
1179	1804	NUNO MOURA-PINHEIRO	M	41		00:54:02	00:53:52	
1180	184	MIGUEL COSTA	M	33		00:54:02	00:52:29	
1181	127	NUNO FERNANDES	M	45		00:54:03	00:53:09	GD CIMPOR & AMIGOS
1182	129	FATIMA MARTINS	F	33		00:54:03	00:53:09	GD CIMPOR & AMIGOS
1183	761	ANA SILVA	F	24		00:54:03	00:53:31	ASSOCIAÇÃO GD ACADEMIA KORPO
1184	967	GONÇALO MALHEIRO	M	41		00:54:04	00:52:19	
1185	2460	FERNANDO PALMA	M	38		00:54:04	00:52:05	SS MONTEPIO GERAL
1186	2472	NUNO RODRIGUES	M	38		00:54:05	00:52:06	SS MONTEPIO GERAL
1187	2043	DEOLINDA ANTÓNIO	F	58		00:54:08	00:53:28	CRD ARRUDENSE
1188	2308	JOSE REBOCHO	M	43		00:54:09	00:52:03	A VALE SILENCIO
1189	1997	PAULO JORGE GARCIA	M	43		00:54:10	00:52:04	PERNAS DE GAFANHOTO
1190	514	MARCO ANTÓNIO SILVA	M	38		00:54:10	00:53:20	
1191	513	HELDER PEDRO PEREIRA	M	34		00:54:12	00:53:22	
1192	40	ARMINDO LOUREIRO	M	64		00:54:12	00:51:24	OS LOUREIROS
1193	2297	ELSA M FRANCISCO	F	42		00:54:13	00:52:20	SONAE
1194	1800	JOÃO NETO	M	47		00:54:13	00:53:14	
1195	1433	MARIA MARQUES	F	51		00:54:14	00:53:05	
1196	1846	CATARINA SANTOS	F	29		00:54:15	00:52:31	PÉS VOADORES
1197	1847	PAULA CHAVES	F	35		00:54:15	00:52:30	PÉS VOADORES
1198	1607	CLAUDIA NOVAIS	F	46		00:54:17	00:53:20	NETCOURIER LOGISTICA
1199	2394	OLIMPIO GUEDELHA	M	58		00:54:20	00:52:35	GAA VILA FRANCA XIRA
1200	1815	ANDREIA COSTA	F	36		00:54:20	00:53:24	
1201	1829	CRISTINA VIEIRA	F	41		00:54:21	00:53:05	MALTA DA GRAÇA
1202	368	ARTUR SANTOS	M	36		00:54:22	00:53:40	
1203	1851	JOAO FONSECA	M	42		00:54:26	00:53:23	MERIDIANOS
1204	1399	DIOGO GONÇALVES	M	30		00:54:28	00:52:59	
1205	469	MARIANA MADEIRA DA SILVA DIAS	F	26		00:54:28	00:54:19	
1206	1563	NUNO BRANCO	M	42		00:54:29	00:52:58	SIMON WHITE
1207	663	CARMEN GONÇALVES	F	41		00:54:31	00:54:03	CORRER POR NÓS
1208	138	HELENA CUNHA	F	54		00:54:31	00:53:54	ASAS
1209	866	HENRIQUE CEPADA	M	54		00:54:31	00:52:51	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1210	536	HUMBERTO CARLOS VALENTIM	M	36		00:54:32	00:52:56	SOBRALPISO
1211	1418	MIGUEL SANTOS	M	30		00:54:33	00:53:26	OS QUEBRA-MILHAS
1212	535	JOSÉ CARLOS ANTUNES	M	39		00:54:33	00:52:57	SOBRALPISO
1213	1776	ALICE JUSTINO	F	62		00:54:33	00:54:15	
1214	1826	TIAGO COELHO	M	26		00:54:36	00:53:06	
1215	869	FRANCISCO COITO	M	18		00:54:36	00:52:32	GCD FÓIOS
1216	553	MARIO ANTONIO	M	67		00:54:37	00:53:34	
1217	1843	GONÇALO BEATO PRATA	M	34		00:54:38	00:53:39	
1218	1721	RICARDO	M	33		00:54:38	00:53:42	
1219	1652	DIOGO FILIPE CAMPOS ALVES	M	24		00:54:40	00:52:31	TFM
1220	544	TIAGO OLIVEIRA	M	36		00:54:40	00:53:38	CATERINGPOR
1221	1404	NELSON COELHO	M	31		00:54:41	00:52:57	INDIELISBOARUNNERS
1222	745	RICARDO CARVALHO	M	39		00:54:41	00:53:04	
1223	746	JOAQUIM ANTUNES	M	37		00:54:41	00:53:04	
1224	769	PEDRO PEREIRA	M	37		00:54:43	00:53:47	
1225	36	LUIS FRAGOSO	M	39		00:54:43	00:53:42	CATERINGPOR
1226	1955	ANTÓNIO SALVADO	M	67		00:54:45	00:53:29	
1227	545	PAULO SILVA	M	41		00:54:45	00:53:44	CATERINGPOR
1228	1670	MERCEDES FONSECA	F	57		00:54:48	00:54:33	OS SUPER
1229	2465	LUIS REIS	M	56		00:54:50	00:53:29	SS MONTEPIO GERAL
1230	1471	JOSÉ MARCELINO	M	25		00:54:51	00:54:22	
1231	263	ANTONIO GABRIEL	M	69		00:54:54	00:53:53	
1232	624	LUÍS ANTUNES	M	51		00:54:54	00:54:30	GRUPO ATLETAS MONSANTO-GASCAN
1233	353	NUNO BALACÓ	M	41		00:54:54	00:53:08	AFO
1234	1802	MANUEL NUNES	M	58		00:54:56	00:53:12	
1235	365	DANIEL R NUNES	M	33		00:54:56	00:53:12	OS NUNES
1236	2011	ALBERTO SOARES	M	51		00:54:57	00:54:17	CA GALINHEIRAS
1237	2402	ALBERTINO SEMEDO	M	55		00:54:58	00:53:35	SS CGD
1238	2333	ANTONIO TEIXEIRA	M	36		00:54:59	00:54:20	WIKABOO
1239	547	NUNO OLIVEIRA	M	28		00:55:00	00:53:02	
1240	549	PEDRO MIGUEL MOREIRA VIEIRA MOUTINHO	M	31		00:55:00	00:53:02	
1241	402	ANA AZEVEDO	F	34		00:55:01	00:54:00	CLUBE GBES
1242	156	ANTÓNIO REYES	M	59		00:55:01	00:54:08	GRUPO ATLETAS MONSANTO-GASCAN
1243	1760	FILIPE SERRA DA COSTA	M	30		00:55:02	00:52:51	
1244	458	NELSON DAMIÃO	M	32		00:55:02	00:53:38	AUTOZITANIA
1245	424	JOÃO RAMOS	M	41		00:55:02	00:53:24	CLUBE GBES
1246	59	MARIO SANTOS	M	49		00:55:03	00:53:51	
1247	2414	ELISEU PINTO	M	63		00:55:05	00:53:28	SS CGD
1248	1411	HÉLDER ALEXANDRE RODRIGUES COTRIM	M	33		00:55:06	00:53:29	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1249	460	JOSÉ MENDES	M	43		00:55:06	00:53:42	AUTOZITANIA
1250	1530	DANIEL ROQUE DIAS	M	23		00:55:06	00:53:36	OS BOLT
1251	1900	JOAQUIM SIMÃO	M	51		00:55:08	00:54:52	ODEBRECHT
1252	1963	JOSÉ LUÍS SIMÕES DOS REIS	M	52		00:55:08	00:55:08	EQUIPA REIS
1253	1747	GABRIEL MILHEIRO CRUZ	M	71		00:55:08	00:53:29	C.C.R. ALTUDO MOINHO
1254	1933	DAVID CARVALHO	M	30		00:55:10	00:53:24	DEVAGAR E DEVAGARINHO
1255	738	PEDRO SOUSA E FARO	M	46		00:55:11	00:53:31	
1256	1366	NELSON MIRANDA	M	40		00:55:14	00:53:28	
1257	2145	LUIS SANTOS	M	25		00:55:17	00:54:18	
1258	2512	FILIPA VILAR	F	28		00:55:21	00:54:58	C MILLENNIUM BCP
1259	860	MÁRIO JORGE AUGUSTO RIBEIRO	M	48		00:55:22	00:53:38	
1260	74	JOÃO CARLOS ALMEIDA BORGES	M	46		00:55:22	00:54:00	CLUBE PT
1261	1453	FRANCISCO LINHOL	M	59		00:55:24	00:53:32	
1262	959	AFONSO PIRES	M	46		00:55:24	00:53:22	
1263	26	PAULO PIRES	M	34		00:55:25	00:54:33	
1264	25	ANA ALVES	F	31		00:55:25	00:54:33	
1265	2101	BRUNO MARTINHO	M	31		00:55:26	00:53:18	GD SÃO DOMINGOS
1266	2100	DIOGO SOARES	M	29		00:55:26	00:53:17	GD SÃO DOMINGOS
1267	662	ANTONIO LOPES	M	59		00:55:27	00:53:52	
1268	2106	ARTUR PEREIRA	M	58		00:55:28	00:53:20	GD SÃO DOMINGOS
1269	190	DAVID JOÃO ALMEIDA	M	42		00:55:32	00:53:23	FRIENDS2RUN
1270	779	ANTÓNIO PEREIRA	M	72		00:55:33	00:54:33	G.D.C DO BANCO DE PORTUGAL
1271	329	CARLOS CABACEIRA	M	18		00:55:36	00:55:07	
1272	670	SÉRGIO PINTO	M	37		00:55:38	00:53:58	
1273	51	JOSÉ M.D.LOPES	M	59		00:55:39	00:54:52	
1274	674	PEDRO JORGE	M	38		00:55:40	00:53:53	
1275	178	CATARINA PÁDUA SANTOS	F	24		00:55:40	00:54:48	CEFA-MARINHA 3
1276	843	CARLOS LOPES	M	29		00:55:41	00:53:19	
1277	1676	FRANCISCO ALVARES	M	31		00:55:41	00:54:12	CLUBE EDP - LISBOA
1278	865	VLANI ARAUJO	F	41		00:55:42	00:54:03	
1279	225	JOAQUIM VALADARES	M	51		00:55:44	00:55:01	VALADARES
1280	121	VIRGINIA FONSECA	F	39		00:55:46	00:55:46	
1281	118	JOÃO PEDRO LOUREIRO	M	40		00:55:46	00:54:19	
1282	1716	LUIS FORTES	M	36		00:55:46	00:54:02	
1283	1519	JAIME RIBEIRO	M	25		00:55:48	00:52:05	
1284	1990	MARIA QUITÉRIA	F	40		00:55:49	00:55:15	
1285	1898	LUIS SANTOS	M	56		00:55:52	00:55:39	ODEBRECHT
1286	2467	MANUEL C SANTOS	M	39		00:55:52	00:53:49	SS MONTEPIO GERAL
1287	568	ADELAIDE MANHICA	F	55		00:55:54	00:55:26	CORRER POR NÓS

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1288	2411	CLAUDIA LOURENÇO	F	42		00:55:54	00:54:34	SS CGD
1289	909	JOAO PEDRO SILVA	M	45		00:55:55	00:54:33	GD BANCO BPI
1290	1883	MARCOS ALMEIDA DIAS	M	44		00:55:55	00:54:50	
1291	1678	MARIO RUI PEREIRA PINHO	M	47		00:55:55	00:54:33	GD BANCO BPI
1292	898	ANDRÉ MATOS	M	35		00:55:55	00:54:46	O MUNDO DA CORRIDA
1293	2263	DIOGO FERREIRA	M	40		00:55:57	00:55:26	AÇOREANA C BANIF
1294	2279	NUNO E SANTO	M	43		00:55:57	00:55:27	AÇOREANA C BANIF
1295	2274	JOSE PAVAO	M	57		00:55:57	00:54:58	AÇOREANA C BANIF
1296	2283	PAULA SIMOES	F	34		00:55:58	00:54:45	AÇOREANA C BANIF
1297	2288	SANDRA MARTINS	F	36		00:55:58	00:55:28	AÇOREANA C BANIF
1298	2350	ANTONIO MARRANA	M	19		00:55:58	00:55:31	ACADEMIA MILITAR
1299	1613	ISABEL MONTEIRO	F	27		00:55:59	00:55:59	OS AMIGOS DA KIKA
1300	2363	CAROLINA ROSA	F	22		00:55:59	00:55:32	ACADEMIA MILITAR
1301	2342	PATRICIA MANSO	F	20		00:55:59	00:55:32	ACADEMIA MILITAR
1302	550	PAULO LOURENÇO	M	39		00:55:59	00:55:10	OBIKWELUS
1303	355	RICARDO CAMPOS	M	38		00:56:00	00:54:15	AFO
1304	589	MIGUEL BOAVIDA FERREIRA	M	27		00:56:02	00:53:33	
1305	238	PEDRO MIGUEL ALVES DOS SANTOS E SILVA	M	29		00:56:02	00:55:28	OS SILVAS
1306	996	MANUEL POTES	M	43		00:56:03	00:55:15	
1307	1772	RUI GODINHO	M	38		00:56:03	00:53:59	
1308	625	JOSÉ ALÍPIO	M	56		00:56:03	00:55:52	
1309	2441	ELISABETH LOUREIRO	F	57		00:56:03	00:55:28	SC CASAINHOS
1310	1737	SERGIO CASTRO	M	34		00:56:08	00:54:28	
1311	306	MARIANA CÔRTE-REAL	F	22		00:56:09	00:55:18	
1312	304	FREDERICO BATISTA	M	28		00:56:09	00:55:19	
1313	244	FERNANDO MARQUES	M	45		00:56:10	00:55:13	COMO TAMOS PAULINHA?!
1314	2187	JOAQUIM BELGA	M	55		00:56:11	00:55:03	LINDA A PASTORA SC
1315	2506	NELSON GUIMARAES	M	66		00:56:12	00:54:36	C MILLENNIUN BCP
1316	2191	FERNANDO ANDRADE	M	66		00:56:12	00:55:03	LINDA A PASTORA SC
1317	1556	MANUEL PRATES	M	41		00:56:13	00:55:12	
1318	1660	MARIA AUGUSTA	F	50		00:56:14	00:55:44	MENTE TRAQUINA
1319	54	DIAMANTINO ALBUQUERQUE	M	59		00:56:15	00:55:39	CDM
1320	554	ANTÓNIO MIGUEL NUNES PINA VELEZ CALDAS	M	48		00:56:16	00:55:11	
1321	336	ANA GIL	F	26		00:56:16	00:54:42	
1322	335	ANA MARGARIDA FERREIRA	F	31		00:56:17	00:54:43	
1323	236	MARCO BASTOS	M	39		00:56:17	00:55:19	
1324	1566	RUI SANTOS	M	44		00:56:17	00:54:50	
1325	574	JULIETA SANTOS	F	53		00:56:20	00:55:09	
1326	199	ATSUKO KIBE	F	29		00:56:21	00:55:06	OMOTENASHI

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1327	671	PAULA JORGE	F	35		00:56:22	00:54:37	
1328	1759	PEDRO GONÇALVES	M	31		00:56:24	00:54:48	
1329	839	RICARDO G E FERREIRA	M	38		00:56:25	00:56:16	GARCIA RUNNERS
1330	1535	JOSÉ LUÍS DIAS	M	47		00:56:26	00:55:55	
1331	673	ANA MOURATO	F	37		00:56:27	00:54:39	
1332	2572	ÁLBERTO CAROLINO	M	61		00:56:29	00:54:50	
1333	1882	ANA RODRIGUES	F	33		00:56:31	00:54:46	
1334	701	JOÃO SEQUEIRA	M	51		00:56:32	00:54:50	
1335	707	RAFAEL SANTOS	M	46		00:56:32	00:54:54	
1336	1880	ELSA MOTA	F	50		00:56:32	00:56:00	
1337	392	CARLOS LOPES	M	37		00:56:33	00:54:39	ATOMIC TEAM
1338	1879	JORGE ESTEVES	M	49		00:56:33	00:56:00	
1339	474	ANTÓNIO BILA	M	57		00:56:34	00:54:38	
1340	2420	JOAO CORREIA	M	52		00:56:35	00:55:10	SS CGD
1341	1522	JOÃO GONÇALVES	M	36		00:56:35	00:55:34	
1342	1523	JORGE SOUSA	M	38		00:56:35	00:55:33	
1343	1463	JOSÉ ARTUR BARREIROS	M	42		00:56:36	00:55:12	
1344	851	ANTÓNIO SILVA	M	45		00:56:37	00:55:15	3C&FRIENDS
1345	1518	MARIA RITA DA SILVA ALEXANDRE PINTO	F	24		00:56:39	00:52:54	
1346	933	CARLOS FERREIRA	M	56		00:56:40	00:56:15	NUCLEO DESPORTIVO AUTOCOOPE
1347	2142	DINA COSTA	F	30		00:56:40	00:56:30	
1348	2431	PAULO BILAO	M	43		00:56:41	00:55:17	SS CGD
1349	612	TITO NASCIMENTO	M	33		00:56:44	00:54:31	RUGBY CLUBE DE OEIRAS
1350	1864	PEDRO TRINDADE	M	36		00:56:46	00:55:29	
1351	1865	RICARDO FERREIRINHA	M	32		00:56:46	00:55:29	
1352	1435	JORGE LOURENÇO	M	35		00:56:48	00:56:03	
1353	972	DUARTE FRAGOSO	M	34		00:56:49	00:55:39	SONAE
1354	2294	ANDRE BARBOSA	M	37		00:56:49	00:54:56	SONAE
1355	2298	PEDRO M GOMES	M	32		00:56:49	00:54:56	SONAE
1356	1837	BRUNO MADEIRA	M	35		00:56:49	00:56:22	
1357	971	JOAO M FERNANDES	M	37		00:56:49	00:55:39	SONAE
1358	2404	ANDRE REIS	M	28		00:56:51	00:54:56	SS CGD
1359	1392	PAULO LOUREIRO	M	38		00:56:51	00:54:56	
1360	975	JOÃO RODRIGUES	M	53		00:56:52	00:55:20	
1361	748	FRANCISCO COITO	M	61		00:56:52	00:56:16	CLUBE MARGINAL
1362	878	PEDRO MIGUEL DIAS	M	31		00:56:53	00:55:12	
1363	888	PAULO DIAS	M	41		00:56:54	00:54:50	
1364	1410	CARLA MORGADO	F	40		00:56:56	00:55:05	
1365	421	FERNANDO FILIPE	M	45		00:56:57	00:56:41	CLUBE GBES

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1366	2296	JOAO L CALVAO	M	35		00:56:58	00:55:04	SONAE
1367	2027	JOSÉ SERPA	M	68		00:56:59	00:56:46	CF OS BELENENSES
1368	109	ADELINO PIRES	M	51		00:57:00	00:55:22	CÂMARA LISBOA CLUBE
1369	2510	ANTONIO TORNADA	M	62		00:57:00	00:55:50	C MILLENNIUM BCP
1370	467	JOÃO FIGUEIREDO	M	57		00:57:00	00:55:21	CÂMARA LISBOA CLUBE
1371	767	JOANA FILIPA PEREIRA RIBEIRO	F	20		00:57:04	00:56:06	
1372	567	JOSE SANTOS	M	44		00:57:05	00:55:08	
1373	2000	ILÍDIO MONTEIRO	M	63		00:57:05	00:56:38	
1374	604	PAULO ALEXANDRE DE OLIVEIRA LOPES	M	32		00:57:06	00:56:17	
1375	2198	MARIANA PEREIRA	F	57		00:57:08	00:56:41	MIRANTENSE FC
1376	2566	Mª CIDALIA SANTOS	F	46		00:57:08	00:56:36	RB RUNNING
1377	1521	ÉNIA GOUVEIA	F	25		00:57:09	00:55:52	
1378	292	EDSON MANSO	M	35		00:57:09	00:55:05	GCD FÓIOS
1379	2261	ANTONIO JORGE	M	59		00:57:10	00:55:29	AÇOREANA C BANIF
1380	293	AMILCAR NUNES	M	42		00:57:11	00:55:07	GCD FÓIOS
1381	294	ANTÓNIO SANCHES	M	57		00:57:11	00:55:06	GCD FÓIOS
1382	2271	JOAO SERRA	M	41		00:57:11	00:55:52	AÇOREANA C BANIF
1383	610	RICARDO PREGUIÇA	M	28		00:57:12	00:55:00	RUGBY CLUBE DE OEIRAS
1384	256	ANA ISABEL MARTINS	F	53		00:57:12	00:56:34	FALCÕES SELVAGENS
1385	462	LUIS CLÁUDIO MOTA	M	39		00:57:12	00:56:50	
1386	1778	SUSANA FONSECA	F	36		00:57:13	00:56:05	
1387	2267	HELENA SANTOS	F	51		00:57:15	00:56:57	AÇOREANA C BANIF
1388	1438	PAULO FARIA	M	35		00:57:16	00:55:21	
1389	197	MANUEL NUNO BATALHEIRO	M	51		00:57:16	00:56:05	CLUBE RECREATIVO DO PENTEADO
1390	1751	RUI PINHEIRO	M	42		00:57:18	00:55:59	
1391	433	LUIS JORGE SILVA BARRETO LARA	M	64		00:57:20	00:55:45	
1392	2543	RICARDO MACHADO	M	39		00:57:20	00:55:01	
1393	2542	PEDRO NUNES	M	33		00:57:20	00:55:03	
1394	1450	LUIS MIGUEL FONSECA	M	45		00:57:24	00:55:29	
1395	1910	RUI FERNANDES	M	42		00:57:24	00:57:24	
1396	726	LAURA GRILO	F	29		00:57:25	00:56:31	CEFA-MARINHA
1397	500	ISABEL GUERRA	F	55		00:57:25	00:56:16	
1398	1473	CHEILA DIAS	F	46		00:57:26	00:56:56	PINHALNOVO/PAI FILHA
1399	1472	PAULO DIAS	M	48		00:57:26	00:56:56	PINHALNOVO/PAI FILHA
1400	416	XANA FILIPE	F	42		00:57:33	00:57:16	CLUBE GBES
1401	1377	JORGE VIEIRA	M	33		00:57:35	00:56:37	MITCH TEAM - SANTA CRUZ
1402	770	JOAO LANDEIRO	M	67		00:57:37	00:55:36	
1403	1444	PAULO FRANÇA	M	51		00:57:38	00:57:08	GDCT UNICRE
1404	743	SILVINO MARTINS	M	63		00:57:38	00:55:45	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1405	1443	FERNANDO LUZ	M	44		00:57:38	00:57:07	GDCT UNICRE
1406	1757	CARLOS ALBERTO PEREIRA GAMEIRO	M	31		00:57:39	00:57:27	
1407	361	ALEXANDRA CARDÃO	F	51		00:57:39	00:57:13	
1408	1999	PAULO MONIZ	M	58		00:57:42	00:55:59	
1409	259	PAULO INÁCIO	M	33		00:57:43	00:55:46	
1410	267	ALEXANDRA INÁCIO	F	39		00:57:43	00:55:45	
1411	50	MÁRIO LAMERÃO	M	65		00:57:45	00:57:32	
1412	901	ISABEL NEVES	F	52		00:57:45	00:57:28	
1413	341	JACINTO GODINHO	M	49		00:57:46	00:55:46	GODINHO
1414	2270	JOAO P FERNANDES	M	36		00:57:47	00:56:40	AÇOREANA C BANIF
1415	2521	CARLOS TOMES	M	62		00:57:52	00:57:32	C MILLENNIUN BCP
1416	1832	PAULO LARANJEIRA	M	49		00:57:52	00:56:32	MALTA DA GRAÇA
1417	1936	MIGUEL PEREIRA	M	39		00:57:53	00:56:41	PI-LINHA RUNNERS
1418	1942	ARTUR DENOMINATO	M	41		00:57:53	00:56:39	PI-LINHA RUNNERS
1419	1940	RUI MANUEL DIAS	M	38		00:57:53	00:55:40	PI-LINHA RUNNERS
1420	1938	BRUNO MACHADO	M	34		00:57:53	00:56:36	PI-LINHA RUNNERS
1421	1667	SARA LOPES	F	28		00:57:54	00:57:07	PAPA ASFALTO
1422	196	BRUNO RIBEIRO	M	35		00:57:54	00:56:47	CLUBE RECREATIVO DO PENTEADO
1423	1939	BRUNO NEVES	M	33		00:57:54	00:56:41	PI-LINHA RUNNERS
1424	1762	PEDRO SEPÚLVEDA	M	34		00:57:55	00:57:15	
1425	398	DAHER DINIZ	M	53		00:57:56	00:57:07	CLUBE GBES
1426	838	FRANCISCO J C GARCIA	M	57		00:57:57	00:57:48	GARCIA RUNNERS
1427	1881	FERNANDO PAULINO	M	28		00:57:58	00:56:13	
1428	1562	ANDRÉ SIMÕES	M	39		00:57:58	00:56:28	SIMON WHITE
1429	2437	VERA ALMEIDA	F	33		00:58:00	00:56:43	SS CGD
1430	2403	ANDRE NORONHA	M	49		00:58:01	00:56:46	SS CGD
1431	2423	LIDIA BILAO	F	44		00:58:01	00:56:36	SS CGD
1432	1416	PEDRO SÉRGIO	M	45		00:58:04	00:57:45	CCD CRÉDITO AGRÍCOLA MÚTUO
1433	2194	CARLOS MARQUES	M	76		00:58:06	00:57:29	LINDA A PASTORA SC
1434	2307	EMILIO	M	46		00:58:07	00:56:00	A VALE SILENCIO
1435	1397	RAMIRO GAMEIRO JORGE	M	59		00:58:08	00:56:44	
1436	969	SÉRGIO ALEXANDRE CAETANO TAVARES	M	31		00:58:10	00:57:10	
1437	401	MANUEL MANTEIGAS	M	29		00:58:10	00:56:09	CLUBE GBES
1438	678	RICARDO NOGUEIRA	M	34		00:58:10	00:57:53	
1439	1539	RICARDO MANUEL CORREIA	M	41		00:58:11	00:57:14	FAT FIGHTERS
1440	1538	SÉRGIO ALMEIDA	F	32		00:58:11	00:57:15	FAT FIGHTERS
1441	600	BENEDITA TAVARES	F	36		00:58:12	00:56:17	RUN4BEER
1442	850	TIAGO COUTINHO	M	33		00:58:13	00:56:47	3C&FRIENDS
1443	849	PAULO SANTOS	M	38		00:58:14	00:55:51	3C&FRIENDS

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1444	154	VASCO ALPALHÃO	M	43		00:58:18	00:56:22	
1445	425	JOÃO SIMÕES	M	59		00:58:18	00:57:00	CLUBE GBES
1446	1464	RAMIRO JÚNIOR	M	42		00:58:20	00:56:15	
1447	153	ANA ALPALHÃO	F	40		00:58:20	00:56:24	
1448	328	HERMÍNIO CABACEIRA	M	52		00:58:21	00:57:52	
1449	829	RUI DOMINGUES	M	49		00:58:23	00:57:32	SPEED OF YELLOW
1450	132	ANA MICAELA FELIX ARAUJO	F	41		00:58:24	00:57:38	GD CIMPOR & AMIGOS
1451	379	ANDREIA MARTINS	F	25		00:58:26	00:57:40	
1452	440	EURICO RODRIGUES	M	33		00:58:29	00:57:44	OS KENIANOS DO FEIJÓ
1453	378	ADRIANA	F	24		00:58:31	00:57:45	
1454	958	MARIA JOÃO VAZ	F	48		00:58:33	00:56:31	
1455	2208	ESMERALDA GOMES	F	51		00:58:34	00:57:23	NUCLEOEIRAS
1456	2571	CARLOS PEREIRA	M	58		00:58:39	00:56:58	
1457	2419	JOANA SANTOS	F	21		00:58:43	00:57:21	SS CGD
1458	2433	PEDRO LUZIO	M	37		00:58:44	00:57:22	SS CGD
1459	956	JORGE MANUEL N. F. M. BAPTISTA	M	58		00:58:44	00:57:55	
1460	185	CLAUDIA CASEIRO	F	33		00:58:46	00:57:19	
1461	2337	FERNANDO LEO	M	45		00:58:46	00:56:56	WIKABOO
1462	201	KENICHI HARADA	M	42		00:58:47	00:57:28	OMOTENASHI
1463	602	PAULA AVELAR	F	38		00:58:49	00:56:53	RUN4BEER
1464	603	ALEXANDRE MOITA	M	39		00:58:49	00:56:54	RUN4BEER
1465	551	RUI CUSTÓDIO	M	35		00:58:49	00:58:01	OBIKWELUS
1466	319	MIGUEL RODRIGUES	M	34		00:58:50	00:58:50	
1467	1995	JOÃO VEIGA	F	64		00:58:53	00:58:07	
1468	773	MARIA CAROLINA RODA	F	56		00:58:53	00:58:15	GD BANCO BPI
1469	1432	RICARDO SOUSA	M	42		00:58:54	00:57:44	
1470	2525	JOSE ABREU	M	65		00:58:54	00:57:47	GD IN CASA MOEDA
1471	2548	NUNO COSTA	M	60		00:58:54	00:57:31	INDIVIDUAL
1472	543	VALTER LOPES	M	37		00:58:55	00:56:49	
1473	556	CARLA MORAIS	F	37		00:58:56	00:57:23	
1474	2585	SOFIA A SANTOS	F	40		00:58:57	00:57:49	CVP
1475	2580	ARNALDO SANTOS	M	41		00:58:57	00:57:50	CVP
1476	2581	CARLA M S M MARRAFA	F	45		00:58:57	00:57:49	CVP
1477	994	BEATRIZ RUTE FIGUEIREDO	F	37		00:58:58	00:57:55	
1478	1863	MARIA CONCEIÇÃO SILVA	F	49		00:58:59	00:58:10	ARTCHIADO
1479	599	ANA COSTA	F	36		00:58:59	00:58:18	
1480	1937	HUGO MATOS	M	28		00:59:01	00:57:47	PI-LINHA RUNNERS
1481	2155	OTILIA SANTOS	F	30		00:59:01	00:57:18	JOMA
1482	683	AFONSO CAPELA	M	18		00:59:01	00:57:48	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1483	1840	NUNO FRANCISCO	M	39		00:59:01	00:58:22	
1484	1437	EDUARDO AMORIM	M	42		00:59:02	00:57:29	
1485	1536	ANA RAQUEL PINTO VARELA	F	28		00:59:03	00:57:27	PENDURAS DA TORRE
1486	984	FRANCELINA PAULO	F	71		00:59:06	00:56:32	STARS
1487	2588	PAULO A A FONSECA	M	36		00:59:08	00:58:33	
1488	577	JOAO ALMEIDA	M	49		00:59:09	00:57:48	
1489	1789	ROSÁRIO SILVA	F	39		00:59:10	00:57:06	DCPC
1490	598	RUI FONTOURA	M	49		00:59:11	00:58:28	
1491	136	JOSE FERRABELO	M	60		00:59:16	00:58:36	ASAS
1492	307	MÓNICA DIAS	F	38		00:59:16	00:58:25	
1493	2318	MIGUEL BARATA	M	40		00:59:17	00:58:40	C FERROV PORTUGAL
1494	1767	DANIEL GRILO	M	29		00:59:17	00:57:41	PINTO GRILO
1495	1768	ALDA PINTO	F	26		00:59:18	00:57:43	PINTO GRILO
1496	966	MARIA PUGA	F	48		00:59:21	00:57:38	O MUNDO DA CORRIDA
1497	848	CÉU CARVALHO	F	41		00:59:21	00:58:07	
1498	847	BERNARDET VAZ	F	40		00:59:21	00:58:07	
1499	702	JOSÉ LUIS SANTOS	M	44		00:59:22	00:58:07	
1500	2539	PAULO COSTA	M	47		00:59:22	00:54:50	SFUAP
1501	2509	JOAO CUNHA	M	56		00:59:22	00:58:01	C MILLENNIUN BCP
1502	226	MANUEL AGOSTINHO MAGALHAES	M	47		00:59:22	00:58:04	VALADARES
1503	2432	PAULO REIS	M	48		00:59:23	00:58:05	SS CGD
1504	1467	LUIS NUNES	M	38		00:59:23	00:58:04	
1505	495	FILIPE PEDRO	M	28		00:59:24	00:57:32	ATOMIC TEAM
1506	498	NUNO CAETANO	M	35		00:59:24	00:57:32	ATOMIC TEAM
1507	1859	JOSÉ RUIVO	M	63		00:59:24	00:57:40	
1508	496	CARLOS PASSOS	M	33		00:59:26	00:57:34	ATOMIC TEAM
1509	2257	CATARINA GOMES	F	21		00:59:28	00:59:06	CDUL
1510	533	SARA HENRIQUES	F	40		00:59:29	00:58:46	CCD PM CASCAIS
1511	521	IVONE PEREIRA	F	46		00:59:29	00:58:54	CCD PM CASCAIS
1512	522	JOAO PAIXAO	M	62		00:59:29	00:58:47	CCD PM CASCAIS
1513	1754	SÓNIA DOMINGOS	F	36		00:59:29	00:57:22	
1514	2540	PAULA COSTA	F	43		00:59:33	00:59:33	SFUAP
1515	445	PAULO BARATA	M	34		00:59:35	00:57:42	ATOMIC TEAM
1516	447	BRUNO SANTOS	M	34		00:59:35	00:58:43	ATOMIC TEAM
1517	1906	SANDRA LETRAS	F	28		00:59:36	00:59:14	ODEBRECHT B
1518	450	ALEXANDRA RODRIGUES	F	32		00:59:36	00:58:49	ATOMIC TEAM
1519	511	JOÃO ALMEIDA	M	37		00:59:38	00:57:40	G.U.P DE GRALHAS
1520	1839	ANA ALMEIDA	F	36		00:59:38	00:58:54	SPORTINGS DE ALMEIDA
1521	29	NUNO MARQUES	M	43		00:59:39	00:59:13	SEMPRE EM FESTA

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1522	1858	PAULO MIGUEL TAINHA	M	49		00:59:42	00:59:33	
1523	315	RUI JOÃO GODINHO DE MATOS	M	30		00:59:43	00:57:49	
1524	317	JOAQUIM ELIAS PRATES NICO	M	38		00:59:43	00:57:49	
1525	60	CLAUDIA TAM	F	31		00:59:44	00:58:45	
1526	231	SANDRA ALVES	F	27		00:59:47	00:58:51	S&S
1527	232	SÓNIA LOPES	F	37		00:59:47	00:58:52	S&S
1528	102	RICARDO VIANA	M	37		00:59:47	00:59:08	
1529	845	CECILIA NOBRE	F	37		00:59:48	00:57:51	RUI NOBRE
1530	654	PAULA DIAS SOARES	F	43		00:59:49	00:57:43	RESTAURANTEOCARTAXEIRO-CANEÇAS
1531	1756	EBERHARD AXEL WILHELM	M	65		00:59:49	00:59:15	4 AO KM
1532	652	SUSANA COSTA	F	31		00:59:49	00:57:43	RESTAURANTEOCARTAXEIRO-CANEÇAS
1533	1626	ISABEL RUTE SILVA	F	42		00:59:56	00:57:34	CORRIDA
1534	2418	JOANA GABRIEL	F	52		00:59:57	00:58:33	SS CGD
1535	2479	RITA GONÇALVES	F	38		00:59:57	00:57:55	SS MONTEPIO GERAL
1536	1669	JOAQUIM FONSECA	M	58		00:59:58	00:59:42	OS SUPER
1537	910	JOÃO PAULO DUARTE	M	52		00:59:59	00:58:45	
1538	2568	MARIA INÊS SILVA	F	20		00:59:59	00:58:18	
1539	1374	SERGIO SOUSA	M	41		01:00:00	00:57:50	CAPTURADOS
1540	1850	JOSÉ RODRIGUES	M	61		01:00:03	00:59:33	CLUBE ROBBIALAC
1541	703	JOSÉ PIRES	M	77		01:00:04	00:58:24	
1542	706	ORLANDO SOUSA	M	51		01:00:04	00:58:25	
1543	1540	TIAGO RODRIGUES	M	26		01:00:06	00:59:23	
1544	1632	GONÇALO OLIVEIRA	M	29		01:00:08	00:58:41	
1545	961	MIGUEL GARANHOTO	M	39		01:00:08	00:59:51	
1546	1580	MIGUEL JOSÉ FERROS PIMENTEL REIS FONSECA	M	38		01:00:09	00:59:25	
1547	310	PATRÍCIA DOS SANTOS CANSADO	F	29		01:00:10	00:58:49	
1548	326	PAULA VIEIRA	F	25		01:00:10	00:58:49	
1549	1758	LUIS MARQUES	M	39		01:00:10	00:59:55	
1550	499	RUI MANUEL EUSÉBIO	M	67		01:00:13	00:59:04	
1551	351	EDUARDO PESTANA	M	34		01:00:14	00:59:17	KANINOS
1552	2041	DÁLIA LEITE	F	50		01:00:14	00:58:36	CRD ARRUDENSE
1553	352	MARCO CACHINHO	M	33		01:00:14	00:59:16	KANINOS
1554	1451	RUI ALEXANDRE	M	34		01:00:17	00:59:33	
1555	1448	CARLOS VIEGAS	M	55		01:00:18	00:58:55	GDCT UNICRE
1556	2406	ANTONIO FONSECA	M	44		01:00:20	00:59:16	SS CGD
1557	2570	MANUEL SANTOS	M	64		01:00:24	00:58:44	
1558	44	FILOMENA SANTANA	F	47		01:00:25	00:59:51	
1559	1878	PATRÍCIA ESTEVES	F	20		01:00:25	00:59:39	
1560	768	JOÃO DUARTE PEREIRA RIBEIRO	M	22		01:00:27	00:59:28	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1561	233	CARLOS MIGUEL SILVA	M	41		01:00:28	00:58:29	TARTARUGAS DO TEJO
1562	399	FELICIANA FERREIRA	F	48		01:00:31	01:00:13	CLUBE GBES
1563	388	JOSÉ FERNANDO MAGALHÃES	M	26		01:00:32	00:58:36	
1564	230	JOSÉ RAMALHO	M	58		01:00:34	00:59:45	VALADARES
1565	1901	ANTONIO ALVES	M	57		01:00:35	01:00:13	ODEBRECHT
1566	220	ALBANO GINJA	M	57		01:00:39	00:59:30	
1567	1381	RUI MIGUEL MOCINHO ESPADANEIRA	M	36		01:00:39	00:59:08	
1568	1382	HUGO TEIXEIRA ALEXANDRE	M	36		01:00:39	00:59:08	
1569	221	ANTONIO NUNES	M	73		01:00:39	00:59:30	
1570	1764	SILVANA MARQUES	F	45		01:00:41	00:59:36	O MUNDO DA CORRIDA
1571	1888	ANA RITA RAMOS	F	39		01:00:42	00:58:36	
1572	1695	EMILIA CABRAL	F	33		01:00:44	01:00:44	SONAE
1573	1889	FILIPA REMIGIO	F	40		01:00:45	00:58:41	
1574	718	NUNO VENTURA	M	40		01:00:45	00:59:36	GRUPO ATLETAS MONSANTO-GASCAN
1575	77	ALEXANDRE LIMA FARIA	M	57		01:00:47	00:59:11	CLUBE PT
1576	1369	ANA PATRÍCIA BIGODE	F	38		01:00:48	01:00:48	
1577	721	LUÍS FILIPE ALVES	M	51		01:00:51	00:59:42	GRUPO ATLETAS MONSANTO-GASCAN
1578	1513	CATARINA BEATO	F	35		01:00:53	01:00:16	SONAE
1579	2319	PAULO BARATA	M	39		01:00:53	01:00:16	C FERROV PORTUGAL
1580	1775	LILIAN KATO	F	40		01:00:55	00:59:33	
1581	1926	PAULA LEÃO NOGUEIRA	F	37		01:00:55	00:59:12	INDIELISBOARUNNERS
1582	1927	NUNO SIMÕES ALMEIDA	M	29		01:00:55	00:59:12	INDIELISBOARUNNERS
1583	1813	CARLOS BERNARDO	M	41		01:00:55	00:59:16	
1584	473	TERESA GRAY	F	49		01:00:56	00:59:54	CCD TRANQUILIDADE
1585	695	ANTÓNIO EDUARDO	M	60		01:00:59	00:59:22	
1586	1694	ANDRE CASCALHO	M	33		01:01:01	00:57:39	SONAE
1587	1692	VIRGINIA GUERREIRO	F	33		01:01:01	00:57:39	SONAE
1588	2434	RUI OLIVEIRA	M	47		01:01:01	00:59:36	SS CGD
1589	2550	RICARDO PEREIRA	M	34		01:01:02	01:00:19	SL CAMPOLIDE
1590	1689	ANA I SILVA	F	26		01:01:02	00:57:40	SONAE
1591	1503	MARIA DE SÃO JOÃO	F	60		01:01:04	00:59:12	COELHOS E BRITO
1592	1502	BRUNO BRITO	M	31		01:01:05	00:59:13	COELHOS E BRITO
1593	1368	RUI MIGUEL CLARO PINTO	M	38		01:01:05	00:59:24	
1594	1743	ORLANDO DUARTE	M	56		01:01:06	00:59:46	
1595	862	BERNARDO FERRAO	M	33		01:01:07	00:59:40	
1596	240	IOLANDA PEREIRA	F	42		01:01:08	00:59:55	HAVI LOGISTICS
1597	339	ANTONIETA BRITO	F	50		01:01:11	00:59:45	
1598	110	CARLOS FERREIRA	M	49		01:01:12	00:59:42	CÂMARA LISBOA CLUBE
1599	889	CARLOS MANUEL NOVAIS RIBEIRO	M	36		01:01:13	00:59:08	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1600	846	RUI NOBRE	M	39		01:01:15	00:59:17	RUI NOBRE
1601	1370	NUNO ALEXANDRE SANTIAGO	M	37		01:01:19	00:58:45	
1602	1371	ANDREIA PEREIRA	F	28		01:01:19	00:59:46	
1603	672	HUGO PEREIRA	M	39		01:01:21	00:59:35	
1604	2518	JOAQUIM FULGENCIO	M	56		01:01:21	01:00:40	C MILLENNIUN BCP
1605	1620	JOÃO MACHADO	M	28		01:01:22	00:59:00	LOS NACHOS
1606	964	CECILIA RIBEIRO	F	44		01:01:23	01:01:07	
1607	1534	SÉRGIO MARTINS	M	33		01:01:26	00:59:18	TFM
1608	1533	RAQUEL MARTINS	F	33		01:01:26	00:59:19	TFM
1609	2006	ROGÉRIO PINA	M	59		01:01:26	01:00:51	CLUBE ANACOM
1610	2029	ANA S PEREIRA	F	28		01:01:27	01:00:37	GDA CIMPOR
1611	2496	Mª TERESA JANELA	F	56		01:01:27	01:00:49	C MILLENNIUN BCP
1612	57	ANTÓNIO SIETRA	M	42		01:01:28	00:59:59	CLUBE VODAFONE
1613	1992	ARTUR DINIS	M	56		01:01:29	01:00:05	
1614	340	CLÁUDIA SOFIA SIMPLICIO	F	34		01:01:37	01:00:11	
1615	48	RUI COELHO	M	31		01:01:37	01:00:22	RUIS
1616	687	JOAQUINA MARQUES	F	47		01:01:38	01:00:27	MARGEM SUL
1617	565	WILIAM CARDOSO	M	39		01:01:41	01:00:25	ADEGA DESPORTIVA - A GARAGEM
1618	566	VIRGÍLIO ESPADA	M	59		01:01:41	01:00:24	ADEGA DESPORTIVA - A GARAGEM
1619	81	LUÍS BOLETO	M	36		01:01:42	01:00:08	C.A. AMIGOS PARQUE DA PAZ
1620	1628	SUSANA VILAÇA	F	28		01:01:42	01:00:08	
1621	1809	DAVID SABINO	M	24		01:01:44	00:59:40	
1622	366	JOSE MANUEL MATILDE	M	57		01:01:45	00:59:55	OS NUNES
1623	364	GONÇALO NUNES	M	23		01:01:45	00:59:56	OS NUNES
1624	2299	NUNO AMEIXIAL	M	40		01:01:46	00:59:57	SONAE
1625	2275	JOSE SEQUEIRA	M	53		01:01:48	01:00:35	AÇOREANA C BANIF
1626	686	PAULA ANTUNES	F	45		01:01:49	01:00:38	MARGEM SUL
1627	658	PAULO PAIXÃO	M	39		01:01:52	01:01:09	AMIGOS 4RUN
1628	656	CATARINA MORGADO FIGUEIRA	F	35		01:01:52	01:01:09	AMIGOS 4RUN
1629	1614	RITA PEDROSO	F	27		01:01:55	01:00:54	OS AMIGOS DA KIKA
1630	2430	PATRICIA MORAIS	F	36		01:01:56	01:00:37	SS CGD
1631	456	VASCO PERES	M	36		01:01:56	01:00:31	AUTOZITANIA
1632	298	AMÉLIA JOAQUIM	F	46		01:01:56	01:00:32	
1633	1629	FLORBELA MORAIS	F	38		01:01:57	01:00:09	FRIENDS2RUN
1634	2429	OLIMPIO GONÇALVES	M	38		01:01:58	00:59:37	SS CGD
1635	1750	SUSANA PINHEIRO	F	28		01:01:59	01:00:41	
1636	2522	ANTONIO GASPAR	M	70		01:01:59	01:01:39	GD IN CASA MOEDA
1637	1752	RICARDO ROSA	M	35		01:01:59	01:00:42	
1638	776	ANA CARINA TEIXEIRA	F	34		01:02:00	01:01:39	CARACOIS

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1639	775	JORGE GOMES	M	42		01:02:00	01:01:37	CARACOIS
1640	542	MARIA INES CALVÃO BARÃO	F	46		01:02:02	01:00:08	
1641	1499	JOSÉ GASPAR RIBEIRO	M	67		01:02:07	01:01:16	
1642	114	CINA ANTUNES	F	29		01:02:10	01:01:31	VALEJAS ATLÉTICO CLUBE
1643	2523	ANTONIO NASCIMENTO	M	73		01:02:11	01:01:03	GD IN CASA MOEDA
1644	609	SANDRA POIROT	F	30		01:02:14	01:00:30	FAMÍLIA FERNANDES
1645	607	MARIA GORETI FERNANDES	F	49		01:02:14	01:01:29	FAMÍLIA FERNANDES
1646	629	JONATHAN POIROT	M	30		01:02:14	01:01:30	FAMÍLIA FERNANDES
1647	1619	PAULO FAGUNDES	M	29		01:02:15	01:00:05	
1648	2501	FERNANDO FERREIRA	M	67		01:02:21	01:02:01	C MILLENNIUM BCP
1649	523	JOAO PEREIRA	M	51		01:02:21	01:01:32	CCD PM CASCAIS
1650	1583	PEDRO GIL	M	36		01:02:24	01:01:19	COLINAS BIKE TOUR
1651	1841	LUIA COSTA	F	44		01:02:25	01:01:22	
1652	373	INÊS CUNHA	F	27		01:02:33	01:01:12	CLUBE ROBBIALAC
1653	418	CÁTIA ANASTÁCIO	F	31		01:02:35	01:00:53	CLUBE GBES
1654	1781	ANA RUTE SOUSA	F	34		01:02:36	01:01:51	PAPA TRILHOS
1655	546	LUIS REBELO	M	36		01:02:47	01:01:45	CATERINGPOR
1656	2448	CLAUDIA ANDRE	F	36		01:02:53	01:02:13	SC CASAINHOS
1657	93	CESAR SANTOS	M	62		01:02:55	01:02:01	JUST RUN - SETUBAL
1658	1857	JOAO AFONSO	M	47		01:03:04	01:00:51	
1659	78	AGAPITO BELGA	M	62		01:03:10	01:02:15	C.A. AMIGOS PARQUE DA PAZ
1660	42	ANA-ALICE SIMÕES PEREIRA	F	50		01:03:18	01:02:48	
1661	1932	GABRIEL VIEIRA	M	26		01:03:20	01:01:13	DEVAGAR E DEVAGARINHO
1662	1605	SORAIA VAZ	F	30		01:03:22	01:01:31	
1663	831	CARLOS GUERREIRO	M	35		01:03:23	01:01:31	OS ATLETAS
1664	2589	LUIS CORTES	M	43		01:03:25	01:01:12	BORN
1665	661	RUTE LOPES	F	20		01:03:25	01:01:52	
1666	2590	DIOGO F G SEGURO	M	25		01:03:25	01:03:25	BORN
1667	623	SARA SERRA	F	32		01:03:30	01:01:54	
1668	1630	RUTE PATROCÍNIO	F	38		01:03:35	01:01:48	FRIENDS2RUN
1669	131	MARGARIDA SEVERINO	F	28		01:03:37	01:02:41	GD CIMPOR & AMIGOS
1670	130	MARIA JOÃO LAZANA	F	43		01:03:41	01:02:45	GD CIMPOR & AMIGOS
1671	264	RUI VIDEIRA	M	38		01:03:44	01:01:42	
1672	1788	DIOGO MAROUÇO	M	42		01:03:48	01:01:43	DCPC
1673	1575	ANABELA FILIPE	F	29		01:03:48	01:02:33	XXXXXXXXXX
1674	1577	DAVID SARAIVA	M	31		01:03:49	01:02:33	XXXXXXXXXX
1675	747	MARIA DE FÁTIMA AGUIAR	F	42		01:03:51	01:02:31	
1676	633	LÉNIO FERNANDO NOGUEIRA MARINHO	M	59		01:03:51	01:02:21	
1677	632	ANA CRISTINA CALAFATE	F	47		01:03:52	01:02:23	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1678	68	JOANA FERNANDES CHOURIÇO	F	21		01:03:54	01:03:44	
1679	69	JOANA D"ARC CHOURIÇO	F	50		01:03:55	01:03:45	
1680	900	SANDRO EDUARDO VARAGILAL PEDRO	M	31		01:04:02	01:02:54	
1681	899	ANA CATARINA LADEIRA DA SILVA	F	31		01:04:03	01:02:54	
1682	1383	RICARDO RODRIGUES	M	33		01:04:08	01:01:57	
1683	222	PEDRO CORTES	M	38		01:04:08	01:02:25	
1684	223	SÍLVIA SILVA	F	37		01:04:08	01:02:24	
1685	1622	MANUEL VASCONCELOS	M	43		01:04:15	01:01:53	LOS NACHOS
1686	1365	RITA GONÇALVES	F	30		01:04:19	01:02:59	
1687	393	JOSÉ ANTÓNIO MATIAS TEIXEIRA ROMÃO	M	45		01:04:19	01:02:24	ATOMIC TEAM
1688	1364	BRUNO GONÇALVES	M	32		01:04:19	01:02:59	
1689	1498	JOSÉ LUÍS GONÇALVES	M	70		01:04:24	01:03:37	
1690	99	JOÃO AZEDO	M	37		01:04:26	01:03:01	AUTOZITANIA
1691	628	NUNO SANTOS FERNANDES	M	22		01:04:28	01:02:24	CEFA-MARINHA
1692	166	SANTOS BICA	M	23		01:04:28	01:02:24	CEFA-MARINHA 3
1693	855	DEOLINDA COSTA	F	37		01:04:35	01:03:02	3C&FRIENDS
1694	635	RUI MIGUEL DE CARVALHO ALEXANDRE	M	32		01:04:37	01:01:34	PEPSICO PORTUGAL
1695	636	JOANA TOMÁS GOMES DOS SANTOS PINTO	F	34		01:04:38	01:02:37	PEPSICO PORTUGAL
1696	1690	JOANA OLIVEIRA	F	33		01:04:40	01:03:49	SONAE
1697	1786	ANA RAQUEL SOUSA GASPAR	F	34		01:04:43	01:02:54	ESMTC
1698	192	RITA SOFIA NEVES	F	26		01:04:50	01:02:41	
1699	1873	BRUNO GOMES	M	24		01:04:53	01:04:53	
1700	2464	LILIANA RODRIGUES	F	31		01:04:55	01:04:11	SS MONTEPIO GERAL
1701	2598	PEDRO N R ABREU	M	37		01:04:56	01:02:59	SONAE
1702	1413	LINO GOMES	M	52		01:05:04	01:04:42	CCD CRÉDITO AGRÍCOLA MÚTUO
1703	446	FERNANDA PAULO	F	41		01:05:06	01:03:11	ATOMIC TEAM
1704	494	MARIA SABARIGO	F	31		01:05:06	01:03:11	ATOMIC TEAM
1705	880	JOANA QUEIROZ	F	33		01:05:09	01:03:37	HAND2HAND
1706	879	MARTA QUEIROZ	F	36		01:05:09	01:03:36	HAND2HAND
1707	1842	LUIS COSTA	M	48		01:05:13	01:04:11	
1708	1621	MARGARIDA BOAVIDA	F	29		01:05:15	01:02:53	LOS NACHOS
1709	1791	DANIELA ROLDÃO	F	28		01:05:21	01:03:17	DCPC
1710	559	JOHNNY THOMASSEN	M	53		01:05:21	01:04:42	
1711	613	FLORBELA SOARES	F	48		01:05:28	01:04:34	
1712	28	ISABEL NOGUEIRA	F	24		01:05:30	01:04:12	
1713	49	RUI VENTURA	M	27		01:05:30	01:04:12	RUIS
1714	2455	ANA SARAMAGO	F	34		01:05:35	01:05:12	SS MONTEPIO GERAL
1715	2454	ANA PAIXAO	F	41		01:05:38	01:04:14	SS MONTEPIO GERAL
1716	1892	FERNANDO PEREIRA RODRIGUES	M	71		01:05:41	01:05:26	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1717	1895	LUISA ALVES	F	32		01:05:50	01:05:28	ODEBRECHT
1718	385	CARLOS MARTINS	M	70		01:05:56	01:05:22	
1719	1376	PAULO VALENTE	M	34		01:05:58	01:05:00	MITCH TEAM - SANTA CRUZ
1720	1849	SUSANA LUISA DE OLIVEIRA ALVES	F	40		01:05:58	01:04:28	
1721	1649	MARIA JOSE BATISTA	F	47		01:06:03	01:04:02	G.A. "OS TARTARUGAS"
1722	751	MARIA FRANCO AMADO MORADAS FERREIRA	F	30		01:06:04	01:04:54	
1723	1803	PAULO JORGE GONÇALVES RODRIGUES	M	25		01:06:09	01:04:16	
1724	605	DÉLIA BOINO	F	38		01:06:09	01:05:25	
1725	562	SANDRA CAETANO	F	39		01:06:09	01:05:24	
1726	407	PEDRO FIGUEIREDO	M	40		01:06:10	01:05:05	CLUBE GBES
1727	325	SORAIA VELHO	F	25		01:06:12	01:04:51	
1728	1884	JOAO UMBELINO	M	32		01:06:14	01:05:32	SERLIMA
1729	1729	ANA SEABRA	F	48		01:06:21	01:04:14	
1730	1909	LUIS MIGUEL LEITÃO SIMÕES	M	31		01:06:21	01:04:13	APAIXONADOS
1731	2412	DORA PIRES	F	47		01:06:34	01:05:15	SS CGD
1732	630	FREDERICO GOMES	M	23		01:06:39	01:04:54	FAMÍLIA FERNANDES
1733	2030	ANDRÉ CAPELO	M	21		01:06:40	01:05:47	GDA CIMPOR
1734	1820	ANA CRISTINA RAPOSO ROSA	F	25		01:06:41	01:05:34	
1735	1790	ULISSES OLIVEIRA	M	41		01:06:48	01:04:43	DCPC
1736	1390	FABIOLA CABRAL	F	30		01:06:50	01:05:25	
1737	2080	JOSÉ CARITA	M	55		01:06:51	01:05:01	CR LEOES P SALVO
1738	988	JOÃO GOMES	M	62		01:06:51	01:05:48	VILA FRIA/JG SEGUROS
1739	1391	ROBERTO NUNO GOUVEIA	M	33		01:06:54	01:05:29	
1740	1821	ÁLIA AMADÁ	F	29		01:06:57	01:06:24	
1741	1436	CARLOS DIAS	M	36		01:06:58	01:06:13	
1742	2405	ANGELA CRUZ	F	42		01:07:01	01:05:44	SS CGD
1743	936	JOAO GRAÇA	M	74		01:07:02	01:05:03	NUCLEO DESPORTIVO AUTOCOOPE
1744	2260	ANA CANAVEIRA	F	46		01:07:02	01:05:49	AÇOREANA C BANIF
1745	2193	ARMÉNIO PATRICIO	M	73		01:07:05	01:06:37	LINDA A PASTORA SC
1746	765	LURDES DA CONCEIÇÃO GOMES DOS SANTOS	F	29		01:07:07	01:06:10	
1747	963	MAFALDA CARVALHO	F	35		01:07:13	01:06:57	
1748	311	CARLA RESENDE	F	44		01:07:17	01:06:26	
1749	312	SÉRGIO CARDOSO	M	34		01:07:17	01:06:26	
1750	642	FÁBIO LOUÇÃO	M	28		01:07:18	01:05:11	INFOSISTEMA RUNNING TEAM
1751	84	OTÍLIA ROSADO	F	40		01:07:26	01:06:05	C.A. AMIGOS PARQUE DA PAZ
1752	1494	PAULA NOGUEIRA	F	35		01:07:35	01:05:34	G.A. "OS TARTARUGAS"
1753	75	NUNO RICARDO MARTINS MONTALVERNE	M	34		01:07:36	01:05:30	CLUBE PT
1754	91	SANDRA PINTOR	F	31		01:07:44	01:05:36	PINTOR
1755	47	JOAO JOSE GOMES GONÇALVES	M	32		01:07:46	01:06:31	

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1756	90	MANUELA PINTOR	F	26		01:07:47	01:05:39	PINTOR
1757	434	PEDRO CORREIA	M	37		01:07:48	01:05:35	RUGBY CLUBE DE OEIRAS
1758	376	MÁRIO RUI	M	55		01:07:58	01:06:35	CLUBE ROBBIALAC
1759	119	FÁTIMA LOUREIRO	F	53		01:08:04	01:06:32	CORRER COM ALMA
1760	2099	LUIS XAVIER	M	26		01:08:06	01:07:33	GD SÃO DOMINGOS
1761	2586	JOANA WILDERS	F	38		01:08:10	01:06:51	SONAE
1762	1457	ALEXANDRE DOMINGOS	M	40		01:08:14	01:06:24	S&A
1763	2210	JOAQUIM LIMA	M	19		01:08:18	01:07:59	NUCLEOEIRAS
1764	1935	PEDRO BRONZE	M	35		01:08:24	01:06:46	
1765	1770	TIAGO RIBEIRO	M	29		01:08:27	01:07:08	
1766	1824	FERNANDO MANUEL COELHO	M	48		01:08:29	01:07:01	
1767	1798	INÊS C. REAL	F	33		01:08:34	01:06:30	SALVA-ME BARRICA
1768	1797	JOÃO R. CARDOSO	M	39		01:08:34	01:06:30	SALVA-ME BARRICA
1769	873	MARGARIDA MARINHO	F	27		01:08:40	01:08:40	BLITZ
1770	596	ELIAS DE JESUS LUIS	M	73		01:08:45	01:06:52	
1771	1520	CATARINA RIBEIRO CALDAS	F	24		01:08:45	01:07:28	
1772	1459	JOÃO RUI FONSECA GOUVEIA DE CARVALHO	M	34		01:08:52	01:06:35	
1773	973	JOÃO RODRIGUES	M	24		01:08:53	01:07:24	EMPURREM NOS!
1774	787	RICARDO COSTA	M	35		01:08:53	01:07:22	EMPURREM NOS!
1775	1458	MARIANA ALMEIDA ESCADA DA COSTA CARVALHO	F	24		01:08:53	01:06:36	
1776	1959	CAMILA MORAIS	F	22		01:08:55	01:07:50	
1777	871	TATIANA CAMPENHE	F	29		01:08:56	01:06:46	MG EQUIPAMENTOS
1778	2577	ANA VAREJÃO	F	49		01:08:57	01:07:29	
1779	2575	ANTÓNIO MELO	M	52		01:08:57	01:07:28	
1780	1699	MIGUEL OSORIO	M	33		01:09:03	01:09:00	SONAE
1781	1700	GABRIELA OSORIO	F	33		01:09:04	01:09:04	SONAE
1782	147	MAFALDA SOFIA MATEUS VERÍSSIMO	F	36		01:09:04	01:07:02	
1783	94	MARCO VESTIA	M	31		01:09:08	01:08:08	JUST RUN - SETUBAL
1784	2453	Mª CARMO ANJOS	F	67		01:09:17	01:08:06	J FREG PORTELA
1785	1728	LÚCIA CAVALEIRO	F	36		01:09:19	01:07:14	
1786	435	MARIA JOÃO GUERREIRO	F	26		01:09:21	01:07:21	RUGBY CLUBE DE OEIRAS
1787	117	GONÇALO FERNANDES	M	38		01:09:23	01:07:24	
1788	2482	RUTE MORNA	F	38		01:09:24	01:07:25	SS MONTEPIO GERAL
1789	2469	MARIO MORNA	M	56		01:09:24	01:07:24	SS MONTEPIO GERAL
1790	271	TATIANA ANTUNES	F	20		01:09:29	01:08:34	LESMAS ALOPRADAS
1791	1723	MANUEL FERREIRA	M	74		01:09:34	01:09:02	G D JOANINHAS LEIAO
1792	2277	MA FEE HUNG	F	63		01:09:35	01:08:32	AÇOREANA C BANIF
1793	1818	DIANA GUIMARÃES	F	39		01:09:39	01:08:03	
1794	2535	ANA MORAIS	F	38		01:09:46	01:08:29	GD IN CASA MOEDA

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1795	1744	ANTONIO MARQUES	M	67		01:09:50	01:09:20	
1796	100	DULCE MORÃO	F	38		01:09:54	01:08:03	FRIENDS2RUN
1797	101	LURDES SARDINHA	F	37		01:09:55	01:08:04	FRIENDS2RUN
1798	142	LUIS MIGUEL CRUZ	M	45		01:09:57	01:07:54	MODIS
1799	444	PEDRO MATOSO	M	33		01:09:57	01:08:03	ATOMIC TEAM
1800	140	CARLOS PEDRO FERREIRA	M	47		01:09:57	01:07:54	MODIS
1801	1461	MARIA DA LUZ SOUSA DA FONSECA CARVALHO	F	56		01:09:59	01:07:42	
1802	1460	RUI MANUEL GOUVEIA CARVALHO	M	59		01:09:59	01:06:40	
1803	739	MAYER RAPOSO	M	66		01:10:30	01:08:46	
1804	1907	ANITA TSENKOVA	F	24		01:10:40	01:08:45	
1805	1783	BRUNO GONÇALO PEREIRA CARVALHO CONCEIÇÃO	M	38		01:10:52	01:09:03	ESMTC
1806	659	VANDA SEQUEIRA	F	41		01:11:02	01:10:18	AMIGOS 4RUN
1807	981	LINA CRUZ	F	53		01:11:02	01:09:42	
1808	30	CHARLOTTE JOHNSON	F	65		01:11:02	01:10:37	SEMPRE EM FESTA
1809	980	MAFALDA CARVALHO	F	34		01:11:02	01:09:42	
1810	2425	MANUEL BRÁS	M	45		01:11:04	01:09:44	SS CGD
1811	1677	MAFALDA ROCHA	F	25		01:11:06	01:10:23	
1812	1385	FILIPE MANUEL ESPINHA SOARES DA SILVA	M	37		01:11:07	01:09:18	ROUND TABLE RUNNING TEAM
1813	1810	DINA MIMOSO	F	34		01:11:33	01:09:41	GIRLS RUN 4 FUN
1814	1811	CRISTINA PIMENTA	F	37		01:11:34	01:09:41	GIRLS RUN 4 FUN
1815	2184	FERNANDO POÇAS	M	41		01:11:46	01:10:00	LINDA A PASTORA SC
1816	2473	PAULO FERREIRA	M	47		01:11:52	01:11:29	SS MONTEPIO GERAL
1817	1462	MARIO PIRES	M	54		01:11:54	01:10:03	
1818	557	CATARINA REIS	F	39		01:12:05	01:10:20	
1819	1456	SANDRA SOUSA	F	39		01:12:07	01:10:17	S&A
1820	1618	RITA ANTUNES	F	25		01:12:11	01:10:01	
1821	833	ELISABETE FERNANDES	F	39		01:12:17	01:10:12	DCPC
1822	2517	JOSE ARRUDA	M	64		01:12:21	01:10:15	C MILLENNIUN BCP
1823	2516	FOCK CHIU	F	63		01:12:21	01:10:15	C MILLENNIUN BCP
1824	457	RINGO GODINHO	M	39		01:12:24	01:10:58	AUTOZITANIA
1825	1507	EVA ANDRADE	F	26		01:12:24	01:10:47	
1826	1825	MARIA MAUELA R.M.COELHO	F	48		01:12:28	01:10:59	
1827	3108	ISABEL CALDEIRA	F	40		01:12:32	01:12:32	
1828	1651	ANA LUISA CARREIRO	F	36		01:12:33	01:10:25	TFM
1829	1993	HUGO FERNANDES	M	32		01:12:44	01:10:43	TEAM HANGOVER
1830	1989	JOÃO SALGUEIRO	M	32		01:12:45	01:10:45	TEAM HANGOVER
1831	1994	RAFAELA MACHADO	F	30		01:12:45	01:10:45	TEAM HANGOVER
1832	1795	SÓNIA ALVES FERNANDES	F	29		01:12:50	01:11:09	
1833	915	FERNANDO VASCONCELOS	M	49		01:13:02	01:11:28	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1834	2545	ANA MACHADO	F	32		01:13:23	01:11:06	INDIVIDUAL
1835	2544	PAULO CAEIRO	M	32		01:13:24	01:11:06	
1836	191	FRANCISCO JOSÉ GALÃO BERNARDO	M	38		01:13:24	01:11:15	FRIENDS2RUN
1837	98	RUI AFONSO	M	41		01:14:13	01:12:41	
1838	692	SAMEIRO NUNES	F	60		01:14:23	01:13:25	JUST RUN - SETUBAL
1839	691	HELENA LOUÇÃO	F	57		01:14:25	01:13:26	JUST RUN - SETUBAL
1840	960	LILIANA CORREIA	F	38		01:15:01	01:14:45	
1841	428	LUÍS CAETANO	M	49		01:15:09	01:13:27	CLUBE GBES
1842	1516	ANA ALMEIDA	F	33		01:15:19	01:14:42	SONAE
1843	1625	MARIA DE FÁTIMA SALGUEIRO	F	40		01:15:32	01:13:22	MG EQUIPAMENTOS
1844	269	TANIA REVES	F	34		01:15:33	01:14:37	LESMAS ALOPRADAS
1845	1624	RAQUEL SERRA	F	26		01:15:35	01:13:25	MG EQUIPAMENTOS
1846	1434	GABRIEL MORIM	M	42		01:15:36	01:14:26	
1847	2426	MARIO PEREIRA	M	38		01:15:39	01:14:17	SS CGD
1848	97	CRISTINA CUNHA	F	43		01:15:57	01:14:24	
1849	852	MARIA DA LUZ PEREIRA	F	42		01:16:07	01:14:35	3C&FRIENDS
1850	856	CRISTINA ROSADO	F	41		01:16:11	01:14:38	3C&FRIENDS
1851	853	LUIS FERREIRA	M	30		01:16:11	01:14:38	3C&FRIENDS
1852	615	MARGARIDA CARNEIRO	F	30		01:16:13	01:14:56	
1853	318	JOÃO RAPOSO	M	38		01:16:13	01:14:17	
1854	316	SUSANA DE OLIVEIRA HORTA NOVA	F	35		01:16:14	01:14:19	
1855	1831	LURDES LARANJEIRA	F	48		01:16:14	01:14:55	MALTA DA GRAÇA
1856	314	DENISE RIBEIRO DE OLIVEIRA DOS SANTOS	F	38		01:16:14	01:14:19	
1857	1833	SORAIA LARANJEIRA	F	24		01:16:15	01:14:58	MALTA DA GRAÇA
1858	146	PATRÍCIA COSTA	F	32		01:16:26	01:13:23	
1859	346	CARLA PALMEIRO	F	38		01:16:41	01:15:51	
1860	347	MEG GARCIA	F	38		01:16:41	01:15:51	
1861	1560	SUSANA DE BRITO RIBEIRO ALVES CASEIRO	F	39		01:16:53	01:15:32	BORA LÁ!
1862	1780	MARA SANTOS	F	29		01:17:41	01:16:50	PAPA TRILHOS
1863	641	MÁRIO COELHO	M	30		01:18:01	01:15:54	INFOSISTEMA RUNNING TEAM
1864	1903	VERA SILVA	F	54		01:18:19	01:18:07	ODEBRECHT B
1865	1565	LUIS CACHADA	M	55		01:18:33	01:17:22	
1866	1564	TERESA CACHADA	F	23		01:18:33	01:17:22	
1867	92	CATARINA GOMES	F	29		01:18:52	01:16:43	PINTOR
1868	2060	ANA ISABEL	F	55		01:19:46	01:19:41	CR LEOES P SALVO
1869	750	HELENA MARIA CUPERTINO FRANCO	F	40		01:21:11	01:19:22	
1870	749	JOAO NOGUEIRA	M	49		01:21:12	01:19:23	
1871	1733	JOÃO CARDOSO	M	45		01:21:14	01:19:42	
1872	95	MARTA VESTIA	F	31		01:21:22	01:20:22	JUST RUN - SETUBAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1873	123	CLAUDIA MARTINS	F	40		01:21:38	01:20:08	
1874	464	CARLA MILEU	F	39		01:23:12	01:21:20	FRIENDS2RUN
1875	2466	LURDES FERREIRA	F	51		01:23:54	01:22:30	SS MONTEPIO GERAL
1876	27	LUCINDA HENRIQUES	F	65		01:24:29	01:24:04	
1877	2300	CATARINA AMEIXIAL	F	39		01:24:29	01:22:38	SONAE
1878	414	TERESA MATOSO	F	49		01:25:20	01:24:16	CLUBE GBES
1879	1714	MARINA MORAES	F	50		01:25:35	01:23:34	
1880	1715	MARGARIDA INÊS PIRES TRAÇA	F	22		01:25:35	01:23:34	
1881	160	MARTA SANTOS	F	22		01:26:11	01:23:52	LEÕES SANTOS
1882	158	FRANCISCO SANTOS	M	26		01:26:11	01:23:52	LEÕES SANTOS
1883	983	CRISTINA BENTO	F	49		01:27:30	01:25:00	STARS
1884	985	VANDA NAMURA	F	39		01:27:30	01:25:00	STARS
1885	122	PAULA SANDRA MAIA	F	39		01:27:39	01:26:09	
1886	120	LUIS ROMANEIRO	M	53		01:27:40	01:26:09	CORRER COM ALMA
1887	786	RUI SILVA	M	27		01:28:30	01:27:00	EMPURREM NOS!
1888	788	MARTA PERALTA	F	23		01:28:30	01:27:00	EMPURREM NOS!
1889	162	SARA PAIXÃO	F	22		01:29:26	01:27:07	LEÕES SANTOS
1890	159	ANABELA SANTOS	F	54		01:29:28	01:27:09	LEÕES SANTOS
1891	161	FRANCISCO SANTOS	M	54		01:29:28	01:27:11	LEÕES SANTOS
1892	1671	RUI OLIVEIRA	M	50		01:29:45	01:29:19	FALCÕES SELVAGENS
1893	1672	CARLOS MORAIS	M	42		01:29:45	01:29:18	FALCÕES SELVAGENS
1894	417	ALVARO AMADO	M	58		01:29:52	01:28:17	CLUBE GBES
1895	601	LUIS VELADAS	M	64		01:30:34	01:29:02	
1896	579	MARIA JOÃO CORREIA	F	38		01:30:34	01:29:03	
1897	1761	SOFIA LAURA SILVA	F	29		01:30:44	01:28:30	
1898	2316	PEDRO FERREIRA	M	46		01:32:31	01:32:31	RB RUNNING

Total de registros: 1898

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	2174	VISILINE JEPKESHO	F	25	00:33:01	00:32:59	KÉNIA
2	268	ANA MAFALDA FERREIRA	F	25	00:33:54	00:33:51	
3	2564	CATIA SANTOS	F	33	00:34:32	00:34:29	GD ESTREITO
4	2032	MARGARIDA DIONISIO	F	26	00:35:29	00:35:26	C OLIMPICO OEIRAS
5	2154	ANDREIA SANTOS	F	28	00:35:40	00:35:36	JOMA
6	2153	NEIDE DIAS	F	26	00:35:46	00:35:33	JOMA
7	2593	VERA NUNES	F	33	00:35:49	00:35:46	SL BENFICA
8	208	PAMELLA OLIVEIRA	F	26	00:36:29	00:36:23	ÁGUIAS DE ALPIARÇA - TRIATLO
9	2177	SUSANA CUNHA	F	25	00:36:37	00:36:31	LINDA A PASTORA SC
10	207	ANA FILIPA SANTOS	F	32	00:36:51	00:36:46	ÁGUIAS DE ALPIARÇA - TRIATLO
11	2311	VERA FERNANDES	F	28	00:37:20	00:37:16	RB RUNNING
12	2205	MÓNICA MOREIRAS	F	34	00:38:13	00:38:10	NUCLEOEIRAS
13	2054	SOFIA MONTEIRO	F	33	00:39:41	00:39:31	CR LEOES P SALVO
14	2121	ANA T MACHADO	F	24	00:39:48	00:39:40	INGLESES FC
15	2594	SONIA SOUSA	F	33	00:40:19	00:40:16	SL BENFICA
16	209	ANDREIA FERRUM	F	20	00:40:27	00:40:21	ÁGUIAS DE ALPIARÇA - TRIATLO
17	2034	CELINA RODRIGUES	F	24	00:41:06	00:40:54	CRD ARRUDENSE
18	573	SARA MARGARIDA MILHEIRO DE MELO MARINHO	F	23	00:41:41	00:41:11	ENDURANCE RUNNERS
19	2152	MÁRCIA MARTINS	F	21	00:41:47	00:41:44	JOMA
20	2201	HELENA BARBOSA	F	30	00:42:07	00:41:25	NUCLEOEIRAS
21	2012	RITA RODRIGUES	F	20	00:42:19	00:42:12	CDUL
22	2033	ANA C CAROLA	F	24	00:42:26	00:42:15	CRD ARRUDENSE
23	396	RITA ALEXANDRA DA SILVA RIBEIRO	F	29	00:42:27	00:42:12	ESCOLA ATLETISMO RUI SILVA
24	247	LUISA CONDEÇO	F	20	00:42:37	00:42:28	
25	1724	CATARINA FERREIRA	F	29	00:42:42	00:42:33	G D JOANINHAS LEIAO
26	2259	ALEXANDRA ALVES	F	30	00:42:54	00:42:47	AÇOREANA C BANIF
27	262	EDUARDA VIDIGUEIRA	F	20	00:44:08	00:43:59	ÁGUIAS DE ALPIARÇA - TRIATLO
28	2202	MARISA ANTUNES	F	21	00:44:41	00:44:12	NUCLEOEIRAS
29	976	ANDREIA PARENTE	F	31	00:45:37	00:44:52	
30	210	SARA TENRINHO	F	20	00:45:48	00:45:39	ÁGUIAS DE ALPIARÇA - TRIATLO
31	279	SÓNIA COSTA	F	32	00:45:48	00:44:56	COSTA TAVARES
32	977	FILIPA FARINHA	F	30	00:45:52	00:45:12	OPTICALIA RUNNING TEAM
33	174	SANDRA CONCEIÇÃO	F	33	00:46:46	00:45:45	CEFA-MARINHA 3
34	572	INÉS VILA LUZ	F	20	00:46:54	00:45:19	VILA LUZ TEAM
35	45	LILIANA ALEXANDRE	F	22	00:47:21	00:47:07	CASA DO BENFICA TORRES VEDRAS
36	1682	SUSANA MELO JORGE	F	20	00:47:27	00:46:58	MENTE TRAQUINA
37	534	TANIA VALENTIM	F	31	00:48:05	00:47:46	CCD PM CASCAIS
38	1725	MARINA DOMINGUES	F	31	00:48:37	00:48:05	
39	2442	SARA LOUREIRO	F	25	00:48:38	00:47:13	SC CASAINHOS
40	2156	CATIA SERODIO	F	34	00:49:24	00:49:24	JOMA

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	2245	SORAIA ARMANDO	F	24	00:50:05	00:49:57	SC REBOLEIRA DAMAIA
42	453	FILIPA RELVAS	F	26	00:50:20	00:49:33	ATOMIC TEAM
43	1908	ANA FILIPA MELEIRO BERNARDO	F	31	00:51:09	00:49:03	APAIXONADOS
44	962	CATARINA CORREIA	F	20	00:51:14	00:50:58	
45	2203	ANDREIA MIRANDA	F	21	00:51:35	00:51:31	NUCLEOEIRAS
46	1930	MICAELA MENDES	F	30	00:51:38	00:50:57	
47	261	VITÓRIA OLIVEIRA	F	20	00:52:19	00:52:10	ÁGUIAS DE ALPIARÇA - TRIATLO
48	617	SANDRA ARRAIAS	F	32	00:52:22	00:50:49	OS ARRAIAS
49	693	ANGELA NUNES	F	29	00:52:38	00:51:38	JUST RUN - SETUBAL
50	622	CLAUDIA AMARAL FONSECA	F	33	00:52:56	00:51:37	
51	872	ANGELA NUNES	F	29	00:53:11	00:51:26	PÉS VOADORES
52	1779	FATIMA SANTOS	F	33	00:53:26	00:53:04	JOBRINDE - MONTES SALOIOS
53	2346	RAQUEL FERREIRA	F	20	00:53:34	00:53:07	ACADEMIA MILITAR
54	390	MARISA MARQUES	F	32	00:53:52	00:52:27	
55	129	FATIMA MARTINS	F	33	00:54:03	00:53:09	GD CIMPOR & AMIGOS
56	761	ANA SILVA	F	24	00:54:03	00:53:31	ASSOCIAÇÃO GD ACADEMIA KORPO
57	1846	CATARINA SANTOS	F	29	00:54:15	00:52:31	PÉS VOADORES
58	469	MARIANA MADEIRA DA SILVA DIAS	F	26	00:54:28	00:54:19	
59	402	ANA AZEVEDO	F	34	00:55:01	00:54:00	CLUBE GBES
60	2512	FILIPA VILAR	F	28	00:55:21	00:54:58	C MILLENNIUN BCP
61	25	ANA ALVES	F	31	00:55:25	00:54:33	
62	178	CATARINA PÁDUA SANTOS	F	24	00:55:40	00:54:48	CEFA-MARINHA 3
63	2283	PAULA SIMOES	F	34	00:55:58	00:54:45	AÇOREANA C BANIF
64	1613	ISABEL MONTEIRO	F	27	00:55:59	00:55:59	OS AMIGOS DA KIKA
65	2363	CAROLINA ROSA	F	22	00:55:59	00:55:32	ACADEMIA MILITAR
66	2342	PATRICIA MANSO	F	20	00:55:59	00:55:32	ACADEMIA MILITAR
67	306	MARIANA CÔRTE-REAL	F	22	00:56:09	00:55:18	
68	336	ANA GIL	F	26	00:56:16	00:54:42	
69	335	ANA MARGARIDA FERREIRA	F	31	00:56:17	00:54:43	
70	199	ATSUKO KIBE	F	29	00:56:21	00:55:06	OMOTENASHI
71	1882	ANA RODRIGUES	F	33	00:56:31	00:54:46	
72	1518	MARIA RITA DA SILVA ALEXANDRE PINTO	F	24	00:56:39	00:52:54	
73	2142	DINA COSTA	F	30	00:56:40	00:56:30	
74	767	JOANA FILIPA PEREIRA RIBEIRO	F	20	00:57:04	00:56:06	
75	1521	ÉNIA GOUVEIA	F	25	00:57:09	00:55:52	
76	726	LAURA GRILO	F	29	00:57:25	00:56:31	CEFA-MARINHA
77	1667	SARA LOPES	F	28	00:57:54	00:57:07	PAPA ASFALTO
78	2437	VERA ALMEIDA	F	33	00:58:00	00:56:43	SS CGD
79	1538	SÉRGIO ALMEIDA	F	32	00:58:11	00:57:15	FAT FIGHTERS
80	379	ANDREIA MARTINS	F	25	00:58:26	00:57:40	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
81	378	ADRIANA	F	24	00:58:31	00:57:45	
82	2419	JOANA SANTOS	F	21	00:58:43	00:57:21	SS CGD
83	185	CLAUDIA CASEIRO	F	33	00:58:46	00:57:19	
84	2155	OTILIA SANTOS	F	30	00:59:01	00:57:18	JOMA
85	1536	ANA RAQUEL PINTO VARELA	F	28	00:59:03	00:57:27	PENDURAS DA TORRE
86	1768	ALDA PINTO	F	26	00:59:18	00:57:43	PINTO GRILO
87	2257	CATARINA GOMES	F	21	00:59:28	00:59:06	CDUL
88	1906	SANDRA LETRAS	F	28	00:59:36	00:59:14	ODEBRECHT B
89	450	ALEXANDRA RODRIGUES	F	32	00:59:36	00:58:49	ATOMIC TEAM
90	60	CLAUDIA TAM	F	31	00:59:44	00:58:45	
91	231	SANDRA ALVES	F	27	00:59:47	00:58:51	S&S
92	652	SUSANA COSTA	F	31	00:59:49	00:57:43	RESTAURANTEOCARTAXEIRO-CANEÇAS
93	2568	MARIA INÊS SILVA	F	20	00:59:59	00:58:18	
94	310	PATRÍCIA DOS SANTOS CANSADO	F	29	01:00:10	00:58:49	
95	326	PAULA VIEIRA	F	25	01:00:10	00:58:49	
96	1878	PATRÍCIA ESTEVES	F	20	01:00:25	00:59:39	
97	1695	EMILIA CABRAL	F	33	01:00:44	01:00:44	SONAE
98	1692	VIRGINIA GUERREIRO	F	33	01:01:01	00:57:39	SONAE
99	1689	ANA I SILVA	F	26	01:01:02	00:57:40	SONAE
100	1371	ANDREIA PEREIRA	F	28	01:01:19	00:59:46	
101	1533	RAQUEL MARTINS	F	33	01:01:26	00:59:19	TFM
102	2029	ANA S PEREIRA	F	28	01:01:27	01:00:37	GDA CIMPOR
103	340	CLÁUDIA SOFIA SIMPLICIO	F	34	01:01:37	01:00:11	
104	1628	SUSANA VILAÇA	F	28	01:01:42	01:00:08	
105	1614	RITA PEDROSO	F	27	01:01:55	01:00:54	OS AMIGOS DA KIKA
106	1750	SUSANA PINHEIRO	F	28	01:01:59	01:00:41	
107	776	ANA CARINA TEIXEIRA	F	34	01:02:00	01:01:39	CARACOIS
108	114	CINA ANTUNES	F	29	01:02:10	01:01:31	VALEJAS ATLÉTICO CLUBE
109	609	SANDRA POIROT	F	30	01:02:14	01:00:30	FAMÍLIA FERNANDES
110	373	INÊS CUNHA	F	27	01:02:33	01:01:12	CLUBE ROBBIALAC
111	418	CÁTIA ANASTÁCIO	F	31	01:02:35	01:00:53	CLUBE GBES
112	1781	ANA RUTE SOUSA	F	34	01:02:36	01:01:51	PAPA TRILHOS
113	1605	SORAIA VAZ	F	30	01:03:22	01:01:31	
114	661	RUTE LOPES	F	20	01:03:25	01:01:52	
115	623	SARA SERRA	F	32	01:03:30	01:01:54	
116	131	MARGARIDA SEVERINO	F	28	01:03:37	01:02:41	GD CIMPOR & AMIGOS
117	1575	ANABELA FILIPE	F	29	01:03:48	01:02:33	XXXXXXXXXX
118	68	JOANA FERNANDES CHOURIÇO	F	21	01:03:54	01:03:44	
119	899	ANA CATARINA LADEIRA DA SILVA	F	31	01:04:03	01:02:54	
120	1365	RITA GONÇALVES	F	30	01:04:19	01:02:59	

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
121	636	JOANA TOMÁS GOMES DOS SANTOS PINTO	F	34	01:04:38	01:02:37	PEPSICO PORTUGAL
122	1690	JOANA OLIVEIRA	F	33	01:04:40	01:03:49	SONAE
123	1786	ANA RAQUEL SOUSA GASPAR	F	34	01:04:43	01:02:54	ESMTC
124	192	RITA SOFIA NEVES	F	26	01:04:50	01:02:41	
125	2464	LILIANA RODRIGUES	F	31	01:04:55	01:04:11	SS MONTEPIO GERAL
126	494	MARIA SABARIGO	F	31	01:05:06	01:03:11	ATOMIC TEAM
127	880	JOANA QUEIROZ	F	33	01:05:09	01:03:37	HAND2HAND
128	1621	MARGARIDA BOAVIDA	F	29	01:05:15	01:02:53	LOS NACHOS
129	1791	DANIELA ROLDÃO	F	28	01:05:21	01:03:17	DCPC
130	28	ISABEL NOGUEIRA	F	24	01:05:30	01:04:12	
131	2455	ANA SARAMAGO	F	34	01:05:35	01:05:12	SS MONTEPIO GERAL
132	1895	LUIZA ALVES	F	32	01:05:50	01:05:28	ODEBRECHT
133	751	MARIA FRANCO AMADO MORADAS FERREIRA	F	30	01:06:04	01:04:54	
134	325	SORAIA VELHO	F	25	01:06:12	01:04:51	
135	1820	ANA CRISTINA RAPOSO ROSA	F	25	01:06:41	01:05:34	
136	1390	FABIOLA CABRAL	F	30	01:06:50	01:05:25	
137	1821	ÁLIA AMADÁ	F	29	01:06:57	01:06:24	
138	765	LURDES DA CONCEIÇÃO GOMES DOS SANTOS	F	29	01:07:07	01:06:10	
139	91	SANDRA PINTOR	F	31	01:07:44	01:05:36	PINTOR
140	90	MANUELA PINTOR	F	26	01:07:47	01:05:39	PINTOR
141	1798	INÊS C. REAL	F	33	01:08:34	01:06:30	SALVA-ME BARRICA
142	873	MARGARIDA MARINHO	F	27	01:08:40	01:08:40	BLITZ
143	1520	CATARINA RIBEIRO CALDAS	F	24	01:08:45	01:07:28	
144	1458	MARIANA ALMEIDA ESCADA DA COSTA CARVALHO	F	24	01:08:53	01:06:36	
145	1959	CAMILA MORAIS	F	22	01:08:55	01:07:50	
146	871	TATIANA CAMPENHE	F	29	01:08:56	01:06:46	MG EQUIPAMENTOS
147	1700	GABRIELA OSORIO	F	33	01:09:04	01:09:04	SONAE
148	435	MARIA JOÃO GUERREIRO	F	26	01:09:21	01:07:21	RUGBY CLUBE DE OEIRAS
149	271	TATIANA ANTUNES	F	20	01:09:29	01:08:34	LESMA ALOPRADAS
150	1907	ANITA TSENKOVA	F	24	01:10:40	01:08:45	
151	980	MAFALDA CARVALHO	F	34	01:11:02	01:09:42	
152	1677	MAFALDA ROCHA	F	25	01:11:06	01:10:23	
153	1810	DINA MIMOSO	F	34	01:11:33	01:09:41	GIRLS RUN 4 FUN
154	1618	RITA ANTUNES	F	25	01:12:11	01:10:01	
155	1507	EVA ANDRADE	F	26	01:12:24	01:10:47	
156	1994	RAFAELA MACHADO	F	30	01:12:45	01:10:45	TEAM HANGOVER
157	1795	SÓNIA ALVES FERNANDES	F	29	01:12:50	01:11:09	
158	2545	ANA MACHADO	F	32	01:13:23	01:11:06	INDIVIDUAL
159	1516	ANA ALMEIDA	F	33	01:15:19	01:14:42	SONAE
160	269	TANIA REVES	F	34	01:15:33	01:14:37	LESMA ALOPRADAS

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
161	1624	RAQUEL SERRA	F	26	01:15:35	01:13:25	MG EQUIPAMENTOS
162	615	MARGARIDA CARNEIRO	F	30	01:16:13	01:14:56	
163	1833	SORAIA LARANJEIRA	F	24	01:16:15	01:14:58	MALTA DA GRAÇA
164	146	PATRÍCIA COSTA	F	32	01:16:26	01:13:23	
165	1780	MARA SANTOS	F	29	01:17:41	01:16:50	PAPA TRILHOS
166	1564	TERESA CACHADA	F	23	01:18:33	01:17:22	
167	92	CATARINA GOMES	F	29	01:18:52	01:16:43	PINTOR
168	95	MARTA VESTIA	F	31	01:21:22	01:20:22	JUST RUN - SETUBAL
169	1715	MARGARIDA INÊS PIRES TRAÇA	F	22	01:25:35	01:23:34	
170	160	MARTA SANTOS	F	22	01:26:11	01:23:52	LEÕES SANTOS
171	788	MARTA PERALTA	F	23	01:28:30	01:27:00	EMPURREM NOS!
172	162	SARA PAIXÃO	F	22	01:29:26	01:27:07	LEÕES SANTOS
173	1761	SOFIA LAURA SILVA	F	29	01:30:44	01:28:30	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	2157	CLÁUDIA PEREIRA	F	37	00:33:22	00:33:19	JOMA
2	2328	MARIA AZEVEDO	F	35	00:43:32	00:43:02	WIKABOO
3	2206	CARLA MARTINS	F	38	00:43:38	00:43:29	NUCLEOEIRAS
4	2207	ANA R PEREIRA	F	38	00:43:40	00:43:35	NUCLEOEIRAS
5	403	PAULA JACOB	F	35	00:45:22	00:44:21	CLUBE GBES
6	2036	ROSA VASSINDULA	F	39	00:45:40	00:45:29	CRD ARRUDENSE
7	2097	ROSÁRIO MORGADO	F	39	00:46:22	00:45:47	GD SÃO DOMINGOS
8	245	CRISTINA RIOS	F	39	00:47:00	00:47:00	COMO TAMOS PAULINHA?!
9	1543	INES PARENTE	F	38	00:47:34	00:47:21	SONAE
10	2055	ALEXANDRA SILVA	F	37	00:48:03	00:47:31	CR LEOES P SALVO
11	2272	ANA LOPES	F	36	00:48:42	00:48:03	AÇOREANA C BANIF
12	290	NOÉMIA MONTEIRO	F	38	00:48:52	00:48:18	CLUBE DO STRESS
13	362	SUSANA FREITAS	F	36	00:51:07	00:50:40	
14	2458	CATARINA DIAS	F	35	00:51:34	00:50:51	SS MONTEPIO GERAL
15	80	ANTÓNIA GAMA JORDÃO	F	36	00:51:39	00:51:19	C.A. AMIGOS PARQUE DA PAZ
16	83	MARIA GAMA	F	38	00:51:39	00:51:20	C.A. AMIGOS PARQUE DA PAZ
17	2035	MONICA VIEIRA	F	38	00:52:30	00:52:13	CRD ARRUDENSE
18	1719	ELISABETE ROUXINOL	F	38	00:53:04	00:52:52	
19	86	INÊS OSÓRIO	F	36	00:53:20	00:51:22	WPP ROAD RUNNERS
20	1828	ANA SILVA	F	39	00:53:46	00:52:25	MALTA DA GRAÇA
21	1847	PAULA CHAVES	F	35	00:54:15	00:52:30	PÉS VOADORES
22	1815	ANDREIA COSTA	F	36	00:54:20	00:53:24	
23	121	VIRGINIA FONSECA	F	39	00:55:46	00:55:46	
24	2288	SANDRA MARTINS	F	36	00:55:58	00:55:28	AÇOREANA C BANIF
25	671	PAULA JORGE	F	35	00:56:22	00:54:37	
26	673	ANA MOURATO	F	37	00:56:27	00:54:39	
27	1778	SUSANA FONSECA	F	36	00:57:13	00:56:05	
28	267	ALEXANDRA INÁCIO	F	39	00:57:43	00:55:45	
29	600	BENEDITA TAVARES	F	36	00:58:12	00:56:17	RUN4BEER
30	602	PAULA AVELAR	F	38	00:58:49	00:56:53	RUN4BEER
31	556	CARLA MORAIS	F	37	00:58:56	00:57:23	
32	994	BEATRIZ RUTE FIGUEIREDO	F	37	00:58:58	00:57:55	
33	599	ANA COSTA	F	36	00:58:59	00:58:18	
34	1789	ROSÁRIO SILVA	F	39	00:59:10	00:57:06	DCPC
35	307	MÓNICA DIAS	F	38	00:59:16	00:58:25	
36	1754	SÓNIA DOMINGOS	F	36	00:59:29	00:57:22	
37	1839	ANA ALMEIDA	F	36	00:59:38	00:58:54	SPORTINGS DE ALMEIDA
38	232	SÓNIA LOPES	F	37	00:59:47	00:58:52	S&S
39	845	CECILIA NOBRE	F	37	00:59:48	00:57:51	RUI NOBRE
40	2479	RITA GONÇALVES	F	38	00:59:57	00:57:55	SS MONTEPIO GERAL

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	1888	ANA RITA RAMOS	F	39	01:00:42	00:58:36	
42	1369	ANA PATRÍCIA BIGODE	F	38	01:00:48	01:00:48	
43	1513	CATARINA BEATO	F	35	01:00:53	01:00:16	SONAE
44	1926	PAULA LEÃO NOGUEIRA	F	37	01:00:55	00:59:12	INDIELISBOARUNNERS
45	656	CATARINA MORGADO FIGUEIRA	F	35	01:01:52	01:01:09	AMIGOS 4RUN
46	2430	PATRICIA MORAIS	F	36	01:01:56	01:00:37	SS CGD
47	1629	FLORBELA MORAIS	F	38	01:01:57	01:00:09	FRIENDS2RUN
48	2448	CLAUDIA ANDRE	F	36	01:02:53	01:02:13	SC CASAINHOS
49	1630	RUTE PATROCÍNIO	F	38	01:03:35	01:01:48	FRIENDS2RUN
50	223	SÍLVIA SILVA	F	37	01:04:08	01:02:24	
51	855	DEOLINDA COSTA	F	37	01:04:35	01:03:02	3C&FRIENDS
52	879	MARTA QUEIROZ	F	36	01:05:09	01:03:36	HAND2HAND
53	605	DÉLIA BOINO	F	38	01:06:09	01:05:25	
54	562	SANDRA CAETANO	F	39	01:06:09	01:05:24	
55	963	MAFALDA CARVALHO	F	35	01:07:13	01:06:57	
56	1494	PAULA NOGUEIRA	F	35	01:07:35	01:05:34	G.A. "OS TARTARUGAS"
57	2586	JOANA WILDERS	F	38	01:08:10	01:06:51	SONAE
58	147	MAFALDA SOFIA MATEUS VERÍSSIMO	F	36	01:09:04	01:07:02	
59	1728	LÚCIA CAVALEIRO	F	36	01:09:19	01:07:14	
60	2482	RUTE MORNA	F	38	01:09:24	01:07:25	SS MONTEPIO GERAL
61	1818	DIANA GUIMARÃES	F	39	01:09:39	01:08:03	
62	2535	ANA MORAIS	F	38	01:09:46	01:08:29	GD IN CASA MOEDA
63	100	DULCE MORÃO	F	38	01:09:54	01:08:03	FRIENDS2RUN
64	101	LURDES SARDINHA	F	37	01:09:55	01:08:04	FRIENDS2RUN
65	1811	CRISTINA PIMENTA	F	37	01:11:34	01:09:41	GIRLS RUN 4 FUN
66	557	CATARINA REIS	F	39	01:12:05	01:10:20	
67	1456	SANDRA SOUSA	F	39	01:12:07	01:10:17	S&A
68	833	ELISABETE FERNANDES	F	39	01:12:17	01:10:12	DCPC
69	1651	ANA LUISA CARREIRO	F	36	01:12:33	01:10:25	TFM
70	960	LILIANA CORREIA	F	38	01:15:01	01:14:45	
71	316	SUSANA DE OLIVEIRA HORTA NOVA	F	35	01:16:14	01:14:19	
72	314	DENISE RIBEIRO DE OLIVEIRA DOS SANTOS	F	38	01:16:14	01:14:19	
73	346	CARLA PALMEIRO	F	38	01:16:41	01:15:51	
74	347	MEG GARCIA	F	38	01:16:41	01:15:51	
75	1560	SUSANA DE BRITO RIBEIRO ALVES CASEIRO	F	39	01:16:53	01:15:32	BORA LÁ!
76	464	CARLA MILEU	F	39	01:23:12	01:21:20	FRIENDS2RUN
77	2300	CATARINA AMEIXIAL	F	39	01:24:29	01:22:38	SONAE
78	985	VANDA NAMURA	F	39	01:27:30	01:25:00	STARS
79	122	PAULA SANDRA MAIA	F	39	01:27:39	01:26:09	
80	579	MARIA JOÃO CORREIA	F	38	01:30:34	01:29:03	

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Relatório por Faixas Etárias

F4044

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	243	PAULA RIOS MARQUES	F	40	00:42:19	00:42:19	COMO TAMOS PAULINHA?!
2	2562	Mª JOSE BONITO	F	42	00:42:42	00:42:08	WIKABOO
3	395	ALEXANDRA PORTELA	F	43	00:44:22	00:44:06	ESCOLA ATLETISMO RUI SILVA
4	1637	GORETE P. NUNES	F	43	00:44:46	00:44:28	
5	716	ANA SÍLVIA SOBREIRA	F	42	00:45:29	00:45:22	
6	945	ISABEL SANTOS	F	44	00:46:16	00:46:08	FEDERAÇÃO FAMÍLIA PAZ MUNDIAL
7	2334	SANDRA TEIXEIRA	F	41	00:46:53	00:46:18	WIKABOO
8	527	MARIA JOSE POLICARPO	F	40	00:47:33	00:47:13	CCD PM CASCAIS
9	1921	PAULA VENTURA	F	42	00:47:41	00:47:02	CLUBE ATLÉTICO DAS PATAMEIRAS
10	1976	ISABEL RODRIGUES	F	42	00:48:05	00:47:28	ADCRPJ
11	2582	Mª ALEXANDRA ALVES	F	43	00:48:30	00:47:28	CVP
12	762	FERNANDA FIGUEIREDO	F	42	00:48:48	00:48:20	
13	360	MARIA ADELAIDE PEREIRA	F	42	00:51:15	00:50:49	
14	1441	PATRÍCIA ENCARNAÇÃO	F	42	00:51:23	00:50:33	PAZÉ :')
15	954	SANDRA MARIA SILVA	F	41	00:51:30	00:50:52	
16	2486	CARLA LOPES	F	41	00:51:47	00:51:12	GD INE
17	715	SAIDA MORAIS	F	41	00:52:40	00:51:36	ACTIVE PEOPLE
18	1439	ANABELA PACHECO	F	42	00:53:19	00:51:59	O MUNDO DA CORRIDA
19	2439	PAULA COSTA	F	42	00:53:25	00:52:08	SS CGD
20	2424	LUISA LANDEIRO	F	43	00:53:25	00:52:10	SS CGD
21	2122	FÁTIMA SANTOS	F	43	00:53:36	00:53:02	INGLESES FC
22	2297	ELSA M FRANCISCO	F	42	00:54:13	00:52:20	SONAE
23	1829	CRISTINA VIEIRA	F	41	00:54:21	00:53:05	MALTA DA GRAÇA
24	663	CARMEN GONÇALVES	F	41	00:54:31	00:54:03	CORRER POR NÓS
25	865	VLANI ARAUJO	F	41	00:55:42	00:54:03	
26	1990	MARIA QUITÉRIA	F	40	00:55:49	00:55:15	
27	2411	CLAUDIA LOURENÇO	F	42	00:55:54	00:54:34	SS CGD
28	1410	CARLA MORGADO	F	40	00:56:56	00:55:05	
29	416	XANA FILIPE	F	42	00:57:33	00:57:16	CLUBE GBES
30	2423	LIDIA BILAO	F	44	00:58:01	00:56:36	SS CGD
31	153	ANA ALPALHÃO	F	40	00:58:20	00:56:24	
32	132	ANA MICAELA FELIX ARAUJO	F	41	00:58:24	00:57:38	GD CIMPOR & AMIGOS
33	2585	SOFIA A SANTOS	F	40	00:58:57	00:57:49	CVP
34	848	CÉU CARVALHO	F	41	00:59:21	00:58:07	
35	847	BERNARDET VAZ	F	40	00:59:21	00:58:07	
36	533	SARA HENRIQUES	F	40	00:59:29	00:58:46	CCD PM CASCAIS
37	2540	PAULA COSTA	F	43	00:59:33	00:59:33	SFUAP
38	654	PAULA DIAS SOARES	F	43	00:59:49	00:57:43	RESTAURANTEOCARTAXEIRO-CANEÇAS
39	1626	ISABEL RUTE SILVA	F	42	00:59:56	00:57:34	CORRIDA
40	1889	FILIPA REMIGIO	F	40	01:00:45	00:58:41	

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Relatório por Faixas Etárias

F4044

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	1775	LILIAN KATO	F	40	01:00:55	00:59:33	
42	240	IOLANDA PEREIRA	F	42	01:01:08	00:59:55	HAVI LOGISTICS
43	964	CECILIA RIBEIRO	F	44	01:01:23	01:01:07	
44	1841	LUISA COSTA	F	44	01:02:25	01:01:22	
45	130	MARIA JOÃO LAZANA	F	43	01:03:41	01:02:45	GD CIMPOR & AMIGOS
46	747	MARIA DE FÁTIMA AGUIAR	F	42	01:03:51	01:02:31	
47	446	FERNANDA PAULO	F	41	01:05:06	01:03:11	ATOMIC TEAM
48	2454	ANA PAIXAO	F	41	01:05:38	01:04:14	SS MONTEPIO GERAL
49	1849	SUSANA LUISA DE OLIVEIRA ALVES	F	40	01:05:58	01:04:28	
50	2405	ANGELA CRUZ	F	42	01:07:01	01:05:44	SS CGD
51	311	CARLA RESENDE	F	44	01:07:17	01:06:26	
52	84	OTÍLIA ROSADO	F	40	01:07:26	01:06:05	C.A. AMIGOS PARQUE DA PAZ
53	659	VANDA SEQUEIRA	F	41	01:11:02	01:10:18	AMIGOS 4RUN
54	3108	ISABEL CALDEIRA	F	40	01:12:32	01:12:32	
55	1625	MARIA DE FÁTIMA SALGUEIRO	F	40	01:15:32	01:13:22	MG EQUIPAMENTOS
56	97	CRISTINA CUNHA	F	43	01:15:57	01:14:24	
57	852	MARIA DA LUZ PEREIRA	F	42	01:16:07	01:14:35	3C&FRIENDS
58	856	CRISTINA ROSADO	F	41	01:16:11	01:14:38	3C&FRIENDS
59	750	HELENA MARIA CUPERTINO FRANCO	F	40	01:21:11	01:19:22	
60	123	CLAUDIA MARTINS	F	40	01:21:38	01:20:08	

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Relatório por Faixas Etárias

F4599

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	2038	LUISA MONTEIRO	F	46	00:37:07	00:37:03	CRD ARRUDENSE
2	2592	LUCILIA SOARES	F	51	00:39:07	00:39:02	SL BENFICA
3	1745	AMELIA PAIS COSTA	F	47	00:40:00	00:39:50	C.C.R. ALTUDO MOINHO
4	382	CHANTAL XHERVELLE	F	45	00:41:34	00:41:27	
5	2057	LUISA SANTO	F	46	00:43:24	00:43:17	CR LEOES P SALVO
6	2040	CIDÁLIA MARTINS	F	48	00:45:40	00:45:28	CRD ARRUDENSE
7	2063	MANUELA FOLGADO	F	63	00:45:50	00:45:39	CR LEOES P SALVO
8	2204	Mª JESUS VARELA	F	51	00:46:59	00:46:55	NUCLEOEIRAS
9	2039	ZULMIRA BELO	F	46	00:47:04	00:46:52	CRD ARRUDENSE
10	2042	FERNANDA NUNES	F	57	00:47:55	00:47:42	CRD ARRUDENSE
11	1492	CLÁUDIA LORENA FERREIRA	F	47	00:48:26	00:47:55	
12	2574	CECÍLIA NICOLAU	F	46	00:49:21	00:47:37	
13	2560	DEOLINDA SOUSA	F	64	00:49:46	00:49:01	SL CAMPOLIDE
14	2584	ODETE FRUCTOSO	F	47	00:50:09	00:49:06	CVP
15	1801	ETELVINA VIDAL	F	45	00:50:31	00:49:50	
16	2199	FERNANDA SANTOS	F	58	00:51:15	00:50:49	MIRANTENSE FC
17	2058	CONCEIÇÃO LOPES	F	47	00:51:30	00:51:02	CR LEOES P SALVO
18	828	ANA CABRAL	F	49	00:52:17	00:51:27	SPEED OF YELLOW
19	530	PAULA MACHADO	F	59	00:52:26	00:51:51	CCD PM CASCAIS
20	1726	ALEXANDRA PIRES	F	46	00:53:06	00:51:03	
21	682	MARIA FATUDA	F	58	00:53:21	00:52:25	
22	2059	ROSA CARITA	F	53	00:53:33	00:53:06	CR LEOES P SALVO
23	2062	FÁTIMA SANTOS	F	62	00:53:33	00:53:06	CR LEOES P SALVO
24	555	ANALICE SILVA	F	69	00:53:48	00:53:40	O MUNDO DA CORRIDA
25	2043	DEOLINDA ANTÓNIO	F	58	00:54:08	00:53:28	CRD ARRUDENSE
26	1433	MARIA MARQUES	F	51	00:54:14	00:53:05	
27	1607	CLAUDIA NOVAIS	F	46	00:54:17	00:53:20	NETCOURIER LOGISTICA
28	138	HELENA CUNHA	F	54	00:54:31	00:53:54	ASAS
29	1776	ALICE JUSTINO	F	62	00:54:33	00:54:15	
30	1670	MERCEDES FONSECA	F	57	00:54:48	00:54:33	OS SUPER
31	568	ADELAIDE MANHICA	F	55	00:55:54	00:55:26	CORRER POR NÓS
32	2441	ELISABETH LOUREIRO	F	57	00:56:03	00:55:28	SC CASAINHOS
33	1660	MARIA AUGUSTA	F	50	00:56:14	00:55:44	MENTE TRAQUINA
34	574	JULIETA SANTOS	F	53	00:56:20	00:55:09	
35	1880	ELSA MOTA	F	50	00:56:32	00:56:00	
36	2198	MARIANA PEREIRA	F	57	00:57:08	00:56:41	MIRANTENSE FC
37	2566	Mª CIDALIA SANTOS	F	46	00:57:08	00:56:36	RB RUNNING
38	256	ANA ISABEL MARTINS	F	53	00:57:12	00:56:34	FALCÕES SELVAGENS
39	2267	HELENA SANTOS	F	51	00:57:15	00:56:57	AÇOREANA C BANIF
40	500	ISABEL GUERRA	F	55	00:57:25	00:56:16	

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Relatório por Faixas Etárias

F4599

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	1473	CHEILA DIAS	F	46	00:57:26	00:56:56	PINHALNOVO/PAI FILHA
42	361	ALEXANDRA CARDÃO	F	51	00:57:39	00:57:13	
43	901	ISABEL NEVES	F	52	00:57:45	00:57:28	
44	958	MARIA JOÃO VAZ	F	48	00:58:33	00:56:31	
45	2208	ESMERALDA GOMES	F	51	00:58:34	00:57:23	NUCLEOEIRAS
46	1995	JOÃO VEIGA	F	64	00:58:53	00:58:07	
47	773	MARIA CAROLINA RODA	F	56	00:58:53	00:58:15	GD BANCO BPI
48	2581	CARLA M S M MARRAFA	F	45	00:58:57	00:57:49	CVP
49	1863	MARIA CONCEIÇÃO SILVA	F	49	00:58:59	00:58:10	ARTCHIADO
50	984	FRANCELINA PAULO	F	71	00:59:06	00:56:32	STARS
51	966	MARIA PUGA	F	48	00:59:21	00:57:38	O MUNDO DA CORRIDA
52	521	IVONE PEREIRA	F	46	00:59:29	00:58:54	CCD PM CASCAIS
53	2418	JOANA GABRIEL	F	52	00:59:57	00:58:33	SS CGD
54	2041	DÁLIA LEITE	F	50	01:00:14	00:58:36	CRD ARRUDENSE
55	44	FILOMENA SANTANA	F	47	01:00:25	00:59:51	
56	399	FELICIANA FERREIRA	F	48	01:00:31	01:00:13	CLUBE GBES
57	1764	SILVANA MARQUES	F	45	01:00:41	00:59:36	O MUNDO DA CORRIDA
58	473	TERESA GRAY	F	49	01:00:56	00:59:54	CCD TRANQUILIDADE
59	1503	MARIA DE SÃO JOÃO	F	60	01:01:04	00:59:12	COELHOS E BRITO
60	339	ANTONIETA BRITO	F	50	01:01:11	00:59:45	
61	2496	Mª TERESA JANELA	F	56	01:01:27	01:00:49	C MILLENNIUN BCP
62	687	JOAQUINA MARQUES	F	47	01:01:38	01:00:27	MARGEM SUL
63	686	PAULA ANTUNES	F	45	01:01:49	01:00:38	MARGEM SUL
64	298	AMÉLIA JOAQUIM	F	46	01:01:56	01:00:32	
65	542	MARIA INES CALVÃO BARÃO	F	46	01:02:02	01:00:08	
66	607	MARIA GORETI FERNANDES	F	49	01:02:14	01:01:29	FAMÍLIA FERNANDES
67	42	ANA-ALICE SIMÕES PEREIRA	F	50	01:03:18	01:02:48	
68	632	ANA CRISTINA CALAFATE	F	47	01:03:52	01:02:23	
69	69	JOANA D"ARC CHOURIÇO	F	50	01:03:55	01:03:45	
70	613	FLORBELA SOARES	F	48	01:05:28	01:04:34	
71	1649	MARIA JOSE BATISTA	F	47	01:06:03	01:04:02	G.A. "OS TARTARUGAS"
72	1729	ANA SEABRA	F	48	01:06:21	01:04:14	
73	2412	DORA PIRES	F	47	01:06:34	01:05:15	SS CGD
74	2260	ANA CANAVEIRA	F	46	01:07:02	01:05:49	AÇOREANA C BANIF
75	119	FÁTIMA LOUREIRO	F	53	01:08:04	01:06:32	CORRER COM ALMA
76	2577	ANA VAREJÃO	F	49	01:08:57	01:07:29	
77	2453	Mª CARMO ANJOS	F	67	01:09:17	01:08:06	J FREG PORTELA
78	2277	MA FEE HUNG	F	63	01:09:35	01:08:32	AÇOREANA C BANIF
79	1461	MARIA DA LUZ SOUSA DA FONSECA CARVALHO	F	56	01:09:59	01:07:42	
80	981	LINA CRUZ	F	53	01:11:02	01:09:42	

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Relatório por Faixas Etárias

F4599

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
81	30	CHARLOTTE JOHNSON	F	65	01:11:02	01:10:37	SEMPRE EM FESTA
82	2516	FOCK CHIU	F	63	01:12:21	01:10:15	C MILLENNIUN BCP
83	1825	MARIA MAUELA R.M.COELHO	F	48	01:12:28	01:10:59	
84	692	SAMEIRO NUNES	F	60	01:14:23	01:13:25	JUST RUN - SETUBAL
85	691	HELENA LOUÇÃO	F	57	01:14:25	01:13:26	JUST RUN - SETUBAL
86	1831	LURDES LARANJEIRA	F	48	01:16:14	01:14:55	MALTA DA GRAÇA
87	1903	VERA SILVA	F	54	01:18:19	01:18:07	ODEBRECHT B
88	2060	ANA ISABEL	F	55	01:19:46	01:19:41	CR LEOES P SALVO
89	2466	LURDES FERREIRA	F	51	01:23:54	01:22:30	SS MONTEPIO GERAL
90	27	LUCINDA HENRIQUES	F	65	01:24:29	01:24:04	
91	414	TERESA MATOSO	F	49	01:25:20	01:24:16	CLUBE GBES
92	1714	MARINA MORAES	F	50	01:25:35	01:23:34	
93	983	CRISTINA BENTO	F	49	01:27:30	01:25:00	STARS
94	159	ANABELA SANTOS	F	54	01:29:28	01:27:09	LEÕES SANTOS

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Relatório por Faixas Etárias

M1819

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	594	TIAGO SILAVA	M	18	00:33:23	00:33:20	C.PEDROPESSOAESCOLAATLETISM O
2	2195	GONÇALO CASIMIRO	M	18	00:33:41	00:33:36	MARATONA CP
3	2123	LUÍS SILVA	M	19	00:33:42	00:33:42	INGLESES FC
4	590	FELIPE REBELO	M	18	00:35:19	00:35:16	C.PEDROPESSOAESCOLAATLETISM O
5	591	JOÃO FONTINHA	M	18	00:35:38	00:35:34	C.PEDROPESSOAESCOLAATLETISM O
6	946	FLÁVIO SANTOS	M	18	00:36:10	00:36:05	FEDERAÇÃO FAMÍLIA PAZ MUNDIAL
7	2209	GUILHERME LOPES	M	18	00:36:15	00:36:06	NUCLEOEIRAS
8	1655	JOÃO MELO JORGE	M	19	00:36:26	00:36:01	MENTE TRAQUINA
9	2384	PEDRO SILVA	M	19	00:38:05	00:37:22	ACADEMIA MILITAR
10	2354	FABIO SALVADINHA	M	18	00:38:23	00:37:57	ACADEMIA MILITAR
11	734	TIAGO COSTA	M	19	00:38:34	00:38:17	AMBCV LUMIAR
12	2246	FLÁVIO JULIÃO	M	19	00:38:58	00:38:42	SC REBOLEIRA DAMAIA
13	139	RUI MORAIS	M	19	00:38:58	00:38:54	
14	942	ANDRE PENIM	M	18	00:39:29	00:39:29	
15	2248	LEONARDO LOPES	M	19	00:40:48	00:40:23	SFRAA
16	1659	LUIS MELO JORGE	M	18	00:41:01	00:40:33	MENTE TRAQUINA
17	2360	FILIPE AUGUSTO	M	18	00:41:07	00:40:24	ACADEMIA MILITAR
18	2007	JOÃO CANAS	M	18	00:41:36	00:41:18	AM ATIBA
19	2353	TIAGO SACADURA	M	18	00:41:36	00:41:10	ACADEMIA MILITAR
20	2349	ANDRE SOUTELO	M	18	00:41:42	00:41:16	ACADEMIA MILITAR
21	1648	ANTÓNIO CRAVEIRO	M	18	00:41:49	00:41:41	
22	327	LEONARDO CABACEIRA	M	18	00:41:51	00:41:22	
23	571	PEDRO VILA LUZ	M	19	00:41:56	00:41:33	VILA LUZ TEAM
24	2345	SIMAO VALENTE	M	18	00:42:02	00:41:38	ACADEMIA MILITAR
25	2362	JORGE BARBOSA	M	18	00:43:08	00:42:42	ACADEMIA MILITAR
26	1998	JOÃO MONIZ	M	18	00:45:10	00:43:28	
27	588	JOÃO VARÃO	M	18	00:46:39	00:46:32	
28	270	DANIEL REVES	M	18	00:47:03	00:46:12	LESMA ALOPRADAS
29	2365	MIGUEL GONÇALVES	M	19	00:48:12	00:47:49	ACADEMIA MILITAR
30	2366	DIOGO FERREIRA	M	19	00:48:12	00:47:48	ACADEMIA MILITAR
31	2369	AMERICO PEREIRA	M	19	00:48:12	00:47:47	ACADEMIA MILITAR
32	2368	RAFAEL VISITAO	M	19	00:48:12	00:47:48	ACADEMIA MILITAR
33	2359	HENRIQUE SILVA	M	19	00:48:13	00:47:47	ACADEMIA MILITAR
34	2355	JOAO RIBEIRO	M	18	00:48:14	00:47:43	ACADEMIA MILITAR
35	2357	MAURO DANTAS	M	19	00:48:14	00:47:43	ACADEMIA MILITAR
36	2370	ANDRE LOURENÇO	M	19	00:48:14	00:47:50	ACADEMIA MILITAR
37	2374	RUI PINTO	M	19	00:48:14	00:47:50	ACADEMIA MILITAR
38	666	JOÃO VILA LUZ	M	19	00:48:31	00:48:08	VILA LUZ TEAM
39	2344	BRUNO SANTOS	M	19	00:49:07	00:48:42	ACADEMIA MILITAR

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Relatório por Faixas Etárias

M1819

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
40	486	JOÃO NUNO MATOS	M	18	00:50:24	00:49:33	ASSOCIAÇÃO JORGE PINA
41	1572	LUIS CARLOS FERNANDES DUARTE	M	19	00:51:46	00:49:58	
42	34	RODRIGO AFONSO DA SILVA CASINHA	M	19	00:52:28	00:50:53	
43	2358	FILIFE FRANCO	M	19	00:53:34	00:53:04	ACADEMIA MILITAR
44	869	FRANCISCO COITO	M	18	00:54:36	00:52:32	GCD FÓIOS
45	329	CARLOS CABACEIRA	M	18	00:55:36	00:55:07	
46	2350	ANTONIO MARRANA	M	19	00:55:58	00:55:31	ACADEMIA MILITAR
47	683	AFONSO CAPELA	M	18	00:59:01	00:57:48	
48	2210	JOAQUIM LIMA	M	19	01:08:18	01:07:59	NUCLEOEIRAS

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Relatório por Faixas Etárias

M2034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	2175	ASBEL KIPSANG	M	20	00:29:00	00:28:57	KÉNIA
2	2176	ROBERT KIPLAGAT	M	21	00:29:54	00:29:54	KÉNIA
3	2087	CARLOS SILVA	M	30	00:30:41	00:30:38	GDR REBOLEIRA
4	493	ALEKSEY FARNOSOV	M	29	00:30:58	00:30:55	
5	2181	PEDRO CONCEIÇÃO	M	24	00:31:19	00:31:16	LINDA A PASTORA SC
6	2213	JOÃO CAETANO	M	28	00:31:21	00:31:18	NUCLEOEIRAS
7	213	DUARTE MARQUES	M	30	00:31:27	00:31:22	ÁGUIAS DE ALPIARÇA - TRIATLO
8	214	DANILO PIMENTEL	M	27	00:31:38	00:31:35	ÁGUIAS DE ALPIARÇA - TRIATLO
9	2250	RODRIGO SANTOS	M	20	00:31:49	00:31:46	SFRAA
10	2229	PEDRO ARSÉNIO	M	31	00:31:50	00:31:47	CA ODIMARQ
11	501	PEDRO NOGUEIRA	M	31	00:32:09	00:32:05	CASA DO BENFICA TORRES VEDRAS
12	2214	HÉLDER GROSSO	M	31	00:32:27	00:32:23	NUCLEOEIRAS
13	206	DAVID LUIS	M	20	00:32:31	00:32:26	ÁGUIAS DE ALPIARÇA - TRIATLO
14	265	MIGUEL REIS E SILVA	M	26	00:32:34	00:32:30	
15	2230	FABIO OLIVEIRA	M	34	00:32:48	00:32:44	CA ODIMARQ
16	216	VASCO PESSOA	M	24	00:32:56	00:32:50	ÁGUIAS DE ALPIARÇA - TRIATLO
17	2197	DAVID NOGUEIRA	M	20	00:33:01	00:32:57	MARATONA CP
18	725	LUÍS OLIVEIRA	M	27	00:33:17	00:33:17	CEFA-MARINHA
19	1554	JOSÉ ESTRANGEIRO	M	25	00:33:29	00:33:26	
20	2065	ANDRÉ FERREIRA	M	33	00:33:34	00:33:28	CR LEOES P SALVO
21	729	SANTOS PITEIRA	M	20	00:33:35	00:33:28	CEFA-MARINHA
22	219	WESLEY REBOUCAS MATOS	M	25	00:33:40	00:33:34	
23	2044	PEDRO ROSA	M	20	00:33:50	00:33:43	CRD ARRUDENSE
24	2180	DIOGO MORGADO	M	24	00:33:56	00:33:43	LINDA A PASTORA SC
25	173	NUNO RODRIGUES	M	27	00:34:25	00:34:21	CEFA-MARINHA 3
26	1923	RUI FONTE-BOA	M	23	00:34:27	00:34:20	CLUBE ATLÉTICO DAS PATAMEIRAS
27	2046	NUNO GRAÇA	M	30	00:34:39	00:34:25	CRD ARRUDENSE
28	2168	PEDRO MARQUES	M	31	00:34:51	00:33:46	JOMA
29	2160	EDMIR CORREIA	M	22	00:34:54	00:34:49	JOMA
30	2164	RODRIGO CARRERA	M	27	00:34:59	00:34:55	JOMA
31	2247	ANTONINO VAZ	M	34	00:34:59	00:34:45	SC REBOLEIRA DAMAIA
32	503	DÚLIO PARREIRA	M	34	00:35:02	00:34:56	CASA DO BENFICA TORRES VEDRAS
33	2128	ALCINDO NEVES	M	28	00:35:07	00:35:02	INGLESES FC
34	2228	JOÃO FONTE BOAS	M	27	00:35:10	00:35:03	CA ODIMARQ
35	205	RICARDO CALADO	M	20	00:35:12	00:35:06	ÁGUIAS DE ALPIARÇA - TRIATLO
36	2182	JOSÉ CAMACHO	M	27	00:35:14	00:35:03	LINDA A PASTORA SC
37	1812	DIOGO BAENA	M	30	00:35:18	00:35:12	
38	1722	JOÃO DANIEL FERREIRA	M	27	00:35:21	00:35:13	G D JOANINHAS LEIAO
39	2167	FERNANDO SILVA	M	31	00:35:46	00:35:42	JOMA
40	2159	IVO FERNANDES	M	20	00:35:47	00:35:32	JOMA

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Relatório por Faixas Etárias

M2034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	2313	SERGIO LIMA	M	31	00:35:51	00:35:47	RB RUNNING
42	1000	NUNO VAZ	M	30	00:35:59	00:35:52	FALCÕES SELVAGENS
43	1497	NUNO ALBERTO SILVA	M	32	00:36:01	00:35:56	
44	2390	JOAO OLIVEIRA	M	21	00:36:02	00:35:51	ACADEMIA MILITAR
45	2227	TIAGO MARTINS	M	23	00:36:39	00:36:34	CA ODIMARQ
46	1982	MARCO GRILEIRO	M	34	00:36:48	00:36:42	AMIGOS ATLETISMO MAFRA
47	2008	RUDI BERNARDO	M	30	00:36:53	00:36:35	AM ATIBA
48	580	BRUNO ROSA	M	24	00:37:03	00:36:45	ELITE DO ASFALTO
49	2481	RUI HENRIQUES	M	34	00:37:28	00:37:21	SS MONTEPIO GERAL
50	2252	NUNO CARRAÇA	M	24	00:37:40	00:37:31	URCA
51	2125	JOÃO PEREIRA	M	22	00:37:50	00:37:44	INGLESES FC
52	302	BRUNO CUNHA	M	31	00:37:55	00:37:44	
53	730	RODRIGUES CARVALHO	M	22	00:37:57	00:37:51	CEFA-MARINHA
54	1403	JORGE BANHA	M	34	00:37:58	00:37:46	INDIELISBOARUNNERS
55	736	JOÃO CORREIA	M	24	00:38:06	00:37:50	AMBCV LUMIAR
56	1656	JOÃO OLIVEIRA	M	24	00:38:16	00:37:49	MENTE TRAQUINA
57	1730	BRUNO MIGUEL FARINHA DA SILVA	M	23	00:38:21	00:38:07	
58	2385	MIGUEL RAMOS	M	20	00:38:38	00:38:07	ACADEMIA MILITAR
59	2165	HUGO SANTOS	M	29	00:38:39	00:36:58	JOMA
60	2502	ANTONIO MASSANO	M	31	00:38:45	00:38:32	C MILLENNIUN BCP
61	1452	MARCO GOMES	M	31	00:39:01	00:38:28	
62	258	PAULO SEQUEIRA	M	34	00:39:01	00:38:55	FALCÕES SELVAGENS
63	1646	JOAO SILVEIRA	M	33	00:39:02	00:38:57	SONAE
64	2127	TIAGO ROMÃO	M	24	00:39:02	00:38:58	INGLESES FC
65	735	LUIS CARDOSO	M	25	00:39:07	00:38:50	AMBCV LUMIAR
66	2379	JORGE FARINHA	M	20	00:39:11	00:38:44	ACADEMIA MILITAR
67	2388	RENATO FIGUEIREDO	M	20	00:39:14	00:38:47	ACADEMIA MILITAR
68	1636	CLAUDIO PAULINHO	M	32	00:39:14	00:38:57	
69	859	JORGE DELGADO	M	29	00:39:16	00:39:05	HELLRUNNERS
70	2386	RUI LOUSA	M	20	00:39:16	00:38:46	ACADEMIA MILITAR
71	1741	HUGO MIGUEL MARTINS FERREIRA DA SILVA	M	27	00:39:23	00:39:13	
72	2211	RICARDO MARCHÃO	M	20	00:39:28	00:39:12	NUCLEOEIRAS
73	1890	RUI MARTINS	M	29	00:39:37	00:39:21	MG EQUIPAMENTOS
74	760	MÁRCIO PATINHA	M	24	00:39:38	00:39:33	ASSOCIAÇÃO GD ACADEMIA KORPO
75	841	FILIPE J M GARCIA	M	27	00:39:51	00:39:42	GARCIA RUNNERS
76	585	RUBEN CAMACHO	M	27	00:39:58	00:39:48	
77	727	PAIVA FERREIRA	M	21	00:40:06	00:39:45	CEFA-MARINHA
78	1718	LUIS CARLOS ROQUE RODRIGUES	M	24	00:40:25	00:40:15	
79	2286	RICARDO ALVES	M	30	00:40:35	00:40:25	AÇOREANA C BANIF
80	1422	LUÍS MIGUEL ALVES LOUREIRO	M	28	00:40:40	00:38:49	

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
81	2163	BRUNO LOURENÇO	M	24	00:40:55	00:40:22	JOMA
82	1966	BRUNO FERREIRA	M	27	00:40:57	00:40:22	
83	840	ALBERTO S OLIVEIRA	M	31	00:41:09	00:40:59	GARCIA RUNNERS
84	1836	ANDRÉ ALMEIDA CAMPOS	M	33	00:41:27	00:40:47	
85	943	TIAGO VERMELHO	M	28	00:41:30	00:41:21	
86	2126	SERGIO MONTEIRO	M	22	00:41:33	00:41:10	INGLESES FC
87	2356	RICARDO ROCHA	M	20	00:41:36	00:41:09	ACADEMIA MILITAR
88	2124	JOÃO FREIRE	M	20	00:41:39	00:41:26	INGLESES FC
89	2343	ANDRE BERNARDINO	M	20	00:41:58	00:41:33	ACADEMIA MILITAR
90	1623	PEDRO TRINDADE	M	26	00:41:59	00:41:43	MG EQUIPAMENTOS
91	2449	FABIO PEREIRA	M	21	00:41:59	00:41:44	SC CASAINHOS
92	367	JOEL RODRIGUES	M	29	00:42:00	00:41:19	
93	1918	NUNO DORES	M	30	00:42:03	00:41:35	CLUBE ATLÉTICO DAS PATAMEIRAS
94	2014	TIAGO MINEIRO	M	30	00:42:07	00:41:51	CDUL
95	2381	BRUNO PRATA	M	20	00:42:07	00:41:40	ACADEMIA MILITAR
96	305	CARLOS MONSANTO	M	27	00:42:09	00:41:19	
97	1928	RUI MARTINS	M	28	00:42:11	00:42:04	CLUBE ATLÉTICO DAS PATAMEIRAS
98	1579	TIAGO ASSIS CORREIA	M	27	00:42:24	00:41:51	KAMARROS
99	2391	ANTONIO BARBOSA	M	31	00:42:26	00:41:44	ACADEMIA MILITAR
100	2013	ANDRÉ SALTAR	M	25	00:42:27	00:42:11	CDUL
101	1612	ROMÃO PEDROSO	M	27	00:42:31	00:41:29	OS AMIGOS DA KIKA
102	728	BONITO COURELA	M	20	00:42:49	00:42:42	CEFA-MARINHA
103	842	FRANCISCO J M GARCIA	M	20	00:42:57	00:42:27	GARCIA RUNNERS
104	406	PEDRO FERREIRA	M	21	00:43:02	00:41:50	CLUBE GBES
105	2378	JOAO PINTO	M	20	00:43:05	00:42:37	ACADEMIA MILITAR
106	858	DAVID LIMA	M	32	00:43:09	00:42:58	HELLRUNNERS
107	2162	OLEKSIY DIMITRIY	M	23	00:43:09	00:42:33	JOMA
108	648	DUARTE COSTA	M	32	00:43:23	00:43:16	RESTAURANTEOCARTAXEIRO-CANEÇAS
109	1549	EDGAR JACINTO	M	27	00:43:24	00:42:10	OS ZATOPQUES
110	2146	CLÁUDIO CORREIA	M	25	00:43:24	00:42:25	INDIVIDUAL
111	1423	DIOGO PIRES	M	28	00:43:30	00:43:21	
112	2348	THOMAS MENDES	M	22	00:43:36	00:43:10	ACADEMIA MILITAR
113	1794	MARCO LOURENÇO	M	28	00:43:38	00:42:45	LINDA A PASTORA SC
114	758	JORGE PORTIJO	M	32	00:43:47	00:43:15	ASSOCIAÇÃO GD ACADEMIA KORPO
115	228	MIGUEL RAMALHO	M	32	00:43:47	00:43:32	VALADARES
116	476	NUNO MIRANDA CASTANHEIRA	M	22	00:43:49	00:43:06	
117	2387	TIAGO FILIPE	M	23	00:43:58	00:43:26	ACADEMIA MILITAR
118	2045	FABIO FERREIRA	M	27	00:44:02	00:43:51	CRD ARRUDENSE
119	2392	TIAGO CASTRO	M	29	00:44:04	00:43:13	ACADEMIA MILITAR
120	1875	HUGO COSTA	M	34	00:44:04	00:43:29	

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Relatório por Faixas Etárias

M2034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
121	1782	DAVID ALFEIRÃO RODRIGUES	M	26	00:44:19	00:42:31	ESMTC
122	2382	RUI COELHO	M	23	00:44:23	00:43:54	ACADEMIA MILITAR
123	289	RICARDO TAVARES	M	32	00:44:25	00:42:43	AMIGOS DO FRANCISCO
124	772	CARLOS FILIPE RODA	M	32	00:44:28	00:43:50	GD BANCO BPI
125	2380	DAVID TOSTE	M	20	00:44:28	00:44:00	ACADEMIA MILITAR
126	104	PEDRO PROENÇA	M	34	00:44:29	00:43:44	
127	188	NUNO LUCAS	M	33	00:44:35	00:42:56	PERNAS DE GAFANHOTO
128	1664	PEDRO MENDES	M	28	00:44:36	00:43:33	
129	349	NUNO C CARVALHO	M	30	00:44:45	00:43:50	
130	410	RODRIGO ALMEIDA	M	34	00:44:50	00:43:49	CLUBE GBES
131	1948	BOGDAN SANDU	M	21	00:44:51	00:44:28	
132	1827	VÍTOR PEREIRA	M	26	00:45:05	00:43:33	
133	287	BRUNO FRANCISCO	M	30	00:45:12	00:43:29	AMIGOS DO FRANCISCO
134	638	MÁRIO ANTÓNIO LIMEDE	M	25	00:45:15	00:43:44	PEPSICO PORTUGAL
135	2383	BRUNO LOPES	M	22	00:45:15	00:44:48	ACADEMIA MILITAR
136	1964	TIAGO FILIPE VARELA REIS	M	20	00:45:18	00:44:23	EQUIPA REIS
137	112	PAULO MOTA	M	31	00:45:20	00:44:44	VALEJAS ATLÉTICO CLUBE
138	1380	FILIPE ALMEIDA	M	32	00:45:20	00:44:18	
139	1862	NUNO REIS PEREIRA	M	27	00:45:28	00:44:40	ARTCHIADO
140	2483	SERGIO PINTO	M	31	00:45:29	00:44:45	SS MONTEPIO GERAL
141	1527	FRANCISCO FERREIRA	M	31	00:45:29	00:44:33	FAT FIGHTERS
142	974	NUNO LIMA FERREIRA	M	29	00:45:38	00:44:52	
143	320	PEDRO SANTOS	M	33	00:45:43	00:44:13	PERNAS DE GAFANHOTO
144	1604	BRUNO AMARO	M	34	00:45:54	00:44:25	
145	491	RUI RODOLFO GOMES	M	31	00:45:54	00:44:39	
146	452	LICINIO SIMÕES	M	31	00:45:59	00:45:12	ATOMIC TEAM
147	1854	RÚBEN COSTA	M	22	00:46:00	00:45:31	CLUBE ROBBIALAC
148	1379	PEDRO PIMENTA	M	34	00:46:02	00:45:01	
149	167	NUNO GRAÇA	M	34	00:46:05	00:44:05	CEFA-MARINHA
150	278	PEDRO TAVARES	M	33	00:46:11	00:45:19	COSTA TAVARES
151	679	PEDRO MAIA	M	34	00:46:13	00:45:34	
152	857	ROGERIO JARDIM	M	33	00:46:13	00:44:46	
153	2280	NUNO GAMEIRO	M	33	00:46:28	00:44:41	AÇOREANA C BANIF
154	1924	CLAUDIO GONCALVES	M	31	00:46:30	00:46:05	
155	766	ANGELO MIGUEL PEREIRA RIBEIRO	M	29	00:46:33	00:45:38	
156	1749	JOSE PEDRO RIBEIRO	M	33	00:46:34	00:45:49	
157	308	ANDRÉ TAVARES	M	24	00:46:42	00:46:03	FARIA E NAVALHA
158	309	FERNANDO FARIA	M	33	00:46:43	00:46:05	FARIA E NAVALHA
159	2251	JOÃO LANÇA	M	20	00:46:46	00:45:48	SL BENFICA
160	1541	JOÃO JOSÉ FERNANDES	M	32	00:46:47	00:45:40	

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Relatório por Faixas Etárias

M2034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
161	1558	PEDRO RUAS	M	34	00:47:05	00:46:13	
162	1531	FÁBIO VICTORINO	M	25	00:47:06	00:45:37	OS BOLT
163	1896	TIAGO CARDOSO	M	32	00:47:08	00:46:53	ODEBRECHT
164	1609	PEDRO VIEGAS	M	33	00:47:13	00:45:35	
165	1665	NUNO DAMIÃES	M	32	00:47:15	00:45:41	
166	733	ALEXANDRE MARTINS	M	32	00:47:22	00:46:18	
167	490	ISAÍAS PEDRO	M	31	00:47:23	00:46:32	ASSOCIAÇÃO JORGE PINA
168	998	MIGUEL BRAZ FRADE	M	23	00:47:28	00:45:59	OS BOLT
169	1496	CARLOS ALEXANDRE LAPA SIMÕES	M	34	00:47:34	00:47:01	
170	2293	MIGUEL G MAMEDE	M	25	00:47:42	00:45:54	SONAE
171	1742	RUI COSTA	M	27	00:47:42	00:47:31	
172	1640	PEDRO CABRAL	M	34	00:47:47	00:47:13	
173	471	PEDRO GONÇALVES	M	32	00:47:59	00:46:37	CCD TRANQUILIDADE
174	1740	GONÇALO JOSÉ BOTELHO VASCONCELOS RAPOSO	M	27	00:48:01	00:47:00	
175	1634	JOÃO CONDUTO	M	27	00:48:07	00:46:56	ATAQUEDOSSESQUILOS
176	1602	BRUNO MACIEL	M	30	00:48:07	00:47:43	DAF
177	419	BRUNO RODRIGUES	M	29	00:48:08	00:46:10	
178	1945	NUNO FREITAS	M	34	00:48:08	00:47:05	ÁGUAS LIVRES DE CANEÇAS
179	2367	GABRIEL MAIA	M	20	00:48:11	00:47:46	ACADEMIA MILITAR
180	2377	PHILPPE AZEVEDO	M	21	00:48:12	00:47:48	ACADEMIA MILITAR
181	2364	PEDRO MAIO	M	20	00:48:12	00:47:49	ACADEMIA MILITAR
182	2373	PEDRO DIAS	M	20	00:48:13	00:47:48	ACADEMIA MILITAR
183	2376	JOAO SEMEDO	M	21	00:48:13	00:47:48	ACADEMIA MILITAR
184	2372	JOSE DUARTE	M	20	00:48:13	00:47:48	ACADEMIA MILITAR
185	2351	PEDRO FERREIRA	M	21	00:48:13	00:47:42	ACADEMIA MILITAR
186	2361	FILIFE PAULINO	M	20	00:48:13	00:47:43	ACADEMIA MILITAR
187	2371	ANDRE QUEIRÓS	M	21	00:48:13	00:47:49	ACADEMIA MILITAR
188	2352	BERNARDO PINHO	M	20	00:48:14	00:47:47	ACADEMIA MILITAR
189	2375	MIGUEL TEIXEIRA	M	20	00:48:14	00:47:48	ACADEMIA MILITAR
190	640	EDUARDO RIBEIRO	M	29	00:48:22	00:46:55	INFOSISTEMA RUNNING TEAM
191	993	ANDRÉ MENDONÇA	M	30	00:48:23	00:47:51	
192	1615	JOÃO AZEVEDO E SILVA	M	30	00:48:24	00:47:24	OS AMIGOS DA KIKA
193	113	GERMANO LOURO	M	31	00:48:27	00:47:54	VALEJAS ATLÉTICO CLUBE
194	186	PEDRO PIRES	M	33	00:48:27	00:46:45	
195	1727	FÁBIO MALHOA	M	28	00:48:34	00:46:32	
196	439	MARCO LOPES	M	31	00:48:35	00:47:52	OS KENIANOS DO FEIJÓ
197	1514	BO IRIK	M	25	00:48:38	00:48:01	SONAE
198	611	VASCO NASCIMENTO	M	28	00:48:39	00:46:28	RUGBY CLUBE DE OEIRAS
199	675	BRUNO SILVA	M	27	00:48:40	00:47:24	PAI & FILHO
200	2447	JORGE LOURENÇO	M	20	00:48:43	00:47:17	SC CASAINHOS

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
201	877	VASCO PAIXÃO	M	29	00:48:44	00:47:39	XXXXXXXXXX
202	1763	RICARDO MARQUES	M	25	00:48:47	00:47:53	
203	1616	ANTÓNIO GORGULHO	M	27	00:48:49	00:47:47	OS AMIGOS DA KIKA
204	1702	MARIO PEREIRA	M	33	00:48:49	00:48:43	SONAE
205	541	ANDRÉ DIOGO PAIS CARREIRO	M	33	00:48:58	00:48:52	PEPSICO PORTUGAL
206	2591	ALFREDO J L COSTA	M	31	00:48:58	00:46:45	BORN
207	690	BRUNO LOUÇÃO	M	32	00:49:01	00:48:01	JUST RUN - SETUBAL
208	369	DANIEL RODRIGUES	M	33	00:49:03	00:47:43	CLUBE ROBBIALAC
209	1405	SÍLVIO ROMÃO	M	32	00:49:06	00:47:28	
210	2503	PEDRO MARTINS	M	34	00:49:06	00:48:11	C MILLENNIUN BCP
211	420	NUNO ANASTÁCIO	M	34	00:49:07	00:47:17	
212	454	CARLOS POMBEIRO	M	33	00:49:08	00:48:19	ATOMIC TEAM
213	1996	ANDRÉ VAZ	M	28	00:49:09	00:47:30	PERNAS DE GAFANHOTO
214	1548	HUGO FIGUEIREDO	M	29	00:49:10	00:47:08	
215	1401	SEBASTIÃO GUERRA	M	28	00:49:11	00:47:45	
216	1402	EVARISTO CUTILEIRO	M	31	00:49:13	00:47:46	
217	1491	PEDRO FARIA	M	20	00:49:15	00:48:37	FMUL
218	876	BRUNO PAIXÃO	M	29	00:49:20	00:48:15	XXXXXXXXXX
219	1508	JOÃO CARVALHO	M	33	00:49:24	00:47:46	
220	65	MARCO PAULO PINTO CORREIA	M	33	00:49:32	00:48:35	
221	200	MASAYUKI KIBE	M	34	00:49:36	00:48:21	OMOTENASHI
222	426	JOÃO TOMÁS	M	29	00:49:40	00:47:59	CLUBE GBES
223	358	TIAGO FREITAS	M	31	00:49:43	00:48:00	AFO
224	356	RUI HENRIQUES	M	26	00:49:43	00:48:01	AFO
225	978	SÉRGIO GALÓ	M	33	00:49:48	00:49:08	OPTICALIA RUNNING TEAM
226	1387	HUGO ARAUJO	M	33	00:49:55	00:48:18	
227	627	TIAGO ARVELOS	M	23	00:49:59	00:49:06	CEFA-MARINHA
228	1386	PEDRO BARRIAS	M	31	00:50:00	00:48:10	ROUND TABLE RUNNING TEAM
229	165	PARREIRINHA SANTANA	M	23	00:50:00	00:49:07	CEFA-MARINHA 3
230	449	RAFAEL FERNANDES	M	29	00:50:31	00:49:40	ATOMIC TEAM
231	1947	ANDRÉ MIGUEL ALMEIDA SANTOS	M	20	00:50:33	00:50:11	
232	1412	JOAO COSTA	M	29	00:50:38	00:49:56	
233	283	PAULO AH QUIN	M	34	00:50:39	00:48:58	
234	1398	FRANCISCO GUERRA	M	23	00:50:45	00:49:19	
235	2031	RICARDO CAPELO	M	29	00:50:55	00:50:03	GDA CIMPOR
236	699	HONORATO MOURA	M	33	00:50:56	00:49:17	
237	614	NUNO TALAIA DA COSTA	M	32	00:51:03	00:49:50	
238	894	TIAGO OLIVEIRA	M	33	00:51:05	00:50:47	
239	286	RÚBEN DE SOUSA	M	24	00:51:10	00:49:28	AMIGOS DO FRANCISCO
240	492	JOÃO RICARDO MARQUES CANAS	M	30	00:51:17	00:51:01	

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
241	584	BRUNO MATOS	M	32	00:51:24	00:51:09	ELITE DO ASFALTO
242	284	PEDRO NUNO PEREIRA SEVERINO	M	29	00:51:28	00:49:51	
243	771	TIAGO PIRES	M	32	00:51:36	00:50:20	
244	1877	RICARDO CONCEICAO	M	28	00:51:45	00:50:41	
245	711	SÉRGIO FIGUEIREDO	M	30	00:51:46	00:49:44	
246	1367	JOSÉ ESCUDERO	M	31	00:51:55	00:49:48	
247	1666	RUI ARAÚJO	M	32	00:52:07	00:51:19	PAPA ASFALTO
248	1489	DÉCIO SOUSA	M	20	00:52:27	00:51:47	FMUL
249	1490	PEDRO MASCARENHAS	M	20	00:52:27	00:51:46	FMUL
250	35	RICARDO MANUEL AFONSO BATISTA	M	20	00:52:28	00:50:53	
251	273	NUNO SILVA	M	20	00:52:32	00:52:09	
252	925	TIAGO NABAIS	M	26	00:52:32	00:50:26	
253	694	VALTER NUNES	M	32	00:52:37	00:51:36	JUST RUN - SETUBAL
254	1679	JOÃO ROSSAS	M	33	00:52:52	00:51:42	
255	1680	SAMUEL FILIPE	M	28	00:52:53	00:51:43	
256	1796	DANIEL LOURENÇO	M	22	00:53:08	00:52:16	LINDA A PASTORA SC
257	1601	JOÃO CANDIDO	M	25	00:53:12	00:52:47	DAF
258	575	MIKAEL SARAIVA	M	25	00:53:14	00:52:15	
259	322	GONÇALO AMARAL CARVALHO	M	29	00:53:22	00:52:17	
260	1808	MIGUEL SILVA	M	25	00:53:24	00:52:21	
261	1493	RICARDO ALVES	M	28	00:54:01	00:54:01	
262	184	MIGUEL COSTA	M	33	00:54:02	00:52:29	
263	513	HELDER PEDRO PEREIRA	M	34	00:54:12	00:53:22	
264	1399	DIOGO GONÇALVES	M	30	00:54:28	00:52:59	
265	1418	MIGUEL SANTOS	M	30	00:54:33	00:53:26	OS QUEBRA-MILHAS
266	1826	TIAGO COELHO	M	26	00:54:36	00:53:06	
267	1843	GONÇALO BEATO PRATA	M	34	00:54:38	00:53:39	
268	1721	RICARDO	M	33	00:54:38	00:53:42	
269	1652	DIOGO FILIPE CAMPOS ALVES	M	24	00:54:40	00:52:31	TFM
270	1404	NELSON COELHO	M	31	00:54:41	00:52:57	INDIELISBOARUNNERS
271	1471	JOSÉ MARCELINO	M	25	00:54:51	00:54:22	
272	365	DANIEL R NUNES	M	33	00:54:56	00:53:12	OS NUNES
273	547	NUNO OLIVEIRA	M	28	00:55:00	00:53:02	
274	549	PEDRO MIGUEL MOREIRA VIEIRA MOUTINHO	M	31	00:55:00	00:53:02	
275	1760	FILIPE SERRA DA COSTA	M	30	00:55:02	00:52:51	
276	458	NELSON DAMIÃO	M	32	00:55:02	00:53:38	AUTOZITANIA
277	1411	HÉLDER ALEXANDRE RODRIGUES COTRIM	M	33	00:55:06	00:53:29	
278	1530	DANIEL ROQUE DIAS	M	23	00:55:06	00:53:36	OS BOLT
279	1933	DAVID CARVALHO	M	30	00:55:10	00:53:24	DEVAGAR E DEVAGARINHO
280	2145	LUIS SANTOS	M	25	00:55:17	00:54:18	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
281	26	PAULO PIRES	M	34	00:55:25	00:54:33	
282	2101	BRUNO MARTINHO	M	31	00:55:26	00:53:18	GD SÃO DOMINGOS
283	2100	DIOGO SOARES	M	29	00:55:26	00:53:17	GD SÃO DOMINGOS
284	843	CARLOS LOPES	M	29	00:55:41	00:53:19	
285	1676	FRANCISCO ALVARES	M	31	00:55:41	00:54:12	CLUBE EDP - LISBOA
286	1519	JAIME RIBEIRO	M	25	00:55:48	00:52:05	
287	589	MIGUEL BOAVIDA FERREIRA	M	27	00:56:02	00:53:33	
288	238	PEDRO MIGUEL ALVES DOS SANTOS E SILVA	M	29	00:56:02	00:55:28	OS SILVAS
289	1737	SERGIO CASTRO	M	34	00:56:08	00:54:28	
290	304	FREDERICO BATISTA	M	28	00:56:09	00:55:19	
291	1759	PEDRO GONÇALVES	M	31	00:56:24	00:54:48	
292	612	TITO NASCIMENTO	M	33	00:56:44	00:54:31	RUGBY CLUBE DE OEIRAS
293	1865	RICARDO FERREIRINHA	M	32	00:56:46	00:55:29	
294	972	DUARTE FRAGOSO	M	34	00:56:49	00:55:39	SONAE
295	2298	PEDRO M GOMES	M	32	00:56:49	00:54:56	SONAE
296	2404	ANDRE REIS	M	28	00:56:51	00:54:56	SS CGD
297	878	PEDRO MIGUEL DIAS	M	31	00:56:53	00:55:12	
298	604	PAULO ALEXANDRE DE OLIVEIRA LOPES	M	32	00:57:06	00:56:17	
299	610	RICARDO PREGUIÇA	M	28	00:57:12	00:55:00	RUGBY CLUBE DE OEIRAS
300	2542	PEDRO NUNES	M	33	00:57:20	00:55:03	
301	1377	JORGE VIEIRA	M	33	00:57:35	00:56:37	MITCH TEAM - SANTA CRUZ
302	1757	CARLOS ALBERTO PEREIRA GAMEIRO	M	31	00:57:39	00:57:27	
303	259	PAULO INÁCIO	M	33	00:57:43	00:55:46	
304	1938	BRUNO MACHADO	M	34	00:57:53	00:56:36	PI-LINHA RUNNERS
305	1939	BRUNO NEVES	M	33	00:57:54	00:56:41	PI-LINHA RUNNERS
306	1762	PEDRO SEPÚLVEDA	M	34	00:57:55	00:57:15	
307	1881	FERNANDO PAULINO	M	28	00:57:58	00:56:13	
308	969	SÉRGIO ALEXANDRE CAETANO TAVARES	M	31	00:58:10	00:57:10	
309	401	MANUEL MANTEIGAS	M	29	00:58:10	00:56:09	CLUBE GBES
310	678	RICARDO NOGUEIRA	M	34	00:58:10	00:57:53	
311	850	TIAGO COUTINHO	M	33	00:58:13	00:56:47	3C&FRIENDS
312	440	EURICO RODRIGUES	M	33	00:58:29	00:57:44	OS KENIANOS DO FEIJÓ
313	319	MIGUEL RODRIGUES	M	34	00:58:50	00:58:50	
314	1937	HUGO MATOS	M	28	00:59:01	00:57:47	PI-LINHA RUNNERS
315	1767	DANIEL GRILO	M	29	00:59:17	00:57:41	PINTO GRILO
316	495	FILIPPE PEDRO	M	28	00:59:24	00:57:32	ATOMIC TEAM
317	496	CARLOS PASSOS	M	33	00:59:26	00:57:34	ATOMIC TEAM
318	445	PAULO BARATA	M	34	00:59:35	00:57:42	ATOMIC TEAM
319	447	BRUNO SANTOS	M	34	00:59:35	00:58:43	ATOMIC TEAM
320	315	RUI JOÃO GODINHO DE MATOS	M	30	00:59:43	00:57:49	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
321	1540	TIAGO RODRIGUES	M	26	01:00:06	00:59:23	
322	1632	GONÇALO OLIVEIRA	M	29	01:00:08	00:58:41	
323	351	EDUARDO PESTANA	M	34	01:00:14	00:59:17	KANINOS
324	352	MARCO CACHINHO	M	33	01:00:14	00:59:16	KANINOS
325	1451	RUI ALEXANDRE	M	34	01:00:17	00:59:33	
326	768	JOÃO DUARTE PEREIRA RIBEIRO	M	22	01:00:27	00:59:28	
327	388	JOSÉ FERNANDO MAGALHÃES	M	26	01:00:32	00:58:36	
328	1927	NUNO SIMÕES ALMEIDA	M	29	01:00:55	00:59:12	INDIELISBOARUNNERS
329	1694	ANDRE CASCALHO	M	33	01:01:01	00:57:39	SONAE
330	2550	RICARDO PEREIRA	M	34	01:01:02	01:00:19	SL CAMPOLIDE
331	1502	BRUNO BRITO	M	31	01:01:05	00:59:13	COELHOS E BRITO
332	862	BERNARDO FERRAO	M	33	01:01:07	00:59:40	
333	1620	JOÃO MACHADO	M	28	01:01:22	00:59:00	LOS NACHOS
334	1534	SÉRGIO MARTINS	M	33	01:01:26	00:59:18	TFM
335	48	RUI COELHO	M	31	01:01:37	01:00:22	RUIS
336	1809	DAVID SABINO	M	24	01:01:44	00:59:40	
337	364	GONÇALO NUNES	M	23	01:01:45	00:59:56	OS NUNES
338	629	JONATHAN POIROT	M	30	01:02:14	01:01:30	FAMÍLIA FERNANDES
339	1619	PAULO FAGUNDES	M	29	01:02:15	01:00:05	
340	1932	GABRIEL VIEIRA	M	26	01:03:20	01:01:13	DEVAGAR E DEVAGARINHO
341	2590	DIOGO F G SEGURO	M	25	01:03:25	01:03:25	BORN
342	1577	DAVID SARAIVA	M	31	01:03:49	01:02:33	XXXXXXXXXX
343	900	SANDRO EDUARDO VARAGILAL PEDRO	M	31	01:04:02	01:02:54	
344	1383	RICARDO RODRIGUES	M	33	01:04:08	01:01:57	
345	1364	BRUNO GONÇALVES	M	32	01:04:19	01:02:59	
346	628	NUNO SANTOS FERNANDES	M	22	01:04:28	01:02:24	CEFA-MARINHA
347	166	SANTOS BICA	M	23	01:04:28	01:02:24	CEFA-MARINHA 3
348	635	RUI MIGUEL DE CARVALHO ALEXANDRE	M	32	01:04:37	01:01:34	PEPSICO PORTUGAL
349	1873	BRUNO GOMES	M	24	01:04:53	01:04:53	
350	49	RUI VENTURA	M	27	01:05:30	01:04:12	RUIS
351	1376	PAULO VALENTE	M	34	01:05:58	01:05:00	MITCH TEAM - SANTA CRUZ
352	1803	PAULO JORGE GONÇALVES RODRIGUES	M	25	01:06:09	01:04:16	
353	1884	JOAO UMBELINO	M	32	01:06:14	01:05:32	SERLIMA
354	1909	LUIS MIGUEL LEITÃO SIMÕES	M	31	01:06:21	01:04:13	APAIXONADOS
355	630	FREDERICO GOMES	M	23	01:06:39	01:04:54	FAMÍLIA FERNANDES
356	2030	ANDRÉ CAPELO	M	21	01:06:40	01:05:47	GDA CIMPOR
357	1391	ROBERTO NUNO GOUVEIA	M	33	01:06:54	01:05:29	
358	312	SÉRGIO CARDOSO	M	34	01:07:17	01:06:26	
359	642	FÁBIO LOUÇÃO	M	28	01:07:18	01:05:11	INFOSISTEMA RUNNING TEAM
360	75	NUNO RICARDO MARTINS MONTALVERNE	M	34	01:07:36	01:05:30	CLUBE PT

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
361	47	JOAO JOSE GOMES GONÇALVES	M	32	01:07:46	01:06:31	
362	2099	LUIS XAVIER	M	26	01:08:06	01:07:33	GD SÃO DOMINGOS
363	1770	TIAGO RIBEIRO	M	29	01:08:27	01:07:08	
364	1459	JOÃO RUI FONSECA GOUVEIA DE CARVALHO	M	34	01:08:52	01:06:35	
365	973	JOÃO RODRIGUES	M	24	01:08:53	01:07:24	EMPURREM NOS!
366	1699	MIGUEL OSORIO	M	33	01:09:03	01:09:00	SONAE
367	94	MARCO VESTIA	M	31	01:09:08	01:08:08	JUST RUN - SETUBAL
368	444	PEDRO MATOSO	M	33	01:09:57	01:08:03	ATOMIC TEAM
369	1993	HUGO FERNANDES	M	32	01:12:44	01:10:43	TEAM HANGOVER
370	1989	JOÃO SALGUEIRO	M	32	01:12:45	01:10:45	TEAM HANGOVER
371	2544	PAULO CAEIRO	M	32	01:13:24	01:11:06	
372	853	LUIS FERREIRA	M	30	01:16:11	01:14:38	3C&FRIENDS
373	641	MÁRIO COELHO	M	30	01:18:01	01:15:54	INFOSISTEMA RUNNING TEAM
374	158	FRANCISCO SANTOS	M	26	01:26:11	01:23:52	LEÕES SANTOS
375	786	RUI SILVA	M	27	01:28:30	01:27:00	EMPURREM NOS!

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	2231	JOSÉ GASPAR	M	36	00:31:17	00:31:13	CA ODIMARQ
2	2233	LUIS RAÇÕES	M	37	00:32:03	00:31:59	CA ODIMARQ
3	2049	ARMANDO MONTEIRO	M	39	00:32:59	00:32:55	CRD ARRUDENSE
4	2217	PAULO MARTINS	M	38	00:33:08	00:33:04	NUCLEOEIRAS
5	1950	NUNO MIGUEL ALVES	M	38	00:33:27	00:33:23	C.C.R. ALTODO MOINHO
6	2066	RICARDO PEREIRA	M	36	00:34:05	00:34:01	CR LEOES P SALVO
7	564	ANTONIO PINTO	M	38	00:34:23	00:34:16	GRD " OS FIXES "
8	2526	PAULO ALVES	M	36	00:35:18	00:35:10	GD IN CASA MOEDA
9	1739	JOAO SERRAS	M	35	00:35:42	00:35:28	
10	505	NELSON SANTOS	M	39	00:35:44	00:35:39	CASA DO BENFICA TORRES VEDRAS
11	999	PEDRO RATO	M	37	00:35:45	00:35:39	
12	655	JOÃO GONÇALVES	M	36	00:35:50	00:35:46	RESTAURANTEOCARTAXEIRO-CANEÇAS
13	2310	ALEXANDRE MONTEIRO	M	39	00:35:51	00:35:48	RB RUNNING
14	895	JOÃO PATEIRA	M	35	00:35:55	00:35:50	
15	1681	CARLOS ROUXINOL	M	39	00:35:59	00:35:49	
16	2048	PAULO PINHEIRO	M	36	00:36:01	00:35:46	CRD ARRUDENSE
17	2533	RUI CORREIA	M	37	00:36:50	00:36:43	GD IN CASA MOEDA
18	2050	MARCO SANTOS	M	39	00:37:04	00:36:26	CRD ARRUDENSE
19	2531	VITOR CARDOSO	M	36	00:37:08	00:37:01	GD IN CASA MOEDA
20	1485	JOÃO FILIPE FERREIRA	M	35	00:37:09	00:36:20	
21	394	PAULO SILVESTRE	M	38	00:37:14	00:37:04	
22	2256	PAULO PALMA	M	36	00:37:18	00:37:10	CF OS BELENENSES
23	2158	DAVID CARDOSO	M	39	00:37:44	00:37:11	JOMA
24	1661	PAULO HERMESILHAS	M	37	00:37:46	00:37:35	MENTE TRAQUINA
25	2312	CARLOS HENRIQUES	M	36	00:37:47	00:37:36	RB RUNNING
26	170	CARLOS ARIEIRO	M	39	00:38:03	00:37:48	CEFA-MARINHA
27	397	DIRIO COELHO	M	37	00:38:03	00:37:52	ESCOLA ATLETISMO RUI SILVA
28	1528	LUÍS COELHO DA SILVA	M	36	00:38:21	00:37:41	
29	755	MIGUEL SOBRAL	M	35	00:38:49	00:38:43	ASSOCIAÇÃO GD ACADEMIA KORPO
30	1746	EDMUNDO ALVES	M	36	00:38:51	00:38:34	C.C.R. ALTODO MOINHO
31	1644	RUI COELHO	M	35	00:38:52	00:38:35	
32	266	AMANDIO BARBOSA	M	37	00:38:53	00:38:17	
33	144	RUI PINA	M	36	00:39:01	00:38:41	
34	1773	NUNO RICARDO GOMES TEIXEIRA	M	36	00:39:05	00:38:45	
35	2532	NUNO GONÇALVES	M	38	00:39:22	00:39:08	GD IN CASA MOEDA
36	148	PAULO COSTA	M	39	00:39:45	00:38:07	
37	2216	JOSÉ A. TEIXEIRA	M	37	00:39:49	00:39:45	NUCLEOEIRAS
38	1913	FERNANDO SOARES	M	39	00:40:12	00:40:04	CLUBE ATLÉTICO DAS PATAMEIRAS
39	2129	LUIS FERNANDES	M	39	00:40:20	00:40:16	INGLESES FC
40	1526	MIGUEL TRUNINGER SOUSA	M	38	00:40:31	00:40:17	

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	507	PEDRO FERREIRA	M	36	00:40:32	00:40:25	CASA DO BENFICA TORRES VEDRAS
42	2232	LUIS BAPTISTA	M	36	00:40:38	00:39:41	CA ODIMARQ
43	759	HUGO FREIRE	M	37	00:40:45	00:40:35	ASSOCIAÇÃO GD ACADEMIA KORPO
44	2527	CARLOS CRISTOVAO	M	38	00:40:46	00:40:31	GD IN CASA MOEDA
45	1542	BRUNO PEREIRA	M	38	00:41:02	00:40:03	SONAE
46	2567	HUGO LUZ	M	38	00:41:04	00:40:57	
47	1517	PEDRO MIGUEL DE SOUSA FERNANDES	M	39	00:41:09	00:41:05	
48	2397	BRUNO SILVA	M	39	00:41:14	00:40:30	GAA VILA FRANCA XIRA
49	1872	ANDRE RISCADO	M	35	00:41:30	00:41:11	AMIGOS ATLETISMO DA CHARNECA
50	606	JOSÉ VARELA	M	39	00:41:32	00:41:23	
51	2130	NUNO MARQUES	M	39	00:41:40	00:41:27	INGLESES FC
52	2086	PEDRO AZENHA	M	38	00:41:45	00:41:12	GDR MANIQUE CIMA
53	2200	JOSÉ MOREIRA	M	37	00:41:47	00:41:42	MIRANTENSE FC
54	115	PEDRO SANTOS VICENTE	M	36	00:41:48	00:41:13	
55	2399	VITOR NOVAIS	M	37	00:41:54	00:40:14	GAA VILA FRANCA XIRA
56	705	NUNO PITA	M	38	00:41:56	00:40:16	
57	489	TELMO PEDRO	M	35	00:42:00	00:41:11	ASSOCIAÇÃO JORGE PINA
58	1509	JORGE MARTINS	M	37	00:42:07	00:41:03	
59	2047	OSVALDO FERREIRA	M	36	00:42:10	00:41:59	CRD ARRUDENSE
60	597	NUNO CAMPOS	M	39	00:42:16	00:41:36	
61	1581	LUÍS GONÇALVES	M	37	00:42:22	00:40:54	COLINAS BIKE TOUR
62	116	JOÃO RICARDO LUZ	M	37	00:42:24	00:42:11	PANDILHA JOVEM
63	2440	PEDRO CAROLA	M	37	00:42:32	00:41:26	SS CGD
64	561	ARTUR FERREIRA	M	36	00:42:44	00:42:03	
65	2147	HUGO SILVA	M	36	00:42:46	00:42:36	INDIVIDUAL
66	754	LUÍS PAISANA	M	39	00:42:59	00:42:49	ASSOCIAÇÃO GD ACADEMIA KORPO
67	429	LUÍS GODINHO	M	37	00:43:01	00:42:26	CLUBE GBES
68	2398	MAURO PIMENTA	M	37	00:43:09	00:42:28	GAA VILA FRANCA XIRA
69	73	NUNO CIDADE DO CARMO	M	39	00:43:11	00:43:02	
70	2493	RUI MARQUES	M	39	00:43:13	00:42:37	GD INE
71	1766	HUGO GOMES	M	38	00:43:22	00:43:11	
72	408	PEDRO GABRIEL	M	35	00:43:23	00:42:39	CLUBE GBES
73	451	EDUARDO LUIS	M	35	00:43:27	00:42:41	ATOMIC TEAM
74	1807	MARCELO DIAS	M	38	00:43:29	00:43:17	
75	72	PAULO TRINDADE	M	39	00:44:06	00:43:54	O MUNDO DA CORRIDA
76	39	NUNO CRISTÓVÃO	M	37	00:44:16	00:42:18	
77	677	MIGUEL MARQUES	M	38	00:44:16	00:43:59	
78	1734	PAULO MARQUES	M	37	00:44:23	00:43:33	
79	1951	PEDRO RIBEIRO	M	35	00:44:25	00:43:05	
80	563	RICARDO PEREIRA	M	36	00:44:27	00:44:16	

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
81	583	JORGE FRANCISCO	M	35	00:44:32	00:44:08	ELITE DO ASFALTO
82	700	HUGO PINTO	M	38	00:44:35	00:42:57	
83	1574	PAULO COELHO	M	36	00:44:43	00:44:33	
84	151	RUI CABEÇO	M	36	00:44:56	00:43:57	ACTIVE PEOPLE
85	2281	NUNO SABINO	M	36	00:44:57	00:43:11	AÇOREANA C BANIF
86	111	SÉRGIO PIRES	M	36	00:45:03	00:44:27	VALEJAS ATLÉTICO CLUBE
87	558	MAURÍCIO MARQUES	M	39	00:45:13	00:44:24	
88	1617	RICARDO FILIPE TRINDADE SOUSA	M	36	00:45:35	00:45:13	
89	2085	JORGE FONSECA	M	35	00:45:47	00:45:12	GDR MANIQUE CIMA
90	2436	TIAGO AVELÃS	M	38	00:45:51	00:44:44	SS CGD
91	979	TIAGO FERREIRA	M	35	00:45:52	00:45:11	OPTICALIA RUNNING TEAM
92	2332	MILTON MELO	M	35	00:46:35	00:45:40	WIKABOO
93	676	CARLOS PIRES	M	39	00:46:40	00:45:51	
94	1844	PAULO ORNELAS FLOR	M	36	00:47:25	00:45:29	
95	1814	HUGO TAVARES	M	36	00:47:29	00:46:55	
96	41	BRUNO LOUREIRO	M	39	00:47:33	00:46:17	OS LOUREIROS
97	1571	PAULO PLANCHE	M	37	00:47:36	00:45:47	
98	621	MIGUEL AMARAL FONSECA	M	38	00:47:37	00:46:18	
99	620	PEDRO SOARES	M	36	00:47:37	00:46:17	
100	892	SÉRGIO GONÇALVES	M	35	00:47:51	00:46:43	OS QUEBRA-MILHAS
101	448	BRUNO COIMBRA	M	35	00:47:53	00:45:47	ATOMIC TEAM
102	1511	MIGUEL BERMONTE	M	37	00:47:55	00:46:49	SONAE
103	1944	JOSÉ FREITAS	M	35	00:47:58	00:46:54	ÁGUAS LIVRES DE CANEÇAS
104	1967	PEDRO LUCAS	M	35	00:47:59	00:47:09	
105	1525	PEDRO SILVA	M	36	00:48:01	00:47:02	
106	224	ANDRE GIRBAL	M	35	00:48:03	00:47:45	
107	1529	PEDRO SERRA	M	37	00:48:07	00:47:29	
108	239	CLAÚDIO ABREU	M	35	00:48:08	00:46:56	HAVI LOGISTICS
109	2477	PEDRO C ALVES	M	37	00:48:16	00:46:23	SS MONTEPIO GERAL
110	710	PEDRO CARVALHO	M	39	00:48:33	00:48:09	
111	2215	TIAGO DIAS	M	36	00:48:37	00:47:56	NUCLEOEIRAS
112	650	JOÃO MARQUES	M	39	00:48:37	00:46:54	RESTAURANTEOCARTAXEIRO-CANEÇAS
113	2268	HUGO SOUSA	M	37	00:48:41	00:47:59	AÇOREANA C BANIF
114	1956	SÉRGIO SALVADO	M	37	00:48:46	00:47:43	
115	657	JORGE FIGUEIRA	M	37	00:48:55	00:48:11	AMIGOS 4RUN
116	55	PEDRO SANTOS	M	37	00:48:59	00:47:30	
117	1735	PAULO SIMOES	M	35	00:49:03	00:48:14	
118	1500	PAULO FONSECA	M	38	00:49:08	00:48:16	
119	1429	GONÇALO MIGUEL	M	38	00:49:11	00:48:00	
120	2446	MANUEL BENTO	M	37	00:49:23	00:48:50	SC CASAINHOS

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
121	904	FILIFE DUARTE MARQUES	M	37	00:49:26	00:48:29	MITCH TEAM - SANTA CRUZ
122	2338	PEDRO CUNHA	M	37	00:49:29	00:47:39	WIKABOO
123	863	RICHARD A A WARRELL	M	38	00:49:33	00:48:57	SONAE
124	756	PEDRO NUNES	M	38	00:49:34	00:49:02	ASSOCIAÇÃO GD ACADEMIA KORPO
125	1417	LUÍS ZÊZERE	M	37	00:49:39	00:49:20	CCD CRÉDITO AGRÍCOLA MÚTUO
126	1414	MIGUEL VINAGRE	M	37	00:49:40	00:49:21	CCD CRÉDITO AGRÍCOLA MÚTUO
127	1421	RUI ALMEIDA	M	36	00:49:41	00:49:29	
128	2427	MIGUEL REIS	M	37	00:49:45	00:48:22	SS CGD
129	1769	NUNO JERÓNIMO	M	35	00:49:46	00:48:28	
130	1595	CARLOS SEMIDE	M	39	00:49:52	00:48:19	
131	1378	RUI VIEITAS	M	37	00:50:01	00:49:03	MITCH TEAM - SANTA CRUZ
132	908	RUI ANTUNES	M	39	00:50:09	00:49:24	
133	2282	NUNO SILVA	M	37	00:50:12	00:49:44	AÇOREANA C BANIF
134	1372	LUIS MIGUEL SILVA NEVES CALHEIROS	M	39	00:50:19	00:49:08	GD BANCO BPI
135	85	NUNO ROSMANINHO	M	37	00:50:35	00:48:37	WPP ROAD RUNNERS
136	1466	MARCO DURAO	M	36	00:50:42	00:49:57	
137	712	VASCO VIEIRA	M	36	00:50:47	00:49:41	ACTIVE PEOPLE
138	914	PEDRO MACHADO	M	36	00:50:48	00:49:19	
139	1631	PEDRO LEITÃO	M	39	00:51:07	00:49:17	FRIENDS2RUN
140	391	JORGE DOMINGOS	M	38	00:51:09	00:50:21	ATOMIC TEAM
141	907	HUGO DIAS	M	39	00:51:09	00:49:56	MOZ TEAM
142	1668	TOMÁS SOUSA	M	37	00:51:13	00:50:25	OS SUPER
143	189	JOSÉ LUÍS AGAPITO	M	35	00:51:17	00:49:37	PERNAS DE GAFANHOTO
144	844	RUI MARINO	M	39	00:51:29	00:49:31	RUI NOBRE
145	285	HUGO SEVERINO	M	35	00:51:30	00:49:53	CLUBE EDP - LISBOA
146	1393	PEDRO RIBEIRO	M	36	00:51:36	00:50:14	
147	639	ALEXANDRE LEE	M	36	00:51:43	00:50:16	INFOSISTEMA RUNNING TEAM
148	321	NUNO MATOS	M	36	00:51:46	00:50:16	PERNAS DE GAFANHOTO
149	169	VIEIRA GONÇALVES	M	36	00:51:48	00:49:54	CEFA-MARINHA 3
150	463	JORGE ABREU	M	39	00:51:48	00:49:58	FRIENDS2RUN
151	1573	NUNO FREDERICO HENRIQUES TRINDADE	M	36	00:51:50	00:50:03	
152	1582	LUÍS FILIFE	M	38	00:51:52	00:50:46	COLINAS BIKE TOUR
153	282	SÉRGIO SIMÕES	M	39	00:51:58	00:50:17	
154	1608	NUNO COUTO	M	37	00:52:09	00:50:08	
155	881	EDGAR BRUNO PORTUGAL	M	38	00:52:09	00:50:08	
156	1720	ÁLVARO CASTELO BRANCO	M	37	00:52:21	00:51:36	
157	1855	BRUNO CONCEIÇÃO	M	36	00:52:23	00:51:18	
158	1555	NUNO SIMÕES	M	38	00:52:32	00:51:45	
159	2459	DAVID ALMEIDA	M	35	00:52:34	00:51:09	SS MONTEPIO GERAL
160	1550	JOSÉ PAULO GONÇALVES	M	38	00:52:42	00:52:03	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
161	660	CARLOS M SILVA	M	39	00:52:46	00:52:07	SS MONTEPIO GERAL
162	923	HUGO COLAÇO	M	35	00:52:46	00:52:00	
163	1570	FRANCISCO PEREIRA	M	39	00:52:50	00:51:17	
164	1834	VASCO CRUZ	M	37	00:53:00	00:51:40	MALTA DA GRAÇA
165	532	RUI SOARES	M	38	00:53:18	00:52:58	CCD PM CASCAIS
166	443	BRUNO FERNANDES	M	35	00:53:30	00:51:23	ATOMIC TEAM
167	430	TIAGO DOMINGUES	M	35	00:53:35	00:52:24	
168	1603	SÉRGIO FELICIANO	M	36	00:53:35	00:52:42	
169	1799	PAULO DUARTE DA SILVA	M	38	00:53:46	00:52:02	
170	2460	FERNANDO PALMA	M	38	00:54:04	00:52:05	SS MONTEPIO GERAL
171	2472	NUNO RODRIGUES	M	38	00:54:05	00:52:06	SS MONTEPIO GERAL
172	514	MARCO ANTÓNIO SILVA	M	38	00:54:10	00:53:20	
173	368	ARTUR SANTOS	M	36	00:54:22	00:53:40	
174	536	HUMBERTO CARLOS VALENTIM	M	36	00:54:32	00:52:56	SOBRALPISO
175	535	JOSÉ CARLOS ANTUNES	M	39	00:54:33	00:52:57	SOBRALPISO
176	544	TIAGO OLIVEIRA	M	36	00:54:40	00:53:38	CATERINGPOR
177	745	RICARDO CARVALHO	M	39	00:54:41	00:53:04	
178	746	JOAQUIM ANTUNES	M	37	00:54:41	00:53:04	
179	769	PEDRO PEREIRA	M	37	00:54:43	00:53:47	
180	36	LUIS FRAGOSO	M	39	00:54:43	00:53:42	CATERINGPOR
181	2333	ANTONIO TEIXEIRA	M	36	00:54:59	00:54:20	WIKABOO
182	670	SÉRGIO PINTO	M	37	00:55:38	00:53:58	
183	674	PEDRO JORGE	M	38	00:55:40	00:53:53	
184	1716	LUIS FORTES	M	36	00:55:46	00:54:02	
185	2467	MANUEL C SANTOS	M	39	00:55:52	00:53:49	SS MONTEPIO GERAL
186	898	ANDRÉ MATOS	M	35	00:55:55	00:54:46	O MUNDO DA CORRIDA
187	550	PAULO LOURENÇO	M	39	00:55:59	00:55:10	OBIKWELUS
188	355	RICARDO CAMPOS	M	38	00:56:00	00:54:15	AFO
189	1772	RUI GODINHO	M	38	00:56:03	00:53:59	
190	236	MARCO BASTOS	M	39	00:56:17	00:55:19	
191	839	RICARDO G E FERREIRA	M	38	00:56:25	00:56:16	GARCIA RUNNERS
192	392	CARLOS LOPES	M	37	00:56:33	00:54:39	ATOMIC TEAM
193	1522	JOÃO GONÇALVES	M	36	00:56:35	00:55:34	
194	1523	JORGE SOUSA	M	38	00:56:35	00:55:33	
195	1864	PEDRO TRINDADE	M	36	00:56:46	00:55:29	
196	1435	JORGE LOURENÇO	M	35	00:56:48	00:56:03	
197	2294	ANDRE BARBOSA	M	37	00:56:49	00:54:56	SONAE
198	1837	BRUNO MADEIRA	M	35	00:56:49	00:56:22	
199	971	JOAO M FERNANDES	M	37	00:56:49	00:55:39	SONAE
200	1392	PAULO LOUREIRO	M	38	00:56:51	00:54:56	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
201	2296	JOAO L CALVAO	M	35	00:56:58	00:55:04	SONAE
202	292	EDSON MANSO	M	35	00:57:09	00:55:05	GCD FÓIOS
203	462	LUIS CLÁUDIO MOTA	M	39	00:57:12	00:56:50	
204	1438	PAULO FARIA	M	35	00:57:16	00:55:21	
205	2543	RICARDO MACHADO	M	39	00:57:20	00:55:01	
206	2270	JOAO P FERNANDES	M	36	00:57:47	00:56:40	AÇOREANA C BANIF
207	1936	MIGUEL PEREIRA	M	39	00:57:53	00:56:41	PI-LINHA RUNNERS
208	1940	RUI MANUEL DIAS	M	38	00:57:53	00:55:40	PI-LINHA RUNNERS
209	196	BRUNO RIBEIRO	M	35	00:57:54	00:56:47	CLUBE RECREATIVO DO PENTEADO
210	1562	ANDRÉ SIMÕES	M	39	00:57:58	00:56:28	SIMON WHITE
211	849	PAULO SANTOS	M	38	00:58:14	00:55:51	3C&FRIENDS
212	2433	PEDRO LUZIO	M	37	00:58:44	00:57:22	SS CGD
213	603	ALEXANDRE MOITA	M	39	00:58:49	00:56:54	RUN4BEER
214	551	RUI CUSTÓDIO	M	35	00:58:49	00:58:01	OBIKWELUS
215	543	VALTER LOPES	M	37	00:58:55	00:56:49	
216	1840	NUNO FRANCISCO	M	39	00:59:01	00:58:22	
217	2588	PAULO A A FONSECA	M	36	00:59:08	00:58:33	
218	1467	LUIS NUNES	M	38	00:59:23	00:58:04	
219	498	NUNO CAETANO	M	35	00:59:24	00:57:32	ATOMIC TEAM
220	511	JOÃO ALMEIDA	M	37	00:59:38	00:57:40	G.U.P DE GRALHAS
221	317	JOAQUIM ELIAS PRATES NICO	M	38	00:59:43	00:57:49	
222	102	RICARDO VIANA	M	37	00:59:47	00:59:08	
223	961	MIGUEL GARANHOTO	M	39	01:00:08	00:59:51	
224	1580	MIGUEL JOSÉ FERROS PIMENTEL REIS FONSECA	M	38	01:00:09	00:59:25	
225	1758	LUIS MARQUES	M	39	01:00:10	00:59:55	
226	1381	RUI MIGUEL MOCINHO ESPADANEIRA	M	36	01:00:39	00:59:08	
227	1382	HUGO TEIXEIRA ALEXANDRE	M	36	01:00:39	00:59:08	
228	2319	PAULO BARATA	M	39	01:00:53	01:00:16	C FERROV PORTUGAL
229	1368	RUI MIGUEL CLARO PINTO	M	38	01:01:05	00:59:24	
230	889	CARLOS MANUEL NOVAIS RIBEIRO	M	36	01:01:13	00:59:08	
231	846	RUI NOBRE	M	39	01:01:15	00:59:17	RUI NOBRE
232	1370	NUNO ALEXANDRE SANTIAGO	M	37	01:01:19	00:58:45	
233	672	HUGO PEREIRA	M	39	01:01:21	00:59:35	
234	565	WILIAM CARDOSO	M	39	01:01:41	01:00:25	ADEGA DESPORTIVA - A GARAGEM
235	81	LUÍS BOLETO	M	36	01:01:42	01:00:08	C.A. AMIGOS PARQUE DA PAZ
236	658	PAULO PAIXÃO	M	39	01:01:52	01:01:09	AMIGOS 4RUN
237	456	VASCO PERES	M	36	01:01:56	01:00:31	AUTOZITANIA
238	2429	OLIMPIO GONÇALVES	M	38	01:01:58	00:59:37	SS CGD
239	1752	RICARDO ROSA	M	35	01:01:59	01:00:42	
240	1583	PEDRO GIL	M	36	01:02:24	01:01:19	COLINAS BIKE TOUR

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
241	546	LUIS REBELO	M	36	01:02:47	01:01:45	CATERINGPOR
242	831	CARLOS GUERREIRO	M	35	01:03:23	01:01:31	OS ATLETAS
243	264	RUI VIDEIRA	M	38	01:03:44	01:01:42	
244	222	PEDRO CORTES	M	38	01:04:08	01:02:25	
245	99	JOÃO AZEDO	M	37	01:04:26	01:03:01	AUTOZITANIA
246	2598	PEDRO N R ABREU	M	37	01:04:56	01:02:59	SONAE
247	1436	CARLOS DIAS	M	36	01:06:58	01:06:13	
248	434	PEDRO CORREIA	M	37	01:07:48	01:05:35	RUGBY CLUBE DE OEIRAS
249	1935	PEDRO BRONZE	M	35	01:08:24	01:06:46	
250	1797	JOÃO R. CARDOSO	M	39	01:08:34	01:06:30	SALVA-ME BARRICA
251	787	RICARDO COSTA	M	35	01:08:53	01:07:22	EMPURREM NOS!
252	117	GONÇALO FERNANDES	M	38	01:09:23	01:07:24	
253	1783	BRUNO GONÇALO PEREIRA CARVALHO CONCEIÇÃO	M	38	01:10:52	01:09:03	ESMTC
254	1385	FILIPE MANUEL ESPINHA SOARES DA SILVA	M	37	01:11:07	01:09:18	ROUND TABLE RUNNING TEAM
255	457	RINGO GODINHO	M	39	01:12:24	01:10:58	AUTOZITANIA
256	191	FRANCISCO JOSÉ GALÃO BERNARDO	M	38	01:13:24	01:11:15	FRIENDS2RUN
257	2426	MARIO PEREIRA	M	38	01:15:39	01:14:17	SS CGD
258	318	JOÃO RAPOSO	M	38	01:16:13	01:14:17	

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Relatório por Faixas Etárias

M4044

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	2131	ALBERTO CHAIÇA	M	40	00:31:10	00:31:07	INGLESES FC
2	2220	ARTUR SANTIAGO	M	42	00:32:25	00:32:22	NUCLEOEIRAS
3	502	FRANCISCO PEDRO	M	42	00:33:11	00:33:07	CASA DO BENFICA TORRES VEDRAS
4	2088	LUIS GINJA	M	40	00:33:14	00:33:09	GDR REBOLEIRA
5	2219	LUIS COELHO	M	40	00:33:38	00:33:34	NUCLEOEIRAS
6	2234	MÁRIO CASSACA	M	40	00:33:49	00:33:46	CA ODIMARQ
7	300	LUÍS CARLOS CARVALHO DA MOTA	M	43	00:34:32	00:34:25	
8	2306	JOAO INOCENCIO	M	43	00:34:46	00:34:39	A VALE SILENCIO
9	1916	JOSÉ SILVA	M	43	00:35:12	00:35:00	CLUBE ATLÉTICO DAS PATAMEIRAS
10	2068	DOMINGOS CARNEIRO	M	40	00:35:15	00:35:10	CR LEOES P SALVO
11	218	SÉRGIO SANTOS	M	44	00:35:16	00:35:11	ÁGUIAS DE ALPIARÇA - TRIATLO
12	1606	PEDRO MESTRE	M	42	00:35:43	00:35:37	NETCOURIER LOGISTICA
13	2287	RUI OLIVEIRA	M	42	00:35:44	00:35:39	AÇOREANA C BANIF
14	2218	JOSÉ TEIXEIRA	M	40	00:35:48	00:35:35	NUCLEOEIRAS
15	2329	MIGUEL TEIXEIRA	M	40	00:36:03	00:35:57	WIKABOO
16	480	JORGE BRITO	M	43	00:36:23	00:36:16	SCRD
17	990	JOSÉ BARRINHA	M	43	00:36:23	00:36:15	VILA FRIA/JG SEGUROS
18	524	LUIS LOURENÇO	M	44	00:36:37	00:36:32	CCD PM CASCAIS
19	389	JOAO HORA FAUSTINO	M	40	00:36:46	00:36:31	
20	2090	FERNANDO SANTOS	M	43	00:36:49	00:36:44	GDR REBOLEIRA
21	784	ANTÓNIO SIMÕES	M	43	00:37:04	00:36:55	G.D.C DO BANCO DE PORTUGAL
22	485	RICARDO MESTRE	M	42	00:37:06	00:37:03	ASSOCIAÇÃO JORGE PINA
23	488	CARLOS FERREIRA	M	44	00:37:06	00:37:03	ASSOCIAÇÃO JORGE PINA
24	2051	PEDRO SILVA	M	42	00:37:08	00:37:03	CRD ARRUDENSE
25	2416	FERNANDO CANDEIAS	M	42	00:37:13	00:37:05	SS CGD
26	2089	JORGE CORREIA	M	42	00:37:19	00:37:15	GDR REBOLEIRA
27	781	LUÍS RIO	M	42	00:37:26	00:37:17	G.D.C DO BANCO DE PORTUGAL
28	2253	CARLOS PIRES	M	42	00:37:39	00:37:31	URCA
29	1914	JOSÉ GEADA	M	43	00:37:40	00:37:32	CLUBE ATLÉTICO DAS PATAMEIRAS
30	2020	ANTÓNIO PINHEIRO	M	42	00:37:44	00:37:33	CF OS BELENENSES
31	653	RUI FERREIRA	M	42	00:37:44	00:37:38	RESTAURANTEOCARTAXEIRO-CANEÇAS
32	1375	RUI CABEÇAS	M	41	00:38:16	00:37:34	
33	1806	HERNANI DE JESUS FERNANDES	M	42	00:38:55	00:38:41	
34	1683	HELDER HENRIQUES	M	44	00:39:01	00:38:42	
35	649	FRANCISCO SANTOS	M	42	00:39:09	00:38:57	RESTAURANTEOCARTAXEIRO-CANEÇAS
36	905	CARLOS MANUEL ALVES CAETANO	M	40	00:39:09	00:38:56	
37	2489	FRANCISCO SERRANO	M	40	00:39:16	00:38:59	GD INE
38	187	GONÇALO FERREIRA	M	40	00:39:18	00:39:04	
39	744	MÁRIO CAMARATE	M	44	00:39:24	00:39:11	AMIGOS ATLETISMO MAFRA
40	24	FERNANDO JORGE P. PLÓNIO	M	44	00:39:26	00:39:21	LEBRES DA PORCALHOTA

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	2490	GONÇALO FERREIRA	M	41	00:39:26	00:39:10	GD INE
42	1551	FERNANDO SOUSA	M	43	00:39:27	00:39:11	
43	303	PEDRO MOTA	M	43	00:39:28	00:39:18	
44	1915	MIGUEL GONÇALVES	M	40	00:39:30	00:38:45	CLUBE ATLÉTICO DAS PATAMEIRAS
45	1731	CARLOS OLIVEIRA	M	40	00:39:33	00:39:04	
46	2021	JOÃO SOUSA	M	42	00:39:38	00:39:30	CF OS BELENENSES
47	922	MIGUEL ROCHA	M	42	00:39:54	00:39:45	
48	2445	ARMANDO CORREIA	M	42	00:39:59	00:39:44	SC CASAINHOS
49	2504	TIAGO MENDES	M	40	00:40:03	00:39:58	C MILLENNIUN BCP
50	2019	HELIO PATRICIO	M	41	00:40:07	00:39:53	CF OS BELENENSES
51	152	JOAO PASTOR	M	41	00:40:14	00:40:06	AMIGOS ATLETISMO MAFRA
52	415	LUÍS MONTEIRO	M	42	00:40:15	00:40:10	CLUBE GBES
53	2530	NUNO SOUSA	M	40	00:40:20	00:40:12	GD IN CASA MOEDA
54	299	JOSÉ SOUSA	M	41	00:40:33	00:40:21	
55	2536	PEDRO ALVAREZ	M	40	00:40:35	00:40:28	SFUAP
56	343	PAULO LOPES	M	42	00:40:47	00:40:08	GRD RIBEIRA LAGE
57	2018	NUNO QUEIJA	M	40	00:40:54	00:40:41	CF OS BELENENSES
58	1870	JOSÉ HEITOR	M	42	00:41:02	00:40:42	AMIGOS ATLETISMO DA CHARNECA
59	1919	ORLANDO CORREIA	M	42	00:41:04	00:39:17	CLUBE ATLÉTICO DAS PATAMEIRAS
60	685	CARLOS COSTA	M	43	00:41:12	00:40:39	MARGEM SUL
61	752	JORGE SANTOS	M	42	00:41:24	00:41:14	ASSOCIAÇÃO GD ACADEMIA KORPO
62	989	JOAQUIM SANTOS	M	42	00:41:26	00:40:39	VILA FRIA/JG SEGUROS
63	2276	LUIS ALBUQUERQUE	M	43	00:41:31	00:41:03	AÇOREANA C BANIF
64	1732	VITOR MARQUES	M	44	00:41:33	00:41:04	ESCOLA ATLETISMO RUI SILVA
65	927	RUI VIEIRA	M	42	00:41:35	00:40:21	
66	991	JOSÉ BATISTA	M	42	00:41:44	00:41:37	VILA FRIA/JG SEGUROS
67	2285	PAULO VENTURA	M	43	00:41:49	00:41:19	AÇOREANA C BANIF
68	235	MIGUEL MOREIRA CAMPOS	M	40	00:41:59	00:41:20	
69	422	HUGO CARAGO	M	40	00:42:00	00:41:39	CLUBE GBES
70	1917	MIGUEL TAVARES	M	41	00:42:04	00:41:55	CLUBE ATLÉTICO DAS PATAMEIRAS
71	2488	FRANCISCO CALDEIRA	M	40	00:42:08	00:41:49	GD INE
72	436	SERGIO SANTOS	M	41	00:42:11	00:41:53	
73	1611	BERNARDINO SOARES	M	40	00:42:14	00:41:32	
74	108	ERNESTO MONTEIRO	M	42	00:42:17	00:41:56	CÂMARA LISBOA CLUBE
75	103	RUI RODAS	M	41	00:42:19	00:41:35	
76	2563	BRUNO FERNANDES	M	42	00:42:25	00:41:34	WIKABOO
77	651	NUNO ALMEIDA	M	42	00:42:33	00:42:22	RESTAURANTEOCARTAXEIRO-CANEÇAS
78	1960	JOSÉ MOUQUINHO	M	40	00:42:36	00:42:30	
79	217	HUGO AGUIAR	M	40	00:42:37	00:42:27	ÁGUIAS DE ALPIARÇA - TRIATLO
80	409	PEDRO VITOR	M	43	00:42:37	00:42:01	CLUBE GBES

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
81	665	ALEXANDRE BENTO	M	40	00:42:39	00:41:58	
82	1578	JOÃO DIAS	M	40	00:42:51	00:42:18	KAMARROS
83	1922	PAULO GAMBOA	M	43	00:42:54	00:42:20	CLUBE ATLÉTICO DAS PATAMEIRAS
84	928	JOAO PAULO DIAS	M	41	00:43:00	00:42:47	
85	1988	JOÃO GOMES	M	41	00:43:01	00:42:22	AMIGOS ATLETISMO MAFRA
86	528	MARIO SANTOS	M	44	00:43:03	00:42:43	CCD PM CASCAIS
87	1415	RUI MELO	M	42	00:43:06	00:42:48	CCD CRÉDITO AGRÍCOLA MÚTUO
88	2520	JOSE GURDES	M	40	00:43:12	00:42:56	C MILLENNIUN BCP
89	634	PAULO MENEZES	M	41	00:43:26	00:41:58	PEPSICO PORTUGAL
90	1957	ALEXANDRE DIAS	M	44	00:43:38	00:42:56	
91	2336	GONÇALO CARDOSO	M	42	00:43:42	00:43:12	WIKABOO
92	1856	NUNO SILVA	M	40	00:43:46	00:41:43	
93	2173	PAULO BRITO	M	42	00:43:47	00:43:19	JOMA
94	2017	JOSÉ FERNANDES	M	40	00:43:55	00:43:34	CF OS BELENENSES
95	400	LUÍS LINO	M	44	00:43:56	00:43:30	CLUBE GBES
96	1774	JOÃO PARADINHA	M	40	00:44:02	00:42:55	
97	164	JORGE MIGUEL AZENHA BERNARDO	M	41	00:44:07	00:43:45	
98	970	ABILIO FERNANDES	M	43	00:44:11	00:43:21	
99	887	VITOR VENDA	M	42	00:44:12	00:43:59	
100	2169	CARLOS VITORINO	M	40	00:44:13	00:43:33	JOMA
101	1816	CARLOS SA	M	44	00:44:17	00:43:56	
102	1852	JOAO GONCALVES	M	41	00:44:23	00:43:20	MERIDIANOS
103	1600	LUIS PEIXOTO AMARAL	M	42	00:44:27	00:44:04	DAF
104	411	RUI GAMA	M	43	00:44:33	00:44:12	CLUBE GBES
105	1905	SERGIO HENRIQUE	M	42	00:45:09	00:44:53	OEBRECHT B
106	2171	JOSÉ VITORINO	M	41	00:45:19	00:44:38	JOMA
107	1713	VITOR J. R. LOPES	M	44	00:45:21	00:45:03	
108	2340	RENATO VELEZ	M	41	00:45:23	00:44:17	WIKABOO
109	861	LUIS DE BARROS	M	43	00:45:23	00:44:52	
110	2111	HEITOR GOMES	M	41	00:45:27	00:44:32	CLUBE GEORUNNERS
111	893	DAVID SIMÃO	M	43	00:45:36	00:45:19	
112	2487	CARLOS SANTOS	M	44	00:45:46	00:45:24	GD INE
113	2264	FAUSTO ISAAC	M	44	00:45:47	00:44:01	AÇOREANA C BANIF
114	582	VITOR NOBRE	M	40	00:45:54	00:45:26	ELITE DO ASFALTO
115	175	FERNANDO CONCEIÇÃO	M	44	00:45:56	00:44:56	CEFA-MARINHA 3
116	2301	EDUARDO MARQUES	M	43	00:46:00	00:45:55	A BOLA
117	2314	CARLOS CARVALHO	M	43	00:46:01	00:45:13	RB RUNNING
118	2519	PEDRO SA	M	41	00:46:11	00:45:39	C MILLENNIUN BCP
119	520	ANTONIO VELOSO	M	42	00:46:12	00:45:39	CCD PM CASCAIS
120	163	LUIS TAVARES	M	43	00:46:17	00:45:50	

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
121	968	ALEXANDRE ABADE	M	40	00:46:28	00:44:42	
122	2478	RICARDO DIAS	M	40	00:46:35	00:46:12	SS MONTEPIO GERAL
123	272	JOAO REVEZ	M	41	00:47:12	00:46:21	LESMA ALOPRADAS
124	987	FILIFE SÁ	M	42	00:47:17	00:46:29	VILA FRIA/JG SEGUROS
125	529	NUNO ALMEIDA	M	41	00:47:17	00:46:56	CCD PM CASCAIS
126	508	JOÃO ANTUNES	M	44	00:47:44	00:47:30	
127	912	SÉRGIO CASTANHO	M	40	00:47:47	00:47:32	GRUPO VESAUTO
128	2462	JORGE SOUSA	M	40	00:47:48	00:47:24	SS MONTEPIO GERAL
129	538	JESUS MANUEL JORGE	M	40	00:47:50	00:47:14	SOBRALPISO
130	537	MÁRIO JOSÉ ALVES	M	40	00:47:52	00:47:17	SOBRALPISO
131	1501	NUNO MIGUEL BATISTA MARTINS	M	41	00:47:57	00:47:10	
132	2133	PEDRO RIBEIRO	M	41	00:48:00	00:47:52	INGLESES FC
133	241	LUIS FERREIRA	M	42	00:48:08	00:46:56	HAVI LOGISTICS
134	323	JOSÉ CECÍLIO	M	41	00:48:17	00:47:13	
135	277	JOAQUIM SECO	M	44	00:48:22	00:47:44	
136	1576	ANTÓNIO PEREIRA	M	40	00:48:25	00:47:53	KAMARROS
137	664	MIGUEL NUNO CHAVES	M	43	00:48:27	00:47:45	
138	827	FERNANDO M FERNANDES	M	44	00:48:27	00:47:50	
139	1885	JOAO GUERREIRO	M	43	00:48:43	00:48:05	SERLIMA
140	1925	ALEXANDRE SANTOS	M	42	00:48:47	00:48:22	
141	868	ANTONIO TRIGUEIRO	M	41	00:48:48	00:47:58	
142	1958	SANTIAGO GONZÁLEZ ANDÚJAR	M	42	00:48:51	00:47:13	
143	229	JOÃO MIGUEL MORADIAS	M	44	00:48:53	00:48:11	VALADARES
144	1848	JOÃO MANUEL DE SEIA BARROS	M	40	00:49:02	00:48:26	
145	472	MIGUEL MATOS	M	43	00:49:05	00:48:03	CCD TRANQUILIDADE
146	56	RUI BARBOSA	M	42	00:49:11	00:47:43	CLUBE VODAFONE
147	1510	JORGE PASSOS	M	42	00:49:23	00:47:35	
148	2009	JOÃO CARDOSO	M	41	00:49:28	00:48:41	AM ATIBA
149	1978	NUNO MIGUEL FERREIRIM CARNEIRO	M	40	00:49:28	00:47:41	ADCRPJ
150	2071	LUIS DAMIÃO	M	44	00:49:28	00:47:40	CR LEOES P SALVO
151	2335	JOSE BONITO	M	42	00:49:31	00:49:31	WIKABOO
152	2278	NELSON MOTA	M	43	00:49:31	00:48:37	AÇOREANA C BANIF
153	413	SERGIO EIRA	M	41	00:49:33	00:47:48	CLUBE GBES
154	777	JOSÉ CARLOS VERMELHUDO AMARAL	M	41	00:49:35	00:47:48	
155	31	MANUEL ESCALONA	M	41	00:49:37	00:48:09	
156	753	NUNO PAISANA	M	41	00:49:42	00:49:09	ASSOCIAÇÃO GD ACADEMIA KORPO
157	374	JORGE PINTO	M	43	00:49:45	00:49:17	CLUBE ROBBIALAC
158	1736	STEVEN DUNLOP	M	40	00:49:59	00:48:38	
159	377	JOSÉ ANTÓNIO CRUZ	M	41	00:50:02	00:47:55	
160	1784	FABIO PARETO DE CICCIO	M	41	00:50:03	00:48:14	ESMTC

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
161	295	PAULO GONÇALVES	M	41	00:50:06	00:49:00	
162	948	NORBERTO MARQUES	M	42	00:50:07	00:48:41	RUNNING OF Dª MARIA
163	1400	PEDRO JOEL BARRELA	M	41	00:50:08	00:48:57	GD BANCO BPI
164	64	JOAQUIM FERNANDO CARVALHO ALGARVIO	M	40	00:50:10	00:49:13	
165	1643	JOAO TEIXEIRA	M	44	00:50:12	00:48:38	
166	32	JOSÉ CARLOS SUBTIL	M	41	00:50:14	00:48:46	
167	150	FILIPE PAIXÃO	M	40	00:50:16	00:49:10	ACTIVE PEOPLE
168	2113	RICARDO LEAL	M	44	00:50:16	00:49:19	CLUBE GEORUNNERS
169	965	LUIS MUCHACHO	M	40	00:50:17	00:48:37	
170	1975	JOAO PEDRO DA CRUZ COSTA	M	42	00:50:26	00:48:39	ADCRPJ
171	1974	ULISSES VALAS	M	40	00:50:26	00:48:39	ADCRPJ
172	1962	LUIS AMORIM	M	44	00:50:29	00:49:36	
173	38	JOSE CARLOS PEREIRA	M	43	00:50:29	00:48:31	
174	331	LUÍS MATOS	M	44	00:50:29	00:49:30	
175	906	PEDRO RODRIGUES	M	43	00:50:30	00:49:02	
176	125	LUÍS RICARDO	M	40	00:50:31	00:49:37	GD CIMPOR & AMIGOS
177	2409	BRUNO COSTA	M	40	00:50:32	00:49:26	SS CGD
178	2573	MIGUEL CASTELA	M	43	00:50:33	00:48:49	
179	383	JOSÉ ALÍPIO	M	43	00:50:35	00:49:41	
180	616	ANTÓNIO SALES NOBRE	M	42	00:50:42	00:50:02	
181	2170	MARCO GOUVEIA	M	40	00:50:50	00:49:49	JOMA
182	1970	MIGUEL PINTO	M	44	00:50:58	00:49:54	CLUBE BOLINHA
183	2410	CARLOS ALBANO	M	42	00:51:02	00:49:42	SS CGD
184	149	PEDRO	M	41	00:51:16	00:50:16	
185	2474	PAULO PEREIRA	M	43	00:51:24	00:50:38	SS MONTEPIO GERAL
186	128	PEDRO NETO	M	40	00:51:28	00:50:31	GD CIMPOR & AMIGOS
187	370	PAULO NUNNO CARVALHO CAMPOS	M	43	00:51:32	00:49:50	
188	929	PEDRO LOUREIRO	M	42	00:51:54	00:51:40	
189	837	CARLOS PENA	M	44	00:51:57	00:50:10	CORRER POR GOSTO
190	1488	NUNO VLADIMIR MOREIRA FELIZARDO TELHEIRO	M	40	00:51:57	00:51:01	
191	2444	NUNO PEREIRA	M	42	00:52:00	00:51:47	SC CASAINHOS
192	1934	JÚLIO ALMEIDA	M	44	00:52:15	00:50:39	
193	33	ÁLVARO GARCIA	M	41	00:52:16	00:50:47	
194	930	ARTUR GONÇALVES	M	41	00:52:20	00:52:01	
195	2110	PAULO MORGADO	M	41	00:52:34	00:51:48	CLUBE GEORUNNERS
196	2112	LUIS AFONSO	M	43	00:52:40	00:51:44	CLUBE GEORUNNERS
197	517	ALBERTO SOUSA	M	42	00:52:40	00:52:03	CCD PM CASCAIS
198	830	JOSÉ GUERREIRO	M	42	00:52:46	00:50:57	OS ATLETAS
199	578	FRANCISCO SARDINHA	M	43	00:52:52	00:52:32	
200	459	NUNO PALMA	M	42	00:53:00	00:51:36	AUTOZITANIA

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
201	1941	LUIS REIS	M	41	00:53:01	00:51:48	PI-LINHA RUNNERS
202	442	JOSE FRANCISCO DUARTE NEVES	M	42	00:53:16	00:52:45	
203	1876	FERNANDO PIRES	M	43	00:53:22	00:51:20	
204	949	JORGE SIMÕES	M	44	00:53:28	00:53:28	RUNNING OF Dª MARIA
205	461	PAULO SANTOS	M	41	00:53:35	00:52:09	AUTOZITANIA
206	2015	JOÃO LUIS	M	42	00:53:37	00:53:04	CDUL
207	124	LINO SILVA	M	41	00:53:42	00:53:42	GD CIMPOR & AMIGOS
208	512	LUIS ALMEIDA	M	40	00:53:45	00:51:48	G.U.P DE GRALHAS
209	1524	CARLOS MACHADO	M	43	00:53:48	00:52:13	
210	297	LUIS ANTONIO AGUIAR	M	42	00:53:53	00:53:11	ASAS NOS PES
211	126	JOAO C FERREIRA	M	41	00:53:57	00:53:11	GD CIMPOR & AMIGOS
212	1804	NUNO MOURA-PINHEIRO	M	41	00:54:02	00:53:52	
213	967	GONÇALO MALHEIRO	M	41	00:54:04	00:52:19	
214	2308	JOSE REBOCHO	M	43	00:54:09	00:52:03	A VALE SILENCIO
215	1997	PAULO JORGE GARCIA	M	43	00:54:10	00:52:04	PERNAS DE GAFANHOTO
216	1851	JOAO FONSECA	M	42	00:54:26	00:53:23	MERIDIANOS
217	1563	NUNO BRANCO	M	42	00:54:29	00:52:58	SIMON WHITE
218	545	PAULO SILVA	M	41	00:54:45	00:53:44	CATERINGPOR
219	353	NUNO BALACÓ	M	41	00:54:54	00:53:08	AFO
220	424	JOÃO RAMOS	M	41	00:55:02	00:53:24	CLUBE GBES
221	460	JOSÉ MENDES	M	43	00:55:06	00:53:42	AUTOZITANIA
222	1366	NELSON MIRANDA	M	40	00:55:14	00:53:28	
223	190	DAVID JOÃO ALMEIDA	M	42	00:55:32	00:53:23	FRIENDS2RUN
224	118	JOÃO PEDRO LOUREIRO	M	40	00:55:46	00:54:19	
225	1883	MARCOS ALMEIDA DIAS	M	44	00:55:55	00:54:50	
226	2263	DIOGO FERREIRA	M	40	00:55:57	00:55:26	AÇOREANA C BANIF
227	2279	NUNO E SANTO	M	43	00:55:57	00:55:27	AÇOREANA C BANIF
228	996	MANUEL POTES	M	43	00:56:03	00:55:15	
229	1556	MANUEL PRATES	M	41	00:56:13	00:55:12	
230	1566	RUI SANTOS	M	44	00:56:17	00:54:50	
231	1463	JOSÉ ARTUR BARREIROS	M	42	00:56:36	00:55:12	
232	2431	PAULO BILAO	M	43	00:56:41	00:55:17	SS CGD
233	888	PAULO DIAS	M	41	00:56:54	00:54:50	
234	567	JOSE SANTOS	M	44	00:57:05	00:55:08	
235	293	AMILCAR NUNES	M	42	00:57:11	00:55:07	GCD FÓIOS
236	2271	JOAO SERRA	M	41	00:57:11	00:55:52	AÇOREANA C BANIF
237	1751	RUI PINHEIRO	M	42	00:57:18	00:55:59	
238	1910	RUI FERNANDES	M	42	00:57:24	00:57:24	
239	1443	FERNANDO LUZ	M	44	00:57:38	00:57:07	GDCT UNICRE
240	1942	ARTUR DENOMINATO	M	41	00:57:53	00:56:39	PI-LINHA RUNNERS

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
241	1539	RICARDO MANUEL CORREIA	M	41	00:58:11	00:57:14	FAT FIGHTERS
242	154	VASCO ALPALHÃO	M	43	00:58:18	00:56:22	
243	1464	RAMIRO JÚNIOR	M	42	00:58:20	00:56:15	
244	201	KENICHI HARADA	M	42	00:58:47	00:57:28	OMOTENASHI
245	1432	RICARDO SOUSA	M	42	00:58:54	00:57:44	
246	2580	ARNALDO SANTOS	M	41	00:58:57	00:57:50	CVP
247	1437	EDUARDO AMORIM	M	42	00:59:02	00:57:29	
248	2318	MIGUEL BARATA	M	40	00:59:17	00:58:40	C FERROV PORTUGAL
249	702	JOSÉ LUIS SANTOS	M	44	00:59:22	00:58:07	
250	29	NUNO MARQUES	M	43	00:59:39	00:59:13	SEMPRE EM FESTA
251	1374	SERGIO SOUSA	M	41	01:00:00	00:57:50	CAPTURADOS
252	2406	ANTONIO FONSECA	M	44	01:00:20	00:59:16	SS CGD
253	233	CARLOS MIGUEL SILVA	M	41	01:00:28	00:58:29	TARTARUGAS DO TEJO
254	718	NUNO VENTURA	M	40	01:00:45	00:59:36	GRUPO ATLETAS MONSANTO-GASCAN
255	1813	CARLOS BERNARDO	M	41	01:00:55	00:59:16	
256	57	ANTÓNIO SIETRA	M	42	01:01:28	00:59:59	CLUBE VODAFONE
257	2299	NUNO AMEIXIAL	M	40	01:01:46	00:59:57	SONAE
258	775	JORGE GOMES	M	42	01:02:00	01:01:37	CARACOIS
259	2589	LUIS CORTES	M	43	01:03:25	01:01:12	BORN
260	1788	DIOGO MAROUÇO	M	42	01:03:48	01:01:43	DCPC
261	1622	MANUEL VASCONCELOS	M	43	01:04:15	01:01:53	LOS NACHOS
262	407	PEDRO FIGUEIREDO	M	40	01:06:10	01:05:05	CLUBE GBES
263	1790	ULISSES OLIVEIRA	M	41	01:06:48	01:04:43	DCPC
264	1457	ALEXANDRE DOMINGOS	M	40	01:08:14	01:06:24	S&A
265	2184	FERNANDO POÇAS	M	41	01:11:46	01:10:00	LINDA A PASTORA SC
266	98	RUI AFONSO	M	41	01:14:13	01:12:41	
267	1434	GABRIEL MORIM	M	42	01:15:36	01:14:26	
268	1672	CARLOS MORAIS	M	42	01:29:45	01:29:18	FALCÕES SELVAGENS

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Relatório por Faixas Etárias

M4599

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	2096	JOSÉ INÁCIO	M	68	00:32:33	00:32:28	GDR REBOLEIRA
2	1663	PAULO MANUEL ANTONIO	M	46	00:32:36	00:32:32	C.C.R. ALTODO MOINHO
3	2094	EUGENIO NETO	M	51	00:33:11	00:33:07	GDR REBOLEIRA
4	2075	RUI DUARTE	M	46	00:33:26	00:33:22	CR LEOES P SALVO
5	2092	JOSÉ ANTUNES	M	47	00:33:32	00:33:28	GDR REBOLEIRA
6	2135	EUSÉBIO ROSA	M	45	00:33:40	00:33:37	INGLESES FC
7	2052	ALEXANDRE MONTEIRO	M	47	00:33:51	00:33:47	CRD ARRUDENSE
8	2023	JOSÉ CUSTÓDIO	M	49	00:34:21	00:34:11	CF OS BELENENSES
9	2241	SILVESTRE GOMES	M	58	00:34:22	00:34:19	CA ODIMARQ
10	1981	FERNANDO ALVES	M	47	00:34:26	00:34:20	AMIGOS ATLETISMO MAFRA
11	2221	VITOR LIMA	M	46	00:34:30	00:34:26	NUCLEOEIRAS
12	724	CELSO GOUVEIA	M	46	00:34:38	00:34:32	
13	1949	PAULO FERREIRA	M	47	00:35:08	00:34:56	C.C.R. ALTODO MOINHO
14	2242	AIRES PRATAS	M	58	00:35:18	00:35:00	CA ODIMARQ
15	2072	VIRGILIO GOMES	M	45	00:35:20	00:35:12	CR LEOES P SALVO
16	2236	JOSÉ LOPES	M	47	00:35:33	00:35:28	CA ODIMARQ
17	2269	JOAO GOMES	M	54	00:35:34	00:35:20	AÇOREANA C BANIF
18	1675	JOAQUIM ANTUNES	M	53	00:35:35	00:35:27	
19	257	JOÃO MAIA	M	51	00:35:58	00:35:53	FALCÕES SELVAGENS
20	195	ANTONIO BRANCO	M	49	00:35:59	00:35:55	CLUBE RECREATIVO DO PENTEADO
21	2082	JOSÉ GIL	M	56	00:36:06	00:35:58	CR LEOES P SALVO
22	2185	JOSÉ FELIX	M	45	00:36:37	00:36:26	LINDA A PASTORA SC
23	2235	LUCIANO CONCEIÇÃO	M	47	00:36:37	00:36:32	CA ODIMARQ
24	2081	JORGE REIS	M	55	00:36:40	00:36:28	CR LEOES P SALVO
25	2078	JOÃO GINJA	M	47	00:36:42	00:36:37	CR LEOES P SALVO
26	483	ELIAS FORTES	M	47	00:37:00	00:36:54	SCRD
27	668	JOSE MIGUEL CORREIA	M	47	00:37:05	00:36:58	
28	180	ANTONIO HENRIQUES	M	56	00:37:08	00:36:48	CLUBE DE ATLETISMO ODIMARQ
29	2186	ANTÓNIO SILVA	M	45	00:37:18	00:37:08	LINDA A PASTORA SC
30	2240	ABEL GLORIA	M	51	00:37:20	00:37:15	CA ODIMARQ
31	2074	JORGE RODRIGUES	M	45	00:37:23	00:37:15	CR LEOES P SALVO
32	1712	ANTÓNIO R. LOPES	M	48	00:37:37	00:37:32	
33	475	AURELIO AGUIAR	M	58	00:37:54	00:37:51	
34	2093	ANTÓNIO MOREIRA	M	50	00:38:08	00:38:04	GDR REBOLEIRA
35	1985	ANTONIO PAIAS	M	56	00:38:12	00:37:58	CLUBE DE ATLETISMO ODIMARQ
36	1986	JOAO ESTEVAO	M	48	00:38:27	00:38:18	CLUBE DE ATLETISMO ODIMARQ
37	2178	LUIS CLARA	M	51	00:38:32	00:38:21	LINDA A PASTORA SC
38	2188	LUIS PREGO	M	56	00:38:36	00:38:25	LINDA A PASTORA SC
39	1987	ROGERIO DUARTE	M	46	00:38:42	00:38:23	CLUBE DE ATLETISMO ODIMARQ
40	2244	FERNANDO CHAMUSCA	M	63	00:38:43	00:38:28	CA ODIMARQ

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	2401	VITOR NOGUEIRA	M	49	00:38:47	00:38:39	GAA VILA FRANCA XIRA
42	2339	JORGE GONÇALVES	M	46	00:38:47	00:38:16	WIKABOO
43	1965	FERNANDO GOMES	M	53	00:38:51	00:38:45	
44	71	MÁRIO GUERREIRO	M	51	00:38:55	00:38:38	CASA DO BENFICA NO SEIXAL
45	172	JOÃO PAULO MARQUES	M	51	00:39:00	00:38:49	CEFA-MARINHA 3
46	506	LUIS REBELO	M	49	00:39:04	00:37:57	CASA DO BENFICA TORRES VEDRAS
47	1793	MARCOS PEREIRA	M	58	00:39:07	00:38:58	
48	646	ADOLFO LEAL	M	46	00:39:13	00:38:44	RESTAURANTEOCARTAXEIRO-CANEÇAS
49	1920	ÓSCAR SANTOS	M	56	00:39:14	00:39:00	CLUBE ATLÉTICO DAS PATAMEIRAS
50	782	JOSÉ MONTEIRO	M	57	00:39:18	00:39:00	G.D.C DO BANCO DE PORTUGAL
51	1979	JORGE CRUZ	M	48	00:39:24	00:39:12	AMIGOS ATLETISMO MAFRA
52	684	RODRIGO SILVA	M	46	00:39:29	00:39:22	MARGEM SUL
53	465	LICÍNIO FIDALGO	M	54	00:39:39	00:38:50	CÂMARA LISBOA CLUBE
54	2077	CARLOS MENDES	M	48	00:39:43	00:39:17	CR LEOES P SALVO
55	171	ANTÓNIO MARQUES	M	49	00:39:53	00:39:38	CEFA-MARINHA 3
56	1771	FERNANDO JORGE DA SILVA CORREIA	M	51	00:40:00	00:39:31	
57	647	ARLINDO PAIXÃO	M	50	00:40:09	00:39:58	RESTAURANTEOCARTAXEIRO-CANEÇAS
58	917	JOAO SOARES	M	60	00:40:15	00:40:06	DESPORTIVO OPERARIO DO RANGEL
59	487	PAULO NEVES	M	48	00:40:18	00:40:11	ASSOCIAÇÃO JORGE PINA
60	177	LUÍS VALVERDE	M	48	00:40:19	00:40:14	CEFA-MARINHA 3
61	2443	CARLOS BAPTISTA	M	53	00:40:32	00:40:17	SC CASAINHOS
62	412	RUI LOPES	M	61	00:40:43	00:40:37	CLUBE GBES
63	2315	ISIDRO DUARTE	M	46	00:40:52	00:40:40	RB RUNNING
64	509	ANTÓNIO MERUJO	M	54	00:41:00	00:40:52	
65	2238	JOSÉ SILVA	M	50	00:41:00	00:40:31	CA ODIMARQ
66	1871	JOAQUIM ROSA	M	51	00:41:01	00:40:42	AMIGOS ATLETISMO DA CHARNECA
67	2237	JOÃO BRAZ	M	49	00:41:01	00:40:30	CA ODIMARQ
68	1569	JOSÉ EDUARDO PENA	M	49	00:41:03	00:40:55	
69	2190	LUIS FERRÃO	M	61	00:41:05	00:40:53	LINDA A PASTORA SC
70	1395	DOMINGOS HENRIQUE	M	53	00:41:10	00:41:00	
71	822	CARLOS MARQUES	M	47	00:41:13	00:40:21	
72	482	CONSTANTINO ARAUJO	M	46	00:41:14	00:39:48	SCRD
73	2024	JOSÉ AFONSO	M	53	00:41:20	00:41:07	CF OS BELENENSES
74	941	ANTONIO PENIM	M	46	00:41:22	00:40:53	
75	1984	JOSÉ GONÇALVES	M	47	00:41:29	00:41:16	AMIGOS ATLETISMO MAFRA
76	2513	ANTONIO BRAGA	M	54	00:41:30	00:41:25	C MILLENNIUN BCP
77	1861	JOAO MARQUES	M	48	00:41:32	00:41:29	
78	381	JAIME LAMEGO	M	53	00:41:34	00:41:27	
79	2239	JOAQUIM MARTINS	M	50	00:41:36	00:41:18	CA ODIMARQ

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
80	1748	ANTONIO BARROS	M	49	00:41:36	00:41:18	C.C.R. ALTODO MOINHO
81	2222	LINO SANTOS	M	49	00:41:36	00:41:21	NUCLEOEIRAS
82	1819	DANIEL AUGUSTO DE CASTRO NUNES	M	53	00:41:37	00:41:27	
83	438	JORGE VARANDAS	M	50	00:41:37	00:41:25	
84	2330	ANTONIO LEMOS	M	54	00:41:38	00:40:48	WIKABOO
85	2341	LUIS RIBEIRO	M	50	00:41:39	00:41:08	WIKABOO
86	2492	NUNO M CORREIA	M	47	00:41:43	00:41:06	GD INE
87	1552	FERNANDO CARREIRO	M	52	00:41:46	00:41:29	
88	697	MANUEL BARROS COSTA	M	57	00:41:56	00:40:15	
89	540	JORGE RICARDO NUNES GONÇALVES	M	45	00:42:01	00:41:55	PEPSICO PORTUGAL
90	1912	ANTÓNIO MORAOS	M	60	00:42:04	00:41:36	CLUBE ATLÉTICO DAS PATAMEIRAS
91	518	ANTONIO PUCARIÇO	M	52	00:42:10	00:41:41	CCD PM CASCAIS
92	919	JOAO SANTOS	M	55	00:42:13	00:42:05	DESPORTIVO OPERARIO DO RANGEL
93	61	WALTER FERREIRA	M	48	00:42:18	00:41:39	
94	2053	JOSÉ NETO	M	56	00:42:19	00:42:08	CRD ARRUDENSE
95	2331	VITOR CUNHA	M	46	00:42:20	00:41:25	WIKABOO
96	1717	PAULO TEIXEIRA	M	51	00:42:22	00:42:18	
97	2265	FERNANDO CELESTINO	M	55	00:42:26	00:42:01	AÇOREANA C BANIF
98	2084	JOAQUIM PEREIRA	M	65	00:42:31	00:41:41	CR LEOES P SALVO
99	1929	VICTOR AMADO	M	59	00:42:43	00:42:10	CLUBE ATLÉTICO DAS PATAMEIRAS
100	253	FERNANDO ANACLETO	M	62	00:42:44	00:42:32	
101	911	EMANUEL VIRGÍLIO DE FREITAS	M	50	00:42:45	00:42:26	GRUPO VESAUTO
102	2117	RUI P JULIÃO	M	48	00:42:52	00:41:57	CLUBE GEORUNNERS
103	157	CARLOS COELHO	M	52	00:42:54	00:42:40	GRUPO ATLETAS MONSANTO-GASCAN
104	2137	FRANCISCO CUNHA	M	49	00:43:02	00:42:58	INGLESES FC
105	2554	ALFREDO VALENTE	M	50	00:43:02	00:42:58	SL CAMPOLIDE
106	955	JÓÃO PAULO SILVA	M	50	00:43:05	00:42:30	
107	2393	LUIS CALMEIRA	M	46	00:43:08	00:42:20	ACADEMIA MILITAR
108	1891	VITOR MOREIRA	M	60	00:43:09	00:42:55	CLUBE EDP - LISBOA
109	405	PAULO SILVA	M	45	00:43:12	00:42:27	CLUBE GBES
110	2534	LUIS MACHADO	M	45	00:43:13	00:43:04	GD IN CASA MOEDA
111	237	ANTÓNIO MANUEL DOS SANTOS E SILVA	M	54	00:43:14	00:43:08	OS SILVAS
112	2095	MÁRIO MIGUEL	M	63	00:43:16	00:41:52	GDR REBOLEIRA
113	608	MANUEL FERNANDES	M	56	00:43:16	00:42:53	FAMÍLIA FERNANDES
114	2290	VIRGILIO MADEIRA	M	54	00:43:20	00:43:07	AÇOREANA C BANIF
115	2452	PAULO SANTOS	M	47	00:43:24	00:41:52	LIS RUNNING
116	696	ANTÓNIO PEREIRA	M	49	00:43:26	00:41:46	
117	432	CARLOS NELSON DIAS	M	52	00:43:26	00:42:20	
118	688	ANTÓNIO ELISIO GONÇALVES	M	48	00:43:26	00:41:47	
119	791	ANTÓNIO JACINTO	M	53	00:43:27	00:42:13	OS ZATOPEQUES

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
120	2114	ANTÓNIO COSTA	M	46	00:43:31	00:42:34	CLUBE GEORUNNERS
121	242	LUIS SOUSA	M	48	00:43:32	00:43:32	
122	2079	MANUEL ARAÚJO	M	52	00:43:34	00:42:56	CR LEOES P SALVO
123	783	ADELINO SEMEDO	M	60	00:43:35	00:42:35	G.D.C DO BANCO DE PORTUGAL
124	2552	DAVID PALMEIRO	M	47	00:43:35	00:43:12	SL CAMPOLIDE
125	134	CARLOS CUNHA	M	51	00:43:37	00:43:01	ASAS
126	441	LUIS REVEZ	M	48	00:43:41	00:43:27	
127	667	PAULO VILA LUZ	M	47	00:43:43	00:43:20	VILA LUZ TEAM
128	717	RAUL ROCHA	M	46	00:43:45	00:43:36	
129	301	VASCO COSTA	M	59	00:43:47	00:43:27	
130	921	LEONEL CELEIRO	M	56	00:43:59	00:43:40	DESPORTIVO OPERARIO DO RANGEL
131	1894	GERRY SANITZ	M	47	00:43:59	00:43:45	ODEBRECHT
132	2138	JOSÉ SANTOS	M	54	00:44:00	00:43:17	INGLESES FC
133	2421	JOAQUIM FRADE	M	58	00:44:06	00:43:56	SS CGD
134	1408	LUIS DE NATOS	M	59	00:44:10	00:43:41	EU E ELE
135	455	PEDRO FREITAS	M	47	00:44:14	00:44:05	
136	2396	ANTONIO RIBEIRO	M	52	00:44:15	00:43:34	GAA VILA FRANCA XIRA
137	481	JOSÉ REIS	M	60	00:44:17	00:42:52	SCRD
138	780	JOAQUIM FERRÃO	M	53	00:44:23	00:44:10	G.D.C DO BANCO DE PORTUGAL
139	2118	JOSÉ CORREIA	M	52	00:44:30	00:43:36	CLUBE GEORUNNERS
140	466	RUBEN SILVA	M	57	00:44:34	00:42:56	CÂMARA LISBOA CLUBE
141	2556	MANUEL FONSECA	M	49	00:44:35	00:44:17	SL CAMPOLIDE
142	87	ARTUR PAIVA FERREIRA	M	49	00:44:37	00:44:07	
143	332	MIGUEL MARQUES	M	53	00:44:41	00:44:26	
144	1504	ANTÓNIO MATIAS	M	56	00:44:43	00:43:51	COELHOS E BRITO
145	631	ORLANDO GABRIEL DA SILVA FERREIRA	M	56	00:44:46	00:44:20	FERREIRAS
146	903	MARIO LOURENÇO	M	48	00:44:48	00:43:09	
147	944	ABÍLIO OLIVEIRA	M	48	00:44:54	00:44:35	
148	478	JOSÉ AMARO	M	54	00:44:55	00:44:50	SCRD
149	2529	JOAO FREIRE	M	48	00:44:57	00:43:40	GD IN CASA MOEDA
150	193	FRANCISCO MADEIRA	M	51	00:44:58	00:44:40	
151	1887	ANTERO JERÓNIMO	M	51	00:44:59	00:44:02	FALCÕES SELVAGENS
152	2073	HELDER REBELO	M	45	00:45:00	00:44:00	CR LEOES P SALVO
153	2327	NUNO BARRADAS	M	49	00:45:00	00:44:25	WIKABOO
154	2243	CARLOS ANTUNES	M	62	00:45:01	00:44:25	CA ODIMARQ
155	1638	CARLOS NUNES	M	49	00:45:02	00:44:44	
156	1487	PAULO FRANCISCO	M	49	00:45:02	00:44:30	
157	2284	PAULO FERNANDES	M	45	00:45:03	00:44:45	AÇOREANA C BANIF
158	1446	EDUARDO RIBEIRO	M	46	00:45:08	00:44:47	GDCT UNICRE
159	2408	ANTONIO TABORDA	M	63	00:45:10	00:44:51	SS CGD

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Relatório por Faixas Etárias

M4599

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
160	2485	BART SCHOENMAKERS	M	45	00:45:14	00:44:53	GD INE
161	2109	FERNANDO GUERREIRO	M	66	00:45:22	00:44:55	GD SÃO DOMINGOS
162	275	ARMANDO CORREIA	M	62	00:45:24	00:44:51	LESMA ALOPRADAS
163	722	ANTÓNIO INGLÊS	M	55	00:45:31	00:45:08	GRUPO ATLETAS MONSANTO-GASCAN
164	626	DOMINGOS AUGUSTO MARQUES JANELA	M	67	00:45:31	00:44:51	O MUNDO DA CORRIDA
165	288	LUIS GAMA	M	50	00:45:33	00:43:51	AMIGOS DO FRANCISCO
166	2558	MANUEL MARTINS	M	57	00:45:34	00:44:58	SL CAMPOLIDE
167	2569	JOÃO SANTOS	M	49	00:45:35	00:45:03	
168	1389	ORLANDO MARTINS	M	58	00:45:36	00:45:11	CLUBE ATLETISMO AGUALVA
169	2515	CARLOS DINIS	M	49	00:45:41	00:45:30	C MILLENNIUN BCP
170	720	CARLOS FORTUNATO	M	51	00:45:42	00:45:27	GRUPO ATLETAS MONSANTO-GASCAN
171	920	FERNANDO SANTOS	M	55	00:45:42	00:45:22	DESPORTIVO OPERARIO DO RANGEL
172	2583	MANUEL J M S MARRAFA	M	48	00:45:43	00:44:41	CVP
173	1388	JOÃO SAMCHES	M	51	00:45:44	00:45:18	CLUBE ATLETISMO AGUALVA
174	2553	RUI RODRIGUES	M	48	00:45:50	00:45:27	SL CAMPOLIDE
175	2291	LUIS MATOS	M	47	00:45:55	00:45:27	GD IN CASA MOEDA
176	581	PAULO DE CARVALHO	M	45	00:45:55	00:45:31	ELITE DO ASFALTO
177	2139	GILBERTO MORAIS	M	58	00:45:55	00:45:52	INGLESES FC
178	916	JOAQUIM NEIVA	M	70	00:45:58	00:45:49	DESPORTIVO OPERARIO DO RANGEL
179	2495	FERNANDO RODRIGUES	M	49	00:45:59	00:44:57	C MILLENNIUN BCP
180	2141	FERNANDO MARQUES	M	64	00:46:01	00:45:55	INGLESES FC
181	2450	JACINTO PEREIRA	M	56	00:46:07	00:45:44	LIS RUNNING
182	2505	ANTONIO ALMEIDA	M	47	00:46:11	00:45:38	C MILLENNIUN BCP
183	252	IDALÉCIO BARROS	M	59	00:46:17	00:46:05	
184	1420	PAULO MATEUS	M	48	00:46:19	00:45:45	
185	2025	HENRIQUE SANTOS	M	60	00:46:20	00:46:10	CF OS BELENENSES
186	2102	JOSÉ LUIS	M	49	00:46:22	00:45:49	GD SÃO DOMINGOS
187	2292	ANTONIO GRANCHO	M	45	00:46:22	00:44:30	SONAE
188	1641	CARLOS MANUEL DA SILVA CAEIRO	M	59	00:46:25	00:46:06	
189	2289	TAM AFONSO	M	61	00:46:26	00:46:14	AÇOREANA C BANIF
190	53	DOMINGOS NETO	M	55	00:46:29	00:45:54	CDM
191	510	CARLOS SILVA	M	48	00:46:30	00:46:05	
192	1822	JOSÉ ROBALO	M	59	00:46:31	00:46:28	
193	1553	CARLOS LOURENÇO	M	45	00:46:33	00:41:30	
194	2115	RUI PIRES	M	47	00:46:38	00:45:42	CLUBE GEORUNNERS
195	587	FERNANDO VICENTE	M	53	00:46:39	00:46:34	
196	516	ALBERTO ABREU	M	46	00:46:40	00:45:41	CCD PM CASCAIS
197	741	JOAQUIM EPIMÉNIO OLIVEIRA	M	47	00:46:45	00:46:25	CLUBE EDP - LISBOA
198	380	JOÃO PEREIRA	M	46	00:46:49	00:46:25	

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
199	1657	JORGE OLIVEIRA	M	56	00:46:55	00:46:35	MENTE TRAQUINA
200	2538	JOSE L NOBRE	M	50	00:46:56	00:46:37	SFUAP
201	2224	ANSELMO BARATA	M	55	00:46:56	00:45:40	NUCLEOEIRAS
202	2438	VITOR BARATA	M	54	00:47:00	00:46:22	SS CGD
203	2262	ARMANDO PARREIRA	M	45	00:47:03	00:46:11	AÇOREANA C BANIF
204	1447	GONÇALO OLIVEIRA	M	51	00:47:04	00:46:43	GDCT UNICRE
205	1486	PAULO GOMES	M	48	00:47:06	00:46:33	
206	437	RUI GASPAR	M	56	00:47:08	00:46:36	
207	37	FERNANDO CRISTÓVÃO	M	45	00:47:11	00:45:14	
208	1373	JOSÉ AGAPITO	M	50	00:47:11	00:46:13	
209	2022	FILIPE NEVES	M	45	00:47:12	00:45:46	CF OS BELENENSES
210	2010	JOSÉ NASCIMENTO	M	49	00:47:13	00:46:31	CA GALINHEIRAS
211	155	JOÃO PINTO	M	52	00:47:16	00:46:53	GRUPO ATLETAS MONSANTO-GASCAN
212	384	MARCOS NORITAKE	M	47	00:47:17	00:46:55	
213	576	JOSÉ MIRANDA	M	48	00:47:17	00:46:11	
214	790	ROGERIO SILVA	M	49	00:47:17	00:47:03	
215	52	JORGE PAULINO	M	57	00:47:21	00:46:46	CDM
216	2451	LUIS ALMEIDA	M	52	00:47:22	00:47:17	LIS RUNNING
217	1557	JOSÉ ANDRÉ MOURA	M	47	00:47:29	00:46:17	
218	1544	JOSE CAVACO	M	53	00:47:34	00:47:21	SONAE
219	1384	PAULO LILAIA	M	48	00:47:35	00:46:49	
220	836	ANTÓNIO JACINTO	M	48	00:47:38	00:45:53	CORRER POR GOSTO
221	2116	MÁRIO J SILVA	M	48	00:47:43	00:46:49	CLUBE GEORUNNERS
222	1977	JOAQUIM GAVANCHA SILVA	M	45	00:47:44	00:45:57	ADCRPJ
223	835	LEONEL PIRES	M	69	00:47:52	00:47:00	
224	423	JOÃO MANUEL SIMÕES	M	51	00:47:53	00:47:06	CLUBE GBES
225	2140	MÁRIO BRANQUINHO	M	59	00:47:54	00:47:23	INGLESES FC
226	1705	JOAO PAULO ALMEIDA	M	46	00:47:56	00:47:07	
227	931	PEDRO GONÇALVES	M	59	00:47:57	00:47:24	
228	2304	JOSE VAZ	M	55	00:48:04	00:47:27	CLUBE ANACOM
229	1561	LUIS AMARAL	M	47	00:48:06	00:47:55	
230	1823	JOSE LUIS DOS SANTOS CORREIA	M	54	00:48:09	00:48:01	
231	1537	JOSÉ CIPRIANO HILÁRIO CARDOSO	M	53	00:48:16	00:46:40	PENDURAS DA TORRE
232	82	MANUEL NASCIMENTO	M	57	00:48:16	00:47:18	C.A. AMIGOS PARQUE DA PAZ
233	1973	LUIS COCCO	M	45	00:48:19	00:47:15	
234	1495	VICTOR ROCHA	M	54	00:48:20	00:46:55	
235	1654	JERONIMO CAVALEIRO	M	45	00:48:24	00:46:45	MENTE TRAQUINA
236	96	JOÃO REIS	M	49	00:48:27	00:47:52	VALEJAS ATLÉTICO CLUBE
237	957	JOAQUIM LEOMARO	M	57	00:48:32	00:47:11	
238	1704	AUGUSTO CARIA	M	61	00:48:37	00:48:18	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
239	2309	FERNANDO SILVA	M	49	00:48:38	00:48:09	A VALE SILENCIO
240	2120	JOSÉ SIMÕES	M	57	00:48:38	00:47:11	CLUBE GEORUNNERS
241	854	JOSÉ BELEM	M	52	00:48:38	00:47:46	3C&FRIENDS
242	2266	FRANCISCO PEREIRA	M	46	00:48:41	00:48:00	AÇOREANA C BANIF
243	1424	FERNANDO MOURA	M	52	00:48:45	00:48:36	
244	276	ALBINO DE SOUSA FERREIRA	M	49	00:48:46	00:48:24	LESMAS ALOPRADAS
245	2076	ANTÓNIO MURTEIRA	M	45	00:48:47	00:48:19	CR LEOES P SALVO
246	1853	RAÚL COSTA	M	53	00:48:47	00:48:21	CLUBE ROBBIALAC
247	2547	ABILIO TAVARES	M	58	00:49:00	00:48:29	INDIVIDUAL
248	2498	PEDRO FONTES	M	48	00:49:02	00:48:24	C MILLENNIUN BCP
249	526	JULIO MEIRELES	M	61	00:49:04	00:48:29	CCD PM CASCAIS
250	708	RUI ARAUJO	M	55	00:49:05	00:47:27	
251	2119	ANTÓNIO CORREIA	M	54	00:49:06	00:47:05	CLUBE GEORUNNERS
252	404	PAULO GONÇALVES	M	45	00:49:08	00:47:25	CLUBE GBES
253	2413	EGIDIO SILVA	M	50	00:49:09	00:48:21	SS CGD
254	681	CARLOS FOLGADO SANTOS	M	53	00:49:11	00:48:14	
255	344	VITOR REVEZ	M	54	00:49:12	00:48:12	GRD RIBEIRA LAGE
256	363	MIGUEL GAIVÃO	M	52	00:49:13	00:48:49	
257	870	RUI AMARAL PINTO	M	61	00:49:14	00:48:57	
258	2537	MARIO ALVES	M	58	00:49:17	00:47:20	SFUAP
259	2325	JOSE VALENTIM	M	60	00:49:17	00:49:14	C FERROV PORTUGAL
260	1707	ADRIANO CUNHA	M	59	00:49:17	00:48:32	
261	539	CARLOS AUGUSTO PESSOA	M	46	00:49:18	00:47:46	SOBRALPISO
262	70	PAULO LOPES	M	45	00:49:20	00:48:01	CASA DO BENFICA NO SEIXAL
263	431	VITOR MORAIS	M	55	00:49:31	00:48:16	
264	2541	JOSE HILARIO	M	54	00:49:31	00:47:59	INDIVIDUAL
265	63	PEDRO MANUEL CAETANO	M	46	00:49:31	00:48:30	
266	2108	ANIBAL CARVALHO	M	62	00:49:33	00:47:41	GD SÃO DOMINGOS
267	198	VITOR MARTINS	M	54	00:49:35	00:48:27	CLUBE RECREATIVO DO PENTEADO
268	2407	ANTONIO NEGRINHO	M	49	00:49:36	00:48:13	SS CGD
269	2561	VITOR AGUILAR	M	63	00:49:39	00:49:00	RUN 4 FUN
270	644	ANTÓNIO TEIXEIRA DUARTE	M	51	00:49:41	00:49:09	CLUBE DO STRESS
271	274	PAULO ANTUNES	M	45	00:49:42	00:49:01	LESMAS ALOPRADAS
272	619	JOÃO BATISTA	M	56	00:49:45	00:49:09	G.D.C DO BANCO DE PORTUGAL
273	1835	MANUEL JOAQUIM DA SILVA DIAS	M	46	00:49:45	00:48:08	
274	2428	NUNO TAVARES	M	45	00:49:46	00:48:34	SS CGD
275	62	FERNANDO BASTOS CARRILHO	M	56	00:49:50	00:48:49	
276	1897	MANUEL PAULO	M	56	00:49:54	00:49:41	ODEBRECHT
277	737	PAULO BORGES	M	45	00:50:01	00:48:21	
278	79	AMÍLCAR PÓVOA	M	67	00:50:08	00:49:57	C.A. AMIGOS PARQUE DA PAZ

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
279	2497	CARLOS JANELA	M	57	00:50:09	00:49:26	C MILLENNIUN BCP
280	1642	PAULO PADRAO	M	45	00:50:12	00:48:38	
281	2587	JOÃO RODRIGUES	M	46	00:50:13	00:49:43	
282	255	NUNO LOUREIRO	M	47	00:50:15	00:49:31	FALCÕES SELVAGENS
283	66	RUI XAVIER	M	46	00:50:16	00:50:00	CLUBE EDP - LISBOA
284	2435	RUI SANTOS	M	46	00:50:16	00:48:55	SS CGD
285	1506	MARIO RAMOS	M	58	00:50:18	00:48:42	APOGMA
286	924	JOAO NABAIS	M	51	00:50:19	00:48:14	
287	246	LUIS VIANA	M	48	00:50:19	00:49:30	COMO TAMOS PAULINHA?!
288	926	JOSE FRANCISCO VERAS	M	53	00:50:20	00:48:14	
289	821	JOAQUIM GAMITO	M	52	00:50:24	00:49:31	
290	792	JOÃO DIAS	M	48	00:50:26	00:50:20	
291	67	ANTONIO MANUEL DOMINGUES	M	57	00:50:27	00:48:59	
292	477	CARLOS CORREIA	M	49	00:50:38	00:49:58	SCRD
293	484	BENTO GALAMBA	M	47	00:50:38	00:49:58	SCRD
294	1426	MANUEL	M	57	00:50:39	00:48:59	
295	902	LUIS NEVES	M	55	00:50:44	00:50:22	
296	1946	JOSE GUERREIRO	M	56	00:50:46	00:48:43	SS MONTEPIO GERAL
297	719	VITOR RODRIGUES	M	59	00:50:48	00:49:54	GRUPO ATLETAS MONSANTO-GASCAN
298	2295	ANTONIO M TORRES	M	54	00:50:50	00:48:57	SONAE
299	918	BERNARDO GRADISSIMO	M	55	00:50:52	00:50:32	DESPORTIVO OPERARIO DO RANGEL
300	952	FRANCISCO MOUCHINHO	M	65	00:50:53	00:50:32	
301	1904	THELMO CUNHA	M	53	00:50:56	00:50:42	ODEBRECHT B
302	1971	PEDRO PINTO	M	46	00:50:58	00:49:54	CLUBE BOLINHA
303	133	ANTONIO VALENTE	M	58	00:51:01	00:50:23	ASAS
304	1902	ADELINO PEREIRA	M	49	00:51:04	00:50:52	ODEBRECHT
305	2321	CARLOS SANTOS	M	61	00:51:07	00:49:19	C FERROV PORTUGAL
306	330	JOSÉ EMILIO LINDO	M	67	00:51:11	00:51:04	
307	89	ANTONIO JORGE MARTINHO	M	48	00:51:15	00:49:17	
308	359	ANTÓNIO LOPES	M	46	00:51:15	00:49:30	
309	333	MANUEL MARTINHO	M	46	00:51:15	00:49:33	AFO
310	2494	LEONEL BRANDAO	M	46	00:51:21	00:51:02	C MILLENNIUN BCP
311	43	LUDGERO SANTANA	M	50	00:51:21	00:50:47	
312	1440	JOSÉ FABIÃO	M	49	00:51:23	00:50:33	PAZÉ :)
313	2499	ANTONIO SANTOS	M	54	00:51:26	00:50:32	C MILLENNIUN BCP
314	1765	JOSÉ ANTÓNIO DA SILVA BARATA	M	53	00:51:31	00:51:15	
315	372	JOSÉ VILELA	M	49	00:51:32	00:51:06	CLUBE ROBBIALAC
316	698	CARLOS JESUS MOREIRA	M	60	00:51:33	00:49:57	
317	704	MÁRIO GONÇALVES	M	48	00:51:34	00:50:04	
318	2456	ANTONIO FRANCO	M	48	00:51:34	00:50:48	SS MONTEPIO GERAL

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
319	832	JOSÉ RICARDO	M	60	00:51:34	00:49:43	OS ATLETAS
320	141	VIRGILIO CORREIA VAZ	M	52	00:51:35	00:49:36	MODIS
321	427	JOSÉ GONÇALVES	M	48	00:51:35	00:51:14	CLUBE GBES
322	1755	JOÃO PAULO SANTOS LIMA	M	53	00:51:35	00:51:03	4 AO KM
323	2491	JULIO ROBALO	M	50	00:51:38	00:51:32	GD INE
324	950	FERNANDO MENDES	M	47	00:51:39	00:50:08	
325	1673	LUÍS REIS	M	50	00:51:45	00:50:47	FALCÕES SELVAGENS
326	1532	JOAQUIM LOPES	M	66	00:51:48	00:49:50	
327	669	CARLOS VAZ	M	45	00:51:48	00:50:08	
328	2104	ORLANDO SILVA	M	53	00:51:56	00:51:22	GD SÃO DOMINGOS
329	337	JOAO DUARTE	M	61	00:51:56	00:51:21	
330	709	EDUARDO SILVA	M	50	00:51:57	00:51:57	
331	689	ALBERTO MARTINHO	M	50	00:51:58	00:50:25	
332	2395	JOSE SERAFIM	M	57	00:52:00	00:50:16	GAA VILA FRANCA XIRA
333	1505	JOSE LOUREIRO	M	49	00:52:03	00:50:26	APOGMA
334	2226	ANTÓNIO M PAIS	M	67	00:52:06	00:49:46	NUCLEOEIRAS
335	569	HERNÂNI SILVA	M	51	00:52:13	00:50:58	PAI & FILHO
336	824	EDMUNDO SIMOES	M	57	00:52:14	00:51:14	
337	618	DIOGO ARRAIAS	M	59	00:52:21	00:50:48	OS ARRAIAS
338	913	ALFREDO PARADA	M	52	00:52:22	00:52:12	CLUBE EDP - LISBOA
339	76	RUI MANUEL REI BARROS	M	45	00:52:26	00:52:07	CLUBE PT
340	2107	ANTÓNIO BRITO	M	62	00:52:27	00:51:59	GD SÃO DOMINGOS
341	334	JORGE FERREIRA	M	51	00:52:30	00:50:45	
342	2273	JORGE SERRA	M	47	00:52:33	00:52:02	AÇOREANA C BANIF
343	2324	NATAL DA LUZ	M	64	00:52:33	00:51:36	C FERROV PORTUGAL
344	2475	PAULO RAINHO	M	47	00:52:33	00:50:34	SS MONTEPIO GERAL
345	1838	LORENZO CHAPARRO BELMEZ	M	54	00:52:33	00:51:02	
346	2476	PEDRO CARRASCO	M	47	00:52:34	00:50:36	SS MONTEPIO GERAL
347	2026	LUÍS M SILVA	M	62	00:52:37	00:52:27	CF OS BELENENSES
348	2223	JOÃO GOMES	M	52	00:52:38	00:51:23	NUCLEOEIRAS
349	1893	JORGE MONTEIRO	M	46	00:52:39	00:52:26	OEBRECHT
350	470	OCTÁVIO FERRO	M	48	00:52:39	00:51:43	
351	1427	INACIO GONÇALVES	M	62	00:52:44	00:51:21	
352	2320	MARIO FERRO	M	61	00:52:44	00:52:08	C FERROV PORTUGAL
353	740	LUIS GARÇAÕ	M	46	00:52:46	00:51:27	
354	519	ANTONIO TAVARES	M	49	00:52:52	00:52:06	CCD PM CASCAIS
355	2422	JOSE DIMAS	M	45	00:52:53	00:51:37	SS CGD
356	2303	ISAAC CARRÊLO	M	53	00:52:57	00:52:19	CLUBE ANACOM
357	643	ANTÓNIO CARLOS TEIXEIRA DUARTE	M	62	00:52:57	00:52:21	CLUBE DO STRESS
358	176	DÉCIO REDONDO	M	49	00:52:57	00:51:03	CEFA-MARINHA 3

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
359	2302	SERGIO SNTUNES	M	46	00:52:58	00:52:18	CLUBE ANACOM
360	2555	ANTONIO LIMA	M	50	00:53:00	00:52:16	SL CAMPOLIDE
361	338	LUIS VICENTE	M	53	00:53:01	00:52:25	
362	552	ANTONIO FONSECA	M	67	00:53:02	00:51:57	
363	2326	MARTINS BARATA	M	70	00:53:17	00:52:40	C FERROV PORTUGAL
364	137	ISAC DINIS	M	62	00:53:20	00:52:44	ASAS
365	947	JORGE FERREIRA	M	48	00:53:27	00:52:01	RUNNING OF Dª MARIA
366	2417	FRANCISCO CLERIGO	M	60	00:53:28	00:52:18	SS CGD
367	2225	AMILCAR DIAS	M	58	00:53:40	00:52:59	NUCLEOEIRAS
368	982	SEVERINO CRUZ	M	50	00:53:40	00:52:20	
369	1425	RAMIRO DAMAS	M	64	00:53:42	00:53:42	
370	2511	ANTONIO SOUSA	M	67	00:53:47	00:52:20	C MILLENNIUN BCP
371	757	LUÍS LOPES	M	59	00:53:51	00:53:05	ASSOCIAÇÃO GD ACADEMIA KORPO
372	1650	FLÁVIO MANUEL OLIVEIRA	M	47	00:53:52	00:51:53	G.A. "OS TARTARUGAS"
373	21	ANTONIO RIBEIRO	M	49	00:53:53	00:53:29	DUO
374	22	ANTONIO CATALINO	M	45	00:53:53	00:53:29	DUO
375	1911	ALBINO TOMÁS	M	57	00:54:00	00:53:49	CLUBE ATLÉTICO DAS PATAMEIRAS
376	127	NUNO FERNANDES	M	45	00:54:03	00:53:09	GD CIMPOR & AMIGOS
377	40	ARMINDO LOUREIRO	M	64	00:54:12	00:51:24	OS LOUREIROS
378	1800	JOÃO NETO	M	47	00:54:13	00:53:14	
379	2394	OLIMPIO GUEDELHA	M	58	00:54:20	00:52:35	GAA VILA FRANCA XIRA
380	866	HENRIQUE CEPADA	M	54	00:54:31	00:52:51	
381	553	MARIO ANTONIO	M	67	00:54:37	00:53:34	
382	1955	ANTÓNIO SALVADO	M	67	00:54:45	00:53:29	
383	2465	LUIS REIS	M	56	00:54:50	00:53:29	SS MONTEPIO GERAL
384	263	ANTONIO GABRIEL	M	69	00:54:54	00:53:53	
385	624	LUÍS ANTUNES	M	51	00:54:54	00:54:30	GRUPO ATLETAS MONSANTO-GASCAN
386	1802	MANUEL NUNES	M	58	00:54:56	00:53:12	
387	2011	ALBERTO SOARES	M	51	00:54:57	00:54:17	CA GALINHEIRAS
388	2402	ALBERTINO SEMEDO	M	55	00:54:58	00:53:35	SS CGD
389	156	ANTÓNIO REYES	M	59	00:55:01	00:54:08	GRUPO ATLETAS MONSANTO-GASCAN
390	59	MARIO SANTOS	M	49	00:55:03	00:53:51	
391	2414	ELISEU PINTO	M	63	00:55:05	00:53:28	SS CGD
392	1900	JOAQUIM SIMÃO	M	51	00:55:08	00:54:52	OEBRECHT
393	1963	JOSÉ LUÍS SIMÕES DOS REIS	M	52	00:55:08	00:55:08	EQUIPA REIS
394	1747	GABRIEL MILHEIRO CRUZ	M	71	00:55:08	00:53:29	C.C.R. ALTODMO MOINHO
395	738	PEDRO SOUSA E FARO	M	46	00:55:11	00:53:31	
396	860	MÁRIO JORGE AUGUSTO RIBEIRO	M	48	00:55:22	00:53:38	
397	74	JOÃO CARLOS ALMEIDA BORGES	M	46	00:55:22	00:54:00	CLUBE PT
398	1453	FRANCISCO LINHOL	M	59	00:55:24	00:53:32	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
399	959	AFONSO PIRES	M	46	00:55:24	00:53:22	
400	662	ANTONIO LOPES	M	59	00:55:27	00:53:52	
401	2106	ARTUR PEREIRA	M	58	00:55:28	00:53:20	GD SÃO DOMINGOS
402	779	ANTÓNIO PEREIRA	M	72	00:55:33	00:54:33	G.D.C DO BANCO DE PORTUGAL
403	51	JOSÉ M.D.LOPES	M	59	00:55:39	00:54:52	
404	225	JOAQUIM VALADARES	M	51	00:55:44	00:55:01	VALADARES
405	1898	LUIS SANTOS	M	56	00:55:52	00:55:39	ODEBRECHT
406	909	JOAO PEDRO SILVA	M	45	00:55:55	00:54:33	GD BANCO BPI
407	1678	MARIO RUI PEREIRA PINHO	M	47	00:55:55	00:54:33	GD BANCO BPI
408	2274	JOSE PAVAO	M	57	00:55:57	00:54:58	AÇOREANA C BANIF
409	625	JOSÉ ALÍPIO	M	56	00:56:03	00:55:52	
410	244	FERNANDO MARQUES	M	45	00:56:10	00:55:13	COMO TAMOS PAULINHA?!
411	2187	JOAQUIM BELGA	M	55	00:56:11	00:55:03	LINDA A PASTORA SC
412	2506	NELSON GUIMARAES	M	66	00:56:12	00:54:36	C MILLENNIUN BCP
413	2191	FERNANDO ANDRADE	M	66	00:56:12	00:55:03	LINDA A PASTORA SC
414	54	DIAMANTINO ALBUQUERQUE	M	59	00:56:15	00:55:39	CDM
415	554	ANTÓNIO MIGUEL NUNES PINA VELEZ CALDAS	M	48	00:56:16	00:55:11	
416	1535	JOSÉ LUÍS DIAS	M	47	00:56:26	00:55:55	
417	2572	ÁLBERTO CAROLINO	M	61	00:56:29	00:54:50	
418	701	JOÃO SEQUEIRA	M	51	00:56:32	00:54:50	
419	707	RAFAEL SANTOS	M	46	00:56:32	00:54:54	
420	1879	JORGE ESTEVES	M	49	00:56:33	00:56:00	
421	474	ANTÓNIO BILA	M	57	00:56:34	00:54:38	
422	2420	JOAO CORREIA	M	52	00:56:35	00:55:10	SS CGD
423	851	ANTÓNIO SILVA	M	45	00:56:37	00:55:15	3C&FRIENDS
424	933	CARLOS FERREIRA	M	56	00:56:40	00:56:15	NUCLEO DESPORTIVO AUTOCOOPE
425	975	JOÃO RODRIGUES	M	53	00:56:52	00:55:20	
426	748	FRANCISCO COITO	M	61	00:56:52	00:56:16	CLUBE MARGINAL
427	421	FERNANDO FILIPE	M	45	00:56:57	00:56:41	CLUBE GBES
428	2027	JOSÉ SERPA	M	68	00:56:59	00:56:46	CF OS BELENENSES
429	109	ADELINO PIRES	M	51	00:57:00	00:55:22	CÂMARA LISBOA CLUBE
430	2510	ANTONIO TORNADA	M	62	00:57:00	00:55:50	C MILLENNIUN BCP
431	467	JOÃO FIGUEIREDO	M	57	00:57:00	00:55:21	CÂMARA LISBOA CLUBE
432	2000	ILÍDIO MONTEIRO	M	63	00:57:05	00:56:38	
433	2261	ANTONIO JORGE	M	59	00:57:10	00:55:29	AÇOREANA C BANIF
434	294	ANTÓNIO SANCHES	M	57	00:57:11	00:55:06	GCD FÓIOS
435	197	MANUEL NUNO BATALHEIRO	M	51	00:57:16	00:56:05	CLUBE RECREATIVO DO PENTEADO
436	433	LUIS JORGE SILVA BARRETO LARA	M	64	00:57:20	00:55:45	
437	1450	LUIS MIGUEL FONSECA	M	45	00:57:24	00:55:29	
438	1472	PAULO DIAS	M	48	00:57:26	00:56:56	PINHALNOVO/PAI FILHA

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
439	770	JOAO LANDEIRO	M	67	00:57:37	00:55:36	
440	1444	PAULO FRANÇA	M	51	00:57:38	00:57:08	GDCT UNICRE
441	743	SILVINO MARTINS	M	63	00:57:38	00:55:45	
442	1999	PAULO MONIZ	M	58	00:57:42	00:55:59	
443	50	MÁRIO LAMERÃO	M	65	00:57:45	00:57:32	
444	341	JACINTO GODINHO	M	49	00:57:46	00:55:46	GODINHO
445	2521	CARLOS TOMES	M	62	00:57:52	00:57:32	C MILLENNIUN BCP
446	1832	PAULO LARANJEIRA	M	49	00:57:52	00:56:32	MALTA DA GRAÇA
447	398	DAHER DINIZ	M	53	00:57:56	00:57:07	CLUBE GBES
448	838	FRANCISCO J C GARCIA	M	57	00:57:57	00:57:48	GARCIA RUNNERS
449	2403	ANDRE NORONHA	M	49	00:58:01	00:56:46	SS CGD
450	1416	PEDRO SÉRGIO	M	45	00:58:04	00:57:45	CCD CRÉDITO AGRÍCOLA MÚTUO
451	2194	CARLOS MARQUES	M	76	00:58:06	00:57:29	LINDA A PASTORA SC
452	2307	EMILIO	M	46	00:58:07	00:56:00	A VALE SILENCIO
453	1397	RAMIRO GAMEIRO JORGE	M	59	00:58:08	00:56:44	
454	425	JOÃO SIMÕES	M	59	00:58:18	00:57:00	CLUBE GBES
455	328	HERMÍNIO CABACEIRA	M	52	00:58:21	00:57:52	
456	829	RUI DOMINGUES	M	49	00:58:23	00:57:32	SPEED OF YELLOW
457	2571	CARLOS PEREIRA	M	58	00:58:39	00:56:58	
458	956	JORGE MANUEL N. F. M. BAPTISTA	M	58	00:58:44	00:57:55	
459	2337	FERNANDO LEO	M	45	00:58:46	00:56:56	WIKABOO
460	2525	JOSE ABREU	M	65	00:58:54	00:57:47	GD IN CASA MOEDA
461	2548	NUNO COSTA	M	60	00:58:54	00:57:31	INDIVIDUAL
462	577	JOAO ALMEIDA	M	49	00:59:09	00:57:48	
463	598	RUI FONTOURA	M	49	00:59:11	00:58:28	
464	136	JOSE FERRABELO	M	60	00:59:16	00:58:36	ASAS
465	2539	PAULO COSTA	M	47	00:59:22	00:54:50	SFUAP
466	2509	JOAO CUNHA	M	56	00:59:22	00:58:01	C MILLENNIUN BCP
467	226	MANUEL AGOSTINHO MAGALHAES	M	47	00:59:22	00:58:04	VALADARES
468	2432	PAULO REIS	M	48	00:59:23	00:58:05	SS CGD
469	1859	JOSÉ RUIVO	M	63	00:59:24	00:57:40	
470	522	JOAO PAIXAO	M	62	00:59:29	00:58:47	CCD PM CASCAIS
471	1858	PAULO MIGUEL TAINHA	M	49	00:59:42	00:59:33	
472	1756	EBERHARD AXEL WILHELM	M	65	00:59:49	00:59:15	4 AO KM
473	1669	JOAQUIM FONSECA	M	58	00:59:58	00:59:42	OS SUPER
474	910	JOÃO PAULO DUARTE	M	52	00:59:59	00:58:45	
475	1850	JOSÉ RODRIGUES	M	61	01:00:03	00:59:33	CLUBE ROBBIALAC
476	703	JOSÉ PIRES	M	77	01:00:04	00:58:24	
477	706	ORLANDO SOUSA	M	51	01:00:04	00:58:25	
478	499	RUI MANUEL EUSÉBIO	M	67	01:00:13	00:59:04	

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
479	1448	CARLOS VIEGAS	M	55	01:00:18	00:58:55	GDCT UNICRE
480	2570	MANUEL SANTOS	M	64	01:00:24	00:58:44	
481	230	JOSÉ RAMALHO	M	58	01:00:34	00:59:45	VALADARES
482	1901	ANTONIO ALVES	M	57	01:00:35	01:00:13	ODEBRECHT
483	220	ALBANO GINJA	M	57	01:00:39	00:59:30	
484	221	ANTONIO NUNES	M	73	01:00:39	00:59:30	
485	77	ALEXANDRE LIMA FARIA	M	57	01:00:47	00:59:11	CLUBE PT
486	721	LUÍS FILIPE ALVES	M	51	01:00:51	00:59:42	GRUPO ATLETAS MONSANTO-GASCAN
487	695	ANTÓNIO EDUARDO	M	60	01:00:59	00:59:22	
488	2434	RUI OLIVEIRA	M	47	01:01:01	00:59:36	SS CGD
489	1743	ORLANDO DUARTE	M	56	01:01:06	00:59:46	
490	110	CARLOS FERREIRA	M	49	01:01:12	00:59:42	CÂMARA LISBOA CLUBE
491	2518	JOAQUIM FULGENCIO	M	56	01:01:21	01:00:40	C MILLENNIUN BCP
492	2006	ROGÉRIO PINA	M	59	01:01:26	01:00:51	CLUBE ANACOM
493	1992	ARTUR DINIS	M	56	01:01:29	01:00:05	
494	566	VIRGÍLIO ESPADA	M	59	01:01:41	01:00:24	ADEGA DESPORTIVA - A GARAGEM
495	366	JOSE MANUEL MATILDE	M	57	01:01:45	00:59:55	OS NUNES
496	2275	JOSE SEQUEIRA	M	53	01:01:48	01:00:35	AÇOREANA C BANIF
497	2522	ANTONIO GASPAR	M	70	01:01:59	01:01:39	GD IN CASA MOEDA
498	1499	JOSÉ GASPAR RIBEIRO	M	67	01:02:07	01:01:16	
499	2523	ANTONIO NASCIMENTO	M	73	01:02:11	01:01:03	GD IN CASA MOEDA
500	2501	FERNANDO FERREIRA	M	67	01:02:21	01:02:01	C MILLENNIUN BCP
501	523	JOAO PEREIRA	M	51	01:02:21	01:01:32	CCD PM CASCAIS
502	93	CESAR SANTOS	M	62	01:02:55	01:02:01	JUST RUN - SETUBAL
503	1857	JOAO AFONSO	M	47	01:03:04	01:00:51	
504	78	AGAPITO BELGA	M	62	01:03:10	01:02:15	C.A. AMIGOS PARQUE DA PAZ
505	633	LÉNIO FERNANDO NOGUEIRA MARINHO	M	59	01:03:51	01:02:21	
506	393	JOSÉ ANTÓNIO MATIAS TEIXEIRA ROMÃO	M	45	01:04:19	01:02:24	ATOMIC TEAM
507	1498	JOSÉ LUÍS GONÇALVES	M	70	01:04:24	01:03:37	
508	1413	LINO GOMES	M	52	01:05:04	01:04:42	CCD CRÉDITO AGRÍCOLA MÚTUO
509	1842	LUIS COSTA	M	48	01:05:13	01:04:11	
510	559	JOHNNY THOMASSEN	M	53	01:05:21	01:04:42	
511	1892	FERNANDO PEREIRA RODRIGUES	M	71	01:05:41	01:05:26	
512	385	CARLOS MARTINS	M	70	01:05:56	01:05:22	
513	2080	JOSÉ CARITA	M	55	01:06:51	01:05:01	CR LEOES P SALVO
514	988	JOÃO GOMES	M	62	01:06:51	01:05:48	VILA FRIA/JG SEGUROS
515	936	JOAO GRAÇA	M	74	01:07:02	01:05:03	NUCLEO DESPORTIVO AUTOCOOPE
516	2193	ARMÉNIO PATRICIO	M	73	01:07:05	01:06:37	LINDA A PASTORA SC
517	376	MÁRIO RUI	M	55	01:07:58	01:06:35	CLUBE ROBBIALAC
518	1824	FERNANDO MANUEL COELHO	M	48	01:08:29	01:07:01	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
519	596	ELIAS DE JESUS LUIS	M	73	01:08:45	01:06:52	
520	2575	ANTÓNIO MELO	M	52	01:08:57	01:07:28	
521	2469	MARIO MORNA	M	56	01:09:24	01:07:24	SS MONTEPIO GERAL
522	1723	MANUEL FERREIRA	M	74	01:09:34	01:09:02	G D JOANINHAS LEIAO
523	1744	ANTONIO MARQUES	M	67	01:09:50	01:09:20	
524	142	LUIS MIGUEL CRUZ	M	45	01:09:57	01:07:54	MODIS
525	140	CARLOS PEDRO FERREIRA	M	47	01:09:57	01:07:54	MODIS
526	1460	RUI MANUEL GOUVEIA CARVALHO	M	59	01:09:59	01:06:40	
527	739	MAYER RAPOSO	M	66	01:10:30	01:08:46	
528	2425	MANUEL BRÁS	M	45	01:11:04	01:09:44	SS CGD
529	2473	PAULO FERREIRA	M	47	01:11:52	01:11:29	SS MONTEPIO GERAL
530	1462	MARIO PIRES	M	54	01:11:54	01:10:03	
531	2517	JOSE ARRUDA	M	64	01:12:21	01:10:15	C MILLENNIUN BCP
532	915	FERNANDO VASCONCELOS	M	49	01:13:02	01:11:28	
533	428	LUÍS CAETANO	M	49	01:15:09	01:13:27	CLUBE GBES
534	1565	LUIS CACHADA	M	55	01:18:33	01:17:22	
535	749	JOAO NOGUEIRA	M	49	01:21:12	01:19:23	
536	1733	JOÃO CARDOSO	M	45	01:21:14	01:19:42	
537	120	LUIS ROMANEIRO	M	53	01:27:40	01:26:09	CORRER COM ALMA
538	161	FRANCISCO SANTOS	M	54	01:29:28	01:27:11	LEÕES SANTOS
539	1671	RUI OLIVEIRA	M	50	01:29:45	01:29:19	FALCÕES SELVAGENS
540	417	ALVARO AMADO	M	58	01:29:52	01:28:17	CLUBE GBES
541	601	LUIS VELADAS	M	64	01:30:34	01:29:02	
542	2316	PEDRO FERREIRA	M	46	01:32:31	01:32:31	RB RUNNING