

D	Nome	Clube/Equipa	Sexo	Classificação		Tempo	
				Geral	Esc.	Ofic.	6Km
	25 Leão Carvalho	sport lisboa e benfica	M	1	1	00:29:08	00:18:06
	14 Paulo Gomes	gdr conforlimpa	M	2	2	00:29:08	00:18:06
	12 Licinio Pimentel	gdr conforlimpa	M	3	3	00:29:20	00:18:06
	17 Eduardo Mbengani	gdr conforlimpa	M	4	4	00:29:27	00:18:08
	11 Alberto Chaica	gdr conforlimpa	M	5	5	00:29:31	00:18:09
	724 Nelson Cruz	grupo desportivo unidos caxienses	M	6	6	00:29:33	00:18:08
	18 Mario Teixeira	sporting clube de portugal	M	7	7	00:29:37	00:18:09
	1708 Desclassificado	individual	M	8	8	00:29:46	00:18:08
	23 Antonio Travassos	sporting clube de portugal	M	9	1	00:29:47	00:18:08
	20 Carlos Silva	sporting clube de portugal	M	10	9	00:29:55	00:18:10
	44 Stéphane Joly	individual	M	11	10	00:30:09	00:18:08
	26 Manuel Silva	sport lisboa e benfica	M	12	11	00:30:47	00:18:41
	16 Alberto Maravilhas	gdr conforlimpa	M	13	2	00:30:50	00:19:07
	805 Paulo Pinheiro	linda-a-pastora sporting clube	M	14	1	00:30:52	00:18:45
	854 António Sousa	individual	M	15	3	00:31:20	00:19:11
	715 Artur Santiago	grupo desportivo unidos caxienses	M	16	4	00:31:28	00:19:07
	28 Jorge Miranda	sport lisboa e benfica	M	17	12	00:31:34	00:19:03
	696 Miguel Quaresma	sporting clube de portugal	M	18	13	00:31:44	00:19:19
	806 Nuno Cardoso	linda-a-pastora sporting clube	M	19	14	00:32:14	00:19:34
	517 Raul Fernandes	casa benfica em agualva cacem	M	20	15	00:32:16	00:19:56
	1672 Luis Alaan	g d amaros joalheiros	M	21	5	00:32:22	00:19:56
	1380 Fernando Silva	sport lisboa e benfica	M	22	16	00:32:26	00:19:56
	1386 Tiago Alves	sport lisboa e benfica	M	23	17	00:32:30	00:19:56
	719 Flávio Oliveira	grupo desportivo unidos caxienses	M	24	18	00:32:34	00:19:57
	1324 Amilcar Duarte	sporting clube de portugal	M	25	1	00:32:35	00:19:56
	421 Flávio Rebelo	sport lisboa e benfica	M	26	19	00:32:37	00:19:56
	489 Pedro Pelado	cr leões porto salvo	M	27	20	00:32:42	00:19:56
	716 Augusto Pires	grupo desportivo unidos caxienses	M	28	6	00:32:45	00:19:56
	1662 Raffik Balde	aa pego longo	M	29	2	00:32:48	00:19:56
	1197 Paulo Palma	clube futebol os belenenses	M	30	21	00:32:50	00:19:56
	721 José Gil	grupo desportivo unidos caxienses	M	31	2	00:32:51	00:19:57
	723 Luis Lima	grupo desportivo unidos caxienses	M	32	7	00:32:55	00:19:57
	15 Joao Marques	gdr conforlimpa	M	33	8	00:33:02	00:19:57
	1630 Hernani Santos	arcd vila de rei	M	34	22	00:33:04	00:19:57
	1627 Miguel Santos	arcd vila de rei	M	35	3	00:33:05	00:19:57
	497 Felisberto Pina	nucleoeiras - atletismo	M	36	23	00:33:16	00:20:10
	644 Jorge Reis	gd macedo oculista	M	37	3	00:33:23	00:20:21
	630 Antonio Santos	gd macedo oculista	M	38	9	00:33:23	00:20:20
	626 Alexandre Pinheiro	gd macedo oculista	M	39	10	00:33:23	00:20:26
	653 Virgilio Gomes	gd macedo oculista	M	40	11	00:33:24	00:20:26
	516 Daniel Fernandes	casa benfica em agualva cacem	M	41	24	00:33:33	00:20:27

D	Nome	Clube/Equipa	Sexo	Classificação		Tempo	
				Geral	Esc.	Ofic.	6Km
451	Carlos Borges	cefa - marinha	M	42	12	00:33:33	00:20:33
50	Marisa Barros	clube acreana seguros-porto	F	43	1	00:33:33	00:20:20
1387	Peque Fernandes	sport lisboa e benfica	M	44	25	00:33:51	00:20:50
494	António Maneta	cr leões porto salvo	M	45	13	00:33:54	00:20:39
521	José Moreira	casa benfica em agualva cacem	M	46	26	00:34:00	00:20:38
714	Andre Lopes	grupo desportivo unidos caxienses	M	47	27	00:34:01	00:20:37
810	Luís Santos	linda-a-pastora sporting clube	M	48	4	00:34:05	00:20:51
472	António Vale	cr leões porto salvo	M	49	4	00:34:08	00:20:23
1247	Edgar Semedo	adla	M	50	5	00:34:12	00:20:38
1673	Alexandre Soares	g d amaros joalheiros	M	51	5	00:34:14	00:20:56
718	Euclides Varela	grupo desportivo unidos caxienses	M	52	28	00:34:15	00:20:36
804	Marco Valada	linda-a-pastora sporting clube	M	53	29	00:34:16	00:20:33
454	Carlos CrisÓstomo	cefa - marinha	M	54	6	00:34:17	00:20:50
807	Pedro Conceicao	linda-a-pastora sporting clube	M	55	6	00:34:22	00:20:26
453	JosÉ Soldado	cefa - marinha	M	56	7	00:34:24	00:20:36
1384	Luis Batista	sport lisboa e benfica	M	57	30	00:34:27	00:21:04
661	Fernando Miranda	gdsdomingos	M	58	14	00:34:31	00:21:04
1626	João Brito	arcd vila de rei	M	59	7	00:34:35	00:20:48
722	Luis Cardoso	grupo desportivo unidos caxienses	M	60	31	00:34:41	00:20:52
725	Antonio Antunes	grupo desportivo unidos caxienses	M	61	15	00:34:41	00:21:18
423	Diogo Morgado	sport lisboa e benfica	M	62	8	00:34:46	00:20:59
1250	Joao Gomes	adla	M	63	8	00:34:49	00:21:34
452	Luis Valverde	cefa - marinha	M	64	16	00:34:50	00:21:21
720	Hugo Ferreira	grupo desportivo unidos caxienses	M	65	32	00:34:52	00:20:54
1382	Luis Pinto	sport lisboa e benfica	M	66	33	00:34:54	00:21:04
1198	Pedro Serra	clube futebol os belenenses	M	67	34	00:35:00	00:21:00
1217	Alessandro Almeida	mirantense fc	M	68	35	00:35:02	00:21:26
1631	Hugo Caselhas	arcd vila de rei	M	69	36	00:35:06	00:21:27
1383	Antonio Vaz	sport lisboa e benfica	M	70	37	00:35:15	00:21:36
252	Rodrigo Gordinho	individual	M	71	17	00:35:22	00:21:39
520	Carlos Mendes	casa benfica em agualva cacem	M	72	18	00:35:24	00:21:43
51	Monica Silva	clube acreana seguros-porto	F	73	2	00:35:25	00:21:43
502	Fabio Pinto	nucleoeiras - atletismo	M	74	9	00:35:25	00:21:26
747	João Inocencio	grupo são bernardo	M	75	19	00:35:39	00:21:47
1413	João Paixão	aguias unidas	M	76	20	00:35:41	00:22:11
1480	Vitor Rego	suc	M	77	38	00:35:42	00:21:49
495	Carlos Gomes	nucleoeiras - atletismo	M	78	9	00:35:45	00:21:48
498	Josefa Bongue	nucleoeiras - atletismo	F	79	3	00:35:46	00:21:48
1567	Josue Silva	sporting c reboleira damaia	M	80	39	00:35:46	00:21:15
1271	Paulo Alfar	ccdt metropolitano de lisboa	M	81	21	00:35:52	00:21:49
288	Beatriz Cunha	ca patameiras	F	82	4	00:35:56	00:21:49

D	Nome	Clube/Equipa	Sexo	Classificação		Tempo	
				Geral	Esc.	Ofic.	6Km
828	Bruno Silva	grupo dos amigos do atletismo de vila franca de xira	M	83	40	00:35:57	00:22:06
1072	Nuno Graca	a sacavenense	M	84	41	00:36:05	00:22:05
642	Joao Ginja	gd macedo oculista	M	85	22	00:36:09	00:22:22
496	William Lemos	nucleoeiras - atletismo	M	86	42	00:36:18	00:21:19
522	Cristina Ponte	cr leões porto salvo	F	87	5	00:36:20	00:21:53
458	João Ferreira	cefa - marinha	M	88	43	00:36:20	00:22:25
1617	Edgar Alfredo	união recreativa dafundo	M	89	23	00:36:22	00:22:08
450	Moisés Henriques	cefa - marinha	M	90	44	00:36:23	00:21:22
1036	Carlos Alpoim	casa do pessoal da rtp	M	91	10	00:36:25	00:21:52
1416	Armando Andrade	aguias unidas	M	92	11	00:36:27	00:22:25
468	Vitor Lopes	cr leões porto salvo	M	93	24	00:36:27	00:22:27
1713	Luis Manuel Duarte	individual	M	94	25	00:36:27	00:22:21
1701	Joaquim Capucho	individual	M	95	12	00:36:29	00:22:16
1371	Alexandre Santos	sport lisboa e benfica	M	96	10	00:36:30	00:21:22
428	Hugo Lourinho	sport lisboa e benfica	M	97	45	00:36:39	00:22:10
861	Carlos Couto	clube desportivo asas do milénium o praticante	M	98	46	00:36:45	00:22:32
1415	Samuel Granadeiro	aguias unidas	M	99	47	00:36:45	00:22:32
415	Diogo Simões	sport lisboa e benfica	M	100	11	00:36:46	00:22:15
1248	Miguel Ruivo	adla	M	101	12	00:36:47	00:23:01
32	João Xavier	skoda maratona clube	M	102	13	00:36:54	00:22:27
398	Celso Gouveia	individual	M	103	26	00:36:55	00:22:42
518	Ricardo Pereira	casa benfica em agualva cacem	M	104	48	00:36:58	00:22:23
280	Miguel Tavares	ca patameiras	M	105	27	00:36:59	00:22:50
1756	Paulo Sergio Alves	individual	M	106	49	00:37:00	00:22:44
1674	João Estevão	g d amaros joalheiros	M	107	28	00:37:02	00:22:27
669	Daniel Antunes Antunes	camara lisboa clube	M	108	14	00:37:04	00:22:33
1724	Francisco Jose Machado	carface	M	109	50	00:37:05	00:22:36
635	Constantino Araujo	gd macedo oculista	M	110	29	00:37:05	00:22:29
1725	Eliano Batista Reis	carface	M	111	51	00:37:06	00:22:48
1643	Vera Nunes	sport lisboa e benfica	F	112	6	00:37:07	00:22:44
1127	Antonio Goncalves	remolpinta	M	113	30	00:37:10	00:22:31
345	Luis Rafael	gd santander totta	M	114	31	00:37:11	00:22:20
459	Luis Oliveira	cefa - marinha	M	115	52	00:37:13	00:23:02
318	Salvador Afonso	gd santander totta	M	116	15	00:37:14	00:23:16
1580	Rui Luis	sporting c reboleira damaia	M	117	13	00:37:20	00:22:20
527	Rodrigo Gregório	dgmfa - alverca	M	118	53	00:37:20	00:22:50
1398	Lucilia Soares	sport lisboa e benfica	F	119	1	00:37:21	00:22:48
473	José Janela	cr leões porto salvo	M	120	16	00:37:21	00:23:17
519	Joaquim Pereira	casa benfica em agualva cacem	M	121	17	00:37:23	00:22:54
1379	Sergio Filho	sport lisboa e benfica	M	122	54	00:37:25	00:23:48
1017	Jorge Serra	acoreana seguros	M	123	32	00:37:28	00:22:56

D	Nome	Clube/Equipa	Sexo	Classificação		Tempo	
				Geral	Esc.	Ofic.	6Km
572	António Santos	clube atletismo amigos de belÉM	M	124	18	00:37:28	00:23:17
1213	Pedro Monteiro	mirantense fc	M	125	33	00:37:34	00:22:48
1022	Nuno Espírito Santo	acoreana seguros	M	126	34	00:37:34	00:23:17
54	Aureliana Polonia	clube acoreana seguros-porto	F	127	2	00:37:38	00:22:51
717	Diogo Silva	grupo desportivo unidos caxienses	M	128	55	00:37:39	00:23:28
465	Paulo Janela	cr leões porto salvo	M	129	56	00:37:39	00:23:02
940	Fausto Batista	g-d-c- banco- de- portugal	M	130	19	00:37:40	00:22:56
904	Jorge Matos	cr leões porto salvo	M	131	35	00:37:41	00:23:13
354	Ricardo Moreira	cdul	M	132	36	00:37:43	00:23:09
943	Jose Monteiro	g-d-c- banco- de- portugal	M	133	20	00:37:55	00:23:17
1253	Rui Filipe	adla	M	134	37	00:38:03	00:23:01
1577	Antonio Santos	sporting c reboleira damaia	M	135	21	00:38:07	00:23:36
588	Rui Rodrigues	clube millennium bcp	M	136	38	00:38:07	00:23:46
569	Jose Cunha	os zatopeques	M	137	39	00:38:10	00:23:10
1077	Fabio Malheiro	a sacavenense	M	138	57	00:38:12	00:23:24
680	Alexandre Bento	individual	M	139	58	00:38:13	00:24:18
1607	Jorge Pina	sociedade recreativa do camarnal	M	140	59	00:38:13	00:24:18
52	Doroteia Peixoto	clube acoreana seguros-porto	F	141	7	00:38:17	00:22:51
528	Aníbal Lopes	dgmfa - alverca	M	142	40	00:38:17	00:23:28
1364	Nuno Neves	individual	M	143	41	00:38:17	00:23:25
343	Augusto Lopes	gd santander totta	M	144	22	00:38:18	00:23:20
1028	Alexandre Cunha	individual	M	145	42	00:38:20	00:23:10
1683	José Cardoso	dor- desportivo operario do rangel	M	146	23	00:38:20	00:23:29
628	Antonio Araujo	gd macedo oculista	M	147	24	00:38:21	00:23:46
1130	Martim Lopes	remolpinta	M	148	60	00:38:24	00:23:55
1121	Jorge Paulino	clube desportivo mafra	M	149	25	00:38:25	00:23:29
818	António Ribeiro	grupo dos anigos do atletismo de vila franca de xira	M	150	26	00:38:25	00:23:36
742	Pompeu Aires	grupo desportivo unidos caxienses	M	151	43	00:38:26	00:23:36
337	Dinis Sousa	gd santander totta	M	152	27	00:38:27	00:23:36
380	Carlos Cunha	autocoope	M	153	28	00:38:28	00:23:30
324	Anastacio Valadas	gd santander totta	M	154	29	00:38:28	00:23:43
777	Miguel Rocha	individual	M	155	44	00:38:30	00:23:35
862	Pedro Luís	clube desportivo asas do milénium o praticante	M	156	61	00:38:35	00:23:28
1214	Carlos Vitorino	mirantense fc	M	157	62	00:38:35	00:23:13
809	Margarida Dionisio	linda-a-pastora sporting clube	F	158	8	00:38:38	00:23:33
1647	Joaquim Machado	acapo	M	159	45	00:38:40	00:23:57
1649	Alcindo Neves	acapo	M	160	63	00:38:40	00:23:57
573	Peter Cooper	clube atletismo amigos de belÉM	M	161	46	00:38:42	00:23:34
633	Carlos Fortunato	gd macedo oculista	M	162	30	00:38:43	00:23:37
1129	Mario Idefonso	remolpinta	M	163	31	00:38:43	00:23:49
835	Jorge Caiado	individual	M	164	47	00:38:45	00:23:44

D	Nome	Clube/Equipa	Sexo	Classificação		Tempo	
				Geral	Esc.	Ofic.	6Km
170	Rui Julião	georunners	M	165	48	00:38:49	00:23:56
1639	João Andrade	clube olimpico de oeiras	M	166	49	00:38:50	00:23:43
1642	Sónia Sousa	sport lisboa e benfica	F	167	9	00:38:51	00:23:36
1190	Luis Prego	acoreana seguros	M	168	32	00:38:51	00:23:38
493	Carlos Lopes	cr leões porto salvo	M	169	64	00:38:53	00:23:50
1196	Antonio Cruz	clube futebol os belenenses	M	170	65	00:38:55	00:23:40
767	Carlos Pedro Costa	individual	M	171	50	00:39:00	00:23:55
481	Manuel Tavares Manuel Tavares	cr leões porto salvo	M	172	33	00:39:01	00:23:43
1110	Paulo Carmo	acrm	M	173	66	00:39:02	00:23:46
285	Augusto Cruz	ca patameiras	M	174	34	00:39:04	00:23:47
1128	Joao Lopes	remolpinta	M	175	35	00:39:04	00:24:31
647	Jose Reis	gd macedo oculista	M	176	36	00:39:06	00:23:50
641	Joao Fonseca	gd macedo oculista	M	177	51	00:39:06	00:23:56
209	João Lourenco	individual	M	178	52	00:39:07	00:24:14
249	Paulo Costa	individual	M	179	53	00:39:08	00:23:57
826	António Manuel Jorge Mina Mina	individual	M	180	37	00:39:10	00:24:03
350	Luis Mira Nunes	individual	M	181	67	00:39:11	00:24:18
369	Joao Caldas	autocoope	M	182	54	00:39:13	00:23:47
1366	Nuno Fernandes Carrilho	individual	M	183	68	00:39:15	00:24:06
636	Domingos Goncalves	gd macedo oculista	M	184	38	00:39:15	00:23:58
1393	Edgar Francisco	galapa sa	M	185	55	00:39:16	00:24:17
367	Rodrigo Silva	individual	M	186	56	00:39:19	00:24:02
1122	Domingos Neto	clube desportivo mafra	M	187	39	00:39:21	00:23:29
632	Carla Pinto	gd macedo oculista	F	188	3	00:39:23	00:24:19
776	Manuel Chinita	individual	M	189	57	00:39:27	00:24:06
1765	Jose Carlos Goncalves	individual	M	190	58	00:39:27	00:24:10
1417	José Simões	aguias unidas	M	191	40	00:39:31	00:24:29
171	António Eduardo Silva Coelho	valejas atlético clube	M	192	41	00:39:33	00:24:04
355	José Francisco Miranda	individual	M	193	42	00:39:34	00:24:26
283	Albino Tomas	ca patameiras	M	194	43	00:39:35	00:24:29
173	Carlos Namorado Monteiro	valejas atlético clube	M	195	44	00:39:36	00:24:25
1012	André Quarenta	acoreana seguros	M	196	59	00:39:37	00:24:11
402	Paulo Bruno	individual	M	197	60	00:39:44	00:24:26
741	Vitor Lima	grupo desportivo unidos caxienses	M	198	61	00:39:47	00:24:25
1579	Francisco Santos	sporting c reboleira damaia	M	199	45	00:39:49	00:24:09
1418	Francisco Farropas	aguias unidas	M	200	46	00:39:49	00:24:33
672	Ruben Silva Silva	camara lisboa clube	M	201	47	00:39:51	00:24:48
870	Cirilo Santos	clube desportivo asas do milénium o praticante	M	202	48	00:39:54	00:24:34
319	Jose Marcal	gd santander totta	M	203	49	00:39:55	00:24:04
660	Ricardo Freire	gdsdomingos	M	204	14	00:39:56	00:24:09
824	Antonio Martins	clube recreativo cultural e desportivo de leião	M	205	50	00:39:57	00:24:23

D	Nome	Clube/Equipa	Sexo	Classificação		Tempo	
				Geral	Esc.	Ofic.	6Km
356	José Manuel Sousa Freire	individual	M	206	51	00:39:58	00:24:27
7	Carlos Vicente Do Souto	correr com brio	M	207	62	00:39:58	00:24:21
827	Hugo Silva	grupo dos amigos do atletismo de vila franca de xira	M	208	69	00:39:58	00:24:25
1399	Luisa Coelho	sport lisboa e benfica	F	209	4	00:40:00	00:24:31
370	Jovenal Moreira	autocoope	M	210	63	00:40:00	00:24:21
251	Germano Nunes Pires	gdoa	M	211	52	00:40:01	00:24:24
1768	Marco Malaguerra	individual	M	212	64	00:40:02	00:24:52
69	Luís Sousa	acoreana seguros	M	213	65	00:40:02	00:24:38
645	Jose Inocencio	gd macedo oculista	M	214	53	00:40:03	00:24:50
919	Manuel Silva	individual	M	215	54	00:40:03	00:24:21
1134	Bruno Guedes	remolpinta	M	216	70	00:40:04	00:24:03
1414	Jaime Figueiredo	aguias unidas	M	217	66	00:40:04	00:24:30
1374	Goreti Santos	sport lisboa e benfica	F	218	10	00:40:09	00:24:23
474	Januário Coelho Januário Coelho	cr leões porto salvo	M	219	55	00:40:09	00:24:26
1745	Artur Jorge Tavares	individual	M	220	67	00:40:10	00:24:35
707	Ricardo Félix	ccd efacec - lisboa	M	221	71	00:40:11	00:24:38
471	Manuel Araújo	cr leões porto salvo	M	222	56	00:40:12	00:24:27
978	Jose Maio	atletico c porto salvo	M	223	68	00:40:15	00:24:58
186	Rui Lopes	grupo desportivo grupo bes	M	224	57	00:40:15	00:24:58
1534	Octavio Morais	sm ordem progresso	M	225	58	00:40:17	00:24:32
1391	Filipe Branco	galapa sa	M	226	69	00:40:18	00:24:39
587	Jose Carlos	clube millennium bcp	M	227	59	00:40:19	00:24:50
1344	Paulo Pereira	acoreana seguros	M	228	70	00:40:21	00:25:02
825	António Jacinto	os zatopeques	M	229	60	00:40:26	00:24:39
19	Adelino Monteiro	sporting clube de portugal	M	230	72	00:40:27	00:24:51
616	Hugo Luz	clube millennium bcp	M	231	71	00:40:28	00:24:30
1120	Carlos Candeias	individual	M	232	72	00:40:31	00:24:52
813	Fernando Equer Equer	individual	M	233	73	00:40:31	00:24:58
1135	Pedro Veiga	remolpinta	M	234	74	00:40:33	00:25:17
808	Rodolfo Carneiro	linda-a-pastora sporting clube	M	235	75	00:40:33	00:25:06
1362	Mario Reis	nucleoeiras - atletismo	M	236	76	00:40:34	00:24:24
739	Antonio Vilela	grupo desportivo unidos caxienses	M	237	73	00:40:35	00:25:06
762	Carlos Goncalves	ambcv lumiar	M	238	74	00:40:37	00:24:36
1629	Diogo Victor	arcd vila de rei	M	239	77	00:40:39	00:24:42
366	Angelo Pombares	individual	M	240	78	00:40:39	00:25:17
1726	Paulo Alexandre Santos	carface	M	241	75	00:40:41	00:24:37
1776	Ines Goncalves	na alcabideche	F	242	11	00:40:42	00:24:46
727	Jose Novais	grupo desportivo unidos caxienses	M	243	76	00:40:43	00:25:07
1705	Bruno Pires	individual	M	244	79	00:40:45	00:25:16
535	Maria José Frias	amigos atletismo de mafra	F	245	5	00:40:46	00:25:26
675	António Castro	individual	M	246	61	00:40:48	00:24:59

D	Nome	Clube/Equipa	Sexo	Classificação		Tempo	
				Geral	Esc.	Ofic.	6Km
395	Antonio Dias	individual	M	247	62	00:40:52	00:25:01
491	Paula Fernandes	cr leões porto salvo	F	248	6	00:40:53	00:25:01
773	Luis Lourenco	individual	M	249	80	00:40:57	00:25:59
1343	Virgilio Madeira	acoreana seguros	M	250	63	00:40:58	00:24:55
1123	Douglas Fry	clube desportivo mafra	M	251	64	00:40:59	00:24:42
1420	Delson Marques	aguias unidas	M	252	81	00:41:02	00:25:13
617	Jose Marcelino	clube millennium bcp	M	253	65	00:41:03	00:25:01
1016	João Serra	acoreana seguros	M	254	77	00:41:03	00:24:46
823	Manuel Martins	clube recreativo cultural e desportivo de leão	M	255	66	00:41:04	00:25:36
834	Jorge Teixeira	individual	M	256	78	00:41:04	00:25:58
980	Carlos Duarte	atletico c porto salvo	M	257	67	00:41:07	00:25:26
979	Joaquim Rosa	atletico c porto salvo	M	258	68	00:41:09	00:25:26
1697	Antonio Angelino	individual	M	259	79	00:41:10	00:25:00
401	Luís Bicudo	individual	M	260	82	00:41:14	00:25:25
1424	João Espada	aguias unidas	M	261	80	00:41:15	00:25:26
1188	Paulo Torrão	acoreana seguros	M	262	81	00:41:17	00:25:26
1419	José Mestre	aguias unidas	M	263	69	00:41:23	00:25:27
1403	Hélio Girão	individual	M	264	82	00:41:25	00:24:45
284	Carlos Antunes	ca patameiras	M	265	70	00:41:28	00:25:05
731	Isidro Santos	grupo desportivo unidos caxienses	M	266	71	00:41:29	00:25:23
264	Jose Cardoso	c r p campolide	M	267	72	00:41:30	00:24:56
655	Albano Correia	individual	M	268	73	00:41:32	00:25:30
765	Joao Moacho	ambcv lumiar	M	269	74	00:41:35	00:25:15
255	João Alexandre Do Carmo Mendes De Sá Faria	individual	M	270	83	00:41:36	00:25:05
483	José Reinas José Reinas	cr leões porto salvo	M	271	75	00:41:37	00:25:37
759	Carlos Rodrigues	individual	M	272	83	00:41:37	00:25:10
1566	Carmen Tavares	sporting c reboleira damaia	F	273	12	00:41:38	00:24:59
977	Pedro Bueno	atletico c porto salvo	M	274	84	00:41:40	00:26:06
1205	Pedro Faria	individual	M	275	84	00:41:42	00:26:06
625	Alcindo Almeida	gd macedo oculista	M	276	76	00:41:43	00:26:09
764	Luis Ferreira	ambcv lumiar	M	277	85	00:41:45	00:25:44
857	Rui Martins	individual	M	278	77	00:41:46	00:26:12
1365	Nuno Barradas	individual	M	279	85	00:41:46	00:25:49
529	Fernando Figueiredo	dgmfa - alverca	M	280	86	00:41:47	00:25:28
1360	Maria Varela	nucleoeiras - atletismo	F	281	13	00:41:51	00:25:26
1229	Manuel Fonseca	sport lisboa e campolide	M	282	87	00:41:51	00:25:42
9	Rute Sousa	acoreana seguros	F	283	7	00:41:52	00:25:37
269	Albino Ferreira	lesmas alopradas	M	284	88	00:41:54	00:25:33
666	Placido Santos	gdsdomingos	M	285	78	00:41:55	00:24:53
1005	Lúcia Oliveira	acoreana seguros	F	286	14	00:41:55	00:25:51
291	Antonio Morais	ca patameiras	M	287	79	00:41:56	00:26:12

D	Nome	Clube/Equipa	Sexo	Classificação		Tempo	
				Geral	Esc.	Ofic.	6Km
1601	Antonio Manuel Gouveia Nereu Nereu	individual	M	288	80	00:41:57	00:25:33
763	Daniel Nunes	ambcv lumiar	M	289	81	00:41:58	00:25:16
475	Domingos Penedo Domingos Penedo	cr leões porto salvo	M	290	82	00:41:59	00:26:09
579	Fernando Rodrigues	clube millennium bcp	M	291	89	00:41:59	00:26:13
1483	Antonio Cardoso	suc	M	292	90	00:41:59	00:26:19
266	Joaquim Cardoso	c r p campolide	M	293	83	00:42:00	00:25:32
214	Pedro Melo	individual	M	294	86	00:42:01	00:25:51
1003	Céu Leitão	acoreana seguros	F	295	8	00:42:02	00:25:50
376	Fabio Marinho	autocoope	M	296	15	00:42:04	00:26:01
270	Luis Magalhaes	lesmas alopradas	M	297	91	00:42:06	00:26:19
998	Henrique Costa	csp camara municipal de peniche	M	298	84	00:42:08	00:26:12
132	Vitor Marques	individual	M	299	87	00:42:09	00:25:18
1116	Antonio Rebelo	individual	M	300	92	00:42:10	00:26:07
1323	Luís Barbosa	individual	M	301	93	00:42:12	00:26:20
580	Vitor Gomes	clube millennium bcp	M	302	94	00:42:13	00:26:03
185	Nuno Rodrigues	grupo desportivo grupo bes	M	303	88	00:42:13	00:26:42
374	Marco Gouveia	autocoope	M	304	89	00:42:14	00:25:28
484	Paulo Reigada Paulo Reigada	cr leões porto salvo	M	305	95	00:42:14	00:26:16
479	Jorge José Mendes Romão	cr leões porto salvo	M	306	96	00:42:17	00:25:32
589	Paulo Pais	clube millennium bcp	M	307	97	00:42:18	00:25:37
470	Augusto Fernandes Augusto Fernandes	cr leões porto salvo	M	308	98	00:42:20	00:25:36
738	Jose Leao	grupo desportivo unidos caxienses	M	309	85	00:42:20	00:25:47
925	Artur Barreiros	individual	M	310	86	00:42:23	00:25:44
1606	Raquel Pedro	sociedade recreativa do camarnal	F	311	15	00:42:26	00:25:50
254	Rui Pereira Da Silva	individual	M	312	90	00:42:27	00:25:52
1125	Américo Amaro Américo Amaro	cr leões porto salvo	M	313	87	00:42:31	00:25:50
594	Eduardo Ferreira	clube millennium bcp	M	314	91	00:42:33	00:26:03
1212	Paulo Martins	mirantense fc	M	315	99	00:42:34	00:25:51
1777	Joao Lobato	na alcabideche	M	316	92	00:42:34	00:25:47
836	José Costa	individual	M	317	100	00:42:34	00:25:42
1359	Luis Ferreira	individual	M	318	101	00:42:35	00:25:39
333	Fernando Cardoso	gd santander totta	M	319	88	00:42:36	00:26:33
1481	Andre Gomes	suc	M	320	102	00:42:38	00:26:19
830	Mario Couto	grupo dos amigos do atletismo de vila franca de xira	M	321	93	00:42:39	00:26:26
250	Alexandre Vargas	individual	M	322	103	00:42:40	00:26:28
492	Paula Rocha	cr leões porto salvo	F	323	9	00:42:41	00:25:46
1243	Mario Santos	individual	M	324	104	00:42:41	00:25:40
183	Júlio Ferreira	grupo desportivo grupo bes	M	325	89	00:42:41	00:26:31
358	José Leal	individual	M	326	94	00:42:44	00:26:26
444	Orlando Duarte	afis - ovar	M	327	90	00:42:46	00:26:33
1664	Jose Araujo	aa pego longo	M	328	91	00:42:48	00:26:07

D	Nome	Clube/Equipa	Sexo	Classificação		Tempo	
				Geral	Esc.	Ofic.	6Km
567	Nuno Silva	os zatopeques	M	329	95	00:42:49	00:27:09
286	Manuel Calisto	ca patameiras	M	330	92	00:42:49	00:26:04
554	Guilherme Goncalves	clube ferroviário de portugal	M	331	93	00:42:50	00:26:12
1254	Luciana Pereira	adla	F	332	16	00:42:50	00:26:28
944	Joao Leites	g-d-c- banco- de- portugal	M	333	94	00:42:51	00:26:14
1024	Tam Afonso	acoreana seguros	M	334	95	00:42:52	00:26:20
1210	Joao Sabugueiro	mirantense fc	M	335	105	00:42:52	00:27:19
593	Jose Arruda	clube millennium bcp	M	336	96	00:42:53	00:27:09
377	José Hilário	individual	M	337	97	00:42:54	00:26:02
568	Jorge Leitão	os zatopeques	M	338	106	00:42:54	00:27:09
368	Joao Caires	autocoope	M	339	107	00:42:58	00:27:17
931	André Miguel Carvalho	individual	M	340	96	00:42:59	00:26:44
371	Antonio Almeida	autocoope	M	341	108	00:43:00	00:27:17
1740	Americo Joaquim	individual	M	342	97	00:43:06	00:26:39
663	Fernando Guerreiro	gdsdomingos	M	343	98	00:43:07	00:26:25
703	Manuel Fidalgo	ccd efacec - lisboa	M	344	99	00:43:10	00:26:31
1436	António Silva	individual	M	345	98	00:43:10	00:26:48
1545	Joao Santos	aa lebres do sado	M	346	109	00:43:11	00:26:45
1111	Luis Galamba	acrm	M	347	110	00:43:12	00:26:33
538	Alice Basilio	amigos atletismo de mafra	F	348	10	00:43:13	00:26:28
780	Rui Cabral	individual	M	349	99	00:43:14	00:25:57
357	Luís Neves	individual	M	350	100	00:43:15	00:26:20
1227	Jose Carlos	sport lisboa e campolide	M	351	111	00:43:15	00:27:41
108	José Manuel Costa	individual	M	352	112	00:43:15	00:26:46
761	Manuel Rodrigues	ambcv lumiar	M	353	100	00:43:18	00:26:36
859	Gustavo Seia	clube desportivo asas do milénium o praticante	M	354	101	00:43:23	00:27:22
1670	Telma Grácio	individual	F	355	17	00:43:24	00:26:29
1652	Paulo Carvalho	acapo	M	356	102	00:43:24	00:27:09
1648	Antonio Pessoa	acapo	M	357	101	00:43:25	00:27:09
107	Paulo Sainica	individual	M	358	113	00:43:26	00:26:41
164	Sílvio Paiva	grupo desportivo grupo bes	M	359	102	00:43:26	00:26:45
182	João Ferreira	grupo desportivo grupo bes	M	360	103	00:43:27	00:26:46
664	António Viegas	gdsdomingos	M	361	104	00:43:27	00:26:24
430	Diamantino Almeida	runfourfun	M	362	114	00:43:27	00:26:42
847	Vitor Santos	individual	M	363	115	00:43:28	00:26:38
200	Carlos Alberto Costa Mendes	individual	M	364	105	00:43:28	00:27:07
1002	Francisco Pereira	acoreana seguros	M	365	116	00:43:29	00:26:31
839	Luis Pina	individual	M	366	103	00:43:31	00:26:41
933	Francisco José Veloso	individual	M	367	104	00:43:31	00:27:04
1716	Luis Antunes	individual	M	368	117	00:43:32	00:27:09
872	Dinis Moura	clube desportivo asas do milénium o praticante	M	369	106	00:43:33	00:26:38

D	Nome	Clube/Equipa	Sexo	Classificação		Tempo	
				Geral	Esc.	Ofic.	6Km
253	Manuel Duarte Silva Flor	individual	M	370	107	00:43:33	00:27:15
287	Francisco Farrajota	ca patameiras	M	371	108	00:43:34	00:26:38
732	Jose Oliveira	grupo desportivo unidos caxienses	M	372	118	00:43:35	00:26:37
996	Alexandre Sousa	csp camara municipal de peniche	M	373	119	00:43:36	00:27:07
1671	Joaquim Costa	g d amaros joalheiros	M	374	109	00:43:36	00:26:41
662	Daniel Silva	gdsdomingos	M	375	110	00:43:37	00:27:17
349	Leonel Leitão Pires	individual	M	376	111	00:43:37	00:27:07
1549	Alvaro Gingado	aa lebres do sado	M	377	112	00:43:38	00:26:46
290	Paulo Gamboa	ca patameiras	M	378	120	00:43:38	00:26:55
289	Pedro Marinho	ca patameiras	M	379	105	00:43:40	00:27:12
1548	Manuel Batista	aa lebres do sado	M	380	113	00:43:41	00:26:48
1609	André Valentim	individual	M	381	16	00:43:41	00:27:05
1687	Tomás Hipolito	individual	M	382	17	00:43:42	00:27:06
466	Domingos Carneiro Domingos Carneiro	cr leões porto salvo	M	383	106	00:43:42	00:27:12
736	Alcino Ramos	grupo desportivo unidos caxienses	M	384	114	00:43:45	00:26:38
323	Manuel Robalo	gd santander totta	M	385	115	00:43:46	00:26:58
184	Luís Monteiro	grupo desportivo grupo bes	M	386	121	00:43:50	00:26:35
267	Armando Correia	lesmas alopradas	M	387	116	00:43:51	00:27:13
282	Adriano Vitorino	ca patameiras	M	388	117	00:43:52	00:26:55
772	Luis Novo	individual	M	389	107	00:43:52	00:26:52
563	Carlos Santos	clube ferroviário de portugal	M	390	118	00:43:53	00:26:49
561	Carlos Alves	clube ferroviário de portugal	M	391	119	00:43:54	00:26:49
751	John Johnson	grupo são bernardo	M	392	120	00:43:56	00:27:16
445	Severino Cruz	afis - ovar	M	393	122	00:43:57	00:26:50
321	Jose Goncalves	gd santander totta	M	394	121	00:43:58	00:26:56
536	Helena Martins	amigos atletismo de mafra	F	395	11	00:43:59	00:26:37
566	José Morais	os zatopeques	M	396	122	00:44:01	00:27:18
1252	Gil Andrade	adla	M	397	18	00:44:02	00:26:28
203	Paulo Pereira	individual	M	398	123	00:44:02	00:27:51
670	Jorge Duarte Duarte	camara lisboa clube	M	399	124	00:44:05	00:27:48
673	Miguel Velez Velez	camara lisboa clube	M	400	125	00:44:05	00:27:48
893	Antonio Martins	amigos da machada	M	401	126	00:44:05	00:27:29
245	Luis Rocha	individual	M	402	108	00:44:06	00:28:02
748	José Valério	grupo são bernardo	M	403	123	00:44:07	00:26:37
845	Silvino Martins	individual	M	404	124	00:44:09	00:27:11
1479	Tiago Dias	aa pego longo	M	405	19	00:44:10	00:26:40
1612	David Saraiva	individual	M	406	109	00:44:10	00:26:44
363	Nuno Cabeça	individual	M	407	127	00:44:10	00:27:12
1378	Ana Magina	sport lisboa e benfica	F	408	18	00:44:11	00:26:47
194	Joaquim Martins Varanda	gdoa	M	409	125	00:44:14	00:26:58
1438	Artur Beja	individual	M	410	128	00:44:15	00:27:16

D	Nome	Clube/Equipa	Sexo	Classificação		Tempo	
				Geral	Esc.	Ofic.	6Km
1124	Idalécio Barros	individual	M	411	126	00:44:15	00:26:47
478	Sandra Couto	cr leões porto salvo	F	412	19	00:44:16	00:27:13
555	Neves Silva	clube ferroviário de portugal	M	413	127	00:44:20	00:27:11
1376	Ana Rute Santos	sport lisboa e benfica	F	414	20	00:44:21	00:26:47
330	Jose Pereira	gd santander totta	M	415	129	00:44:21	00:27:13
530	Paulo Goulart	clube anacom	M	416	130	00:44:24	00:27:23
659	Daniel Freire	gdsdomingos	M	417	128	00:44:27	00:26:39
1762	Frederico Wiborg	individual	M	418	131	00:44:30	00:28:00
408	Francisco Pereira	individual	M	419	132	00:44:31	00:27:31
564	Mario Ferro	clube ferroviário de portugal	M	420	129	00:44:31	00:27:30
534	Eduardo Maia	amigos atletismo de mafra	M	421	130	00:44:32	00:27:11
309	Goncalo Oliveira	gdct unicre	M	422	131	00:44:33	00:27:21
373	Americo Costa	autocoope	M	423	132	00:44:35	00:26:47
1278	Jose Guia	servicos socias cg depositos seccao atletismo	M	424	133	00:44:38	00:27:56
874	João Neto	clube desportivo asas do milénium o praticante	M	425	134	00:44:39	00:27:22
295	Joaquim Francisco	ca patameiras	M	426	135	00:44:40	00:27:32
506	Belchior Guiomar	fracos mas teimosos	M	427	136	00:44:42	00:28:16
658	Paulo Martins	gdsdomingos	M	428	133	00:44:44	00:27:21
1235	Francisco Pereira	plumas	M	429	137	00:44:44	00:27:27
1711	Mario Rui Moura	individual	M	430	138	00:44:45	00:28:03
268	Joao Reves	lesmas alopradas	M	431	134	00:44:46	00:27:59
258	Humberto Silva	individual	M	432	139	00:44:47	00:27:36
778	Miguel Corte-real	individual	M	433	20	00:44:48	00:28:02
1759	Andre Wiborg	individual	M	434	140	00:44:50	00:28:00
139	João Carlos Domingues Sanches	individual	M	435	141	00:44:50	00:28:09
1341	António Fernandes	sotécnica	M	436	142	00:44:50	00:28:05
585	Augusto Lourenco	clube millennium bcp	M	437	143	00:44:51	00:27:43
735	Jose Cardoso	grupo desportivo unidos caxienses	M	438	144	00:44:52	00:27:34
1445	Pedro Dias	união recreativa dafundo	M	439	135	00:44:52	00:28:25
1208	Antonio Junior	mirantense fc	M	440	136	00:44:53	00:27:18
469	Jorge Correia Jorge Correia	cr leões porto salvo	M	441	137	00:44:53	00:28:17
892	Nuno Fernandes	amigos da machada	M	442	138	00:44:54	00:27:35
679	Luís Jacinto Cristóvão	individual	M	443	145	00:44:55	00:27:24
657	Anibal Carvalho	gdsdomingos	M	444	146	00:44:55	00:27:22
784	Luis Barbot	individual	M	445	139	00:44:57	00:27:39
344	Reinaldo Figueira	gd santander totta	M	446	147	00:44:59	00:27:31
897	Eloi Marques Da Silva	individual	M	447	148	00:44:59	00:27:53
908	Miguel Leal	individual	M	448	149	00:45:00	00:28:09
811	Jose Luis Santos Correia Correia	individual	M	449	150	00:45:00	00:27:29
637	Fernando Carvalho	gd macedo oculista	M	450	151	00:45:01	00:27:23
1654	Jose Oliveira	acapo	M	451	140	00:45:06	00:27:27

D	Nome	Clube/Equipa	Sexo	Classificação		Tempo	
				Geral	Esc.	Ofic.	6Km
1228	Antonio Lima	sport lisboa e campolide	M	452	141	00:45:08	00:27:37
1763	Paulo Jorge Monteiro	individual	M	453	110	00:45:08	00:28:00
1575	Carlos Duarte	sporting c reboleira damaia	M	454	152	00:45:09	00:27:15
945	Joaquim Borralho	g-d-c- banco- de- portugal	M	455	153	00:45:09	00:27:28
1714	Antonio Simoes	individual	M	456	154	00:45:09	00:27:33
531	Francisco Bolrão	clube anacom	M	457	155	00:45:10	00:27:19
487	Manuel Simões	cr leões porto salvo	M	458	156	00:45:10	00:27:12
1237	Tiago Safara	plumas	M	459	111	00:45:11	00:28:03
1314	Gabriel Moreira	individual	M	460	157	00:45:14	00:28:33
431	Jorge Godinho	runfourfun	M	461	142	00:45:18	00:27:52
467	Luis Damião	cr leões porto salvo	M	462	143	00:45:19	00:28:17
407	José Ricardo	individual	M	463	158	00:45:19	00:28:33
476	Ramiro Damas	cr leões porto salvo	M	464	159	00:45:20	00:28:17
869	David Silva	clube desportivo asas do milénium o praticante	M	465	144	00:45:21	00:26:50
1741	Carlos Alberto Oliveira Sebastião	individual	M	466	160	00:45:21	00:27:36
643	Joaquim Macedo	gd macedo oculista	M	467	161	00:45:23	00:28:34
1585	António Santos	individual	M	468	162	00:45:23	00:28:27
1131	Jorge Tavares	remolpinta	M	469	145	00:45:24	00:27:28
1463	Luis Lourenco	individual	M	470	146	00:45:25	00:27:21
941	Joaquim Ferrao	g-d-c- banco- de- portugal	M	471	163	00:45:28	00:28:14
942	Manuel Francisco	g-d-c- banco- de- portugal	M	472	164	00:45:33	00:28:00
604	Almeida Paulo Alves	grupo desportivo banco bpi	M	473	147	00:45:34	00:28:47
740	Joaquim Varanda	grupo desportivo unidos caxienses	M	474	165	00:45:35	00:28:07
1720	Carlos Cavelo	individual	M	475	112	00:45:35	00:28:54
1347	Adriano Cunha	individual	M	476	166	00:45:36	00:28:07
500	Suaila CÔ	nucleoeiras - atletismo	F	477	21	00:45:37	00:27:51
211	Arlindo Bras	individual	M	478	148	00:45:39	00:27:51
1020	Luís Melo	acoreana seguros	M	479	167	00:45:40	00:27:50
1007	Paula Silva	acoreana seguros	F	480	22	00:45:41	00:27:38
1202	Vitor Vicente	individual	M	481	168	00:45:42	00:28:21
362	Carlos Ferreira	individual	M	482	169	00:45:43	00:28:06
1369	Rui Figueiral	individual	M	483	21	00:45:43	00:27:22
924	Eduardo Correia	individual	M	484	149	00:45:43	00:27:56
1234	Nuno Santos	plumas	M	485	150	00:45:46	00:28:25
1722	Amilcar Pardal	individual	M	486	170	00:45:48	00:28:09
1203	Goncalo Vicente	individual	M	487	113	00:45:49	00:28:23
1367	Pedro Alfaiate	c s s pinhal frades	M	488	151	00:45:51	00:28:42
189	Rui Pires	georunners	M	489	152	00:45:55	00:28:19
1356	Jaime Veiga	individual	M	490	153	00:45:55	00:28:27
1348	Alberto Leal	individual	M	491	154	00:45:57	00:28:05
605	Luz Fernando Jorge	grupo desportivo banco bpi	M	492	155	00:45:58	00:27:36

D	Nome	Clube/Equipa	Sexo	Classificação		Tempo	
				Geral	Esc.	Ofic.	6Km
914	Vitor Freire	individual	M	493	156	00:45:58	00:28:32
733	Jose Pinto	grupo desportivo unidos caxienses	M	494	171	00:45:59	00:28:08
328	Antonio Louro	gd santander totta	M	495	114	00:46:00	00:28:27
325	Carlos Brito	gd santander totta	M	496	172	00:46:01	00:28:27
156	Diogo Arraias	individual	M	497	173	00:46:07	00:28:21
1443	Emídio Carrapeiro	união recreativa dafundo	M	498	174	00:46:08	00:28:41
228	Rui Pinto	individual	M	499	157	00:46:08	00:28:02
560	Custódio Januário	clube ferroviário de portugal	M	500	175	00:46:09	00:28:40
1191	Joao Fernandes	individual	M	501	176	00:46:10	00:28:21
1444	Miguel Matos	união recreativa dafundo	M	502	158	00:46:11	00:28:43
583	Manuel Pereira	clube millennium bcp	M	503	177	00:46:11	00:28:08
195	Jose Carlos Nunes	gdoa	M	504	159	00:46:11	00:28:07
129	Vitor Manuel Nunes Alves Martins	individual	M	505	178	00:46:12	00:28:48
757	António Almeida	individual	M	506	179	00:46:13	00:28:17
746	Luís Santos	grupo são bernardo	M	507	180	00:46:14	00:28:34
510	Eduardo Rodrigues	fracos mas teimosos	M	508	160	00:46:14	00:28:22
1035	Luis Almeida	individual	M	509	115	00:46:14	00:28:19
128	Paulo Silva	individual	M	510	161	00:46:15	00:28:18
760	Jose Costa	ambcv lumiar	M	511	162	00:46:18	00:27:59
700	Jose Carvalho	ccd efacec - lisboa	M	512	181	00:46:19	00:28:09
1277	Fernando Alves	servicos socias cg depositos seccao atletismo	M	513	182	00:46:23	00:28:10
875	Carlos Machado	clube desportivo asas do milénium o praticante	M	514	183	00:46:23	00:28:11
981	Jose Sousa	atletico c porto salvo	M	515	184	00:46:24	00:28:31
326	Jose Nogueira	gd santander totta	M	516	185	00:46:27	00:28:18
102	Fernando Marques	individual	M	517	186	00:46:29	00:28:25
770	Jorge Corte-real	individual	M	518	187	00:46:30	00:28:20
882	Manuel António Gomes Alves	individual	M	519	163	00:46:33	00:28:34
405	José Fachada	individual	M	520	188	00:46:34	00:28:09
360	Conde Santos Arlindo	individual	M	521	189	00:46:37	00:29:11
745	José Correia	grupo são bernardo	M	522	190	00:46:39	00:28:34
1446	João Reis	união recreativa dafundo	M	523	164	00:46:43	00:28:58
311	Jose Praca	gdct unicare	M	524	191	00:46:44	00:28:36
1461	Jose Correia	individual	M	525	192	00:46:44	00:30:13
327	João Alberto Silva	a.d. real academia	M	526	116	00:46:45	00:29:03
197	Augusto Silvestre	individual	M	527	193	00:46:45	00:29:04
634	Luis Manuel Fonseca Tavares	individual	M	528	165	00:46:47	00:29:33
1665	Durval Santos	individual	M	529	194	00:46:47	00:28:57
294	Jorge Duro	individual	M	530	117	00:46:48	00:28:33
676	José António Martins Tavares	individual	M	531	195	00:46:50	00:29:38
1132	Luis Lopes	remolpinta	M	532	166	00:46:50	00:28:35
488	João Vieira João Vieira	cr leões porto salvo	M	533	118	00:46:50	00:28:25

D	Nome	Clube/Equipa	Sexo	Classificação		Tempo	
				Geral	Esc.	Ofic.	6Km
831	Manuel Santos	grupo dos amigos do atletismo de vila franca de xira	M	534	196	00:46:51	00:28:43
216	Luís Boletó	individual	M	535	119	00:46:51	00:28:51
1426	Vitor Manuel Pereira Goncalves	individual	M	536	167	00:46:52	00:29:10
1615	José António Cunha	individual	M	537	197	00:46:52	00:28:36
1537	Joao Duarte	individual	M	538	198	00:46:56	00:28:29
293	Miguel Marina	individual	M	539	120	00:46:57	00:29:09
215	Vasco Soares	individual	M	540	168	00:46:59	00:28:51
477	Francisco Branco Francisco Branco	cr leões porto salvo	M	541	199	00:47:00	00:28:53
523	João Torrado	eiragym	M	542	200	00:47:02	00:29:29
1390	Charline Pesquerel	individual	F	543	12	00:47:03	00:28:47
1700	Germano Santos	individual	M	544	201	00:47:06	00:30:20
177	Maria Manuela Conceicao Folgado	valejas atlético clube	F	545	13	00:47:07	00:28:10
308	Vitor Cid	gdct unice	M	546	121	00:47:07	00:29:25
310	Paulo Duarte	gdct unice	M	547	169	00:47:08	00:29:25
1352	Luis Amorim	na beiersdorf	M	548	202	00:47:13	00:29:13
1475	Vicente Dias	individual	M	549	203	00:47:14	00:29:13
781	Silvia Coelho	individual	F	550	14	00:47:17	00:29:02
1215	Manuel Brito	mirantense fc	M	551	122	00:47:18	00:28:34
608	Fernando Almeida	clube millennium bcp	M	552	170	00:47:18	00:29:07
322	Joao Rocha	gd santander totta	M	553	204	00:47:19	00:28:54
1251	Fernando Fernandes	adla	M	554	205	00:47:21	00:29:13
1392	Gabriel Antonio	galapa sa	M	555	171	00:47:22	00:29:46
546	Joao Lobo	servicos sociais montepio geral	M	556	206	00:47:22	00:29:13
1457	Germano Bernardo	individual	M	557	207	00:47:26	00:30:08
222	Antonio Delgado	individual	M	558	208	00:47:28	00:29:58
247	Ramiro Silva	individual	M	559	123	00:47:28	00:28:47
1766	Jose Rijo	individual	M	560	209	00:47:32	00:29:10
190	Mário Silva	georunners	M	561	210	00:47:33	00:30:14
1638	German Morales	individual	M	562	172	00:47:36	00:29:12
820	Raimundo Mesquita	clube recreativo cultural e desportivo de leão	M	563	173	00:47:37	00:28:04
259	Paulo Blazer	individual	M	564	174	00:47:37	00:30:35
649	Orlando Couto	gd macedo oculista	M	565	211	00:47:38	00:29:18
614	Sergio Anjos	clube millennium bcp	M	566	212	00:47:39	00:29:18
749	João Pinto	grupo são bernardo	M	567	213	00:47:40	00:29:00
505	Rui Midões	fracos mas teimosos	M	568	124	00:47:42	00:28:22
372	Carlos Ferreira	autocoope	M	569	214	00:47:47	00:29:25
766	Carlos Goncalves	individual	M	570	215	00:47:48	00:28:32
315	Antonio Pereira	gd santander totta	M	571	175	00:47:49	00:29:14
1014	António Verdugo	acoreana seguros	M	572	216	00:47:49	00:29:46
1018	José Pavão	acoreana seguros	M	573	217	00:47:49	00:29:16
281	Carlos Fonseca	ca patameiras	M	574	176	00:47:50	00:30:09

D	Nome	Clube/Equipa	Sexo	Classificação		Tempo	
				Geral	Esc.	Ofic.	6Km
1200	Yves Weber	individual	M	575	177	00:47:50	00:29:40
1719	Francisco Calejo	individual	M	576	125	00:47:52	00:29:29
896	Bruno Pires	individual	M	577	126	00:47:53	00:28:55
1769	Rui Novais	individual	M	578	127	00:47:53	00:29:29
262	Carlos Manuel Vieira Manteu	individual	M	579	178	00:47:55	00:28:59
590	Mario Campos	clube millennium bcp	M	580	218	00:47:56	00:29:41
855	Rui Carneiro	individual	M	581	219	00:47:57	00:30:00
556	Fernando Pestana	clube ferroviário de portugal	M	582	220	00:47:58	00:28:59
550	Paulo Pereira	servicos sociais montepio geral	M	583	179	00:47:58	00:30:13
1715	Fernando Azevedo	individual	M	584	221	00:47:59	00:30:04
383	Filipe Leitão	individual	M	585	180	00:48:00	00:30:17
544	Antonio Franco	servicos sociais montepio geral	M	586	181	00:48:01	00:30:13
1370	Sérgio Nunes	individual	M	587	128	00:48:02	00:29:02
272	Susana Almeida	lesmas alopradas	F	588	15	00:48:03	00:30:03
1742	Pedro Goncalves	individual	M	589	222	00:48:03	00:30:04
464	Manuel Tiago	casa do pessoal da rtp	M	590	129	00:48:05	00:29:48
512	Leonel Simões	fracos mas teimosos	M	591	182	00:48:06	00:29:32
1178	Rui Miguel Melo	individual	M	592	183	00:48:07	00:29:23
540	Armando Parreira	equipa treino atlético e recreativo	M	593	184	00:48:10	00:30:05
769	Fernando Antunes	individual	M	594	130	00:48:11	00:30:05
1052	Jose Rodrigues	tres amigos	M	595	185	00:48:12	00:29:49
365	José Magalhães	individual	M	596	186	00:48:13	00:29:11
1550	Manuel Sequeira	aa lebres do sado	M	597	223	00:48:14	00:29:40
1063	Adolfo Salazar	clube edp	M	598	224	00:48:15	00:30:49
1076	Carlos Pereira	a sacavenense	M	599	225	00:48:17	00:29:37
926	Domingos Barreiros	individual	M	600	226	00:48:17	00:29:00
750	José Braga	grupo são bernardo	M	601	227	00:48:19	00:29:37
1636	Concha Guerra	individual	F	602	23	00:48:19	00:29:24
1706	Nuno Pires	individual	M	603	22	00:48:19	00:30:02
1159	Francisco Serras	individual	M	604	131	00:48:23	00:29:36
598	Fachadas Fernando Carvalho	grupo desportivo banco bpi	M	605	228	00:48:27	00:30:14
927	Joao Borges	individual	M	606	187	00:48:30	00:29:30
557	Martins Barata	clube ferroviário de portugal	M	607	229	00:48:31	00:29:50
701	Jose Correia	ccd efacec - lisboa	M	608	132	00:48:31	00:30:20
1698	Luis Antunes	individual	M	609	230	00:48:34	00:29:04
1634	Andre Riscado	individual	M	610	188	00:48:38	00:29:33
1239	Jorge Ferreira	plumas	M	611	231	00:48:43	00:30:10
822	Francisco Patinha	clube recreativo cultural e desportivo de leião	M	612	232	00:48:43	00:29:52
1355	Henrique Sousa	c s s pinhal frades	M	613	189	00:48:43	00:29:52
1699	Albano Manuel Silva	individual	M	614	233	00:48:45	00:29:34
1682	Jorge Bento	individual	M	615	133	00:48:50	00:29:18

D	Nome	Clube/Equipa	Sexo	Classificação		Tempo	
				Geral	Esc.	Ofic.	6Km
482	Agostinho Torres	Agostinho Torres	M	616	234	00:48:53	00:29:13
1273	Vitor Barata	servicos socias cg depositos seccao atletismo	M	617	235	00:48:53	00:29:18
1222	Luis Batista	sport lisboa e campolide	M	618	134	00:48:53	00:28:58
30	José Raimundo	maratona cp	M	619	135	00:48:54	00:29:36
1689	Victor Revés	Revés	M	620	236	00:48:54	00:29:46
1469	Ricardo Almeida	individual	M	621	136	00:48:55	00:29:37
860	Edgar Seia	clube desportivo asas do milénium o praticante	M	622	137	00:48:55	00:30:43
1236	Antonio Moura	plumas	M	623	237	00:48:56	00:29:25
606	Santos Vasco António	grupo desportivo banco bpi	M	624	238	00:48:56	00:29:57
1404	Antonio Zilhao	individual	M	625	138	00:48:57	00:30:20
829	Manuel Horta	grupo dos amigos do atletismo de vila franca de xira	M	626	239	00:48:57	00:29:59
1707	Jeremias Silva Ribeiro	individual	M	627	240	00:48:58	00:30:49
1192	Henrique Cabaceira	individual	M	628	241	00:48:59	00:29:51
934	Carlos Oliveira	gdct unicare	M	629	242	00:49:03	00:30:28
392	Jose Dias	autocoope	M	630	243	00:49:06	00:30:09
1733	Antonio Carvalho	individual	M	631	244	00:49:09	00:28:25
1552	Rogério Costa	aa lebres do sado	M	632	245	00:49:10	00:29:46
1459	João Pedro Lima	individual	M	633	139	00:49:13	00:30:08
394	Antonio Valente	individual	M	634	246	00:49:13	00:30:35
562	Serafim Alves	clube ferroviário de portugal	M	635	247	00:49:13	00:29:50
678	Antonio Cardoso	Cardoso	M	636	140	00:49:13	00:29:49
537	Fernanda Costa	amigos atletismo de mafra	F	637	16	00:49:14	00:29:54
105	Nuno Oliveira	individual	M	638	141	00:49:16	00:31:16
1004	Idalina Madeira	acoreana seguros	F	639	17	00:49:18	00:29:56
1738	Eduardo Santos	individual	M	640	248	00:49:18	00:30:06
1260	Carlos Moreira	ccdt metropolitano de lisboa	M	641	249	00:49:20	00:30:44
938	Joao Tiago	individual	M	642	142	00:49:20	00:30:42
1262	Francisco Plinio	ccdt metropolitano de lisboa	M	643	250	00:49:21	00:30:44
364	Rui Silva	individual	M	644	251	00:49:24	00:30:19
265	Manuel Pinto	c r p campolide	M	645	252	00:49:24	00:30:03
932	Eduardo Ribeiro	gdct unicare	M	646	190	00:49:26	00:30:48
187	Heitor Gomes	georunners	M	647	191	00:49:28	00:30:50
937	Gentil Pereira	individual	M	648	143	00:49:29	00:30:42
935	Joao Ferreira	individual	M	649	253	00:49:32	00:30:42
1551	Manuel Pedro	aa lebres do sado	M	650	254	00:49:32	00:31:14
905	Luis Azevedo	individual	M	651	192	00:49:33	00:30:24
1546	Joaquim Pereira	aa lebres do sado	M	652	255	00:49:33	00:30:16
685	Pedro Sa	individual	M	653	193	00:49:33	00:31:30
889	Alves Luis	pastilhas	M	654	194	00:49:35	00:31:24
756	António Chaves Costa	individual	M	655	195	00:49:36	00:31:30
1405	Goncalo Uva	individual	M	656	144	00:49:37	00:31:30

D	Nome	Clube/Equipa	Sexo	Classificação		Tempo	
				Geral	Esc.	Ofic.	6Km
798	Luis Almeida	grupo unidos e progresso de gralhas	M	657	145	00:49:37	00:30:26
1160	Jose Quaresma	individual	M	658	146	00:49:38	00:30:26
552	Victor Jorge	servicos sociais montepio geral	M	659	256	00:49:39	00:30:34
271	Luisa Santo	lesmas alopradas	F	660	18	00:49:39	00:30:17
1679	José Sousa	sfuap	M	661	257	00:49:39	00:30:48
936	Manuel Hortelao	individual	M	662	196	00:49:40	00:30:42
1641	José Catita	individual	M	663	258	00:49:42	00:31:11
436	Luis Oliveira	multiteam	M	664	197	00:49:44	00:32:25
192	Rui Orlando Alves Da Rosa	individual	M	665	259	00:49:45	00:30:49
903	Jorge Botelho	individual	M	666	198	00:49:46	00:30:31
1246	Frederico Antunes	individual	M	667	147	00:49:47	00:30:42
578	Joao Cunha	clube millennium bcp	M	668	260	00:49:47	00:31:05
640	Isabel Reis	gd macedo oculista	F	669	19	00:49:48	00:30:26
890	Jorge Andrade	amigos da machada	M	670	148	00:49:51	00:31:16
894	Pedro Saiote	amigos da machada	M	671	149	00:49:52	00:31:16
136	João Henrique Rocha Lopes	individual	M	672	199	00:49:53	00:29:45
1576	Lilia Santos	sporting c reboleira damaia	F	673	20	00:49:56	00:30:38
1758	Jorge Manuel Sebastiao	individual	M	674	150	00:49:56	00:30:57
758	Antonio Jose Cid	individual	M	675	200	00:49:59	00:30:03
782	Vitor Goncalves	individual	M	676	201	00:50:00	00:29:27
1646	Mário Bairrada	individual	M	677	261	00:50:00	00:30:17
939	Clara Marques	g-d-c- banco- de- portugal	F	678	21	00:50:01	00:31:14
1209	Jorge Duque	mirantense fc	M	679	202	00:50:01	00:30:50
490	Lina Valente Lina Valente	cr leões porto salvo	F	680	22	00:50:04	00:30:00
1743	Estela Goncalves	individual	F	681	24	00:50:04	00:30:16
1749	Urbano Salgueiro	individual	M	682	151	00:50:05	00:30:15
1747	Frederico Costa Araujo	individual	M	683	152	00:50:08	00:29:00
817	Artur Cunha	acoreana seguros	M	684	23	00:50:09	00:30:03
815	André Cunha	acoreana seguros	M	685	203	00:50:09	00:30:02
134	Tiago Rodrigues	individual	M	686	153	00:50:10	00:31:58
726	Carlos Marques	grupo desportivo unidos caxienses	M	687	262	00:50:13	00:31:29
706	Paulo Santos	ccd efacec - lisboa	M	688	204	00:50:14	00:30:21
221	Carlos Costa	individual	M	689	205	00:50:15	00:30:42
789	Manuel Balata	os caracóis de santa iria	M	690	263	00:50:16	00:30:50
191	Luís Carvalho	georunners	M	691	154	00:50:16	00:30:47
109	Alvaro Marques	individual	M	692	264	00:50:18	00:30:10
1275	Carlos Albano	servicos socias cg depositos seccao atletismo	M	693	206	00:50:19	00:30:38
1010	Tania Machado	acoreana seguros	F	694	25	00:50:19	00:30:56
1657	Pedro Monteiro	cld seguranca social lisbo	M	695	155	00:50:19	00:30:39
1019	José Rebelo	acoreana seguros	M	696	265	00:50:20	00:29:54
744	Américo Lopes	grupo são bernardo	M	697	207	00:50:21	00:30:39

D	Nome	Clube/Equipa	Sexo	Classificação			Tempo	
				Geral	Esc.	Ofic.	6Km	
480	José Pereira José Pereira	cr leões porto salvo	M	698	266	00:50:21	00:31:00	
1075	Antonio Pereira	a sacavenense	M	699	267	00:50:23	00:30:37	
728	Maria Novais	grupo desportivo unidos caxienses	F	700	23	00:50:24	00:31:11	
730	Jose Alagador	grupo desportivo unidos caxienses	M	701	268	00:50:24	00:31:10	
1696	Emanuel Coelho	individual	M	702	208	00:50:25	00:31:58	
656	Luis Vicente	individual	M	703	269	00:50:25	00:31:07	
1721	Avelino Vestias	individual	M	704	270	00:50:26	00:30:49	
545	Jaime Gomes	servicos sociais montepio geral	M	705	271	00:50:27	00:30:34	
629	Antonio Costa	gd macedo oculista	M	706	272	00:50:28	00:30:40	
788	Lina Mendes	os caracóis de santa iria	F	707	24	00:50:28	00:31:23	
1009	Susy Calé	acoreana seguros	F	708	25	00:50:30	00:31:11	
1718	Vitor Manuel Aguilar	individual	M	709	273	00:50:30	00:31:11	
1727	Jose Luis Lopes	carface	M	710	274	00:50:32	00:31:05	
1539	Jose Carlos Cardoso	gdoa	M	711	209	00:50:33	00:30:56	
1703	Francisco Pascoa	individual	M	712	275	00:50:33	00:31:54	
485	Paulo Fernandes	cr leões porto salvo	M	713	210	00:50:33	00:30:23	
916	Pedro Garcia	individual	M	714	211	00:50:38	00:30:29	
120	Manuel Duarte	individual	M	715	276	00:50:39	00:31:10	
141	Paulo Ramos	individual	M	716	212	00:50:40	00:30:37	
1751	Fernando Silva Mota	individual	M	717	213	00:50:42	00:31:57	
248	Paula Afonso	individual	F	718	26	00:50:42	00:31:15	
413	João Carlos Mendes	clube recreativo santomen empreiteiros	M	719	156	00:50:45	00:31:08	
1320	José Manuel Malés	individual	M	720	277	00:50:47	00:31:22	
547	Luis Reis	servicos sociais montepio geral	M	721	278	00:50:50	00:31:15	
543	Fernando Palma	servicos sociais montepio geral	M	722	157	00:50:50	00:31:11	
101	Manuel Arons Carvalho	individual	M	723	279	00:50:53	00:31:17	
1030	Vasco Mexia	individual	M	724	158	00:50:54	00:31:36	
138	Rui Miguel Claudio Antunes	individual	M	725	159	00:50:55	00:30:59	
137	Mario Antonio Proenca Dias	individual	M	726	280	00:50:55	00:30:59	
1702	Paulo Quaresma	individual	M	727	160	00:50:55	00:31:53	
406	João Guilherme Rosa	individual	M	728	161	00:50:56	00:31:40	
677	Luis Gomes	os caracóis de santa iria	M	729	281	00:50:59	00:31:23	
532	Manuel Gomes	clube anacom	M	730	214	00:51:01	00:31:14	
201	Hugo Dionísio	individual	M	731	162	00:51:01	00:31:42	
1211	Jorge Simoes	mirantense fc	M	732	215	00:51:04	00:30:12	
639	Isabel Oleiro	gd macedo oculista	F	733	26	00:51:04	00:31:08	
868	Fernando Pereira	clube desportivo asas do milénium o praticante	M	734	216	00:51:07	00:31:36	
1206	Duarte Lino	individual	M	735	163	00:51:15	00:31:44	
336	Antonio Cruz	gd santander totta	M	736	282	00:51:15	00:31:32	
1226	Orlando Correia	sport lisboa e campolide	M	737	217	00:51:16	00:24:23	
833	Goncalo Esteves	individual	M	738	164	00:51:17	00:31:19	

D	Nome	Clube/Equipa	Sexo	Classificação			Tempo	
				Geral	Esc.	Ofic.	6Km	
121	José Piedade	individual	M	739	283	00:51:20	00:31:24	
1357	Jorge Pereira	individual	M	740	218	00:51:22	00:31:44	
832	Carlos Manuel Rosa Da Silva	individual	M	741	165	00:51:22	00:31:09	
1349	Álvaro Costa	individual	M	742	284	00:51:23	00:31:41	
843	Pedro Miguel Cardoso	individual	M	743	166	00:51:23	00:31:09	
1013	António Carvalho	acoreana seguros	M	744	285	00:51:25	00:31:09	
1547	Filinto Grosso	aa lebres do sado	M	745	286	00:51:26	00:31:15	
615	Humberto Ferreira	clube millennium bcp	M	746	287	00:51:27	00:31:50	
610	Joaquim Araujo	clube millennium bcp	M	747	219	00:51:27	00:31:38	
21	Pedro Pinha	acoreana seguros	M	748	220	00:51:29	00:32:03	
1282	Luis Botto	servicos socias cg depositos seccao atletismo	M	749	288	00:51:31	00:31:46	
876	António Marques	clube desportivo asas do milénium o praticante	M	750	289	00:51:34	00:32:25	
119	José Reis	individual	M	751	290	00:51:35	00:32:04	
1118	Pedro Matias	individual	M	752	291	00:51:37	00:30:58	
440	Cecilia Nicolau	multiteam	F	753	27	00:51:37	00:32:41	
261	Maria Do Carmo Marques De Barros	individual	F	754	28	00:51:38	00:31:55	
891	Antonio Coelho	amigos da machada	M	755	292	00:51:43	00:31:33	
895	Tiago Brito	amigos da machada	M	756	167	00:51:44	00:32:16	
410	Manuel Souto	correr com brio	M	757	293	00:51:49	00:31:21	
181	Antonio Barata	grupo desportivo grupo bes	M	758	168	00:51:49	00:31:19	
317	Jose Bugalho	gd santander totta	M	759	294	00:51:50	00:32:03	
1482	Domingos Costa	suc	M	760	295	00:51:51	00:31:40	
196	Mário José Borges Lameirão	a.d. real academia	M	761	296	00:51:57	00:31:31	
339	Henrique Marcal	gd santander totta	M	762	297	00:51:57	00:32:03	
438	João Cunha	multiteam	M	763	221	00:52:01	00:32:25	
382	Miguel Angelo	individual	M	764	222	00:52:01	00:31:31	
888	Jorge Esteves	pastilhas	M	765	223	00:52:02	00:31:59	
1734	Maria Reis Teresa	individual	F	766	29	00:52:04	00:32:13	
699	Fernando Magalhães	ccd efacec - lisboa	M	767	298	00:52:07	00:32:08	
437	Miguel Castela	multiteam	M	768	224	00:52:11	00:32:31	
856	César Mesquita	individual	M	769	299	00:52:15	00:32:21	
577	Paulo Mateus	clube millennium bcp	M	770	225	00:52:15	00:32:21	
921	Manuel Alemão	individual	M	771	300	00:52:16	00:32:21	
486	António Mesquita	cr leões porto salvo	M	772	226	00:52:17	00:31:24	
584	Josémanuel Andrade	gdoa	M	773	227	00:52:17	00:31:48	
409	Cristina Isabel Teixeira Gavinho	individual	F	774	27	00:52:19	00:31:55	
844	Ricardo Helena	individual	M	775	169	00:52:21	00:31:48	
1685	Tiago Gomes Da Luz	individual	M	776	170	00:52:21	00:31:18	
246	Eduardo Proenca	individual	M	777	228	00:52:23	00:31:38	
151	Vitória Barbara Conceicao Folgado Monteiro	valejas atlético clube	F	778	30	00:52:24	00:31:44	
1216	Nuno Nunes	mirantense fc	M	779	171	00:52:25	00:32:52	

D	Nome	Clube/Equipa	Sexo	Classificação		Tempo	
				Geral	Esc.	Ofic.	6Km
768	Célia Azenha	individual	F	780	31	00:52:25	00:32:05
871	José Ferrabelo	clube desportivo asas do milénium o praticante	M	781	301	00:52:29	00:31:55
821	Isabel Silva	clube recreativo cultural e desportivo de leião	F	782	32	00:52:30	00:31:37
1770	Sonia Citixeirinho	individual	F	783	33	00:52:32	00:31:58
838	José Emilio Lindo Lindo	individual	M	784	302	00:52:35	00:30:09
1015	João Martins	acoreana seguros	M	785	229	00:52:35	00:32:11
218	Eberhard Axel Wilhelm	individual	M	786	303	00:52:36	00:32:44
1060	Rui Xavier	clube edp	M	787	230	00:52:37	00:32:02
1772	Antonio Eduardo Monteiro	individual	M	788	231	00:52:41	00:33:32
504	João Pinheiro	fracos mas teimosos	M	789	232	00:52:42	00:31:58
433	Paulo Rebelo	runfourfun	M	790	233	00:52:42	00:32:27
985	Jorge Ferreira	mirantense fc	M	791	234	00:52:45	00:32:51
1062	Carlos Oliveira	clube edp	M	792	235	00:52:47	00:33:32
316	Fernando Moreira	gd santander totta	M	793	304	00:52:48	00:33:32
217	Fernanda Moura	individual	F	794	34	00:52:53	00:32:19
400	Carlos Alberto Jesus Dias	individual	M	795	305	00:52:54	00:32:22
1728	Renato Alves	individual	M	796	172	00:52:55	00:31:09
1659	Paulo Amorim	acoreana seguros	M	797	236	00:52:56	00:32:43
256	Joao Sousa	individual	M	798	237	00:52:56	00:34:09
819	Margarida Soares	clube recreativo cultural e desportivo de leião	F	799	35	00:52:59	00:32:07
671	Maria Pedro Pedro	camara lisboa clube	F	800	36	00:53:00	00:32:26
1774	Jorge Manuel Matias	individual	M	801	306	00:53:00	00:32:25
202	Jose Manuel Cal	individual	M	802	307	00:53:00	00:32:53
638	Inacio Goncalves	gd macedo oculista	M	803	308	00:53:02	00:32:49
213	Joaquim Pires	individual	M	804	238	00:53:07	00:33:30
1686	Tiago Simão Ribeiro Ribeiro	individual	M	805	239	00:53:07	00:33:30
152	Carlos Porfírio	individual	M	806	309	00:53:07	00:33:30
441	Filipe Lopes	dgmfa - alverca	M	807	173	00:53:08	00:32:27
443	Clárisse Nogueira	dgmfa - alverca	F	808	28	00:53:09	00:32:27
612	Oscar Marques	clube millennium bcp	M	809	310	00:53:12	00:32:34
559	Pedro Estevens	clube ferroviário de portugal	M	810	311	00:53:14	00:33:31
565	António Borges	clube ferroviário de portugal	M	811	312	00:53:14	00:33:32
176	Jorge Coelho	valejas atlÉtico clube	M	812	240	00:53:15	00:32:18
312	Fernando Goncalves	gdct unicre	M	813	241	00:53:15	00:33:00
314	Pedro Ferreira	gdct unicre	M	814	242	00:53:15	00:32:49
1467	Paulo Lapao	individual	M	815	243	00:53:16	00:33:08
858	Teresa Couto	clube desportivo asas do milénium o praticante	F	816	29	00:53:17	00:32:08
729	Isabel Lino	grupo desportivo unidos caxienses	F	817	37	00:53:17	00:32:36
1322	José Manuel Ribeiro Goncalves	individual	M	818	313	00:53:22	00:34:03
611	Leonel Ferreirinha	clube millennium bcp	M	819	314	00:53:22	00:33:01
681	Mário Pires	individual	M	820	315	00:53:24	00:33:24

D	Nome	Clube/Equipa	Sexo	Classificação		Tempo	
				Geral	Esc.	Ofic.	6Km
652	Rosinda Goncalves	gd macedo oculista	F	821	38	00:53:25	00:32:48
627	Antonia Oleiro	gd macedo oculista	F	822	39	00:53:26	00:32:49
879	Helena Cunha	clube desportivo asas do milénium o praticante	F	823	40	00:53:27	00:32:50
1533	Henrique Vilhena	sm ordem progresso	M	824	316	00:53:33	00:33:08
110	Lídia Costa	individual	F	825	41	00:53:35	00:33:37
439	Victor Mourão	multiteam	M	826	244	00:53:38	00:32:50
1532	Helio Godinho	sm ordem progresso	M	827	317	00:53:40	00:33:08
984	Luis Graca	mirantense fc	M	828	245	00:53:42	00:32:52
1055	João Vaz	individual	M	829	246	00:53:43	00:32:43
910	Miguel Coimbra	individual	M	830	174	00:53:44	00:31:32
1126	Hamilton Dias	individual	M	831	175	00:53:47	00:32:11
1136	Fábio Dias	individual	M	832	247	00:53:47	00:32:11
1735	Manuel Ferreira	individual	M	833	318	00:53:49	00:34:35
1279	Paulo Bailao	servicos socias cg depositos seccao atletismo	M	834	248	00:53:49	00:33:05
595	Mestre José Santos	grupo desportivo banco bpi	M	835	319	00:53:50	00:33:00
210	Fernando Matias	individual	M	836	249	00:53:57	00:32:36
1440	Carlos Varela	individual	M	837	250	00:54:00	00:33:23
224	Francisco Pinha	individual	M	838	320	00:54:04	00:33:35
1658	Manuel Ramos	cld seguranca social lisbo	M	839	321	00:54:05	00:34:15
1245	Mário Gomes	individual	M	840	176	00:54:07	00:32:46
599	Cruz Renato Marques	grupo desportivo banco bpi	M	841	251	00:54:16	00:33:29
260	Nuno Reis Peres Ventura	individual	M	842	177	00:54:16	00:33:25
1535	Carlos Amorim	sm ordem progresso	M	843	178	00:54:16	00:33:09
1531	Jorge Narciso	sm ordem progresso	M	844	322	00:54:17	00:33:09
331	Antonio Castro	gd santander totta	M	845	252	00:54:18	00:33:17
509	Pedro Neves	fracos mas teimosos	M	846	323	00:54:18	00:33:00
1632	Carlos Squeira	quiosque mirante	M	847	324	00:54:19	00:34:36
1732	Rui Chaves	individual	M	848	253	00:54:19	00:34:36
378	Jorge Nunes	individual	M	849	179	00:54:20	00:33:30
1709	Jorge Sobral	individual	M	850	325	00:54:25	00:34:35
1451	Nuno Fernandes	casa da dizima	M	851	326	00:54:26	00:33:28
435	Fernando Inácio	individual	M	852	180	00:54:26	00:34:58
1240	Antonio Safara	plumas	M	853	327	00:54:27	00:33:42
1238	Jose Safara	plumas	M	854	328	00:54:27	00:33:42
621	Lurdes Costa	individual	F	855	42	00:54:30	00:33:58
1473	Tereza Knapic	individual	F	856	43	00:54:32	00:33:00
122	João Vaz	individual	M	857	254	00:54:32	00:33:14
1442	Carlos Afonso	individual	M	858	329	00:54:32	00:33:00
124	Pedro Reis	individual	M	859	181	00:54:32	00:33:15
1582	Joao Matos	sporting c reboleira damaia	M	860	330	00:54:35	00:33:40
174	Ilidio Morais Reis Torgal	valejas atlético clube	M	861	331	00:54:35	00:33:39

D	Nome	Clube/Equipa	Sexo	Classificação		Tempo	
				Geral	Esc.	Ofic.	6Km
883	Jorge Bicho	individual	M	862	332	00:54:35	00:33:40
172	Carlos Alberto Costa Crespo	valejas atlético clube	M	863	333	00:54:35	00:33:40
1574	Rui Nunes	sporting c reboleira damaia	M	864	334	00:54:36	00:33:28
1385	Marina Baptista	individual	F	865	44	00:54:37	00:32:42
1201	Antonio Carvalho	individual	M	866	182	00:54:37	00:33:34
1242	Luis Antonio Rijo	individual	M	867	335	00:54:37	00:32:42
752	Lourenco Lobo	grupo são bernardo	M	868	255	00:54:38	00:32:59
553	Rui Dias	servicos sociais montepio geral	M	869	256	00:54:39	00:33:38
508	Carlos Alberto	fracos mas teimosos	M	870	336	00:54:42	00:33:29
1676	Eduardo Pinheiro	individual	M	871	257	00:54:44	00:33:49
1241	Luis Afonso	plumas	M	872	258	00:54:46	00:33:47
1207	Luísa Ramos	individual	F	873	30	00:54:52	00:33:46
592	Pedro Miguel Dias	gdoa	M	874	183	00:54:55	00:32:45
1736	Manuel Goncalves	individual	M	875	337	00:54:58	00:33:48
1748	Jose Pedro Oliveira	individual	M	876	184	00:55:13	00:33:28
1584	António Casanova	individual	M	877	338	00:55:14	00:35:12
558	Miguel Barata	clube ferroviário de portugal	M	878	185	00:55:18	00:33:54
133	Daniel Fernandes	individual	M	879	186	00:55:22	00:34:14
624	Nuno Rodrigues	individual	M	880	339	00:55:25	00:34:13
526	Alzira Pereira	eiragym	F	881	45	00:55:26	00:33:50
667	Eugénia Do Vale	gdsdomingos	F	882	46	00:55:27	00:34:00
263	Luis Costa	individual	M	883	340	00:55:28	00:33:18
188	José Simões	georunners	M	884	341	00:55:31	00:33:49
704	Manuel Gomes	ccd efacec - lisboa	M	885	342	00:55:36	00:34:13
697	Adelino Castro	ccd efacec - lisboa	M	886	343	00:55:36	00:34:23
1640	José Ramos	individual	M	887	187	00:55:38	00:34:21
609	Ludgero Rodrigues	clube millennium bcp	M	888	344	00:55:40	00:33:38
771	José Caldeirinha	individual	M	889	188	00:55:41	00:33:30
1421	José Raimundo	aguas unidas	M	890	345	00:55:42	00:33:40
198	Vitor Belarmino Gois Da Costa	individual	M	891	259	00:55:48	00:34:31
1422	Antonio Relvas	aguas unidas	M	892	346	00:55:49	00:33:40
1449	Emílio Piller	individual	M	893	347	00:55:50	00:34:47
570	Jorge Durães	os zatopeques	M	894	260	00:55:50	00:34:48
1255	Joaquim Fragoso	ccd casa pia	M	895	348	00:55:52	00:34:09
873	Isac Dinis	clube desportivo asas do milénium o praticante	M	896	349	00:55:52	00:33:07
976	Hugo Salvador	atletico c porto salvo	M	897	189	00:55:55	00:34:09
1256	Nelson Fragoso	ccd casa pia	M	898	190	00:55:56	00:34:09
911	Nuno Castanheira	individual	M	899	350	00:55:58	00:33:49
1412	Jacinto Godinho	individual	M	900	261	00:55:58	00:33:50
1395	Jose Gomes	osis	M	901	351	00:56:03	00:33:59
600	Godinho Paulo Jorge	grupo desportivo banco bpi	M	902	262	00:56:03	00:32:45

D	Nome	Clube/Equipa	Sexo	Classificação		Tempo	
				Geral	Esc.	Ofic.	6Km
45	Luis Pereira	acoreana seguros	M	903	191	00:56:03	00:35:04
607	Sobral Sousa	clube millennium bcp	M	904	352	00:56:04	00:34:45
135	Andreia Filipa Pereira	individual	F	905	31	00:56:07	00:34:19
131	Nuno Santiago	individual	M	906	192	00:56:07	00:34:18
1637	Duarte Nuno Carvalho	individual	M	907	353	00:56:09	00:32:04
1258	Alipio Oliveira	ccdt metropolitano de lisboa	M	908	354	00:56:10	00:34:41
1270	Orlando Sousa	ccdt metropolitano de lisboa	M	909	355	00:56:11	00:34:40
1259	Antonio Eduardo	ccdt metropolitano de lisboa	M	910	356	00:56:11	00:34:40
1771	Pedro Goncalves	individual	M	911	24	00:56:11	00:35:15
55	Lurdes Pereira	clube acoreana seguros-porto	F	912	32	00:56:11	00:35:08
1272	Rafael Santos	ccdt metropolitano de lisboa	M	913	263	00:56:13	00:34:41
1266	Jose Pires	ccdt metropolitano de lisboa	M	914	357	00:56:14	00:34:44
1704	Humberto Barata Lopes	individual	M	915	358	00:56:16	00:34:34
1712	Manuel Mendes	individual	M	916	359	00:56:17	00:34:15
620	Andreia Franco	individual	F	917	33	00:56:17	00:34:15
1257	Manuel Tavares	ccd casa pia	M	918	360	00:56:19	00:34:10
907	Mauro Azevedo	individual	M	919	25	00:56:21	00:32:32
342	Jose Batista	gd santander totta	M	920	361	00:56:21	00:33:38
193	Sandra Sofia Santos Martins	individual	F	921	34	00:56:34	00:34:36
140	João Paulo Santos Lima	individual	M	922	362	00:56:34	00:34:36
601	Sanches António Manuel	grupo desportivo banco bpi	M	923	363	00:56:46	00:35:47
1113	Ricardo Zenida	acrm	M	924	193	00:56:50	00:33:50
1054	Francisco Mouchinho	tres amigos	M	925	364	00:56:51	00:35:08
619	Jose Henriques	individual	M	926	365	00:56:57	00:35:20
618	Joao Monteiro	individual	M	927	366	00:56:57	00:35:20
779	Rui Nunes	individual	M	928	194	00:57:03	00:32:49
668	Carla Miranda	gdsdomingos	F	929	35	00:57:09	00:35:08
396	João Miguel Venancio	individual	M	930	264	00:57:10	00:34:52
743	Jose Fernandes	grupo desportivo unidos caxienses	M	931	367	00:57:15	00:34:33
403	Ricardo Fachada	individual	M	932	195	00:57:15	00:34:05
375	Mario Vaz	autocoope	M	933	196	00:57:16	00:34:47
539	Saúl Rafael	multiteam	M	934	265	00:57:29	00:35:00
917	José Henriques Tavares	individual	M	935	368	00:57:31	00:35:47
774	Luis Goncalves	eiragym	M	936	197	00:57:34	00:35:16
525	Carla Marques	eiragym	F	937	36	00:57:34	00:35:16
1189	Miguel Vieira Da Silva	acoreana seguros	M	938	369	00:57:37	00:34:56
1744	Armando Rodrigues	individual	M	939	198	00:57:37	00:35:24
581	Leonel Brandao	clube millennium bcp	M	940	266	00:57:39	00:32:59
1321	Bruno Malés	individual	M	941	199	00:57:40	00:33:57
335	Joao Samora	gd santander totta	M	942	370	00:57:41	00:34:33
602	Roda Carlos António	grupo desportivo banco bpi	M	943	371	00:57:45	00:35:43

D	Nome	Clube/Equipa	Sexo	Classificação		Tempo	
				Geral	Esc.	Ofic.	6Km
1249	Paulo Esperanca	adla	M	944	200	00:57:46	00:34:17
1029	Pedro Nuno Neves Pinto	individual	M	945	372	00:57:51	00:34:33
208	Beatriz Lourenco	individual	F	946	47	00:57:52	00:35:02
1541	Nuno Montenegro	individual	M	947	267	00:57:52	00:35:57
1011	Álvaro Santos	acoreana seguros	M	948	373	00:57:53	00:36:09
1053	Braga Fernandes	tres amigos	M	949	268	00:57:53	00:36:20
549	Mario Gouveia	servicos sociais montepio geral	M	950	374	00:57:55	00:35:45
1680	Joaquim Almeida	sfuap	M	951	375	00:58:09	00:34:32
1264	Joao Constancio	ccdt metropolitano de lisboa	M	952	376	00:58:10	00:35:57
1244	Luis Caetano	individual	M	953	269	00:58:16	00:34:50
1653	Carlos Pereira	acapo	M	954	201	00:58:30	00:35:55
1750	Rafael Pereira	individual	M	955	26	00:58:32	00:35:09
223	Daniel Sousa	individual	M	956	27	00:58:33	00:34:11
207	António Conde Pereira	individual	M	957	377	00:58:39	00:36:38
1655	Luis Gois	cld seguranca social lisbo	M	958	378	00:58:40	00:36:58
1064	Domingos Santos	amigos atletismo da pontinha	M	959	379	00:58:43	00:36:32
448	Mário Martins Martins	sotécnica	M	960	270	00:58:46	00:34:13
447	Victor Mendes Mendes	sotécnica	M	961	380	00:58:48	00:34:13
1471	Sónia Pires	individual	F	962	37	00:58:50	00:36:51
1465	Maria Lurdes Silva	individual	F	963	38	00:58:50	00:36:51
1114	Nuno Oliveira	acrm	M	964	202	00:58:54	00:35:51
548	Manuel Santos	servicos sociais montepio geral	M	965	203	00:58:55	00:36:53
551	Rita Goncalves	servicos sociais montepio geral	F	966	39	00:58:55	00:36:53
1261	Fernando Fernandes	ccdt metropolitano de lisboa	M	967	381	00:59:01	00:35:58
1675	Anto Nio Estrela	individual	M	968	271	00:59:01	00:27:28
1267	Desclassificado	ccdt metropolitano de lisboa	M	969	382	00:59:02	
1263	Francisco Goncalves	ccdt metropolitano de lisboa	M	970	272	00:59:02	00:37:21
1091	Mário Rodrigues	gatos fedorentos	M	971	383	00:59:05	00:35:29
1773	Leonardo Monteiro	individual	M	972	27	00:59:09	00:33:32
1425	Nelson Rego	individual	M	973	204	00:59:11	00:36:49
713	Alan Brandi	aroma da terra	M	974	384	00:59:15	00:37:20
180	Alexandre Neves	grupo desportivo grupo bes	M	975	273	00:59:21	00:35:08
1038	Sergio Ribeiro Silva Silva	individual	M	976	385	00:59:23	00:36:01
1602	Marisa Margarido	individual	F	977	40	00:59:23	00:36:02
1001	Jose Emanuel Simoes Simoes	individual	M	978	274	00:59:24	00:36:01
1397	Gabriela Hanzi	adla	F	979	48	00:59:25	00:36:20
603	Roda Maria Carolina	grupo desportivo banco bpi	F	980	49	00:59:30	00:35:58
1434	Agnes Pasztor	individual	F	981	50	00:59:36	00:36:00
1144	Diogo Lino	individual	M	982	205	00:59:38	00:36:09
997	Antonio Mamede	csp camara municipal de peniche	M	983	275	00:59:48	00:33:30
542	Antonio Parreira	servicos sociais montepio geral	M	984	386	01:00:11	00:36:44

D	Nome	Clube/Equipa	Sexo	Classificação		Tempo	
				Geral	Esc.	Ofic.	6Km
1536	Silvia Morais	sm ordem progresso	F	985	41	01:00:14	00:37:13
1677	João Simões	clube ogma	M	986	276	01:00:20	00:36:33
1678	José Inacio Oliveira	clube ogma	M	987	277	01:00:24	00:36:33
787	Antonio Mendes	os caracÓis de santa iria	M	988	206	01:00:25	00:36:56
1450	Francisco Fernandes	casa da dizima	M	989	387	01:00:26	00:36:38
1452	Fernando Castro	casa da dizima	M	990	388	01:00:27	00:36:39
986	José Neves	individual	M	991	278	01:00:30	00:36:54
999	Mónica Fonseca	individual	F	992	42	01:00:30	00:36:54
1583	João Eduardo Carvalho	individual	M	993	389	01:00:33	00:36:57
125	Alexandre Freitas	individual	M	994	279	01:00:35	00:37:26
1650	Francisco Cunha	acapo	M	995	280	01:00:39	00:36:53
712	Ricardo Santos	aroma da terra	M	996	390	01:00:40	00:37:20
613	Fernando Lemos	clube millennium bcp	M	997	391	01:00:50	00:36:45
507	Carlos Feio	fracos mas teimosos	M	998	281	01:00:52	00:36:05
204	Francisco Pulido Valente	individual	M	999	392	01:00:54	00:37:17
429	José Carlos Jorge	c a os pesados	M	1000	393	01:00:59	00:38:03
359	Desclassificado	individual	M	1001	282	01:01:01	
698	Antonio Lopes	ccd efacec - lisboa	M	1002	394	01:01:01	00:36:48
705	Miguel Sousa	ccd efacec - lisboa	M	1003	207	01:01:01	00:36:48
571	Jaime Paixao	individual	M	1004	395	01:01:03	00:36:58
346	Luis Silva	gd santander totta	M	1005	396	01:01:05	00:36:38
1746	Manuela Anton	individual	F	1006	51	01:01:26	00:37:35
199	António Paulo Ramos Sietra Sietra	individual	M	1007	283	01:01:29	00:36:09
384	Antonio Vasconcelos	individual	M	1008	208	01:01:38	00:36:03
511	João Tojal	fracos mas teimosos	M	1009	284	01:01:48	00:36:05
1319	Ricardo Alberto	multiteam	M	1010	209	01:01:49	00:36:59
1358	Luciano Pires	multiteam	M	1011	210	01:01:49	00:36:59
734	Gloria Ramalho	grupo desportivo unidos caxienses	F	1012	43	01:01:49	00:37:35
1752	Vicente Pereira	individual	M	1013	397	01:02:22	00:38:34
1651	Antonio Nunes	acapo	M	1014	398	01:02:35	00:39:48
329	Fernando Marques	gd santander totta	M	1015	399	01:02:35	00:39:48
650	Paula Couto	gd macedo oculista	F	1016	52	01:02:53	00:38:07
631	Artur Dinis	gd macedo oculista	M	1017	400	01:02:53	00:38:07
597	Mestre Recaredo Paixão	grupo desportivo banco bpi	M	1018	401	01:03:14	00:37:21
1268	Jose Valente	ccdt metropolitano de lisboa	M	1019	402	01:03:20	00:38:21
1618	Cristina Mendes	individual	F	1020	53	01:03:20	00:38:51
1710	Maria Lurdes Bugalho	individual	F	1021	54	01:03:21	00:38:20
1204	Ana Carrico	individual	F	1022	44	01:03:59	00:39:01
1757	Carla Sofia Pereira	individual	F	1023	55	01:04:47	00:39:15
1090	Paulo Rodrigues	gatos fedorentos	M	1024	211	01:04:51	00:38:50
1603	José Braga	pés d atleta	M	1025	212	01:05:02	00:42:02

D	Nome	Clube/Equipa	Sexo	Classificação			Tempo	
				Geral	Esc.	Ofic.	6Km	
1737	Paulo Januario	individual	M	1026	285	01:05:11	00:38:49	
1605	Paulo Sousa	pés d atleta	M	1027	213	01:05:23	00:42:05	
708	Ricardo Marcal	ccd efacec - lisboa	M	1028	214	01:06:01	00:40:38	
446	Lina Cruz	afis - ovar	F	1029	56	01:06:20	00:40:39	
340	Maria Gertrudes	gd santander totta	F	1030	57	01:07:17	00:40:53	
1274	Joaquim Frade	servicos socias cg depositos seccao atletismo	M	1031	403	01:07:43	00:42:05	
1280	Andre Noronha	servicos socias cg depositos seccao atletismo	M	1032	286	01:07:43	00:42:04	
1276	Desclassificado	servicos socias cg depositos seccao atletismo	M	1033	215	01:07:46		
205	Luís Ferreira Barbosa	individual	M	1034	404	01:08:05	00:41:37	
1221	Rui Rodrigues	sport lisboa e campolide	M	1035	216	01:08:05	00:41:58	
1767	Francelino Fernandes	individual	M	1036	287	01:08:08	00:41:08	
586	Carlos Lopo	clube millennium bcp	M	1037	405	01:08:12	00:41:59	
1353	Glória Silva	clube ferroviário de portugal	F	1038	58	01:08:40	00:41:43	
1354	Margarida Rebelo	clube ferroviário de portugal	F	1039	59	01:08:40	00:41:43	
1368	Ricardo Carvalho	individual	M	1040	288	01:08:50	00:42:03	
178	Maria Teresa Reis Pacheco Pereira	valejas atlético clube	F	1041	60	01:09:39	00:43:36	
179	Noémia Maria Silva Sardinha Gamenho Coelho	valejas atlético clube	F	1042	61	01:09:39	00:43:36	
341	Antonio Rodrigues	gd santander totta	M	1043	406	01:09:50	00:42:11	
1092	Palmira Rodrigues	gatos fedorentos	F	1044	62	01:10:06	00:41:05	
1006	Maria Do Carmo Anjos	acoreana seguros	F	1045	63	01:10:44	00:43:38	
175	Isabel Maria Reis Pacheco Pereira Crespo	valejas atlético clube	F	1046	64	01:11:59	00:43:37	
1729	Vitor Duarte Tavares	individual	M	1047	407	01:15:58	00:45:06	