

IV GRANDE PREMIO MEM MARTINS

Patrocínio: AD REAL ACADEMIA

Apoio: JF ALGUEIRAO-MEM

Data: 20/02/2011

Classif.: Relatório Geral Masculino e Feminino

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
1	542	MIGUEL QUARESMA	27	M2039	1	M					GCA DONAS	00:31:34
2	324	BRUNO FRAGA	33	M2039	2	M					GDR REBOLEIRA	00:32:17
3	90	NUNO ROMAO	39	M2039	3	M					GDR REBOLEIRA	00:33:31
4	331	EUGENIO NETO	48	M4549	1	M					GDR REBOLEIRA	00:33:55
5	329	LUIS GINJA	37	M2039	4	M					GDR REBOLEIRA	00:33:55
6	328	JOSE INACIO	45	M4549	2	M					GDR REBOLEIRA	00:34:00
7	330	JOSE ANTUNES	44	M4044	1	M					GDR REBOLEIRA	00:34:25
8	326	JOSE MOREIRA	35	M2039	5	M					GDR REBOLEIRA	00:34:32
9	186	DIOGO CUSTODIO	21	M2039	6	M					NUCLEOEIRAS/SPORTZ	00:34:35
10	74	ANTONIO MANETA	45	M4549	3	M					CR LEOES P SALVO	00:34:43
11	203	CUSTODIO ANTONIO	34	M2039	7	M					CCDT CM SETUBAL	00:34:56
12	674	JOAO M CALDEIRA	49	M4549	4	M					LINDA A PASTORA SC	00:34:58
13	611	FERNANDO ALVES	44	M4044	2	M					AA MAFRA	00:35:02
14	523	HELDER GROSSO	28	M2039	8	M					ATOMIC TEAM	00:35:19
15	29	RILDO COSTA	37	M2039	9	M					GD JOANINHAS LEIAO	00:35:27
16	325	PEDRO GIL	38	M2039	10	M					GDR REBOLEIRA	00:36:30
17	654	RICARDO HENRIQUES	26	M2039	11	M					CA MARINHA GRANDE	00:36:31
18	614	JOEL RODRIGUES	37	M2039	12	M					AA MAFRA	00:36:33
19	667	JOAO GOMES	48	M4549	5	M					AC VERMOIL	00:36:34
20	22	ANA FERREIRA	22	F2039	1	F					GD ESTREITO	00:36:35
21	25	SILVESTRE GOMES	55	M5559	1	M					BOAVISTA S MATEUS	00:36:36
22	92	JORGE REIS	52	M5054	1	M					GD MACEDO OCULISTA	00:36:36
23	232	RUI INFANTE	40	M4044	3	M					C PRAÇAS DA ARMADA	00:36:36
24	613	MARCO GRILEIRO	31	M2039	13	M					AA MAFRA	00:36:38
25	70	HUGO GONÇALVES	32	M2039	14	M					CR LEOES P SALVO	00:36:49
26	72	DOMINGOS CARNEIRO	37	M2039	15	M					CR LEOES P SALVO	00:36:53
27	24	VERA NUNES	31	F2039	2	F					SL BENFICA	00:37:02
28	648	JOAQUIM COSTA	23	M2039	16	M					INDIVIDUAL	00:37:27
29	97	MARIO PEDRO	35	M2039	17	M					GD MACEDO OCULISTA	00:37:30
30	33	FERNANDO GONÇALVES	55	M5559	2	M					GD JOANINHAS LEIAO	00:37:36
31	86	FELIX PAULOS	53	M5054	2	M					GD MACEDO OCULISTA	00:38:00
32	149	GONÇALO FIGUEIRA	25	M2039	18	M					GDC BANCO	00:38:17
33	327	PAULO MOREIRA	41	M4044	4	M					GDR REBOLEIRA	00:38:20

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E Sx.	C.	SC1	SC2	SC3	Clube	Tempo
34	655	EMANUEL CARDOSO	21	M2039	19	M				CA MARINHA GRANDE	00:38:29
35	49	LUIS PEREIRA	40	M4044	5	M				LESMA ALOPRADAS	00:38:35
36	627	JOAO MAIA	48	M4549	6	M				A PARAQUEDISTAS TN	00:38:39
37	75	CARLOS MENDES	45	M4549	7	M				CR LEOES P SALVO	00:38:49
38	666	TANIA CABRAL	22	F2039	3	F				INDIVIDUAL	00:39:03
39	71	RICARDO FAISCA	29	M2039	20	M				CR LEOES P SALVO	00:39:10
40	141	JOSE SOUSA	30	M2039	21	M				SFUAP	00:39:35
41	30	MYKOLA STOVKO	46	M4549	8	M				GD JOANINHAS LEIAO	00:39:37
42	550	CARLOS MONTEIRO	41	M4044	6	M				CD GRUPO BES	00:39:45
43	118	JOSE JANELA	50	M5054	3	M				GDCT IN CASA MOEDA	00:39:54
44	142	JOAQUIM ALMEIDA	30	M2039	22	M				SFUAP	00:40:06
45	173	JOSE ALCOBIA	56	M5559	3	M				C FERROV PORTUGAL	00:40:08
46	76	MARIO GONÇALVES	61	M6064	1	M				CR LEOES P SALVO	00:40:16
47	626	ANTONIO SILVA	51	M5054	4	M				A PARAQUEDISTAS TN	00:40:20
48	23	LUCILIA SOARES	49	F4549	1	F				SL BENFICA	00:40:26
49	83	CONSTANTINO ARAUJO	44	M4044	7	M				GD MACEDO OCULISTA	00:40:41
50	93	JOSE INOCENCIO	58	M5559	4	M				GD MACEDO OCULISTA	00:40:51
51	102	LUIS COELHO	38	M2039	23	M				GD MACEDO OCULISTA	00:40:51
52	228	EURICO AGOSTINHO	50	M5054	5	M				GDCR ZAMBUJEIRA	00:40:53
53	31	JOSEFA SANJE	35	F2039	4	F				GD JOANINHAS LEIAO	00:40:56
54	615	ALICE BASILIO	40	F4044	1	F				AA MAFRA	00:40:57
55	57	JOSE CARDOSO	53	M5054	6	M				GRD RIBEIRA LAGE	00:40:58
56	224	SAMUEL GALVEIA	29	M2039	24	M				CADT PORTUCEL	00:41:00
57	307	LEANDRO SANTOS	53	M5054	7	M				INDIVIDUAL	00:41:02
58	125	ORLINDO FIGUEIREDO	62	M6064	2	M				SS CGD	00:41:04
59	68	VERONICA SCUTARU	34	F2039	5	F				CR LEOES P SALVO	00:41:05
60	193	LUIS PREGO	53	M5054	8	M				AÇOREANA C BANIF	00:41:05
61	112	PAULO ALVES	33	M2039	25	M				GDCT IN CASA MOEDA	00:41:07
62	51	JOAO HEITOR	60	M6064	3	M				A PARAQUEDISTAS TN	00:41:14
63	19	PEDRO GOUVEIA	42	M4044	8	M				AD REAL ACADEMIA	00:41:28
64	641	PEDRO FELICIO	32	M2039	26	M				CKSS	00:41:30
65	350	ALBINO NEIVA	65	M6599	1	M				AMAROS JOALHEIROS	00:41:34
66	291	ARTUR TAVARES	45	M4549	9	M				INDIVIDUAL	00:41:44
67	640	NUNO PITA	35	M2039	27	M				METRO 2011	00:41:49
68	52	PAULO LOPES	38	M2039	28	M				GRD RIBEIRA LAGE	00:42:01
69	79	MAURO PIMENTA	34	M2039	29	M				GAA VILA FRANCA XIRA	00:42:02
70	638	MANUEL COSTA	54	M5054	9	M				METRO 2011	00:42:02
71	187	JOSE L FERRAO	59	M5559	5	M				C BENFICA ALG M	00:42:10
72	78	ANTÓNIO ARAUJO	59	M5559	6	M				GD MACEDO OCULISTA	00:42:11
73	646	LUIS M SALES	35	M2039	30	M				INDIVIDUAL	00:42:19

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
74	137	JOAO CALDAS	45	M4549	10	M					CLUBE AUTOCOOPE	00:42:27
75	168	GONÇALO FERREIRA	38	M2039	31	M					GD INE	00:42:31
76	629	JOSE AUGUSTO	38	M2039	32	M					A PARAQUEDISTAS TN	00:42:35
77	7	HERCULANO ARAUJO	46	M4549	11	M					AD REAL ACADEMIA	00:42:38
78	132	TIAGO M M MARTINS	29	M2039	33	M					CLUBE VODAFONE	00:42:40
79	48	PAULO JANELA	28	M2039	34	M					LESMAS ALOPRADAS	00:42:42
80	556	RUI LOPES	58	M5559	7	M					CD GRUPO BES	00:42:43
81	144	FERNANDO CHAMUSCA	60	M6064	4	M					ODIMARQ ALUMINIOS	00:42:44
82	11	LUIS SILVEIRA	51	M5054	10	M					AD REAL ACADEMIA	00:42:45
83	553	LUIS GODINHO	44	M4044	9	M					CD GRUPO BES	00:42:57
84	87	RICARDO GONÇALVES	29	M2039	35	M					GD MACEDO OCULISTA	00:43:06
85	165	JOSE DA LUZ	40	M4044	10	M					CCDT CM SETUBAL	00:43:06
86	73	LUIS ALLEN	41	M4044	11	M					CR LEOES P SALVO	00:43:07
87	534	MARCOS OLIVEIRA	38	M2039	36	M					INDIVIDUAL	00:43:08
88	311	VITOR LEBRE	36	M2039	37	M					INDIVIDUAL	00:43:15
89	537	MIGUEL T SOUSA	35	M2039	38	M					C COLAB AXA	00:43:16
90	180	PEDRO RAMOS	54	M5054	11	M					C FERROV PORTUGAL	00:43:23
91	230	LUCAS DELGADO	57	M5559	8	M					GDCR ZAMBUJEIRA	00:43:27
92	566	VIRGILIO VINAGRE	43	M4044	12	M					INDIVIDUAL	00:43:36
93	20	MANUEL FONSECA	47	M4549	12	M					AD REAL ACADEMIA	00:43:38
94	104	DAVID PALMEIRO	45	M4549	13	M					SL CAMPOLIDE	00:43:43
95	336	PAULA FERNANDES	46	F4549	2	F					GARMIN- OLIMPICO	00:43:43
96	295	RICARDO TAVARES	29	M2039	39	M					INDIVIDUAL	00:43:47
97	201	CARLOS MONTEIRO	60	M6064	5	M					C BENFICA ALG M	00:43:48
98	292	EDUARDO RODRIGUES	52	M5054	12	M					INDIVIDUAL	00:43:54
99	637	NUNO AZEVEDO	32	M2039	40	M					METRO 2011	00:43:58
100	123	JOAQUIM FRADE	55	M5559	9	M					SS CGD	00:44:03
101	95	LUIS MACEDO	31	M2039	41	M					GD MACEDO OCULISTA	00:44:06
102	255	ARLINDO PAIXAO	47	M4549	14	M					REST O CARTAXEIRO	00:44:17
103	140	JOSE L NOBRE	47	M4549	15	M					SFUAP	00:44:25
104	55	ACACIO LOPES	43	M4044	13	M					GRD RIBEIRA LAGE	00:44:26
105	198	VIRGILIO MADEIRA	51	M5054	13	M					AÇOREANA C BANIF	00:44:31
106	229	VALENTIM FERNANDES	55	M5559	10	M					GDCR ZAMBUJEIRA	00:44:39
107	635	ANTONIO GONÇALVES	45	M4549	16	M					METRO 2011	00:44:46
108	94	JOSE REIS	57	M5559	11	M					GD MACEDO OCULISTA	00:44:56
109	595	PAULO GONÇALVES	43	M4044	14	M					SINTRA 3	00:44:59
110	194	NUNO E SANTO	40	M4044	15	M					AÇOREANA C BANIF	00:45:01
111	196	PEDRO BURGUETTE	35	M2039	42	M					AÇOREANA C BANIF	00:45:01
112	602	BRUNO CIPRIANO	28	M2039	43	M					INDIVIDUAL	00:45:02
113	122	ANTONIO TABORDA	60	M6064	6	M					SS CGD	00:45:04

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
114	233	POSSIDONIO CONSTANTINO	58	M5559	12	M					C PRAÇAS DA ARMADA	00:45:10
115	293	JOSE FAUSTINO	57	M5559	13	M					INDIVIDUAL	00:45:13
116	227	JOAQUIM CALÇADA	47	M4549	17	M					GDCR ZAMBUJEIRA	00:45:18
117	598	JOAQUIM R REIS	52	M5054	14	M					INDIVIDUAL	00:45:18
118	105	ALFREDO VALENTE	47	M4549	18	M					SL CAMPOLIDE	00:45:19
119	237	AMERICO SABINO	46	M4549	19	M					CP GRADIL	00:45:20
120	205	VEACESLAV IGNAT	32	M2039	44	M					GD JOANINHAS LEIAO	00:45:29
121	298	ANTONIO COUTINHO	55	M5559	14	M					INDIVIDUAL	00:45:31
122	204	CARMEN PIRES	33	F2039	6	F					CCDT CM SETUBAL	00:45:34
123	673	Mª FATIMA SANTOS	59	F5099	1	F					LINDA A PASTORA SC	00:45:38
124	161	JOSE F OLIVEIRA	37	M2039	45	M					AA LEBRES SADO	00:45:42
125	288	FERNANDO ANACLETO	59	M5559	15	M					INDIVIDUAL	00:45:42
126	616	CARLOS A C MENDES	54	M5054	15	M					INDIVIDUAL	00:45:47
127	191	FERNANDO CELESTINO	52	M5054	16	M					AÇOREANA C BANIF	00:45:48
128	235	JOSE INFANTE	43	M4044	16	M					C PRAÇAS DA ARMADA	00:45:51
129	231	JOAO SANTOS	46	M4549	20	M					C PRAÇAS DA ARMADA	00:45:52
130	4	DAVID KARIM	32	M2039	46	M					AD REAL ACADEMIA	00:45:57
131	126	TIAGO AVELAS	35	M2039	47	M					SS CGD	00:45:57
132	576	MIGUEL BATISTA	25	M2039	48	M					INDIVIDUAL	00:46:17
133	653	SANDRO JORDAO	29	M2039	49	M					INDIVIDUAL	00:46:18
134	645	DAVID MELO	21	M2039	50	M					CKSS	00:46:19
135	520	LICINIO SIMOES	28	M2039	51	M					ATOMIC TEAM	00:46:22
136	604	VITOR SANTOS	42	M4044	17	M					INDIVIDUAL	00:46:22
137	290	MARIO AMARO	43	M4044	18	M					INDIVIDUAL	00:46:23
138	518	NUNO PIMENTA	33	M2039	52	M					INDIVIDUAL	00:46:24
139	245	JOSE VAZ	52	M5054	17	M					CLUBE ANACOM	00:46:28
140	519	NUNO SANTOS	32	M2039	53	M					INDIVIDUAL	00:46:29
141	129	JOSE DIONISIO	48	M4549	21	M					MULTIFLOW	00:46:30
142	278	ANTONIO CASTANHEIRA	36	M2039	54	M					INDIVIDUAL	00:46:30
143	339	MANUEL BENTO	34	M2039	55	M					SC CASAINHOS	00:46:33
144	264	RICARDO FRANCO	38	M2039	56	M					INDIVIDUAL	00:46:37
145	238	HERCULANO ALVES	43	M4044	19	M					CP GRADIL	00:46:39
146	309	CARLOS M O SILVA	45	M4549	22	M					INDIVIDUAL	00:46:41
147	39	MARTIN FARENFIELD	43	M4044	20	M					CAOS	00:46:42
148	199	ANTONIO ANGELINO	42	M4044	21	M					C BENFICA ALG M	00:46:45
149	340	ANTONIO DIAS	52	M5054	18	M					INDIVIDUAL	00:46:48
150	630	NUNO PIREZA	27	M2039	57	M					A PARAQUEDISTAS TN	00:46:48
151	174	MARIO SILVA	58	M5559	16	M					C FERROV PORTUGAL	00:46:52
152	548	JULIO FERREIRA	56	M5559	17	M					CD GRUPO BES	00:46:54
153	558	PEDRO SANGUINO	27	M2039	58	M					CD GRUPO BES	00:46:54

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
154	226	MARIO BONIFACIO	44	M4044	22	M					GDCR ZAMBUJEIRA	00:46:57
155	14	MANUEL RODRIGUES	49	M4549	23	M					AD REAL ACADEMIA	00:47:03
156	172	GUILHERME GONÇALVES	50	M5054	19	M					C FERROV PORTUGAL	00:47:05
157	561	JOAO FERREIRA	60	M6064	7	M					CD GRUPO BES	00:47:08
158	53	SETA MACHADO	38	M2039	59	M					GRD RIBEIRA LAGE	00:47:10
159	160	HUGO FERREIRA	32	M2039	60	M					LINK	00:47:12
160	169	JOSE MAGALHAES	56	M5559	18	M					GD INE	00:47:13
161	147	JOAQUIM FERRAO	50	M5054	20	M					GDC BANCO	00:47:17
162	522	EDUARDO LUIS	33	M2039	61	M					ATOMIC TEAM	00:47:20
163	148	JOSE MONTEIRO	54	M5054	21	M					GDC BANCO	00:47:24
164	507	LUIS PENTEADO	39	M2039	62	M					BUERAPIDOS	00:47:34
165	259	HUGO REBELO	37	M2039	63	M					INDIVIDUAL	00:47:35
166	508	HELIO SANTOS	26	M2039	64	M					BUERAPIDOS	00:47:35
167	18	JOAQUIM CUNHA	39	M2039	65	M					AD REAL ACADEMIA	00:47:36
168	274	LUIS POLIDO	37	M2039	66	M					INDIVIDUAL	00:47:38
169	134	RUI M LUIS	36	M2039	67	M					JOVENS SERRA MINAS	00:47:43
170	188	JOAO MOACHO	53	M5054	22	M					O MUNDO CORRIDA	00:47:48
171	289	PAULO ALVES	40	M4044	23	M					INDIVIDUAL	00:47:50
172	197	TAM AFONSO	58	M5559	19	M					AÇOREANA C BANIF	00:47:56
173	348	JOSE VALERIO	65	M6599	2	M					ADC CATUJAL	00:47:58
174	563	MARCO MOUTINHO	30	M2039	68	M					INDIVIDUAL	00:47:59
175	284	NUNO MARQUES	35	M2039	69	M					INDIVIDUAL	00:48:01
176	80	ANTONIO SANTOS	43	M4044	24	M					GD MACEDO OCULISTA	00:48:09
177	308	JOSE FERRAZ	48	M4549	24	M					INDIVIDUAL	00:48:18
178	184	CARLOS SILVA	38	M2039	70	M					PUMAS GUINCHO	00:48:22
179	185	JOSE LOPES	40	M4044	25	M					PUMAS GUINCHO	00:48:22
180	318	JOSE NASCIMENTO	46	M4549	25	M					INDIVIDUAL	00:48:22
181	540	ANTONIO BOGAS	44	M4044	26	M					INDIVIDUAL	00:48:23
182	273	FULVIO ESTEVES	32	M2039	71	M					INDIVIDUAL	00:48:25
183	167	FABIO CRUZ	23	M2039	72	M					GD INE	00:48:27
184	335	PAULA LEMOS	44	F4044	2	F					GARMIN- OLIMPICO	00:48:30
185	650	FERNANDO SOARES	36	M2039	73	M					INDIVIDUAL	00:48:30
186	256	RUI FERREIRA	39	M2039	74	M					REST O CARTAXEIRO	00:48:38
187	26	ALEXANDRA SILVA	34	F2039	7	F					DELICIAS MAR	00:48:39
188	581	JOAO DIAS	38	M2039	75	M					OS KAMARROS	00:48:54
189	96	CARLA PINTO	39	F2039	8	F					GD MACEDO OCULISTA	00:48:55
190	221	NUNO SILVA	35	M2039	76	M					CADT PORTUCEL	00:48:56
191	664	JOAO VICENTE	41	M4044	27	M					UNIDOS BRANDOA	00:48:56
192	215	NORBERTO MARQUES	40	M4044	28	M					RUNNING D MARIA	00:48:59
193	636	RAFAEL SANTOS	43	M4044	29	M					METRO 2011	00:48:59

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E Sx.	C.	SC1	SC2	SC3	Clube	Tempo
194	606	NUNO VIEIRA	29	M2039	77	M				CKSS	00:49:00
195	338	ARMANDO CORREIA	28	M2039	78	M				SC CASAINHOS	00:49:02
196	525	MARIO M B PEREIRA	39	M2039	79	M				INDIVIDUAL	00:49:04
197	579	CARLA SANTOS	35	F2039	9	F				OS KAMARROS	00:49:11
198	241	PAULO GOUVEIA	32	M2039	80	M				CP GRADIL	00:49:13
199	117	CARLOS CRISTOVAO	35	M2039	81	M				GDCT IN CASA MOEDA	00:49:14
200	16	FERNANDO LOPES	40	M4044	30	M				AD REAL ACADEMIA	00:49:15
201	644	JOAO M ALVES	20	M2039	82	M				CKSS	00:49:16
202	554	CARLOS NABIÇA	47	M4549	26	M				CD GRUPO BES	00:49:23
203	552	JORGE PEREIRA	56	M5559	20	M				CD GRUPO BES	00:49:24
204	342	FRANCISCO PEREIRA	43	M4044	31	M				AÇOREANA C BANIF	00:49:26
205	662	IDALECIO BARROS	56	M5559	21	M				INDIVIDUAL	00:49:30
206	285	CARLOS SOUSA	53	M5054	23	M				INDIVIDUAL	00:49:34
207	506	FERNANDO CARVALHO	39	M2039	83	M				BUERAPIDOS	00:49:34
208	113	JOSE LIBERATO	35	M2039	84	M				GDCT IN CASA MOEDA	00:49:38
209	532	ANTONIO CABAÇO	38	M2039	85	M				INDIVIDUAL	00:49:43
210	183	CARLOS OLIVEIRA	38	M2039	86	M				PUMAS GUINCHO	00:49:44
211	21	CARLOS PORTELA	39	M2039	87	M				AD REAL ACADEMIA	00:49:45
212	200	ARNALDO MACHADO	60	M6064	8	M				C BENFICA ALG M	00:49:46
213	621	TEODORO TRINDADE	49	M4549	27	M				INDIVIDUAL	00:49:48
214	609	FRANCISCO VAZ	43	M4044	32	M				FRUFRESH RUNNERS	00:49:51
215	243	MANUEL BARBOSA	25	M2039	88	M				CP GRADIL	00:50:03
216	44	NUNO CABEÇA	41	M4044	33	M				CCD SEG SOCIAL	00:50:04
217	665	JOSE P TOME	35	M2039	89	M				INDIVIDUAL	00:50:05
218	38	AMERICO COSTA	53	M5054	24	M				TECNO SPIE	00:50:19
219	9	JOSE MARIA	46	M4549	28	M				AD REAL ACADEMIA	00:50:22
220	580	SERGIO POUQUINHO	24	M2039	90	M				OS KAMARROS	00:50:22
221	624	THROTTLEMAN	27	M2039	91	M				INDIVIDUAL	00:50:23
222	341	EMANUEL COELHO	38	M2039	92	M				INDIVIDUAL	00:50:28
223	246	LUIS ANTUNES	49	M4549	29	M				GA MONSANTO	00:50:35
224	281	DAMIAO REGA	49	M4549	30	M				INDIVIDUAL	00:50:40
225	50	ALBINO FERREIRA	46	M4549	31	M				LESMAS ALOPRADAS	00:50:41
226	513	ANTONIO GODINHO	52	M5054	25	M				NUCASE	00:50:41
227	304	JOSE NEVES	59	M5559	22	M				INDIVIDUAL	00:50:47
228	6	AMILCAR RIBEIRO	52	M5054	26	M				AD REAL ACADEMIA	00:50:53
229	322	NUNO VICENTE	39	M2039	93	M				INDIVIDUAL	00:50:53
230	347	MARIO LUIS	45	M4549	32	M				CARAPUS CORRIDA	00:50:53
231	106	ANTONIO LIMA	48	M4549	33	M				SL CAMPOLIDE	00:50:54
232	162	MANUEL SEQUEIRA	60	M6064	9	M				AA LEBRES SADO	00:50:54
233	639	RUI ARAUJO	52	M5054	27	M				METRO 2011	00:50:56

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E Sx.	C.	SC1	SC2	SC3	Clube	Tempo
234	218	EDUARDO BRITO	37	M2039	94	M				RUNNING D MARIA	00:50:58
235	175	FERNANDO PESTANA	63	M6064	10	M				C FERROV PORTUGAL	00:51:01
236	135	CARLOS FERREIRA	53	M5054	28	M				CLUBE AUTOCOOPE	00:51:03
237	600	RUI GERALDES	37	M2039	95	M				INDIVIDUAL	00:51:03
238	565	RUI MACHADO	49	M4549	34	M				INDIVIDUAL	00:51:04
239	101	SERGIO BORGES	33	M2039	96	M				GD MACEDO OCULISTA	00:51:07
240	286	JOAO REIS	59	M5559	23	M				INDIVIDUAL	00:51:11
241	323	RAUL FERREIRA	35	M2039	97	M				INDIVIDUAL	00:51:14
242	130	ANA MENDES	44	F4044	3	F				MULTIFLOW	00:51:15
243	182	RUTH LOPES	39	F2039	10	F				PUMAS GUINCHO	00:51:16
244	272	CARLOS CONCEIÇÃO	30	M2039	98	M				INDIVIDUAL	00:51:16
245	287	JOAO C FERREIRA	46	M4549	35	M				INDIVIDUAL	00:51:17
246	153	LUIS AMORIM	53	M5054	29	M				NA BEIERSDORF	00:51:18
247	154	VICENTE DIAS	56	M5559	24	M				NA BEIERSDORF	00:51:18
248	192	JOAQUIM GUERREIRO	50	M5054	30	M				AÇOREANA C BANIF	00:51:21
249	547	PAULO GONÇALVES	42	M4044	34	M				CD GRUPO BES	00:51:23
250	257	ABILIO TAVARES	55	M5559	25	M				INDIVIDUAL	00:51:26
251	247	VANESSA REIS	32	F2039	11	F				GA MONSANTO	00:51:30
252	254	MANUEL GUERREIRO	58	M5559	26	M				OS GUERREIROS RIO	00:51:30
253	663	JOAO ROXO	39	M2039	99	M				UNIDOS BRANDOA	00:51:30
254	275	VITOR M M TEIXEIRA	51	M5054	31	M				INDIVIDUAL	00:51:39
255	656	PAULO MEDEIROS	40	M4044	35	M				TARTARUGAS LINHA	00:51:39
256	136	JOSE DIAS	53	M5054	32	M				CLUBE AUTOCOOPE	00:51:46
257	258	IVANILDA SEMEDO	22	F2039	12	F				INDIVIDUAL	00:51:52
258	223	JOSE GALVEIA	58	M5559	27	M				CADT PORTUGEL	00:51:53
259	319	ALBERTO SOARES	49	M4549	36	M				INDIVIDUAL	00:51:56
260	620	ORLANDO ZACARIAS	59	M5559	28	M				INDIVIDUAL	00:51:56
261	660	MIGUEL LOPES	30	M2039	100	M				INDIVIDUAL	00:51:56
262	219	FERNANDO NUNES	35	M2039	101	M				CADT PORTUGEL	00:51:57
263	211	ORLANDO MARTINS	55	M5559	29	M				RUNNING D MARIA	00:51:59
264	127	MANUEL AZEVEDO	54	M5054	33	M				MULTIFLOW	00:52:00
265	178	CARLOS ALVES	54	M5054	34	M				C FERROV PORTUGAL	00:52:01
266	234	MANUEL CARDIM	59	M5559	30	M				C PRAÇAS DA ARMADA	00:52:01
267	3	ANTONIO VENTURA	51	M5054	35	M				AD REAL ACADEMIA	00:52:03
268	628	MANUELA FOLGADO	60	F5099	2	F				A PARAQUEDISTAS TN	00:52:03
269	521	ANA RELVAS	23	F2039	13	F				ATOMIC TEAM	00:52:04
270	605	HUGO PEDRO	31	M2039	102	M				CKSS	00:52:09
271	607	RENATA BAPTISTA	21	F2039	14	F				CKSS	00:52:09
272	594	ADALBERTO GRILO	49	M4549	37	M				SINTRA 3	00:52:11
273	181	CRISTINA GAVINHO	34	F2039	15	F				PUMAS GUINCHO	00:52:19

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E Sx.	C.	SC1	SC2	SC3	Clube	Tempo
274	214	ADRIANO VITORINO	49	M4549	38	M				RUNNING D MARIA	00:52:34
275	222	ABEL CARVALHO	53	M5054	36	M				INDIVIDUAL	00:52:40
276	171	ANTONIO NOBRE	39	M2039	103	M				LEMON TEEM	00:52:41
277	265	ANDRE MENDES	23	M2039	104	M				INDIVIDUAL	00:52:44
278	659	JOAO A MARQUES	40	M4044	36	M				TARTARUGAS LINHA	00:52:46
279	5	FERNANDO LOPES	65	M6599	3	M				AD REAL ACADEMIA	00:52:50
280	109	MARIA MENDES	59	F5099	3	F				SL CAMPOLIDE	00:52:50
281	524	LUIS M RIBEIRO	49	M4549	39	M				INDIVIDUAL	00:53:02
282	17	OSCAR MARQUES	57	M5559	31	M				AD REAL ACADEMIA	00:53:09
283	56	VITOR REVEZ	51	M5054	37	M				GRD RIBEIRA LAGE	00:53:09
284	207	JORGE CORREIA	38	M2039	105	M				SINTRA RUNNERS	00:53:10
285	306	FERNANDO FARIA	30	M2039	106	M				INDIVIDUAL	00:53:12
286	99	RUTE MENEZES	30	F2039	16	F				GD MACEDO OCULISTA	00:53:20
287	634	LUIS SANTOS	43	M4044	37	M				INDIVIDUAL	00:53:22
288	528	CARLOS SILVA	45	M4549	40	M				INDIVIDUAL	00:53:26
289	529	FERNANDO COELHO	45	M4549	41	M				INDIVIDUAL	00:53:26
290	34	ANDRE LOURENÇO	29	M2039	107	M				BOM PETISCO	00:53:30
291	37	NUNO R FIGUEIRA	35	M2039	108	M				BOM PETISCO	00:53:30
292	505	ALEXANDRE RODRIGUES	39	M2039	109	M				BUERAPIDOS	00:53:34
293	89	ISABEL REIS	50	F5099	4	F				GD MACEDO OCULISTA	00:53:35
294	515	HENRIQUE VILHENA	54	M5054	38	M				INDIVIDUAL	00:53:41
295	313	NUNO ALVES	57	M5559	32	M				INDIVIDUAL	00:53:42
296	190	ANTONIO JORGE	56	M5559	33	M				AÇOREANA C BANIF	00:53:55
297	114	JOAO FREIRE	45	M4549	42	M				GDCT IN CASA MOEDA	00:53:58
298	67	ALEX SCUTARU	38	M2039	110	M				CR LEOES P SALVO	00:54:01
299	333	JOAO BRANCO	63	M6064	11	M				AAE BNU	00:54:02
300	543	RUI CARNEIRO	55	M5559	34	M				JOAO CARNEIRO SAD	00:54:21
301	262	FERNANDO MARINHO	40	M4044	38	M				INDIVIDUAL	00:54:24
302	533	RUI TRINADADE	41	M4044	39	M				INDIVIDUAL	00:54:25
303	344	JOSE P SOUSA	53	M5054	39	M				INDIVIDUAL	00:54:28
304	345	LUIS RAMOS	31	M2039	111	M				INDIVIDUAL	00:54:36
305	631	ANTONIO MAIOR	48	M4549	43	M				A PARAQUEDISTAS TN	00:54:39
306	195	OSCAR GONÇALVES	59	M5559	35	M				AÇOREANA C BANIF	00:54:41
307	544	EDGAR PROENÇA	51	M5054	40	M				INDIVIDUAL	00:54:44
308	572	FERNANDO CARRILHO	53	M5054	41	M				INDIVIDUAL	00:54:46
309	261	MIGUEL BANHA	36	M2039	112	M				INDIVIDUAL	00:54:48
310	516	PAULO CRUZ	51	M5054	42	M				INDIVIDUAL	00:54:48
311	294	ANSELMO LIMA	40	M4044	40	M				INDIVIDUAL	00:54:51
312	128	JOAO SANTOS	61	M6064	12	M				MULTIFLOW	00:54:54
313	560	RICARDO FERNANDES	51	M5054	43	M				CD GRUPO BES	00:54:54

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
314	158	LURDES ANTONIO	41	F4044	4	F					LINK	00:54:56
315	584	PAULO ASCENÇÃO	39	M2039	113	M					GD CIMPOR	00:54:57
316	253	DANIELA CARVALHO	34	F2039	17	F					OS GUERREIROS RIO	00:55:11
317	151	JOSE A C SANTOS	49	M4549	44	M					GDU CAXIENSES	00:55:23
318	527	LUIS BATISTA	40	M4044	41	M					INDIVIDUAL	00:55:28
319	622	DOMINGOS MATOS	49	M4549	45	M					FALCOES SELVAGENS	00:55:28
320	312	ANTONIO S CAMPOS	62	M6064	13	M					INDIVIDUAL	00:55:32
321	263	ABILIO MARINHO	41	M4044	42	M					INDIVIDUAL	00:55:35
322	559	JOAO DIAS	39	M2039	114	M					CD GRUPO BES	00:55:36
323	120	RICARDO RODRIGUES	34	M2039	115	M					SS CGD	00:55:37
324	88	INACIO GONCALVES	59	M5559	36	M					GD MACEDO OCULISTA	00:55:38
325	179	MANUEL SIMOES	62	M6064	14	M					C FERROV PORTUGAL	00:55:46
326	571	CARLOS TOME	59	M5559	37	M					INDIVIDUAL	00:55:49
327	316	JOAO LANDEIRO	64	M6064	15	M					INDIVIDUAL	00:55:51
328	131	PEDRO RODRIGUES	32	M2039	116	M					FC MOGADOURENSE	00:55:53
329	225	JOAO CALÇADA	40	M4044	43	M					GDCR ZAMBUJEIRA	00:55:54
330	13	MANUEL PEREIRA	61	M6064	16	M					AD REAL ACADEMIA	00:55:58
331	206	GUILHERME HENRIQUES	36	M2039	117	M					SINTRA RUNNERS	00:55:59
332	593	RICARDO SOUSA	39	M2039	118	M					INDIVIDUAL	00:55:59
333	28	Mª HELENA COSTA	55	F5099	5	F					DELICIAS MAR	00:56:00
334	610	SANDRA S S MARTINS	33	F2039	18	F					INDIVIDUAL	00:56:08
335	661	JOAO OURIQUE	36	M2039	119	M					INDIVIDUAL	00:56:08
336	651	NUNO COSTA	34	M2039	120	M					INDIVIDUAL	00:56:09
337	623	MANUELA BARRETO	39	F2039	19	F					FALCOES SELVAGENS	00:56:10
338	85	FABIO FERREIRA	21	M2039	121	M					GD MACEDO OCULISTA	00:56:15
339	66	FERNANDO SANTOS	65	M6599	4	M					CP IVA	00:56:18
340	305	ANDRE TAVARES	22	M2039	122	M					INDIVIDUAL	00:56:19
341	647	MARCO SILVA	40	M4044	44	M					INDIVIDUAL	00:56:19
342	349	VITOR ROQUETE	49	M4549	46	M					INDIVIDUAL	00:56:26
343	69	JORGE JESUS	58	F5099	6	F					CCD CM LOURES	00:56:27
344	189	MIGUEL MORATO	29	M2039	123	M					INDIVIDUAL	00:56:47
345	202	MARIO LAMEIRAO	62	M6064	17	M					C BENFICA ALG M	00:56:53
346	657	JOAO SOARES	37	M2039	124	M					TARTARUGAS LINHA	00:56:54
347	121	FRANCISCO CLERIGO	57	M5559	38	M					SS CGD	00:56:55
348	157	JOSE FORTE	51	M5054	44	M					LINK	00:56:58
349	573	FILIPE SILVA	50	M5054	45	M					INDIVIDUAL	00:57:02
350	220	ANIBAL SIMOES	43	M4044	45	M					CADT PORTUGEL	00:57:04
351	282	CARMINDA PIRES	48	F4549	3	F					INDIVIDUAL	00:57:10
352	248	NUNO ANTUNES	24	M2039	125	M					GA MONSANTO	00:57:22
353	249	PEDRO CARDOSO	24	M2039	126	M					GA MONSANTO	00:57:22

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E Sx.	C.	SC1	SC2	SC3	Clube	Tempo
354	555	JOAO TOMAS	36	M2039	127	M				CD GRUPO BES	00:57:22
355	35	FERNANDO LOURENÇO	59	M5559	39	M				BOM PETISCO	00:57:27
356	107	ANTONIO SILVA	50	M5054	46	M				SL CAMPOLIDE	00:57:30
357	510	NUNO MOLERO	30	M2039	128	M				INDIVIDUAL	00:57:33
358	583	FILIPE SILVA	25	M2039	129	M				INDIVIDUAL	00:57:34
359	568	NUNO CAMELO	37	M2039	130	M				INDIVIDUAL	00:57:42
360	210	JORGE FERREIRA	45	M4549	47	M				RUNNING D MARIA	00:57:45
361	260	ANTONIO C SILVA	56	M5559	40	M				INDIVIDUAL	00:57:45
362	541	JOAO CARNEIRO	51	M5054	47	M				JOAO CARNEIRO SAD	00:57:45
363	315	JORGE MARQUES	58	M5559	41	M				INDIVIDUAL	00:57:47
364	557	JOAO SIMOES	56	M5559	42	M				CD GRUPO BES	00:57:49
365	279	FERNANDO MATOS	58	M5559	43	M				INDIVIDUAL	00:57:55
366	346	AGOSTINHO DIAS	45	M4549	48	M				CARAPAU CORRIDA	00:58:12
367	511	VITOR CARDOSO	46	M4549	49	M				INDIVIDUAL	00:58:16
368	12	MANUEL MATOS	60	M6064	18	M				AD REAL ACADEMIA	00:58:17
369	62	CARLOS ARAUJO	31	M2039	131	M				GRD RIBEIRA LAGE	00:58:20
370	332	MANUEL OLIVEIRA	71	M6599	5	M				AAE BNU	00:58:24
371	578	JORGE NARCISO	50	M5054	48	M				INDIVIDUAL	00:58:24
372	40	ERMINIA FARENFIELD	42	F4044	5	F				CAOS	00:58:38
373	503	JOAO P S LIMA	50	M5054	49	M				INDIVIDUAL	00:58:39
374	549	FERNANDO FILIPE	42	M4044	46	M				CD GRUPO BES	00:58:41
375	509	ANTONIO RAMOS	49	M4549	50	M				INDIVIDUAL	00:58:58
376	124	AURELIO CALADO	59	M5559	44	M				SS CGD	00:59:03
377	512	FRANCISCO FIGUEIREDO	52	M5054	50	M				INDIVIDUAL	00:59:09
378	119	ALBERTINO SEMEDO	52	M5054	51	M				SS CGD	00:59:17
379	618	MIGUEL OLIVEIRA	23	M2039	132	M				INDIVIDUAL	00:59:19
380	310	LUIS G R NUNES	30	M2039	133	M				INDIVIDUAL	00:59:25
381	100	ROSINDA GONÇALVES	56	F5099	7	F				GD MACEDO OCULISTA	00:59:31
382	643	JOAO ALVES	50	M5054	52	M				CKSS	00:59:35
383	61	MARIA FATUDA	55	M5559	45	M				GRD RIBEIRA LAGE	00:59:42
384	111	JOSE ABREU	62	M6064	19	M				GDCT IN CASA MOEDA	00:59:43
385	170	PAULO PUGA	44	M4044	47	M				GD INE	00:59:56
386	276	VICTOR VALENTE	57	M5559	46	M				INDIVIDUAL	01:00:06
387	277	PEDRO NUNES	30	M2039	134	M				INDIVIDUAL	01:00:06
388	146	ANTONIO PEREIRA	69	M6599	6	M				GDC BANCO	01:00:15
389	110	ANTONIO NASCIMENTO	70	M6599	7	M				GDCT IN CASA MOEDA	01:00:21
390	517	EDUARDO COVELINHAS	31	M2039	135	M				INDIVIDUAL	01:00:21
391	642	RUI VERGUETE	35	M2039	136	M				CKSS	01:00:41
392	269	PEDRO RODRIGUES	30	M2039	137	M				INDIVIDUAL	01:00:47
393	608	MARIO SANTOS	41	M4044	48	M				INDIVIDUAL	01:00:47

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E Sx.	C.	SC1	SC2	SC3	Clube	Tempo
394	536	JOAO P PINTO	42	M4044	49	M				C COLAB AXA	01:00:51
395	589	JOAO C FERREIRA	38	M2039	138	M				GD CIMPOR	01:01:00
396	271	HELDER PONTES	33	M2039	139	M				INDIVIDUAL	01:01:04
397	166	CARLOS DIAS	51	M5054	53	M				GD INE	01:01:10
398	213	RICARDO SIMOES	41	M4044	50	M				RUNNING D MARIA	01:01:33
399	597	CLAUDIA FREIXO	28	F2039	20	F				INDIVIDUAL	01:01:47
400	299	VICTOR RAMOS	63	M6064	20	M				INDIVIDUAL	01:01:56
401	60	SANDRA MARTINS	38	F2039	21	F				GRD RIBEIRA LAGE	01:02:15
402	588	JULIO MARTINS	36	M2039	140	M				GD CIMPOR	01:02:21
403	63	ANTONIO SANTOS	66	M6599	8	M				GRD RIBEIRA LAGE	01:02:23
404	145	VANDA AUGUSTO	56	F5099	8	F				ODIMARQ ALUMINIOS	01:02:25
405	564	MARIO SIMAS	36	M2039	141	M				INDIVIDUAL	01:02:30
406	591	ILDA S RODRIGUES	42	F4044	6	F				INDIVIDUAL	01:02:30
407	244	JOAO MAGALHAES	51	M5054	54	M				CP GRADIL	01:02:39
408	152	Mª CARMO ANJOS	64	F5099	9	F				JF PORTELA	01:02:52
409	334	MANUEL RIBEIRO	61	M6064	21	M				AAE BNU	01:02:52
410	562	NUNO OLIVEIRA	34	M2039	142	M				#1	01:03:18
411	538	PEDRO N PINTO	53	M5054	55	M				C COLAB AXA	01:03:19
412	658	JORGE M BORGES	44	M4044	51	M				TARTARUGAS LINHA	01:03:37
413	501	ANTONIO F R MARQUES	64	M6064	22	M				INDIVIDUAL	01:03:40
414	82	ARTUR DINIS	53	M5054	56	M				GD MACEDO OCULISTA	01:03:48
415	91	JOAQUIM MACEDO	56	M5559	47	M				GD MACEDO OCULISTA	01:03:49
416	98	PAULA COUTO	47	F4549	4	F				GD MACEDO OCULISTA	01:03:49
417	103	VITOR SILVA	58	M5559	48	M				GD MACEDO OCULISTA	01:03:49
418	587	HELENA SILVA	48	F4549	5	F				GD CIMPOR	01:04:20
419	551	ALEXANDRINA FILIPE	39	F2039	22	F				CD GRUPO BES	01:04:22
420	270	JOSE SOUSA	51	M5054	57	M				INDIVIDUAL	01:04:26
421	539	ANA M GUIMARAS	53	F5099	10	F				C COLAB AXA	01:04:39
422	217	LUIS GRAÇA	46	M4549	51	M				RUNNING D MARIA	01:05:03
423	216	RICARDO ANTUNES	38	M2039	143	M				RUNNING D MARIA	01:05:20
424	27	JOSELIA ALMEIDA	53	F5099	11	F				DELICIAS MAR	01:05:28
425	502	JOAO A MIRANDA	41	M4044	52	M				INDIVIDUAL	01:05:50
426	155	HELDER VARANDAS	63	M6064	23	M				LINK	01:06:35
427	81	ARMANDO CARMO	74	M6599	9	M				GD MACEDO OCULISTA	01:06:44
428	569	JOAO CRAVO	26	M2039	144	M				INDIVIDUAL	01:06:46
429	677	LUIS S LIBORIO	27	M2039	145	M				INDIVIDUAL	01:07:12
430	43	LUIS GOIS	55	M5559	49	M				CCD SEG SOCIAL	01:07:49
431	652	MARTINHO ROQUE	42	M4044	53	M				INDIVIDUAL	01:08:08
432	42	ALICE JUSTINO	59	F5099	12	F				CCD SEG SOCIAL	01:08:38
433	45	TOMAS SOUSA	34	M2039	146	M				OS SUPERES	01:08:50

Coloc. Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
434	283	LURDES LOPES	51	F5099	13	F				INDIVIDUAL	01:08:50
435	2	DINA FONSECA	41	F4044	7	F				AD REAL ACADEMIA	01:09:14
436	156	RICARDO SILVA	37	M2039	147	M				LINK	01:09:58
437	159	JOAO CANAVERDE	37	M2039	148	M				LINK	01:11:47
438	585	JUVENAL MONTEIRO	46	M4549	52	M				GD CIMPOR	01:12:32
439	343	ANA DIONISIO	46	F4549	6	F				MULTIFLOW	01:12:44
440	267	FOCK CHIU	60	F5099	14	F				INDIVIDUAL	01:15:05
441	268	JOSE ARRUDA	61	M6064	24	M				INDIVIDUAL	01:15:06
442	545	EMILIA REIS	50	F5099	15	F				INDIVIDUAL	01:15:35
443	574	ANA SANTOS	34	F2039	23	F				INDIVIDUAL	01:16:07