

LISTAGEM PROVISÓRIA (PARA CONFERÊNCIA DE TEMPO)

24º GRANDE PRÊMIO DA PÁSCOA CONSTÂNCIA

Patrocínio: CÂMARA MUNICIPAL DE CONSTÂNCIA

Apoio: CÂMARA MUNICIPAL DE

Data: 23/04/2011

Classif.: Relatório Geral Masculino e Feminino

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
1	1	JOSE MADURO	38	M2039	1	M					MADURO ATLETIC	00:31:19
2	2	CARLOS SANTOS	37	M2039	2	M					SL BENFICA	00:31:53
3	4	HAMID HAKIM	29	M2039	3	M					CP ALCANENA	00:32:08 1
4	88	JOAO VAZ	43	M4044	1	M					CCD O ALVITEJO	00:32:44
5	788	MIGUEL SILVA	23	M2039	4	M					SL BENFICA	00:32:48 1
6	327	JORGE AIRES	36	M2039	5	M					CA BARREIRA	00:32:54
7	345	RUI BALTAZAR	45	M4549	1	M					ASSCT MUN PALMELA	00:33:01
8	194	ALCINO SERRAS	45	M4549	2	M					UFCI TOMAR	00:33:03
9	52	PAULO ANTONIO	44	M4044	2	M					CDR AGUIAS UNIDAS	00:33:05
10	472	MARIO PEDRO	35	M2039	6	M					RUN CACEM	00:33:19
11	341	PAULO GUIMARAES	33	M2039	7	M					ASSCT MUN PALMELA	00:33:42
12	273	JOSE SANTOS	45	M4549	3	M					SR CAMARNAL	00:33:45 1
13	168	HENRIQUE SANTOS	30	M2039	8	M					CUA BENAVENTENSE	00:33:46
14	10	PAULO PINHEIRO	27	M2039	9	M					MARATONA CP	00:33:54
15	378	NUNO ROMAO	38	M2039	10	M					CYBERUNNERS	00:34:06
16	22	MARCO TAVARES	18	M1819	1	M					TINTAS E COLAS	00:34:16
17	316	JORGE CORREA	40	M4044	3	M					CA BARREIRA	00:34:21
18	188	RUI SOUSA	39	M2039	11	M					UFCI TOMAR	00:34:30 1
19	238	PAULO MARTINS	35	M2039	12	M					CYBERUNNERS	00:34:31
20	364	RICARDO PEREIRA	31	M2039	13	M					CR LEOES P SALVO	00:34:33
21	791	JOAO VALENTE	18	M1819	2	M					CA FERREIRA ZEZERE	00:34:33
22	343	JOSE CAMELO	40	M4044	4	M					ASSCT MUN PALMELA	00:34:39
23	253	JOSE AUGUSTO	49	M4549	4	M					GDR FIGUEIRAS	00:34:54
24	589	ANTONIO CORREIA	42	M4044	5	M					AA CARTAXENSE	00:34:57
25	210	GONÇALO FERREIRA	38	M2039	14	M					GD INE	00:35:09 1
26	710	JOAO MIRANDA	40	M4044	6	M					AA MAFRA	00:35:10
27	651	LUIS MOTA	42	M4044	7	M					ADR AGUAS BELAS	00:35:14
28	186	MARCO MARQUES	28	M2039	15	M					UFCI TOMAR	00:35:16
29	585	RODRIGO COSTA	19	M1819	3	M					AA CARTAXENSE	00:35:20
30	617	ANTONIO POEIRAS	51	M5054	1	M					ACR SOUTOS	00:35:20
31	645	JORGE COSME	39	M2039	16	M					INDIVIDUAL	00:35:20
32	320	LUIS DUARTE	22	M2039	17	M					CA BARREIRA	00:35:21
33	457	JOAO FULGENCIO	26	M2039	18	M					A 20 KM ALMEIRIM	00:35:23

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
34	848	LUIS GOMES	30	M2039	19	M					C VETERANOS LIS	00:35:24
35	105	DIOGO ROSA	19	M1819	4	M					CR CRUZ PAU	00:35:27 1
36	584	JOSE CUSTODIO	46	M4549	5	M					AA CARTAXENSE	00:35:28
37	438	RUI RODRIGUES	35	M2039	20	M					CDCR CTT COIMBRA	00:35:31 1
38	184	ANDRE FERREIRA	21	M2039	21	M					UFCI TOMAR	00:35:34
39	781	ANTONIO FRANCISCO	47	M4549	6	M					GA CARANGUEJEIRA	00:35:49
40	437	RUI LOPES	33	M2039	22	M					CDCR CTT COIMBRA	00:35:54 1
41	464	ANDRE DINIS	31	M2039	23	M					GDRC	00:35:58
42	44	JOAQUIM CAPUCHO	48	M4549	7	M					CDR AGUIAS UNIDAS	00:35:59
43	813	MARCO FRANCO	30	M2039	24	M					ADR AGUAS BELAS	00:36:00 1
44	334	MARCIO PEREIRA	31	M2039	25	M					GIRA SOL	00:36:01
45	754	JOAO DIAS	39	M2039	26	M					CRD ARRUDENSE	00:36:04
46	787	JORGE PINA	35	M2039	27	M					SR CAMARNAL	00:36:08
47	418	DAVID SILVA	19	M1819	5	M					UDR ZONA ALTA	00:36:10
48	721	RUI PERDIGAO	44	M4044	8	M					CLAC	00:36:14
49	424	OCTAVIO VICENTE	26	M2039	28	M					UDR ZONA ALTA	00:36:22
50	620	LUIS SIMOES	50	M5054	2	M					INDIVIDUAL	00:36:24
51	751	RAUL JORGE	39	M2039	29	M					CD AGUIAS ALPIARÇA	00:36:25
52	61	NELSON GRAÇA	23	M2039	30	M					INDIVIDUAL	00:36:26
53	803	JOAO SILVA	52	M5054	3	M					NS LOURINHA	00:36:27
54	436	FERNANDO CARVALHO	35	M2039	31	M					CDCR CTT COIMBRA	00:36:28
55	470	OSVALDO NASCIMENTO	47	M4549	8	M					RUN CACEM	00:36:29
56	228	JOSE AFONSO	50	M5054	4	M					GD O INDEPENDENTE	00:36:38
57	312	HELDER CARREIRA	34	M2039	32	M					CA BARREIRA	00:36:45 1
58	422	JOAO PLACIDO	25	M2039	33	M					UDR ZONA ALTA	00:36:49
59	420	RUBEN VIOLANTE	18	M1819	6	M					UDR ZONA ALTA	00:36:50
60	252	ARTINO MOTA	49	M4549	9	M					GDR FIGUEIRAS	00:36:54
61	761	AMBROSIO PEREIRA	39	M2039	34	M					CRD ARRUDENSE	00:36:57
62	391	JOAO MARTINS	45	M4549	10	M					CUA BENAVENTENSE	00:37:00 1
63	821	AMATO TEIXEIRA	21	M2039	35	M					GDAC BOUÇA	00:37:00 1
64	801	SUSANA FRANCISCO	19	F1819	1	F					NS LOURINHA	00:37:04
65	208	ANTONIO SANTOS	52	M5054	5	M					GD INE	00:37:05
66	800	HENRIK SANTOS	21	M2039	36	M					NS LOURINHA	00:37:06 1
67	804	JOAO FRANCO	57	M5559	1	M					NS LOURINHA	00:37:08
68	43	RUI AFONSO	41	M4044	9	M					CDR AGUIAS UNIDAS	00:37:11
69	393	VITOR REGO	36	M2039	37	M					SR CAMARNAL	00:37:12 1
70	229	LUIS PEREIRA	51	M5054	6	M					GD O INDEPENDENTE	00:37:13
71	745	VENTURA PIRES	55	M5559	2	M					AM AMOREIRA	00:37:14
72	319	ANTONIO SIMOES	51	M5054	7	M					UDR ZONA ALTA	00:37:20
73	50	AGOSTINHO GONÇALVES	52	M5054	8	M					CDR AGUIAS UNIDAS	00:37:23

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
74	392	ANTONIO PINHEIRO	39	M2039	38	M					SR CAMARNAL	00:37:25
75	404	CARLOS PEREIRA	39	M2039	39	M					CA RIACHENSE	00:37:43
76	633	BRUNO SALVADOR	33	M2039	40	M					INDIVIDUAL	00:37:44
77	9	PEDRO CAPELA	30	M2039	41	M					GAU BAJOUCA	00:37:47
78	680	RAFAEL MIGUEL	18	M1819	7	M					INDIVIDUAL	00:37:49
79	843	VITOR LOPES	42	M4044	10	M					C VETERANOS LIS	00:37:50
80	47	JORGE AMARAL	48	M4549	11	M					CDR AGUIAS UNIDAS	00:37:51
81	795	JOAQUIM QUITERIO	36	M2039	42	M					AC VERMOIL	00:37:53 1
82	249	PAULO SIMAO	41	M4044	11	M					GDR FIGUEIRAS	00:37:58
83	439	PAULO PEREIRA	43	M4044	12	M					CDCR CTT COIMBRA	00:38:07
84	732	EDUARDO GOMES	47	M4549	12	M					CLAC	00:38:08
85	48	PEDRO LUIS	37	M2039	43	M					CDR AGUIAS UNIDAS	00:38:14
86	122	FABIO RAMOS	29	M2039	44	M					CR CRUZ PAU	00:38:14
87	829	FRANCISCO MADEIRA	49	M4549	13	M					GCA DONAS	00:38:15
88	307	CARLOS PINTO	42	M4044	13	M					ID VIEIRENSE	00:38:16
89	545	CARLOS MONTEIRO	41	M4044	14	M					CD GRUPO BES	00:38:17 1
90	20	PEDRO SEABRA	29	M2039	45	M					RB RUNNING	00:38:18 1
91	456	FRANCISCO M GAIO	48	M4549	14	M					A 20 KM ALMEIRIM	00:38:19
92	779	DIAMANTINO LOPES	42	M4044	15	M					GA CARANGUEJEIRA	00:38:20 1
93	13	PAULO ALVES	33	M2039	46	M					GD ANDORINHA	00:38:21
94	447	ALBERTO FREEHES	51	M5054	9	M					CDCR CTT COIMBRA	00:38:22 1
95	379	DANIEL ANTUNES	49	M4549	15	M					CAMARA L CLUBE	00:38:23
96	123	AUGUSTO PINTO	37	M2039	47	M					CR CRUZ PAU	00:38:26
97	409	JOAQUIM SANTOS	40	M4044	16	M					CA RIACHENSE	00:38:28
98	101	JOAQUIM ALVES	59	M5559	3	M					CCD O ALVITEJO	00:38:29
99	851	DAVID OLIVEIRA	35	M2039	48	M					C VETERANOS LIS	00:38:30
100	325	DANIEL BAPTISTA	27	M2039	49	M					CA BARREIRA	00:38:33
101	725	ALCINO NUNES	38	M2039	50	M					CLAC	00:38:34 1
102	431	PEDRO M P MATOS	32	M2039	51	M					INDIVIDUAL	00:38:40 1
103	735	SAMUEL GALVEIA	30	M2039	52	M					CADT PORTUCEL	00:38:42
104	412	JOSE NOBRE	46	M4549	16	M					PRAZER CORRIDA	00:38:43
105	85	MIGUEL GOMES	34	M2039	53	M					CCD O ALVITEJO	00:38:45 1
106	86	ROGERRIO DUARTE	43	M4044	17	M					CCD O ALVITEJO	00:38:48 1
107	406	PAULO SIMOES	32	M2039	54	M					CA RIACHENSE	00:38:49
108	407	BRUNO GASPAR	26	M2039	55	M					CA RIACHENSE	00:38:50
109	755	PAULO ANTUNES	18	M1819	8	M					SR CAMARNAL	00:38:50
110	780	JAIME SANTOS	57	M5559	4	M					GA CARANGUEJEIRA	00:38:50
111	152	GONÇALO LOPES	27	M2039	56	M					C BENFICA ABRANTES	00:38:55
112	642	MANUEL L G NOGUEIRA	35	M2039	57	M					INDIVIDUAL	00:38:56
113	720	JOAO SANTOS	34	M2039	58	M					CLAC	00:38:58

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
114	287	JOAO BATISTA	53	M5054	10	M					GDC BANCO	00:38:59
115	65	ANTONIO J R RIBEIRO	44	M4044	18	M					INDIVIDUAL	00:39:00
116	605	PEDRO QUINTELA	42	M4044	19	M					INDIVIDUAL	00:39:02
117	306	NUNO LORVAO	40	M4044	20	M					ID VIEIRENSE	00:39:03
118	481	JOSE RODRIGUES	30	M2039	59	M					AMIGOS EST ORTIGA	00:39:04
119	99	VITOR GOMES	55	M5559	5	M					CCD O ALVITEJO	00:39:06
120	32	JOAQUIM ALEXANDRE	45	M4549	17	M					URD ARRANHO	00:39:07
121	30	MIGUEL TAVARES	38	M2039	60	M					CDUL	00:39:10
122	90	CARLOS SILVA	45	M4549	18	M					CCD O ALVITEJO	00:39:15
123	512	PEDRO GABRIEL	36	M2039	61	M					AMIGOS PARQUE PAZ	00:39:17 1
124	474	FILIFE ALMEIDA	29	M2039	62	M					GD PEDREIRAS	00:39:18
125	704	GONÇALO LUIS	27	M2039	63	M					GDR SABACHEIRA	00:39:20
126	825	LUIS MATOS	40	M4044	21	M					GCA DONAS	00:39:21
127	181	PEDRO LOPES	20	M2039	64	M					UFCI TOMAR	00:39:22
128	139	MADEIRA MOREIRA	50	M5054	11	M					C SARGENTO ARMADA	00:39:24
129	413	PAULO ROLAO	19	M1819	9	M					PRAZER CORRIDA	00:39:25
130	624	PAULO CORREIA	36	M2039	65	M					INDIVIDUAL	00:39:25
131	723	JOSE SILVA	49	M4549	19	M					CLAC	00:39:25
132	445	FERNANDO AVELINO	18	M1819	10	M					CDCR CTT COIMBRA	00:39:27
133	449	FILIFE DIAS	25	M2039	66	M					CPOC	00:39:28
134	51	JOAQUIM GUERREIRO	54	M5054	12	M					CDR AGUIAS UNIDAS	00:39:30
135	483	JOSE DURAO	46	M4549	20	M					AMIGOS EST ORTIGA	00:39:31
136	94	JOSE FERNANDES	51	M5054	13	M					CCD O ALVITEJO	00:39:32
137	818	JOSE F SILVA	49	M4549	21	M					ADR AGUAS BELAS	00:39:32
138	458	JERONIMO PEREIRA	39	M2039	67	M					A 20 KM ALMEIRIM	00:39:34
139	141	DUARTE SARES	54	M5054	14	M					C SARGENTO ARMADA	00:39:35 1
140	796	LEANDRO SANTOS	54	M5054	15	M					AC VERMOIL	00:39:35
141	199	ALBERTO GRAÇA	57	M5559	6	M					UFCI TOMAR	00:39:38
142	653	ANTONIO LOPES	44	M4044	22	M					INDIVIDUAL	00:39:39
143	127	NUNO PEIXOTO	23	M2039	68	M					SC MOITENSE	00:39:43
144	760	CARLOS LOPES	36	M2039	69	M					CRD ARRUDENSE	00:39:43
145	290	JOSE MONTEIRO	54	M5054	16	M					GDC BANCO	00:39:46
146	630	ANIBAL GODINHO	47	M4549	22	M					C M TORRES NOVAS	00:39:48
147	260	JOAO GUERREIRO	46	M4549	23	M					GDR FIGUEIRAS	00:39:51
148	189	ANTONIO COSTA	38	M2039	70	M					UFCI TOMAR	00:39:52
149	840	JOSE F SILVA	59	M5559	7	M					LINDA PASTORA SC	00:39:52
150	844	JOSE GABRIEL	61	M6099	1	M					C VETERANOS LIS	00:39:58 1
151	588	FERNANDO GARÇAO	47	M4549	24	M					AA CARTAXENSE	00:40:01
152	549	JORGE LERCAS	46	M4549	25	M					INDIVIDUAL	00:40:02
153	427	PATRICIA FERREIRA	28	F2039	1	F					UDR ZONA ALTA	00:40:05

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
154	429	JOSE MIRA	41	M4044	23	M					UDR ZONA ALTA	00:40:08
155	612	FERNANDO JACINTO	44	M4044	24	M					ACR SOUTOS	00:40:16 1
156	187	JORGE MAURICIO	37	M2039	71	M					UFCI TOMAR	00:40:17
157	402	PEDRO SOUSA	24	M2039	72	M					CA RIACHENSE	00:40:17
158	155	MIGUEL ,MARQUES	30	M2039	73	M					C BENFICA ABRANTES	00:40:19
159	488	PAULO BASILIO	43	M4044	25	M					OS ZATOPQUES	00:40:21
160	183	PEDRO FERREIRA	29	M2039	74	M					UFCI TOMAR	00:40:22
161	162	JOSE CALAFETE	43	M4044	26	M					UDR ZONA ALTA	00:40:23 1
162	196	MANUEL FREIRE	47	M4549	26	M					UFCI TOMAR	00:40:23
163	566	NUNO PITA	35	M2039	75	M					METRO 2011	00:40:25
164	49	JAIME FIGUEUREDO	44	M4044	27	M					CDR AGUIAS UNIDAS	00:40:27
165	473	MIGUEL GINETO	36	M2039	76	M					GD PEDREIRAS	00:40:30 1
166	622	ANTONIO RIBEIRO	32	M2039	77	M					INDIVIDUAL	00:40:31
167	832	ACACIO MONSANTO	54	M5054	17	M					GCA DONAS	00:40:32
168	729	CARLOS ANTUNES	46	M4549	27	M					CLAC	00:40:33
169	370	EURICO AGOSTINHO	50	M5054	18	M					GDCR ZAMB S CALVO	00:40:34
170	446	DIOGO CARVALHO	18	M1819	11	M					CDCR CTT COIMBRA	00:40:42
171	255	MARIO DUARTE	53	M5054	19	M					GDR FIGUEIRAS	00:40:43
172	8	OTELO PEREIRA	37	M2039	78	M					GAU BAJOUCA	00:40:44 1
173	235	JOAO ELIAS	65	M6099	2	M					GD O INDEPENDENTE	00:40:49
174	631	TIAGO GODINHO	18	M1819	12	M					C M TORRES NOVAS	00:40:50
175	288	BRUNO PIRES	29	M2039	79	M					GDC BANCO	00:40:54
176	303	MARIO PEDRO	37	M2039	80	M					ID VIEIRENSE	00:40:57
177	313	NUNO DIAS	32	M2039	81	M					CA BARREIRA	00:40:57
178	314	CARINA MATIAS	26	F2039	2	F					CA BARREIRA	00:40:57
179	508	EDUARDO BRANCO	32	M2039	82	M					INDIVIDUAL	00:40:58
180	426	HUGO FERREIRA	28	M2039	83	M					UDR ZONA ALTA	00:40:59
181	797	FILIFE CARVALHEIRA	47	M4549	28	M					GAU BAJOUCA	00:41:00
182	683	HUGO AGOSTINHO	29	M2039	84	M					INDIVIDUAL	00:41:01
183	100	LUIS ORVALHO	58	M5559	8	M					CCD O ALVITEJO	00:41:02
184	126	JOSE CORREIA	56	M5559	9	M					CR CRUZ PAU	00:41:06
185	259	LEONEL RODRIGUES	56	M5559	10	M					GDR FIGUEIRAS	00:41:07
186	480	ABILIO	52	M5054	20	M					GDC EIRAPEDRENSE	00:41:10
187	846	VASCO MARQUES	39	M2039	85	M					C VETERANOS LIS	00:41:12
188	736	ABREU MOURA	55	M5559	11	M					CLAC	00:41:18
189	660	FERNANDO MARQUES	43	M4044	28	M					INDIVIDUAL	00:41:19
190	106	RUI PAREDES	36	M2039	86	M					CR CRUZ PAU	00:41:21
191	454	JORGE POLIDORO	44	M4044	29	M					A 20 KM ALMEIRIM	00:41:22
192	116	CARLOS PALAS	51	M5054	21	M					CR CRUZ PAU	00:41:25
193	690	CARLOS SOARES	43	M4044	30	M					CCRD BURINHOSA	00:41:32

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
194	154	RUI INÊS	38	M2039	87	M					C BENFICA ABRANTES	00:41:33
195	373	ARMINDO SANTOS	50	M5054	22	M					FF PAZ MUNDIAL	00:41:33
196	850	RUI FILIPE	28	M2039	88	M					C VETERANOS LIS	00:41:33
197	209	CARLOS ALBERTO	52	M5054	23	M					GD INE	00:41:34
198	55	JOSE AVELINO	55	M5559	12	M					INDIVIDUAL	00:41:35
199	247	PAULO MORENO	33	M2039	89	M					GDR FIGUEIRAS	00:41:36
200	248	FRANCISCO MORENO	36	M2039	90	M					GDR FIGUEIRAS	00:41:36
201	95	JOAQUIM MARTINS	51	M5054	24	M					CCD O ALVITEJO	00:41:38
202	365	ALCINDO ALMEIDA	53	M5054	25	M					CR LEOES P SALVO	00:41:41
203	277	PAULO CORREIA	45	M4549	29	M					OS SANTARENOS	00:41:44
204	521	LUIS NEVES	33	M2039	91	M					MARINHAIS AC	00:41:48
205	742	SERGIO FERREIRA	28	M2039	92	M					INDIVIDUAL	00:41:49
206	102	JOSE ORVALHO	62	M6099	3	M					CCD O ALVITEJO	00:41:50
207	299	GONÇALO SANTOS	37	M2039	93	M					GDC PORTO SINES	00:41:50 1
208	849	DIOGO FERREIRA	30	M2039	94	M					C VETERANOS LIS	00:41:50
209	240	JOAQUIM GOMES	47	M4549	30	M					GD O INDEPENDENTE	00:41:53
210	237	ANTONIO CARVALHO	54	M5054	26	M					MADURO ATLETIC	00:41:54
211	366	ANTONIO CLARA	48	M4549	31	M					GDCR ZAMB S CALVO	00:41:55
212	40	FRANCISCO FERNANDES	68	M6099	4	M					CDR AGUIAS UNIDAS	00:42:03
213	291	NUNO PIRES	19	M1819	13	M					GDC BANCO	00:42:05
214	676	ANTONIO FERREIRA	40	M4044	31	M					AMIGOS PARQUE PAZ	00:42:05
215	279	MARIO NETO	34	M2039	95	M					OS SANTARENOS	00:42:06
216	271	NELIO ALMEIDA	22	M2039	96	M					ATLETICO C SÃO	00:42:07
217	568	RUI LIMA	35	M2039	97	M					INDIVIDUAL	00:42:07
218	318	DULCINEA SILVA	39	F2039	3	F					CA BARREIRA	00:42:09
219	820	MANUEL GOMES	57	M5559	13	M					ADR AGUAS BELAS	00:42:09
220	308	ALBERTO VINAGRE	49	M4549	32	M					ID VIEIRENSE	00:42:11
221	465	MARIO SANTOS	40	M4044	32	M					GDCR	00:42:12
222	46	VITOR JORGE	48	M4549	33	M					CDR AGUIAS UNIDAS	00:42:14
223	347	ANTONIO SOROMENHO	52	M5054	27	M					ASSCT MUN PALMELA	00:42:15
224	164	MANUEL ALMEIDA	53	M5054	28	M					LA VAO ALMEIRIM	00:42:16
225	515	JORGE FERREIRA	40	M4044	33	M					INDIVIDUAL	00:42:16
226	575	CARLOS TEIXEIRA	38	M2039	98	M					AMIGOS PARQUE PAZ	00:42:18
227	577	MANUEL SILVA	56	M5559	14	M					TANDUR	00:42:20
228	315	RUI PEREIRA	53	M5054	29	M					CA BARREIRA	00:42:22
229	193	ERNESTO PARENTE	45	M4549	34	M					UFCI TOMAR	00:42:25
230	509	VITOR VELOSO	35	M2039	99	M					TANDUR	00:42:32 1
231	231	FERNANDO CATARINO	57	M5559	15	M					GD O INDEPENDENTE	00:42:34
232	388	LUIS C ALEXANDRE	35	M2039	100	M					INDIVIDUAL	00:42:37
233	29	ANTONIO CABRAL	56	M5559	16	M					CDUL	00:42:39

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
234	726	JOSE FONTINHA	33	M2039	101	M					CLAC	00:42:40
235	180	MARCIO BATISTA	20	M2039	102	M					UFCI TOMAR	00:42:42
236	309	ARTUR GONÇALVES	35	M2039	103	M					AA LEBRES SADO	00:42:43
237	41	SEVYN SHAIN	26	M2039	104	M					CDR AGUIAS UNIDAS	00:42:44
238	220	JOAQUIM PESSOA	51	M5054	30	M					C VETERANOS	00:42:45
239	684	DUARTE BARRETO	36	M2039	105	M					AA CARTAXENSE	00:42:46 1
240	33	EDGAR FRANCISCO	45	M4549	35	M					URD ARRANHO	00:42:48
241	83	ANA MARGARIDA	44	F4099	1	F					CCD O ALVITEJO	00:42:48
242	831	FRANCISCO FARIAS	53	M5054	31	M					GCA DONAS	00:42:48
243	773	HENRIQUES SIMAO	41	M4044	34	M					GD DIANA	00:42:49
244	629	CARLOS SOUSA	46	M4549	36	M					C M TORRES NOVAS	00:42:51
245	223	JOSE FERNANDES	38	M2039	106	M					GD O INDEPENDENTE	00:42:53
246	772	JOAQUIM VIEIRA	44	M4044	35	M					GD DIANA	00:42:53
247	135	FERNANDO PEREIRA	37	M2039	107	M					C SARGENTO ARMADA	00:42:55
248	543	RODRIGO SILVA	43	M4044	36	M					AMIGOS PARQUE PAZ	00:42:59
249	852	RICARDO	31	M2039	108	M					C VETERANOS LIS	00:42:59
250	217	HELDER MARQUES	45	M4549	37	M					SR CAMARNAL	00:43:00
251	236	FRANCISCO FERA	68	M6099	5	M					GD O INDEPENDENTE	00:43:02
252	523	JOSE LEAL	34	M2039	109	M					MARINHAIS AC	00:43:02 1
253	522	ANTONIO LEAL	39	M2039	110	M					MARINHAIS AC	00:43:03
254	448	LUIS SANTOS	40	M4044	37	M					CSCR LITEIROS	00:43:04
255	466	FERNANDO GUERRA	51	M5054	32	M					GDRC	00:43:06
256	717	JOSE FIDELIO	56	M5559	17	M					CLAC	00:43:07
257	3	PAULO FONSECA	47	M4549	38	M					CP ALCANENA	00:43:09
258	35	JOAO NUNES	43	M4044	38	M					URD ARRANHO	00:43:10
259	377	JOAO CARVALHO	61	M6099	6	M					CF OS AVISENSES	00:43:11
260	28	FRANCISCA MORGADO	20	F2039	4	F					CDUL	00:43:13
261	450	VITORINO CORAGEM	58	M5559	18	M					ABUTRES R TEAM	00:43:16 1
262	731	JOAO FERREIRA	34	M2039	111	M					CLAC	00:43:17
263	707	NELSON FERREIRA	25	M2039	112	M					GDR SABACHEIRA	00:43:19
264	367	LUCAS DELGADO	57	M5559	19	M					GDCR ZAMB S CALVO	00:43:22
265	156	CARLOS MATOS	37	M2039	113	M					C BENFICA ABRANTES	00:43:26
266	227	JOSE CARLOS	45	M4549	39	M					GD O INDEPENDENTE	00:43:26
267	640	JORGE GAMEIRO	50	M5054	33	M					ACR SOUTOS	00:43:26
268	453	NUNO EVANGELISTA	31	M2039	114	M					A 20 KM ALMEIRIM	00:43:29
269	331	CARLOS CALDEIRA	47	M4549	40	M					A DANIEL CALDEIRA	00:43:31 1
270	467	ANTONIO INACIO	55	M5559	20	M					GDRC	00:43:32
271	621	VITOR MARQUES	46	M4549	41	M					AA CARTAXENSE	00:43:36
272	258	EVANGELINO CARDEIRA	55	M5559	21	M					GDR FIGUEIRAS	00:43:38
273	389	JOAO GONÇALVES	19	M1819	14	M					INDIVIDUAL	00:43:38

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
274	486	JOSE APARICIO	22	M2039	115	M					C BENFICA ABRANTES	00:43:40
275	700	RUI LOPES	20	M2039	116	M					GDR SABACHEIRA	00:43:40
276	656	JOAO B MARTINS	25	M2039	117	M					INDIVIDUAL	00:43:41
277	121	MANUEL NASCIMENTO	54	M5054	34	M					CR CRUZ PAU	00:43:42
278	369	VELENTIM FERNANDES	55	M5559	22	M					GDCR ZAMB S CALVO	00:43:42
279	225	FILIFE NEVES	42	M4044	39	M					GD O INDEPENDENTE	00:43:44
280	789	NUNO D ALMEIDA	39	M2039	118	M					RUN 4 FUN	00:43:44 1
281	73	DANIEL PINTO	26	M2039	119	M					A VALE SILENCIO	00:43:46
282	727	GONÇALO PEREIRA	32	M2039	120	M					CLAC	00:43:46
283	546	SANDRO JORDAO	29	M2039	121	M					INDIVIDUAL	00:43:51
284	798	ALFREDO SANTOS	55	M5559	23	M					AC VERMOIL	00:43:52
285	107	JOSE DE SOUSA	51	M5054	35	M					CR CRUZ PAU	00:43:53
286	550	LUIS PONCIANO	39	M2039	122	M					INDIVIDUAL	00:43:54
287	31	FILIFE BRANCO	41	M4044	40	M					URD ARRANHO	00:43:56
288	507	CARLOS A C MENDES	54	M5054	36	M					INDIVIDUAL	00:43:59
289	663	JORGE PINHEIRO	44	M4044	41	M					RUN 4 FUN	00:43:59
290	226	CRIZANTO CRUZ	42	M4044	42	M					GD O INDEPENDENTE	00:44:05
291	317	DANIEL LOURENÇO	37	M2039	123	M					CA BARREIRA	00:44:07
292	540	MANUEL CRUZ	57	M5559	24	M					CORRER A TERRA	00:44:08 1
293	502	SILVINO J C MORINGA	56	M5559	25	M					INDIVIDUAL	00:44:10
294	604	FERNANDO SOARES	36	M2039	124	M					INDIVIDUAL	00:44:11 1
295	768	ANTONIO RAMOS	42	M4044	43	M					INDIVIDUAL	00:44:12
296	455	JOAO LUZIA	48	M4549	42	M					A 20 KM ALMEIRIM	00:44:14
297	749	HENRIQUE NARCISO	44	M4044	44	M					CLAC	00:44:15
298	59	JOSE A N M M FERREIRA	43	M4044	45	M					INDIVIDUAL	00:44:16
299	581	JOAO GAMEIRO	59	M5559	26	M					AA CARTAXENSE	00:44:20
300	7	MARCO VITORINO	30	M2039	125	M					CP ALCANENA	00:44:21
301	430	ANGELO SEQUEIRA	45	M4549	43	M					UDR ZONA ALTA	00:44:25
302	342	RICARDO GUIMARAES	27	M2039	126	M					ASSCT MUN PALMELA	00:44:32
303	703	TELMO GLORIA	20	M2039	127	M					GDR SABACHEIRA	00:44:32
304	635	JOSE L DUARTE	50	M5054	37	M					INDIVIDUAL	00:44:34
305	89	VASCO LOURENÇO	42	M4044	46	M					CCD O ALVITEJO	00:44:36
306	740	PEDRO RAPOSO	32	M2039	128	M					AA CARTAXENSE	00:44:38
307	547	LUIS ALVES	36	M2039	129	M					INDIVIDUAL	00:44:40
308	579	VITOR ALMEIDA	30	M2039	130	M					INDIVIDUAL	00:44:40
309	582	VITOR SANTOS	47	M4549	44	M					AA CARTAXENSE	00:44:41
310	845	VITO ANTUNES	55	M5559	27	M					C VETERANOS LIS	00:44:41
311	158	CARLOS DIAS	45	M4549	45	M					C BENFICA ABRANTES	00:44:42
312	401	DIOGO VIEIRA	18	M1819	15	M					CA RIACHENSE	00:44:42
313	479	JOSE MATIAS	55	M5559	28	M					GDC EIRAPEDRENSE	00:44:42

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
314	120	JOSE SINTRA	65	M6099	7	M					CR CRUZ PAU	00:44:43
315	417	MARIO RUI	38	M2039	131	M					GINASIO M	00:44:44
316	250	VITOR CARDEIRA	45	M4549	46	M					GDR FIGUEIRAS	00:44:46
317	513	NUNO GOMES	41	M4044	47	M					AMIGOS PARQUE PAZ	00:44:47
318	670	PATRICIA DINIS	25	F2039	5	F					INDIVIDUAL	00:44:47
319	790	SOFIA MARMELO	18	F1819	2	F					CA FERREIRA ZEZERE	00:44:51
320	54	CARLOS SOUSA	54	M5054	38	M					INDIVIDUAL	00:44:52
321	92	FRANCISCO CALÇADA	46	M4549	47	M					CCD O ALVITEJO	00:44:52
322	376	MANUEL MARTINHO	58	M5559	29	M					C FERROV PORTUGAL	00:44:52
323	611	RUI CARREIRA	47	M4549	48	M					ACR SOUTOS	00:44:53
324	434	ANTONIO MARQUES	50	M5054	39	M					GAU BAJOUCA	00:44:56
325	82	CARLA CALÇADA	41	F4099	2	F					CCD O ALVITEJO	00:44:57 1
326	185	JOSE FONSECA	46	M4549	49	M					UFCI TOMAR	00:44:57
327	722	JOAQUIM MOURA	60	M6099	8	M					CLAC	00:45:00
328	403	RUI INACIO	22	M2039	132	M					CA RIACHENSE	00:45:01 1
329	382	ALBERTO R CRUZ	62	M6099	9	M					INDIVIDUAL	00:45:06
330	500	JOAO P JACINTO	43	M4044	48	M					INDIVIDUAL	00:45:06 1
331	23	ALCIDES NUNES	52	M5054	40	M					OS PERIGOSOS	00:45:07
332	24	BENTO VALENTE	45	M4549	50	M					OS PERIGOSOS	00:45:07
333	792	EUGENIO MENDES	49	M4549	51	M					AC VERMOIL	00:45:09 1
334	485	JOAQUIM SANTOS	48	M4549	52	M					AMIGOS EST ORTIGA	00:45:10
335	242	NUNO MARQUES	43	M4044	49	M					RUN 4 FUN	00:45:12
336	191	FERNANDO NEVES	41	M4044	50	M					UFCI TOMAR	00:45:14
337	60	JOSE PEDRO	38	M2039	133	M					INDIVIDUAL	00:45:15
338	93	HORACIO RUIVO	50	M5054	41	M					CCD O ALVITEJO	00:45:16
339	706	VASCO LOPES	18	M1819	16	M					GDR SABACHEIRA	00:45:16 1
340	212	NUNO MARTINS	39	M2039	134	M					GD INE	00:45:17 1
341	628	JOAO FARINHA	52	M5054	42	M					INDIVIDUAL	00:45:20
342	245	FERNANDO ANDRADE	56	M5559	30	M					O MUNDO CORRIDA	00:45:23
343	573	JOAO HEBIL	49	M4549	53	M					INDIVIDUAL	00:45:23
344	737	FRANCISCO CONFRARIA	39	M2039	135	M					CALMA	00:45:29 1
345	842	AMERICO SANTOS	57	M5559	31	M					C VETERANOS LIS	00:45:29
346	233	HENRIQUE LINARES	57	M5559	32	M					GD O INDEPENDENTE	00:45:30 1
347	374	JOAO SANTOS	46	M4549	54	M					C PRAÇAS ARMADA	00:45:30
348	563	MARIO VIEIRA	38	M2039	136	M					QUATRO E MEIA	00:45:31
349	776	ANTONIO V OLIVEIRA	52	M5054	43	M					INDIVIDUAL	00:45:31
350	414	RUI ALMEIDA	26	M2039	137	M					CR LEOS P SALVO	00:45:32
351	655	RITA RIBEIRO	27	F2039	6	F					AA CARTAXENSE	00:45:32
352	596	JORGE ALVES	56	M5559	33	M					AMIGOS PARQUE PAZ	00:45:33 1
353	200	CAROLINA FELIZ	52	F4099	3	F					UFCI TOMAR	00:45:34

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
354	399	ANTONIO JOAQUIM	51	M5054	44	M					SFA SEGUROS	00:45:41
355	167	RICARDO VINAGRE	31	M2039	138	M					LA VAO ALMEIRIM	00:45:42 1
356	590	ALEXANDRA PORTELA	41	F4099	4	F					AA CARTAXENSE	00:45:43
357	405	CARLOS F PEREIRA	27	M2039	139	M					CA RIACHENSE	00:45:48
358	415	FILIPA MOUTINHO	28	F2039	7	F					GINASIO M	00:45:48
359	190	PAULO MARQUES	24	M2039	140	M					UFCI TOMAR	00:45:50
360	137	JORGE NETO	45	M4549	55	M					C SARGENTO ARMADA	00:45:51
361	637	PEDRO VIEIRA	32	M2039	141	M					INDIVIDUAL	00:45:52
362	25	LUIS FARINHA	55	M5559	34	M					OS PERIGOSOS	00:45:53
363	561	ANDRE SIMOES	21	M2039	142	M					QUATRO E MEIA	00:45:54
364	262	JORGE APOLINARIO	41	M4044	51	M					LA VAO ALMEIRIM	00:45:56
365	757	JOAO MOURAO	58	M5559	35	M					UDR ZONA ALTA	00:45:56
366	565	ANTONIO P ALMEIDA	52	M5054	45	M					INDIVIDUAL	00:45:57
367	786	RAQUEL PEDRO	25	F2039	8	F					SR CAMARNAL	00:46:01
368	432	LUIS VIEIRA	58	M5559	36	M					UDR ZONA ALTA	00:46:03
369	477	FILIPE MOREIRA	30	M2039	143	M					GD PEDREIRAS	00:46:08
370	80	HELENA PEREIRA	37	F2039	9	F					CCD O ALVITEJO	00:46:10
371	685	ANIBAL SILVA	47	M4549	56	M					CCRD BURINHOSA	00:46:12
372	794	FILIPE LEITAO	39	M2039	144	M					AC VERMOIL	00:46:15
373	125	RICARDO GERMANO	39	M2039	145	M					CR CRUZ PAU	00:46:17
374	302	RAQUEL CAMPOS	30	F2039	10	F					CLUBE STRESS	00:46:25
375	746	TIAGO DIONIZIO	29	M2039	146	M					AM AMOREIRA	00:46:25 1
376	440	FERNANDO FONSECA	48	M4549	57	M					CDCR CTT COIMBRA	00:46:27
377	793	SERGIO SILVA	37	M2039	147	M					AC VERMOIL	00:46:29
378	203	PAULO CRAVO	43	M4044	52	M					AC SALVATERRA	00:46:31 1
379	39	JOSE CASTRO	49	M4549	58	M					UDR ZONA ALTA	00:46:33
380	151	LUCIO MENDES	53	M5054	46	M					INDIVIDUAL	00:46:34
381	280	JOAO RAMOS	50	M5054	47	M					OS SANTARENOS	00:46:34
382	805	JOAO SANTOS	63	M6099	10	M					NS LOURINHA	00:46:35
383	214	NUNO ROMAO	43	M4044	53	M					GD INE	00:46:36
384	361	JORGE MORGADO	46	M4549	59	M					INDIVIDUAL	00:46:36
385	5	LUIS SILVA	40	M4044	54	M					CP ALCANENA	00:46:37
386	719	JOSE SANTOS	55	M5559	37	M					CLAC	00:46:38
387	682	HELDER PEREIRA	31	M2039	148	M					INDIVIDUAL	00:46:39
388	27	SILVIA SOBREIRA	39	F2039	11	F					CDUL	00:46:41
389	728	ANTONIO PAIXAO	60	M6099	11	M					CLAC	00:46:46
390	206	JOAO RALHA	51	M5054	48	M					RUN 4 FUN	00:46:47
391	278	PEDRO CARVALHO	47	M4549	60	M					OS SANTARENOS	00:46:49
392	169	MANUEL RUSSO	60	M6099	12	M					LA VAO ALMEIRIM	00:46:53
393	322	ISABEL PAULO	44	F4099	5	F					CA BARREIRA	00:46:57

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
394	254	FERNANDO SANTOS	51	M5054	49	M					GDR FIGUEIRAS	00:46:58
395	321	JOAO PROSPERO	58	M5559	38	M					CA BARREIRA	00:46:58 1
396	847	JULIO LOPES	36	M2039	149	M					C VETERANOS LIS	00:46:59
397	281	JOSE CAROLA	35	M2039	150	M					OS SANTARENOS	00:47:03
398	42	CARLOS RODRIGUES	42	M4044	55	M					INDIVIDUAL	00:47:04
399	738	OLIMPIO GUEDELHA	55	M5559	39	M					GAA VILA FRANCA XIRA	00:47:04
400	142	HENRIQUE ALVAREDO	53	M5054	50	M					C SARGENTO ARMADA	00:47:10
401	360	JAIME MESTRE	31	M2039	151	M					INDIVIDUAL	00:47:10
402	408	RENATA MOTA	20	F2039	12	F					CA RIACHENSE	00:47:15
403	257	DIAMANTINO CRUZ	53	M5054	51	M					GDR FIGUEIRAS	00:47:16
404	348	ALFREDO BARBOSA	57	M5559	40	M					PINTO & CRUZ	00:47:20 1
405	170	HELDER PIMENTA	39	M2039	152	M					CORRER A TERRA	00:47:25
406	695	ANDRE CARVALHO	27	M2039	153	M					INDIVIDUAL	00:47:31 1
407	697	SERGIO POCINHO	24	M2039	154	M					INDIVIDUAL	00:47:31 1
408	368	JOAO CALÇADA	41	M4044	56	M					GDCR ZAMB S CALVO	00:47:32
409	375	POSSIDONIO CONSTANTINO	58	M5559	41	M					C PRAÇAS ARMADA	00:47:32
410	111	JOSE GONÇALVES	69	M6099	13	M					CR CRUZ PAU	00:47:35
411	594	ANTONIO PRIMOR	68	M6099	14	M					SC MOITENSE	00:47:39
412	269	LEONEL EUSEBIO	43	M4044	57	M					ATLETICO C SÃO	00:47:40
413	282	EUGENIO ,PISCO	59	M5559	42	M					OS SANTARENOS	00:47:42
414	785	PEDRO J G FERREIRA	45	M4549	61	M					INDIVIDUAL	00:47:42
415	712	JOSE FELICIO	39	M2039	155	M					CLAC	00:47:45
416	806	ANA RITA SILVA	18	F1819	3	F					NS LOURINHA	00:47:45
417	688	JOSE RATO	52	M5054	52	M					CCRD BURINHOSA	00:47:47
418	363	ANALICE SILVA	67	F4099	6	F					LIBERDADE AC	00:47:49
419	36	GILBERTO GONÇALVES	62	M6099	15	M					CR ALVORADA	00:47:50
420	145	JAIME MARTINS	60	M6099	16	M					C SARGENTO ARMADA	00:47:51
421	362	JULIO HENRIQUES	61	M6099	17	M					INDIVIDUAL	00:47:53
422	527	LUIS PIRES	43	M4044	58	M					AMIGOS PARQUE PAZ	00:47:58
423	261	JOAO RICARDO	48	M4549	62	M					GDR FIGUEIRAS	00:48:04
424	674	FERNANDO GIL	58	M5559	43	M					INDIVIDUAL	00:48:06 1
425	115	BERNARDO SOUSA	19	M1819	17	M					CR CRUZ PAU	00:48:07
426	371	JOAO HONORIO	42	M4044	59	M					CD METALSOC	00:48:11
427	372	CESAR RODRIGUES	47	M4549	63	M					CD METALSOC	00:48:11
428	533	HIPOLITO FERREIRA	46	M4549	64	M					INDIVIDUAL	00:48:12
429	110	NORBERTO SANTOS	53	M5054	53	M					SC MOITENSE	00:48:13
430	397	RODRIGO MARTINS	36	M2039	156	M					EDAC	00:48:14
431	574	CARLOS M D SANTOS	44	M4044	60	M					INDIVIDUAL	00:48:15
432	381	PAULO H C LOPES	42	M4044	61	M					INDIVIDUAL	00:48:17 1
433	359	CARLOS SECO	31	M2039	157	M					INDIVIDUAL	00:48:22

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
434	114	PAULO SOARES	43	M4044	62	M					CR CRUZ PAU	00:48:25
435	386	EMILIO MIRANDA	45	M4549	65	M					INDIVIDUAL	00:48:27
436	148	JOAQUIM SIVA	58	M5559	44	M					C VETERANOS	00:48:30
437	75	JOSE PEREIRA	54	M5054	54	M					INDIVIDUAL	00:48:31
438	72	MANUEL J S RAMOS	42	M4044	63	M					INDIVIDUAL	00:48:32
439	232	JORGE NUNES	57	M5559	45	M					GD O INDEPENDENTE	00:48:33
440	567	RAFAEL SANTOS	44	M4044	64	M					METRO 2011	00:48:36
441	174	FRANCISCO PINHEIRO	56	M5559	46	M					GA MONSANTO	00:48:37
442	634	AMILCAR COSTA	41	M4044	65	M					INDIVIDUAL	00:48:43 1
443	714	JOSE GARRAFAO	49	M4549	66	M					CLAC	00:48:44
444	484	JOSE MARIQUITOS	49	M4549	67	M					AMIGOS EST ORTIGA	00:48:51
445	491	MARLENE PINTO	25	F2039	13	F					INDIVIDUAL	00:48:51
446	133	MAGNIFICA ALVAREDO	56	F4099	7	F					C SARGENTO ARMADA	00:48:52
447	586	SUSY SILVA	41	F4099	8	F					AA CARTAXENSE	00:48:53
448	113	RENATO CRUZ	42	M4044	66	M					CR CRUZ PAU	00:48:55
449	211	MIGUEL BASTOS	45	M4549	68	M					GD INE	00:48:57 1
450	699	ALEXANDRE YIP	39	M2039	158	M					INDIVIDUAL	00:48:57
451	224	EDUARDO RODRIGUES	41	M4044	67	M					GD O INDEPENDENTE	00:49:03
452	495	MARIO FERNANDES	38	M2039	159	M					INDIVIDUAL	00:49:03
453	192	PAULO SALDANHA	45	M4549	69	M					UFCI TOMAR	00:49:04 1
454	693	OCTAVIO MARIANO	40	M4044	68	M					CCRD BURINHOSA	00:49:05
455	103	JOSE GRILATE	66	M6099	18	M					CCD O ALVITEJO	00:49:09
456	104	HENRIQUE RUAS	71	M6099	19	M					CCD O ALVITEJO	00:49:10
457	421	ALEXANDRA OLIVEIRA	18	F1819	4	F					UDR ZONA ALTA	00:49:10
458	587	PEDRO HONORIO	46	M4549	70	M					AA CARTAXENSE	00:49:11
459	468	JOSE ESTEVES	59	M5559	47	M					GDRC	00:49:13
460	441	ANTONIO C GOMES	50	M5054	55	M					CDCR CTT COIMBRA	00:49:16
461	329	NUNO GOMES	33	M2039	160	M					A DANIEL CALDEIRA	00:49:18
462	323	MANUEL BRITO	52	M5054	56	M					CA BARREIRA	00:49:21
463	681	JOAO ROSSAS	30	M2039	161	M					INDIVIDUAL	00:49:30
464	701	DOMINGOS LEMOS	38	M2039	162	M					GDR SABACHEIRA	00:49:40
465	733	MANUEL MAIA	70	M6099	20	M					CLAC	00:49:41
466	672	LUIS M NOGUEIRA	45	M4549	71	M					INDIVIDUAL	00:49:47
467	218	ILIDIO CORDEIRO	46	M4549	72	M					C VETERANOS	00:49:48
468	475	JOSE GINETO	29	M2039	163	M					GD PEDREIRAS	00:49:52
469	748	SERGIO RAMOS	31	M2039	164	M					AM AMOREIRA	00:49:59
470	644	NUNO TEMPERA	41	M4044	69	M					RUN 4 FUN	00:50:01
471	57	JOAQUIM GUERREIRO	50	M5054	57	M					INDIVIDUAL	00:50:07
472	66	CARLOS GUEDES	57	M5559	48	M					INDIVIDUAL	00:50:07
473	26	ANTONIO PICA	62	M6099	21	M					OS PERIGOSOS	00:50:11

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
474	494	AVELINO FERNANDES	38	M2039	165	M					INDIVIDUAL	00:50:12
475	416	PAULO LEITE	45	M4549	73	M					GINASIO M	00:50:13 1
476	763	JOSE MAGALHAES	43	M4044	70	M					RUN 4 FUN	00:50:14
477	387	JOAO MACHADO	49	M4549	74	M					INDIVIDUAL	00:50:15
478	649	RUI FIGUEIREDO	30	M2039	166	M					INDIVIDUAL	00:50:16
479	338	JORGE ESTEVES	46	M4549	75	M					RUN 4 FUN	00:50:18
480	34	RAFHAEL FREITAS	27	M2039	167	M					URD ARRANHO	00:50:19
481	310	ESTELA GONÇALVES	33	F2039	14	F					AA LEBRES SADO	00:50:23
482	641	MARIO LIMA	58	M5559	49	M					INDIVIDUAL	00:50:23
483	476	AUGUSTO RIBEIRO	57	M5559	50	M					GD PEDREIRAS	00:50:24
484	6	VITOR FERREIRA	47	M4549	76	M					CP ALCANENA	00:50:25
485	503	JOAO P S LIMA	51	M5054	58	M					INDIVIDUAL	00:50:26
486	648	PEDRO FERREIRA	35	M2039	168	M					INDIVIDUAL	00:50:26
487	853	NATERCIA CARVALHO	30	F2039	15	F					C VETERANOS LIS	00:50:27
488	694	VITOR RODRIGUES	47	M4549	77	M					CONSTRUÇÕES CR	00:50:30
489	295	VARELA LIMA	51	M5054	59	M					GDC PORTO SINES	00:50:31 1
490	350	JOSE GONÇALVES	48	M4549	78	M					CF OS AVISENSES	00:50:33
491	144	FERNANDO OLIVEIRA	55	M5559	51	M					C SARGENTO ARMADA	00:50:35
492	351	MANUELA GONÇALVES	43	F4099	9	F					CF OS AVISENSES	00:50:35
493	576	MICENIO MENDONÇA	33	M2039	169	M					AMIGOS PARQUE PAZ	00:50:36 1
494	400	JOSE GUIA	62	M6099	22	M					SS CGD	00:50:47
495	84	ISABEL FERNANDES	47	F4099	10	F					CCD O ALVITEJO	00:50:48
496	766	JOSE M V ESTEVES	37	M2039	170	M					INDIVIDUAL	00:50:49
497	462	BRUNO A SANTOS	31	M2039	171	M					GDRC	00:50:50
498	300	JOAO SANTOS	34	M2039	172	M					GDC PORTO SINES	00:50:51 1
499	469	ARLINDO PARRA	49	M4549	79	M					CP EDP LISBOA	00:50:52
500	140	FRANCISCO CURTINHA	53	M5054	60	M					C SARGENTO ARMADA	00:50:54
501	708	PAULO CAETANO	42	M4044	71	M					C MILLENNIUM BCP	00:50:54 1
502	201	ARMENIO ANDRADE	59	M5559	52	M					AC SALVATERRA	00:51:01
503	159	AMAVEL LUZ	50	M5054	61	M					C BENFICA ABRANTES	00:51:02
504	762	ANTONIO SIETRA	39	M2039	173	M					INDIVIDUAL	00:51:02
505	179	JORGE SALDANHA	18	M1819	18	M					UFCI TOMAR	00:51:10
506	511	HENRIQUE VILHENA	54	M5054	62	M					INDIVIDUAL	00:51:18 1
507	673	MANUEL CALÇADA	42	M4044	72	M					INDIVIDUAL	00:51:21
508	666	JOSE SERRA	57	M5559	53	M					BUE DAS SERRAS	00:51:24
509	799	JORGE FORMIGA	38	M2039	174	M					UDR ZONA ALTA	00:51:24
510	537	LUIS SANTOS	59	M5559	54	M					GRUPO S BERNARDO	00:51:25
511	538	JOAO PINTO	53	M5054	63	M					GRUPO S BERNARDO	00:51:26
512	686	VITOR MONTEIRO	43	M4044	73	M					CCRD BURINHOSA	00:51:32
513	718	JOSE RODRIGUES	57	M5559	55	M					CLAC	00:51:37

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
514	119	RICARDO GASPAR	57	M5559	56	M					CR CRUZ PAU	00:51:38
515	178	VANESSA REIS	32	F2039	16	F					GA MONSANTO	00:51:40
516	534	MANUEL DIAS	56	M5559	57	M					INDIVIDUAL	00:51:40
517	654	JOSE M D LOPES	57	M5559	58	M					INDIVIDUAL	00:51:42
518	176	NUNO VENTURA	37	M2039	175	M					INDIVIDUAL	00:51:44
519	68	BRUNO COSTA	29	M2039	176	M					INDIVIDUAL	00:51:45
520	70	PEDRO GAMEIRO	30	M2039	177	M					INDIVIDUAL	00:51:45
521	734	JOSE GALVEIA	58	M5559	59	M					CADT PORTUCEL	00:51:49
522	542	AUGUSTO PINTO	52	M5054	64	M					INDIVIDUAL	00:51:55 1
523	395	FREDERIC SERRE	43	M4044	74	M					OS ZATOPEQUES	00:52:07
524	492	HUMBERTO SILVA	53	M5054	65	M					INDIVIDUAL	00:52:08
525	147	HERMINIO PINHEIRO	64	M6099	23	M					C VETERANOS	00:52:12
526	664	RODOLFO SERRA	28	M2039	178	M					BUE DAS SERRAS	00:52:12
527	665	ISABEL BUE	29	F2039	17	F					BUE DAS SERRAS	00:52:13
528	396	GONALO SEABRA	33	M2039	179	M					OS ZATOPEQUES	00:52:14
529	698	MANUEL PINTO	55	M5559	60	M					CORRER A TERRA	00:52:15
530	713	JOSE BRITO	41	M4044	75	M					CLAC	00:52:15
531	160	CARLOS ALFAIATE	58	M5559	61	M					C BENFICA ABRANTES	00:52:20
532	443	CEU SANTOS	47	F4099	11	F					CDCR CTT COIMBRA	00:52:20
533	207	LUIA RALHA	52	F4099	12	F					RUN 4 FUN	00:52:22
534	506	SANDRA S S MARTINS	33	F2039	18	F					INDIVIDUAL	00:52:23
535	702	ROGERIO SILVA	32	M2039	180	M					GDR SABACHEIRA	00:52:24
536	349	ALBERTO MELO	66	M6099	24	M					PINTO & CRUZ	00:52:25
537	691	PAULO RAINHO	36	M2039	181	M					CCRD BURINHOSA	00:52:27
538	204	TIAGO VAZ	26	M2039	182	M					INDIVIDUAL	00:52:33
539	352	AURORA COUTINHO	47	F4099	13	F					INDIVIDUAL	00:52:34
540	304	VITOR DINIS	38	M2039	183	M					ID VIEIRENSE	00:52:35
541	662	VITOR CARDOSO	47	M4549	80	M					INDIVIDUAL	00:52:37 1
542	410	FERNANDO ROQUE	50	M5054	66	M					CA RIACHENSE	00:52:38
543	623	FILIFE SIILVA	50	M5054	67	M					INDIVIDUAL	00:52:38
544	175	LUIS ANTUNES	49	F4099	14	F					GA MONSANTO	00:52:39 1
545	177	RUI BORGES	48	M4549	81	M					GA MONSANTO	00:52:42 1
546	459	Mª ANTONIETA SA	44	F4099	15	F					A 20 KM ALMEIRIM	00:52:43
547	810	PATRICIA FERREIA	28	F2039	19	F					ADR AGUAS BELAS	00:52:50
548	730	LUIS DOMINGUES	41	M4044	76	M					CLAC	00:52:52
549	711	LUCRECIO DIAS	75	M6099	25	M					CLAC	00:52:53
550	854	MARIANA SILVA	18	F1819	5	F					C VETERANOS LIS	00:52:56
551	274	IOSIF BLETAN	48	M4549	82	M					INDIVIDUAL	00:52:57 1
552	69	CARLOS APARICIO	26	M2039	184	M					INDIVIDUAL	00:52:58 1
553	171	RUI SAL	36	M2039	185	M					LA VAO ALMEIRIM	00:52:58

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
554	263	CARLOS GARCIA	51	M5054	68	M					LA VAO ALMEIRIM	00:52:58
555	562	PAULO PIRES	39	M2039	186	M					QUATRO E MEIA	00:52:59
556	715	JOSE SAPATEIRO	66	M6099	26	M					CLAC	00:52:59
557	759	DEOLINDA ANTONIO	56	F4099	16	F					CRD ARRUDENSE	00:53:08
558	692	RUI VENTURA	50	M5054	69	M					CCRD BURINHOSA	00:53:16
559	173	ANTONIO REYES	48	M4549	83	M					GA MONSANTO	00:53:17 1
560	129	JOAO TOMAS	56	M5559	62	M					CR CRUZ PAU	00:53:19
561	77	LUISA GUERRA	40	F4099	17	F					AA CARTAXENSE	00:53:21 1
562	616	MANUEL BRITES	55	M5559	63	M					ACR SOUTOS	00:53:22 1
563	841	JOSE CORDEIRO	57	M5559	64	M					C VETERANOS LIS	00:53:23
564	219	JOSE MOÇO	46	M4549	84	M					C VETERANOS	00:53:26
565	520	ANTONIO SECA	66	M6099	27	M					CA OS PESADOS	00:53:27
566	128	FRANCISCO FERRO	62	M6099	28	M					CR CRUZ PAU	00:53:32
567	583	FERNANDO COSTA	53	M5054	70	M					AA CARTAXENSE	00:53:35
568	130	INES PEREIRA	40	F4099	18	F					C SARGENTO ARMADA	00:53:36
569	134	ALEXANDRE COSTA	37	M2039	187	M					C SARGENTO ARMADA	00:53:36
570	14	JULIO SERRAS	34	M2039	188	M					GD ANDORINHA	00:53:47
571	241	JOAO FIALHO	40	M4044	77	M					RUN 4 FUN	00:53:47 1
572	600	MARTA NEVES	28	F2039	20	F					AA CARTAXENSE	00:53:53
573	744	JOSE FIGUEIREDO	74	M6099	29	M					ARC SOCASA	00:53:54
574	478	MANUEL PEREIRA	57	M5559	65	M					GDC EIRAPEDRENSE	00:53:59
575	161	HELIO GODINHO	60	M6099	30	M					C BENFICA ABRANTES	00:54:04
576	834	NUNO OLIVEIRA	32	M2039	189	M					INDIVIDUAL	00:54:06
577	687	TELMO PEDROSO	37	M2039	190	M					CCRD BURINHOSA	00:54:11
578	275	EUGENIA VALE	56	F4099	19	F					INDIVIDUAL	00:54:17
579	256	MANUEL BRAS	53	M5054	71	M					GDR FIGUEIRAS	00:54:20
580	354	RENATO SOUTO	30	M2039	191	M					INDIVIDUAL	00:54:21
581	355	VICTOR FERREIRA	43	M4044	78	M					INDIVIDUAL	00:54:21
582	471	BRUNO M C BALAS	29	M2039	192	M					INDIVIDUAL	00:54:25 1
583	423	RUI ESTANQUEIRO	35	M2039	193	M					UDR ZONA ALTA	00:54:38
584	643	FATIMA ALMEIDA	48	F4099	20	F					CR LEOES P SALVO	00:54:42
585	769	LUIS SANTOS	45	M4549	85	M					INDIVIDUAL	00:54:42
586	433	RICARDO DIAS	34	M2039	194	M					EQ RICARDO DIAS	00:54:43
587	580	FERNANDO SILVA	41	M4044	79	M					AA CARTAXENSE	00:54:44
588	696	IVO ROSA	26	M2039	195	M					INDIVIDUAL	00:54:49
589	118	RUI PINTO	45	M4549	86	M					CR CRUZ PAU	00:54:53
590	97	JOSE MAIA	53	M5054	72	M					CCD O ALVITEJO	00:55:05
591	112	LUIS SALGUEIRO	53	M5054	73	M					CR CRUZ PAU	00:55:13 1
592	63	PEDRO RUIVO	30	M2039	196	M					INDIVIDUAL	00:55:23
593	165	ANTONIO JESUS	67	M6099	31	M					LA VAO ALMEIRIM	00:55:26

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
594	222	MARIA CORREIA	58	F4099	21	F					GD O INDEPENDENTE	00:55:27
595	239	JOSE CANELO	32	M2039	197	M					A 20 KM ALMEIRIM	00:55:40 1
596	705	LICINIO GOMES	37	M2039	198	M					GDR SABACHEIRA	00:55:56
597	597	VITOR M M FERNANDES	60	M6099	32	M					CALMA	00:56:00
598	689	JOSE SOARES	48	M4549	87	M					CCRD BURINHOSA	00:56:01
599	143	ALBANO GINJA	55	M5559	66	M					C SARGENTO ARMADA	00:56:37
600	146	ANTONIO NUNES	71	M6099	33	M					C SARGENTO ARMADA	00:56:37
601	197	VITOR MARTO	53	M5054	74	M					UFCI TOMAR	00:56:43
602	234	ANTONIO CORREIA	60	M6099	34	M					GD O INDEPENDENTE	00:56:56
603	517	JORGE SILVA	61	M6099	35	M					CA OS PESADOS	00:56:56
604	592	ISABEL SANTOS	49	F4099	22	F					AA CARTAXENSE	00:56:58 1
605	411	JOAQUIM LIMA	41	M4044	80	M					PRAZER CORRIDA	00:57:00
606	716	JOSE RUFINO	48	M4549	88	M					CLAC	00:57:02
607	149	JOSE ABREU	59	M5559	67	M					C VETERANOS	00:57:31
608	835	PEDRO MORGADO	33	M2039	199	M					INDIVIDUAL	00:57:47
609	91	ANTONIO MARQUES	50	M5054	75	M					CCD O ALVITEJO	00:58:05
610	482	SERGIO DURAO	36	M2039	200	M					AMIGOS EST ORTIGA	00:58:05
611	289	ANTONIO PEREIRA	69	M6099	36	M					GDC BANCO	00:58:10
612	332	RENATO SOUSA	60	M6099	37	M					A DANIEL CALDEIRA	00:58:19
613	333	ANTONIO CALDEIRA	57	M5559	68	M					A DANIEL CALDEIRA	00:58:20
614	398	TIAGO MARTINS	39	M2039	201	M					EDAC	00:58:25
615	124	MANUEL COELHO	71	M6099	38	M					SC MOITENSE	00:58:39
616	172	RUI MALHA	43	M4044	81	M					LA VAO ALMEIRIM	00:58:56
617	775	Mª FATIMA OLIVEIRA	49	F4099	23	F					INDIVIDUAL	00:58:56
618	487	CLAUDIA APARICIO	31	F2039	21	F					C BENFICA ABRANTES	00:59:10
619	428	SANDRA LOPES	19	F1819	6	F					UDR ZONA ALTA	00:59:44
620	356	MARIA VILAÇA	40	F4099	24	F					INDIVIDUAL	00:59:53
621	21	ANABELA NEVES	31	F2039	22	F					TINTAS E COLAS	01:00:10
622	384	ANABELA N SANTOS	36	F2039	23	F					INDIVIDUAL	01:00:18 1
623	76	EBERHARD WILHELM	63	M6099	39	M					INDIVIDUAL	01:00:21
624	19	JOSE MAGRO	41	M4044	82	M					O MUNDO CORRIDA	01:00:34
625	652	SUSAN MOTA	40	F4099	25	F					ADR AGUAS BELAS	01:00:34
626	758	VASCO MARTA	49	M4549	89	M					CRD ARRUDENSE	01:00:44
627	677	DAMIAO DIAS	33	M2039	202	M					INDIVIDUAL	01:01:15
628	606	ANTONIO E COELHO	71	M6099	40	M					INDIVIDUAL	01:01:20
629	339	PAULO MARCOS	43	M4044	83	M					RUN 4 FUN	01:01:28
630	340	INES FORTE	27	F2039	24	F					RUN 4 FUN	01:01:30
631	337	ELSA MOTA	47	F4099	26	F					RUN 4 FUN	01:02:11
632	519	JOSE C C JORGE	62	M6099	41	M					CA OS PESADOS	01:02:27
633	336	JOSE BUGALHO	31	M2039	203	M					CR ALVORADA	01:02:55

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
634	37	REINALDO CAVACO	39	M2039	204	M					OS CENTAUROS	01:02:58
635	358	MAFALDA CARVALHO	31	F2039	25	F					INDIVIDUAL	01:03:03
636	610	ORLANDO DUARTE	53	M5054	76	M					INDIVIDUAL	01:03:03
637	524	RITA M C SILVA	34	F2039	26	F					INDIVIDUAL	01:03:13
638	602	PEDRO SILVA	35	M2039	205	M					INDIVIDUAL	01:03:40
639	636	JOAQUIM P SILVA	57	M5559	69	M					INDIVIDUAL	01:03:40
640	383	LUIS CANHAO	44	M4044	84	M					INDIVIDUAL	01:03:58
641	783	DORA PIRES	45	F4099	27	F					SS CGD	01:03:58
642	595	DIVA COBRA	36	F2039	27	F					INDIVIDUAL	01:04:01
643	647	JOAO C C C CALADO	32	M2039	206	M					INDIVIDUAL	01:04:01
644	767	GERARDO ATIENZA	46	M4549	90	M					RUN 4 FUN	01:04:48
645	109	JOSE PARRANÇA	73	M6099	42	M					CR CRUZ PAU	01:05:04
646	131	ANA PEREIRA	42	F4099	28	F					C SARGENTO ARMADA	01:05:11
647	132	PAULA PINTO	47	F4099	29	F					C SARGENTO ARMADA	01:05:11
648	385	CARLOS M F VITORINO	43	M4044	85	M					C SARGENTO ARMADA	01:05:12
649	816	ANDRIA RAPOSO	24	F2039	28	F					C SARGENTO ARMADA	01:05:12
650	138	ANTONIO PEREIRA	47	M4549	91	M					C SARGENTO ARMADA	01:05:13
651	531	ANTONIO ALMEIDA	48	M4549	92	M					TANDUR	01:05:13
652	679	GERALDO LOURENÇO	76	M6099	43	M					INDIVIDUAL	01:05:32
653	221	MARIA ALMEIDA	45	F4099	30	F					GD O INDEPENDENTE	01:05:47
654	18	CARLOS ANASTACIO	35	M2039	207	M					GD ANDORINHA	01:06:06
655	108	CANDIDO CUNHA	59	M5559	70	M					CR CRUZ PAU	01:07:38 1
656	166	DUARTE RIBEIRIO	37	M2039	208	M					LA VAO ALMEIRIM	01:07:38
657	163	JULIO PARREIRA	62	M6099	44	M					LA VAO ALMEIRIM	01:07:43
658	16	RENATO ANASTACIO	33	M2039	209	M					GD ANDORINHA	01:15:41
659	15	LUIS ANASTACIO	26	M2039	210	M					GD ANDORINHA	01:15:42
660	96	NUNO RODRIGUES	38	M2039	211	M					CCD O ALVITEJO	01:16:13
661	98	BRUNO MARCHANTE	29	M2039	212	M					CCD O ALVITEJO	01:16:13
662	81	ANA HELENA	43	F4099	31	F					CCD O ALVITEJO	01:17:40

LISTAGEM PROVISÓRIA (PARA CONFERÊNCIA DE TEMPO)

24º GRANDE PRÉMIO DA PÁSCOA CONSTÂNCIA

Patrocínio: CÂMARA MUNICIPAL DE CONSTÂNCIA

Apoio: CÂMARA MUNICIPAL DE

Data: 23/04/2011

Classif.: Relatório Faixa Etária Masculino e Feminino

Feminino de 18 até 19 anos - JUNIOR

Coloc.	Num.	Atleta	Id.	Fx.Et.	Sx.	SC1	SC2	SC3	Clube	Tempo
1	801	SUSANA FRANCISCO	19	F1819	F				NS LOURINHA	00:37:04
2	790	SOFIA MARMELO	18	F1819	F				CA FERREIRA ZEZERE	00:44:51
3	806	ANA RITA SILVA	18	F1819	F				NS LOURINHA	00:47:45
4	421	ALEXANDRA OLIVEIRA	18	F1819	F				UDR ZONA ALTA	00:49:10
5	854	MARIANA SILVA	18	F1819	F				C VETERANOS LIS	00:52:56
6	428	SANDRA LOPES	19	F1819	F				UDR ZONA ALTA	00:59:44

Feminino de 20 até 39 anos - SENIOR

Coloc.	Num.	Atleta	Id.	Fx.Et.	Sx.	SC1	SC2	SC3	Clube	Tempo
1	427	PATRICIA FERREIRA	28	F2039	F				UDR ZONA ALTA	00:40:05
2	314	CARINA MATIAS	26	F2039	F				CA BARREIRA	00:40:57
3	318	DULCINEA SILVA	39	F2039	F				CA BARREIRA	00:42:09
4	28	FRANCISCA MORGADO	20	F2039	F				CDUL	00:43:13
5	670	PATRICIA DINIS	25	F2039	F				INDIVIDUAL	00:44:47
6	655	RITA RIBEIRO	27	F2039	F				AA CARTAXENSE	00:45:32
7	415	FILIPA MOUTINHO	28	F2039	F				GINASIO M	00:45:48
8	786	RAQUEL PEDRO	25	F2039	F				SR CAMARNAL	00:46:01
9	80	HELENA PEREIRA	37	F2039	F				CCD O ALVITEJO	00:46:10
10	302	RAQUEL CAMPOS	30	F2039	F				CLUBE STRESS	00:46:25
11	27	SILVIA SOBREIRA	39	F2039	F				CDUL	00:46:41
12	408	RENATA MOTA	20	F2039	F				CA RIACHENSE	00:47:15
13	491	MARLENE PINTO	25	F2039	F				INDIVIDUAL	00:48:51
14	310	ESTELA GONÇALVES	33	F2039	F				AA LEBRES SADO	00:50:23
15	853	NATERCIA CARVALHO	30	F2039	F				C VETERANOS LIS	00:50:27
16	178	VANESSA REIS	32	F2039	F				GA MONSANTO	00:51:40
17	665	ISABEL BUE	29	F2039	F				BUE DAS SERRAS	00:52:13
18	506	SANDRA S S MARTINS	33	F2039	F				INDIVIDUAL	00:52:23
19	810	PATRICIA FERREIA	28	F2039	F				ADR AGUAS BELAS	00:52:50
20	600	MARTA NEVES	28	F2039	F				AA CARTAXENSE	00:53:53
21	487	CLAUDIA APARICIO	31	F2039	F				C BENFICA ABRANTES	00:59:10
22	21	ANABELA NEVES	31	F2039	F				TINTAS E COLAS	01:00:10
23	384	ANABELA N SANTOS	36	F2039	F				INDIVIDUAL	01:00:18 1
24	340	INES FORTE	27	F2039	F				RUN 4 FUN	01:01:30
25	358	MAFALDA CARVALHO	31	F2039	F				INDIVIDUAL	01:03:03
26	524	RITA M C SILVA	34	F2039	F				INDIVIDUAL	01:03:13
27	595	DIVA COBRA	36	F2039	F				INDIVIDUAL	01:04:01
28	816	ANDRIA RAPOSO	24	F2039	F				C SARGENTO ARMADA	01:05:12

Feminino de 40 até 99 anos - VETERANAS

Coloc.	Num.	Atleta	Id.	Fx.Et.	Sx.	SC1	SC2	SC3	Clube	Tempo
1	83	ANA MARGARIDA	44	F4099	F				CCD O ALVITEJO	00:42:48
2	82	CARLA CALÇADA	41	F4099	F				CCD O ALVITEJO	00:44:57 1
3	200	CAROLINA FELIZ	52	F4099	F				UFCI TOMAR	00:45:34
4	590	ALEXANDRA PORTELA	41	F4099	F				AA CARTAXENSE	00:45:43
5	322	ISABEL PAULO	44	F4099	F				CA BARREIRA	00:46:57
6	363	ANALICE SILVA	67	F4099	F				LIBERDADE AC	00:47:49
7	133	MAGNIFICA ALVAREDO	56	F4099	F				C SARGENTO ARMADA	00:48:52
8	586	SUSY SILVA	41	F4099	F				AA CARTAXENSE	00:48:53
9	351	MANUELA GONÇALVES	43	F4099	F				CF OS AVISENSES	00:50:35
10	84	ISABEL FERNANDES	47	F4099	F				CCD O ALVITEJO	00:50:48
11	443	CEU SANTOS	47	F4099	F				CDCR CTT COIMBRA	00:52:20
12	207	LUISA RALHA	52	F4099	F				RUN 4 FUN	00:52:22
13	352	AURORA COUTINHO	47	F4099	F				INDIVIDUAL	00:52:34
14	175	LUIS ANTUNES	49	F4099	F				GA MONSANTO	00:52:39 1
15	459	Mª ANTONIETA SA	44	F4099	F				A 20 KM ALMEIRIM	00:52:43
16	759	DEOLINDA ANTONIO	56	F4099	F				CRD ARRUDENSE	00:53:08
17	77	LUISA GUERRA	40	F4099	F				AA CARTAXENSE	00:53:21 1
18	130	INES PEREIRA	40	F4099	F				C SARGENTO ARMADA	00:53:36
19	275	EUGENIA VALE	56	F4099	F				INDIVIDUAL	00:54:17
20	643	FATIMA ALMEIDA	48	F4099	F				CR LEOES P SALVO	00:54:42
21	222	MARIA CORREIA	58	F4099	F				GD O INDEPENDENTE	00:55:27
22	592	ISABEL SANTOS	49	F4099	F				AA CARTAXENSE	00:56:58 1
23	775	Mª FATIMA OLIVEIRA	49	F4099	F				INDIVIDUAL	00:58:56
24	356	MARIA VILAÇA	40	F4099	F				INDIVIDUAL	00:59:53
25	652	SUSAN MOTA	40	F4099	F				ADR AGUAS BELAS	01:00:34
26	337	ELSA MOTA	47	F4099	F				RUN 4 FUN	01:02:11
27	783	DORA PIRES	45	F4099	F				SS CGD	01:03:58
28	131	ANA PEREIRA	42	F4099	F				C SARGENTO ARMADA	01:05:11
29	132	PAULA PINTO	47	F4099	F				C SARGENTO ARMADA	01:05:11
30	221	MARIA ALMEIDA	45	F4099	F				GD O INDEPENDENTE	01:05:47
31	81	ANA HELENA	43	F4099	F				CCD O ALVITEJO	01:17:40

Masculino de 18 até 19 anos - JUNIOR

Coloc.	Num.	Atleta	Id.	Fx.Et.	Sx.	SC1	SC2	SC3	Clube	Tempo
1	22	MARCO TAVARES	18	M1819	M				TINTAS E COLAS	00:34:16
2	791	JOAO VALENTE	18	M1819	M				CA FERREIRA ZEZERE	00:34:33
3	585	RODRIGO COSTA	19	M1819	M				AA CARTAXENSE	00:35:20
4	105	DIOGO ROSA	19	M1819	M				CR CRUZ PAU	00:35:27 1
5	418	DAVID SILVA	19	M1819	M				UDR ZONA ALTA	00:36:10
6	420	RUBEN VIOLANTE	18	M1819	M				UDR ZONA ALTA	00:36:50
7	680	RAFAEL MIGUEL	18	M1819	M				INDIVIDUAL	00:37:49
8	755	PAULO ANTUNES	18	M1819	M				SR CAMARNAL	00:38:50
9	413	PAULO ROLAO	19	M1819	M				PRAZER CORRIDA	00:39:25
10	445	FERNANDO AVELINO	18	M1819	M				CDCR CTT COIMBRA	00:39:27
11	446	DIOGO CARVALHO	18	M1819	M				CDCR CTT COIMBRA	00:40:42
12	631	TIAGO GODINHO	18	M1819	M				C M TORRES NOVAS	00:40:50
13	291	NUNO PIRES	19	M1819	M				GDC BANCO	00:42:05
14	389	JOAO GONÇALVES	19	M1819	M				INDIVIDUAL	00:43:38
15	401	DIOGO VIEIRA	18	M1819	M				CA RIACHENSE	00:44:42
16	706	VASCO LOPES	18	M1819	M				GDR SABACHEIRA	00:45:16 1
17	115	BERNARDO SOUSA	19	M1819	M				CR CRUZ PAU	00:48:07
18	179	JORGE SALDANHA	18	M1819	M				UFCI TOMAR	00:51:10

Masculino de 20 até 39 anos - SENIOR

Coloc.	Num.	Atleta	Id.	Fx.Et.	Sx.	SC1	SC2	SC3	Clube	Tempo
1	1	JOSE MADURO	38	M2039	M				MADURO ATLETIC	00:31:19
2	2	CARLOS SANTOS	37	M2039	M				SL BENFICA	00:31:53
3	4	HAMID HAKIM	29	M2039	M				CP ALCANENA	00:32:08 1
4	788	MIGUEL SILVA	23	M2039	M				SL BENFICA	00:32:48 1
5	327	JORGE AIRES	36	M2039	M				CA BARREIRA	00:32:54
6	472	MARIO PEDRO	35	M2039	M				RUN CACEM	00:33:19
7	341	PAULO GUIMARAES	33	M2039	M				ASSCT MUN PALMELA	00:33:42
8	168	HENRIQUE SANTOS	30	M2039	M				CUA BENAVENTENSE	00:33:46
9	10	PAULO PINHEIRO	27	M2039	M				MARATONA CP	00:33:54
10	378	NUNO ROMAO	38	M2039	M				CYBERUNNERS	00:34:06
11	188	RUI SOUSA	39	M2039	M				UFCI TOMAR	00:34:30 1
12	238	PAULO MARTINS	35	M2039	M				CYBERUNNERS	00:34:31
13	364	RICARDO PEREIRA	31	M2039	M				CR LEOES P SALVO	00:34:33
14	210	GONÇALO FERREIRA	38	M2039	M				GD INE	00:35:09 1
15	186	MARCO MARQUES	28	M2039	M				UFCI TOMAR	00:35:16
16	645	JORGE COSME	39	M2039	M				INDIVIDUAL	00:35:20
17	320	LUIS DUARTE	22	M2039	M				CA BARREIRA	00:35:21
18	457	JOAO FULGENCIO	26	M2039	M				A 20 KM ALMEIRIM	00:35:23
19	848	LUIS GOMES	30	M2039	M				C VETERANOS LIS	00:35:24
20	438	RUI RODRIGUES	35	M2039	M				CDCR CTT COIMBRA	00:35:31 1
21	184	ANDRE FERREIRA	21	M2039	M				UFCI TOMAR	00:35:34
22	437	RUI LOPES	33	M2039	M				CDCR CTT COIMBRA	00:35:54 1
23	464	ANDRE DINIS	31	M2039	M				GDRC	00:35:58
24	813	MARCO FRANCO	30	M2039	M				ADR AGUAS BELAS	00:36:00 1
25	334	MARCIO PEREIRA	31	M2039	M				GIRA SOL	00:36:01
26	754	JOAO DIAS	39	M2039	M				CRD ARRUDENSE	00:36:04
27	787	JORGE PINA	35	M2039	M				SR CAMARNAL	00:36:08
28	424	OCTAVIO VICENTE	26	M2039	M				UDR ZONA ALTA	00:36:22
29	751	RAUL JORGE	39	M2039	M				CD AGUIAS ALPIARÇA	00:36:25
30	61	NELSON GRAÇA	23	M2039	M				INDIVIDUAL	00:36:26
31	436	FERNANDO CARVALHO	35	M2039	M				CDCR CTT COIMBRA	00:36:28
32	312	HELDER CARREIRA	34	M2039	M				CA BARREIRA	00:36:45 1
33	422	JOAO PLACIDO	25	M2039	M				UDR ZONA ALTA	00:36:49
34	761	AMBROSIO PEREIRA	39	M2039	M				CRD ARRUDENSE	00:36:57
35	821	AMATO TEIXEIRA	21	M2039	M				GDAC BOUÇA	00:37:00 1
36	800	HENRIK SANTOS	21	M2039	M				NS LOURINHA	00:37:06 1
37	393	VITOR REGO	36	M2039	M				SR CAMARNAL	00:37:12 1
38	392	ANTONIO PINHEIRO	39	M2039	M				SR CAMARNAL	00:37:25
39	404	CARLOS PEREIRA	39	M2039	M				CA RIACHENSE	00:37:43
40	633	BRUNO SALVADOR	33	M2039	M				INDIVIDUAL	00:37:44
41	9	PEDRO CAPELA	30	M2039	M				GAU BAJOUCA	00:37:47

42	795	JOAQUIM QUITERIO	36	M2039	M	AC VERMOIL	00:37:53	1
43	48	PEDRO LUIS	37	M2039	M	CDR AGUIAS UNIDAS	00:38:14	
44	122	FABIO RAMOS	29	M2039	M	CR CRUZ PAU	00:38:14	
45	20	PEDRO SEABRA	29	M2039	M	RB RUNNING	00:38:18	1
46	13	PAULO ALVES	33	M2039	M	GD ANDORINHA	00:38:21	
47	123	AUGUSTO PINTO	37	M2039	M	CR CRUZ PAU	00:38:26	
48	851	DAVID OLIVEIRA	35	M2039	M	C VETERANOS LIS	00:38:30	
49	325	DANIEL BAPTISTA	27	M2039	M	CA BARREIRA	00:38:33	
50	725	ALCINO NUNES	38	M2039	M	CLAC	00:38:34	1
51	431	PEDRO M P MATOS	32	M2039	M	INDIVIDUAL	00:38:40	1
52	735	SAMUEL GALVEIA	30	M2039	M	CADT PORTUCEL	00:38:42	
53	85	MIGUEL GOMES	34	M2039	M	CCD O ALVITEJO	00:38:45	1
54	406	PAULO SIMOES	32	M2039	M	CA RIACHENSE	00:38:49	
55	407	BRUNO GASPAR	26	M2039	M	CA RIACHENSE	00:38:50	
56	152	GONÇALO LOPES	27	M2039	M	C BENFICA ABRANTES	00:38:55	
57	642	MANUEL L G NOGUEIRA	35	M2039	M	INDIVIDUAL	00:38:56	
58	720	JOAO SANTOS	34	M2039	M	CLAC	00:38:58	
59	481	JOSE RODRIGUES	30	M2039	M	AMIGOS EST ORTIGA	00:39:04	
60	30	MIGUEL TAVARES	38	M2039	M	CDUL	00:39:10	
61	512	PEDRO GABRIEL	36	M2039	M	AMIGOS PARQUE PAZ	00:39:17	1
62	474	FILIFE ALMEIDA	29	M2039	M	GD PEDREIRAS	00:39:18	
63	704	GONÇALO LUIS	27	M2039	M	GDR SABACHEIRA	00:39:20	
64	181	PEDRO LOPES	20	M2039	M	UFCI TOMAR	00:39:22	
65	624	PAULO CORREIA	36	M2039	M	INDIVIDUAL	00:39:25	
66	449	FILIFE DIAS	25	M2039	M	CPOC	00:39:28	
67	458	JERONIMO PEREIRA	39	M2039	M	A 20 KM ALMEIRIM	00:39:34	
68	127	NUNO PEIXOTO	23	M2039	M	SC MOITENSE	00:39:43	
69	760	CARLOS LOPES	36	M2039	M	CRD ARRUDENSE	00:39:43	
70	189	ANTONIO COSTA	38	M2039	M	UFCI TOMAR	00:39:52	
71	187	JORGE MAURICIO	37	M2039	M	UFCI TOMAR	00:40:17	
72	402	PEDRO SOUSA	24	M2039	M	CA RIACHENSE	00:40:17	
73	155	MIGUEL ,MARQUES	30	M2039	M	C BENFICA ABRANTES	00:40:19	
74	183	PEDRO FERREIRA	29	M2039	M	UFCI TOMAR	00:40:22	
75	566	NUNO PITA	35	M2039	M	METRO 2011	00:40:25	
76	473	MIGUEL GINETO	36	M2039	M	GD PEDREIRAS	00:40:30	1
77	622	ANTONIO RIBEIRO	32	M2039	M	INDIVIDUAL	00:40:31	
78	8	OTELLO PEREIRA	37	M2039	M	GAU BAJOUCA	00:40:44	1
79	288	BRUNO PIRES	29	M2039	M	GDC BANCO	00:40:54	
80	303	MARIO PEDRO	37	M2039	M	ID VIEIRENSE	00:40:57	
81	313	NUNO DIAS	32	M2039	M	CA BARREIRA	00:40:57	
82	508	EDUARDO BRANCO	32	M2039	M	INDIVIDUAL	00:40:58	
83	426	HUGO FERREIRA	28	M2039	M	UDR ZONA ALTA	00:40:59	
84	683	HUGO AGOSTINHO	29	M2039	M	INDIVIDUAL	00:41:01	
85	846	VASCO MARQUES	39	M2039	M	C VETERANOS LIS	00:41:12	
86	106	RUI PAREDES	36	M2039	M	CR CRUZ PAU	00:41:21	
87	154	RUI INÊS	38	M2039	M	C BENFICA ABRANTES	00:41:33	
88	850	RUI FILIFE	28	M2039	M	C VETERANOS LIS	00:41:33	

89	247	PAULO MORENO	33	M2039	M	GDR FIGUEIRAS	00:41:36	
90	248	FRANCISCO MORENO	36	M2039	M	GDR FIGUEIRAS	00:41:36	
91	521	LUIS NEVES	33	M2039	M	MARINHAI AC	00:41:48	
92	742	SERGIO FERREIRA	28	M2039	M	INDIVIDUAL	00:41:49	
93	299	GONÇALO SANTOS	37	M2039	M	GDC PORTO SINES	00:41:50	1
94	849	DIOGO FERREIRA	30	M2039	M	C VETERANOS LIS	00:41:50	
95	279	MARIO NETO	34	M2039	M	OS SANTARENOS	00:42:06	
96	271	NELIO ALMEIDA	22	M2039	M	ATLETICO C SÃO	00:42:07	
97	568	RUI LIMA	35	M2039	M	INDIVIDUAL	00:42:07	
98	575	CARLOS TEIXEIRA	38	M2039	M	AMIGOS PARQUE PAZ	00:42:18	
99	509	VITOR VELOSO	35	M2039	M	TANDUR	00:42:32	1
100	388	LUIS C ALEXANDRE	35	M2039	M	INDIVIDUAL	00:42:37	
101	726	JOSE FONTINHA	33	M2039	M	CLAC	00:42:40	
102	180	MARCIO BATISTA	20	M2039	M	UFCI TOMAR	00:42:42	
103	309	ARTUR GONÇALVES	35	M2039	M	AA LEBRES SADO	00:42:43	
104	41	SEVYN SHAIN	26	M2039	M	CDR AGUIAS UNIDAS	00:42:44	
105	684	DUARTE BARRETO	36	M2039	M	AA CARTAXENSE	00:42:46	1
106	223	JOSE FERNANDES	38	M2039	M	GD O INDEPENDENTE	00:42:53	
107	135	FERNANDO PEREIRA	37	M2039	M	C SARGENTO ARMADA	00:42:55	
108	852	RICARDO	31	M2039	M	C VETERANOS LIS	00:42:59	
109	523	JOSE LEAL	34	M2039	M	MARINHAI AC	00:43:02	1
110	522	ANTONIO LEAL	39	M2039	M	MARINHAI AC	00:43:03	
111	731	JOAO FERREIRA	34	M2039	M	CLAC	00:43:17	
112	707	NELSON FERREIRA	25	M2039	M	GDR SABACHEIRA	00:43:19	
113	156	CARLOS MATOS	37	M2039	M	C BENFICA ABRANTES	00:43:26	
114	453	NUNO EVANGELISTA	31	M2039	M	A 20 KM ALMEIRIM	00:43:29	
115	486	JOSE APARICIO	22	M2039	M	C BENFICA ABRANTES	00:43:40	
116	700	RUI LOPES	20	M2039	M	GDR SABACHEIRA	00:43:40	
117	656	JOAO B MARTINS	25	M2039	M	INDIVIDUAL	00:43:41	
118	789	NUNO D ALMEIDA	39	M2039	M	RUN 4 FUN	00:43:44	1
119	73	DANIEL PINTO	26	M2039	M	A VALE SILENCIO	00:43:46	
120	727	GONÇALO PEREIRA	32	M2039	M	CLAC	00:43:46	
121	546	SANDRO JORDAO	29	M2039	M	INDIVIDUAL	00:43:51	
122	550	LUIS PONCIANO	39	M2039	M	INDIVIDUAL	00:43:54	
123	317	DANIEL LOURENÇO	37	M2039	M	CA BARREIRA	00:44:07	
124	604	FERNANDO SOARES	36	M2039	M	INDIVIDUAL	00:44:11	1
125	7	MARCO VITORINO	30	M2039	M	CP ALCANENA	00:44:21	
126	342	RICARDO GUIMARAES	27	M2039	M	ASSCT MUN PALMELA	00:44:32	
127	703	TELMO GLORIA	20	M2039	M	GDR SABACHEIRA	00:44:32	
128	740	PEDRO RAPOSO	32	M2039	M	AA CARTAXENSE	00:44:38	
129	547	LUIS ALVES	36	M2039	M	INDIVIDUAL	00:44:40	
130	579	VITOR ALMEIDA	30	M2039	M	INDIVIDUAL	00:44:40	
131	417	MARIO RUI	38	M2039	M	GINASIO M	00:44:44	
132	403	RUI INACIO	22	M2039	M	CA RIACHENSE	00:45:01	1
133	60	JOSE PEDRO	38	M2039	M	INDIVIDUAL	00:45:15	
134	212	NUNO MARTINS	39	M2039	M	GD INE	00:45:17	1
135	737	FRANCISCO CONFRARIA	39	M2039	M	CALMA	00:45:29	1

136	563	MARIO VIEIRA	38	M2039	M	QUATRO E MEIA	00:45:31	
137	414	RUI ALMEIDA	26	M2039	M	CR LEOES P SALVO	00:45:32	
138	167	RICARDO VINAGRE	31	M2039	M	LA VAO ALMEIRIM	00:45:42	1
139	405	CARLOS F PEREIRA	27	M2039	M	CA RIACHENSE	00:45:48	
140	190	PAULO MARQUES	24	M2039	M	UFCI TOMAR	00:45:50	
141	637	PEDRO VIEIRA	32	M2039	M	INDIVIDUAL	00:45:52	
142	561	ANDRE SIMOES	21	M2039	M	QUATRO E MEIA	00:45:54	
143	477	FILIFE MOREIRA	30	M2039	M	GD PEDREIRAS	00:46:08	
144	794	FILIFE LEITAO	39	M2039	M	AC VERMOIL	00:46:15	
145	125	RICARDO GERMANO	39	M2039	M	CR CRUZ PAU	00:46:17	
146	746	TIAGO DIONIZIO	29	M2039	M	AM AMOREIRA	00:46:25	1
147	793	SERGIO SILVA	37	M2039	M	AC VERMOIL	00:46:29	
148	682	HELDER PEREIRA	31	M2039	M	INDIVIDUAL	00:46:39	
149	847	JULIO LOPES	36	M2039	M	C VETERANOS LIS	00:46:59	
150	281	JOSE CAROLA	35	M2039	M	OS SANTARENOS	00:47:03	
151	360	JAIME MESTRE	31	M2039	M	INDIVIDUAL	00:47:10	
152	170	HELDER PIMENTA	39	M2039	M	CORRER A TERRA	00:47:25	
153	695	ANDRE CARVALHO	27	M2039	M	INDIVIDUAL	00:47:31	1
154	697	SERGIO POCINHO	24	M2039	M	INDIVIDUAL	00:47:31	1
155	712	JOSE FELICIO	39	M2039	M	CLAC	00:47:45	
156	397	RODRIGO MARTINS	36	M2039	M	EDAC	00:48:14	
157	359	CARLOS SECO	31	M2039	M	INDIVIDUAL	00:48:22	
158	699	ALEXANDRE YIP	39	M2039	M	INDIVIDUAL	00:48:57	
159	495	MARIO FERNANDES	38	M2039	M	INDIVIDUAL	00:49:03	
160	329	NUNO GOMES	33	M2039	M	A DANIEL CALDEIRA	00:49:18	
161	681	JOAO ROSSAS	30	M2039	M	INDIVIDUAL	00:49:30	
162	701	DOMINGOS LEMOS	38	M2039	M	GDR SABACHEIRA	00:49:40	
163	475	JOSE GINETO	29	M2039	M	GD PEDREIRAS	00:49:52	
164	748	SERGIO RAMOS	31	M2039	M	AM AMOREIRA	00:49:59	
165	494	AVELINO FERNANDES	38	M2039	M	INDIVIDUAL	00:50:12	
166	649	RUI FIGUEIREDO	30	M2039	M	INDIVIDUAL	00:50:16	
167	34	RAFHAEL FREITAS	27	M2039	M	URD ARRANHO	00:50:19	
168	648	PEDRO FERREIRA	35	M2039	M	INDIVIDUAL	00:50:26	
169	576	MICENIO MENDONÇA	33	M2039	M	AMIGOS PARQUE PAZ	00:50:36	1
170	766	JOSE M V ESTEVES	37	M2039	M	INDIVIDUAL	00:50:49	
171	462	BRUNO A SANTOS	31	M2039	M	GDR C	00:50:50	
172	300	JOAO SANTOS	34	M2039	M	GDC PORTO SINES	00:50:51	1
173	762	ANTONIO SIETRA	39	M2039	M	INDIVIDUAL	00:51:02	
174	799	JORGE FORMIGA	38	M2039	M	UDR ZONA ALTA	00:51:24	
175	176	NUNO VENTURA	37	M2039	M	INDIVIDUAL	00:51:44	
176	68	BRUNO COSTA	29	M2039	M	INDIVIDUAL	00:51:45	
177	70	PEDRO GAMEIRO	30	M2039	M	INDIVIDUAL	00:51:45	
178	664	RODOLFO SERRA	28	M2039	M	BUE DAS SERRAS	00:52:12	
179	396	GONÇALO SEABRA	33	M2039	M	OS ZATOPEQUES	00:52:14	
180	702	ROGERIO SILVA	32	M2039	M	GDR SABACHEIRA	00:52:24	
181	691	PAULO RAINHO	36	M2039	M	CCRD BURINHOSA	00:52:27	
182	204	TIAGO VAZ	26	M2039	M	INDIVIDUAL	00:52:33	

183	304	VITOR DINIS	38	M2039	M	ID VIEIRENSE	00:52:35
184	69	CARLOS APARICIO	26	M2039	M	INDIVIDUAL	00:52:58 1
185	171	RUI SAL	36	M2039	M	LA VAO ALMEIRIM	00:52:58
186	562	PAULO PIRES	39	M2039	M	QUATRO E MEIA	00:52:59
187	134	ALEXANDRE COSTA	37	M2039	M	C SARGENTO ARMADA	00:53:36
188	14	JULIO SERRAS	34	M2039	M	GD ANDORINHA	00:53:47
189	834	NUNO OLIVEIRA	32	M2039	M	INDIVIDUAL	00:54:06
190	687	TELMO PEDROSO	37	M2039	M	CCRD BURINHOSA	00:54:11
191	354	RENATO SOUTO	30	M2039	M	INDIVIDUAL	00:54:21
192	471	BRUNO M C BALAS	29	M2039	M	INDIVIDUAL	00:54:25 1
193	423	RUI ESTANQUEIRO	35	M2039	M	UDR ZONA ALTA	00:54:38
194	433	RICARDO DIAS	34	M2039	M	EQ RICARDO DIAS	00:54:43
195	696	IVO ROSA	26	M2039	M	INDIVIDUAL	00:54:49
196	63	PEDRO RUIVO	30	M2039	M	INDIVIDUAL	00:55:23
197	239	JOSE CANELO	32	M2039	M	A 20 KM ALMEIRIM	00:55:40 1
198	705	LICINIO GOMES	37	M2039	M	GDR SABACHEIRA	00:55:56
199	835	PEDRO MORGADO	33	M2039	M	INDIVIDUAL	00:57:47
200	482	SERGIO DURAO	36	M2039	M	AMIGOS EST ORTIGA	00:58:05
201	398	TIAGO MARTINS	39	M2039	M	EDAC	00:58:25
202	677	DAMIAO DIAS	33	M2039	M	INDIVIDUAL	01:01:15
203	336	JOSE BUGALHO	31	M2039	M	CR ALVORADA	01:02:55
204	37	REINALDO CAVACO	39	M2039	M	OS CENTAUROS	01:02:58
205	602	PEDRO SILVA	35	M2039	M	INDIVIDUAL	01:03:40
206	647	JOAO C C C CALADO	32	M2039	M	INDIVIDUAL	01:04:01
207	18	CARLOS ANASTACIO	35	M2039	M	GD ANDORINHA	01:06:06
208	166	DUARTE RIBEIRIO	37	M2039	M	LA VAO ALMEIRIM	01:07:38
209	16	RENATO ANASTACIO	33	M2039	M	GD ANDORINHA	01:15:41
210	15	LUIS ANASTACIO	26	M2039	M	GD ANDORINHA	01:15:42
211	96	NUNO RODRIGUES	38	M2039	M	CCD O ALVITEJO	01:16:13
212	98	BRUNO MARCHANTE	29	M2039	M	CCD O ALVITEJO	01:16:13

Masculino de 40 até 44 anos - VETERANO 1

Coloc.	Num.	Atleta	Id.	Fx.Et.	Sx.	SC1	SC2	SC3	Clube	Tempo
1	88	JOAO VAZ	43	M4044	M				CCD O ALVITEJO	00:32:44
2	52	PAULO ANTONIO	44	M4044	M				CDR AGUIAS UNIDAS	00:33:05
3	316	JORGE CORREA	40	M4044	M				CA BARREIRA	00:34:21
4	343	JOSE CAMELO	40	M4044	M				ASSCT MUN PALMELA	00:34:39
5	589	ANTONIO CORREIA	42	M4044	M				AA CARTAXENSE	00:34:57
6	710	JOAO MIRANDA	40	M4044	M				AA MAFRA	00:35:10
7	651	LUIS MOTA	42	M4044	M				ADR AGUAS BELAS	00:35:14
8	721	RUI PERDIGAO	44	M4044	M				CLAC	00:36:14
9	43	RUI AFONSO	41	M4044	M				CDR AGUIAS UNIDAS	00:37:11
10	843	VITOR LOPES	42	M4044	M				C VETERANOS LIS	00:37:50
11	249	PAULO SIMAO	41	M4044	M				GDR FIGUEIRAS	00:37:58
12	439	PAULO PEREIRA	43	M4044	M				CDCR CTT COIMBRA	00:38:07
13	307	CARLOS PINTO	42	M4044	M				ID VIEIRENSE	00:38:16
14	545	CARLOS MONTEIRO	41	M4044	M				CD GRUPO BES	00:38:17 1
15	779	DIAMANTINO LOPES	42	M4044	M				GA CARANGUEJEIRA	00:38:20 1
16	409	JOAQUIM SANTOS	40	M4044	M				CA RIACHENSE	00:38:28
17	86	ROGERRIO DUARTE	43	M4044	M				CCD O ALVITEJO	00:38:48 1
18	65	ANTONIO J R RIBEIRO	44	M4044	M				INDIVIDUAL	00:39:00
19	605	PEDRO QUINTELA	42	M4044	M				INDIVIDUAL	00:39:02
20	306	NUNO LORVAO	40	M4044	M				ID VIEIRENSE	00:39:03
21	825	LUIS MATOS	40	M4044	M				GCA DONAS	00:39:21
22	653	ANTONIO LOPES	44	M4044	M				INDIVIDUAL	00:39:39
23	429	JOSE MIRA	41	M4044	M				UDR ZONA ALTA	00:40:08
24	612	FERNANDO JACINTO	44	M4044	M				ACR SOUTOS	00:40:16 1
25	488	PAULO BASILIO	43	M4044	M				OS ZATOPQUES	00:40:21
26	162	JOSE CALAFETE	43	M4044	M				UDR ZONA ALTA	00:40:23 1
27	49	JAIME FIGUEUREDO	44	M4044	M				CDR AGUIAS UNIDAS	00:40:27
28	660	FERNANDO MARQUES	43	M4044	M				INDIVIDUAL	00:41:19
29	454	JORGE POLIDORO	44	M4044	M				A 20 KM ALMEIRIM	00:41:22
30	690	CARLOS SOARES	43	M4044	M				CCRD BURINHOSA	00:41:32
31	676	ANTONIO FERREIRA	40	M4044	M				AMIGOS PARQUE PAZ	00:42:05
32	465	MARIO SANTOS	40	M4044	M				GDRC	00:42:12
33	515	JORGE FERREIRA	40	M4044	M				INDIVIDUAL	00:42:16
34	773	HENRIQUES SIMAO	41	M4044	M				GD DIANA	00:42:49
35	772	JOAQUIM VIEIRA	44	M4044	M				GD DIANA	00:42:53
36	543	RODRIGO SILVA	43	M4044	M				AMIGOS PARQUE PAZ	00:42:59
37	448	LUIS SANTOS	40	M4044	M				CSCR LITEIROS	00:43:04
38	35	JOAO NUNES	43	M4044	M				URD ARRANHO	00:43:10
39	225	FILIPE NEVES	42	M4044	M				GD O INDEPENDENTE	00:43:44
40	31	FILIPE BRANCO	41	M4044	M				URD ARRANHO	00:43:56
41	663	JORGE PINHEIRO	44	M4044	M				RUN 4 FUN	00:43:59

42	226	CRIZANTO CRUZ	42	M4044	M	GD O INDEPENDENTE	00:44:05
43	768	ANTONIO RAMOS	42	M4044	M	INDIVIDUAL	00:44:12
44	749	HENRIQUE NARCISO	44	M4044	M	CLAC	00:44:15
45	59	JOSE A N M M FERREIRA	43	M4044	M	INDIVIDUAL	00:44:16
46	89	VASCO LOURENÇO	42	M4044	M	CCD O ALVITEJO	00:44:36
47	513	NUNO GOMES	41	M4044	M	AMIGOS PARQUE PAZ	00:44:47
48	500	JOAO P JACINTO	43	M4044	M	INDIVIDUAL	00:45:06 1
49	242	NUNO MARQUES	43	M4044	M	RUN 4 FUN	00:45:12
50	191	FERNANDO NEVES	41	M4044	M	UFCI TOMAR	00:45:14
51	262	JORGE APOLINARIO	41	M4044	M	LA VAO ALMEIRIM	00:45:56
52	203	PAULO CRAVO	43	M4044	M	AC SALVATERRA	00:46:31 1
53	214	NUNO ROMAO	43	M4044	M	GD INE	00:46:36
54	5	LUIS SILVA	40	M4044	M	CP ALCANENA	00:46:37
55	42	CARLOS RODRIGUES	42	M4044	M	INDIVIDUAL	00:47:04
56	368	JOAO CALÇADA	41	M4044	M	GDCR ZAMB S CALVO	00:47:32
57	269	LEONEL EUSEBIO	43	M4044	M	ATLETICO C SÃO	00:47:40
58	527	LUIS PIRES	43	M4044	M	AMIGOS PARQUE PAZ	00:47:58
59	371	JOAO HONORIO	42	M4044	M	CD METALSOC	00:48:11
60	574	CARLOS M D SANTOS	44	M4044	M	INDIVIDUAL	00:48:15
61	381	PAULO H C LOPES	42	M4044	M	INDIVIDUAL	00:48:17 1
62	114	PAULO SOARES	43	M4044	M	CR CRUZ PAU	00:48:25
63	72	MANUEL J S RAMOS	42	M4044	M	INDIVIDUAL	00:48:32
64	567	RAFAEL SANTOS	44	M4044	M	METRO 2011	00:48:36
65	634	AMILCAR COSTA	41	M4044	M	INDIVIDUAL	00:48:43 1
66	113	RENATO CRUZ	42	M4044	M	CR CRUZ PAU	00:48:55
67	224	EDUARDO RODRIGUES	41	M4044	M	GD O INDEPENDENTE	00:49:03
68	693	OCTAVIO MARIANO	40	M4044	M	CCRD BURINHOSA	00:49:05
69	644	NUNO TEMPERA	41	M4044	M	RUN 4 FUN	00:50:01
70	763	JOSE MAGALHAES	43	M4044	M	RUN 4 FUN	00:50:14
71	708	PAULO CAETANO	42	M4044	M	C MILLENNIUM BCP	00:50:54 1
72	673	MANUEL CALÇADA	42	M4044	M	INDIVIDUAL	00:51:21
73	686	VITOR MONTEIRO	43	M4044	M	CCRD BURINHOSA	00:51:32
74	395	FREDERIC SERRE	43	M4044	M	OS ZATOPEQUES	00:52:07
75	713	JOSE BRITO	41	M4044	M	CLAC	00:52:15
76	730	LUIS DOMINGUES	41	M4044	M	CLAC	00:52:52
77	241	JOAO FIALHO	40	M4044	M	RUN 4 FUN	00:53:47 1
78	355	VICTOR FERREIRA	43	M4044	M	INDIVIDUAL	00:54:21
79	580	FERNANDO SILVA	41	M4044	M	AA CARTAXENSE	00:54:44
80	411	JOAQUIM LIMA	41	M4044	M	PRAZER CORRIDA	00:57:00
81	172	RUI MALHA	43	M4044	M	LA VAO ALMEIRIM	00:58:56
82	19	JOSE MAGRO	41	M4044	M	O MUNDO CORRIDA	01:00:34
83	339	PAULO MARCOS	43	M4044	M	RUN 4 FUN	01:01:28
84	383	LUIS CANHAO	44	M4044	M	INDIVIDUAL	01:03:58
85	385	CARLOS M F VITORINO	43	M4044	M	C SARGENTO ARMADA	01:05:12

Masculino de 45 até 49 anos - VETERANO 2

Coloc.	Num.	Atleta	Id.	Fx.Et.	Sx.	SC1	SC2	SC3	Clube	Tempo
1	345	RUI BALTAZAR	45	M4549	M				ASSCT MUN PALMELA	00:33:01
2	194	ALCINO SERRAS	45	M4549	M				UFCI TOMAR	00:33:03
3	273	JOSE SANTOS	45	M4549	M				SR CAMARNAL	00:33:45 1
4	253	JOSE AUGUSTO	49	M4549	M				GDR FIGUEIRAS	00:34:54
5	584	JOSE CUSTODIO	46	M4549	M				AA CARTAXENSE	00:35:28
6	781	ANTONIO FRANCISCO	47	M4549	M				GA CARANGUEJEIRA	00:35:49
7	44	JOAQUIM CAPUCHO	48	M4549	M				CDR AGUIAS UNIDAS	00:35:59
8	470	OSVALDO NASCIMENTO	47	M4549	M				RUN CACEM	00:36:29
9	252	ARTINO MOTA	49	M4549	M				GDR FIGUEIRAS	00:36:54
10	391	JOAO MARTINS	45	M4549	M				CUA BENAVENTENSE	00:37:00 1
11	47	JORGE AMARAL	48	M4549	M				CDR AGUIAS UNIDAS	00:37:51
12	732	EDUARDO GOMES	47	M4549	M				CLAC	00:38:08
13	829	FRANCISCO MADEIRA	49	M4549	M				GCA DONAS	00:38:15
14	456	FRANCISCO M GAIO	48	M4549	M				A 20 KM ALMEIRIM	00:38:19
15	379	DANIEL ANTUNES	49	M4549	M				CAMARA L CLUBE	00:38:23
16	412	JOSE NOBRE	46	M4549	M				PRAZER CORRIDA	00:38:43
17	32	JOAQUIM ALEXANDRE	45	M4549	M				URD ARRANHO	00:39:07
18	90	CARLOS SILVA	45	M4549	M				CCD O ALVITEJO	00:39:15
19	723	JOSE SILVA	49	M4549	M				CLAC	00:39:25
20	483	JOSE DURAO	46	M4549	M				AMIGOS EST ORTIGA	00:39:31
21	818	JOSE F SILVA	49	M4549	M				ADR AGUAS BELAS	00:39:32
22	630	ANIBAL GODINHO	47	M4549	M				C M TORRES NOVAS	00:39:48
23	260	JOAO GUERREIRO	46	M4549	M				GDR FIGUEIRAS	00:39:51
24	588	FERNANDO GARÇAO	47	M4549	M				AA CARTAXENSE	00:40:01
25	549	JORGE LERCAS	46	M4549	M				INDIVIDUAL	00:40:02
26	196	MANUEL FREIRE	47	M4549	M				UFCI TOMAR	00:40:23
27	729	CARLOS ANTUNES	46	M4549	M				CLAC	00:40:33
28	797	FILIFE CARVALHEIRA	47	M4549	M				GAU BAJOUCA	00:41:00
29	277	PAULO CORREIA	45	M4549	M				OS SANTARENOS	00:41:44
30	240	JOAQUIM GOMES	47	M4549	M				GD O INDEPENDENTE	00:41:53
31	366	ANTONIO CLARA	48	M4549	M				GDCR ZAMB S CALVO	00:41:55
32	308	ALBERTO VINAGRE	49	M4549	M				ID VIEIRENSE	00:42:11
33	46	VITOR JORGE	48	M4549	M				CDR AGUIAS UNIDAS	00:42:14
34	193	ERNESTO PARENTE	45	M4549	M				UFCI TOMAR	00:42:25
35	33	EDGAR FRANCISCO	45	M4549	M				URD ARRANHO	00:42:48
36	629	CARLOS SOUSA	46	M4549	M				C M TORRES NOVAS	00:42:51
37	217	HELDER MARQUES	45	M4549	M				SR CAMARNAL	00:43:00
38	3	PAULO FONSECA	47	M4549	M				CP ALCANENA	00:43:09
39	227	JOSE CARLOS	45	M4549	M				GD O INDEPENDENTE	00:43:26
40	331	CARLOS CALDEIRA	47	M4549	M				A DANIEL CALDEIRA	00:43:31 1
41	621	VITOR MARQUES	46	M4549	M				AA CARTAXENSE	00:43:36

42	455	JOAO LUZIA	48	M4549	M	A 20 KM ALMEIRIM	00:44:14
43	430	ANGELO SEQUEIRA	45	M4549	M	UDR ZONA ALTA	00:44:25
44	582	VITOR SANTOS	47	M4549	M	AA CARTAXENSE	00:44:41
45	158	CARLOS DIAS	45	M4549	M	C BENFICA ABRANTES	00:44:42
46	250	VITOR CARDEIRA	45	M4549	M	GDR FIGUEIRAS	00:44:46
47	92	FRANCISCO CALÇADA	46	M4549	M	CCD O ALVITEJO	00:44:52
48	611	RUI CARREIRA	47	M4549	M	ACR SOUTOS	00:44:53
49	185	JOSE FONSECA	46	M4549	M	UFCI TOMAR	00:44:57
50	24	BENTO VALENTE	45	M4549	M	OS PERIGOSOS	00:45:07
51	792	EUGENIO MENDES	49	M4549	M	AC VERMOIL	00:45:09 1
52	485	JOAQUIM SANTOS	48	M4549	M	AMIGOS EST ORTIGA	00:45:10
53	573	JOAO HEBIL	49	M4549	M	INDIVIDUAL	00:45:23
54	374	JOAO SANTOS	46	M4549	M	C PRAÇAS ARMADA	00:45:30
55	137	JORGE NETO	45	M4549	M	C SARGENTO ARMADA	00:45:51
56	685	ANIBAL SILVA	47	M4549	M	CCRD BURINHOSA	00:46:12
57	440	FERNANDO FONSECA	48	M4549	M	CDCR CTT COIMBRA	00:46:27
58	39	JOSE CASTRO	49	M4549	M	UDR ZONA ALTA	00:46:33
59	361	JORGE MORGADO	46	M4549	M	INDIVIDUAL	00:46:36
60	278	PEDRO CARVALHO	47	M4549	M	OS SANTARENOS	00:46:49
61	785	PEDRO J G FERREIRA	45	M4549	M	INDIVIDUAL	00:47:42
62	261	JOAO RICARDO	48	M4549	M	GDR FIGUEIRAS	00:48:04
63	372	CESAR RODRIGUES	47	M4549	M	CD METALSOC	00:48:11
64	533	HIPOLITO FERREIRA	46	M4549	M	INDIVIDUAL	00:48:12
65	386	EMILIO MIRANDA	45	M4549	M	INDIVIDUAL	00:48:27
66	714	JOSE GARRAFAO	49	M4549	M	CLAC	00:48:44
67	484	JOSE MARIQUITOS	49	M4549	M	AMIGOS EST ORTIGA	00:48:51
68	211	MIGUEL BASTOS	45	M4549	M	GD INE	00:48:57 1
69	192	PAULO SALDANHA	45	M4549	M	UFCI TOMAR	00:49:04 1
70	587	PEDRO HONORIO	46	M4549	M	AA CARTAXENSE	00:49:11
71	672	LUIS M NOGUEIRA	45	M4549	M	INDIVIDUAL	00:49:47
72	218	ILIDIO CORDEIRO	46	M4549	M	C VETERANOS	00:49:48
73	416	PAULO LEITE	45	M4549	M	GINASIO M	00:50:13 1
74	387	JOAO MACHADO	49	M4549	M	INDIVIDUAL	00:50:15
75	338	JORGE ESTEVES	46	M4549	M	RUN 4 FUN	00:50:18
76	6	VITOR FERREIRA	47	M4549	M	CP ALCANENA	00:50:25
77	694	VITOR RODRIGUES	47	M4549	M	CONSTRUÇÕES CR	00:50:30
78	350	JOSE GONÇALVES	48	M4549	M	CF OS AVISENSES	00:50:33
79	469	ARLINDO PARRA	49	M4549	M	CP EDP LISBOA	00:50:52
80	662	VITOR CARDOSO	47	M4549	M	INDIVIDUAL	00:52:37 1
81	177	RUI BORGES	48	M4549	M	GA MONSANTO	00:52:42 1
82	274	IOSIF BLETAN	48	M4549	M	INDIVIDUAL	00:52:57 1
83	173	ANTONIO REYES	48	M4549	M	GA MONSANTO	00:53:17 1
84	219	JOSE MOÇO	46	M4549	M	C VETERANOS	00:53:26
85	769	LUIS SANTOS	45	M4549	M	INDIVIDUAL	00:54:42
86	118	RUI PINTO	45	M4549	M	CR CRUZ PAU	00:54:53
87	689	JOSE SOARES	48	M4549	M	CCRD BURINHOSA	00:56:01
88	716	JOSE RUFINO	48	M4549	M	CLAC	00:57:02

89	758	VASCO MARTA	49	M4549	M	CRD ARRUDENSE	01:00:44
90	767	GERARDO ATIENZA	46	M4549	M	RUN 4 FUN	01:04:48
91	138	ANTONIO PEREIRA	47	M4549	M	C SARGENTO ARMADA	01:05:13
92	531	ANTONIO ALMEIDA	48	M4549	M	TANDUR	01:05:13

Masculino de 50 até 54 anos - VETERANO 3

Coloc.	Num.	Atleta	Id.	Fx.Et.	Sx.	SC1	SC2	SC3	Clube	Tempo
1	617	ANTONIO POEIRAS	51	M5054	M				ACR SOUTOS	00:35:20
2	620	LUIS SIMOES	50	M5054	M				INDIVIDUAL	00:36:24
3	803	JOAO SILVA	52	M5054	M				NS LOURINHA	00:36:27
4	228	JOSE AFONSO	50	M5054	M				GD O INDEPENDENTE	00:36:38
5	208	ANTONIO SANTOS	52	M5054	M				GD INE	00:37:05
6	229	LUIS PEREIRA	51	M5054	M				GD O INDEPENDENTE	00:37:13
7	319	ANTONIO SIMOES	51	M5054	M				UDR ZONA ALTA	00:37:20
8	50	AGOSTINHO GONÇALVES	52	M5054	M				CDR AGUIAS UNIDAS	00:37:23
9	447	ALBERTO FREEHES	51	M5054	M				CDCR CTT COIMBRA	00:38:22 1
10	287	JOAO BATISTA	53	M5054	M				GDC BANCO	00:38:59
11	139	MADEIRA MOREIRA	50	M5054	M				C SARGENTO ARMADA	00:39:24
12	51	JOAQUIM GUERREIRO	54	M5054	M				CDR AGUIAS UNIDAS	00:39:30
13	94	JOSE FERNANDES	51	M5054	M				CCD O ALVITEJO	00:39:32
14	141	DUARTE SARES	54	M5054	M				C SARGENTO ARMADA	00:39:35 1
15	796	LEANDRO SANTOS	54	M5054	M				AC VERMOIL	00:39:35
16	290	JOSE MONTEIRO	54	M5054	M				GDC BANCO	00:39:46
17	832	ACACIO MONSANTO	54	M5054	M				GCA DONAS	00:40:32
18	370	EURICO AGOSTINHO	50	M5054	M				GDCR ZAMB S CALVO	00:40:34
19	255	MARIO DUARTE	53	M5054	M				GDR FIGUEIRAS	00:40:43
20	480	ABILIO	52	M5054	M				GDC EIRAPEDRENSE	00:41:10
21	116	CARLOS PALAS	51	M5054	M				CR CRUZ PAU	00:41:25
22	373	ARMINDO SANTOS	50	M5054	M				FF PAZ MUNDIAL	00:41:33
23	209	CARLOS ALBERTO	52	M5054	M				GD INE	00:41:34
24	95	JOAQUIM MARTINS	51	M5054	M				CCD O ALVITEJO	00:41:38
25	365	ALCINDO ALMEIDA	53	M5054	M				CR LEOES P SALVO	00:41:41
26	237	ANTONIO CARVALHO	54	M5054	M				MADURO ATLETIC	00:41:54
27	347	ANTONIO SOROMENHO	52	M5054	M				ASSCT MUN PALMELA	00:42:15
28	164	MANUEL ALMEIDA	53	M5054	M				LA VAO ALMEIRIM	00:42:16
29	315	RUI PEREIRA	53	M5054	M				CA BARREIRA	00:42:22
30	220	JOAQUIM PESSOA	51	M5054	M				C VETERANOS	00:42:45
31	831	FRANCISCO FARIAS	53	M5054	M				GCA DONAS	00:42:48
32	466	FERNANDO GUERRA	51	M5054	M				GDRC	00:43:06
33	640	JORGE GAMEIRO	50	M5054	M				ACR SOUTOS	00:43:26
34	121	MANUEL NASCIMENTO	54	M5054	M				CR CRUZ PAU	00:43:42
35	107	JOSE DE SOUSA	51	M5054	M				CR CRUZ PAU	00:43:53
36	507	CARLOS A C MENDES	54	M5054	M				INDIVIDUAL	00:43:59
37	635	JOSE L DUARTE	50	M5054	M				INDIVIDUAL	00:44:34
38	54	CARLOS SOUSA	54	M5054	M				INDIVIDUAL	00:44:52
39	434	ANTONIO MARUQUES	50	M5054	M				GAU BAJOUCA	00:44:56
40	23	ALCIDES NUNES	52	M5054	M				OS PERIGOSOS	00:45:07
41	93	HORACIO RUIVO	50	M5054	M				CCD O ALVITEJO	00:45:16

42	628	JOAO FARINHA	52	M5054	M	INDIVIDUAL	00:45:20	
43	776	ANTONIO V OLIVEIRA	52	M5054	M	INDIVIDUAL	00:45:31	
44	399	ANTONIO JOAQUIM	51	M5054	M	SFA SEGUROS	00:45:41	
45	565	ANTONIO P ALMEIDA	52	M5054	M	INDIVIDUAL	00:45:57	
46	151	LUCIO MENDES	53	M5054	M	INDIVIDUAL	00:46:34	
47	280	JOAO RAMOS	50	M5054	M	OS SANTARENOS	00:46:34	
48	206	JOAO RALHA	51	M5054	M	RUN 4 FUN	00:46:47	
49	254	FERNANDO SANTOS	51	M5054	M	GDR FIGUEIRAS	00:46:58	
50	142	HENRIQUE ALVAREDO	53	M5054	M	C SARGENTO ARMADA	00:47:10	
51	257	DIAMANTINO CRUZ	53	M5054	M	GDR FIGUEIRAS	00:47:16	
52	688	JOSE RATO	52	M5054	M	CCRD BURINHOSA	00:47:47	
53	110	NORBERTO SANTOS	53	M5054	M	SC MOITENSE	00:48:13	
54	75	JOSE PEREIRA	54	M5054	M	INDIVIDUAL	00:48:31	
55	441	ANTONIO C GOMES	50	M5054	M	CDCR CTT COIMBRA	00:49:16	
56	323	MANUEL BRITO	52	M5054	M	CA BARREIRA	00:49:21	
57	57	JOAQUIM GUERREIRO	50	M5054	M	INDIVIDUAL	00:50:07	
58	503	JOAO P S LIMA	51	M5054	M	INDIVIDUAL	00:50:26	
59	295	VARELA LIMA	51	M5054	M	GDC PORTO SINES	00:50:31	1
60	140	FRANCISCO CURTINHA	53	M5054	M	C SARGENTO ARMADA	00:50:54	
61	159	AMAVEL LUZ	50	M5054	M	C BENFICA ABRANTES	00:51:02	
62	511	HENRIQUE VILHENA	54	M5054	M	INDIVIDUAL	00:51:18	1
63	538	JOAO PINTO	53	M5054	M	GRUPO S BERNARDO	00:51:26	
64	542	AUGUSTO PINTO	52	M5054	M	INDIVIDUAL	00:51:55	1
65	492	HUMBERTO SILVA	53	M5054	M	INDIVIDUAL	00:52:08	
66	410	FERNANDO ROQUE	50	M5054	M	CA RIACHENSE	00:52:38	
67	623	FILIFE SIILVA	50	M5054	M	INDIVIDUAL	00:52:38	
68	263	CARLOS GARCIA	51	M5054	M	LA VAO ALMEIRIM	00:52:58	
69	692	RUI VENTURA	50	M5054	M	CCRD BURINHOSA	00:53:16	
70	583	FERNANDO COSTA	53	M5054	M	AA CARTAXENSE	00:53:35	
71	256	MANUEL BRAS	53	M5054	M	GDR FIGUEIRAS	00:54:20	
72	97	JOSE MAIA	53	M5054	M	CCD O ALVITEJO	00:55:05	
73	112	LUIS SALGUEIRO	53	M5054	M	CR CRUZ PAU	00:55:13	1
74	197	VITOR MARTO	53	M5054	M	UFCI TOMAR	00:56:43	
75	91	ANTONIO MARQUES	50	M5054	M	CCD O ALVITEJO	00:58:05	
76	610	ORLANDO DUARTE	53	M5054	M	INDIVIDUAL	01:03:03	

Masculino de 55 até 59 anos - VETERANO 4

Coloc.	Num.	Atleta	Id.	Fx.Et.	Sx.	SC1	SC2	SC3	Clube	Tempo
1	804	JOAO FRANCO	57	M5559	M				NS LOURINHA	00:37:08
2	745	VENTURA PIRES	55	M5559	M				AM AMOREIRA	00:37:14
3	101	JOAQUIM ALVES	59	M5559	M				CCD O ALVITEJO	00:38:29
4	780	JAIME SANTOS	57	M5559	M				GA CARANGUEJEIRA	00:38:50
5	99	VITOR GOMES	55	M5559	M				CCD O ALVITEJO	00:39:06
6	199	ALBERTO GRAÇA	57	M5559	M				UFCI TOMAR	00:39:38
7	840	JOSE F SILVA	59	M5559	M				LINDA PASTORA SC	00:39:52
8	100	LUIS ORVALHO	58	M5559	M				CCD O ALVITEJO	00:41:02
9	126	JOSE CORREIA	56	M5559	M				CR CRUZ PAU	00:41:06
10	259	LEONEL RODRIGUES	56	M5559	M				GDR FIGUEIRAS	00:41:07
11	736	ABREU MOURA	55	M5559	M				CLAC	00:41:18
12	55	JOSE AVELINO	55	M5559	M				INDIVIDUAL	00:41:35
13	820	MANUEL GOMES	57	M5559	M				ADR AGUAS BELAS	00:42:09
14	577	MANUEL SILVA	56	M5559	M				TANDUR	00:42:20
15	231	FERNANDO CATARINO	57	M5559	M				GD O INDEPENDENTE	00:42:34
16	29	ANTONIO CABRAL	56	M5559	M				CDUL	00:42:39
17	717	JOSE FIDELIO	56	M5559	M				CLAC	00:43:07
18	450	VITORINO CORAGEM	58	M5559	M				ABUTRES R TEAM	00:43:16 1
19	367	LUCAS DELGADO	57	M5559	M				GDCR ZAMB S CALVO	00:43:22
20	467	ANTONIO INACIO	55	M5559	M				GDCR	00:43:32
21	258	EVANGELINO CARDEIRA	55	M5559	M				GDR FIGUEIRAS	00:43:38
22	369	VELENTIM FERNANDES	55	M5559	M				GDCR ZAMB S CALVO	00:43:42
23	798	ALFREDO SANTOS	55	M5559	M				AC VERMOIL	00:43:52
24	540	MANUEL CRUZ	57	M5559	M				CORRER A TERRA	00:44:08 1
25	502	SILVINO J C MORINGA	56	M5559	M				INDIVIDUAL	00:44:10
26	581	JOAO GAMEIRO	59	M5559	M				AA CARTAXENSE	00:44:20
27	845	VITO ANTUNES	55	M5559	M				C VETERANOS LIS	00:44:41
28	479	JOSE MATIAS	55	M5559	M				GDC EIRAPEDRENSE	00:44:42
29	376	MANUEL MARTINHO	58	M5559	M				C FERROV PORTUGAL	00:44:52
30	245	FERNANDO ANDRADE	56	M5559	M				O MUNDO CORRIDA	00:45:23
31	842	AMERICO SANTOS	57	M5559	M				C VETERANOS LIS	00:45:29
32	233	HENRIQUE LINARES	57	M5559	M				GD O INDEPENDENTE	00:45:30 1
33	596	JORGE ALVES	56	M5559	M				AMIGOS PARQUE PAZ	00:45:33 1
34	25	LUIS FARINHA	55	M5559	M				OS PERIGOSOS	00:45:53
35	757	JOAO MOURAO	58	M5559	M				UDR ZONA ALTA	00:45:56
36	432	LUIS VIEIRA	58	M5559	M				UDR ZONA ALTA	00:46:03
37	719	JOSE SANTOS	55	M5559	M				CLAC	00:46:38
38	321	JOAO PROSPERO	58	M5559	M				CA BARREIRA	00:46:58 1
39	738	OLIMPIO GUEDELHA	55	M5559	M				GAA VILA FRANCA XIRA	00:47:04
40	348	ALFREDO BARBOSA	57	M5559	M				PINTO & CRUZ	00:47:20 1
41	375	POSSIDONIO CONSTANTINO	58	M5559	M				C PRAÇAS ARMADA	00:47:32

42	282	EUGENIO ,PISCO	59	M5559	M	OS SANTARENOS	00:47:42
43	674	FERNANDO GIL	58	M5559	M	INDIVIDUAL	00:48:06 1
44	148	JOAQUIM SIVA	58	M5559	M	C VETERANOS	00:48:30
45	232	JORGE NUNES	57	M5559	M	GD O INDEPENDENTE	00:48:33
46	174	FRANCISCO PINHEIRO	56	M5559	M	GA MONSANTO	00:48:37
47	468	JOSE ESTEVES	59	M5559	M	GDRC	00:49:13
48	66	CARLOS GUEDES	57	M5559	M	INDIVIDUAL	00:50:07
49	641	MARIO LIMA	58	M5559	M	INDIVIDUAL	00:50:23
50	476	AUGUSTO RIBEIRO	57	M5559	M	GD PEDREIRAS	00:50:24
51	144	FERNANDO OLIVEIRA	55	M5559	M	C SARGENTO ARMADA	00:50:35
52	201	ARMENIO ANDRADE	59	M5559	M	AC SALVATERRA	00:51:01
53	666	JOSE SERRA	57	M5559	M	BUE DAS SERRAS	00:51:24
54	537	LUIS SANTOS	59	M5559	M	GRUPO S BERNARDO	00:51:25
55	718	JOSE RODRIGUES	57	M5559	M	CLAC	00:51:37
56	119	RICARDO GASPAR	57	M5559	M	CR CRUZ PAU	00:51:38
57	534	MANUEL DIAS	56	M5559	M	INDIVIDUAL	00:51:40
58	654	JOSE M D LOPES	57	M5559	M	INDIVIDUAL	00:51:42
59	734	JOSE GALVEIA	58	M5559	M	CADT PORTUCEL	00:51:49
60	698	MANUEL PINTO	55	M5559	M	CORRER A TERRA	00:52:15
61	160	CARLOS ALFAIATE	58	M5559	M	C BENFICA ABRANTES	00:52:20
62	129	JOAO TOMAS	56	M5559	M	CR CRUZ PAU	00:53:19
63	616	MANUEL BRITES	55	M5559	M	ACR SOUTOS	00:53:22 1
64	841	JOSE CORDEIRO	57	M5559	M	C VETERANOS LIS	00:53:23
65	478	MANUEL PEREIRA	57	M5559	M	GDC EIRAPEDRENSE	00:53:59
66	143	ALBANO GINJA	55	M5559	M	C SARGENTO ARMADA	00:56:37
67	149	JOSE ABREU	59	M5559	M	C VETERANOS	00:57:31
68	333	ANTONIO CALDEIRA	57	M5559	M	A DANIEL CALDEIRA	00:58:20
69	636	JOAQUIM P SILVA	57	M5559	M	INDIVIDUAL	01:03:40
70	108	CANDIDO CUNHA	59	M5559	M	CR CRUZ PAU	01:07:38 1

Masculino de 60 até 99 anos - VETERANO 5

Coloc.	Num.	Atleta	Id.	Fx.Et.	Sx.	SC1	SC2	SC3	Clube	Tempo
1	844	JOSE GABRIEL	61	M6099	M				C VETERANOS LIS	00:39:58 1
2	235	JOAO ELIAS	65	M6099	M				GD O INDEPENDENTE	00:40:49
3	102	JOSE ORVALHO	62	M6099	M				CCD O ALVITEJO	00:41:50
4	40	FRANCISCO FERNANDES	68	M6099	M				CDR AGUIAS UNIDAS	00:42:03
5	236	FRANCISCO FERA	68	M6099	M				GD O INDEPENDENTE	00:43:02
6	377	JOAO CARVALHO	61	M6099	M				CF OS AVISENSES	00:43:11
7	120	JOSE SINTRA	65	M6099	M				CR CRUZ PAU	00:44:43
8	722	JOAQUIM MOURA	60	M6099	M				CLAC	00:45:00
9	382	ALBERTO R CRUZ	62	M6099	M				INDIVIDUAL	00:45:06
10	805	JOAO SANTOS	63	M6099	M				NS LOURINHA	00:46:35
11	728	ANTONIO PAIXAO	60	M6099	M				CLAC	00:46:46
12	169	MANUEL RUSSO	60	M6099	M				LA VAO ALMEIRIM	00:46:53
13	111	JOSE GONÇALVES	69	M6099	M				CR CRUZ PAU	00:47:35
14	594	ANTONIO PRIMOR	68	M6099	M				SC MOITENSE	00:47:39
15	36	GILBERTO GONÇALVES	62	M6099	M				CR ALVORADA	00:47:50
16	145	JAIME MARTINS	60	M6099	M				C SARGENTO ARMADA	00:47:51
17	362	JULIO HENRIQUES	61	M6099	M				INDIVIDUAL	00:47:53
18	103	JOSE GRILATE	66	M6099	M				CCD O ALVITEJO	00:49:09
19	104	HENRIQUE RUAS	71	M6099	M				CCD O ALVITEJO	00:49:10
20	733	MANUEL MAIA	70	M6099	M				CLAC	00:49:41
21	26	ANTONIO PICA	62	M6099	M				OS PERIGOSOS	00:50:11
22	400	JOSE GUIA	62	M6099	M				SS CGD	00:50:47
23	147	HERMINIO PINHEIRO	64	M6099	M				C VETERANOS	00:52:12
24	349	ALBERTO MELO	66	M6099	M				PINTO & CRUZ	00:52:25
25	711	LUCRECIO DIAS	75	M6099	M				CLAC	00:52:53
26	715	JOSE SAPATEIRO	66	M6099	M				CLAC	00:52:59
27	520	ANTONIO SECA	66	M6099	M				CA OS PESADOS	00:53:27
28	128	FRANCISCO FERRO	62	M6099	M				CR CRUZ PAU	00:53:32
29	744	JOSE FIGUEIREDO	74	M6099	M				ARC SOCASA	00:53:54
30	161	HELIO GODINHO	60	M6099	M				C BENFICA ABRANTES	00:54:04
31	165	ANTONIO JESUS	67	M6099	M				LA VAO ALMEIRIM	00:55:26
32	597	VITOR M M FERNANDES	60	M6099	M				CALMA	00:56:00
33	146	ANTONIO NUNES	71	M6099	M				C SARGENTO ARMADA	00:56:37
34	234	ANTONIO CORREIA	60	M6099	M				GD O INDEPENDENTE	00:56:56
35	517	JORGE SILVA	61	M6099	M				CA OS PESADOS	00:56:56
36	289	ANTONIO PEREIRA	69	M6099	M				GDC BANCO	00:58:10
37	332	RENATO SOUSA	60	M6099	M				A DANIEL CALDEIRA	00:58:19
38	124	MANUEL COELHO	71	M6099	M				SC MOITENSE	00:58:39
39	76	EBERHARD WILHELM	63	M6099	M				INDIVIDUAL	01:00:21
40	606	ANTONIO E COELHO	71	M6099	M				INDIVIDUAL	01:01:20
41	519	JOSE C C JORGE	62	M6099	M				CA OS PESADOS	01:02:27

42	109	JOSE PARRANÇA	73	M6099	M	CR CRUZ PAU	01:05:04
43	679	GERALDO LOURENÇO	76	M6099	M	INDIVIDUAL	01:05:32
44	163	JULIO PARREIRA	62	M6099	M	LA VAO ALMEIRIM	01:07:43

GP CONTANCIA - BENJAMINS

Patrocínio: CM CONSTANCIA

Apoio: CM CONSTANCIA

Data: 24/04/2011

Classif.: Relatório Faixa Etária Feminino

Benjamin Feminino

Coloc.	Num.	Atleta	Id.	Fx.Et.	Sx.	SC1	SC2	SC3	Clube	Tempo
1	66	EDNA VIDIGAL	10	F0099	F				NS LOURINHA	00:01:33
2	36	NADIA CARVALHO	10	F0099	F				UDR ZONA ALTA	00:01:40
3	51	MARIANA CORREIA	10	F0099	F				CN TORRES NOVAS	00:01:40
4	64	BARBARA MOTA	11	F0099	F				AC VERMOIL	00:01:41
5	29	BEATRIZ NABEIRO	9	F0099	F				CA RIACHENSE	00:01:50
6	37	VERA OLIVEIRA	8	F0099	F				UDR ZONA ALTA	00:01:55
7	68	OLIVIA DIAS	11	F0099	F				CA FERREIRA ZEZERE	00:02:03
8	40	ANA FIGUEIREDO	11	F0099	F				GDRC	00:02:04
9	57	ADRIANA QUINTAS	9	F0099	F				PES DA PORTELA	00:02:06
10	28	INES GRAÇA	10	F0099	F				UFCI TOMAR	00:02:07
11	9	CATARINA SILVA	11	F0099	F				GD AGUIAS ALPIARÇA	00:02:09
12	39	MARISA SANTOS	11	F0099	F				GDRC	00:02:11
13	26	SUSANA SANTOS	10	F0099	F				FF PAZ MUNDIAL	00:02:13
14	30	BEATRIZ COUTINHO	8	F0099	F				CA RIACHENSE	00:02:21
15	7	VITORIA AMADOR	10	F0099	F				GD AGUIAS ALPIARÇA	00:02:36

GP CONTANCIA - BENJAMINS

Patrocinio: CM CONSTANCIA

Apoio: CM CONSTANCIA

Data: 24/04/2011

Classif.: Relatório Geral Masculino

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
1	67	MIGUEL RIBEIRO	10	M0099	1	M					NS LOURINHA	00:01:32
2	46	PEDRO CARVALHO	9	M0099	2	M					AA CARTAXENSE	00:01:33
3	58	TIAGO MANSO	9	M0099	3	M					GA CARANGUEJEIRA	00:01:40
4	61	ROBERTO RODRIGUES	9	M0099	4	M					GA CARANGUEJEIRA	00:01:40
5	48	JOAO ATANASIO	9	M0099	5	M					AA CARTAXENSE	00:01:40
6	45	VALERIO FERREIRA	9	M0099	6	M					AA CARTAXENSE	00:01:41
7	14	JOAO BENTO	9	M0099	7	M					C BENFICA ABRANTES	00:01:41
8	32	SIMAO NEVES	11	M0099	8	M					CA RIACHENSE	00:01:43
9	60	JOAO PAULO	10	M0099	9	M					GA CARANGUEJEIRA	00:01:43
10	33	NUNO SENICA	11	M0099	10	M					UDR ZONA ALTA	00:01:44
11	12	JOSE SILVA	8	M0099	11	M					C BENFICA ABRANTES	00:01:47
12	62	VALTER OLIVEIRA	10	M0099	12	M					GA CARANGUEJEIRA	00:01:48
13	69	DIOGO SIMOES	11	M0099	13	M					CA FERREIRA ZEZERE	00:01:51
14	55	DUARTE SANTOS	7	M0099	14	M					CSCR LITEIROS	00:01:51
15	70	RAFEL CODINHA	9	M0099	15	M					INDIVIDUAL	00:01:52
16	13	EDUARDO POMBO	9	M0099	16	M					C BENFICA ABRANTES	00:01:53
17	17	ANTONIO COSTA	10	M0099	17	M					UFCI TOMAR	00:01:54
18	44	CRISTIANO RAMALHO	9	M0099	18	M					AA CARTAXENSE	00:02:01
19	50	JOAO GRANATA	10	M0099	19	M					CN TORRES NOVAS	00:02:01
20	49	RAFAEL BARROS	8	M0099	20	M					AA CARTAXENSE	00:02:10
21	5	TOMAS PRUDENCIO	5	M0099	21	M					CCD O ALVITEJO	00:02:11
22	18	DAVID FERNANDES	6	M0099	22	M					FAMILIA FERNANDES	00:02:18
23	15	HENRIQUE MATOS	7	M0099	23	M					C BENFICA ABRANTES	00:02:20
24	10	JOAO TEODORO	9	M0099	24	M					GD AGUIAS ALPIARÇA	00:02:21

GP CONSTANCIA - INICIADOS

Patrocínio: CM CONSTANCIA

Apoio: CM CONSTANCIA

Data: 24/04/2011

Classif.: Relatório Faixa Etária Feminino

Iniciado Feminino

Coloc.	Num.	Atleta	Id.	Fx.Et.	Sx.	SC1	SC2	SC3	Clube	Tempo
1	184	LILIA MARTINS	14	F0099	F				NS LOURINHA	00:06:51
2	185	ANA BARATA	33	F0099	F				NS LOURINHA	00:06:53
3	189	MONICA MOTA	13	F0099	F				AC VERMOIL	00:07:41
4	156	MARIA PIRES	15	F0099	F				CA RIACHENSE	00:07:44
5	157	MAFALDA FARINHA	15	F0099	F				CA RIACHENSE	00:08:24
6	150	INES DIAS	14	F0099	F				C BENFICA ABRANTES	00:08:44
7	140	ISA LIMA	15	F0099	F				GD AGUIAS ALPIARÇA	00:11:03

GP CONSTANCIA - INICIADOS

Patrocínio: CM CONSTANCIA

Apoio: CM CONSTANCIA

Data: 24/04/2011

Classif.: Relatório Faixa Etária Masculino

Iniciado Masculino

Coloc.	Num.	Atleta	Id.	Fx.Et.	Sx.	SC1	SC2	SC3	Equipe	Tempo
1	187	RUBEN FERREIRA	14	M0099	M				NS LOURINHA	00:05:52
2	138	MARIO CORREIA	14	M0099	M				CP CORROIOS	00:05:58
3	151	LUIS ALBINO	14	M0099	M				C BENFICA ABRANTES	00:06:02
4	163	TIAGO MORGADO	13	M0099	M				UDR ZONA ALTA	00:06:03
5	155	ANTONIO PEREIRA	14	M0099	M				GA FATIMA	00:06:07
6	188	ALEXANDRE BARATA	15	M0099	M				NS LOURINHA	00:06:10
7	174	LEANDRO CARREIRA	14	M0099	M				GA GARANGUEJEIRA	00:06:20
8	159	TIAGO VIEIRA	14	M0099	M				CA RIACHENSE	00:06:23
9	154	FLAVIO SANTOS	14	M0099	M				FF PAZ MUNDIAL	00:06:26
10	167	GUSTAVO ROQUE	15	M0099	M				GDRC	00:06:33
11	161	DAVID SENICA	14	M0099	M				UDR ZONA ALTA	00:06:34
12	175	BERNARDO PEREIRA	14	M0099	M				GA GARANGUEJEIRA	00:06:34
13	162	ANDRE SANTOS	14	M0099	M				INDIVIDUAL	00:06:38
14	180	LUIS MOTA	14	M0099	M				ADR AGUAS BELAS	00:06:46
15	143	RUBEN SANTOS	15	M0099	M				GD AGUIAS ALPIARÇA	00:06:47
16	145	JOAO QUEIROZ	15	M0099	M				GD AGUIAS ALPIARÇA	00:06:52
17	160	RAFAEL MARQUES	14	M0099	M				UFCI TOMAR	00:06:59
18	181	CLAUDIO COTRIM	14	M0099	M				ADR AGUAS BELAS	00:07:05
19	182	JOAO FELIX	14	M0099	M				ADR AGUAS BELAS	00:07:16
20	171	MIGUEL SILVA	13	M0099	M				AA CARTAXENSE	00:07:21
21	170	TIAGO MONTEIRO	14	M0099	M				AA CARTAXENSE	00:07:22
22	168	HONORIO OLIVEIRA	14	M0099	M				GDRC	00:07:26
23	169	KEVIN ROCHA	14	M0099	M				GDRC	00:07:30
24	149	JORGE TEODORO	15	M0099	M				GD AGUIAS ALPIARÇA	00:08:59

GP CONSTANCIA - INFANTIS

Patrocínio: CM CONSTANCIA

Apoio: CM CONSTANCIA

Data: 24/04/2011

Classif.: Relatório Faixa Etária Feminino

Infantil Feminino

Coloc.	Num.	Atleta	Id.	Fx.Et.	Sx.	SC1	SC2	SC3	Clube	Tempo
1	109	SOFIA NASCIMENTO	8	F0099	F				RUN CACEM	00:05:35
2	104	JOANA BAOVENTURA	9	F0099	F				GDRC	00:05:48
3	136	EVA CARVALHO	11	F0099	F				UFCI TOMAR	00:05:56
4	93	TATIANA SANTOS	6	F0099	F				UFCI TOMAR	00:06:07
5	118	ANDREIA CARREIRA	11	F0099	F				GA CARANGUEJEIRA	00:06:09
6	103	INES SANTOS	10	F0099	F				GDRC	00:06:11
7	99	JOANA JORGE	10	F0099	F				UDR ZONA ALTA	00:06:11
8	87	MARIA SILVA	8	F0099	F				C BENFICA ABRANTES	00:06:13
9	130	BETRIZ GONÇALVES	13	F0099	F				ADR AGUAS BELAS	00:06:13
10	88	CAROLINA GUERREIRO	9	F0099	F				INDIVIDUAL	00:06:17
11	122	RITA CAMPONES	11	F0099	F				GA CARANGUEJEIRA	00:06:20
12	102	RAFAELA SANTOS	9	F0099	F				GDRC	00:06:24
13	86	JOANA CARAÇA	10	F0099	F				C BENFICA ABRANTES	00:09:38

GP CONSTANCIA - INFANTIS

Patrocínio: CM CONSTANCIA

Apoio: CM CONSTANCIA

Data: 24/04/2011

Classif.: Relatório Faixa Etária Masculino

Infantil Masculino

Coloc.	Num.	Atleta	Id.	Fx.Et.	Sx.	SC1	SC2	SC3	Equipe	Tempo
1	133	DAVID FERREIRA	11	M0099	M				CR CRUZ PAU	00:05:13
2	113	ANDRE CRUZ	8	M0099	M				CN TORRES NOVAS	00:05:18
3	127	MIGUEL MASCARENHAS	12	M0099	M				AA CARTAXENSE	00:05:20
4	129	STASYUK BOGDAN	12	M0099	M				NS LOURINHA	00:05:24
5	135	MARCELO GAMEIRO	11	M0099	M				UDR ZONA ALTA	00:05:31
6	108	TIAGO BELO	11	M0099	M				GDRC	00:05:32
7	128	VITOR RAMOS	12	M0099	M				NS LOURINHA	00:05:33
8	96	FRANCISCO PIRES	5	M0099	M				CA RIACHENSE	00:05:36
9	92	DANIEL ALMEIDA	10	M0099	M				INDIVIDUAL	00:05:43
10	100	FRANCISCO JORGE	10	M0099	M				UDR ZONA ALTA	00:05:45
11	134	CARLOS CARVALHO	11	M0099	M				UDR ZONA ALTA	00:05:47
12	120	FABIO FRANCISCO	12	M0099	M				GA CARANGUEJEIRA	00:05:49
13	124	JOAO CANCELA	11	M0099	M				CN TORRES NOVAS	00:05:49
14	95	HENRIQUE CONCEIÇÃO	6	M0099	M				CA RIACHENSE	00:05:52
15	119	HUGO BRIGIDO	12	M0099	M				GA CARANGUEJEIRA	00:05:57
16	107	BRUNO SANTOS	11	M0099	M				GDRC	00:05:59
17	131	LUIS BERNARDO	12	M0099	M				CA FERREIRA ZEZERE	00:06:00
18	116	FRANCISCO GAIO	10	M0099	M				A 20 KM ALMEIRIM	00:06:14
19	111	TIAGO VIEIRA	10	M0099	M				AA CARTAXENSE	00:06:15
20	90	PEDRO SALDANHA	7	M0099	M				UFCI TOMAR	00:06:23
21	106	BERNARDO ROCHA	11	M0099	M				GDRC	00:06:25
22	112	FILIPE MENDES	8	M0099	M				UDR ZONA ALTA	00:06:27
23	132	MAKSYM FISHCHUCK	12	M0099	M				CA FERREIRA ZEZERE	00:06:29

GP CONSTANCIA - JUVENIS

Patrocinio: CM CONSTANCIA

Apoio: CM CONSTANCIA

Data: 24/04/2011

Classif.: Relatório Faixa Etária Feminino

Juvenil Feminino

Coloc.	Num.	Atleta	Id.	Fx.Et.	Sx.	SC1	SC2	SC3	Clube	Tempo
1	225	MADALENA CORREIA	16	F0099	F				AA CARTAXENSE	00:11:44
2	224	CATIA SILVA	16	F0099	F				NS LOURINHA	00:12:00
3	211	JOANA OLIVEIRA	15	F0099	F				UDR ZONA ALTA	00:12:53
4	198	INES RIBEIRO	17	F0099	F				CLAC	00:13:08
5	217	PATRICIA CALDEIRA	16	F0099	F				CA FERREIRA ZEZERE	00:13:26
6	220	SILVIA ROSA	15	F0099	F				ADR AGUAS BELAS	00:13:37
7	197	SORAYA MATIAS	15	F0099	F				UFCI TOMAR	00:14:29
8	221	MARIANA MOTA	15	F0099	F				ADR AGUAS BELAS	00:14:44
9	226	SUSANA ROSA	16	F0099	F				C BENFICA ABRANTES	00:15:04
10	212	JESSICA ABREU	15	F0099	F				UDR ZONA ALTA	00:16:26

GP CONSTANCIA - JUVENIS

Patrocínio: CM CONSTANCIA

Apoio: CM CONSTANCIA

Data: 24/04/2011

Classif.: Relatório Faixa Etária Masculino

Juvenil Masculino

Coloc.	Num.	Atleta	Id.	Fx.Et.	Sx.	SC1	SC2	SC3	Equipe	Tempo
1	210	LEONEL FERREIRA	17	M0099	M				UDR ZONA ALTA	00:13:36
2	202	ANDRE VIEIRA	16	M0099	M				CA RIACHENSE	00:14:26
3	218	JOAO MARTINS	16	M0099	M				CA FERREIRA ZEZERE	00:14:44
4	208	EDUARDO SILVA	16	M0099	M				UDR ZONA ALTA	00:15:16
5	215	RAFAEL PEREIRA	15	M0099	M				GA CARRANGUEJEIRA	00:16:45
6	205	DIOGO GONÇALVES	16	M0099	M				CA RIACHENSE	00:16:46
7	219	MARCO MIGUEL	16	M0099	M				CA FERREIRA ZEZERE	00:17:11
8	207	MAURO SOARES	16	M0099	M				CA RIACHENSE	00:17:17
9	196	SIMAO MARTO	16	M0099	M				UFCI TOMAR	00:17:39
10	194	RICARDO FERREIRA	15	M0099	M				UFCI TOMAR	00:17:45
11	222	LUIS MATIAS	15	M0099	M				ADR AGUAS BELAS	00:17:50
12	190	MIGUEL MACHADO	16	M0099	M				MAC TEAM	00:18:04
13	195	HENRIQUE BERNARDO	15	M0099	M				UFCI TOMAR	00:18:15

