

Pos	Dorsal	Atleta	Genero	Equipa	Categoria	Pos Cat	Concelho	8.2 km	Ritmo	Tempo
1	1	DANIEL FILIPE DE GREGÓRIO	M	CAS	SEN M	1		00:25:26	03:10	00:52:50
2	117	RICARDO FIGUEIREDO	M		SEN M	2		00:25:26	03:11	00:53:02
3	52	JOÃO VAZ	M	C.C.D. O ALVITEJO	M50	1		00:26:39	03:24	00:56:35
4	113	ANA MAFALDA FERREIRA	F	Sporting Clube de Portugal	SEN F	1		00:28:02	03:31	00:58:25
5	66	VITOR DINIS	M	INDUSTRIAL DESPORTIVO VIEIRENSE	M45	1		00:28:28	03:37	01:00:07
6	68	GABRIEL RODRIGUES	M	INDUSTRIAL DESPORTIVO VIEIRENSE	M50	2		00:28:41	03:39	01:00:42
7	78	PAULO FERREIRA	M	Porto de Mós a Correr	M35	1	Porto de Mós	00:29:18	03:43	01:01:48
8	125	RUI LUCAS	M	ACBATALHA	SEN M	3		00:29:50	03:46	01:02:31
9	21	ANTÓNIO SILVINO	M		M55	1		00:29:51	03:46	01:02:39
10	45	RUI PARROCHINHA	M	Clube Desportivo Ribeirense	M40	1	Porto de Mós	00:29:32	03:48	01:03:07
11	126	JOSÉ FIGUEIRAS	M	ACBATALHA	M45	2		00:30:05	03:48	01:03:12
12	10	NUNO CASALINHO	M	GAC	M35	2		00:31:23	03:49	01:03:23
13	116	GIBERTO FERNANDES	M	ACR Frade de Cima	M55	2		00:30:16	03:50	01:03:40
14	50	TIAGO TOMAS	M	CCRD BURINHOSA	SEN M	4		00:30:04	03:50	01:03:41
15	114	FÁBIO DURÃO	M	GAC	SEN M	5	Porto de Mós	00:30:15	03:50	01:03:53
16	121	JOÃO DIAS	M	V.A. Povoense	M45	3		00:30:23	03:51	01:03:58
17	53	FÁBIO MARTINS	M	C.C.D. O ALVITEJO	SEN M	6		00:31:04	03:52	01:04:11
18	64	JOSÉ QUEIRÓS	M	C.C.D. O ALVITEJO	M45	4		00:30:53	03:52	01:04:20
19	29	RUI PERDIGÃO	M	C.A.S.P.A. - Clube Amador Só Para Atletismo	M50	3		00:30:54	03:55	01:05:17
20	67	CARLOS SIMÕES	M	INDUSTRIAL DESPORTIVO VIEIRENSE	M50	4		00:31:12	03:58	01:05:55
21	2	ALEXANDRA OLIVEIRA	F	Recreio Desportivo de Águeda	SEN F	2		00:31:11	03:58	01:06:06
22	57	ANTÓNIO PAIS	M	C.C.D. O ALVITEJO	M45	5		00:31:50	04:00	01:06:25
23	49	DIOGO DUARTE	M	CCRD BURINHOSA	SEN M	7		00:32:03	04:00	01:06:29
24	55	JOSÉ CASTRO	M	C.C.D. O ALVITEJO	M55	3		00:31:52	04:00	01:06:39
25	8	VITOR RIBEIRO	M	GAC	M55	4		00:31:51	04:01	01:06:46
26	70	ALÉXIS ROCHA	M	INDUSTRIAL DESPORTIVO VIEIRENSE	SEN M	8		00:31:27	04:01	01:06:47
27	7	DULCÍNEA SILVA	F	GAC	F40	1		00:31:52	04:01	01:06:48
28	69	ACÁCIO CAMPOS	M	INDUSTRIAL DESPORTIVO VIEIRENSE	M60	1		00:31:52	04:02	01:07:03
29	77	ANA PAULA RODRIGUES	F	CASA DO POVO DE ALCANENA	SEN F	3		00:31:59	04:02	01:07:06
30	127	ANTÓNIO SILVA	M	Academia do Pro	M50	5		00:31:59	04:02	01:07:07
31	123	DARIO CABETE	M	CCRD BURINHOSA	M45	6		00:31:59	04:03	01:07:16
32	110	FRANCISCO GAIO	M	Caracol Trail Team	M55	5		00:32:22	04:06	01:08:04
33	6	AMILCAR COSTA	M	ACRM Silveirinha Grande Claras	M45	7		00:33:09	04:08	01:08:38
34	5	EDGAR GOMES	M	ACRM Silveirinha Grande Claras	M35	3		00:32:41	04:08	01:08:43
35	105	RAFAEL PINTO	M	Clube Desportivo Moitense	SEN M	9		00:33:05	04:08	01:08:48
36	9	HELDER CARREIRA	M	MAXIGYM	M40	2		00:32:01	04:08	01:08:53
37	106	ANTONIO FERRERA	M	Clube Desportivo Moitense	M60	2		00:33:06	04:09	01:09:04
38	65	ACÁCIO GOMES	M	A.R.C.D. MENDIGA	M45	8	Porto de Mós	00:33:15	04:09	01:09:04
39	19	DINIS AGAPITO	M	URDJUNCALENSE	M40	3	Porto de Mós	00:33:24	04:09	01:09:06
40	18	CARLOS FERREIRA	M	URDJUNCALENSE	M40	4	Porto de Mós	00:33:24	04:09	01:09:06
41	59	DANIEL CARPINTEIRO	M		SEN M	10		00:31:54	04:11	01:09:34
42	43	MIGUEL GINETO	M	Clube Desportivo Ribeirense	M40	5	Porto de Mós	00:32:55	04:12	01:09:44
43	109	NUNO JORGE	M	Clube Desportivo Moitense	M40	6		00:33:05	04:12	01:09:44
44	71	RENATO SILVA	M	CPR. A-do-Barbas	SEN M	11		00:33:33	04:14	01:10:32

Pos	Dorsal	Atleta	Genero	Equipa	Categoria	Pos Cat	Concelho	8.2 km	Ritmo	Tempo
45	84	CARLOS RODRIGUES	M	Leiria Marcha Atlética Clube	M60	3		00:33:34	04:16	01:10:52
46	79	ADRIANO ARAÚJO	M	CONQUISTA GINÁSIO - CADAVAL	M40	7		00:33:50	04:16	01:10:53
47	89	CARLOS MAJOR	M	G.D.C. Eirapedrense	M55	6		00:34:20	04:17	01:11:10
48	22	NUNO MARTINS	M	4 Gê Runners	M40	8	Porto de Mós	00:33:53	04:17	01:11:18
49	58	VÍTOR GOMES	M	C.C.D. O ALVITEJO	M60	4		00:33:43	04:18	01:11:28
50	120	PAULO MONTEIRO	M	ACBATALHA	M45	9		00:33:56	04:18	01:11:34
51	72	JOAQUIM GOMES	M	CPR. A-do-Barbas	M65	1		00:34:04	04:19	01:11:39
52	122	JOÃO AFONSO	M	V.A. Povoense	M60	5		00:33:12	04:19	01:11:46
53	101	JOÃO PEDRO SOUSA CARVALHO	M	A.R.C.D. MENDIGA	SEN M	12	Porto de Mós	00:33:26	04:20	01:11:58
54	80	PEDRO MARQUES	M	CONQUISTA GINÁSIO - CADAVAL	M50	6		00:34:47	04:20	01:11:59
55	32	ANTÓNIO PALMEIRA	M	Veteranos Ribeirense	M40	9	Porto de Mós	00:34:13	04:20	01:12:09
56	17	LUÍS SILVA	M	ACRM Silveirinha Grande Claras	M45	10		00:34:35	04:22	01:12:33
57	128	MAURO PIMENTA	M	Grupo dos Amigos do Atletismo de Vila Franca de Chira	M40	10		00:35:59	04:23	01:12:49
58	60	CRISTÓVÃO GOMES	M	Clube Veteranos do Lis	M35	4		00:35:59	04:23	01:12:49
59	108	LEONEL RODRIGUES	M	Clube Desportivo Moitense	M60	6		00:34:49	04:23	01:12:58
60	42	JOÃO JUSTO	M	Clube Desportivo Ribeirense	M40	11	Porto de Mós	00:34:46	04:26	01:13:43
61	28	LUIS OLIVEIRA	M	run@abrã	M45	11		00:36:11	04:27	01:14:03
62	44	NUNO MOLEANO	M	Clube Desportivo Ribeirense	M40	12	Porto de Mós	00:34:46	04:28	01:14:11
63	107	MARIO DUARTE	M	Clube Desportivo Moitense	M60	7		00:34:50	04:28	01:14:16
64	48	CLAUDIA TORRES	F	CCRD BURINHOSA	F35	1		00:35:51	04:29	01:14:27
65	46	JOSE RATO	M	CCRD BURINHOSA	M60	8		00:34:11	04:29	01:14:38
66	102	MARCO CASEIRO	M	Os Perigosos	M40	13		00:35:48	04:30	01:14:45
67	87	JORGE GOMES	M	G.D.C. Eirapedrense	M50	7		00:35:50	04:33	01:15:39
68	23	CARLOS SECO SECO	M		M55	7		00:35:51	04:34	01:15:49
69	104	CARLOS PINTO	M	Clube Desportivo Moitense	M50	8		00:36:57	04:35	01:16:17
70	82	PEDRO FARIA	M	Runners de Kintal	M40	14		00:35:33	04:39	01:17:13
71	61	RODRIGO DUARTE	M		SEN M	13		00:35:33	04:39	01:17:15
72	38	FERNANDO VERISSIMO	M	CHESTER'S TEAM	M55	8		00:38:16	04:40	01:17:37
73	129	ANDRÉ WIBORG	M	WI84	M55	9		00:38:17	04:40	01:17:37
74	73	JOSÉ PEIXOTO	M		M60	9		00:37:36	04:41	01:17:54
75	103	BLANDINA LOURENÇO	F	ACVermoil	F35	2		00:38:00	04:41	01:17:56
76	27	HELDER MARTINS	M	run@abrã	M35	5		00:36:19	04:42	01:18:17
77	111	ANDREIA PEREIRA	F	Ca Barreira	SEN F	4	Porto de Mós	00:37:15	04:44	01:18:41
78	31	VITOR PARREIRA	M	mesh nazareth	M65	2		00:37:48	04:44	01:18:41
79	41	VASCO MARQUES	M		M45	12		00:37:32	04:44	01:18:44
80	81	DALILA ROMÃO	F	Casa do Benfica em Castelo Branco	SEN F	5		00:37:28	04:45	01:18:53
81	74	EUGÉNIO PISCO	M		M65	3		00:37:58	04:45	01:19:05
82	47	RUI VENTURA	M	CCRD BURINHOSA	M55	10		00:38:43	04:47	01:19:34
83	94	LEANDRO GOMES	M	A.R.C.D. MENDIGA	SEN M	14	Porto de Mós	00:37:48	04:52	01:20:51
84	37	JORGE DUARTE	M	CHESTER'S TEAM	M40	15		00:39:02	04:53	01:21:17
85	112	THAÍS FREITAS	F	Ninho team Porto de Mós	SEN F	6	Porto de Mós	00:38:57	04:53	01:21:17
86	76	PEDRO GOMES	M		SEN M	15	Porto de Mós	00:37:36	04:53	01:21:19
87	93	CARLOS SOUSA	M	Os Perigosos	M60	10		00:37:53	04:54	01:21:23
88	20	PAULO SILVA	M	Rancho Mira Serra Louções	SEN M	16		00:36:57	04:54	01:21:25

Pos	Dorsal	Atleta	Genero	Equipa	Categoria	Pos Cat	Concelho	8.2 km	Ritmo	Tempo
89	54	JOSÉ MARQUES	M	C.C.D. O ALVITEJO	M60	11		00:38:02	04:57	01:22:16
90	115	HELDER FERNANDES	M	ACR Frade de Cima	M55	11		00:38:41	04:58	01:22:30
91	11	NUNO BELO	M	Liz Runners	M45	13		00:38:52	05:04	01:24:08
92	56	AIDA MARTINS	F	C.C.D. O ALVITEJO	F40	2		00:40:39	05:12	01:26:24
93	124	DIAMANTINO CRUZ	M	Clube Desportivo Moitense	M60	12		00:39:49	05:14	01:27:04
94	95	MIGUEL SANTOS	M	Chitas Alcobaça	M40	16		00:41:55	05:17	01:27:49
95	92	PAULO BERTOLO	M	HCT Running Team	M35	6		00:41:37	05:17	01:27:49
96	33	SÓNIA VICENTE	F	HCT Running Team	F40	3		00:41:39	05:17	01:27:49
97	30	TÁXIS DOS MOLEANOS ALCOBAÇA	M	HCT Running Team	M35	7		00:41:33	05:17	01:27:49
98	51	ALBINO OLIVEIRA	M	GTT ARMAZEM DO CAFÉ	M65	4		00:42:49	05:17	01:27:55
99	16	PAULO JOSE COSTA	M		M45	14		00:42:51	05:20	01:28:32
100	36	ANTONIO GRAZINA	M	CHESTER'S TEAM	M65	5		00:42:58	05:20	01:28:32
101	62	ANTÓNIO OLIVEIRA	M		M60	13		00:42:57	05:20	01:28:32
102	98	MÁRIO SANTOS	M	LÁ VÃO... DE ALMEIRIM	M50	9		00:42:58	05:20	01:28:32
103	97	MANUEL RODRIGUES ALMEIDA	M	LÁ VÃO... DE ALMEIRIM	M60	14		00:42:58	05:20	01:28:32
104	13	GILBERTO GONÇALVES	M	CLUBE ATLETISMO AMIGOS DE BELÉM	M65	6		00:42:42	05:23	01:29:27
105	75	JÚLIO HENRIQUES	M		M65	7		00:43:34	05:33	01:32:12
106	88	LUIS OLIVEIRA	M	G.D.C. Eirapedrense	M40	17		00:43:34	05:33	01:32:12
107	100	ANA RAQUEL LUIS DA CONCEIÇÃO	F	A.R.C.D. MENDIGA	SEN F	7	Porto de Mós	00:41:45	05:38	01:33:32
108	86	MANUEL SANTOS	M	G.D.C. Eirapedrense	M65	8		00:44:29	05:54	01:38:08
109	25	VÍTOR FERNANDES	M	CALMA - Tomar	M65	9		00:47:45	06:00	01:39:50
110	99	DUARTE RIBEIRO	M	LÁ VÃO... DE ALMEIRIM	M45	15		00:44:29	06:03	01:40:32
111	39	JULIO PARREIRA	M	CHESTER'S TEAM	M65	10		00:44:29	06:03	01:40:33
112	63	MARIA DE FÁTIMA OLIVEIRA	F		F40	4		01:00:12	06:07	01:41:34