

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
1	138	DANIEL F O GREGÓRIO	M	27	M0034	1 CA SEIA	00:51:03	00:51:01
2	135	GONÇALO BORGES	M	32	M0034	2	00:51:33	00:51:33
3	70	LUIS RAÇÕES	M	40	M4044	1 INGLESES FC	00:53:45	00:53:45
4	80	JOÃO VAZ	M	48	M4549	1 CCD O ALVITEJO	00:54:32	00:54:32
5	139	PEDRO M M JANUÁRIO	M	37	M3539	1	00:55:35	00:55:35
6	557	VITOR DINIS	M	44	M4044	2 ID VIEIRENSE	00:56:55	00:56:55
7	97	RICARDO OLIVEIRA	M	41	M4044	3 CR AMIEIRINHENSE	00:57:16	00:57:14
8	186	JOSE DURAO	M	51	M5054	1 C BENFICA ABRANTES	00:58:02	00:58:02
9	553	GABRIEL RODRIGUES	M	52	M5054	2 ID VIEIRENSE	00:59:01	00:59:01
10	182	RUI PARROCHINHA	M	39	M3539	2 CD RIBEIRENSE	00:59:29	00:59:27
11	85	MARCO ENCARNAÇÃO	M	34	M0034	3 CCD O ALVITEJO	00:59:34	00:59:34
12	550	FÁBIO A S DURÃO	M	28	M0034	4 GA CARANGUEJEIRA	00:59:58	00:59:56
13	187	LUIS MOTA	M	46	M4549	2 C BENFICA ABRANTES	00:59:58	00:59:55
14	555	JOÃO DOMINGOS	M	45	M4549	3 ID VIEIRENSE	01:00:22	01:00:22
15	63	MARGARIDA DIONÍSIO	F	29	F0034	1 ACR SRA DESTERRO	01:00:28	01:00:28
16	78	NUNO EVANGELISTA	M	35	M3539	3 A20KM	01:01:11	01:01:07
17	116	RICARDO SIMOES	M	52	M5054	3 ESC ATL CARTAXO	01:01:12	01:01:09
18	98	EDUARDO CARDEIRA	M	34	M0034	5 CR AMIEIRINHENSE	01:01:15	01:01:13
19	81	ANTÓNIO PAIS	M	46	M4549	4 CCD O ALVITEJO	01:01:18	01:01:18
20	552	JORGE MARCELINO	M	43	M4044	4 ID VIEIRENSE	01:02:01	01:02:01
21	95	NELSON SANTOS	M	46	M4549	5 CCD O ALVITEJO	01:02:10	01:02:07
22	165	AQUILINO FERREIRA	M	57	M5559	1 AC VERMOIL	01:02:31	01:02:28
23	170	ADRIANO RIBEIRO	M	32	M0034	6 UFCI TOMAR	01:02:44	01:02:42
24	35	MANUEL BARROS COSTA	M	60	M6064	1 CCDT METRO LX	01:02:48	01:02:44
25	29	ANGELO SILVA	M	33	M0034	7 CCDT METRO LX	01:02:51	01:02:47
26	128	TIAGO N TOMÁS	M	26	M0034	8	01:02:59	01:02:57
27	90	ALEX SCUTARO	M	44	M4044	5 CCD O ALVITEJO	01:03:12	01:03:09
28	161	VERONICA SCUTARO	F	40	F3544	1	01:03:14	01:03:14
29	554	ANTÓNIO POEIRAS	M	56	M5559	2 ID VIEIRENSE	01:03:15	01:03:12
30	560	CARLOS SANTOS	M	43	M4044	6 CCRD BURINHOSA	01:03:23	01:03:21
31	108	RICARDO SILVA	M	23	M0034	9 CLAC - ENTRONCAMENTO	01:03:24	01:03:19
32	117	FRANCISCO GAIO	M	53	M5054	4 CARACOL TRAIL TEAM	01:03:31	01:03:28
33	122	INACIO SERRAZINA	M	57	M5559	3	01:03:45	01:03:41
34	192	ANTONIO SILVA	M	50	M5054	5 CASA POVO ALCANENA	01:04:09	01:04:09
35	191	ALEXANDRA OLIVEIRA	F	23	F0034	2 CASA POVO ALCANENA	01:04:09	01:04:09
36	563	JOSE FIGUEIRA	M	47	M4549	6 CCRD BURINHOSA	01:04:24	01:04:21
37	224	CASIMIRO GOMES	M	39	M3539	4 AC BATALHA	01:04:34	01:04:32
38	113	ABREU MOURA	M	61	M6064	2 CLAC - ENTRONCAMENTO	01:04:41	01:04:37
39	110	JOSÉ GOMES	M	53	M5054	6 CLAC - ENTRONCAMENTO	01:04:43	01:04:33
40	107	ALCINO NUNES	M	44	M4044	7 CLAC - ENTRONCAMENTO	01:04:43	01:04:34
41	168	PAULO CORREIA	M	42	M4044	8	01:04:55	01:04:47
42	570	CARLOS DUARTE	M	50	M5054	7 CCRD BURINHOSA	01:04:58	01:04:53
43	154	LUIS M A P NOBRE	M	47	M4549	7 NOBRE BRINDES	01:05:13	01:05:09
44	83	VÍTOR GOMES	M	61	M6064	3 CCD O ALVITEJO	01:05:14	01:05:14

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
45	567	NUNO LORVAO	M	46	M4549	8 CCRD BURINHOSA	01:05:17	01:05:15
46	193	JOAO GONCALVES	M	23	M0034	10 CASA POVO ALCANENA	01:05:19	01:05:19
47	101	CESAR J F COELHO	M	40	M4044	9	01:05:26	01:05:21
48	212	FILIFE CARVALHEIRO	M	53	M5054	8 BAJOUCA	01:05:28	01:05:21
49	556	ACÁCIO CAMPOS	M	58	M5559	4 ID VIEIRENSE	01:05:34	01:05:28
50	134	DINIS PRUDENCIO	M	45	M4549	9 CRP RIBAFRIA	01:05:44	01:05:44
51	185	FILIPA MOUTINHO	F	34	F0034	3 C BENFICA ABRANTES	01:05:46	01:05:46
52	48	LUIS M C NEVES	M	38	M3539	5 MARINHAIS AC	01:05:52	01:05:48
53	12	VITOR RIBEIRO	M	56	M5559	5 GA CARANGUEJEIRA	01:06:06	01:06:04
54	13	PEDRO FIGUEIREDO	M	56	M5559	6 GA CARANGUEJEIRA	01:06:11	01:06:08
55	11	DULCÍNEA SILVA	F	44	F3544	2 GA CARANGUEJEIRA	01:06:17	01:06:15
56	213	MARCIO SOUSA	M	34	M0034	11 CPR A DO BARBAS	01:06:22	01:06:18
57	130	RUI P LUCAS	M	26	M0034	12 SR JARDOEIRA	01:06:24	01:06:16
58	111	RUI MARTINS	M	32	M0034	13 CLAC - ENTRONCAMENTO	01:06:31	01:06:22
59	562	DIOGO DUARTE	M	28	M0034	14 CCRD BURINHOSA	01:06:34	01:06:31
60	133	HÉLDER CARREIRA	M	40	M4044	10 SR JARDOEIRA	01:06:40	01:06:37
61	215	PEDRO RODRIGUES	M	49	M4549	10 CPR A DO BARBAS	01:06:47	01:06:47
62	147	JOÃO PEDRO OLIVEIRA	M	40	M4044	11 METRO 2011	01:06:54	01:06:49
63	148	DIOGO FERREIRA	M	35	M3539	6 C VETERANOS LIS	01:06:54	01:06:54
64	183	CRISTIANO GINJA	M	32	M0034	15 AC MOITA DA ROSA	01:07:42	01:07:38
65	115	LUÍS MOTA	M	44	M4044	12 CLAC - ENTRONCAMENTO	01:08:04	01:07:56
66	75	JOSÉ FERNANDES	M	47	M4549	11	01:08:09	01:08:00
67	171	FERNANDO HOMEM	M	38	M3539	7 CASPA(CLUBE AMADOR SÓ PARA ATLETISMO)	01:08:40	01:08:35
68	140	PATRICK INÁCIO	M	26	M0034	16	01:08:45	01:08:39
69	221	FRANCISCO BRIGIDO	M	40	M4044	13 AC BATALHA	01:08:51	01:08:46
70	561	DARIO CABETE	M	43	M4044	14 CCRD BURINHOSA	01:08:53	01:08:42
71	566	MAURICIO RODRIGUES	M	37	M3539	8 CCRD BURINHOSA	01:08:58	01:08:51
72	68	ARMANDO C RAFAEL	M	42	M4044	15 CA NAZARÉ	01:09:04	01:08:57
73	162	NUNO MELICIA	M	34	M0034	17 NOBRE BRINDES	01:09:13	01:09:09
74	214	JOAQUIM GOMES	M	66	M6599	1 CPR A DO BARBAS	01:09:23	01:09:18
75	82	FÁBIO MARTINS	M	27	M0034	18 CCD O ALVITEJO	01:09:39	01:09:32
76	72	FILIFE PATRICIO	M	28	M0034	19	01:09:39	01:09:35
77	40	JOÃO P F SANTOS	M	35	M3539	9 CCR MOLEANENSE	01:09:46	01:09:40
78	91	PAULO CRUZ	M	46	M4549	12 CA BARREIRA	01:09:54	01:09:54
79	172	FERNANDO JACINTO	M	49	M4549	13 GA SOUTOS	01:10:00	01:09:55
80	142	JOSÉ PEIXOTO	M	58	M5559	7 PENICHE	01:10:01	01:09:54
81	181	MIGUEL GINETO	M	42	M4044	16 CD RIBEIRENSE	01:10:04	01:10:01
82	15	AMILCAR COSTA	M	46	M4549	14 ACRM SILVEIRINHA G CLARAS	01:10:25	01:10:22
83	157	PEDRO AIRES	M	48	M4549	15 ADAR	01:10:28	01:10:24
84	45	CARLOS A S SANTOS	M	42	M4044	17	01:10:31	01:10:23
85	216	NUNO JORGE	M	41	M4044	18 CPR A DO BARBAS	01:10:46	01:10:41
86	88	FERNANDO POMBO	M	65	M6599	2 CCD O ALVITEJO	01:10:49	01:10:42
87	49	ANTONIO M C S LEAL	M	45	M4549	16 MARINHAIS AC	01:11:16	01:11:12
88	96	ACÁCIO M F GOMES	M	43	M4044	19 ARCD MENDIGA	01:11:31	01:11:19

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
89	104	JOSÉ GORDILHO	M	52	M5054	9 CAA BELÉM	01:11:37	01:11:24
90	223	PAULO MONTEIRO	M	48	M4549	17 AC BATALHA	01:11:42	01:11:37
91	125	CARLOS PINTO	M	48	M4549	18 CD MOITENSE	01:12:02	01:11:55
92	551	LUIS CARVALHEIRO	M	43	M4044	20 ACRM SILVEIRINHA G CLARAS	01:12:07	01:12:03
93	28	JORGE POLIDORO	M	49	M4549	19 PANELA MAGICA	01:12:13	01:12:04
94	169	PEDRO FELICIANO	M	36	M3539	10 CLUBE SOSI	01:12:22	01:12:16
95	30	ANTONIO PEREIRA	M	52	M5054	10 CCDT METRO LX	01:12:27	01:12:18
96	41	PEDRO M PERALTA	M	46	M4549	20 CCR MOLEANENSE	01:12:45	01:12:39
97	173	RUI CARREIRA	M	53	M5054	11 GA SOUTOS	01:12:48	01:12:45
98	87	MANUEL VITORINO	M	67	M6599	3 CCD O ALVITEJO	01:13:00	01:12:53
99	153	CRISTOVÃO GOMES	M	35	M3539	11 C VETERANOS LIS	01:13:08	01:13:01
100	222	JOAQUIM OLIVEIRA	M	55	M5559	8 AC BATALHA	01:13:27	01:13:23
101	188	MARIO DUARTE	M	58	M5559	9	01:13:31	01:13:27
102	132	SÉRGIO M D SILVA	M	43	M4044	21 SR JARDOEIRA	01:13:37	01:13:26
103	156	RODRIGO S COSTA	M	18	M0034	20	01:13:37	01:13:26
104	568	PAULO DUARTE	M	50	M5054	12 CCRD BURINHOSA	01:13:40	01:13:33
105	217	NUNO FERREIRA	M	38	M3539	12 CPR A DO BARBAS	01:13:55	01:13:46
106	114	CARLOS V ANTUNES	M	51	M5054	13 CLAC - ENTRONCAMENTO	01:14:20	01:14:10
107	94	RUI SILVA	M	50	M5054	14	01:14:29	01:14:23
108	190	EVANGELINO CARDEIRA	M	61	M6064	4	01:14:37	01:14:31
109	178	RODOLFO DEYLLLOT	M	50	M5054	15 CD RIBEIRENSE	01:14:58	01:14:53
110	152	VASCO MARQUES	M	44	M4044	22 C VETERANOS LIS	01:15:17	01:15:09
111	141	JOSÉ LUÍS GONÇALVES	M	41	M4044	23 PENICHE	01:15:21	01:15:14
112	131	PEDRO N S PEREIRA	M	39	M3539	13 SR JARDOEIRA	01:15:22	01:15:13
113	51	HELDER VALADAS	M	36	M3539	14 OS PERIGOSOS	01:15:46	01:15:38
114	52	MARCO CASEIRO	M	38	M3539	15 OS PERIGOSOS	01:15:46	01:15:38
115	53	FERNANDO ANDRADE	M	37	M3539	16 OS PERIGOSOS	01:15:46	01:15:39
116	100	JOSÉ FRED	M	65	M6599	4	01:15:53	01:15:43
117	164	EUGENIO MENDES	M	55	M5559	10 AC VERMOIL	01:16:11	01:16:06
118	84	JOAQUIM MARTINS	M	56	M5559	11 CCD O ALVITEJO	01:16:14	01:16:08
119	36	ORLANDO SILVA	M	59	M5559	12 CCDT METRO LX	01:16:19	01:16:10
120	174	DARCIO RODRIGUES	M	33	M0034	21 GA SOUTOS	01:16:31	01:16:24
121	67	VITOR PARREIRA	M	63	M6064	5 CA NAZARÉ	01:16:32	01:16:24
122	124	ALBERTO VINAGRE	M	55	M5559	13 CD MOITENSE	01:16:34	01:16:26
123	93	PAULO FONSECA	M	52	M5054	16	01:16:49	01:16:34
124	129	CARLOS A S F SANTOS	M	38	M3539	17 SR JARDOEIRA	01:16:55	01:16:44
125	189	DIAMANTINO CRUZ	M	59	M5559	14	01:17:00	01:16:55
126	167	IVO G SILVA	M	66	M6599	5	01:17:24	01:17:12
127	177	JOAO JUSTO	M	42	M4044	24 CD RIBEIRENSE	01:17:29	01:17:29
128	218	RUI P OLIVEIRA	M	30	M0034	22	01:18:00	01:17:54
129	569	RUI VENTURA	M	55	M5559	15 CCRD BURINHOSA	01:18:02	01:17:58
130	123	RICARDO VICENTE	M	44	M4044	25 CD MOITENSE	01:18:03	01:17:54
131	14	JOÃO GRAÇA	M	61	M6064	6 ACRM SILVEIRINHA G CLARAS	01:18:07	01:18:05
132	179	DOMINGOS LAVINHA	M	58	M5559	16 CD RIBEIRENSE	01:18:21	01:18:14

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
133	17	ALMERINDO SILVA	M	57	M5559	17 EQ ADC CATUJAL	01:18:22	01:18:12
134	180	NUNO MOLEANO	M	39	M3539	18 CD RIBEIRENSE	01:19:08	01:19:02
135	34	RAFAEL SANTOS	M	49	M4549	21 CCDT METRO LX	01:19:35	01:19:25
136	118	MARISA CARREIRA	F	33	F0034	4	01:20:00	01:19:54
137	42	DIOGO PINTO	M	26	M0034	23 CCR MOLEANENSE	01:20:00	01:19:54
138	89	VÍTOR NETO	M	47	M4549	22 CCD O ALVITEJO	01:20:10	01:20:04
139	54	CARLOS SOUSA	M	59	M5559	18 OS PERIGOSOS	01:20:34	01:20:26
140	166	ALFREDO SANTOS	M	61	M6064	7 AC VERMOIL	01:20:43	01:20:34
141	558	ANTÓNIO BENTO	M	48	M4549	23 ID VIEIRENSE	01:21:00	01:20:54
142	99	ANTONIO CAVADAS	M	64	M6064	8	01:21:52	01:21:43
143	559	ANIBAL SILVA	M	53	M5054	17 CCRD BURINHOSA	01:21:56	01:21:50
144	31	FRANCISCO PLINIO	M	60	M6064	9 CCDT METRO LX	01:22:03	01:21:55
145	160	DIAMANTINO HENRIQUES	M	70	M6599	6 CPR A-DO-BARBAS	01:22:59	01:22:53
146	211	SILVIA FRANCO	F	43	F3544	3 BAJOUCA	01:23:17	01:23:10
147	564	JOSE RATO	M	58	M5559	19 CCRD BURINHOSA	01:23:18	01:23:06
148	565	LUIS CONCEIÇÃO	M	56	M5559	20 CCRD BURINHOSA	01:23:18	01:23:07
149	119	ANDRE OLIVEIRA	M	26	M0034	24	01:23:58	01:23:51
150	120	JUSTINO M R SILVA	M	40	M4044	26	01:23:58	01:23:52
151	46	NUNO BELO	M	43	M4044	27 SS CGD	01:24:08	01:23:57
152	149	AMÉRICO SANTOS	M	62	M6064	10 C VETERANOS LIS	01:24:18	01:24:09
153	150	CARMEN SOFIA	F	36	F3544	4 C VETERANOS LIS	01:24:19	01:24:10
154	155	PAULO J COSTA	M	47	M4549	24	01:24:31	01:24:21
155	69	ARMANDO J DELGADO	M	60	M6064	11 C BENFICA FIG FOZ	01:24:47	01:24:43
156	37	CARLOS MOREIRA	M	63	M6064	12 CCDT METRO LX	01:25:01	01:24:53
157	105	GILBERTO GONÇALVES	M	67	M6599	7 CAA BELÉM	01:25:23	01:25:12
158	73	PAULO SILVA	M	47	M4549	25	01:25:26	01:25:22
159	10	ALBINO OLIVEIRA	M	66	M6599	8 GTT ARMAZÉM CAFÉ	01:25:56	01:25:49
160	77	HUMBERTO FERNANDES	M	55	M5559	21 CLÍNICA DOS RELÓGIOS	01:26:36	01:26:29
161	109	VÍTOR SILVA	M	53	M5054	18 CLAC - ENTRONCAMENTO	01:27:46	01:27:36
162	55	JOSÉ HENRIQUES	M	61	M6064	13 OS PERIGOSOS	01:28:19	01:28:09
163	126	EVA ROSA	F	47	F4599	1 CD MOITENSE	01:28:21	01:28:13
164	127	MARIANA FONSECA	F	23	F0034	5 CD MOITENSE	01:29:25	01:29:17
165	79	RUI PISCO	M	41	M4044	28 A20KM	01:29:29	01:29:17
166	220	ANA CONCEICAO	F	24	F0034	6 AC BATALHA	01:30:22	01:30:10
167	60	NIDIA M S VALADARES	F	39	F3544	5 AA LEBRES SADO	01:31:28	01:31:19
168	61	MANUEL A L SEQUEIRA	M	66	M6599	9 GDCT REPSOL POLÍMEROS	01:31:28	01:31:28
169	92	GONÇALO COELHO	M	34	M0034	25 CLUBE SOSI	01:31:29	01:31:21
170	184	FRANCISCO SILVA	M	48	M4549	26 AC MOITA RODA	01:31:56	01:31:50
171	144	ANTÓNIO JESUS	M	73	M6599	10 LÁ VÃO... DE ALMEIRIM	01:33:11	01:32:57
172	20	JOÃO FRIM	M	47	M4549	27 PANELA MAGICA	01:33:13	01:33:00
173	59	GONÇALO ROQUE	M	43	M4044	29 CHESTERS TEAM	01:33:13	01:33:00
174	22	LUIS LOPES	M	49	M4549	28 PANELA MAGICA	01:33:14	01:32:59
175	16	NUNO LOPES	M	39	M3539	19 PANELA MAGICA	01:33:14	01:33:01
176	58	JULIO PARREIRA	M	67	M6599	11 CHESTERS TEAM	01:33:14	01:33:01

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
177	57	JORGE DUARTE	M	41	M4044	30 CHESTERS TEAM	01:33:15	01:33:01
178	18	SERGIO CASTRO	M	37	M3539	20	01:33:15	01:33:01
179	143	MANUEL ALMEIDA	M	58	M5559	22 LÁ VÃO... DE ALMEIRIM	01:33:16	01:33:02
180	25	HELENA PIRES	F	49	F4599	2 RAIL RUNNERS	01:33:16	01:33:12
181	145	CARLOS GARCIA	M	56	M5559	23 LÁ VÃO... DE ALMEIRIM	01:33:17	01:33:02
182	146	JOSE TEODOSIO	M	51	M5054	19 LÁ VÃO... DE ALMEIRIM	01:33:17	01:33:04
183	194	JOSE CORREIA	M	55	M5559	24	01:33:17	01:33:04
184	47	VÍTOR M M FERNANDES	M	66	M6599	12 CALMA - TOMAR	01:35:43	01:35:30
185	74	JOSÉ VAZ	M	58	M5559	25 CLUBE ANACOM	01:36:00	01:35:51
186	62	JOSÉ BELCHIOR	M	64	M6064	14 OS PERIGOSOS	01:39:22	01:39:13
187	158	JOAQUIM CARDOSO	M	44	M4044	31	01:40:18	01:40:07
188	32	JOÃO BARBOSA	M	56	M5559	26 CCDT METRO LX	01:40:20	01:40:08
189	219	CAROLINA MARTINS	F	23	F0034	7	01:40:31	01:40:20
190	106	CLAUDIA NOBRE	F	42	F3544	6 CAA BELÉM	01:40:44	01:40:32
191	102	ALBERTO S CANO	M	63	M6064	15 CAA BELÉM	01:40:44	01:40:31
192	33	FERNANDO FERNANDES	M	64	M6064	16 CCDT METRO LX	01:41:58	01:41:48
193	71	RAQUEL N CORDEIRO	F	28	F0034	8	01:42:05	01:42:01
194	159	BERNARDINO ANTUNES	M	55	M5559	27	01:46:56	01:46:45
195	44	LUCIANO RAMOS	M	67	M6599	13	02:01:00	02:01:00