

LISTAGEM PROVISÓRIA (PARA CONFERÊNCIA DE TEMPO)

22º GP ATLETISMO MENDIGA

Patrocínio: CM PORTO MÓS / JF MENDIGA Apoio: CRÉDITO AGRÍCOLA
 Data: 22/11/2009
 Classif.: Relatório Geral Masculino e Feminino

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
1	5	RICARDO RIBAS	32	M1934	1	M					GDR CONFORLIMPA	00:49:15
2	13	BRUNO FRAGA	32	M1934	2	M					GDR REBOLEIRA	00:49:46
3	127	NELSON CRUZ	31	M1934	3	M					GDU CAXIENSES	00:51:08
4	10	ANTONIO TRAVASSOS	38	M3539	1	M					SPORTING CP	00:51:18
5	373	TIAGO MARQUES	26	M1934	4	M					AA POMBAL	00:51:54
6	17	ASSAM ABDENNOUR	27	M1934	5	M					SCU TORREENSE	00:52:54
7	16	LUIS PINTO	34	M1934	6	M					CS MARITIMO	00:53:23
8	6	TIAGO MATIAS	25	M1934	7	M					GDU CAXIENSES	00:53:51
9	364	GILBERTO FERNANDES	47	M4549	1	M					ACR FRADE CIMA	00:54:09
10	313	ALEXI SCUTARU	37	M3539	2	M					CRD ARRUDENSE	00:54:29
11	333	CARLOS SNATOS	41	M4044	1	M					GAA VILA FRANCA XIRA	00:54:56
12	316	PAULO DURÃES	37	M3539	3	M					CRD ARRUDENSE	00:55:47
13	36	JORGE CORREIA	39	M3539	4	M					C A BARREIRA	00:55:50
14	312	ALEXANDRE MONTEIRO	43	M4044	2	M					CRD ARRUDENSE	00:56:20
15	445	CARLOS VIEGAS	41	M4044	3	M					SR CAMARNAL	00:56:36
16	14	VIRGILIO GOMES	41	M4044	4	M					G D MACEDO OCULISTA	00:56:41
17	265	JACINTO CORREIA	45	M4549	2	M					ARD VILA CHÃ	00:56:57
18	190	RUI AFONSO	39	M3539	5	M					GLOBASGEST	00:57:02
19	488	JOAO GOMES	45	M4549	3	M					AC VERMOIL	00:57:12
20	354	RICARDO OLIVEIRA	29	M1934	8	M					GDR FIGUEIRAS	00:57:17
21	370	SERGIY CHONKA	36	M3539	6	M					AA POMBAL	00:57:26
22	224	ANTONIO PAIS	39	M3539	7	M					CCD O ALVITEJO	00:57:34
23	474	JORGE ESTEVES	36	M3539	8	M					ID VIEIRENSE	00:57:46
24	270	GABRIEL RODRIGUES	45	M4549	4	M					ADCR PAINHO	00:57:54
25	477	JOSE FIGUEIRA	40	M4044	5	M					ID VIEIRENSE	00:58:00
26	524	PEDRO SANTOS	20	M1934	9	M					INDIVIDUAL	00:58:14
27	39	MARIO HENRIQUE	40	M4044	6	M					C A BARREIRA	00:58:30
28	339	LUIS MOTA	35	M3539	9	M					ADR AGUAS BELAS	00:58:33
29	442	ANTONIO POEIRAS	49	M4549	5	M					ACR SOUTOS	00:58:40
30	459	JOSE AUGUSTO SANTOS	46	M4549	6	M					AC MARINHENSE	00:58:50

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
31	315	JOAO DIAS	37	M3539	10	M					CRD ARRUDENSE	00:58:57
32	32	DESIDERIO PIRES	37	M3539	11	M					C BENFICA ALCobaça	00:59:01
33	196	MARIO GUERREIRO	47	M4549	7	M					GLOBALGEST	00:59:08
34	465	PEDRO CAPELA	29	M1934	10	M					GAU BAJOUCA	00:59:13
35	395	LUIS CARLOS	37	M3539	12	M					ACR BOM SUCESSO	00:59:15
36	191	PEDRO LUIS	35	M3539	13	M					GLOBALGEST	00:59:21
37	372	BRUNO GASPAR	27	M1934	11	M					AA POMBAL	00:59:30
38	25	CASIMIRO GOMES	32	M1934	12	M					C A BARREIRA	00:59:34
39	525	HUGO PINTO	25	M1934	13	M					CA RIACHENSE	00:59:34
40	192	MARCO MENDES	34	M1934	14	M					GLOBALGEST	00:59:36
41	489	AQUILINO FERREIRA	54	M5054	1	M					AC VERMOIL	00:59:38
42	264	CESARIO SIMOES	40	M4044	7	M					ARD VILA CHã	00:59:49
43	122	LUIS GOMES	28	M1934	15	M					C VETERANOS LIS	00:59:57
44	356	CARLOS SANTOS	39	M3539	14	M					GDR FIGUEIRAS	01:00:06
45	326	JOAO VALENTIM	49	M4549	8	M					GA FREG VIDAIS	01:00:12
46	21	ANTÓNIO SANTOS	41	M4044	8	M					G D MACEDO Oculista	01:00:34
47	433	SAMUEL JESUS	20	M1934	16	M					CCRD ARRIMAL	01:00:35
48	167	ANTÓNIO HENRIQUES	52	M5054	2	M					CCDP CM LOURES	01:00:37
49	314	AMBROSIO PEREIRA	35	M3539	15	M					CRD ARRUDENSE	01:00:45
50	324	PAULO LEANDRO	42	M4044	9	M					GA FREG VIDAIS	01:00:58
51	414	PAULO S P PINTO	33	M1934	17	M					INDIVIDUAL	01:01:11
52	29	HÉLDER CARREIRA	33	M1934	18	M					C A BARREIRA	01:01:20
53	202	DAVID FERNANDES	35	M3539	16	M					GLOBALGEST	01:01:24
54	61	SERGIO MARTINS	39	M3539	17	M					AR NEGRELOS	01:01:28
55	322	TIAGO CORDEIRO	25	M1934	19	M	1				GD PEDREIRAS	01:01:33
56	237	JOSE GOMES	45	M4549	9	M					CLAC ENTRONCAMENTO	01:01:34
57	95	ORLANDO SILVA	52	M5054	3	M					CCDT METRO LX	01:01:38
58	230	CARLOS SILVA	44	M4044	10	M					CCD O ALVITEJO	01:01:41
59	303	NUNO HENRIQUES	34	M1934	20	M					CD ASAS MILENIUM	01:02:03
60	341	CARLOS DURO	50	M5054	4	M					ADR AGUAS BELAS	01:02:07
61	351	ANTONIO FRANCISCO	45	M4549	10	M					GA CARANGUJEIRA	01:02:09
62	355	PAULO SIMAO	40	M4044	11	M					GDR FIGUEIRAS	01:02:15
63	111	JOSÉ MÁRIO	54	M5054	5	M					C VETERANOS LIS	01:02:20
64	440	MANUEL FERNANDES	55	M5559	1	M					ACR SOUTOS	01:02:26
65	331	NUNO SILVA	25	M1934	21	M					RUNMAN	01:02:38
66	366	JULIO MOITA	52	M5054	6	M					ACR FRADE CIMA	01:02:41
67	204	JOSE SIMOES	59	M5559	2	M					GLOBALGEST	01:02:44

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
68	403	ANTÓNIO P L SANTOS	51	M5054	7	M					INDIVIDUAL	01:02:51
69	48	SÉRGIO TOMÁS	32	M1934	22	M					C A BARREIRA	01:02:53
70	154	JOSÉ PEREIRA	57	M5559	3	M					CCDP CM LOURES	01:02:53
71	27	FERNANDO SIMÃO	50	M5054	8	M					C A BARREIRA	01:02:54
72	438	FABRICIO DIAS	28	M1934	23	M					ACR SOUTOS	01:02:57
73	81	EMANUEL GOMES	40	M4044	12	M					CCDT METRO LX	01:02:58
74	138	JORGE SERRAZINA	53	M5054	9	M					CA OBIDOS	01:03:05
75	97	PAULO ALFAR	44	M4044	13	M					CCDT METRO LX	01:03:06
76	195	JOAO COUTO	39	M3539	18	M					GLOBASGEST	01:03:11
77	220	PAULO CORREIA	44	M4044	14	M					OS SANTARENOS	01:03:13
78	181	LUIS SALGUEIRO	52	M5054	10	M					GLOBASGEST	01:03:15
79	479	CELESTINO MARQUES	52	M5054	11	M					ID VIEIRENSE	01:03:20
80	28	GERMANO CAPELA	42	M4044	15	M					C A BARREIRA	01:03:25
81	451	LUIS VIDINHA	40	M4044	16	M					CA NAZARE	01:03:28
82	69	RUI AGUAIR	36	M3539	19	M					C A BARREIRA	01:03:33
83	227	ANTONIO AZEDO	44	M4044	17	M					CCD O ALVITEJO	01:03:36
84	345	DIAMANTINO LOPES	41	M4044	18	M					GA CARANGUJEIRA	01:03:40
85	461	JOSE SILVA	48	M4549	11	M					UFCl TOMAR	01:03:45
86	320	JOAO DOMINGOS	38	M3539	20	M	1				GD PEDREIRAS	01:03:47
87	475	CARLOS PINTO	41	M4044	19	M					ID VIEIRENSE	01:03:52
88	266	ANTONIO DIAS	54	M5054	12	M					ARD VILA CHÃ	01:03:54
89	263	OLAVO MOREIRA	19	M1934	24	M					ARD VILA CHÃ	01:03:59
90	476	NUNO LORVÃO	39	M3539	21	M					ID VIEIRENSE	01:04:09
91	349	RUI ANDRADE	37	M3539	22	M					GA CARANGUJEIRA	01:04:14
92	203	FRANCISCO FERA	67	M6099	1	M					GLOBASGEST	01:04:15
93	467	JORGE SILVA	42	M4044	20	M					GAU BAJOUCA	01:04:17
94	436	LUIS PREGO	52	M5054	13	M					CCRD ARRIMAL	01:04:19
95	51	VÍTOR RIBEIRO	49	M4549	12	M					C A BARREIRA	01:04:25
96	439	FERNANDO JACINTO	42	M4044	21	M					ACR SOUTOS	01:04:27
97	46	ROGÉRIO VIEIRA	43	M4044	22	M					C A BARREIRA	01:04:31
98	306	RICARDO FRANCO	25	M1934	25	M					CD ASAS MILENIUM	01:04:31
99	221	JOSE SILVA	35	M3539	23	M					OS SANTARENOS	01:04:32
100	200	JORGE AMARAL	41	M4044	23	M					GLOBASGEST	01:04:33
101	193	JOAQUIM GUERREIRO	53	M5054	14	M					GLOBASGEST	01:04:35
102	361	LUIS SILVA	38	M3539	24	M					CP ALCANENA	01:04:39
103	375	MARINA AGOSTINHO	27	F1934	1	F					AA POMBAL	01:04:43
104	226	ANIBAL GASPAR	40	M4044	24	M					CCD O ALVITEJO	01:04:44

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
105	374	ANTONIO SIMOES	49	M4549	13	M					INDIVIDUAL	01:04:44
106	340	ANTONIO SILVA	40	M4044	25	M					ADR AGUAS BELAS	01:04:48
107	304	JOSE SIMOES	46	M4549	14	M					CD ASAS MILENIUM	01:04:54
108	272	RICARDO LUCAS	30	M1934	26	M					ADCR PAINHO	01:04:55
109	466	OTELO PEREIRA	34	M1934	27	M					GAU BAJOUCA	01:04:57
110	35	SAMUEL SANTOS	29	M1934	28	M					C BENFICA ALCOBAÇA	01:05:05
111	329	ACACIO CAMPOS	51	M5054	15	M					GA FREG VIDAIS	01:05:06
112	294	JOSE CUNHA	45	M4549	15	M					OS ZATOEQUES	01:05:09
113	133	FERNANDO SOUSA	51	M5054	16	M					BUDELPAK	01:05:14
114	444	CARLOS JACINTO	37	M3539	25	M					ACR SOUTOS	01:05:32
115	110	JOSÉ SOUSA	37	M3539	26	M					AA LEBRES SADO	01:05:41
116	135	PAULO QUARESMA	54	M5054	17	M					BUDELPAK	01:05:41
117	62	MANUEL GOMES	44	M4044	26	M					AR NEGRELOS	01:05:47
118	420	CRISTINA SANCHES	39	F3599	1	F					INDIVIDUAL	01:05:48
119	60	LUIS MARTINS	47	M4549	16	M					AR NEGRELOS	01:06:00
120	338	MARCO FRANCO	29	M1934	29	M					ADR AGUAS BELAS	01:06:04
121	498	JOAQUIM GOMES	59	M5559	4	M					CPR A DO BARBAS	01:06:08
122	158	LUÍS LOPES	40	M4044	27	M					CCDP CM LOURES	01:06:15
123	163	JOÃO INOCENCIO	39	M3539	27	M					CCDP CM LOURES	01:06:16
124	257	JOAQUIM ALEXANDRE	43	M4044	28	M					URD ARRANHO	01:06:16
125	348	VASCO MICAEL	62	M6099	2	M					GA CARANGUJEIRA	01:06:20
126	44	PAULO AGOSTINO	42	M4044	29	M					C A BARREIRA	01:06:21
127	92	MANUEL COSTA	53	M5054	18	M					CCDT METRO LX	01:06:22
128	443	RUI TEIXEIRA	48	M4549	17	M					ACR SOUTOS	01:06:29
129	87	JOÃO MIRANDA	50	M5054	19	M					CCDT METRO LX	01:06:30
130	447	HERALDO PEIXE	30	M1934	30	M					CA NAZARE	01:06:32
131	139	INACIO SERRAZINA	50	M5054	20	M					CA OBIDOS	01:06:37
132	352	PAULO MORENO	29	M1934	31	M					GDR FIGUEIRAS	01:06:38
133	38	JOSÉ MARTINS	57	M5559	5	M					C A BARREIRA	01:06:40
134	206	FRANCISCO FARROPAS	63	M6099	3	M					GLOBASGEST	01:06:40
135	37	JOSÉ AGOSTINHO	53	M5054	21	M					C A BARREIRA	01:06:41
136	50	VÍTOR PARREIRA	56	M5559	6	M					C A BARREIRA	01:06:48
137	437	MARIO CRAVALHO	35	M3539	28	M					ACR SOUTOS	01:06:51
138	45	PAULO FERREIRA	43	M4044	30	M					C A BARREIRA	01:06:55
139	321	LUIS LAMEIRO	35	M3539	29	M	1				GD PEDREIRAS	01:06:57
140	399	ANTONIO MAJOR	51	M5054	22	M					VILA NOENSE TOMAR	01:06:59
141	318	FILIPE ALMEIDA	28	M1934	32	M	1				GD PEDREIRAS	01:07:01

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
142	259	RAFHAEL FREITAS	25	M1934	33	M					URD ARRANHO	01:07:05
143	327	ANTONIO NUNES	51	M5054	23	M					GA FREG VIDAIS	01:07:09
144	368	VIRGILIO OLIVEIRA	45	M4549	18	M					AA POMBAL	01:07:19
145	462	ALBERTO GRAÇA	55	M5559	7	M					UFCI TOMAR	01:07:25
146	452	LUIS ESTRELINHA	46	M4549	19	M					CA NAZARE	01:07:32
147	63	DUARTE SILVA	36	M3539	30	M					AR NEGRELOS	01:07:36
148	102	LUCIANO DANTAS	42	M4044	31	M					GARMIN	01:07:46
149	492	LEANDRO SANTOS	54	M5054	24	M					AC VERMOIL	01:07:49
150	47	RUI PEREIRA	52	M5054	25	M					C A BARREIRA	01:07:50
151	446	ANTONIO ALEXANDRE	50	M5054	26	M					CA NAZARE	01:07:52
152	23	ANTÓNIO AGOSTINHO	55	M5559	8	M					C A BARREIRA	01:07:54
153	334	MAURO PIMENTA	33	M1934	34	M					GAA VILA FRANCA XIRA	01:07:58
154	233	JOAQUIM ALVES	57	M5559	9	M					CCD O ALVITEJO	01:08:02
155	249	ABILIO GASPAR	51	M5054	27	M					GDC EIRAPEDRENSE	01:08:03
156	289	GUILHERME DAVID	49	M4549	20	M					OS ZATOPQUES	01:08:03
157	254	EDGAR FRANCISCO	44	M4044	32	M					URD ARRANHO	01:08:07
158	124	GONÇALO LOPES	28	M1934	35	M					C VETERANOS LIS	01:08:09
159	255	LUIS FERREIRA	42	M4044	33	M					URD ARRANHO	01:08:11
160	71	CARLOS VALENTE	44	M4044	34	M					C VET SERRA D AIRE	01:08:14
161	247	RUI SILVA	43	M4044	35	M					GDC EIRAPEDRENSE	01:08:17
162	325	LUIS SANTOS	51	M5054	28	M					GA FREG VIDAIS	01:08:22
163	58	PAULO TOMAS	37	M3539	31	M					CF OS AVISENSES	01:08:23
164	347	AMANDIO BRITES	63	M6099	4	M					GA CARANGUJEIRA	01:08:30
165	112	MANUEL CARREIRA	51	M5054	29	M					C VETERANOS LIS	01:08:32
166	141	VÍTOR HIPOLITO	41	M4044	36	M					CASA POVO GRADIL	01:08:33
167	484	MIGUEL GINETO	35	M3539	32	M					A3C PORTO MÓS	01:08:36
168	136	MANUEL SILVA	54	M5054	30	M					BUDELPACK	01:08:39
169	210	DAVID SANTOS	46	M4549	21	M					UDCA	01:08:44
170	101	ALCINDO ALMEIDA	51	M5054	31	M					CR LEÕES P SALVO	01:08:52
171	435	NARCISO CORDEIRO	46	M4549	22	M					CCRD ARRIMAL	01:08:56
172	360	LEONEL RODRIGUES	55	M5559	10	M					GDR FIGUEIRAS	01:08:58
173	502	LUIS ABADE	40	M4044	37	M					INDIVIDUAL	01:09:12
174	357	LUIS SECO	51	M5054	32	M					GDR FIGUEIRAS	01:09:15
175	520	RICARDO LOURENÇO	54	M5054	33	M					A 20 KM ALMEIRIM	01:09:36
176	380	JOSE TEODORIO	44	M4044	38	M					LA VAO DE ALMEIRIM	01:09:37
177	173	ANTÓNIO LEAL	38	M3539	33	M					MARINHAS A C	01:09:38
178	214	MARIO NETO	33	M1934	36	M					OS SANTARENOS	01:09:46

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
179	336	ANTONIO RIBEIRO	48	M4549	23	M					GAA VILA FRANCA XIRA	01:09:52
180	323	GONÇALO ANDRE	22	M1934	37	M					GD PEDREIRAS	01:09:58
181	362	LUIS NETO	33	M1934	38	M					CP ALCANENA	01:09:59
182	261	BERNARDINO PEREIRA	73	M6099	5	M					SS CGD	01:10:01
183	57	RUI FEIO	45	M4549	24	M					CF OS AVISENSES	01:10:02
184	405	MANUEL J S RAMOS	40	M4044	39	M					INDIVIDUAL	01:10:02
185	54	LUCIO SERRA	50	M5054	34	M					AM AMOREIRA	01:10:05
186	317	VERONICA SCUTARU	33	F1934	2	F					CRD ARRUDENSE	01:10:05
187	194	JOAO ESPADA	44	M4044	40	M					GLOBASGEST	01:10:20
188	213	JOAO CARVALHO	40	M4044	41	M					OS SANTARENOS	01:10:20
189	229	JOAQUIM MARTINS	49	M4549	25	M					CCD O ALVITEJO	01:10:24
190	332	DANIEL RAMALHO	25	M1934	39	M					RUNMAN	01:10:29
191	411	JOSÉ FAUSTINO	56	M5559	11	M					INDIVIDUAL	01:10:30
192	119	VITOR ANTUNES	54	M5054	35	M					C VETERANOS LIS	01:10:31
193	117	CARLOS RIBEIRO	47	M4549	26	M					C VETERANOS LIS	01:10:34
194	493	JULIO CUNHA	45	M4549	27	M					AC VERMOIL	01:10:37
195	169	HERMÍNIO ALVES	58	M5559	12	M					CCDP CM LOURES	01:10:46
196	396	ANTONIO OLIVEIRA	51	M5054	36	M					LA VAO DE ALMEIRIM	01:10:48
197	386	JOSE GONÇALVES	47	M4549	28	M					CF OS AVISENSES	01:10:49
198	268	ANTONIO RODRIGUES	55	M5559	13	M					ADCR PAINHO	01:10:51
199	171	LUÍS NEVES	31	M1934	40	M					MARINHAS A C	01:10:53
200	186	JOSE PULIDO	59	M5559	14	M					GLOBASGEST	01:10:53
201	346	ANDRE BARBOSA	23	M1934	41	M					GA CARANGUJEIRA	01:11:00
202	183	JOAO TOMAS	54	M5054	37	M					GLOBASGEST	01:11:02
203	519	RUI LIMA	34	M1934	42	M					A 20 KM ALMEIRIM	01:11:18
204	43	NOBERTO TOSCANO	46	M4549	29	M					C A BARREIRA	01:11:27
205	216	CARLOS HENRIQUES	25	M1934	43	M					OS SANTARENOS	01:11:29
206	522	MANUEL FONSECA	45	M4549	30	M					MUNDO DA CORRIDA	01:11:30
207	234	MANUEL VITORINO	60	M6099	6	M					CCD O ALVITEJO	01:11:35
208	40	LUÍS COTRIM	43	M4044	42	M					C A BARREIRA	01:11:40
209	344	MANUEL GOMES	57	M5559	15	M					INDIVIDUAL	01:11:54
210	302	CARMEN PIRES	32	F1934	3	F					CD ASAS MILENIUM	01:11:55
211	381	LUIS CLAUDIO	42	M4044	43	M					LA VAO DE ALMEIRIM	01:11:56
212	472	FILIPE CARVALHEIRO	46	M4549	31	M					GAU BAJOUCA	01:11:57
213	258	JOSE TOMAS	28	M1934	44	M					URD ARRANHO	01:12:01
214	269	JOSE VENTURA	52	M5054	38	M					ADCR PAINHO	01:12:01
215	121	JULIO LOPES	35	M3539	34	M					C VETERANOS LIS	01:12:03

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
216	24	CARINA MATIAS	25	F1934	4	F					C A BARREIRA	01:12:06
217	353	FRANCISCO MORENO	29	M1934	45	M					GDR FIGUEIRAS	01:12:10
218	394	MARIO PORTULEZ	62	M6099	7	M					ACR BOM SUCESSO	01:12:15
219	105	ARTUR GONÇALVES	34	M1934	46	M					AA LEBRES SADO	01:12:25
220	404	ANTÓNIO J H FERREIRA	50	M5054	39	M					INDIVIDUAL	01:12:26
221	208	URBANO SALGUEIRO	35	M3539	35	M					O MUNDO CORRIDA	01:12:28
222	470	JORGE CARVALHEIRO	28	M1934	47	M					GAU BAJOUCA	01:12:37
223	172	JOSÉ LEAL	33	M1934	48	M					MARINHAS A C	01:12:38
224	175	DIOGO COSTA	61	M6099	8	M					GLOBASGEST	01:12:43
225	240	ANTONIO JOAQUIM	62	M6099	9	M					CLAC ENTRONCAMENTO	01:12:52
226	241	JOAO JOAQUIM	62	M6099	10	M					CLAC ENTRONCAMENTO	01:12:54
227	149	FRANCISCO CALÇADA	45	M4549	32	M					GOLD SPORT	01:12:56
228	218	PEDRO CARVALHO	45	M4549	33	M					OS SANTARENOS	01:13:00
229	252	ROBERTO REIS	29	M1934	49	M					GDC EIRAPEDRENSE	01:13:06
230	144	JOSE MARTINS	45	M4549	34	M					CASA POVO GRADIL	01:13:12
231	301	CATIA SERODIO	30	F1934	5	F					CD ASAS MILENIUM	01:13:16
232	427	CESAR COELHO	33	M1934	50	M					INDIVIDUAL	01:13:20
233	428	HELDER LOURENÇO	31	M1934	51	M					INDIVIDUAL	01:13:21
234	73	LUÍS G NETO	45	M4549	35	M					C VET SERRA D AIRE	01:13:23
235	74	CARLOS MAJOR	47	M4549	36	M					C VET SERRA D AIRE	01:13:29
236	137	JÚLIO RAMOS	42	M4044	44	M					BUDELPAK	01:13:29
237	432	CARLOS SOUSA	45	M4549	37	M					GD ATAINENSE	01:13:30
238	350	FILIPPE SERRARIO	27	M1934	52	M					GA CARANGUJEIRA	01:13:33
239	343	JOSE SALSINHA	60	M6099	11	M					ADR AGUAS BELAS	01:13:35
240	328	JOSE ARAUJO	47	M4549	38	M					GA FREG VIDAIS	01:13:38
241	478	ALBERTO VINAGRE	48	M4549	39	M					ID VIEIRENSE	01:13:43
242	423	ANA VIEIRA	41	F3599	2	F					INDIVIDUAL	01:13:47
243	335	OLIMPIO GUEDELHA	54	M5054	40	M					GAA VILA FRANCA XIRA	01:13:49
244	271	MANUEL FERREIRA	41	M4044	45	M					ADCR PAINHO	01:13:56
245	55	TIAGO DIONISIO	28	M1934	53	M					AM AMOREIRA	01:13:57
246	359	DIAMANTINO CRUZ	51	M5054	41	M					GDR FIGUEIRAS	01:14:00
247	453	MANUEL SEQUEIRA	51	M5054	42	M					CA NAZARE	01:14:02
248	31	JOANA GRÁCIO	26	F1934	6	F					C A BARREIRA	01:14:03
249	383	MANUEL ALMEIDA	51	M5054	43	M					LA VAO DE ALMEIRIM	01:14:03
250	450	JOAQUIM FIGUEIRA	37	M3539	36	M					CA NAZARE	01:14:03
251	483	CARLOS HEITOR	57	M5559	16	M					C BENFICA ABRANTES	01:14:11
252	487	ANTONIO NEVES	45	M4549	40	M					AC VERMOIL	01:14:14

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
253	120	VÍTOR INDIO	30	M1934	54	M					C VETERANOS LIS	01:14:18
254	33	ALBANO FERREIRA	56	M5559	17	M					C A BARREIRA	01:14:19 1
255	79	CARLOS MOREIRA	56	M5559	18	M					CCDT METRO LX	01:14:21
256	485	CARLOS AMARAL	44	M4044	46	M					C BENFICA ABRANTES	01:14:23
257	415	CARLOS COSTA	46	M4549	41	M					INDIVIDUAL	01:14:26
258	518	VITOR FERREIRA	45	M4549	42	M					A3C PORTO MÓS	01:14:30
259	342	ANTONIO FERREIRA	55	M5559	19	M					ADR AGUAS BELAS	01:14:32
260	52	VENTURA PIRES	53	M5054	44	M					AM AMOREIRA	01:14:33 1
261	177	MANUEL NASCIMENTO	53	M5054	45	M					GLOBASGEST	01:14:33
262	53	LUIS SERRA	52	M5054	46	M					AM AMOREIRA	01:14:34
263	157	JOSE ARUIL	63	M6099	12	M					CCDP CM LOURES	01:14:38
264	300	GUSTAVO SEIA	23	M1934	55	M					CD ASAS MILENIUM	01:14:43
265	305	MARIO CARVALHO	54	M5054	47	M					CD ASAS MILENIUM	01:14:44
266	486	EUGENIO MENDES	45	M4549	43	M					AC VERMOIL	01:15:09
267	454	VITOR ESGAIO	42	M4044	47	M					CA NAZARE	01:15:10
268	291	ANTONIO JACINTO	49	M4549	44	M					OS ZATOPEQUES	01:15:13
269	64	ANTONIO COUTINHO	60	M6099	13	M					AR NEGRELOS	01:15:16
270	382	JORGE BENTO	41	M4044	48	M					LA VAO DE ALMEIRIM	01:15:18
271	494	LUIS GROSSO	19	M1934	56	M					CPR A DO BARBAS	01:15:20
272	197	JOSE MONTEIRO	60	M6099	14	M					GLOBASGEST	01:15:30
273	434	JOAQUIM ALVES	40	M4044	49	M					CCRD ARRIMAL	01:15:47
274	114	MANUEL PEREIRA	63	M6099	15	M					C VETERANOS LIS	01:15:48
275	223	ANA MARGARIDA	42	F3599	3	F					CCD O ALVITEJO	01:16:09
276	391	ANTONIO VIOLANTE	56	M5559	20	M					CP ERVEDAL	01:16:09
277	296	JORGE LEITAO	44	M4044	50	M					OS ZATOPEQUES	01:16:13
278	365	JORGE DURAES	43	M4044	51	M					OS ZATOPEQUES	01:16:13
279	480	JOAO SOUSA	37	M3539	37	M					ID VIEIRENSE	01:16:15
280	130	JOAQUIM PEREIRA	55	M5559	21	M					GDU CAXIENSES	01:16:21
281	330	ANTONIO BENTO	52	M5054	48	M					GA FREG VIDAIS	01:16:49
282	290	OSCAR OLIVEIRA	43	M4044	52	M					OS ZATOPEQUES	01:16:54
283	187	ANTONIO RIBEIRO	61	M6099	16	M					GLOBASGEST	01:16:58
284	402	ARLINDO C SANTOS	47	M4549	45	M					INDIVIDUAL	01:16:59
285	398	MANUEL SILVA	42	M4044	53	M					VILA NOENSE TOMAR	01:17:12
286	460	CAROLINA FELIZ	50	F3599	4	F					UFCI TOMAR	01:17:12
287	142	AMERICO SABINO	44	M4044	54	M					CASA POVO GRADIL	01:17:13
288	94	NUNO AZEVEDO	31	M1934	57	M					CCDT METRO LX	01:17:20
289	295	JOSE MORAIS	47	M4549	46	M					OS ZATOPEQUES	01:17:22

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
290	260	EDMUNDO LOURENÇO	31	M1934	58	M					URD ARRANHO	01:17:35
291	413	JOSÉ BELCHIOR	57	M5559	22	M					INDIVIDUAL	01:17:40
292	457	MANUEL CARLOS	51	M5054	49	M					CALMA	01:17:45
293	59	OCTAVIO MARIANO	38	M3539	38	M					CCRD BURINHOSA	01:17:46
294	41	LUÍS FRANCISCO	56	M5559	23	M					C A BARREIRA	01:17:55
295	116	JACINTO FERREIRA	52	M5054	50	M					C VETERANOS LIS	01:17:55
296	248	JORGE GOMES	45	M4549	47	M					GDC EIRAPEDRENSE	01:18:01
297	251	JOSE MATIAS	54	M5054	51	M					GDC EIRAPEDRENSE	01:18:01
298	393	JOSE LOUCAS	63	M6099	17	M					ACR BOM SUCESSO	01:18:09
299	235	ANTONIO SIMAO	67	M6099	18	M					CCD O ALVITEJO	01:18:25
300	26	DANIEL LOURENÇO	35	M3539	39	M					C A BARREIRA	01:18:31
301	123	DANIEL MARTINS	69	M6099	19	M					C VETERANOS LIS	01:18:32
302	400	ANTÓNIO PAULO	47	M4549	48	M					INDIVIDUAL	01:18:44
303	72	CARLOS S.DUARTE	44	M4044	55	M					C VET SERRA D AIRE	01:18:50
304	431	JOSE COELHO	60	M6099	20	M					GD ATAINENSE	01:19:04
305	49	TELMO GRÁCIO	21	M1934	59	M					C A BARREIRA	01:19:13
306	419	LUIS CONCEIÇÃO	49	M4549	49	M					INDIVIDUAL	01:19:13
307	113	EMILIO FERNANDES	51	M5054	52	M					C VETERANOS LIS	01:19:14 1
308	409	CARLOS SOUSA	52	M5054	53	M					INDIVIDUAL	01:19:19
309	309	AUGUSTO SEMEDO	51	M5054	54	M					CD ASAS MILENIUM	01:19:20
310	98	PAULO COELHO	29	M1934	60	M					CCDT METRO LX	01:19:34
311	132	MANUEL AZEVEDO	52	M5054	55	M					BUDELPACK	01:19:39
312	222	MANUEL SEQUEIRA	59	M5559	24	M					AA LEBRES SADO	01:19:39
313	471	PEDRO CABECINHAS	31	M1934	61	M					GAU BAJOUCA	01:19:42
314	430	FRANCISO PAULINO	47	M4549	50	M					GD ATAINENSE	01:19:46
315	515	RUI ERVILHA	66	M6099	21	M					J VIDIGALENSE	01:19:55
316	521	MARCO MADEIRA	29	M1934	62	M					A 20 KM ALMEIRIM	01:20:10
317	30	ISABEL PAULO	43	M4044	56	M					C A BARREIRA	01:20:15
318	496	JOSE ALBINO	29	M1934	63	M					CPR A DO BARBAS	01:20:23
319	377	ANTONIO BEXIGA	52	M5054	56	M					LA VAO DE ALMEIRIM	01:20:26 1
320	262	ESMERALDO PEREIRA	63	M6099	22	M					SS CGD	01:20:30
321	155	VITOR PEREIRA	56	M5559	25	M					CCDP CM LOURES	01:20:37
322	517	JOSE GINETO	56	M5559	26	M					A3C PORTO MÓS	01:20:59
323	256	HENRIQUE FERREIRA	38	M3539	40	M					URD ARRANHO	01:21:01
324	34	JORGE AGOSTINHO	51	M5054	57	M					C A BARREIRA	01:21:02 1
325	390	ANDRE WIBORG	50	M5054	58	M					VFF 1896	01:21:04
326	242	MANUEL MAIA	69	M6099	23	M					CLAC ENTRONCAMENTO	01:21:13

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
327	179	JOSE PLACIDO	65	M6099	24	M					GLOBASGEST	01:21:17
328	378	CARLOS GARCIA	49	M4549	51	M					LA VAO DE ALMEIRIM	01:21:24
329	408	RICARDO DIAS	31	M1934	64	M					INDIVIDUAL	01:21:33
330	481	LEONEL EUSEBIO	41	M4044	57	M					C VET SERRA D AIRE	01:21:33
331	103	LUÍS PARRO	48	M4549	52	M					GARMIN	01:21:48
332	469	RAMIRO ALFAIATE	38	M3539	41	M					GAU BAJOUCA	01:21:55
333	245	FERNANDO SANTOS	48	M4549	53	M	1				GDC EIRAPEDRENSE	01:22:30
334	516	LUIS RATO	51	M5054	59	M					INDIVIDUAL	01:22:37
335	156	JOAQUIM ADELINO	61	M6099	25	M					CCDP CM LOURES	01:23:00
336	170	MARIO LIMA	57	M5559	27	M					CCDP CM LOURES	01:23:00
337	166	DANIEL PINTO	25	M1934	65	M					CCDP CM LOURES	01:23:01
338	118	JOSE CARREIRA	63	M6099	26	M					C VETERANOS LIS	01:23:13
339	429	AUGUSTO TALHADO	59	M5559	28	M					INDIVIDUAL	01:23:27
340	93	MANUEL DANTAS	63	M6099	27	M					CCDT METRO LX	01:23:36
341	56	PEDRO BARROSO	27	M1934	66	M					AM AMOREIRA	01:23:38
342	500	ADRIANO CUNHA	55	M5559	29	M					INDIVIDUAL	01:23:47
343	448	JOAO CONSTANTINO	34	M1934	67	M					CA NAZARE	01:23:48
344	279	JOAQUIM BORRALHO	62	M6099	28	M					GDC BANCO PORTUGAL	01:24:04
345	282	JOAQUIM FERRAO	49	M4549	54	M					GDC BANCO PORTUGAL	01:24:04
346	284	JOSE MONTEIRO	53	M5054	60	M					GDC BANCO PORTUGAL	01:24:04
347	75	ALÍPIO OLIVEIRA	49	M4549	55	M					CCDT METRO LX	01:24:05
348	514	ANTONIO MESQUITA	43	M4044	58	M					INDIVIDUAL	01:24:11
349	510	ROMEU CORDEIRO	19	M1934	68	M					ARCD MENDIGA	01:24:13
350	503	JOAO CARVALHO	19	M1934	69	M					ARCD MENDIGA	01:24:14
351	80	CRUZ MARQUES	58	M5559	30	M					CCDT METRO LX	01:24:18
352	100	RUI ARAUJO	51	M5054	61	M					CCDT METRO LX	01:24:18
353	379	JOSE AMARAL	42	M4044	59	M					LA VAO DE ALMEIRIM	01:24:22
354	385	RICARDO VINAGRE	29	M1934	70	M					LA VAO DE ALMEIRIM	01:24:22
355	104	JOSÉ CATITA	57	M5559	31	M					GARMIN	01:24:33
356	134	JOÃO SANTOS	60	M6099	29	M					BUDELPAK	01:24:45
357	308	LURDES HENRIQUES	52	F3599	5	F					CD ASAS MILENIUM	01:24:45
358	468	ANTONIO MARQUES	49	M4549	56	M					GAU BAJOUCA	01:24:46
359	401	TELMO INÁCIO	31	M1934	71	M					INDIVIDUAL	01:24:52
360	201	TINA OLIVEIRA	45	F3599	6	F					GLOBASGEST	01:25:21
361	147	PAULO GOUVEIA	30	M1934	72	M					CASA POVO GRADIL	01:25:30
362	76	ALBERTO MARTINHO	46	M4549	57	M					CCDT METRO LX	01:25:36
363	424	CARLOS COELHO	48	M4549	58	M					INDIVIDUAL	01:25:38

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
364	250	MANUEL PEREIRA	56	M5559	32	M					GDC EIRAPEDRENSE	01:25:45
365	499	VITOR MESSIAS	51	M5054	62	M					CLAC ENTRONCAMENTO	01:26:04
366	319	AUGUSTO RIBEIRO	56	M5559	33	M	1				GD PEDREIRAS	01:26:06
367	456	ANTONIO MOÇO	53	M5054	63	M					GDP CIMPOR	01:26:06
368	511	DARIO COSTA	19	M1934	73	M					ARCD MENDIGA	01:26:18
369	243	LUCRECIO DIAS	73	M6099	30	M					CLAC ENTRONCAMENTO	01:26:20
370	406	SILVERIO BRÁS	49	M4549	59	M					INDIVIDUAL	01:26:51
371	90	JOSÉ SILVA	54	M5054	64	M					CCDT METRO LX	01:26:58 1
372	109	ESTELA GONÇALVES	32	F1934	7	F					AA LEBRES SADO	01:26:58
373	307	JOAO FRANCO	55	M5559	34	M					CD ASAS MILENIUM	01:26:59
374	107	VÁLDEMAR DAMIÃO	60	M6099	31	M					AA LEBRES SADO	01:27:03
375	115	JOSÉ CORDEIRO	55	M5559	35	M					C VETERANOS LIS	01:27:08
376	88	JOSÉ PIRES	73	M6099	32	M					CCDT METRO LX	01:27:10
377	310	VITOR PRATA	45	M4549	60	M					C FERROV ENTROCAMENTO	01:27:15
378	143	HERCULANO ALVES	42	M4044	60	M					CASA POVO GRADIL	01:27:21
379	238	ANTONIO PAIXAO	59	M5559	36	M					CLAC ENTRONCAMENTO	01:27:31
380	297	ORLANDO SILVA	53	M5054	65	M					OS ZATOPEQUES	01:27:37
381	182	ANA PEREIRA	40	F3599	7	F					GLOBASGEST	01:27:38 1
382	376	ANTONIO JESUS	66	M6099	33	M					LA VAO DE ALMEIRIM	01:27:39
383	151	NUNO SANTOS	20	M1934	74	M					OS RAFINHAS	01:28:11
384	497	CARLA GUERRA	25	F1934	8	F					CPR A DO BARBAS	01:28:23
385	207	ANTONIO PINHO	57	M5559	37	M					O MUNDO CORRIDA	01:28:59
386	253	FILIPE BRANCO	39	M3539	42	M					URD ARRANHO	01:29:17
387	267	CARLOS MATIAS	67	M6099	34	M					ADCR PAINHO	01:29:29
388	150	CARLA CALÇADA	40	F3599	8	F					GOLD SPORT	01:29:32
389	410	JOÃO LANDEIRO	63	M6099	35	M					INDIVIDUAL	01:29:33
390	387	CARLOS GONÇALVES	45	M4549	61	M					CF OS AVISENSES	01:29:37
391	388	MANUELA GONÇALVES	41	F3599	9	F					CF OS AVISENSES	01:29:38
392	215	JOAO RAMOS	48	M4549	62	M					OS SANTARENOS	01:29:54
393	275	CARLOS CRESPO	47	M4549	63	M					VALEJAS AC	01:30:22
394	458	VITOR FERNANDES	59	M5559	38	M					CALMA	01:30:43
395	86	JOÃO CUNHA	48	M4549	64	M					CCDT METRO LX	01:31:20
396	288	JORGE SILVA	59	M5559	39	M	1				CA OS PESADOS	01:31:31
397	523	LUIS DUQUE	44	M4044	61	M					MUNDO DA CORRIDA	01:31:37
398	412	HÉLIO GODINHO	59	M5559	40	M					INDIVIDUAL	01:31:38
399	85	JOÃO CONSTÂNCIO	63	M6099	36	M					CCDT METRO LX	01:31:42
400	99	RAFAEL SANTOS	42	M4044	62	M					CCDT METRO LX	01:31:45

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
401	83	FERNANDO FRNANDES	57	M5559	41	M					CCDT METRO LX	01:31:51
402	426	FERNANDO ALLEN	60	M6099	37	M					INDIVIDUAL	01:32:47
403	126	DOMINGOS SANTOS	51	M5054	66	M					AA PONTINHA	01:32:54
404	244	JOSE PINHAO	62	M6099	38	M					CLAC ENTRONCAMENTO	01:33:44
405	217	ANTONIO SILVA	71	M6099	39	M					OS SANTARENOS	01:33:45
406	367	PATRICIA MARQUES	28	F1934	9	F					ACR FRADE CIMA	01:34:51
407	96	ORLANDO SOUSA	47	M4549	65	M					CCDT METRO LX	01:34:55
408	209	NATERCIA CARVALHO	29	F1934	10	F					C VETERANOS LIS	01:35:09
409	178	AGAPITO BELGA	58	M5559	42	M					GLOBASGEST	01:35:58
410	298	JOSE CORDEIRO	49	M4549	66	M					OS ZATOPEQUES	01:36:01
411	273	ROSA RODRIGUES	52	F3599	10	F					ADCR PAINHO	01:36:27
412	68	HERMINIO PINHEIRO	62	M6099	40	M					GR SARDENSE	01:36:37
413	287	ADELINO NOIVA	32	M1934	75	M	1				CA OS PESADOS	01:36:37
414	66	JOSE ALMEIDA	57	M5559	43	M					GR SARDENSE	01:36:38
415	174	CANDIDO CUNHA	58	M5559	44	M					GLOBASGEST	01:36:44
416	84	GUALDINO FREIRE	63	M6099	41	M					CCDT METRO LX	01:39:02
417	67	JOSE ABREU	57	M5559	45	M					GR SARDENSE	01:39:20
418	239	FILIPPE GRAÇA	59	M5559	46	M					CLAC ENTRONCAMENTO	01:39:28
419	145	JOÃO FERREIRA	25	M1934	76	M					CASA POVO GRADIL	01:41:05
420	397	FATIMA OLIVEIRA	48	F3599	11	F					LA VAO DE ALMEIRIM	01:41:25
421	199	JOAO CARDOSO	59	M5559	47	M					GLOBASGEST	01:44:23
422	146	JOEL FERREIRA	25	M1934	77	M					CASA POVO GRADIL	01:44:57
423	286	JOSE JORGE	60	M6099	42	M	1				CA OS PESADOS	01:44:57
424	508	EDI SANTOS	19	M1934	78	M					ARCD MENDIGA	01:48:18
425	512	JOAO NARCISO	19	M1934	79	M					ARCD MENDIGA	01:49:00
426	125	JOAQUIM MAJOR	38	M3539	43	M					CCD COVAO COELHO	01:50:59
427	504	SAUL FERREIRA	19	M1934	80	M					ARCD MENDIGA	01:52:44
428	513	MIGUEL ANTUNES	19	M1934	81	M					ARCD MENDIGA	01:52:44
429	20	VÍTOR SILVA	57	M5559	48	M					G D MACEDO OCULISTA	01:53:19
430	236	FERNANDO CARDOSO	75	M6099	43	M					CCD O ALVITEJO	01:53:28
431	463	VITOR MARTO	51	M5054	67	M					UFCI TOMAR	01:57:15