



Grande Prémio
Museu Nacional
Ferroviário

ENTRONCAMENTO

20 JUNHO 2010 - 10h00

Lugar	Nº	Atleta	Sx	F. Etaria	FE	Tempo	Percurso	Ferr	Equipa
1	438	HAMID HAKIN	M	M2039	1	00:33:19	00:15:12		UFCI TOMAR
2	475	JOAO VIEIRA	M	M2039	2	00:33:24	00:15:12		INDIVIDUAL
3	92	FRANCISCO PEDRO	M	M2039	3	00:33:25	00:15:13		ARSC TOLEDO
4	589	GILBERTO FERNANDES	M	M4549	1	00:33:54	00:15:20		ACR FRADE CIMA
5	255	RUI BALTAZAR	M	M4044	1	00:34:02	00:15:29		ACLIS LIBERTY SEGUROS
6	258	PAULO GUIMARAES	M	M2039	4	00:34:09	00:15:22		ACLIS LIBERTY SEGUROS
7	43	JOAO SILVA	M	M2039	5	00:34:20	00:15:22	1	GD FERROV CAMPANHA
8	45	ORLANDO SANTOS	M	M2039	6	00:34:35	00:15:39	1	GD FERROV CAMPANHA
9	501	ANTONIO SANTOS	M	M4044	2	00:35:00	00:15:47		INDIVIDUAL
10	222	MARCO FRANCISCO	M	M2039	7	00:35:01	00:15:47		CA RIACHENSE
11	70	PAULO FERREIRA	M	M4044	3	00:35:08	00:15:30		TB SUP PEDAGOGICOS
12	299	NUNO CARRAÇA	M	M2039	8	00:35:22	00:15:47		URCA
13	257	JOSE CAMELO	M	M2039	9	00:35:31	00:16:11		ACLIS LIBERTY SEGUROS
14	89	ANDRE FERREIRA	M	M2039	10	00:35:37	00:15:47		ARSC TOLEDO
15	34	JOAO SAUDE	M	M4044	4	00:35:45	00:15:56	1	C FERROV COIMBRA
16	553	JOAO GOMES	M	M4549	2	00:35:51	00:16:12		AC VERMOIL
17	326	LUIS MOTA	M	M4044	5	00:35:55	00:16:12		ADR AGUAS BELAS
18	251	JOAO CARDOSO	M	M4549	3	00:36:06	00:16:11		ACLIS LIBERTY SEGUROS
19	568	ANTONIO POEIRAS	M	M5054	1	00:36:10	00:16:11		ACR SOUTOS
20	253	MANUEL VILELA	M	M4549	4	00:36:18	00:16:22		ACLIS LIBERTY SEGUROS
21	165	ANTONIO PAIS	M	M4044	6	00:36:25	00:16:23		CCD O ALVITEJO
22	535	ANTONIO FRANCISCO	M	M4549	5	00:36:35	00:16:18		GA CARANGUEJEIRA
23	348	JOAQUIM CAPUCHO	M	M4549	6	00:36:37	00:16:23		CF OS AVISENSES
24	406	PEDRO CAPELA	M	M2039	11	00:36:38	00:16:47		GAU BAJOUCA
25	21	HUMBERTO VIAIS	M	M4549	7	00:36:44	00:16:34	1	C FERROV PORTUGAL
26	20	PEDRO VIEIRA	M	M2039	12	00:36:46	00:16:37	1	C FERROV V NOVAS
27	531	DIAMANTINO LOPES	M	M4044	7	00:36:48	00:16:40		GA CARANGUEJEIRA
28	170	PAULO FERNANDES	M	M4044	8	00:36:53	00:16:37		CCD O ALVITEJO
29	266	CARLOS SANTOS	M	M4044	9	00:36:56	00:16:40		GDR FIGUEIRAS
30	550	AQUILINO FERREIRA	M	M5054	2	00:36:58	00:16:58		AC VERMOIL
31	90	JOAO CANAS	M	M2039	13	00:36:59	00:16:52		ARSC TOLEDO
32	143	RUI PERDIGAO	M	M4044	10	00:37:07	00:16:35		CLAC ENTRONCAMENTO
33	256	RUI CAMELO	M	M2039	14	00:37:07	00:16:51		ACLIS LIBERTY SEGUROS
34	195	JOEL NASCINTO	M	M2039	15	00:37:13	00:16:23		GD SANTANDER TOTTA
35	341	JOSE FELIX	M	M4044	11	00:37:16	00:17:06		CF OS AVISENSES
36	325	MARIO ROSA	M	M2039	16	00:37:20	00:16:58		ADR AGUAS BELAS
37	349	GERMANO SILVA	M	M5054	3	00:37:25	00:17:06		CF OS AVISENSES
38	55	LUIS ROMAO	M	M4044	12	00:37:34	00:17:04	1	GD FERROV BARREIRO
39	506	MANUEL OLIVEIRA	M	M2039	17	00:37:34	00:16:54		INDIVIDUAL
40	428	VICTOR SANTOS	M	M2039	18	00:37:43	00:16:51		NS LOURINHA
41	24	JOSE ALCOBIA	M	M5559	1	00:37:44	00:17:06	1	C FERROV PORTUGAL
42	93	JOAQUIM RODRIGUES	M	M4044	13	00:37:45	00:17:31		ARSC TOLEDO
43	363	NUNO REBOCHO	M	M1819	1	00:37:45	00:17:19		BV MONTEMOR O NOVO

44	69	JOSE GOMES	M	M4549	8	00:37:46	00:17:09		E LECLERC
45	239	RODOLFO MOREIRA	M	M2039	19	00:37:47	00:16:45		GD BV ALVERCA
46	105	EMANUEL GOMES	M	M4044	14	00:37:51	00:17:03		CCDT METRO LX
47	252	JAIME LAMEGO	M	M5054	4	00:37:52	00:17:04		ACLIS LIBERTY SEGUROS
48	432	MIGUEL GONÇALVES	M	M2039	20	00:37:55	00:16:16		UDR ZONA ALTA
49	437	ANDRE FERREIRA	M	M2039	21	00:37:58	00:16:51		UFCI TOMAR
50	122	PAULO ALFAR	M	M4549	9	00:38:00	00:17:19		CCDT METRO LX
51	429	JOAO FRANCO	M	M5559	2	00:38:02	00:17:05		NS LOURINHA
52	333	GABRIEL RODRIGUES	M	M4549	10	00:38:04	00:16:29		ADCR PAINHO
53	590	JULIO MOTA	M	M5054	5	00:38:15	00:17:25		ACR FRADE CIMA
54	591	BEATRIZ CUNHA	F	F3544	1	00:38:19	00:17:25		CA PATAMEIRAS
55	569	VASCO MARTA	M	M1819	2	00:38:30	00:17:03		CDR AGUIAS UNIDAS
56	25	PEDRO ESTEVENS	M	M5054	6	00:38:33	00:17:29	1	C FERROV PORTUGAL
57	397	JOSE MONTEIRO	M	M5054	7	00:38:38	00:17:38		GDC BANCO PORTUGAL
58	514	VALDEMIRO RIBEIRO	M	M4549	11	00:38:39	00:17:30		INDIVIDUAL
59	379	ANTONIO BENTES	M	M6064	1	00:38:40	00:17:36		ACLIS LIBERTY SEGUROS
60	97	LUIS REBELO	M	M4549	12	00:38:49	00:17:32		ARSC TOLEDO
61	139	FRANCISCO PRIMO	M	M4044	15	00:38:52	00:17:28		CLAC ENTRONCAMENTO
62	194	ANASTACIO VALADAS	M	M5559	3	00:38:52	00:17:29		GD SANTANDER TOTTA
63	210	ANTONIO P L SANTOS	M	M5054	8	00:38:54	00:17:42		GD INE
64	75	VITOR LOPES	M	M4044	16	00:39:06	00:17:26		C VETERANOS LIS
65	324	MARCO FRANCO	M	M2039	22	00:39:07	00:17:38		ADR AGUAS BELAS
66	16	RODRIGO CARRILHO	M	M2039	23	00:39:11	00:17:25	1	C FERROV V NOVAS
67	369	JOSE L M PACHECO	M	M2039	24	00:39:14	00:17:56		GD DIANA
68	259	RICARDO GUIMARAES	M	M2039	25	00:39:16	00:17:17		ACLIS LIBERTY SEGUROS
69	327	CARLOS DURO	M	M5054	9	00:39:18	00:17:27		ADR AGUAS BELAS
70	271	PAULO SIMAO	M	M4044	17	00:39:20	00:17:37		GDR FIGUEIRAS
71	95	LUIS GOMES	M	M4044	18	00:39:21	00:18:22		ARSC TOLEDO
72	393	BRUNO PIRES	M	M2039	26	00:39:28	00:17:49		GDC BANCO PORTUGAL
73	80	HUGO MIGUEL	M	M2039	27	00:39:29	00:17:30		C VETERANOS LIS
74	19	MANUEL SANTOS	M	M4549	13	00:39:31	00:17:45	1	C FERROV V NOVAS
75	270	SERGIO SANTOS	M	M2039	28	00:39:33	00:17:59		GDR FIGUEIRAS
76	120	ORLANDO SILVA	M	M5054	10	00:39:34	00:17:42		CCDT METRO LX
77	276	PAULO CORREIA	M	M4044	19	00:39:34	00:17:46		OS SANTARENOS
78	532	ANDRE BARBOSA	M	M2039	29	00:39:34	00:18:14		GA CARANGUEJEIRA
79	225	CARLOS PEREIRA	M	M2039	30	00:39:35	00:17:40		CA RIACHENSE
80	602	VITOR PEREIRA	M	M2039	31	00:39:36	00:18:05		INDIVIDUAL
81	576	ANABELA TAVARES	F	F2034	1	00:39:37	00:18:04		CDR AGUIAS UNIDAS
82	570	DAVID FERNANDES	M	M2039	32	00:39:38	00:17:03		CDR AGUIAS UNIDAS
83	601	VASCO CAFE	M	M2039	33	00:39:38	00:18:01		INDIVIDUAL
84	117	MANUEL COSTA	M	M5054	11	00:39:39	00:17:46		CCDT METRO LX
85	409	OTELO PEREIRA	M	M2039	34	00:39:44	00:17:58		GAU BAJOUCA
86	10	MANUEL SERRA	M	M5559	4	00:39:46	00:17:51	1	C FERROV V NOVAS
87	300	CARLOS PIRES	M	M2039	35	00:39:47	00:18:30		URCA
88	404	DUARTE SOARES	M	M5054	12	00:39:53	00:18:07		C SARGENTO ARMADA
89	586	JOSE SILVA	M	M2039	36	00:39:55	00:18:14		OS SANTARENOS
90	226	JORGE MAURICIO	M	M2039	37	00:39:57	00:17:50		CA RIACHENSE
91	223	BRUNO GASPAR	M	M2039	38	00:39:58	00:18:08		CA RIACHENSE
92	224	PAULO SIMOES	M	M2039	39	00:39:58	00:18:08		CA RIACHENSE
93	203	AUGUSTO LOPES	M	M5559	5	00:40:03	00:17:50		GD SANTANDER TOTTA
94	317	JOSE SILVA	M	M4549	14	00:40:06	00:18:18		CDUL
95	555	NELSON FERREIRA	M	M2039	40	00:40:10	00:18:16		AC VERMOIL

96	533	MANUEL FONSECA	M	M5054	13	00:40:12	00:18:04		GA CARANGUEJEIRA
97	7	FERNANDO FARINHA	M	M4044	20	00:40:14	00:18:16	1	ADRC FERROVIARIOS
98	137	ALCINO NUNES	M	M2039	41	00:40:15	00:18:09		CLAC ENTRONCAMENTO
99	27	AIRES SAO PEDRO	M	M5559	6	00:40:16	00:18:17	1	C FERROV PORTUGAL
100	6	JOSE DIAS	M	M4044	21	00:40:22	00:18:16	1	ADRC FERROVIARIOS
101	110	JOAO MIRANDA	M	M5054	14	00:40:23	00:17:50		CCDT METRO LX
102	365	ANDRE FILIPE	M	M1819	3	00:40:24	00:17:51		BV MONTEMOR O NOVO
103	534	VASCO MICAEL	M	M6064	2	00:40:28	00:18:08		GA CARANGUEJEIRA
104	174	JOSE FERNANDES	M	M5054	15	00:40:31	00:18:36		CCD O ALVITEJO
105	373	FERNANDO NEVES	M	M2039	42	00:40:33	00:19:00		GDC EIRAPEDRENSE
106	204	MARIO COUTO	M	M2039	43	00:40:36	00:18:39		INDIVIDUAL
107	346	JOAO CARVALHO	M	M6064	3	00:40:36	00:18:06		CF OS AVISENSES
108	133	JOAO SANTOS	M	M2039	44	00:40:39	00:18:09		CLAC ENTRONCAMENTO
109	439	JOSE F SILVA	M	M4549	15	00:40:43	00:18:09		UFCI TOMAR
110	593	FRANCISCO FERA	M	M6599	1	00:40:45	00:18:34		ACLIS LIBERTY SEGUROS
111	72	DAVID LOPES	M	M2039	45	00:40:48	00:18:45		TB SUP PEDAGOGICOS
112	268	LUIS SECO	M	M5054	16	00:40:49	00:18:37		GDR FIGUEIRAS
113	227	JOAQUIM SANTOS	M	M2039	46	00:40:55	00:18:10		CA RIACHENSE
114	272	RICARDO JORGE	M	M2039	47	00:41:00	00:18:38		AA CHARNECA
115	73	JOSE GABRIEL	M	M6064	4	00:41:03	00:18:20		C VETERANOS LIS
116	265	MARIO DUARTE	M	M5054	17	00:41:04	00:18:32		GDR FIGUEIRAS
117	33	RUI BAPTISTA	M	M2039	48	00:41:06	00:17:36	1	C FERROV COIMBRA
118	214	JOAO CALDAS	M	M4044	22	00:41:08	00:18:00		CLUBE AUTOCOOPE
119	427	JOSE MARÇAL	M	M4549	16	00:41:15	00:18:35		CLAC ENTRONCAMENTO
120	178	JOAQUIM ALVES	M	M5559	7	00:41:19	00:18:24		CCD O ALVITEJO
121	94	JOAO BENTO	M	M4044	23	00:41:22	00:18:32		ARSC TOLEDO
122	461	NUNO PITA	M	M2039	49	00:41:26	00:18:23		INDIVIDUAL
123	263	CHANTAL XHERVELLE	F	F3544	2	00:41:35	00:18:59		ACLIS LIBERTY SEGUROS
124	357	JOSE TOMAS	M	M2039	50	00:41:38	00:19:03		URD ARRANHO
125	377	PAULO BASILIO	M	M4044	24	00:41:38	00:19:09		OS ZATOPEQUES
126	442	ALBERTO GRAÇA	M	M5559	8	00:41:38	00:18:59		UFCI TOMAR
127	54	BRUNO CARVALHO	M	M2039	51	00:41:39	00:18:14	1	GD FERROV BARREIRO
128	200	ANTONIO CRUZ	M	M6064	5	00:41:40	00:18:54		GD SANTANDER TOTTA
129	294	EURICO AGOSTINHO	M	M4549	17	00:41:42	00:19:21		GDCR ZAMBUJEIRA CALVO
130	552	LEANDRO SANTOS	M	M5054	18	00:41:42	00:18:53		AC VERMOIL
131	328	MANUEL GOMES	M	M5559	9	00:41:47	00:18:56		ADR AGUAS BELAS
132	407	FILIPE CARVALHEIRO	M	M4549	18	00:41:47	00:19:17		GAU BAJOUCA
133	575	RODRIGO SILVA	M	M4044	25	00:41:47	00:19:00		CDR AGUIAS UNIDAS
134	464	JORGE LERCAS	M	M4549	19	00:41:48	00:18:26		INDIVIDUAL
135	241	FERNANDO FIGUEIREDO	M	M4044	26	00:41:49	00:18:40		FALCOES SELVAGENS
136	63	ALBERTO COVAS	M	M5054	19	00:41:53	00:18:24	1	GD FERROV BARREIRO
137	364	RICARDO FREIXIAL	M	M1819	4	00:41:53	00:18:27		BV MONTEMOR O NOVO
138	494	MANUEL J S RAMOS	M	M4044	27	00:41:53	00:18:59		INDIVIDUAL
139	446	DAVID FAUSTINO	M	M4044	28	00:41:54	00:18:57		SS CGD
140	574	FRANCISCO FERNANDES	M	M6599	2	00:41:54	00:19:04		CDR AGUIAS UNIDAS
141	115	JOSE SILVA	M	M5054	20	00:41:57	00:19:06		CCDT METRO LX
142	420	VENTURA PIRES	M	M5054	21	00:41:58	00:20:56		AM AMOREIRA
143	360	JOAO RODRIGUES	M	M2039	52	00:42:00	00:18:28		BV MONTEMOR O NOVO
144	71	CARLOS BENTO	M	M4549	20	00:42:03	00:19:05		TB SUP PEDAGOGICOS
145	450	ALEXANDRE FERREIRA	M	M2039	53	00:42:05	00:18:59		NS LOURINHA
146	415	FRANCISCO FERNANDES	M	M5054	22	00:42:07	00:19:12		SC MOITENSE
147	274	MARIO NETO	M	M2039	54	00:42:08	00:18:59		OS SANTARENOS

148	354	LUIS FERREIRA	M	M4044	29	00:42:10	00:19:04		URD ARRANHO
149	433	JOAO PLACIDO	M	M2039	55	00:42:13	00:19:06		UDR ZONA ALTA
150	249	ANA VIEIRA	F	F3544	3	00:42:16	00:19:15		CD ASAS MILENNIUM
151	520	GILBERTO MORAIS	M	M5054	23	00:42:21	00:18:41		INDIVIDUAL
152	372	ABILIO GASPAR	M	M5054	24	00:42:23	00:19:45		GDC EIRAPEDRENSE
153	345	RUI FEIO	M	M4549	21	00:42:33	00:19:15		CF OS AVISENSES
154	353	EDGAR FRANCISCO	M	M4044	30	00:42:34	00:19:08		URD ARRANHO
155	295	ANTONIO CLARA	M	M4549	22	00:42:37	00:19:23		GDCR ZAMBUJEIRA CALVO
156	167	VASCO LOURENÇO	M	M4044	31	00:42:38	00:19:41		CCD O ALVITEJO
157	238	ANTONIO NEREU	M	M4549	23	00:42:39	00:19:47		ACADEMIA KORPO
158	392	JULIO RAMOS	M	M4044	32	00:42:47	00:19:47		MULTIFLOW
159	53	JOSE MIRA	M	M4044	33	00:42:48	00:19:47	1	GD FERROV BARREIRO
160	543	MIGUEL BERNARDINO	M	M1819	5	00:42:49	00:19:08		SCAFA
161	91	RUI AGUIAR	M	M2039	56	00:42:50	00:20:14		ARSC TOLEDO
162	546	MANUEL ALMEIDA	M	M5054	25	00:42:52	00:19:19		LA VAO ALMEIRIM
163	243	JOSE SIMOES	M	M4549	24	00:42:55	00:19:13		CD ASAS MILENNIUM
164	298	LUCAS DELGADO	M	M5559	10	00:42:55	00:19:26		GDCR ZAMBUJEIRA CALVO
165	440	MANUEL MOTA	M	M4549	25	00:43:04	00:19:18		UFCI TOMAR
166	522	EMANUEL TEIXEIRA	M	M5054	26	00:43:09	00:19:23		OS GARREGUEIRENSES
167	595	MAURO PIMENTA	M	M2039	57	00:43:13	00:19:53		GA VILA F XIRA
168	289	CESAR GONÇALVES	M	M2039	58	00:43:15	00:19:55		ADC CATUJAL
169	104	EDUARDO LAGOA	M	M4044	34	00:43:16	00:20:08		CCDT METRO LX
170	538	ANTONIO MIGUEL	M	M4549	26	00:43:16	00:19:18		SCAFA
171	211	GONÇALO FERREIRA	M	M2039	59	00:43:17	00:19:49		GD INE
172	334	MANUEL FERREIRA	M	M4044	35	00:43:18	00:18:56		ADCR PAINHO
173	101	ANTONIO PEREIRA	M	M4549	27	00:43:19	00:20:05		CCDT METRO LX
174	540	ANDRÉ PENA	M	M4044	36	00:43:22	00:19:59		SCAFA
175	530	ANDRÉ MARTINHO	M	M2039	60	00:43:27	00:18:55		PES XUMBO
176	452	CARLOS ANTUNES	M	M4549	28	00:43:28	00:19:43		INDIVIDUAL
177	166	JOSUE EVORA	M	M4044	37	00:43:30	00:19:22		CCD O ALVITEJO
178	199	FERNANDO CARDOSO	M	M6064	6	00:43:33	00:19:42		GD SANTANDER TOTTA
179	82	RUI FILIPE	M	M2039	61	00:43:34	00:19:32		C VETERANOS LIS
180	244	AUGUSTO SEMEDO	M	M5054	27	00:43:35	00:19:38		CD ASAS MILENNIUM
181	338	JOAO LOPES	M	M5054	28	00:43:37	00:20:10		DESP ASES S JORGE
182	315	JOSE BERNARDO	M	M4044	38	00:43:39	00:19:37		GA MONSANTO GASCAN
183	35	ANTONIO ALMEIDA	M	M2039	62	00:43:40	00:18:58	1	C FERROV COIMBRA
184	42	LUIS MAIA	M	M2039	63	00:43:40	00:19:09	1	C FERROV COIMBRA
185	78	JACINTO FERREIRA	M	M5054	29	00:43:41	00:20:19		C VETERANOS LIS
186	31	CARLOS SANTOS	M	M5559	11	00:43:42	00:19:47	1	C FERROV PORTUGAL
187	536	CARLOS GOMES	M	M5054	30	00:43:43	00:19:54		SCAFA
188	152	ANTONIO JOAQUIM	M	M6064	7	00:43:45	00:19:55		CLAC ENTRONCAMENTO
189	15	ANTONIO ROSADO	M	M4549	29	00:43:46	00:19:26	1	C FERROV V NOVAS
190	361	FRANCISCO OLIVEIRA	M	M2039	64	00:43:52	00:19:31		BV MONTEMOR O NOVO
191	502	CARLOS CRUZ	M	M5054	31	00:43:52	00:21:09		INDIVIDUAL
192	230	JOSE PATRICIO	M	M6064	8	00:43:54	00:19:53		CA RIACHENSE
193	592	ANTONIO NASCIMENTO	M	M4044	39	00:43:54	00:20:11		INDIVIDUAL
194	146	OCTAVIO DIAS	M	M4549	30	00:43:56	00:20:05		CLAC ENTRONCAMENTO
195	261	JOSE M COSTA	M	M6064	9	00:43:56	00:20:10		ACLIS LIBERTY SEGUROS
196	262	CONSTANCIO MARTINS	M	M5054	32	00:43:57	00:20:11		ACLIS LIBERTY SEGUROS
197	422	TIAGO DIONIZIO	M	M2039	65	00:44:00	00:20:32		AM AMOREIRA
198	551	ALFREDO SANTOS	M	M5054	33	00:44:03	00:19:47		AC VERMOIL
199	179	MANUEL VITORINO	M	M6064	10	00:44:06	00:19:50		CCD O ALVITEJO

200	242	CARMEN PIRES	F	F2034	2	00:44:14	00:19:31	CD ASAS MILENNIUM
201	380	MANUEL CRUZ	M	M5559	12	00:44:22	00:20:31	ANGELIC
202	390	JOSE DIONISIO	M	M4549	31	00:44:22	00:20:28	MULTIFLOW
203	79	CARLOS RIBEIRO	M	M4549	32	00:44:23	00:20:37	C VETERANOS LIS
204	418	LUCIO SERRA	M	M5054	34	00:44:26	00:20:56	AM AMOREIRA
205	131	GONÇALO PEREIRA	M	M2039	66	00:44:28	00:20:05	CLAC ENTRONCAMENTO
206	462	JOSE NASCIMENTO	M	M4549	33	00:44:30	00:20:37	INDIVIDUAL
207	39	NELSON OLIVEIRA	M	M2039	67	00:44:31	00:19:55	1 C FERROV COIMBRA
208	340	GONÇALO SARAIVA	M	M1819	6	00:44:31	00:20:29	CF OS AVISENSES
209	321	PAULO S FONSECA	M	M4549	34	00:44:32	00:21:07	GDC EIRAPEDRENSE
210	454	PEDRO MARIA	M	M2039	68	00:44:32	00:21:01	INDIVIDUAL
211	537	CARLOS SILVA	M	M4549	35	00:44:33	00:20:15	SCAFA
212	594	OLIMPIO GUEDELHA	M	M5054	35	00:44:34	00:20:36	GA VILA F XIRA
213	18	JOSUE INACIO	M	M6599	3	00:44:36	00:20:33	1 C FERROV V NOVAS
214	235	JORGE SANTOS	M	M2039	69	00:44:40	00:20:18	ACADEMIA KORPO
215	285	CARLOS MATOS	M	M2039	70	00:44:40	00:20:22	C BENFICA ABRANTES
216	236	MIGUEL RODRIGUES	M	M2039	71	00:44:41	00:20:18	ACADEMIA KORPO
217	587	JORGE ANTUNES	M	M2039	72	00:44:43	00:19:46	ARSC TOLEDO
218	47	MARIO MENDES	M	M4549	36	00:44:45	00:19:56	1 GD FERROV CAMPANHA
219	297	VALENTIM FERNANDES	M	M5054	36	00:44:46	00:19:50	GDCR ZAMBUJEIRA CALVO
220	306	PEDRO BURGUETTE	M	M2039	73	00:44:47	00:20:25	AÇOREANA C BANIF
221	57	MANUEL FERREIRA	M	M5559	13	00:44:49	00:20:22	1 GD FERROV BARREIRO
222	284	JOAO SILVA	M	M4044	40	00:44:50	00:20:26	C BENFICA ABRANTES
223	367	ABILIO CATARRO	M	M5054	37	00:44:51	00:19:53	BV MONTEMOR O NOVO
224	150	JOSE FIDELIO	M	M5559	14	00:44:52	00:20:09	CLAC ENTRONCAMENTO
225	280	MIGUEL SATURNINO	M	M2039	74	00:44:55	00:21:02	OS SANTARENOS
226	344	JOSE M GONÇALVES	M	M4549	37	00:44:58	00:20:29	CF OS AVISENSES
227	580	DUARTE ANTUNES	M	M4044	41	00:45:03	00:20:58	INDIVIDUAL
228	50	PEDRO REIS	M	M2039	75	00:45:04	00:20:17	1 GD FERROV CAMPANHA
229	219	ANTONIO ALMEIDA	M	M4549	38	00:45:07	00:21:10	CLUBE AUTOCOOPE
230	486	JOSE F OLIVEIRA	M	M2039	76	00:45:10	00:21:00	INDIVIDUAL
231	86	LUIS OLIVEIRA	M	M4044	42	00:45:12	00:21:00	AA LEBRES SADO
232	383	JOAO DIAS	M	M4044	43	00:45:12	00:20:23	CLAC ENTRONCAMENTO
233	410	CARLOS FIGUEIREDO	M	M5559	15	00:45:14	00:20:39	GAU BAJOUCA
234	556	ANTONIO NEVES	M	M4549	39	00:45:15	00:20:32	AC VERMOIL
235	32	MANUEL MARTINHO	M	M5559	16	00:45:17	00:19:47	1 C FERROV PORTUGAL
236	596	ANTONIO RIBEIRO	M	M4549	40	00:45:21	00:20:32	GA VILA F XIRA
237	352	FILIPE BRANCO	M	M4044	44	00:45:28	00:20:21	URD ARRANHO
238	588	JOSE C DURAO	M	M4549	41	00:45:31	00:21:20	INDIVIDUAL
239	96	ANTONIO L FERNANDES	M	M4549	42	00:45:32	00:20:35	ARSC TOLEDO
240	171	FRANCISCO CALÇADA	M	M4549	43	00:45:32	00:20:34	CCD O ALVITEJO
241	488	MARCO CAMPOS	M	M2039	77	00:45:35	00:20:15	INDIVIDUAL
242	510	LUIS SOUSA	M	M4044	45	00:45:35	00:20:56	INDIVIDUAL
243	366	JOSE MARQUES	M	M4549	44	00:45:38	00:20:21	BV MONTEMOR O NOVO
244	523	ALBANO OZEIAS	M	M2039	78	00:45:38	00:20:25	OS GARREGUEIRENSES
245	378	ANTONIO JACINTO	M	M5054	38	00:45:39	00:21:22	OS ZATOPEQUES
246	382	CARLOS ESTEVES	M	M2039	79	00:45:40	00:21:11	PES XUMBO
247	176	JOAO GAUDENCIO	M	M5054	39	00:45:43	00:20:12	CCD O ALVITEJO
248	503	JOAO MOURAO	M	M5559	17	00:45:45	00:21:36	INDIVIDUAL
249	516	ANTONIO CARVALHO	M	M5054	40	00:45:46	00:20:15	CPT VALE AÇOR
250	151	JOAQUIM MOURA	M	M5559	18	00:45:47	00:20:27	CLAC ENTRONCAMENTO
251	292	MARIO BONIFACIO	M	M4044	46	00:45:48	00:00:00	GDCR ZAMBUJEIRA CALVO

252	339	MANUEL SARAIVA	M	M4549	45	00:45:49	00:20:35		CF OS AVISENSES
253	278	JOSE CAROLA	M	M2039	80	00:45:50	00:20:31		OS SANTARENOS
254	2	JOAQUIM MOURA	M	M5559	19	00:45:51	00:19:08	1	ADRC FERROVIARIOS
255	279	PEDRO CARVALHO	M	M4549	46	00:45:52	00:21:03		OS SANTARENOS
256	434	BERNARDINO CLEMENTE	M	M4549	47	00:45:52	00:20:47		UDR ZONA ALTA
257	148	JOSE M VALENTE	M	M5054	41	00:45:53	00:20:45		CLAC ENTRONCAMENTO
258	128	ALEXANDRA ALVES	F	F2034	3	00:45:54	00:19:51		CLAC ENTRONCAMENTO
259	483	SILVINO MORINGA	M	M5559	20	00:45:54	00:20:55		INDIVIDUAL
260	436	FERNANDO FONSECA	M	M4549	48	00:45:56	00:21:36		O MUNDO CORRIDA
261	221	OTILIO MONTEIRO	M	M4549	49	00:45:58	00:20:43		C MATA ESCAROUPIM
262	528	JOSE DUARTE	M	M2039	81	00:46:00	00:21:55		PES XUMBO
263	288	ALMERINDO SILVA	M	M5054	42	00:46:02	00:20:20		ADC CATUJAL
264	370	LUIS CONCEIÇÃO	M	M5054	43	00:46:03	00:21:53		CCRD BURINHOSA
265	76	VITOR ANTUNES	M	M5054	44	00:46:04	00:21:11		C VETERANOS LIS
266	81	JULIO LOPES	M	M2039	82	00:46:05	00:21:14		C VETERANOS LIS
267	335	RAUL SANTOS	M	M5054	45	00:46:07	00:21:01		OS RAFINHAS
268	375	JORGE GOMES	M	M4549	50	00:46:08	00:21:10		GDC EIRAPEDRENSE
269	426	ANTONIO NETO	M	M2039	83	00:46:09	00:21:14		CLUBE BANIF
270	491	FRANCISCO ALMEIDA	M	M2039	84	00:46:10	00:21:19		INDIVIDUAL
271	490	CARLOS G FERREIRA	M	M2039	85	00:46:11	00:21:19		INDIVIDUAL
272	48	ALBERTO MONTEIRO	M	M2039	86	00:46:14	00:21:02	1	GD FERROV CAMPANHA
273	495	RICARDO FRANCO	M	M2039	87	00:46:15	00:21:01		INDIVIDUAL
274	189	SALVADOR AFONSO	M	M5559	21	00:46:20	00:20:53		GD SANTANDER TOTTA
275	445	ISABEL MOLEIRO	F	F3544	4	00:46:22	00:21:05		SS CGD
276	504	PEDRO C P PATRICIO	M	M5559	22	00:46:22	00:20:52		INDIVIDUAL
277	376	EDGAR JACINTO	M	M2039	88	00:46:25	00:21:22		OS ZATOPEQUES
278	554	SERGIO SILVA	M	M2039	89	00:46:27	00:21:06		AC VERMOIL
279	337	MANUEL BATISTA	M	M4549	51	00:46:29	00:21:34		APOGMA
280	303	SANDRO JORDAO	M	M2039	90	00:46:33	00:20:47		C MILLENNIUM BCP
281	8	PEDRO TOMAS	M	M2039	91	00:46:37	00:22:00	1	ADRC FERROVIARIOS
282	141	JOSE C BATISTA	M	M4044	47	00:46:37	00:20:42		CLAC ENTRONCAMENTO
283	196	FERNANDO MARQUES	M	M5559	23	00:46:37	00:20:56		GD SANTANDER TOTTA
284	497	AMARILDO SETTAS	M	M2039	92	00:46:39	00:21:31		INDIVIDUAL
285	246	MARIO CARVALHO	M	M5054	46	00:46:42	00:21:12		CD ASAS MILENNIUM
286	388	JOAO F MACHADO	M	M4549	52	00:46:42	00:22:31		OS MATRECOS
287	161	ANA MARGARIDA	F	F3544	5	00:46:43	00:21:02		CCD O ALVITEJO
288	267	DIAMANTINO CRUZ	M	M5054	47	00:46:43	00:21:38		GDR FIGUEIRAS
289	527	JOAO NUNES	M	M1819	7	00:46:44	00:19:50		PES XUMBO
290	136	RENATO MARTINS	M	M2039	93	00:46:45	00:21:10		CLAC ENTRONCAMENTO
291	180	JOSE GRILATE	M	M6599	4	00:46:47	00:21:10		CCD O ALVITEJO
292	331	ANTONIO RODRIGUES	M	M5559	24	00:46:51	00:21:54		ADCR PAINHO
293	332	JOSE VENTURA	M	M5054	48	00:46:52	00:21:54		ADCR PAINHO
294	264	SILVIO SILVA	M	M2039	94	00:46:59	00:22:11		GDR FIGUEIRAS
295	460	ALVARO QUITERIO	M	M4044	48	00:47:05	00:20:46		INDIVIDUAL
296	507	MANUEL A D CARLOS	M	M5054	49	00:47:08	00:21:21		INDIVIDUAL
297	102	CARLOS MOREIRA	M	M5559	25	00:47:10	00:21:18		CCDT METRO LX
298	111	JOAO SEQUEIRA	M	M4549	53	00:47:10	00:22:47		CCDT METRO LX
299	290	JOSE VALERIO	M	M6064	11	00:47:15	00:21:09		ADC CATUJAL
300	387	JOSE M SILVA	M	M4044	49	00:47:15	00:22:14		OS MATRECOS
301	217	JUVENAL MOREIRA	M	M4549	54	00:47:16	00:21:11		CLUBE AUTOCOOPE
302	521	RUI SALES	M	M4044	50	00:47:20	00:21:52		OS GARREGUEIRENSES
303	484	JOAQUIM DAMAS	M	M5559	26	00:47:23	00:21:20		INDIVIDUAL

304	191	JOAO ROCHA	M	M5559	27	00:47:25	00:21:39		GD SANTANDER TOTTA
305	482	HELDER M M SILVA	M	M4044	51	00:47:25	00:22:03		INDIVIDUAL
306	435	ANTONIO MARQUES	M	M4044	52	00:47:28	00:21:41		UDR ZONA ALTA
307	585	VITOR MEXIEIRO	M	M4549	55	00:47:30	00:21:28		CCD O ALVITEJO
308	173	HORACIO RUIVO	M	M4549	56	00:47:31	00:21:36		CCD O ALVITEJO
309	160	CARLA CALÇADA	F	F3544	6	00:47:33	00:21:13		CCD O ALVITEJO
310	273	CARLOS JESUS	M	M5054	50	00:47:33	00:20:36		AA CHARNECA
311	260	ALVARO COELHO	M	M5054	51	00:47:35	00:22:06		ACLIS LIBERTY SEGUROS
312	46	JOSE ALVES	M	M4549	57	00:47:40	00:21:45	1	GD FERROV CAMPANHA
313	287	CARLOS HEITOR	M	M5559	28	00:47:45	00:22:54		C BENFICA ABRANTES
314	539	MANUEL GONÇALVES	M	M4549	58	00:47:48	00:20:54		SCAFA
315	286	CARLOS AMARAL	M	M4044	53	00:47:52	00:22:16		C BENFICA ABRANTES
316	307	REINALDO CAVACO	M	M2039	95	00:47:55	00:21:30		OS CENTAUROS
317	342	PEDRO FELIX	M	M1819	8	00:47:57	00:20:29		CF OS AVISENSES
318	414	ISIDRO SERRA	M	M5054	52	00:47:59	00:22:16		SC MOITENSE
319	41	PAULO NORO	M	M2039	96	00:48:01	00:22:09	1	C FERROV COIMBRA
320	275	JOAO RAMOS	M	M4549	59	00:48:01	00:21:32		OS SANTARENOS
321	413	NORBERTO SANTOS	M	M5054	53	00:48:02	00:21:15		SC MOITENSE
322	190	JOSE MARÇAL	M	M5054	54	00:48:03	00:00:00		GD SANTANDER TOTTA
323	5	JOAO BARROQUEIRO	M	M4549	60	00:48:09	00:21:16	1	ADRC FERROVIARIOS
324	237	EMANUEL ALMEIDA	M	M2039	97	00:48:11	00:22:05		ACADEMIA KORPO
325	87	URBANO FELGUEIRA	M	M2039	98	00:48:13	00:21:06		AA LEBRES SADO
326	423	SERGIO RAMOS	M	M2039	99	00:48:14	00:21:55		AM AMOREIRA
327	519	ANTONIO LEAL	M	M4044	54	00:48:15	00:22:05		INDIVIDUAL
328	567	MANUEL BRITES	M	M5054	55	00:48:15	00:23:01		ACR SOUTOS
329	395	JOAQUIM FERRAO	M	M4549	61	00:48:16	00:22:20		GDC BANCO PORTUGAL
330	443	CARLONA FELIZ	F	F4599	1	00:48:17	00:21:22		UFCI TOMAR
331	466	JOSE A L FONSECA	M	M4549	62	00:48:21	00:22:22		INDIVIDUAL
332	228	RENATA MOTA	F	F2034	4	00:48:31	00:21:14		CA RIACHENSE
333	581	GERMANO BERNARDO	M	M5054	56	00:48:32	00:22:15		PRAZER CORRIDA
334	234	GILBERTO GONÇALVES	M	M6064	12	00:48:33	00:21:39		CR ALVORADA
335	181	ANTONIO SIMAO	M	M6599	5	00:48:34	00:22:04		CCD O ALVITEJO
336	511	JOAO NABAIS	M	M5054	57	00:48:39	00:21:56		INDIVIDUAL
337	126	RUI ARAUJO	M	M5054	58	00:48:50	00:21:26		CCDT METRO LX
338	430	JOAO SANTOS	M	M6064	13	00:48:54	00:21:55		NS LOURINHA
339	548	MARCO MADEIRA	M	M2039	100	00:48:54	00:22:30		LA VAO ALMEIRIM
340	468	LUIS MENINO	M	M2039	101	00:48:58	00:22:25		INDIVIDUAL
341	469	MARIO VIEIRA	M	M2039	102	00:48:58	00:22:25		INDIVIDUAL
342	480	FERNANDO GIL	M	M5559	29	00:49:04	00:22:29		INDIVIDUAL
343	542	BRUNO CAMPANIÇO	M	M2039	103	00:49:08	00:22:07		SCAFA
344	419	LUIS SERRA	M	M5054	59	00:49:11	00:22:29		AM AMOREIRA
345	138	JOSE FELICIO	M	M2039	104	00:49:15	00:21:52		CLAC ENTRONCAMENTO
346	147	HUMBERTO SILVA	M	M5054	60	00:49:15	00:22:32		CLAC ENTRONCAMENTO
347	384	MANUEL BRITO	M	M5054	61	00:49:17	00:22:45		CA BARREIRA
348	403	HENRIQUE ALVAREDO	M	M5054	62	00:49:18	00:22:33		C SARGENTO ARMADA
349	26	CUSTODIO JANUARIO	M	M5559	30	00:49:21	00:22:15	1	C FERROV PORTUGAL
350	371	MANUEL PEREIRA	M	M5559	31	00:49:22	00:22:09		GDC EIRAPEDRENSE
351	149	JOSE SANTOS	M	M5054	63	00:49:23	00:22:15		CLAC ENTRONCAMENTO
352	473	JOSE GARRAFAO	M	M4549	63	00:49:23	00:22:20		INDIVIDUAL
353	320	JOAO MARTINS	M	M2039	105	00:49:25	00:22:52		ARC SOCASA
354	215	CARLOS FERREIRA	M	M5054	64	00:49:26	00:22:45		CLUBE AUTOCOOPE
355	216	JOSE DIAS	M	M5054	65	00:49:27	00:22:01		CLUBE AUTOCOOPE

356	218	AMERICO COSTA	M	M5559	32	00:49:27	00:21:35		CLUBE AUTOCOOPE
357	124	PEDRO CUNHA	M	M4549	64	00:49:33	00:22:25		CCDT METRO LX
358	559	FERNANDO SILVA	M	M2039	106	00:49:43	00:22:31		OS MATRECOS
359	38	JOAO SIMOES	M	M4044	55	00:49:45	00:22:14	1	C FERROV COIMBRA
360	40	HERMINIO RAMOS	M	M5054	66	00:49:46	00:21:40	1	C FERROV COIMBRA
361	402	FRANCISCO CURTINHA	M	M5054	67	00:49:50	00:23:15		C SARGENTO ARMADA
362	28	ROSA PRATAS	F	F4599	2	00:49:55	00:21:55	1	C FERROV PORTUGAL
363	465	CARLOS M D SANTOS	M	M4044	56	00:49:55	00:22:53		INDIVIDUAL
364	374	FERNANDO SANTOS	M	M4549	65	00:49:56	00:22:07		GDC EIRAPEDRENSE
365	549	RICRDO VINAGRE	M	M2039	107	00:49:56	00:22:20		LA VAO ALMEIRIM
366	571	JORGE AMARAL	M	M4044	57	00:49:57	00:22:44		CDR AGUIAS UNIDAS
367	98	CARLOS ALEGRE	M	M4549	66	00:49:58	00:22:55		ARSC TOLEDO
368	135	MARIO SALGUEIRO	M	M2039	108	00:50:00	00:22:18		CLAC ENTRONCAMENTO
369	309	ANTONIO INGLES	M	M5054	68	00:50:00	00:23:39		GA MONSANTO GASCAN
370	356	FERNANDO RODRIGUES	M	M4044	58	00:50:04	00:22:46		URD ARRANHO
371	573	EURICO BRAS	M	M5054	69	00:50:04	00:22:45		CDR AGUIAS UNIDAS
372	577	TINA OLIVEIRA	F	F4599	3	00:50:04	00:22:46		CDR AGUIAS UNIDAS
373	358	EDMUNDO LOURENÇO	M	M2039	109	00:50:05	00:22:46		URD ARRANHO
374	52	RUI CHAMBEL	M	M2039	110	00:50:06	00:22:42	1	GD FERROV BARREIRO
375	505	RAUL QUARESMA	M	M2039	111	00:50:07	00:22:16		INDIVIDUAL
376	144	PAULO MESTRE	M	M4549	67	00:50:15	00:23:33		CLAC ENTRONCAMENTO
377	197	JOSE PEREIRA	M	M4044	59	00:50:19	00:23:54		GD SANTANDER TOTTA
378	583	HENRIQUE RUAS	M	M6599	6	00:50:28	00:22:31		CCD O ALVITEJO
379	416	RAUL NEVES	M	M5559	33	00:50:32	00:22:57		SC MOITENSE
380	322	PATRICIA FERREIRA	F	F2034	5	00:50:34	00:21:56		ADR AGUAS BELAS
381	385	AUGUSTO RIBEIRO	M	M5559	34	00:50:34	00:23:10		GD PEDREIRAS
382	412	PEDRO CAPELAS	M	M4044	60	00:50:35	00:22:57		SC MOITENSE
383	598	CARLOS GONCALVES	M	M5054	70	00:50:38	00:22:41		INDIVIDUAL
384	355	HENRIQUE FERREIRA	M	M2039	112	00:50:39	00:21:34		URD ARRANHO
385	476	JULIO HENRIQUES	M	M6064	14	00:50:47	00:23:28		INDIVIDUAL
386	248	LURDES HENRIQUES	F	F4599	4	00:50:50	00:23:37		CD ASAS MILENNIUM
387	155	LUCRECIO DIAS	M	M6599	7	00:51:02	00:23:14		CLAC ENTRONCAMENTO
388	205	JORGE ANTUNES	M	M2039	113	00:51:04	00:23:04		GD SANTANDER TOTTA
389	74	FERNANDO OLIVEIRA	M	M4044	61	00:51:07	00:23:24		C VETERANOS LIS
390	330	CARLOS MATIAS	M	M6599	8	00:51:12	00:24:03		ADCR PAINHO
391	343	CARLOS GONÇALVES	M	M4549	68	00:51:14	00:23:27		CF OS AVISENSES
392	485	PAULO SAINICA	M	M2039	114	00:51:14	00:21:55		INDIVIDUAL
393	350	MANUELA GONÇALVES	F	F3544	7	00:51:16	00:23:28		CF OS AVISENSES
394	100	ANTONIO EDUARDO	M	M5559	35	00:51:18	00:23:53		CCDT METRO LX
395	312	CONSTANCIO ALMEIDA	M	M5054	71	00:51:19	00:23:58		GA MONSANTO GASCAN
396	603	JOSE MARIQUITOS	M	M4549	69	00:51:21	00:23:57		INDIVIDUAL
397	177	JOSE MAIA	M	M5054	72	00:51:22	00:22:41		CCD O ALVITEJO
398	512	FABIO MAÇAO	M	M2039	115	00:51:23	00:23:20		INDIVIDUAL
399	11	ANTONIO VALADAS	M	M5559	36	00:51:29	00:22:48	1	C FERROV V NOVAS
400	368	AGOSTINHO PINTO	M	M5054	73	00:51:29	00:22:49		BV MONTEMOR O NOVO
401	529	RUI CALADO	M	M2039	116	00:51:31	00:22:47		PES XUMBO
402	524	DINIS RAMOS	M	M2039	117	00:51:32	00:22:01		OS GARREGUEIRENSES
403	1	JOSE SILVA	M	M4549	70	00:51:33	00:23:02	1	ADRC FERROVIARIOS
404	88	VALDEMAR DAMIAO	M	M6064	15	00:51:37	00:22:45		AA LEBRES SADO
405	411	SIMAO CAPITAO	M	M2039	118	00:51:40	00:25:09		GAU BAJOUCA
406	421	PEDRO BARROSO	M	M2039	119	00:51:40	00:22:59		AM AMOREIRA
407	431	MICHAEL PEDROSA	M	M1819	9	00:51:41	00:25:09		GAU BAJOUCA

408	525	FABIO FERREIRA	M	M1819	10	00:51:43	00:21:01		OS GARREGUEIRENSES
409	492	MARIO B CARVALHO	M	M4549	71	00:51:51	00:22:56		INDIVIDUAL
410	64	VITOR BARRA	M	M4549	72	00:51:54	00:22:42	1	ADC F ENTRONCAMENTO
411	186	JOAQUIM SILVA	M	M5559	37	00:51:57	00:22:04		C VETERANOS ESTRELA
412	319	ANA PIPIO	F	F3544	8	00:52:00	00:23:45		ARC SOCASA
413	129	JOAO VICENTE	M	M2039	120	00:52:01	00:21:50		CLAC ENTRONCAMENTO
414	381	MANUEL PINTO	M	M5559	38	00:52:05	00:24:06		ANGELIC
415	600	LUIS RATO	M	M5054	74	00:52:05	00:22:19		CLUBE STRESS
416	134	PEDRO PINHAO	M	M2039	121	00:52:14	00:24:12		CLAC ENTRONCAMENTO
417	103	CRUZ MARQUES	M	M5559	39	00:52:15	00:24:08		CCDT METRO LX
418	389	EMILIO MIRANDA	M	M4044	62	00:52:16	00:22:44		OS MATRECOS
419	526	VALENTIM NUNES	M	M4549	73	00:52:17	00:22:47		PES XUMBO
420	247	JOAO FRANCO	M	M5559	40	00:52:19	00:23:37		CD ASAS MILENNIUM
421	145	VITOR SILVA	M	M4549	74	00:52:22	00:24:01		CLAC ENTRONCAMENTO
422	3	JOAO DIAS	M	M5559	41	00:52:29	00:24:02	1	ADRC FERROVIARIOS
423	4	JOSE RODRIGUES	M	M5559	42	00:52:29	00:24:02	1	ADRC FERROVIARIOS
424	500	IVO DINIS	M	M4044	63	00:52:29	00:22:08		INDIVIDUAL
425	240	RAUL CARVALHO	M	M5054	75	00:52:32	00:23:17		FALCOES SELVAGENS
426	471	HEITOR CALÇADA	M	M4044	64	00:52:37	00:23:36		INDIVIDUAL
427	405	FERNANDO OLIVEIRA	M	M5054	76	00:52:40	00:24:06		C SARGENTO ARMADA
428	408	PEDRO CABECINHAS	M	M2039	122	00:52:42	00:25:10		GAU BAJOUCA
429	163	ISABEL FERNANDES	F	F4599	5	00:52:45	00:23:29		CCD O ALVITEJO
430	99	ALBERTO MARTINHO	M	M4549	75	00:52:52	00:23:57		CCDT METRO LX
431	187	ANTONIO PEREIRA	M	M4549	76	00:52:52	00:24:03		GD SANTANDER TOTTA
432	77	JOSE CORDEIRO	M	M5559	43	00:52:53	00:23:01		C VETERANOS LIS
433	513	ELOI BATISTA	M	M2039	123	00:53:08	00:23:21		INDIVIDUAL
434	169	CARLOS BEIRAO	M	M6599	9	00:53:18	00:24:01		CCD O ALVITEJO
435	424	FERNANDO A TABOADA	M	M5559	44	00:53:19	00:23:54		C BENFICA ABRANTES
436	455	JOAO LANDEIRO	M	M6064	16	00:53:28	00:23:56		INDIVIDUAL
437	314	ROGERIO MORAIS	M	M4549	77	00:53:31	00:25:08		C FERROV PORTUGAL
438	347	FERNANDO GUIMARAES	M	M2039	124	00:53:36	00:23:51		CF OS AVISENSES
439	283	CARLOS ALFAIATE	M	M5559	45	00:53:39	00:23:52		C BENFICA ABRANTES
440	474	BERNARDO A MOTA	M	M2039	125	00:53:41	00:25:11		INDIVIDUAL
441	557	HELDER SILVA	M	M4044	65	00:53:46	00:23:46		OS MATRECOS
442	477	RAQUEL MADEIRA	F	F2034	6	00:53:52	00:25:10		INDIVIDUAL
443	123	PAULO COELHO	M	M2039	126	00:53:55	00:25:09		CCDT METRO LX
444	125	RAFAEL SANTOS	M	M4044	66	00:53:55	00:25:08		CCDT METRO LX
445	547	FERNANDO VERISSIMO	M	M4549	78	00:53:57	00:25:15		LA VAO ALMEIRIM
446	109	JOAO CUNHA	M	M4549	79	00:54:00	00:24:50		CCDT METRO LX
447	212	NUNO ROMAO	M	M4044	67	00:54:01	00:25:14		GD INE
448	318	JOSE FIGUEIREDO	M	M6599	10	00:54:06	00:24:21		ARC SOCASA
449	444	FERNANDO ALVES	M	M4549	80	00:54:13	00:24:30		SS CGD
450	157	JOSE RUFINO	M	M4549	81	00:54:23	00:24:52		CLAC ENTRONCAMENTO
451	175	ROGERIO FILIPE	M	M5054	77	00:54:28	00:22:50		CCD O ALVITEJO
452	401	JORGE NETO	M	M4044	68	00:54:41	00:23:32		C SARGENTO ARMADA
453	30	MANUEL SIMOES	M	M6064	17	00:54:46	00:23:22	1	C FERROV PORTUGAL
454	463	ALBERTO SOARES	M	M4549	82	00:54:47	00:23:22		INDIVIDUAL
455	448	ILIDIO CORDEIRO	M	M4549	83	00:54:51	00:25:52		C VETERANOS VISEU
456	597	CARLOS TEIXEIRA	M	M5054	78	00:54:55	00:23:34		INDIVIDUAL
457	209	CARLOS PEREIRA	M	M2039	127	00:54:57	00:25:39		GD SANTANDER TOTTA
458	198	ANTONIO CASTRO	M	M4044	69	00:54:58	00:25:40		GD SANTANDER TOTTA
459	277	MANUEL FIDALGO	M	M6064	18	00:55:00	00:24:06		OS SANTARENOS

460	311	ANTONIO REYES	M	M5559	46	00:55:08	00:25:14	GA MONSANTO GASCAN
461	159	HELENA PEREIRA	F	F3544	9	00:55:14	00:24:29	CCD O ALVITEJO
462	489	ANGELO FLOR	M	M5054	79	00:55:25	00:24:58	INDIVIDUAL
463	140	LUIS DOMINGUES	M	M4044	70	00:55:45	00:24:51	CLAC ENTRONCAMENTO
464	231	JOSE M SAPATEIRO	M	M6599	11	00:55:59	00:25:31	CA RIACHENSE
465	61	ORLANDO SILVA	M	M4549	84	00:56:06	00:24:28	1 INDIVIDUAL
466	316	LUIS ANTUNES	M	M4549	85	00:56:10	00:24:03	GA MONSANTO GASCAN
467	245	HELDER HENRIQUES	M	M5054	80	00:56:14	00:25:57	CD ASAS MILENNIUM
468	282	CLAUDIA APARICIO	F	F2034	7	00:56:17	00:25:18	C BENFICA ABRANTES
469	545	ANTONIO JESUS	M	M6599	12	00:56:18	00:25:18	LA VAO ALMEIRIM
470	121	ORLANDO SOUSA	M	M4549	86	00:56:40	00:25:13	CCDT METRO LX
471	114	JOSE PIRES	M	M6599	13	00:56:41	00:25:14	CCDT METRO LX
472	394	ANTONIO PEREIRA	M	M6599	14	00:57:02	00:25:30	GDC BANCO PORTUGAL
473	478	JOSE FREIRE	M	M5559	47	00:57:06	00:26:22	INDIVIDUAL
474	449	JOSE MOÇO	M	M4549	87	00:57:22	00:25:53	C VETERANOS VISEU
475	479	JOAO LOPES	M	M5054	81	00:57:22	00:26:21	INDIVIDUAL
476	579	CARLOS REFORÇO	M	M5559	48	00:57:23	00:26:23	GD DIANA
477	107	FRANCISCO GONÇALVES	M	M4044	71	00:57:25	00:24:38	CCDT METRO LX
478	515	FERNANDO ALLEN	M	M6064	19	00:57:49	00:26:58	INDIVIDUAL
479	85	ANTONIO PINHO	M	M5559	49	00:57:56	00:26:03	AA LEBRES SADO
480	162	ELISABETE AGUAS	F	F4599	6	00:58:00	00:25:42	CCD O ALVITEJO
481	323	SUSAN MOTA	F	F3544	10	00:58:00	00:25:42	ADR AGUAS BELAS
482	599	FREDERICO SOUSA	M	M4549	88	00:58:09	00:25:43	INDIVIDUAL
483	68	RICARDO PINTO	M	M2039	128	00:58:12	00:25:19	E LECLERC
484	65	AURELIEN DIER	M	M2039	129	00:58:19	00:27:13	E LECLERC
485	291	JOAO CALÇADA	M	M4044	72	00:58:21	00:26:40	GDCR ZAMBUJEIRA CALVO
486	386	MANUEL F MACHADO	M	M4549	89	00:58:38	00:25:51	OS MATRECOS
487	23	ARSENIO FACAS	M	M5559	50	00:58:48	00:26:22	1 C FERROV PORTUGAL
488	213	HUMBERTO CORREIA	M	M4549	90	00:58:52	00:27:44	CLUBE AUTOCOOPE
489	108	JOAO CONSTANCIO	M	M6064	20	00:58:54	00:26:44	CCDT METRO LX
490	106	FERNANDO FERNANDES	M	M5559	51	00:59:13	00:26:41	CCDT METRO LX
491	154	JOSE PINHAO	M	M6064	21	00:59:14	00:27:10	CLAC ENTRONCAMENTO
492	188	LUIS SILVA	M	M6599	15	00:59:21	00:26:41	GD SANTANDER TOTTA
493	201	HENRIQUE MARÇAL	M	M5559	52	00:59:22	00:26:18	GD SANTANDER TOTTA
494	281	ANTONIO SILVA	M	M6599	16	00:59:25	00:27:10	OS SANTARENOS
495	310	ANTONIO PARDAL	M	M5054	82	00:59:27	00:27:02	GA MONSANTO GASCAN
496	313	FRANCISCO PINHEIRO	M	M5559	53	00:59:27	00:23:53	GA MONSANTO GASCAN
497	441	VITOR MARTO	M	M5054	83	00:59:46	00:25:58	UFCl TOMAR
498	399	MAGNIFICA ALVAREDO	F	F4599	7	00:59:58	00:26:51	C SARGENTO ARMADA
499	498	FRANCISCO TORRES	M	M5559	54	00:59:58	00:26:51	INDIVIDUAL
500	398	ANA PINTO	F	F4599	8	00:59:59	00:26:51	C SARGENTO ARMADA
501	544	CARLOS CALADO	M	M2039	130	01:00:04	00:27:04	SCAFA
502	184	HERMINIO PINHEIRO	M	M6064	22	01:00:07	00:27:11	C VETERANOS ESTRELA
503	153	JOAO JOAQUIM	M	M6064	23	01:00:15	00:26:47	CLAC ENTRONCAMENTO
504	509	MARCO SILVA	M	M4044	73	01:00:19	00:27:21	INDIVIDUAL
505	164	RUI QUEIXADA	M	M2039	131	01:00:23	00:28:02	CCD O ALVITEJO
506	400	ANTONIO PEREIRA	M	M4549	91	01:00:27	00:00:00	C SARGENTO ARMADA
507	447	MANUEL GRAÇA	M	M6064	24	01:00:39	00:27:00	C VETERANOS VISEU
508	185	JOSE ABREU	M	M5559	55	01:00:42	00:27:11	C VETERANOS ESTRELA
509	208	FABIO DIAS	M	M2039	132	01:00:54	00:26:50	GD SANTANDER TOTTA
510	207	HAMILTON DIAS	M	M2039	133	01:00:57	00:26:50	GD SANTANDER TOTTA
511	541	ANTONIO SILVA	M	M2039	134	01:00:57	00:25:12	SCAFA

512	192	JOSE RIBEIRO	M	M6599	17	01:01:04	00:26:42	GD SANTANDER TOTTA
513	83	NATERCIA CARVALHO	F	F2034	8	01:01:24	00:26:50	C VETERANOS LIS
514	293	JOAQUIM CALÇADA	M	M4549	92	01:01:52	00:28:01	GDCR ZAMBUJEIRA CALVO
515	116	JOSE VALENTE	M	M5054	84	01:02:16	00:27:36	CCDT METRO LX
516	296	JOSE PEREIRA	M	M5054	85	01:02:32	00:27:27	GDCR ZAMBUJEIRA CALVO
517	517	HELDER LUIS	M	M4549	93	01:03:05	00:26:04	INDIVIDUAL
518	229	ALICE CRUZ	F	F4599	9	01:04:09	00:27:44	CA RIACHENSE
519	66	DENIS MATOS	M	M2039	135	01:04:46	00:27:14	E LECLERC
520	168	VITOR RODRIGUES	M	M4044	74	01:04:57	00:28:02	CCD O ALVITEJO
521	508	VITOR M M FERNANDES	M	M5559	56	01:05:00	00:30:28	INDIVIDUAL
522	351	GORETTE CAPUCHO	F	F3544	11	01:05:15	00:28:42	CF OS AVISENSES
523	156	JOSE CANELO	M	M6599	18	01:06:17	00:29:39	CLAC ENTRONCAMENTO
524	329	ROSA RODRIGUES	F	F4599	10	01:06:41	00:29:41	ADCR PAINHO
525	493	EBERHARD WILHELM	M	M6064	25	01:07:23	00:27:47	INDIVIDUAL
526	308	HUGO CAVACO	M	M6599	19	01:08:54	00:29:57	OS CENTAUROS
527	304	FOCK CHIU	F	F4599	11	01:11:06	00:31:47	C MILLENNIUM BCP
528	584	FERNANDO CARDOSO	M	M6599	20	01:13:16	00:33:40	CCD O ALVITEJO
529	202	MARIA GERTRUDES	F	F4599	12	01:13:21	00:31:49	GD SANTANDER TOTTA
530	67	BRUNO MARTINS	M	M2039	136	01:13:36	00:33:04	E LECLERC
531	391	ANA DIONISIO	F	F4599	13	01:14:22	00:31:50	MULTIFLOW