

4ª CORRIDA DOS ADVOGADOS  
CAMINHADA 4 KM  
CORRIDA 8 KM  
PARQUE FLORESTAL DE MONSANTO  
(junto ao Grupo Desportivo do Direito)



6 DE NOVEMBRO DE 2011 | 10h00



Lugar	nº	Atleta	Sx	Fx	FE	Tempo	T.Partida	Percurso	Equipa
1	545	HELDER GROSSO	M	M2039	1	00:26:24	00:26:23	00:13:57	CR LEOES P SALVO
2	466	CARLOS MENDES	M	M4549	1	00:28:33	00:28:33	00:15:08	CR LEOES P SALVO
3	363	JOSE BORGES	M	M2039	2	00:28:46	00:28:45	00:15:03	INDIVIDUAL
4	443	JOAO RODRIGUES	M	M5054	1	00:28:54	00:28:54	00:15:12	CR ALVORADA
5	547	ANTÓNIO VALE	M	M5054	2	00:29:28	00:29:28	00:15:14	CR LEOES P SALVO
6	631	PEDRO SEMEDO	M	M2039	3	00:29:28	00:29:14	00:15:38	CR LEOES P SALVO
7	478	FERNANDO CANDEIAS	M	M4044	1	00:29:56	00:29:55	00:15:30	SS CGD
8	549	PEDRO GOUVEIA	M	M4044	2	00:30:38	00:30:35	00:16:09	CR LEOES P SALVO
9	452	JOSÉ NOBRE	M	M4549	2	00:30:43	00:30:42	00:16:20	SFUAP
10	622	JOAO XAVIER	M	M2039	4	00:30:57	00:30:55	00:16:21	INDIVIDUAL
11	429	LUIS RAFAEL	M	M4044	3	00:31:04	00:30:49	00:16:51	GD SANTANDER TOTTA
12	411	AUGUSTO LOPES	M	M5559	1	00:31:14	00:31:10	00:16:50	GD SANTANDER TOTTA
13	620	RUI HENRIQUES	M	M2039	5	00:31:18	00:31:15	00:16:31	INDIVIDUAL
14	420	JOÃO JESUS	M	M2039	6	00:31:27	00:31:24	00:16:57	GD SANTANDER TOTTA
15	415	ANASTACIO VALADAS	M	M5559	2	00:31:31	00:31:28	00:16:49	GD SANTANDER TOTTA
16	384	TIAGO BASTOS	M	M2039	7	00:31:40	00:31:38	00:16:36	CELFOOD ORISTARS FARELO
17	450	LUCILIA SOARES	F	F3599	1	00:31:40	00:31:38	00:16:36	SL BENFICA
18	392	PEDRO RAMOS	M	M2039	8	00:31:54	00:31:53	00:16:49	C FERROVIARIO PORTUGAL
19	367	JOÃO PASTOR	M	M2039	9	00:31:59	00:31:54	00:17:10	AA MAFRA
20	424	JOSÉ PEREIRA	M	M4044	4	00:32:04	00:32:00	00:17:00	GD SANTANDER TOTTA
21	588	PEDRO C LIMA	M	M4549	3	00:32:05	00:32:04	00:17:07	INDIVIDUAL
22	595	ANTONIO FERNANDES	M	M4549	4	00:32:07	00:32:05	00:17:02	INDIVIDUAL
23	532	ANTÓNIO P LOPES	M	M5054	3	00:32:10	00:32:06	00:16:54	CC ARGANIL
24	465	MANUEL ARAUJO	M	M5054	4	00:32:13	00:32:11	00:17:02	CR LEOES P SALVO
25	400	GERMANO PIRES	M	M5054	5	00:32:27	00:32:25	00:17:19	GDOA
26	383	LUIS FARELO	M	M4549	5	00:32:37	00:32:36	00:16:40	CELFOOD ORISTARS FARELO
27	551	HÉLDER BARROS	M	M2039	10	00:32:50	00:32:48	00:17:29	INDIVIDUAL
28	417	HAMILTON DIAS	M	M2039	11	00:32:59	00:32:54	00:16:58	GD SANTANDER TOTTA
29	541	PEDRO GUEDES	M	M2039	12	00:33:08	00:32:58	00:17:28	INDIVIDUAL
30	543	DIOGO SILVA	M	M2039	13	00:33:13	00:33:06	00:17:53	INDIVIDUAL
31	403	JOSÉ NUNES	M	M4044	5	00:33:22	00:33:20	00:00:00	GDOA
32	476	JOAQUIM BELO	M	M4549	6	00:33:31	00:33:29	00:17:09	INDIVIDUAL
33	358	PEDRO PEREIRA	M	M2039	14	00:33:49	00:33:44	00:17:25	INDIVIDUAL
34	455	PAULO COSTA	M	M4549	7	00:33:52	00:33:48	00:18:12	SFUAP
35	527	GONÇALO CARVALHO	M	M2039	15	00:33:55	00:33:53	00:17:33	INDIVIDUAL
36	344	VALTER MORAIS	M	M2039	16	00:34:02	00:34:01	00:17:28	INDIVIDUAL
37	439	ALEXANDRE DIAS	M	M4044	6	00:34:02	00:34:01	00:17:22	O CELEIRO MEMORIA
38	393	FERNANDO MARQUES	M	M6099	1	00:34:04	00:34:02	00:17:34	CP EDP CARREGADO
39	525	EDUARDO LUÍS	M	M2039	17	00:34:10	00:34:04	00:18:13	ATOMIC TEAM
40	388	GUILHERME GONÇALVES	M	M5054	6	00:34:13	00:34:12	00:17:55	C FERROVIARIO PORTUGAL

41	548	FATIMA SANTOS	F	F3599	2	00:34:17	00:34:14	00:18:04	CR LEOES P SALVO
42	416	FERNANDO CARDOSO	M	M6099	2	00:34:19	00:34:16	00:17:56	GD SANTANDER TOTTA
43	461	LUIS MARTINS	M	M4549	8	00:34:22	00:34:18	00:18:24	INDIVIDUAL
44	556	AUGUSTO SEMEDO	M	M5054	7	00:34:27	00:34:19	00:17:55	CD ASAS MILENIUM
45	472	CARLOS VENÂNCIO	M	M5054	8	00:34:34	00:34:34	00:18:11	INDIVIDUAL
46	560	CELSO GOUVEIA	M	M4044	7	00:34:44	00:34:40	00:18:32	INDIVIDUAL
47	396	FERNANDO LUZ	M	M4044	8	00:34:49	00:34:48	00:18:27	GDCT UNICRE
48	431	MANUEL ROBALO	M	M6099	3	00:34:50	00:34:47	00:18:26	GD SANTANDER TOTTA
49	605	JOSÉ J FRAGA	M	M4044	9	00:34:55	00:34:43	00:18:37	INDIVIDUAL
50	524	VICTOR PINTO	M	M4549	9	00:35:17	00:35:06	00:18:48	ATOMIC TEAM
51	520	GONÇALO SANTOS	M	M2039	18	00:35:31	00:35:21	00:18:26	INDIVIDUAL
52	602	ANTÓNIO FIGUEIREDO	M	M2039	19	00:35:32	00:35:28	00:18:35	FAMILIA FIGUEIREDO
53	394	EDUARDO RIBEIRO	M	M4044	10	00:35:33	00:35:32	00:18:42	GDCT UNICRE
54	463	CARLOS SOUSA	M	M5054	9	00:35:42	00:35:40	00:18:39	INDIVIDUAL
55	515	MARIO LINO	M	M4549	10	00:35:54	00:35:46	00:18:56	INDIVIDUAL
56	397	GONÇALO OLIVEIRA	M	M4549	11	00:35:55	00:35:54	00:18:29	GDCT UNICRE
57	401	JOAQUIM VARANDA	M	M4549	12	00:35:59	00:35:55	00:19:03	GDOA
58	628	ROSA CARITA	F	F3599	3	00:36:00	00:35:57	00:18:59	CR LEOES P SALVO
59	613	ARLINDO BRÁS	M	M4549	13	00:36:03	00:36:03	00:18:28	AMIGOS ESTRELA
60	374	ANTÓNIO ALMEIDA	M	M4549	14	00:36:04	00:35:56	00:19:44	CLUBE AUTOCOOPE
61	536	PEDRO SOUSA	M	M5559	3	00:36:09	00:36:02	00:18:55	INDIVIDUAL
62	591	PAULO LOPES	M	M2039	20	00:36:29	00:36:25	00:19:02	INDIVIDUAL
63	598	RICARDO FRANCO	M	M2039	21	00:36:31	00:36:27	00:18:16	INDIVIDUAL
64	596	NUNO MARTINS	M	M2039	22	00:36:41	00:36:32	00:19:50	INDIVIDUAL
65	368	RUTE MATOS	F	F3599	4	00:36:47	00:36:33	00:19:43	ALMEDINA
66	336	LUÍS AMORIM	M	M5054	10	00:36:57	00:36:50	00:19:09	NA BEIERSDORF
67	555	MIGUEL LOPES	M	M2039	23	00:36:59	00:36:51	00:19:33	CD ASAS MILENIUM
68	379	JUVENAL MOREIRA	M	M4549	15	00:37:14	00:37:05	00:19:45	CLUBE AUTOCOOPE
69	490	HENRIQUE BELMAR DA C	M	M5054	11	00:37:23	00:37:22	00:19:32	INDIVIDUAL
70	453	MARIO ALVES	M	M5559	4	00:37:31	00:37:26	00:19:31	SFUAP
71	375	CARLOS FERREIRA	M	M5054	12	00:37:34	00:37:33	00:19:45	CLUBE AUTOCOOPE
72	621	IDALECIO BARROS	M	M5559	5	00:37:35	00:37:34	00:19:23	INDIVIDUAL
73	338	SILVINO MARTINS	M	M6099	4	00:37:38	00:37:35	00:19:51	NA PALACIO JUSTIÇA
74	419	JOÃO ROCHA	M	M6099	5	00:37:39	00:37:37	00:20:09	GD SANTANDER TOTTA
75	608	FILIPE SANTOS	M	M2039	24	00:37:44	00:37:34	00:20:23	TROLEMOM
76	343	TOMÁS PINA	M	M4044	11	00:37:45	00:37:42	00:19:49	INDIVIDUAL
77	573	JOSÉ L CAETANO	M	M5559	6	00:37:45	00:37:35	00:19:50	C COLAB AXA
78	474	JOÃO REIS	M	M6099	6	00:37:46	00:37:43	00:19:47	INDIVIDUAL
79	597	LUIS XAVIER	M	M2039	25	00:38:00	00:37:59	00:21:46	INDIVIDUAL
80	558	ANIBAL SIMOES	M	M4044	12	00:38:10	00:37:58	00:20:55	INDIVIDUAL
81	579	RICARDO SOUSA	M	M2039	26	00:38:10	00:38:06	00:19:47	INDIVIDUAL
82	479	MANUEL PEREIRA	M	M5559	7	00:38:12	00:37:59	00:20:25	INDIVIDUAL
83	583	RUI MACHADO	M	M5054	13	00:38:13	00:38:03	00:20:43	INDIVIDUAL
84	365	NUNO SILVA	M	M4044	13	00:38:22	00:38:12	00:19:53	INDIVIDUAL
85	618	MANUEL A MAGALHÃES	M	M4549	16	00:38:22	00:38:11	00:20:19	INDIVIDUAL
86	355	ODETE FIÚZA	F	F3599	5	00:38:27	00:38:21	00:20:17	INDIVIDUAL
87	359	PEDRO MEIRELES	M	M4044	14	00:38:27	00:38:20	00:20:16	INDIVIDUAL
88	459	ANTÓNIO NOBRE	M	M4044	15	00:38:27	00:38:23	00:20:25	INDIVIDUAL
89	410	ANTÓNIO FERREIRA	M	M4044	16	00:38:28	00:38:24	00:20:25	GD SANTANDER TOTTA
90	625	VITOR ANTUNES	M	M5559	8	00:38:33	00:38:21	00:20:36	INDIVIDUAL
91	451	ABEL CARVALHO	M	M5559	9	00:38:34	00:38:29	00:20:34	INDIVIDUAL
92	559	LUIS SANTOS	M	M4044	17	00:38:34	00:38:18	00:21:10	INDIVIDUAL

93	517	MÁRIO J SILVA	M	M5054	14	00:38:36	00:38:31	00:20:54	GEORUNNERS
94	562	MIGUEL T SOUSA	M	M2039	27	00:38:37	00:38:26	00:22:43	C COLAB AXA
95	529	RAFAEL FERNANDES	M	M2039	28	00:38:45	00:38:33	00:20:42	ATOMIC TEAM
96	481	MARIA VENÂNCIO	F	F3599	6	00:38:48	00:38:43	00:20:22	INDIVIDUAL
97	477	JOSÉ NASCIMENTO	M	M4549	17	00:38:58	00:38:36	00:21:06	INDIVIDUAL
98	537	JOSÉ NEVES	M	M5559	10	00:38:59	00:38:55	00:20:40	OS INDOMAVEIS
99	614	SOBRAL SOUSA	M	M6099	7	00:39:05	00:38:58	00:20:29	AC - ACTIVO CRIATIVO
100	482	ADRIANO CUNHA	M	M5559	11	00:39:09	00:39:01	00:20:41	INDIVIDUAL
101	467	VITOR TEIXEIRA	M	M5054	15	00:39:14	00:39:02	00:21:07	INDIVIDUAL
102	469	AMÉRICO CARVALHO	M	M2039	29	00:39:16	00:39:16	00:20:47	INDIVIDUAL
103	402	JOSÉ ANDRADE	M	M4549	18	00:39:18	00:39:15	00:20:10	GDOA
104	569	JOSÉ G VALENTIM	M	M4044	18	00:39:25	00:39:13	00:20:53	C COLAB AXA
105	488	GIL FERREIRA	M	M2039	30	00:39:26	00:39:16	00:21:40	INDIVIDUAL
106	376	JOÃO CALDAS	M	M4549	19	00:39:29	00:39:25	00:20:38	CLUBE AUTOCOOPE
107	632	ELISIO COSTA	M	M5559	12	00:39:33	00:39:23	00:21:17	INDIVIDUAL
108	351	NOÉMIA MONTEIRO	F	F3599	7	00:39:37	00:39:33	00:20:27	INDIVIDUAL
109	398	PAULO DUARTE	M	M4549	20	00:39:38	00:39:38	00:21:27	GDCT UNICRE
110	387	FERNANDO PESTANA	M	M6099	8	00:39:41	00:39:40	00:20:15	C FERROVIARIO PORTUGAL
111	399	PAULO FRANÇA	M	M4549	21	00:39:53	00:39:52	00:21:27	GDCT UNICRE
112	511	JOSE V COELHO	M	M4044	19	00:39:53	00:39:44	00:20:45	BERI BERI ASFALTO
113	350	MIGUEL ALVES	M	M2039	31	00:40:00	00:39:52	00:20:52	INDIVIDUAL
114	626	ORLANDO FERREIRA	M	M2039	32	00:40:02	00:39:56	00:20:55	GD CIMPOR
115	378	JOSÉ DIAS	M	M5054	16	00:40:09	00:40:04	00:20:38	CLUBE AUTOCOOPE
116	589	FRANCISCO VAZ	M	M4044	20	00:40:13	00:40:03	00:21:15	FRUFRESH RUNNERS
117	590	PAULA PENEDO	F	F2034	1	00:40:13	00:40:03	00:21:16	FRUFRESH RUNNERS
118	487	FRANCISCO RAMOS	M	M4044	21	00:40:14	00:40:11	00:20:50	INDIVIDUAL
119	570	FERNANDO J MATIAS	M	M5559	13	00:40:17	00:40:07	00:21:45	C COLAB AXA
120	460	JORGE ALMEIDA	M	M6099	9	00:40:19	00:40:15	00:21:04	CAA BELEM
121	594	PAULO M C FONSECA	M	M4044	22	00:40:20	00:40:11	00:21:51	INDIVIDUAL
122	531	FERNANDO NUNES	M	M2039	33	00:40:26	00:40:16	00:21:21	INDIVIDUAL
123	581	PAULO FERREIRA	M	M2039	34	00:40:30	00:40:15	00:21:32	PAPA MILHAS
124	552	PAULO J S CAETANO	M	M4044	23	00:40:38	00:40:22	00:22:22	C MILLENNIUM BCP
125	337	VICENTE DIAS	M	M5559	14	00:40:39	00:40:32	00:21:02	NA BEIERSDORF
126	612	PEDRO DUARTE	M	M2039	35	00:40:48	00:40:48	00:23:03	AMIGOS ESTRELA
127	371	FRANCISCO PRATES	M	M6099	10	00:40:51	00:40:47	00:20:57	AA LEBRES SADO
128	372	MARCOS FERREIRA	M	M6099	11	00:40:51	00:40:48	00:20:56	AA LEBRES SADO
129	441	GILBERTO GONÇALVES	M	M6099	12	00:40:56	00:40:47	00:21:38	CR ALVORADA
130	407	LUIS COUTO	M	M4044	24	00:40:58	00:40:53	00:21:50	GD SANTANDER TOTTA
131	585	PAULO CRUZ	M	M5054	17	00:40:58	00:40:51	00:21:43	INDIVIDUAL
132	405	NUNO SILVA	M	M5559	15	00:40:59	00:40:53	00:21:19	GD INE
133	449	TIAGO FERNANDES	M	M2039	36	00:41:04	00:40:55	00:20:44	INDIVIDUAL
134	630	ANTONIO BAÇO	M	M4044	25	00:41:17	00:41:10	00:21:00	INDIVIDUAL
135	391	NEVES SILVA	M	M5559	16	00:41:20	00:41:18	00:21:07	C FERROVIARIO PORTUGAL
136	512	CARLOS ASSIS	M	M2039	37	00:41:24	00:41:15	00:22:08	BERI BERI ASFALTO
137	435	CARLOS TEIXEIRA	M	M5054	18	00:41:25	00:41:19	00:21:27	LEBRES TARTARUGAS
138	530	CARLOS CASTRO	M	M2039	38	00:41:26	00:41:15	00:21:59	ATOMIC TEAM
139	577	CARLOS CORREIA	M	M2039	39	00:41:30	00:41:24	00:21:48	GE OS ECONOMICOS
140	468	ALBERTO SOARES	M	M4549	22	00:41:37	00:41:16	00:21:52	INDIVIDUAL
141	462	CARLOS GONÇALVES	M	M5054	19	00:41:42	00:41:39	00:21:31	INDIVIDUAL
142	473	FERNANDO LEAO	M	M4044	26	00:41:43	00:41:35	00:21:56	INDIVIDUAL
143	535	JOÃO DOMINGOS	M	M2039	40	00:41:45	00:41:29	00:21:45	INDIVIDUAL
144	538	CARLOS NEVES	M	M2039	41	00:41:54	00:41:48	00:21:24	OS INDOMAVEIS

145	507	RAUL COSTA	M	M5054	20	00:42:00	00:41:52	00:21:35	CLUBE ROBBIALAC
146	434	SALVADOR AFONSO	M	M5559	17	00:42:02	00:41:47	00:22:50	GD SANTANDER TOTTA
147	604	JOSÉ C PATINHA	M	M4044	27	00:42:07	00:41:52	00:23:22	LACHEGAREMOS
148	497	CARLOS PINTO DE ABREU	M	M4044	28	00:42:11	00:42:00	00:22:02	INDIVIDUAL
149	408	ANTÓNIO CASTRO	M	M4044	29	00:42:14	00:41:58	00:24:40	GD SANTANDER TOTTA
150	584	JOÃO S MENDES	M	M4549	23	00:42:23	00:42:09	00:22:21	INDIVIDUAL
151	445	RITA MONTALVÃO	F	F3599	8	00:42:26	00:42:20	00:22:20	INDIVIDUAL
152	610	VITOR DUARTE	M	M4044	30	00:42:31	00:42:29	00:21:44	AMIGOS ESTRELA
153	509	HENRIQUE VILHENA	M	M5559	18	00:42:33	00:42:22	00:23:36	INDIVIDUAL
154	475	JOÃO MADEIRA	M	M2039	42	00:42:42	00:42:34	00:22:05	INDIVIDUAL
155	423	JOSÉ RIBEIRO	M	M6099	13	00:42:50	00:42:35	00:23:05	GD SANTANDER TOTTA
156	418	HENRIQUE MARÇAL	M	M5559	19	00:42:53	00:42:45	00:22:54	GD SANTANDER TOTTA
157	422	JOSÉ MARÇAL	M	M5054	21	00:42:53	00:42:46	00:22:55	GD SANTANDER TOTTA
158	499	GUILHERME CORREIA	M	M2039	43	00:43:01	00:42:58	00:23:40	INDIVIDUAL
159	334	VASCO ALPALHÃO	M	M4044	31	00:43:02	00:42:42	00:22:54	ALPALHAO
160	483	ANA PEREIRA	F	F2034	2	00:43:03	00:42:54	00:22:46	INDIVIDUAL
161	406	ANTÓNIO PEREIRA	M	M4549	24	00:43:05	00:42:50	00:24:39	GD SANTANDER TOTTA
162	619	RODRIGO A REIS	M	M2039	44	00:43:06	00:42:47	00:23:30	INDIVIDUAL
163	546	MANUELA ANTON	F	F3599	9	00:43:07	00:43:04	00:22:49	CR LEOES P SALVO
164	470	ANTÓNIO INÁCIO	M	M6099	14	00:43:08	00:42:55	00:22:41	INDIVIDUAL
165	380	LUIS CARÇÃO	M	M4044	32	00:43:10	00:42:55	00:23:15	CLUBE AUTOCOOPE
166	436	FREDERICO A SOUSA	M	M4549	25	00:43:13	00:43:07	00:22:26	LEBRES TARTARUGAS
167	448	RICARDO RODRIGUES	M	M2039	45	00:43:15	00:43:07	00:22:28	SS CGD
168	447	FRANCISCO CLÉRIGO	M	M5559	20	00:43:16	00:43:08	00:22:38	SS CGD
169	489	GUALDINO MARTINS	M	M6099	15	00:43:17	00:43:06	00:22:33	INDIVIDUAL
170	381	PEDRO SEQUEIRA	M	M2039	46	00:43:20	00:43:03	00:23:14	CLUBE AUTOCOOPE
171	446	ALBERTINO SEMEDO	M	M5054	22	00:43:21	00:43:13	00:22:39	SS CGD
172	413	CARLOS PEREIRA	M	M4044	33	00:43:25	00:43:09	00:24:40	GD SANTANDER TOTTA
173	356	PAULA MACHADO	F	F3599	10	00:43:30	00:43:24	00:22:34	INDIVIDUAL
174	502	JOÃO P S LIMA	M	M5054	23	00:43:33	00:43:24	00:22:58	4 AO KM
175	485	DORINDO FERREIRA	M	M6099	16	00:43:34	00:43:22	00:22:19	INDIVIDUAL
176	557	ANTÓNIO MARQUES	M	M6099	17	00:43:42	00:43:31	00:22:43	CD ASAS MILENIUM
177	572	ANA P M MATIAS	F	F3599	11	00:43:43	00:43:33	00:22:44	C COLAB AXA
178	458	ANTÓNIO MORGADO	M	M5054	24	00:43:44	00:43:41	00:22:16	INDIVIDUAL
179	373	AMÉRICO COSTA	M	M5559	21	00:44:06	00:44:06	00:21:05	CLUBE AUTOCOOPE
180	503	SANDRA S S MARTINS	F	F2034	3	00:44:07	00:43:58	00:22:58	4 AO KM
181	587	IVAN GUERRA	M	M2039	47	00:44:12	00:44:04	00:21:13	INDIVIDUAL
182	627	RICARDO CAPELO	M	M5054	25	00:44:12	00:43:45	00:23:48	GD CIMPOR
183	601	FILIPE MESTRE	M	M2039	48	00:44:19	00:44:07	00:22:46	INDIVIDUAL
184	385	ROGÉRIO PINA	M	M5559	22	00:44:26	00:44:20	00:23:01	CLUBE ANACOM
185	615	JOSE GOMES	M	M6099	18	00:44:29	00:44:18	00:23:11	AC - ACTIVO CRIATIVO
186	609	FERNANDO MATIAS	M	M4549	26	00:44:35	00:44:33	00:22:48	AMIGOS ESTRELA
187	516	JOSÉ M SIMÕES	M	M5559	23	00:44:46	00:44:41	00:23:00	GEORUNNERS
188	421	JOSÉ SIMÕES	M	M6099	19	00:44:52	00:44:36	00:23:28	GD SANTANDER TOTTA
189	404	ANTÓNIO PORTUGAL	M	M4549	27	00:44:57	00:44:52	00:20:59	GD INE
190	554	LUCIA ROBLA	F	F2034	4	00:44:59	00:44:54	00:22:58	INDIVIDUAL
191	414	DINIS SOUSA	M	M6099	20	00:45:06	00:44:48	00:24:48	GD SANTANDER TOTTA
192	427	LÍDIA LOPES	F	F3599	12	00:45:06	00:44:49	00:24:49	GD SANTANDER TOTTA
193	425	JOSÉ MONTEIRO	M	M6099	21	00:45:08	00:45:07	00:23:12	GD SANTANDER TOTTA
194	501	CELIA NUNO	F	F3599	13	00:45:15	00:45:02	00:23:56	INDIVIDUAL
195	345	LEONIA CEBAN	F	F3599	14	00:45:23	00:45:16	00:23:48	INDIVIDUAL
196	486	FERNANDO RODRIGUES	M	M6099	22	00:45:42	00:45:36	00:24:11	INDIVIDUAL

197	389	MARTINS BARATA	M	M6099	23	00:45:43	00:45:37	00:22:57	C FERROVIARIO PORTUGAL
198	592	NUNO PERALTA	M	M2039	49	00:45:43	00:45:37	00:23:35	INDIVIDUAL
199	342	TIAGO RAMOS	M	M2039	50	00:45:58	00:45:41	00:23:39	INDIVIDUAL
200	412	CARLOS TEIXEIRA	M	M2039	51	00:45:59	00:45:49	00:25:46	GD SANTANDER TOTTA
201	456	ANTONIO BARATA	M	M5559	24	00:46:09	00:45:55	00:24:44	INDIVIDUAL
202	409	FÁBIO DIAS	M	M4044	34	00:46:10	00:46:05	00:23:44	GD SANTANDER TOTTA
203	442	MARCO CRUZ	M	M2039	52	00:46:32	00:46:27	00:24:16	CR ALVORADA
204	357	PEDRO FERREIRA	M	M2039	53	00:46:35	00:46:21	00:23:32	INDIVIDUAL
205	629	FERNANDO LUCAS	M	M5559	25	00:46:44	00:46:40	00:23:47	CR LEOES P SALVO
206	471	ANTÓNIO SILVA	M	M6099	24	00:47:02	00:46:46	00:25:45	INDIVIDUAL
207	500	JOSE P S PINTO	M	M2039	54	00:47:06	00:46:53	00:23:39	INDIVIDUAL
208	464	CRISTINA CUNHA	F	F3599	15	00:47:09	00:47:07	00:24:02	INDIVIDUAL
209	430	LUÍS SILVA	M	M6099	25	00:47:10	00:46:54	00:24:43	GD SANTANDER TOTTA
210	353	NUNO GONÇALVES	M	M5559	26	00:47:13	00:47:03	00:23:58	INDIVIDUAL
211	340	MIGUEL ALMEIDA	M	M2039	55	00:47:43	00:47:30	00:24:20	INDIVIDUAL
212	428	LÚCIO SILVA	M	M4549	28	00:47:46	00:47:34	00:25:29	GD SANTANDER TOTTA
213	390	MIGUEL BARATA	M	M2039	56	00:47:47	00:47:40	00:23:46	C FERROVIARIO PORTUGAL
214	361	RUI FERREIRA	M	M4044	35	00:47:52	00:47:38	00:24:33	INDIVIDUAL
215	599	ANELIDE PEREIRA	M	M2039	57	00:48:12	00:48:08	00:25:26	INDIVIDUAL
216	544	HELENA DURÃO	F	F3599	16	00:48:24	00:47:38	00:25:58	INDIVIDUAL
217	617	JACINTO GODINHO	M	M4549	29	00:48:41	00:48:28	00:24:38	GODINHO
218	438	JOÃO CARVALHO	M	M6099	26	00:48:42	00:48:36	00:25:11	LEOES PATAMEIRAS
219	386	CARLOS ALVES	M	M5054	26	00:48:54	00:48:37	00:26:23	C FERROVIARIO PORTUGAL
220	506	ANTONIO CASAS NOVAS	M	M2039	58	00:48:58	00:48:45	00:24:36	INDIVIDUAL
221	534	ROSA VASCONCELOS	F	F3599	17	00:49:07	00:48:20	00:25:59	INDIVIDUAL
222	362	CARLOS PEREIRA	M	M6099	27	00:49:09	00:49:02	00:25:49	INDIVIDUAL
223	349	MÁRIO RIBEIRO	M	M2039	59	00:49:10	00:49:01	00:25:49	INDIVIDUAL
224	607	DANIEL GONÇALVES	M	M5559	27	00:49:28	00:49:18	00:26:36	TROLEMOM
225	426	LARA VELOSO	F	F3599	18	00:49:32	00:49:27	00:25:44	GD SANTANDER TOTTA
226	454	PAULA COSTA	F	F3599	19	00:49:32	00:49:27	00:25:50	SFUAP
227	533	JORGE NARCISO	M	M5054	27	00:50:42	00:50:26	00:26:10	CC ARGANIL
228	624	CRISTINA LOPES	F	F2034	5	00:50:51	00:50:35	00:26:02	INDIVIDUAL
229	623	LUIS GUERREIRO	M	M2039	60	00:50:52	00:50:35	00:26:02	INDIVIDUAL
230	586	SARA GOMES	F	F2034	6	00:50:54	00:50:45	00:26:33	INDIVIDUAL
231	432	MARIA GERTRUDES	F	F3599	20	00:50:57	00:50:51	00:26:32	GD SANTANDER TOTTA
232	480	MARCOS MADEIRA	M	M2039	61	00:51:15	00:51:07	00:26:11	INDIVIDUAL
233	444	ANDRÉ SIMÕES	M	M2039	62	00:51:52	00:51:45	00:27:25	INDIVIDUAL
234	433	PAULA SAPINA	F	F3599	21	00:52:00	00:51:48	00:27:27	GD SANTANDER TOTTA
235	492	JOÃO FIGUEIRA	M	M2039	63	00:52:09	00:51:51	00:27:13	INDIVIDUAL
236	611	JOSE RAFAEL	M	M2039	64	00:53:48	00:53:46	00:27:48	AMIGOS ESTRELA
237	574	LUIS P CRISTÃO	M	M2039	65	00:54:14	00:54:03	00:27:59	C COLAB AXA
238	505	MÁRIO BORGES	M	M5054	28	00:54:27	00:54:19	00:27:48	CLUBE ROBBIALAC
239	369	ANA ALPALHÃO	F	F3599	22	00:54:48	00:54:33	00:28:32	ALPALHAO
240	377	ANA SAO BENTO	F	F3599	23	00:55:31	00:55:27	00:28:12	CLUBE AUTOCOOPE
241	366	ANA MENDES	F	F3599	24	00:55:56	00:55:41	00:28:36	INDIVIDUAL
242	508	ANTÓNIO F R MARQUES	M	M6099	28	00:55:57	00:55:52	00:28:01	INDIVIDUAL
243	437	ANTÓNIO FERNANDES	M	M6099	29	00:57:43	00:57:38	00:28:14	LEOES PATAMEIRAS
244	564	LUIZ C PRASSER	M	M4549	30	00:58:03	00:57:51	00:28:37	C COLAB AXA
245	603	FÁBIO A S RIBEIRO	M	M2039	66	00:58:03	00:57:48	00:27:22	LACHEGAREMOS
246	571	LUIS M BRAGA	M	M4044	36	00:58:04	00:57:52	00:28:39	C COLAB AXA
247	484	BENTO FERREIRA	M	M6099	30	00:58:36	00:58:23	00:28:42	INDIVIDUAL