



| Class. Atleta | 5 km | Tempo | T. Chip | Clube | Escação |
|------------------------------|-------------|--------------|----------------|--|----------------|
| 1 Sérgio Dias | 00:15:56 | 00:29:04 | 00:29:03 | Maratona Clube de Portugal | Senior |
| 2 António Sousa | 00:16:10 | 00:30:19 | 00:30:18 | GARMIN Olimpico de Oeiras | Veterano 1 |
| 3 Filipe Januário | 00:17:18 | 00:31:28 | 00:31:24 | Clube ANA Lisboa | Senior |
| 4 Augusto Pires | 00:17:11 | 00:31:29 | 00:31:27 | maduro athletics associação desportiva | Senior |
| 5 David Inácio | 00:17:24 | 00:31:36 | 00:31:31 | | Senior |
| 6 Mário Cassaca | 00:17:21 | 00:31:43 | 00:31:41 | GARMIN Olimpico de Oeiras | Senior |
| 7 Pedro Silva | 00:17:16 | 00:31:53 | 00:31:52 | | Senior |
| 8 Ricardo Mestre | 00:17:30 | 00:31:54 | 00:31:49 | Grupo Desportivo Carris | Veterano 1 |
| 9 Jorge Alves | 00:17:11 | 00:31:58 | 00:31:57 | | Senior |
| 10 Ricardo Pereira | 00:17:31 | 00:32:20 | 00:32:17 | Mirantense Futebol Clube | Senior |
| 11 André Oliveira Dos Santos | 00:17:33 | 00:32:36 | 00:32:32 | | Senior |
| 12 Pedro Gomes | 00:17:32 | 00:32:59 | 00:32:57 | boavista do pico açores | Senior |
| 13 Jorge Santos | 00:18:14 | 00:32:59 | 00:32:56 | maduro athletics associação desportiva | Senior |
| 14 Jose Cardoso | 00:18:06 | 00:33:45 | 00:33:43 | GDOA | Veterano 1 |
| 15 Manuel Mascarenhas | 00:18:23 | 00:33:47 | 00:33:44 | | Senior |
| 16 André Januário | 00:18:17 | 00:33:49 | 00:33:42 | Clube ANA Lisboa | Senior |
| 17 Paulo Hermezilha | 00:18:14 | 00:33:59 | 00:33:55 | Mirantense Futebol Clube | Senior |
| 18 Pedro Da Silva | 00:18:23 | 00:34:13 | 00:34:10 | | Veterano 1 |
| 19 Armando Monteiro | 00:19:02 | 00:34:13 | 00:33:38 | FSG Collonge-Bellerive | Senior |
| 20 Nuno Felicio | 00:18:42 | 00:34:26 | 00:34:24 | | Senior |
| 21 Germano Ferreira Da Silva | 00:18:50 | 00:34:48 | 00:34:46 | | Veterano 3 |
| 22 Nuno Rocha | 00:18:50 | 00:34:52 | 00:34:40 | Grupo Recreativo Cultural e Desportivo de Leiã | Senior |
| 23 José Santos | 00:18:46 | 00:35:02 | 00:35:00 | Açoreana Clube Banif | Veterano 3 |
| 24 Tiago Rafael Pais Leal | 00:18:56 | 00:35:03 | 00:34:34 | | Senior |
| 25 Pedro Cardoso | 00:19:06 | 00:35:13 | 00:35:08 | | Veterano 1 |
| 26 Milton Silva | 00:19:10 | 00:35:15 | 00:35:12 | | Senior |
| 27 João Daniel Ferreira | 00:18:57 | 00:35:28 | 00:35:24 | | Senior |
| 28 Ricardo Silva | 00:18:49 | 00:35:35 | 00:35:32 | Link | Senior |
| 29 Joana Marques | 00:19:11 | 00:35:39 | 00:35:37 | GARMIN Olimpico de Oeiras | Senior |
| 30 Luis Paulo | 00:19:09 | 00:35:42 | 00:35:40 | Bahia | Veterano 2 |
| 31 Nuno Vasconcelos | 00:19:41 | 00:35:45 | 00:35:41 | ThunderRunners | Senior |
| 32 Manuel De Figueiredo | 00:19:16 | 00:35:54 | 00:35:51 | Grupo Excursionista Os Economicos | Veterano 3 |
| 33 João Prisal | 00:19:07 | 00:36:05 | 00:35:54 | Rail Runners | Senior |
| 34 Joaquim Alves | 00:19:32 | 00:36:23 | 00:36:21 | | Veterano 4 |
| 35 António Piedade | 00:20:12 | 00:36:30 | 00:36:15 | Grupo Desportivo Carris | Veterano 1 |
| 36 Bruno Brito | 00:19:54 | 00:36:32 | 00:36:29 | | Senior |
| 37 Catarina João Ferreira | 00:19:45 | 00:36:33 | 00:36:31 | | Senior |



CLASSIFICAÇÕES



| Class. Atleta | 5 km | Tempo | T. Chip | Clube | Escação |
|---|-------------|--------------|----------------|------------------------------------|----------------|
| 38 Cesario Morgado | 00:19:17 | 00:36:33 | 00:36:31 | | Senior |
| 39 Carlos Garcez | 00:19:44 | 00:36:35 | 00:36:24 | Gafanho Sport Clube | Veterano 2 |
| 40 Francisco Ascensão Azevedo | 00:20:01 | 00:36:38 | 00:36:36 | | Veterano 1 |
| 41 Leandro Reis | 00:20:26 | 00:36:44 | 00:36:42 | | Veterano 1 |
| 42 Paulo Alves | 00:19:57 | 00:36:49 | 00:36:41 | GD Imprensa Nacional Casa da Moeda | Senior |
| 43 Carlos Pedro | 00:19:52 | 00:36:55 | 00:36:53 | clube oriental lisboa | Veterano 1 |
| 44 Nuno Manuel S. F. Alves | 00:20:05 | 00:36:56 | 00:36:43 | | Senior |
| 45 Luis Filipe Valente | 00:19:52 | 00:36:57 | 00:36:55 | | Senior |
| 46 Katarina Larsson | 00:19:52 | 00:36:58 | 00:36:56 | NucleOeiras | Senior |
| 47 Pedro Miguel Paiva Monteiro | 00:20:22 | 00:37:00 | 00:36:40 | | Senior |
| 48 Miguel Oliveira | 00:19:54 | 00:37:15 | 00:37:00 | Rail Runners | Senior |
| 49 Alexandre Teixeira | 00:20:22 | 00:37:22 | 00:37:19 | | Veterano 2 |
| 50 Tiago Bastos | 00:19:41 | 00:37:24 | 00:37:19 | oristars cellfood farelo | Senior |
| 51 Edgar Martinho | 00:20:19 | 00:37:24 | 00:36:51 | | Senior |
| 52 Carlos Reis | 00:19:47 | 00:37:26 | 00:37:19 | clube oriental lisboa | Veterano 1 |
| 53 Daniel Pereira | 00:11:31 | 00:37:30 | 00:22:45 | | Senior |
| 54 Patricia Gonçalves | 00:20:29 | 00:37:31 | 00:37:19 | Clube do Stress | Veterana |
| 55 Fábio Manuel Vital Pratas | 00:20:13 | 00:37:32 | 00:37:17 | | Senior |
| 56 Pedro Ramos | 00:20:23 | 00:37:39 | 00:37:37 | Clube Ferroviário Portugal | Senior |
| 57 Luis Farelo | 00:20:08 | 00:37:41 | 00:37:36 | oristars cellfood farelo | Veterano 2 |
| 58 Jefferson Freitas Borges | 00:20:22 | 00:37:43 | 00:37:37 | | Junior |
| 59 Miguel Truninger Sousa | 00:20:42 | 00:37:43 | 00:37:20 | Clube Colaboradores AXA | Senior |
| 60 Hernani De Jesus Fernandes | 00:20:12 | 00:37:45 | 00:37:33 | | Veterano 1 |
| 61 Carlos Caetano | 00:20:23 | 00:37:48 | 00:37:45 | | Senior |
| 62 José Barrinha | 00:20:21 | 00:37:51 | 00:37:46 | | Veterano 1 |
| 63 Ricardo Silva | 00:21:06 | 00:37:52 | 00:37:49 | | Junior |
| 64 João Xavier | 00:20:15 | 00:37:55 | 00:37:43 | Grupo de Atletismo «OS PATRICIOS» | Senior |
| 65 Jose Manuel Vaz Lopes | 00:20:55 | 00:37:57 | 00:37:50 | | Veterano 2 |
| 66 José Oliveira | 00:20:22 | 00:38:00 | 00:37:56 | oristars cellfood farelo | Veterano 1 |
| 67 Raul Quaresma | 00:20:46 | 00:38:06 | 00:37:52 | | Senior |
| 68 António Bicho | 00:20:46 | 00:38:08 | 00:38:00 | | Senior |
| 69 Maria Jose Frias | 00:20:51 | 00:38:09 | 00:38:08 | Amigos Atletismo Mafra | Veterana |
| 70 João Eduardo Da Silva Domingues Mend | 00:20:24 | 00:38:09 | 00:38:05 | | Senior |
| 71 Artur Jorge Moura Tavares | 00:20:31 | 00:38:10 | 00:38:07 | | Veterano 2 |
| 72 Mário Santos | 00:20:40 | 00:38:11 | 00:37:58 | SOBRALPISO | Senior |
| 73 José A. Moreira Sousa | 00:20:41 | 00:38:17 | 00:38:13 | | Veterano 2 |
| 74 Miguel Rocha | 00:20:32 | 00:38:17 | 00:38:06 | | Veterano 1 |



| Class. Atleta | 5 km | Tempo | T. Chip | Clube | Escação |
|---------------------------------------|-------------|--------------|----------------|--|----------------|
| 75 Vicente Rocha | 00:21:05 | 00:38:22 | 00:38:07 | Clube ANACOM | Senior |
| 76 Paulo Brito | 00:20:55 | 00:38:24 | 00:38:19 | J.O.M.A. | Veterano 1 |
| 77 Pedro Silva | 00:21:06 | 00:38:25 | 00:38:21 | | Junior |
| 78 Luis Miguel Sales | 00:20:46 | 00:38:25 | 00:38:18 | | Senior |
| 79 Lino Santos | 00:20:45 | 00:38:26 | 00:38:19 | Grupo Desportivo Carris | Veterano 2 |
| 80 João Frias | 00:20:52 | 00:38:26 | 00:38:25 | Amigos Atletismo Mafra | Veterano 1 |
| 81 Paulo Alves | 00:21:10 | 00:38:33 | 00:38:26 | | Veterano 3 |
| 82 Pedro Costa Lima | 00:21:04 | 00:38:34 | 00:38:32 | | Veterano 2 |
| 83 Carlos Rosado | 00:20:35 | 00:38:35 | 00:37:29 | | Veterano 1 |
| 84 Hugo Alexandre Santos Reis | 00:20:26 | 00:38:36 | 00:38:16 | | Senior |
| 85 Miguel Angel Gomez Valente | 00:20:26 | 00:38:41 | 00:38:31 | | Senior |
| 86 Antonio Fernandes | 00:20:48 | 00:38:43 | 00:38:38 | tokandar | Veterano 2 |
| 87 Paulo Lopes | 00:21:11 | 00:38:48 | 00:38:19 | Grupo Excursionista Os Economicos | Veterano 1 |
| 88 Francisco Simão | 00:21:18 | 00:38:50 | 00:37:53 | Pernas de Gafanhoto | Senior |
| 89 Rui Jorge Ferreira Henriques | 00:20:56 | 00:38:51 | 00:38:48 | | Senior |
| 90 Tito Ferreira | 00:21:34 | 00:38:52 | 00:38:45 | Clube ANACOM | Veterano 2 |
| 91 Henrique José De Carvalho Matias | 00:20:42 | 00:38:56 | 00:38:37 | | Senior |
| 92 Joaquim Daniel Santos | 00:21:20 | 00:38:57 | 00:38:44 | | Veterano 1 |
| 93 Nuno Miguel Lopes | 00:21:01 | 00:38:58 | 00:38:54 | | Senior |
| 94 Amândio Gouveia | 00:21:06 | 00:38:58 | 00:38:27 | Associação Desportiva e Cultural do Catujal | Senior |
| 95 António Patrício | 00:20:44 | 00:38:59 | 00:38:47 | Pernas de Gafanhoto | Senior |
| 96 Edgar Francisco | 00:20:57 | 00:38:59 | 00:38:51 | U.R.D. Arranhó | Veterano 2 |
| 97 Nuno Alexandre Matos Pita | 00:21:05 | 00:39:06 | 00:38:40 | Centro Cultural e Desportivo dos Trabalhadores | Senior |
| 98 António Gonçalves | 00:21:04 | 00:39:06 | 00:38:36 | Centro Cultural e Desportivo dos Trabalhadores | Veterano 2 |
| 99 António Pereira | 00:21:15 | 00:39:07 | 00:38:37 | Centro Cultural e Desportivo dos Trabalhadores | Veterano 2 |
| 100 Luis Jorge Da Silva Sousa | 00:21:24 | 00:39:09 | 00:38:40 | | Senior |
| 101 António Santos Costa | 00:21:30 | 00:39:11 | 00:38:37 | | Veterano 1 |
| 102 Antonio Marcos Santos Massano | 00:21:05 | 00:39:13 | 00:39:07 | | Senior |
| 103 Manuel Pereira Araujo | 00:21:19 | 00:39:14 | 00:38:57 | | Veterano 3 |
| 104 Nuno Sousa | 00:21:20 | 00:39:14 | 00:38:59 | GD Imprensa Nacional Casa da Moeda | Senior |
| 105 Bruno Fernandes Salazar | 00:21:03 | 00:39:15 | 00:39:05 | | Senior |
| 106 Alexandre Miguel Ferreira Cantiga | 00:21:06 | 00:39:17 | 00:39:08 | | Senior |
| 107 João Pedro Santos | 00:20:35 | 00:39:18 | 00:39:09 | | Senior |
| 108 Marcos Pereira | 00:21:19 | 00:39:19 | 00:38:47 | | Veterano 4 |
| 109 José Alberto Gonçalves Clemente | 00:21:49 | 00:39:22 | 00:39:02 | | Veterano 1 |
| 110 Paulo Cardoso | 00:20:45 | 00:39:25 | 00:39:24 | Grupo Desp. Chelas | Veterano 2 |
| 111 Tomás Monteiro Fernandes | 00:21:25 | 00:39:27 | 00:39:25 | Clube ANA Lisboa | Junior |



| Class. Atleta | 5 km | Tempo | T. Chip | Clube | Escação |
|-----------------------------------|-------------|--------------|----------------|--|----------------|
| 112 Carlos Fernandes | 00:21:22 | 00:39:27 | 00:39:20 | GDOA | Veterano 2 |
| 113 Paulo Barreira | 00:21:19 | 00:39:28 | 00:39:04 | Grupo Recreativo Cultural e Desportivo de Leia | Senior |
| 114 Carlos Brás | 00:20:50 | 00:39:32 | 00:38:54 | Bacana Running | Senior |
| 115 Carlos Rodrigues | 00:21:22 | 00:39:33 | 00:39:19 | Grupo Desp. Chelas | Senior |
| 116 Fernando Caiiro | 00:21:22 | 00:39:33 | 00:39:19 | Grupo Desp. Chelas | Senior |
| 117 Jose Nunes | 00:21:28 | 00:39:38 | 00:39:31 | GDOA | Veterano 1 |
| 118 Eduardo Anjos Alves Rodrigues | 00:21:37 | 00:39:38 | 00:39:04 | | Veterano 3 |
| 119 Ricardo Cabo | 00:22:01 | 00:39:39 | 00:39:12 | | Senior |
| 120 Ernesto Guia | 00:21:35 | 00:39:40 | 00:39:39 | ACD Bocal | Veterano 4 |
| 121 Álvaro Pinto | 00:21:29 | 00:39:44 | 00:39:39 | Associação Desportiva Real Academia | Veterano 3 |
| 122 Mário Leitão | 00:21:13 | 00:39:46 | 00:39:30 | | Senior |
| 123 Pedro Pereira | 00:21:16 | 00:39:48 | 00:38:47 | CUN Boston | Senior |
| 124 Paulo Santos | 00:21:38 | 00:39:54 | 00:39:51 | GARMIN Olimpico de Oeiras | Veterano 1 |
| 125 Paula Lemos | 00:21:40 | 00:39:54 | 00:39:51 | GARMIN Olimpico de Oeiras | Veterana |
| 126 Paulo Enes | 00:21:40 | 00:39:59 | 00:39:16 | | Veterano 2 |
| 127 João Manuel Dos Santos André | 00:21:29 | 00:40:02 | 00:39:27 | | Senior |
| 128 Daniel Gonçalves | 00:21:25 | 00:40:03 | 00:39:33 | Associação Desportiva e Cultural do Catujal | Senior |
| 129 Joaquim Belo | 00:21:14 | 00:40:06 | 00:39:56 | | Veterano 2 |
| 130 José Orlandolopes | 00:22:02 | 00:40:07 | 00:40:00 | Grupo Desportivo Carris | Veterano 2 |
| 131 José Lopes | 00:21:53 | 00:40:07 | 00:39:44 | | Veterano 4 |
| 132 Pedro Guedes | 00:21:56 | 00:40:09 | 00:39:29 | | Senior |
| 133 Jorge Nabais | 00:21:59 | 00:40:09 | 00:39:31 | Bacana Running | Senior |
| 134 Jorge Baptista | 00:21:48 | 00:40:09 | 00:39:49 | Grupo Excursionista Os Economicos | Veterano 4 |
| 135 Luis Martins | 00:21:41 | 00:40:10 | 00:39:44 | Os beri beri do asfalto | Senior |
| 136 Filipe Gonçalo Carvalho | 00:21:19 | 00:40:13 | 00:40:09 | Mirantense Futebol Clube | Senior |
| 137 Carlos Vitorino | 00:21:19 | 00:40:13 | 00:40:10 | Mirantense Futebol Clube | Senior |
| 138 Marco Ricardo | 00:21:12 | 00:40:13 | 00:39:23 | Georunners | Senior |
| 139 Filipe Branco | 00:21:41 | 00:40:13 | 00:39:57 | U.R.D. Arranhó | Veterano 1 |
| 140 João Guedes | 00:21:35 | 00:40:15 | 00:40:07 | GARMIN Olimpico de Oeiras | Senior |
| 141 Fernando Marques | 00:21:39 | 00:40:15 | 00:40:11 | Clube Pessoal EDP Carregado | Veterano 5 |
| 142 Rui Pinela | 00:22:00 | 00:40:16 | 00:40:06 | Bladerunners | Veterano 1 |
| 143 Pedro Nunes | 00:21:53 | 00:40:18 | 00:40:06 | Clube do Stress | Veterano 1 |
| 144 Joaquim Charrua | 00:22:01 | 00:40:18 | 00:40:08 | | Veterano 6 |
| 145 Nuno Santos | 00:21:51 | 00:40:21 | 00:39:52 | Sporting Clube de Casainhos | Senior |
| 146 Isidro Batista Duarte | 00:22:32 | 00:40:24 | 00:40:17 | | Veterano 1 |
| 147 Silvino Moringa | 00:21:40 | 00:40:24 | 00:40:16 | | Veterano 4 |
| 148 Luís Alves | 00:21:16 | 00:40:28 | 00:39:26 | CUN Boston | Senior |



| Class. Atleta | 5 km | Tempo | T. Chip | Clube | Escação |
|--|-------------|--------------|----------------|--|----------------|
| 149 Rui Bernardino | 00:21:54 | 00:40:31 | 00:40:24 | MaMorais | Senior |
| 150 Valter Morais | 00:21:31 | 00:40:32 | 00:40:15 | | Senior |
| 151 Marlene Ferreira | 00:21:44 | 00:40:34 | 00:40:04 | Associação Desportiva e Cultural do Catujal | Senior |
| 152 Paulo Pereira | 00:21:45 | 00:40:37 | 00:40:10 | Rail Runners | Senior |
| 153 Angelo Miguel Da Silva Gaspar | 00:22:15 | 00:40:37 | 00:40:21 | | Senior |
| 154 Sandro Gaspar | 00:22:12 | 00:40:37 | 00:40:21 | | Senior |
| 155 Jorge Marques | 00:21:38 | 00:40:43 | 00:40:29 | Grupo Desp. Chelas | Veterano 2 |
| 156 Abilio Marcos | 00:21:38 | 00:40:43 | 00:40:29 | Grupo Desp. Chelas | Veterano 2 |
| 157 Joaquim Santos | 00:21:46 | 00:40:43 | 00:40:39 | JG Seguros | Veterano 1 |
| 158 Manuel Bento | 00:21:51 | 00:40:44 | 00:40:14 | Sporting Clube de Casainhos | Senior |
| 159 Vitor Manuel Branco Lourenço | 00:21:58 | 00:40:45 | 00:40:41 | | Senior |
| 160 Pedro Martins | 00:21:57 | 00:40:51 | 00:40:46 | Habitar Imobiliária | Senior |
| 161 João Machado | 00:21:57 | 00:40:52 | 00:40:46 | Habitar Imobiliária | Veterano 1 |
| 162 Jose Tomas | 00:21:49 | 00:40:53 | 00:40:31 | U.R.D. Arranhó | Senior |
| 163 Mário Amaro | 00:22:14 | 00:40:56 | 00:40:47 | individual | Veterano 1 |
| 164 Daniel Simões | 00:22:03 | 00:40:56 | 00:40:06 | | Senior |
| 165 Ruben Batista | 00:21:46 | 00:40:57 | 00:40:44 | | Senior |
| 166 David Karim | 00:22:06 | 00:40:58 | 00:40:55 | Associação Desportiva Real Academia | Senior |
| 167 Armindo José Raminhos Queimado | 00:22:26 | 00:41:03 | 00:40:56 | | Veterano 2 |
| 168 José Carlos Sousa | 00:22:25 | 00:41:05 | 00:40:25 | Associação de Atletismo Lebres do Sado | Senior |
| 169 Luis Godinho | 00:23:12 | 00:41:12 | 00:40:40 | Clube Grupo BES | Veterano 2 |
| 170 Nuno Rodrigues | 00:23:13 | 00:41:12 | 00:40:40 | Clube Grupo BES | Senior |
| 171 Luís Miguel Alves Loureiro | 00:22:18 | 00:41:14 | 00:40:21 | | Senior |
| 172 Ricardo José Silva Varela | 00:21:41 | 00:41:17 | 00:40:46 | | Senior |
| 173 André Vaz | 00:21:54 | 00:41:17 | 00:41:05 | Pernas de Gafanhoto | Senior |
| 174 Armando Correia | 00:22:03 | 00:41:18 | 00:40:50 | Sporting Clube de Casainhos | Senior |
| 175 Joel Martinho Guedes | 00:22:23 | 00:41:18 | 00:40:57 | Clube Colaboradores AXA | Senior |
| 176 André Cid | 00:21:46 | 00:41:21 | 00:40:34 | SportLife | Senior |
| 177 Joaquim Frade | 00:22:33 | 00:41:22 | 00:41:03 | ss cgd | Veterano 4 |
| 178 Nuno Vicente | 00:22:10 | 00:41:22 | 00:41:12 | Pepper House Running Team | Veterano 1 |
| 179 Rui Miguel Costa Rosa Alves Da Silva | 00:22:58 | 00:41:22 | 00:40:31 | Sporting Clube de Portugal | Veterano 1 |
| 180 Pedro Martins | 00:22:33 | 00:41:25 | 00:41:01 | Peters | Senior |
| 181 Paulo Trindade | 00:21:53 | 00:41:26 | 00:41:23 | | Senior |
| 182 Arlindo Paixão | 00:22:05 | 00:41:31 | 00:41:26 | Restaurante «O CARTAXEIRO» | Veterano 2 |
| 183 Sergio Santos | 00:22:27 | 00:41:33 | 00:41:25 | | Senior |
| 184 Fernando Luz | 00:22:26 | 00:41:33 | 00:41:29 | GDCT UNICRE | Veterano 1 |
| 185 Rui Araujo | 00:22:44 | 00:41:34 | 00:41:04 | Centro Cultural e Desportivo dos Trabalhadores | Veterano 3 |



| Class. Atleta | 5 km | Tempo | T. Chip | Clube | Escação |
|---------------------------------------|-------------|--------------|----------------|--|----------------|
| 186 Ricardo Martins | 00:23:23 | 00:41:37 | 00:40:59 | | Senior |
| 187 Joao Monteiro | 00:22:00 | 00:41:39 | 00:41:24 | | Senior |
| 188 Paulo Fernandes | 00:22:21 | 00:41:39 | 00:41:18 | Falcões Selvagens | Senior |
| 189 João Mendes | 00:23:16 | 00:41:40 | 00:41:00 | | Senior |
| 190 Gaspar Laneiro | 00:22:01 | 00:41:41 | 00:41:40 | | Veterano 3 |
| 191 Gonçalo Oliveira | 00:22:33 | 00:41:42 | 00:41:37 | GDCT UNICRE | Veterano 2 |
| 192 Luciano Dantas | 00:22:29 | 00:41:43 | 00:41:33 | GARMIN Olimpico de Oeiras | Veterano 1 |
| 193 Hélio Santos | 00:22:54 | 00:41:44 | 00:41:21 | BueRapidos | Senior |
| 194 Marco Gonçalo A. Neves Campos | 00:22:32 | 00:41:44 | 00:41:28 | | Senior |
| 195 Alexandre Filipe Miranda Oliveira | 00:22:22 | 00:41:44 | 00:41:30 | | Senior |
| 196 Alexandre Mateus | 00:22:29 | 00:41:46 | 00:41:21 | | Senior |
| 197 Jorge Manuel Barros Cruz Lozano | 00:23:03 | 00:41:46 | 00:41:44 | | Veterano 3 |
| 198 João Cabanas | 00:22:40 | 00:41:47 | 00:41:18 | | Senior |
| 199 Fátima Santos | 00:22:14 | 00:41:48 | 00:41:45 | Açoreana Clube Banif | Veterana |
| 200 Vitor Cunha | 00:22:25 | 00:41:48 | 00:40:38 | wikaboo | Veterano 1 |
| 201 Carlos Venancio | 00:22:37 | 00:41:50 | 00:41:40 | | Veterano 3 |
| 202 Neves Silva | 00:22:44 | 00:41:50 | 00:41:25 | Clube Ferroviário Portugal | Veterano 4 |
| 203 Luis Penteado | 00:22:55 | 00:41:50 | 00:41:30 | BueRapidos | Veterano 1 |
| 204 Luís Miguel Do Santos Ferreira | 00:22:23 | 00:41:51 | 00:41:01 | | Senior |
| 205 Manuel Rodrigues | 00:22:54 | 00:41:51 | 00:41:33 | Leões de Porto Salvo | Veterano 3 |
| 206 António Carlos Teixeira Duarte | 00:22:41 | 00:41:54 | 00:41:34 | Clube do Stress | Veterano 5 |
| 207 Manuel Mexia | 00:22:42 | 00:41:56 | 00:41:21 | | Veterano 2 |
| 208 António Barbosa | 00:22:36 | 00:41:57 | 00:41:29 | MaMorais | Senior |
| 209 Hugo Caselhas | 00:22:09 | 00:41:57 | 00:41:52 | maduro athletics associação desportiva | Senior |
| 210 Rui Miguel Da Silva Varão | 00:22:23 | 00:41:57 | 00:41:50 | | Senior |
| 211 Eduardo Ribeiro | 00:22:35 | 00:42:00 | 00:41:56 | GDCT UNICRE | Veterano 1 |
| 212 Ricardo Marques | 00:22:15 | 00:42:01 | 00:41:15 | Falcões Selvagens | Senior |
| 213 Manuel Rosa | 00:22:12 | 00:42:06 | 00:41:50 | Link | Senior |
| 214 João Pedro Cardoso Vieira | 00:24:09 | 00:42:07 | 00:41:07 | | Junior |
| 215 Pedro Martins | 00:22:50 | 00:42:09 | 00:41:59 | Bladerunners | Senior |
| 216 João Borrega | 00:22:50 | 00:42:10 | 00:41:57 | Clube Grupo BES | Veterano 2 |
| 217 José Badalo | 00:22:35 | 00:42:12 | 00:41:06 | | Veterano 2 |
| 218 Antonio Queijo Almeida | 00:22:32 | 00:42:12 | 00:42:02 | Clube MILLENNIUMBCP | Veterano 2 |
| 219 Ruben António Costa | 00:22:42 | 00:42:16 | 00:42:07 | | Veterano 2 |
| 220 Fernando José Nascimento Vicente | 00:22:03 | 00:42:16 | 00:42:15 | | Veterano 3 |
| 221 Domingos Pinto-coelho | 00:22:46 | 00:42:18 | 00:41:16 | Os Leões da Estrada | Senior |
| 222 Ricardo Gonçalves | 00:22:12 | 00:42:18 | 00:42:14 | | Senior |



| Class. Atleta | 5 km | Tempo | T. Chip | Clube | Escação |
|---|-------------|--------------|----------------|-----------------------------------|----------------|
| 223 Manuel Guerreiro | 00:22:15 | 00:42:18 | 00:42:14 | Guerreiros do Rio | Veterano 4 |
| 224 Julio Ferreira | 00:23:14 | 00:42:22 | 00:41:49 | Clube Grupo BES | Veterano 4 |
| 225 Bruno Miguel Gonçalves De Campos Reis | 00:22:47 | 00:42:22 | 00:41:39 | | Senior |
| 226 Pedro Manuel Pereira | 00:22:31 | 00:42:23 | 00:42:14 | | Veterano 1 |
| 227 Daniel Bastos Da Silva | 00:22:52 | 00:42:25 | 00:41:43 | | Veterano 3 |
| 228 Vitor Moreira | 00:22:35 | 00:42:29 | 00:42:19 | | Veterano 4 |
| 229 Mário Benedito F. M. Silva | 00:22:49 | 00:42:29 | 00:42:08 | | Veterano 1 |
| 230 Antonio Jose Braga | 00:22:39 | 00:42:30 | 00:42:24 | Clube MILLENNIUMBCP | Veterano 3 |
| 231 Paulo Tomé | 00:22:34 | 00:42:31 | 00:42:21 | | Senior |
| 232 Rui Ferreira | 00:23:08 | 00:42:32 | 00:42:27 | Restaurante «O CARTAXEIRO» | Veterano 1 |
| 233 Joaquim Santos | 00:22:59 | 00:42:32 | 00:42:13 | | Veterano 3 |
| 234 José Santos | 00:23:19 | 00:42:33 | 00:42:24 | Clube ANACOM | Veterano 3 |
| 235 Rui Rodas | 00:22:44 | 00:42:33 | 00:42:31 | | Senior |
| 236 Carlos Afonso | 00:23:44 | 00:42:33 | 00:41:48 | Clube ANA Lisboa | Senior |
| 237 Telmo Coelho | 00:23:13 | 00:42:34 | 00:42:13 | ACD Bocal | Senior |
| 238 Marco Baptista | 00:22:52 | 00:42:34 | 00:41:54 | ACD Bocal | Senior |
| 239 João Veríssimo | 00:23:15 | 00:42:35 | 00:42:22 | tokandar | Veterano 3 |
| 240 António Figueiredo | 00:22:15 | 00:42:36 | 00:42:28 | | Senior |
| 241 Manuel Gonçalves | 00:22:51 | 00:42:36 | 00:42:28 | Grupo de Atletismo «OS PATRICIOS» | Veterano 6 |
| 242 Mário Júlio Rodrigues Lúcio | 00:23:08 | 00:42:37 | 00:42:11 | | Veterano 2 |
| 243 Herberto Monteiro | 00:22:41 | 00:42:40 | 00:42:26 | | Veterano 1 |
| 244 Cidalia Pimentel | 00:22:59 | 00:42:41 | 00:42:38 | | Senior |
| 245 Pedro Alexandre De Jesus Serra Marque | 00:23:25 | 00:42:42 | 00:41:38 | | Senior |
| 246 Ricardo Amado | 00:23:30 | 00:42:43 | 00:41:58 | | Senior |
| 247 Bernardo Afonso | 00:23:09 | 00:42:44 | 00:42:32 | | Senior |
| 248 Arlindo Pereira Brás | 00:22:49 | 00:42:44 | 00:42:43 | Amigos da Estrela | Veterano 2 |
| 249 Fernando Gonçalves | 00:22:52 | 00:42:45 | 00:42:37 | GDCT UNICRE | Veterano 1 |
| 250 Mário Lopes | 00:23:15 | 00:42:45 | 00:42:18 | BS Runners | Veterano 1 |
| 251 Gonçalo Lopes | 00:22:44 | 00:42:45 | 00:41:40 | | Senior |
| 252 Carlos Manuel Ribeiro | 00:22:44 | 00:42:45 | 00:42:19 | | Veterano 1 |
| 253 Mario Lino | 00:23:07 | 00:42:46 | 00:42:32 | | Veterano 2 |
| 254 António Bolra | 00:23:00 | 00:42:47 | 00:42:28 | | Veterano 6 |
| 255 David Nascimento | 00:23:56 | 00:42:49 | 00:41:44 | | Senior |
| 256 Romão Pedroso | 00:22:33 | 00:42:50 | 00:41:29 | Running Strike Force | Senior |
| 257 Rui David Saraiva De Oliveira | 00:22:51 | 00:42:51 | 00:42:01 | | Senior |
| 258 Ricardo Tavares | 00:22:51 | 00:42:51 | 00:42:02 | | Senior |
| 259 Marco Lourenço | 00:24:29 | 00:42:52 | 00:42:01 | | Senior |



CLASSIFICAÇÕES



| Class. Atleta | 5 km | Tempo | T. Chip | Clube | Escação |
|----------------------------------|-------------|--------------|----------------|--|----------------|
| 260 Hugo Venancio | 00:22:47 | 00:42:52 | 00:42:50 | ss cgd | Senior |
| 261 Nuno Monteiro | 00:22:58 | 00:42:53 | 00:42:12 | Running of d ^a Maria | Senior |
| 262 Miguel Ferraz | 00:23:00 | 00:42:54 | 00:42:10 | Ferraz | Senior |
| 263 Alexandra Lamas | 00:23:06 | 00:42:54 | 00:42:32 | | Senior |
| 264 Paulo Tomas | 00:23:10 | 00:42:55 | 00:42:07 | U.R.D. Arranhó | Senior |
| 265 Paulo Amorim | 00:23:37 | 00:42:55 | 00:42:08 | 4@fundo | Veterano 2 |
| 266 Eduardo Alves Silva | 00:23:16 | 00:42:56 | 00:41:58 | Pernas de Gafanhoto | Veterano 2 |
| 267 Pedro Miguel Roxo | 00:21:50 | 00:42:56 | 00:40:44 | | Senior |
| 268 Afonso Vilela Pinto Da Silva | 00:23:27 | 00:42:56 | 00:42:21 | | Senior |
| 269 Americo Pimenta | 00:23:33 | 00:42:59 | 00:42:49 | Grupo Desp. Chelas | Veterano 3 |
| 270 Luis Miguel Barreiras | 00:23:32 | 00:42:59 | 00:42:42 | | Veterano 1 |
| 271 Aníbal José De Sousa Costa | 00:23:34 | 00:42:59 | 00:42:42 | | Veterano 1 |
| 272 Fatima Pinto | 00:23:33 | 00:42:59 | 00:42:49 | Grupo Desp. Chelas | Veterana |
| 273 Rodrigo Durão | 00:22:44 | 00:43:00 | 00:42:57 | | Senior |
| 274 Joao Mata | 00:22:44 | 00:43:00 | 00:42:58 | | Senior |
| 275 Luis Carlos Caetano | 00:23:21 | 00:43:02 | 00:42:21 | Valadares | Veterano 2 |
| 276 Nuno Gonçalo | 00:23:25 | 00:43:02 | 00:42:25 | | Senior |
| 277 Alexandre Silva | 00:22:34 | 00:43:03 | 00:42:44 | | Senior |
| 278 Nuno Moleiro | 00:22:36 | 00:43:04 | 00:42:10 | | Senior |
| 279 José Luís Dos Santos Correia | 00:23:24 | 00:43:05 | 00:43:03 | | Veterano 3 |
| 280 Rui Belo | 00:23:02 | 00:43:07 | 00:42:49 | | Senior |
| 281 Jorge Filipe | 00:22:59 | 00:43:08 | 00:42:36 | | Veterano 2 |
| 282 Bruno Afonso | 00:22:22 | 00:43:09 | 00:41:32 | METAVISTA | Senior |
| 283 Norberto Marques | 00:23:08 | 00:43:10 | 00:42:44 | Running of d ^a Maria | Veterano 1 |
| 284 Carlos Duarte | 00:22:57 | 00:43:10 | 00:42:30 | | Senior |
| 285 Lauro Lazarino | 00:23:55 | 00:43:15 | 00:42:13 | | Senior |
| 286 Paulo Moreno | 00:23:55 | 00:43:16 | 00:42:14 | | Senior |
| 287 Paulo Jorge Lopes Lourenço | 00:23:32 | 00:43:16 | 00:43:11 | | Senior |
| 288 Antonio Batista | 00:23:29 | 00:43:18 | 00:43:02 | Clube de Futebol Estrela | Veterano 5 |
| 289 João Leal Sequeira | 00:24:08 | 00:43:18 | 00:42:18 | Centro Cultural e Desportivo dos Trabalhadores | Veterano 2 |
| 290 Raul Ferreira | 00:23:09 | 00:43:19 | 00:43:10 | Pepper House Running Team | Senior |
| 291 José Valério | 00:22:54 | 00:43:22 | 00:43:16 | Associação Desportiva e Cultural do Catujal | Veterano 6 |
| 292 José Pacheco | 00:23:22 | 00:43:23 | 00:43:15 | Família Pacheco | Veterano 2 |
| 293 Jose Santos | 00:23:25 | 00:43:24 | 00:43:21 | C.C.D. O Alvitejo | Veterano 4 |
| 294 Celso Gouveia | 00:24:37 | 00:43:24 | 00:43:10 | | Veterano 1 |
| 295 José Luís Dias | 00:23:22 | 00:43:24 | 00:43:10 | Rail Runners | Veterano 2 |
| 296 Nuno Sentieiro Marques | 00:23:00 | 00:43:25 | 00:42:29 | Run 4 Fun | Veterano 1 |



CLASSIFICAÇÕES



| Class. Atleta | 5 km | Tempo | T. Chip | Clube | Escação |
|---|-------------|--------------|----------------|--|----------------|
| 297 Heitor Cardoso | 00:23:31 | 00:43:25 | 00:43:22 | Clube Atletismo Amigos de Belém | Veterano 2 |
| 298 Manuel Fidalgo | 00:23:44 | 00:43:26 | 00:43:05 | OS "NÓMADAS" | Veterano 4 |
| 299 Jose Barroco | 00:23:44 | 00:43:26 | 00:43:05 | OS "NÓMADAS" | Veterano 3 |
| 300 Miguel Pontinha | 00:23:22 | 00:43:26 | 00:42:50 | Squadra | Senior |
| 301 José Cavaco | 00:23:40 | 00:43:27 | 00:43:21 | sportzone | Veterano 2 |
| 302 Filipe Neves | 00:25:22 | 00:43:28 | 00:42:19 | wikaboo | Senior |
| 303 Pedro Miguel Pereira Quartin Assunção | 00:23:08 | 00:43:29 | 00:43:11 | | Senior |
| 304 Luís Filipe Candeias Da Silva | 00:23:40 | 00:43:31 | 00:42:40 | | Senior |
| 305 Jorge Barreira | 00:23:30 | 00:43:32 | 00:43:15 | Grupo Recreativo Cultural e Desportivo de Leiã | Veterano 6 |
| 306 Pedro Marques | 00:23:43 | 00:43:34 | 00:42:54 | Grupo Desp. Chelas | Veterano 2 |
| 307 Jorge Rebocho | 00:23:21 | 00:43:35 | 00:42:54 | | Senior |
| 308 Paulo Caetano Morgado Costa Grilo | 00:23:09 | 00:43:35 | 00:43:17 | | Senior |
| 309 Pedro Ferraz | 00:23:24 | 00:43:38 | 00:43:15 | Peters | Senior |
| 310 Tiago Filipe Dos Santos Teles | 00:23:18 | 00:43:38 | 00:43:22 | | Senior |
| 311 Orlando Martins | 00:23:08 | 00:43:40 | 00:43:02 | Running of dª Maria | Veterano 4 |
| 312 João Simões | 00:23:52 | 00:43:42 | 00:43:14 | Clube Grupo BES | Veterano 4 |
| 313 João Bretes | 00:23:27 | 00:43:42 | 00:43:30 | | Senior |
| 314 Almerindo Silva | 00:23:22 | 00:43:43 | 00:43:30 | A.D.C.C. | Veterano 3 |
| 315 Salete Tavares | 00:23:38 | 00:43:43 | 00:43:36 | | Senior |
| 316 Ivane Santos | 00:23:44 | 00:43:44 | 00:43:28 | | Veterana |
| 317 Tiago Canhoto | 00:23:34 | 00:43:45 | 00:43:02 | Canhoto | Senior |
| 318 Jorge Sousa | 00:23:26 | 00:43:45 | 00:42:51 | Grupo Desp. Chelas | Veterano 3 |
| 319 Pedro Campos | 00:23:34 | 00:43:45 | 00:43:40 | ThunderRunners | Senior |
| 320 Pedro Lobo | 00:23:56 | 00:43:45 | 00:43:16 | Link | Senior |
| 321 Rui Rodrigues | 00:23:26 | 00:43:47 | 00:43:41 | | Veterano 2 |
| 322 António Pedro Almeida | 00:23:56 | 00:43:48 | 00:43:10 | | Veterano 3 |
| 323 Carlos Manuel Oliveira E Silva | 00:23:13 | 00:43:48 | 00:43:07 | | Veterano 2 |
| 324 António José Varela | 00:23:27 | 00:43:49 | 00:43:46 | | Veterano 2 |
| 325 Sadiq Kassamo | 00:23:01 | 00:43:52 | 00:43:16 | | Senior |
| 326 Ricardo Arraias | 00:23:56 | 00:43:52 | 00:43:20 | | Senior |
| 327 Luis Silva | 00:23:35 | 00:43:53 | 00:43:11 | Silva | Senior |
| 328 Paulo Magalhães | 00:23:29 | 00:43:54 | 00:43:32 | Grupo Unidos e Progresso de Gralhas | Veterano 1 |
| 329 Tiago Miguel Rodrigues | 00:23:56 | 00:43:54 | 00:43:49 | Clube MILLENNIUMBCP | Junior |
| 330 Antonio Reis | 00:23:40 | 00:43:55 | 00:43:50 | Amigos Atletismo Mafra | Veterano 4 |
| 331 João Nuno Reis E Silva | 00:23:42 | 00:43:55 | 00:42:53 | PrimeFitness | Senior |
| 332 André Machado | 00:23:39 | 00:43:55 | 00:42:50 | | Senior |
| 333 Nuno Ventura | 00:23:20 | 00:43:56 | 00:43:30 | wikaboo | Senior |



CLASSIFICAÇÕES



| Class. Atleta | 5 km | Tempo | T. Chip | Clube | Escação |
|---|-------------|--------------|----------------|---|----------------|
| 334 Jose Freire | 00:23:39 | 00:43:57 | 00:43:44 | | Veterano 4 |
| 335 Joana Freire | 00:23:41 | 00:43:57 | 00:43:46 | | Junior |
| 336 Bernardo Pereira | 00:23:43 | 00:43:59 | 00:43:48 | | Senior |
| 337 Fernando Fernandes | 00:23:36 | 00:44:01 | 00:43:49 | | Senior |
| 338 Hugo Monteiro | 00:23:20 | 00:44:01 | 00:43:48 | complicados | Senior |
| 339 Antonio Gonçalves | 00:23:57 | 00:44:04 | 00:43:23 | | Veterano 3 |
| 340 Pedro B Ferreira | 00:23:45 | 00:44:04 | 00:43:17 | | Veterano 1 |
| 341 Gentil Pereira | 00:23:56 | 00:44:06 | 00:43:26 | Amigos da Flor | Senior |
| 342 Antonio Augusto Correia | 00:24:11 | 00:44:06 | 00:43:17 | Clube MILLENNIUMBCP | Veterano 4 |
| 343 Nuno M. Pereira | 00:23:10 | 00:44:06 | 00:42:55 | Acc Team | Senior |
| 344 Egidio Silva | 00:23:16 | 00:44:08 | 00:43:26 | | Veterano 2 |
| 345 Bruno Araújo | 00:24:31 | 00:44:09 | 00:43:48 | | Senior |
| 346 Paulo Patrício | 00:23:35 | 00:44:10 | 00:43:56 | | Veterano 1 |
| 347 José Rua | 00:24:36 | 00:44:14 | 00:43:05 | wikaboo | Senior |
| 348 Virgílio Carlos | 00:23:34 | 00:44:14 | 00:44:03 | | Veterano 2 |
| 349 José Carvalho | 00:24:17 | 00:44:15 | 00:43:49 | Os Queimados | Senior |
| 350 Marco Moutinho | 00:24:17 | 00:44:15 | 00:43:49 | Os Queimados | Senior |
| 351 Paulo Cravo | 00:23:18 | 00:44:15 | 00:43:20 | ACS - Amigos da Corrida Salvaterra de Magos | Veterano 1 |
| 352 Joaquim Carrilho | 00:24:09 | 00:44:15 | 00:43:43 | ss cgd | Veterano 2 |
| 353 Idalécio Barros | 00:23:33 | 00:44:19 | 00:44:10 | | Veterano 4 |
| 354 Jorge Vieira | 00:23:36 | 00:44:20 | 00:42:57 | Grupo Desportivo Roche | Senior |
| 355 Fernando Guerreiro | 00:23:18 | 00:44:21 | 00:44:12 | | Veterano 5 |
| 356 Joaquim Varanda | 00:23:47 | 00:44:21 | 00:44:13 | GDOA | Veterano 2 |
| 357 Pedro Dias | 00:23:47 | 00:44:21 | 00:44:13 | GDOA | Senior |
| 358 Jose Goncalves | 00:23:39 | 00:44:22 | 00:44:09 | | Veterano 2 |
| 359 Luis Sousa Ribeiro | 00:23:45 | 00:44:26 | 00:43:34 | | Veterano 1 |
| 360 Vasco Costa | 00:23:34 | 00:44:28 | 00:44:22 | | Veterano 4 |
| 361 José Figueiredo | 00:23:26 | 00:44:29 | 00:44:26 | | Senior |
| 362 Daniela Carvalho | 00:23:41 | 00:44:29 | 00:44:25 | Guerreiros do Rio | Senior |
| 363 Luis Grilo | 00:23:31 | 00:44:31 | 00:43:26 | wikaboo | Veterano 1 |
| 364 Jose Alberto Costa Santos Fernandes | 00:23:21 | 00:44:32 | 00:44:26 | | Senior |
| 365 João Ferreira | 00:24:02 | 00:44:33 | 00:43:56 | Amigos da Flor | Veterano 4 |
| 366 Luis Manuel Calado Rendeiro | 00:24:03 | 00:44:33 | 00:43:22 | | Veterano 2 |
| 367 Jorge Rodrigues | 00:23:51 | 00:44:33 | 00:44:21 | | Veterano 2 |
| 368 Paulo Matias | 00:23:44 | 00:44:34 | 00:43:38 | | Veterano 1 |
| 369 Fernando Manuel | 00:23:43 | 00:44:34 | 00:43:39 | | Veterano 4 |
| 370 Carlos Henriques | 00:23:42 | 00:44:34 | 00:43:32 | | Senior |



CLASSIFICAÇÕES



| Class. Atleta | 5 km | Tempo | T. Chip | Clube | Escação |
|--|-------------|--------------|----------------|--------------------------|----------------|
| 371 Nuno Lucas | 00:24:15 | 00:44:35 | 00:43:42 | Pernas de Gafanhoto | Senior |
| 372 Nuno Amaral | 00:24:26 | 00:44:36 | 00:44:29 | ctx@run | Senior |
| 373 Andre Fernandes | 00:23:38 | 00:44:37 | 00:43:58 | | Senior |
| 374 Henrique Ruas | 00:24:16 | 00:44:38 | 00:44:32 | C.C.D. O Alvitejo | Veterano 6 |
| 375 Jorge Bicho | 00:23:54 | 00:44:38 | 00:43:54 | 4@fundo | Veterano 3 |
| 376 José Magalhães | 00:24:59 | 00:44:38 | 00:44:20 | GDINE | Veterano 4 |
| 377 Rui Tavares | 00:23:57 | 00:44:40 | 00:43:56 | | Senior |
| 378 David Clemente | 00:24:19 | 00:44:40 | 00:43:59 | | Senior |
| 379 Fernando Carvalho | 00:23:50 | 00:44:41 | 00:44:19 | BueRapidos | Veterano 1 |
| 380 Rodrigo Afonso Opa | 00:24:51 | 00:44:42 | 00:44:00 | | Senior |
| 381 Luis Amorim | 00:24:09 | 00:44:42 | 00:44:32 | N.A.BDF | Veterano 3 |
| 382 Carlos Pessoa | 00:23:57 | 00:44:42 | 00:44:16 | | Veterano 1 |
| 383 José Santos Costa | 00:23:49 | 00:44:43 | 00:43:52 | | Veterano 1 |
| 384 Maria Rosa Carita | 00:23:54 | 00:44:43 | 00:44:33 | | Veterana |
| 385 Pedro Pinto | 00:24:13 | 00:44:43 | 00:44:20 | | Veterano 5 |
| 386 Eduardo Nabais | 00:23:54 | 00:44:44 | 00:44:08 | | Senior |
| 387 Fernando De Jesus Machado Da Silva | 00:24:10 | 00:44:45 | 00:44:21 | | Veterano 3 |
| 388 Rui Geraldes | 00:24:20 | 00:44:45 | 00:44:13 | Rail Runners | Senior |
| 389 João Miguel | 00:24:12 | 00:44:45 | 00:44:30 | Tangas Clube | Veterano 6 |
| 390 Carlos Rafael Castro Soares | 00:24:11 | 00:44:45 | 00:44:33 | | Junior |
| 391 Fernando Vergamota | 00:24:02 | 00:44:46 | 00:44:30 | | Veterano 4 |
| 392 Ricardo Baleia | 00:24:23 | 00:44:48 | 00:44:09 | Bacana Running | Senior |
| 393 Jorge Santos | 00:25:02 | 00:44:49 | 00:43:57 | C.C.D. S.R.S. de Lisboa | Senior |
| 394 Joao Rodrigues Dos Reis | 00:23:55 | 00:44:50 | 00:44:22 | | Veterano 5 |
| 395 Avelino Véstias | 00:24:00 | 00:44:50 | 00:44:49 | Os Indomáveis | Veterano 5 |
| 396 Rui Carrigo | 00:24:19 | 00:44:51 | 00:44:13 | Bacana Running | Senior |
| 397 Gil Valentim | 00:24:05 | 00:44:52 | 00:44:47 | | Junior |
| 398 Artur Martins | 00:23:22 | 00:44:52 | 00:44:35 | | Veterano 1 |
| 399 Roberto Cardeta | 00:23:33 | 00:44:52 | 00:44:36 | JDEUS | Senior |
| 400 Manuel Hortelão | 00:24:30 | 00:44:53 | 00:44:11 | Amigos da Flor | Veterano 1 |
| 401 Albino Ferreira | 00:23:53 | 00:44:53 | 00:44:51 | Lesmas Aloperadas | Veterano 2 |
| 402 Manuel António | 00:23:59 | 00:44:53 | 00:44:25 | Rail Runners | Veterano 1 |
| 403 Germano Pires | 00:24:16 | 00:44:54 | 00:44:29 | GDOA | Veterano 3 |
| 404 Maria da Piedade Escudeiro Dias | 00:23:49 | 00:44:54 | 00:44:50 | Mirantense Futebol Clube | Veterana |
| 405 Daniel Nunes | 00:24:17 | 00:44:54 | 00:44:29 | Os Nunes | Senior |
| 406 Jorge Aguiar | 00:24:23 | 00:44:54 | 00:44:21 | | Veterano 2 |
| 407 Ricardo Neiva | 00:25:00 | 00:44:54 | 00:43:53 | | Veterano 1 |



CLASSIFICAÇÕES



| Class. Atleta | 5 km | Tempo | T. Chip | Clube | Escação |
|--|-------------|--------------|----------------|-----------------------------|----------------|
| 408 Sandrina Costa Cunha | 00:24:49 | 00:44:55 | 00:44:30 | | Senior |
| 409 André Justino Leandro | 00:24:45 | 00:44:55 | 00:44:30 | | Senior |
| 410 Alcides Nunes | 00:23:50 | 00:44:55 | 00:44:52 | | Veterano 3 |
| 411 Ilidio Gomes Rodrigues | 00:24:43 | 00:44:56 | 00:44:50 | Clube MILLENNIUMBCP | Veterano 5 |
| 412 Manuel Dias Trindade | 00:24:20 | 00:44:57 | 00:44:45 | | Veterano 4 |
| 413 Glauco Fim Louzada | 00:24:07 | 00:44:58 | 00:44:36 | | Senior |
| 414 Alexandre Do Monte Lee | 00:24:00 | 00:45:00 | 00:44:06 | | Senior |
| 415 Antonio Manuel Graça Correia | 00:24:40 | 00:45:01 | 00:44:29 | | Veterano 3 |
| 416 Mário Rodrigues | 00:24:25 | 00:45:02 | 00:44:39 | ASICS | Veterano 1 |
| 417 Paulo França | 00:23:41 | 00:45:04 | 00:44:59 | GDCT UNICRE | Veterano 2 |
| 418 Marco Henriques | 00:23:44 | 00:45:05 | 00:45:00 | Guerreiros do Rio | Senior |
| 419 José Eduardo Da Silva Monteiro | 00:24:42 | 00:45:10 | 00:44:51 | | Veterano 3 |
| 420 Vasco Magalhães | 00:23:42 | 00:45:11 | 00:45:01 | | Senior |
| 421 Rodrigo Dias | 00:24:23 | 00:45:15 | 00:44:24 | Premium Minds | Senior |
| 422 Daniel Zacarias | 00:24:22 | 00:45:15 | 00:44:23 | Premium Minds | Senior |
| 423 João Carlos Da Cruz Vicente | 00:24:20 | 00:45:16 | 00:44:17 | | Veterano 1 |
| 424 Antonio Coutinho | 00:24:46 | 00:45:20 | 00:44:37 | | Veterano 4 |
| 425 Luis Ramos | 00:24:28 | 00:45:22 | 00:44:48 | | Senior |
| 426 Filipe Outeiro De Araújo E Sá | 00:24:00 | 00:45:23 | 00:45:18 | | Veterano 1 |
| 427 Virgilio Augusto De Castro Gonçalves | 00:24:14 | 00:45:24 | 00:44:38 | | Veterano 3 |
| 428 Julio Fernandes | 00:24:08 | 00:45:25 | 00:44:44 | Grupo Desportivo Roche | Senior |
| 429 Rui Borges | 00:23:43 | 00:45:25 | 00:44:39 | G A Monsanto/Gascan | Veterano 2 |
| 430 Fernando Pires | 00:24:15 | 00:45:27 | 00:44:36 | | Veterano 1 |
| 431 Nuno Ricardo Ferreira Jorge | 00:24:05 | 00:45:28 | 00:45:03 | | Senior |
| 432 Rita Salgado Mendes Ferreira | 00:24:16 | 00:45:28 | 00:45:14 | | Senior |
| 433 Manuel Campos Valente De Oliveira Hall | 00:24:42 | 00:45:31 | 00:44:22 | | Senior |
| 434 Nuno Silva | 00:24:02 | 00:45:32 | 00:45:12 | | Veterano 1 |
| 435 Carlos Pereira | 00:24:08 | 00:45:32 | 00:44:56 | Os Zatopeques | Senior |
| 436 Isabel Rodrigues | 00:24:44 | 00:45:34 | 00:44:56 | GARMIN Olimpico de Oeiras | Veterana |
| 437 Antonio Ingles | 00:23:47 | 00:45:35 | 00:44:49 | G A Monsanto/Gascan | Veterano 3 |
| 438 Alexandre Dias | 00:24:29 | 00:45:36 | 00:45:25 | | Senior |
| 439 Vicente Dias | 00:24:31 | 00:45:37 | 00:45:26 | N.A.BDF | Veterano 4 |
| 440 Carlos Dinis | 00:24:46 | 00:45:37 | 00:45:03 | | Veterano 2 |
| 441 Manuel Teixeira | 00:25:04 | 00:45:38 | 00:44:47 | C.C.D. S.R.S. de Lisboa | Veterano 4 |
| 442 Pedro Alexandre Gomes Ferreira | 00:24:29 | 00:45:39 | 00:44:50 | | Senior |
| 443 Martins Barata | 00:24:34 | 00:45:40 | 00:45:34 | Clube Ferroviário Portugal | Veterano 6 |
| 444 Nuno Marques | 00:24:31 | 00:45:40 | 00:45:34 | Clube Pessoal EDP Carregado | Senior |



| Class. Atleta | 5 km | Tempo | T. Chip | Clube | Escação |
|--------------------------------------|-------------|--------------|----------------|--|----------------|
| 445 Miguel Almeida | 00:23:53 | 00:45:43 | 00:45:36 | TINTACRIATIVA.COM | Senior |
| 446 Ana Márcia Amaral | 00:24:45 | 00:45:44 | 00:45:37 | ctx@run | Senior |
| 447 Paulo Alexandre Condinho Miranda | 00:24:10 | 00:45:44 | 00:45:20 | | Veterano 1 |
| 448 Virgílio Espada | 00:24:53 | 00:45:47 | 00:45:37 | | Veterano 4 |
| 449 Sérgio Pedro | 00:24:15 | 00:45:49 | 00:45:14 | Squadra | Senior |
| 450 Fernando Silva Almeida | 00:24:06 | 00:45:51 | 00:45:45 | Clube MILLENNIUMBCP | Veterano 1 |
| 451 Carlos Oliveira | 00:24:14 | 00:45:51 | 00:44:47 | Mistral Spirit | Veterano 4 |
| 452 Vítor Revez | 00:23:56 | 00:45:52 | 00:45:15 | Grupo Excursionista Os Economicos | Veterano 3 |
| 453 Pedro Oliveira | 00:24:18 | 00:45:52 | 00:44:46 | | Senior |
| 454 Luís Miguel Zeferino | 00:24:21 | 00:45:52 | 00:45:27 | | Senior |
| 455 Fernando Moura | 00:24:14 | 00:45:53 | 00:45:44 | Grupo de Atletismo «OS PATRICIOS» | Veterano 3 |
| 456 António Bogas | 00:23:48 | 00:45:54 | 00:45:34 | | Veterano 2 |
| 457 Bruno Pio | 00:23:44 | 00:45:55 | 00:45:26 | Squadra | Senior |
| 458 Alexandre Gomes | 00:25:24 | 00:46:00 | 00:45:51 | | Veterano 1 |
| 459 Orlando Gabriel Ferreira | 00:24:33 | 00:46:00 | 00:45:33 | Grupo Desportivo CIMPOR | Veterano 3 |
| 460 Carlos Moreira | 00:25:28 | 00:46:01 | 00:45:33 | Centro Cultural e Desportivo dos Trabalhadores | Veterano 4 |
| 461 Jose Andrade | 00:24:27 | 00:46:02 | 00:45:56 | GDOA | Veterano 2 |
| 462 Joaquim Corrula | 00:24:42 | 00:46:03 | 00:45:31 | brandoa corre | Veterano 2 |
| 463 Mario Botas Campos | 00:24:46 | 00:46:03 | 00:45:47 | Clube MILLENNIUMBCP | Veterano 5 |
| 464 Eduardo Martins | 00:24:40 | 00:46:03 | 00:45:36 | O Celeiro Da Memoria | Veterano 5 |
| 465 Antonio Tavares Ramos | 00:24:42 | 00:46:04 | 00:45:24 | Clube MILLENNIUMBCP | Veterano 1 |
| 466 Nuno Miguel Santos | 00:23:33 | 00:46:06 | 00:42:30 | | Senior |
| 467 José Eduardo Fachada | 00:24:51 | 00:46:06 | 00:45:14 | | Veterano 4 |
| 468 Joao Pereira Santos | 00:24:38 | 00:46:08 | 00:45:55 | | Veterano 3 |
| 469 Aníbal Da Silva Fernandes | 00:24:54 | 00:46:08 | 00:45:15 | | Senior |
| 470 Roger Martins | 00:24:36 | 00:46:10 | 00:45:32 | ASICS | Senior |
| 471 João Carlos Ferreira Antunes | 00:24:22 | 00:46:10 | 00:45:20 | | Senior |
| 472 António José De Lima Fonseca | 00:23:56 | 00:46:11 | 00:46:02 | | Veterano 1 |
| 473 Domingos Matos | 00:24:41 | 00:46:11 | 00:45:48 | Falcões Selvagens | Veterano 3 |
| 474 Nuno Miguel Alves | 00:24:25 | 00:46:11 | 00:45:57 | | Veterano 1 |
| 475 José Neves | 00:24:17 | 00:46:11 | 00:46:08 | Os Indomáveis | Veterano 4 |
| 476 Manuel Pereira | 00:25:05 | 00:46:12 | 00:45:22 | Grupo de Atletismo «OS PATRICIOS» | Veterano 4 |
| 477 José Silva | 00:24:47 | 00:46:13 | 00:45:16 | Centro Cultural e Desportivo dos Trabalhadores | Veterano 4 |
| 478 Nuno Serras | 00:25:15 | 00:46:15 | 00:45:48 | | Senior |
| 479 Odete Fiuza | 00:25:06 | 00:46:16 | 00:45:45 | | Senior |
| 480 Pedro Meireles | 00:25:06 | 00:46:16 | 00:45:45 | | Veterano 1 |
| 481 Pedro Guimarães | 00:25:13 | 00:46:17 | 00:45:59 | | Senior |



| Class. Atleta | 5 km | Tempo | T. Chip | Clube | Escação |
|--|-------------|--------------|----------------|--|----------------|
| 482 Pedro Redentor Ribeiro | 00:24:52 | 00:46:18 | 00:45:59 | | Senior |
| 483 Euclides Roque Levy | 00:25:14 | 00:46:19 | 00:46:05 | SportLife | Veterano 1 |
| 484 Nuno Miguel B Martins | 00:25:55 | 00:46:21 | 00:45:37 | | Senior |
| 485 David Lameiro | 00:25:09 | 00:46:21 | 00:45:26 | | Senior |
| 486 Inácio Gonçalves | 00:25:00 | 00:46:22 | 00:45:54 | ALGIMS | Veterano 5 |
| 487 Anibal Simoes | 00:25:05 | 00:46:25 | 00:45:41 | | Veterano 1 |
| 488 Paulino Rodrigues | 00:24:02 | 00:46:26 | 00:46:11 | | Veterano 3 |
| 489 Carlos Manuel Barrento | 00:24:04 | 00:46:26 | 00:46:06 | Os Amigos | Veterano 2 |
| 490 Fernando Coelho | 00:24:03 | 00:46:26 | 00:46:06 | Os Amigos | Veterano 2 |
| 491 João Baptista | 00:25:14 | 00:46:27 | 00:45:46 | ACD Bocal | Senior |
| 492 Nuno Fernandes | 00:24:46 | 00:46:27 | 00:45:53 | | Senior |
| 493 Mário Jorge Silva | 00:25:03 | 00:46:27 | 00:45:44 | Georunners | Veterano 3 |
| 494 Rita Valentim | 00:25:23 | 00:46:28 | 00:46:22 | Clube Ferroviário Portugal | Veterana |
| 495 Carlos Alves | 00:25:07 | 00:46:28 | 00:46:09 | Clube Ferroviário Portugal | Veterano 3 |
| 496 Raquel Correia Lopes | 00:24:49 | 00:46:28 | 00:45:25 | | Senior |
| 497 Jorge Louro | 00:24:35 | 00:46:32 | 00:46:22 | | Veterano 2 |
| 498 Albano Coutinho | 00:24:44 | 00:46:34 | 00:45:49 | | Veterano 2 |
| 499 Eduardo Brito | 00:24:59 | 00:46:35 | 00:46:09 | Running of dª Maria | Senior |
| 500 Orlando Manuel Mestre Cruz | 00:24:02 | 00:46:36 | 00:45:38 | | Veterano 5 |
| 501 João Jose Cruz Cunha | 00:25:13 | 00:46:36 | 00:46:25 | Clube MILLENNIUMBCP | Veterano 3 |
| 502 Luis Almeida | 00:25:05 | 00:46:36 | 00:46:12 | Grupo Unidos e Progresso de Gralhas | Senior |
| 503 David Eduardo De Sousa Branco | 00:24:26 | 00:46:37 | 00:45:59 | | Senior |
| 504 Luis Amorim | 00:24:55 | 00:46:37 | 00:46:05 | | Veterano 1 |
| 505 Rui Pombinho | 00:25:34 | 00:46:38 | 00:45:56 | | Veterano 2 |
| 506 Antonio Sobral Sousa | 00:25:11 | 00:46:43 | 00:46:04 | Clube MILLENNIUMBCP | Veterano 6 |
| 507 Miguel Mateus | 00:24:26 | 00:46:43 | 00:46:26 | | Senior |
| 508 José Freitas | 00:24:58 | 00:46:44 | 00:46:36 | Associação Águas Livres de Caneças | Senior |
| 509 Luis Neves | 00:24:57 | 00:46:44 | 00:46:08 | | Veterano 3 |
| 510 Antonio Correia | 00:24:36 | 00:46:45 | 00:46:36 | | Veterano 2 |
| 511 Nuno Clemente | 00:25:23 | 00:46:45 | 00:45:45 | Carapaus de Corrida | Senior |
| 512 Nuno Azevedo | 00:25:42 | 00:46:46 | 00:45:29 | Centro Cultural e Desportivo dos Trabalhadores | Senior |
| 513 João Paulo Carvalho | 00:24:35 | 00:46:47 | 00:45:46 | | Senior |
| 514 Mario Miguel | 00:25:35 | 00:46:49 | 00:46:03 | 4@fundo | Senior |
| 515 Nuno Mendes Silva | 00:24:51 | 00:46:50 | 00:46:43 | GDINE | Veterano 4 |
| 516 Gonçalo Melo | 00:25:23 | 00:46:50 | 00:46:28 | | Veterano 2 |
| 517 Vitor Manuel Garrido De Matos Teixeira | 00:25:09 | 00:46:50 | 00:46:03 | | Veterano 3 |
| 518 Paulo Lopes | 00:25:09 | 00:46:51 | 00:45:21 | | Senior |



| Class. Atleta | 5 km | Tempo | T. Chip | Clube | Escação |
|---|-------------|--------------|----------------|--|----------------|
| 519 Paulo Gonçalves | 00:24:56 | 00:46:52 | 00:46:46 | | Senior |
| 520 Carlos Miranda | 00:24:13 | 00:46:52 | 00:46:46 | | Veterano 4 |
| 521 Sara Margarida Milheiro De Melo Marinho | 00:25:16 | 00:46:53 | 00:46:28 | | Senior |
| 522 David Alexandre Correia Coelho | 00:25:16 | 00:46:53 | 00:46:27 | | Senior |
| 523 Rui Trindade | 00:24:49 | 00:46:55 | 00:45:25 | | Veterano 1 |
| 524 Armando Tavares | 00:24:47 | 00:46:56 | 00:46:39 | Clube de Futebol Estrela | Veterano 5 |
| 525 Nuno Freitas | 00:24:57 | 00:46:56 | 00:46:49 | Associação Águas Livres de Caneças | Senior |
| 526 Rui Margarido | 00:25:41 | 00:46:57 | 00:46:15 | | Senior |
| 527 Vitor Rocha | 00:25:46 | 00:46:57 | 00:46:09 | | Veterano 3 |
| 528 Nuno Catarro | 00:25:42 | 00:46:57 | 00:46:15 | | Senior |
| 529 Pedro Cunha | 00:25:40 | 00:46:57 | 00:45:38 | Centro Cultural e Desportivo dos Trabalhadores | Veterano 2 |
| 530 Bruno Otavio Santos | 00:25:10 | 00:46:57 | 00:46:11 | | Junior |
| 531 Damião Santos | 00:25:11 | 00:46:57 | 00:46:11 | | Senior |
| 532 Assis Sérgio Fernandes | 00:25:41 | 00:46:57 | 00:46:47 | | Senior |
| 533 Joaquim Ermenegildo | 00:24:48 | 00:46:58 | 00:46:53 | Mirantense Futebol Clube | Veterano 2 |
| 534 José Luís Lopes | 00:24:39 | 00:47:00 | 00:46:42 | Amigos da Estrela | Veterano 3 |
| 535 António Joaquim Pereira Ramos | 00:25:12 | 00:47:01 | 00:46:32 | | Veterano 4 |
| 536 Carla Cruz | 00:25:36 | 00:47:02 | 00:46:35 | Clube do Stress | Veterana |
| 537 Jose Ferreira Caetano | 00:25:45 | 00:47:03 | 00:46:06 | | Veterano 4 |
| 538 Tito Miguel F.silva | 00:25:46 | 00:47:03 | 00:46:01 | | Senior |
| 539 Rudolfo Bento | 00:25:28 | 00:47:04 | 00:46:32 | Cidada Afável | Senior |
| 540 Domingos Augusto Marques Janela | 00:25:20 | 00:47:04 | 00:46:45 | | Veterano 6 |
| 541 João Paulo Valente Rodrigues | 00:25:49 | 00:47:06 | 00:46:29 | | Senior |
| 542 Liliana Isabel Ferreira Filipe | 00:25:02 | 00:47:07 | 00:46:39 | | Senior |
| 543 Luis Duarte | 00:25:59 | 00:47:07 | 00:47:06 | | Veterano 5 |
| 544 Fernando Faria | 00:24:57 | 00:47:08 | 00:46:19 | | Senior |
| 545 André Tavares | 00:24:55 | 00:47:08 | 00:46:18 | | Senior |
| 546 Carlos Dionisio Ipe | 00:25:59 | 00:47:08 | 00:46:45 | | Senior |
| 547 Amável Luz | 00:25:23 | 00:47:13 | 00:46:37 | UDR ZONA ALTA - Torres Novas | Veterano 3 |
| 548 Antonio José Gaspar Pombinho | 00:25:04 | 00:47:16 | 00:46:51 | | Veterano 3 |
| 549 António Júlio Machado Serra | 00:24:14 | 00:47:18 | 00:47:08 | | Veterano 3 |
| 550 Manuel Rebelo Nunes | 00:25:39 | 00:47:19 | 00:46:43 | Os Nunes | Veterano 4 |
| 551 Jeremias Ribeiro | 00:26:18 | 00:47:19 | 00:46:22 | | Veterano 6 |
| 552 Marco Meireles | 00:25:21 | 00:47:20 | 00:47:07 | | Senior |
| 553 Paulo Puga | 00:25:12 | 00:47:20 | 00:46:59 | GDINE | Veterano 2 |
| 554 António Portugal | 00:25:01 | 00:47:20 | 00:47:09 | GDINE | Veterano 2 |
| 555 Miguel Roxo | 00:25:00 | 00:47:22 | 00:46:32 | Premium Minds | Senior |



CLASSIFICAÇÕES



| Class. Atleta | 5 km | Tempo | T. Chip | Clube | Escação |
|-----------------------------------|-------------|--------------|----------------|--|----------------|
| 556 Madalena Figueiredo Fontinhas | 00:25:01 | 00:47:23 | 00:46:55 | | Senior |
| 557 Carlos Neves | 00:25:07 | 00:47:24 | 00:47:21 | Os Indomáveis | Senior |
| 558 Eduardo Lobito | 00:25:59 | 00:47:25 | 00:47:03 | | Senior |
| 559 Jose Tomas Ramalhinho Leitao | 00:26:00 | 00:47:25 | 00:47:04 | | Veterano 1 |
| 560 Ramiro Damas | 00:25:32 | 00:47:27 | 00:46:38 | Grupo de Atletismo «OS PATRICIOS» | Veterano 5 |
| 561 Américo Costa | 00:25:17 | 00:47:27 | 00:46:54 | TECNOSPPIE, SA | Veterano 3 |
| 562 Luis Manuel Santos | 00:25:39 | 00:47:28 | 00:46:02 | | Veterano 1 |
| 563 Carla Leão | 00:24:57 | 00:47:28 | 00:46:49 | Jubas | Veterana |
| 564 Pedro Pires | 00:25:14 | 00:47:31 | 00:47:16 | Link | Senior |
| 565 Rafael Santos | 00:25:53 | 00:47:31 | 00:46:13 | Centro Cultural e Desportivo dos Trabalhadores | Veterano 1 |
| 566 Barros Costa | 00:25:54 | 00:47:31 | 00:46:12 | Centro Cultural e Desportivo dos Trabalhadores | Veterano 4 |
| 567 Teresa Marques Da Silva | 00:24:45 | 00:47:31 | 00:47:04 | Clube do Stress | Veterana |
| 568 Carlos Vilaça | 00:25:32 | 00:47:31 | 00:47:18 | | Senior |
| 569 Jorge Mendes | 00:26:34 | 00:47:32 | 00:47:04 | | Senior |
| 570 Filipe Santos | 00:27:07 | 00:47:34 | 00:46:54 | Trolemom | Senior |
| 571 Luis Miguel Xavier | 00:28:07 | 00:47:35 | 00:47:17 | | Senior |
| 572 Pedro Quina | 00:26:11 | 00:47:36 | 00:46:42 | | Veterano 2 |
| 573 Maria Venancio | 00:25:40 | 00:47:36 | 00:47:31 | | Veterana |
| 574 Nuno Pereira | 00:25:23 | 00:47:38 | 00:47:16 | ASICS | Veterano 1 |
| 575 Helio Pereira | 00:26:40 | 00:47:39 | 00:46:48 | Alvite Moimenta da Beira | Senior |
| 576 Luis Barbosa | 00:26:40 | 00:47:39 | 00:46:50 | Alvite Moimenta da Beira | Senior |
| 577 Ricardo Pacheco | 00:24:54 | 00:47:41 | 00:47:24 | | Senior |
| 578 Nelson Oliveira Jorge | 00:25:32 | 00:47:41 | 00:47:19 | | Senior |
| 579 Fábio Carballo | 00:25:39 | 00:47:44 | 00:47:07 | | Senior |
| 580 Mário Jorge Oliveira Lucas | 00:25:27 | 00:47:44 | 00:47:10 | | Senior |
| 581 Hugo Miguel Esteves Rego | 00:25:12 | 00:47:44 | 00:46:23 | | Senior |
| 582 Fernando Santos | 00:25:16 | 00:47:45 | 00:47:22 | Falcões Selvagens | Veterano 2 |
| 583 José Costa | 00:25:33 | 00:47:46 | 00:46:56 | | Veterano 1 |
| 584 João Valadas Calado | 00:26:28 | 00:47:49 | 00:47:07 | Clube MILLENNIUMBGP | Veterano 2 |
| 585 João Roxo | 00:24:29 | 00:47:50 | 00:46:51 | | Veterano 1 |
| 586 António Serafim Desidério | 00:25:51 | 00:47:53 | 00:46:51 | Run 4 Fun | Veterano 1 |
| 587 António Sul | 00:25:48 | 00:47:54 | 00:47:28 | GARMIN Olimpico de Oeiras | Veterano 1 |
| 588 Bruno Esteves Augusto | 00:25:12 | 00:47:54 | 00:46:34 | | Senior |
| 589 Nuno António Soares | 00:25:15 | 00:47:55 | 00:46:51 | PrimeFitness | Senior |
| 590 Raul Costa | 00:25:50 | 00:47:55 | 00:47:25 | Clube Robbialac | Veterano 3 |
| 591 Jorge Paulo | 00:25:51 | 00:47:56 | 00:46:56 | Run 4 Fun | Veterano 3 |
| 592 Joaquim Manuel Cardoso | 00:25:55 | 00:47:57 | 00:47:24 | | Senior |



CLASSIFICAÇÕES



| Class. Atleta | 5 km | Tempo | T. Chip | Clube | Escalão |
|--|-------------|--------------|----------------|--|----------------|
| 593 Paulo Duarte | 00:26:12 | 00:47:58 | 00:47:54 | GDCT UNICRE | Veterano 2 |
| 594 Jorge Gaudencio | 00:24:55 | 00:47:59 | 00:47:19 | complicados | Senior |
| 595 André Miguel Dias Lopes | 00:25:41 | 00:47:59 | 00:47:23 | | Senior |
| 596 Mario Antonio | 00:25:40 | 00:48:01 | 00:47:44 | Tangas Clube | Veterano 6 |
| 597 Rui Abel Dias Vieira | 00:24:38 | 00:48:01 | 00:47:22 | | Senior |
| 598 Jose Carlos Cardoso | 00:27:25 | 00:48:01 | 00:47:32 | | Senior |
| 599 Ana Canhoto | 00:25:59 | 00:48:01 | 00:47:16 | Canhoto | Veterana |
| 600 Ricardo Dias | 00:25:49 | 00:48:02 | 00:47:32 | Centro Cultural e Desportivo dos Trabalhadores | Senior |
| 601 Rosa Pratas | 00:25:14 | 00:48:02 | 00:47:52 | Clube Ferroviário Portugal | Veterana |
| 602 António Cumbre | 00:26:13 | 00:48:02 | 00:47:56 | Pernas de Gafanhoto | Senior |
| 603 João Cunha | 00:26:44 | 00:48:05 | 00:46:40 | | Veterano 2 |
| 604 Mário Ferro | 00:25:59 | 00:48:07 | 00:47:55 | Clube Ferroviário Portugal | Veterano 4 |
| 605 Andre Carlos Barata | 00:26:10 | 00:48:09 | 00:47:21 | | Junior |
| 606 Carlos Alberto Martins Costa | 00:24:50 | 00:48:11 | 00:47:08 | | Senior |
| 607 Sérgio Antunes | 00:26:02 | 00:48:14 | 00:46:52 | Running Strike Force | Senior |
| 608 Joao Milheiro | 00:25:56 | 00:48:14 | 00:47:32 | O Celeiro Da Memoria | Veterano 3 |
| 609 Tomás Pina | 00:26:37 | 00:48:15 | 00:48:00 | | Veterano 1 |
| 610 Vitor Manuel Pereira Gonçalves | 00:26:10 | 00:48:15 | 00:47:19 | | Veterano 1 |
| 611 João Pedro | 00:25:47 | 00:48:17 | 00:48:09 | | Junior |
| 612 Nuro De Matos Carvalho | 00:25:11 | 00:48:18 | 00:46:49 | | Senior |
| 613 Alberto Ramires | 00:25:08 | 00:48:18 | 00:48:09 | | Veterano 4 |
| 614 João Carlos Almeida Borges | 00:25:23 | 00:48:19 | 00:47:33 | | Veterano 1 |
| 615 Antõnio Sousa | 00:25:28 | 00:48:19 | 00:48:12 | | Veterano 6 |
| 616 Manuel Azedo | 00:26:04 | 00:48:20 | 00:47:33 | | Veterano 3 |
| 617 Fernanda Parro | 00:25:32 | 00:48:22 | 00:48:11 | GARMIN Olimpico de Oeiras | Veterana |
| 618 Ricardo Silva | 00:26:39 | 00:48:22 | 00:47:49 | Clube Grupo BES | Senior |
| 619 Luis Parro | 00:25:30 | 00:48:22 | 00:48:11 | GARMIN Olimpico de Oeiras | Veterano 3 |
| 620 Manuel Sequeira | 00:26:00 | 00:48:24 | 00:47:26 | Associação de Atletismo Lebres do Sado | Veterano 5 |
| 621 Sérgio Moreiras | 00:25:58 | 00:48:26 | 00:47:05 | Running Strike Force | Senior |
| 622 João Gomes | 00:26:00 | 00:48:27 | 00:48:07 | | Senior |
| 623 Pedro Nuno Gonçalves Nunes Fernandes | 00:24:57 | 00:48:27 | 00:47:52 | | Senior |
| 624 Eurico Semedo | 00:26:02 | 00:48:27 | 00:47:32 | ss cgd | Veterano 5 |
| 625 Antonio Ferreira | 00:26:19 | 00:48:27 | 00:48:16 | ss cgd | Veterano 4 |
| 626 Luis Gomes | 00:26:40 | 00:48:28 | 00:47:40 | Alvite Moimenta da Beira | Senior |
| 627 Pedro Plassen Lopes | 00:25:57 | 00:48:29 | 00:47:01 | | Veterano 1 |
| 628 Luis Manuel Lopes Vicente | 00:26:50 | 00:48:29 | 00:48:11 | | Veterano 3 |
| 629 Carlos Correia | 00:26:26 | 00:48:32 | 00:48:22 | Grupo Excursionista Os Economicos | Senior |



| Class. Atleta | 5 km | Tempo | T. Chip | Clube | Escação |
|--------------------------------------|-------------|--------------|----------------|---------------------------------|----------------|
| 630 Carlos Caetano Silva | 00:25:29 | 00:48:33 | 00:48:21 | Serviços Sociais Montepio Geral | Veterano 1 |
| 631 Pedro Bugalho Fernandes | 00:25:54 | 00:48:34 | 00:47:59 | Clube MILLENNIUMBBCP | Senior |
| 632 Jean-paul Ascenso | 00:25:31 | 00:48:34 | 00:48:23 | | Senior |
| 633 Sergio Castro | 00:25:47 | 00:48:36 | 00:47:16 | | Senior |
| 634 Cláudio Monteiro | 00:26:31 | 00:48:37 | 00:47:43 | | Senior |
| 635 Domingos Barreiros | 00:25:46 | 00:48:38 | 00:48:26 | | Veterano 6 |
| 636 Artur Caetano Martins | 00:25:46 | 00:48:38 | 00:48:25 | Tangas Clube | Veterano 6 |
| 637 Alexandre Rodrigues | 00:26:27 | 00:48:38 | 00:48:16 | BueRapidos | Veterano 1 |
| 638 Guilherme Rosa | 00:25:19 | 00:48:38 | 00:48:27 | N&A CNAS | Veterano 2 |
| 639 Isabel Santos | 00:25:50 | 00:48:40 | 00:48:20 | | Veterana |
| 640 Miguel Vergamota | 00:26:54 | 00:48:40 | 00:48:31 | | Veterano 1 |
| 641 Fernando Azevedo | 00:25:25 | 00:48:40 | 00:47:49 | C.C.D. S.R.S. de Lisboa | Veterano 4 |
| 642 Paulo Rodrigues | 00:26:03 | 00:48:41 | 00:48:10 | | Veterano 1 |
| 643 Isidro Martins Carvalho | 00:26:30 | 00:48:42 | 00:48:19 | Papa Léguas Team | Veterano 1 |
| 644 Joaquim Querido | 00:25:58 | 00:48:44 | 00:48:00 | | Veterano 3 |
| 645 Carlos Manuel Campos Miranda | 00:26:09 | 00:48:45 | 00:48:43 | | Veterano 2 |
| 646 Rui Manuel Almeida | 00:26:16 | 00:48:48 | 00:48:40 | | Senior |
| 647 Fernando Pires | 00:25:33 | 00:48:48 | 00:46:51 | | Senior |
| 648 Tomás Sousa | 00:24:59 | 00:48:49 | 00:48:25 | Os Super | Senior |
| 649 Carlos Renato | 00:26:30 | 00:48:49 | 00:47:57 | Connect2Run | Veterano 3 |
| 650 Henriqueta Solipa | 00:26:35 | 00:48:49 | 00:48:02 | Connect2Run | Veterana |
| 651 Hugo Cruz | 00:26:37 | 00:48:50 | 00:47:47 | | Senior |
| 652 Celso Gomes | 00:25:25 | 00:48:51 | 00:48:39 | | Veterano 3 |
| 653 Pedro Mourão | 00:25:42 | 00:48:52 | 00:47:29 | Georunners | Veterano 3 |
| 654 Mário Luís | 00:26:20 | 00:48:54 | 00:47:55 | Carapaus de Corrida | Veterano 2 |
| 655 Mauricio Antunes Da Silva Júnior | 00:26:48 | 00:48:55 | 00:47:56 | | Senior |
| 656 Vitor Luis Dos Santos Rocha | 00:28:16 | 00:48:55 | 00:47:56 | | Veterano 1 |
| 657 Marcelo Esteves | 00:25:58 | 00:48:55 | 00:48:16 | Amigos da Estrela | Senior |
| 658 Joao Pedro Ferreira | 00:27:24 | 00:48:57 | 00:48:27 | | Senior |
| 659 Rui Vergamota | 00:25:58 | 00:48:57 | 00:47:46 | | Veterano 3 |
| 660 Fernando Pestana | 00:25:38 | 00:48:59 | 00:48:57 | Clube Ferroviário Portugal | Veterano 5 |
| 661 Anabela Pacheco | 00:26:08 | 00:49:01 | 00:48:31 | O Mundo da Corrida | Veterana |
| 662 Jose Dias | 00:26:39 | 00:49:01 | 00:48:31 | brandoa corre | Veterano 3 |
| 663 José Magro | 00:26:02 | 00:49:01 | 00:48:30 | O Mundo Corrida | Veterano 1 |
| 664 Antonio Ribeiro | 00:26:08 | 00:49:01 | 00:47:48 | | Veterano 2 |
| 665 Duarte Lima | 00:25:41 | 00:49:02 | 00:48:43 | LimaSLB | Junior |
| 666 Joao Salazar | 00:25:32 | 00:49:03 | 00:48:48 | | Veterano 1 |



| Class. Atleta | 5 km | Tempo | T. Chip | Clube | Escação |
|---------------------------------------|-------------|--------------|----------------|---|----------------|
| 667 Jorge Vieira | 00:25:56 | 00:49:03 | 00:47:51 | ACS - Amigos da Corrida Salvaterra de Magos | Veterano 2 |
| 668 Miguel Alves | 00:25:30 | 00:49:03 | 00:48:34 | | Senior |
| 669 Jorge Almeida | 00:26:30 | 00:49:04 | 00:48:12 | Connect2Run | Veterano 1 |
| 670 Pedro Beltrão | 00:26:13 | 00:49:04 | 00:48:28 | Squadra | Senior |
| 671 Ricardo Jorge Cipriano Pita | 00:25:56 | 00:49:05 | 00:48:42 | | Senior |
| 672 Guilherme Alves | 00:26:59 | 00:49:06 | 00:48:54 | | Junior |
| 673 Paula Almeida | 00:26:58 | 00:49:07 | 00:48:53 | Clube ANA Lisboa | Veterana |
| 674 Antonio Franco | 00:26:48 | 00:49:07 | 00:47:59 | Serviços Sociais Montepio Geral | Veterano 2 |
| 675 João Pacheco | 00:26:46 | 00:49:07 | 00:47:59 | Centro Desportivo de Quarteira | Senior |
| 676 Tiago Filipe Lopes Da Silva | 00:26:15 | 00:49:08 | 00:48:45 | | Senior |
| 677 Pedro Lóios | 00:27:40 | 00:49:09 | 00:48:34 | | Senior |
| 678 Jose Graca Valentim | 00:28:09 | 00:49:10 | 00:48:13 | Clube Colaboradores AXA | Veterano 1 |
| 679 Rui Rabaça | 00:27:41 | 00:49:10 | 00:48:34 | | Senior |
| 680 Hugo Rodrigues | 00:25:39 | 00:49:10 | 00:48:51 | | Senior |
| 681 Vitor Santos | 00:26:21 | 00:49:11 | 00:48:12 | Carapaus de Corrida | Veterano 1 |
| 682 Vera Lucia Correia | 00:26:06 | 00:49:11 | 00:49:01 | | Senior |
| 683 Teresa Sepúlveda | 00:25:54 | 00:49:12 | 00:48:37 | | Senior |
| 684 Alvaro Ricardo | 00:26:13 | 00:49:12 | 00:49:01 | | Veterano 5 |
| 685 Samuel Pereira | 00:26:11 | 00:49:13 | 00:48:01 | Acc Team | Senior |
| 686 Bruno Soares | 00:25:40 | 00:49:13 | 00:48:18 | | Senior |
| 687 Jorge Marques | 00:26:44 | 00:49:17 | 00:48:43 | | Veterano 4 |
| 688 Marcelo Cardoso | 00:26:35 | 00:49:18 | 00:49:16 | GDCT UNICRE | Veterano 1 |
| 689 José Castro | 00:27:34 | 00:49:19 | 00:48:03 | Clube Atletismo Amigos de Belém | Veterano 3 |
| 690 Rui Vilão | 00:26:47 | 00:49:20 | 00:48:11 | | Veterano 1 |
| 691 Nuno Morgado | 00:26:41 | 00:49:20 | 00:49:08 | Gafanho Sport Clube | Veterano 3 |
| 692 Luis Miguel Silva Neves Calheiros | 00:26:28 | 00:49:21 | 00:48:36 | | Senior |
| 693 Fernando Leão | 00:25:35 | 00:49:21 | 00:48:41 | Jubas | Veterano 1 |
| 694 António Pedro Mata | 00:26:23 | 00:49:22 | 00:48:23 | Run 4 Fun | Veterano 3 |
| 695 Pedro Miguel Henriques Dos Santos | 00:26:08 | 00:49:23 | 00:48:17 | | Senior |
| 696 Cláudia Lorena Ferreira | 00:27:28 | 00:49:25 | 00:48:37 | | Veterana |
| 697 José Ramos | 00:26:20 | 00:49:25 | 00:49:16 | | Veterano 1 |
| 698 Ramiro Borrego | 00:26:19 | 00:49:25 | 00:49:15 | | Veterano 2 |
| 699 Eduardo Coelho | 00:24:13 | 00:49:26 | 00:49:19 | | Senior |
| 700 Bruno Filipe Mendes | 00:26:52 | 00:49:27 | 00:48:51 | DFA | Senior |
| 701 Conceição Peres | 00:26:46 | 00:49:28 | 00:48:54 | Clube ANA Lisboa | Veterana |
| 702 José Manuel Dos Santos Alípio | 00:26:19 | 00:49:28 | 00:49:04 | | Veterano 3 |
| 703 Luis Pedro Santos | 00:25:14 | 00:49:29 | 00:49:11 | | Senior |



| Class. Atleta | 5 km | Tempo | T. Chip | Clube | Escação |
|---|-------------|--------------|----------------|-----------------------------------|----------------|
| 704 José Mauricio | 00:26:57 | 00:49:29 | 00:49:11 | | Veterano 4 |
| 705 António Norte | 00:26:43 | 00:49:30 | 00:48:23 | | Senior |
| 706 Carlos Alberto Tome | 00:26:10 | 00:49:31 | 00:49:14 | Clube MILLENNIUMBCP | Veterano 5 |
| 707 Paulo Fernandes | 00:25:43 | 00:49:32 | 00:48:52 | complicados | Senior |
| 708 Paulo Pereira | 00:26:48 | 00:49:32 | 00:48:24 | Serviços Sociais Montepio Geral | Veterano 1 |
| 709 Maria Cidalia Gois Sousa Dos Santos | 00:27:11 | 00:49:32 | 00:49:25 | | Veterana |
| 710 Pedro Silva | 00:26:03 | 00:49:32 | 00:49:10 | Os Queimados | Senior |
| 711 Henrique Ferreira | 00:25:09 | 00:49:33 | 00:49:14 | U.R.D. Arranhó | Veterano 1 |
| 712 Nuno Marques | 00:26:34 | 00:49:34 | 00:48:38 | Pernas de Gafanhoto | Senior |
| 713 Eloi Marques Da Silva | 00:25:55 | 00:49:36 | 00:49:15 | Clube do Stress | Veterano 5 |
| 714 Nuno Amaro | 00:26:38 | 00:49:36 | 00:49:22 | | Veterano 1 |
| 715 Jose Luis | 00:26:36 | 00:49:36 | 00:49:02 | | Veterano 3 |
| 716 André Camilo | 00:26:35 | 00:49:37 | 00:49:04 | Premium Minds | Senior |
| 717 João Ralha | 00:27:18 | 00:49:41 | 00:48:34 | Run 4 Fun | Veterano 3 |
| 718 Vitor Cardoso | 00:26:25 | 00:49:43 | 00:49:38 | | Veterano 2 |
| 719 Helder Rodrigues | 00:27:59 | 00:49:43 | 00:49:28 | | Senior |
| 720 Luis Carlos Fernandes Almeida | 00:26:53 | 00:49:44 | 00:49:16 | | Senior |
| 721 Paulo Lourinho | 00:27:36 | 00:49:48 | 00:48:35 | | Veterano 1 |
| 722 Júlio Castro | 00:27:35 | 00:49:48 | 00:48:34 | Clube Atletismo Amigos de Belém | Veterano 3 |
| 723 Francisco Manuel Dos Reis Gomes | 00:26:03 | 00:49:50 | 00:49:41 | | Senior |
| 724 Ana Margarida Vasconcelos Pereira | 00:27:11 | 00:49:52 | 00:49:33 | | Junior |
| 725 Domingos Mó | 00:26:31 | 00:49:53 | 00:49:22 | Grupo de Atletismo «OS PATRICIOS» | Veterano 5 |
| 726 Carlos Pinto Coelho | 00:26:38 | 00:49:53 | 00:49:12 | | Veterano 3 |
| 727 Carla Alexandra Lopes | 00:26:46 | 00:49:57 | 00:49:39 | GDINE | Senior |
| 728 Carlos Pereira | 00:26:44 | 00:49:57 | 00:49:09 | Alvite Moimenta da Beira | Veterano 1 |
| 729 Paulo Lopes | 00:26:49 | 00:49:57 | 00:49:07 | Alvite Moimenta da Beira | Senior |
| 730 Fernando Rodrigues | 00:26:46 | 00:49:57 | 00:49:10 | U.R.D. Arranhó | Veterano 1 |
| 731 Gabriel Antonio | 00:26:45 | 00:49:58 | 00:49:10 | U.R.D. Arranhó | Veterano 2 |
| 732 Edmundo Lourenço | 00:26:46 | 00:49:58 | 00:49:11 | U.R.D. Arranhó | Senior |
| 733 Nuno Dos Santos André | 00:27:33 | 00:49:59 | 00:49:25 | | Senior |
| 734 Pedro Miguel Silva Vieira | 00:27:31 | 00:50:00 | 00:49:25 | | Senior |
| 735 Tiago Ribeiro | 00:27:26 | 00:50:00 | 00:48:57 | Run 4 Fun | Senior |
| 736 Fernando Fernandes | 00:27:06 | 00:50:02 | 00:48:55 | wikaboo | Senior |
| 737 Ana Maria Gonçalves | 00:26:54 | 00:50:02 | 00:49:25 | DFA | Senior |
| 738 Jose Piedade | 00:26:35 | 00:50:03 | 00:49:30 | brandoa corre | Veterano 2 |
| 739 Nuno Santos | 00:27:08 | 00:50:06 | 00:49:27 | Trolemom | Senior |
| 740 Francisco Covas | 00:26:40 | 00:50:06 | 00:49:35 | | Senior |



| Class. Atleta | 5 km | Tempo | T. Chip | Clube | Escação |
|--|-------------|--------------|----------------|--------------------------------|----------------|
| 741 Ana Torrão | 00:26:11 | 00:50:06 | 00:48:53 | | Veterana |
| 742 António Manteiga | 00:27:02 | 00:50:07 | 00:48:54 | Clube do Stress | Senior |
| 743 Ana Margarida Gonçalves | 00:27:03 | 00:50:07 | 00:48:54 | Run 4 Fun | Veterana |
| 744 Mário Lopes | 00:27:28 | 00:50:07 | 00:49:03 | Centro Desportivo de Quarteira | Veterano 1 |
| 745 Jorge Brito | 00:27:25 | 00:50:07 | 00:48:59 | Centro Desportivo de Quarteira | Veterano 1 |
| 746 Paulo Roxo | 00:26:34 | 00:50:07 | 00:49:54 | | Senior |
| 747 Agostinho Dias | 00:26:26 | 00:50:08 | 00:49:08 | Carapaus de Corrida | Veterano 2 |
| 748 João Pinto | 00:26:59 | 00:50:09 | 00:49:03 | G A Monsanto/Gascan | Veterano 3 |
| 749 Jorge Pombo | 00:27:21 | 00:50:12 | 00:49:22 | | Veterano 2 |
| 750 Petra De Carvalho Matias Jelínková | 00:27:04 | 00:50:12 | 00:49:13 | | Senior |
| 751 Manuel Rodrigo | 00:26:23 | 00:50:17 | 00:50:05 | | Veterano 5 |
| 752 Arlindo Conde | 00:27:20 | 00:50:19 | 00:49:00 | | Veterano 2 |
| 753 João Grilo | 00:27:03 | 00:50:21 | 00:49:08 | | Senior |
| 754 Daniel Rodrigues | 00:26:30 | 00:50:22 | 00:49:47 | Clube Robbialac | Senior |
| 755 Pedro Sanches | 00:28:18 | 00:50:27 | 00:49:16 | | Senior |
| 756 Manuel Simões | 00:26:29 | 00:50:27 | 00:49:42 | Clube Ferroviário Portugal | Veterano 5 |
| 757 João Ratinho | 00:26:24 | 00:50:30 | 00:49:32 | | Veterano 2 |
| 758 Luis Aguiar | 00:26:29 | 00:50:30 | 00:49:52 | | Veterano 1 |
| 759 Carlos Pinto Abreu | 00:26:31 | 00:50:30 | 00:50:08 | Clube do Stress | Veterano 1 |
| 760 Horácio Gomes Vieira | 00:27:32 | 00:50:32 | 00:49:57 | | Veterano 5 |
| 761 Fernando Nunes | 00:26:34 | 00:50:32 | 00:49:49 | | Senior |
| 762 Manuel Tavares | 00:25:43 | 00:50:32 | 00:50:25 | Grupo Desp. Chelas | Veterano 3 |
| 763 Ricardo Silva | 00:27:45 | 00:50:34 | 00:50:24 | | Senior |
| 764 Alberto Carlos Saraiva Pereira Bento | 00:27:21 | 00:50:34 | 00:49:45 | | Veterano 1 |
| 765 José Milagres | 00:26:37 | 00:50:34 | 00:50:32 | GDCT UNICRE | Veterano 4 |
| 766 Nuno Jacinto | 00:26:52 | 00:50:35 | 00:50:19 | | Veterano 1 |
| 767 Fernando Machado | 00:27:13 | 00:50:35 | 00:49:38 | | Veterano 3 |
| 768 Ana Groznic | 00:27:13 | 00:50:35 | 00:49:37 | | Veterana |
| 769 Manuel Cardoso | 00:26:50 | 00:50:36 | 00:50:08 | Clube de Futebol Estrela | Veterano 5 |
| 770 Alexandre De Azevedo Gaspar | 00:26:49 | 00:50:37 | 00:50:25 | | Veterano 6 |
| 771 Fernanda Costa | 00:26:50 | 00:50:37 | 00:50:33 | Amigos Atletismo Mafra | Veterana |
| 772 Marina Baptista | 00:27:39 | 00:50:38 | 00:50:11 | | Veterana |
| 773 Eduardo Monteiro Ramos | 00:25:45 | 00:50:39 | 00:50:16 | | Junior |
| 774 Raquel Franja Madeira | 00:28:21 | 00:50:40 | 00:50:15 | | Senior |
| 775 Luis Antunes | 00:27:08 | 00:50:40 | 00:50:11 | G A Monsanto/Gascan | Veterano 2 |
| 776 Vilma Maria Pessanha Flores Bento | 00:27:21 | 00:50:41 | 00:49:53 | | Veterana |
| 777 Fernando Alves | 00:27:07 | 00:50:42 | 00:49:41 | ss cgd | Veterano 3 |



| Class. Atleta | 5 km | Tempo | T. Chip | Clube | Escação |
|--------------------------------------|-------------|--------------|----------------|--|----------------|
| 778 Carlos Assis | 00:27:18 | 00:50:43 | 00:50:00 | Os beri beri do asfalto | Senior |
| 779 Renato Silva | 00:27:06 | 00:50:45 | 00:49:59 | | Senior |
| 780 Artur Pereira | 00:26:54 | 00:50:45 | 00:50:15 | | Veterano 4 |
| 781 Jorge Manuel De Oliveira Martins | 00:27:30 | 00:50:45 | 00:50:00 | | Senior |
| 782 Luis Afonso | 00:28:02 | 00:50:46 | 00:49:57 | | Senior |
| 783 Pedro Figueira Da Silva Gois | 00:28:00 | 00:50:46 | 00:49:31 | | Senior |
| 784 Jose Loureiro | 00:27:25 | 00:50:46 | 00:50:19 | AOGMA | Veterano 2 |
| 785 João Paulo Santos Lima | 00:27:23 | 00:50:47 | 00:50:09 | 4 ao Km | Veterano 3 |
| 786 Alexandre Vaz | 00:27:02 | 00:50:49 | 00:50:28 | Grupo Excursionista Os Economicos | Senior |
| 787 Catarina Dias | 00:26:46 | 00:50:49 | 00:50:06 | Serviços Sociais Montepio Geral | Senior |
| 788 Fernando Calçada | 00:26:46 | 00:50:50 | 00:50:06 | Serviços Sociais Montepio Geral | Senior |
| 789 Carlos Costa | 00:27:18 | 00:50:50 | 00:50:05 | | Veterano 1 |
| 790 Susana Santos | 00:27:18 | 00:50:50 | 00:50:05 | Clube ANA Lisboa | Senior |
| 791 Roberto Félix | 00:26:20 | 00:50:53 | 00:50:36 | Link | Senior |
| 792 Elisabete Barreira | 00:27:09 | 00:50:53 | 00:50:38 | Grupo Recreativo Cultural e Desportivo de Leia | Senior |
| 793 António Marques | 00:27:00 | 00:50:54 | 00:49:40 | | Veterano 5 |
| 794 Jose Coelho Da Piedade | 00:27:04 | 00:50:56 | 00:50:12 | | Veterano 4 |
| 795 Pedro Machado | 00:27:42 | 00:50:58 | 00:50:41 | Clube ANA Lisboa | Veterano 1 |
| 796 Paulo Vilão | 00:25:48 | 00:50:59 | 00:50:08 | | Senior |
| 797 José Coelho | 00:27:16 | 00:51:00 | 00:50:15 | Os beri beri do asfalto | Veterano 1 |
| 798 Alexandre Pitta Livério | 00:26:22 | 00:51:02 | 00:50:24 | | Senior |
| 799 Carlos Marques Janela | 00:27:43 | 00:51:06 | 00:50:46 | Clube MILLENNIUMBCP | Veterano 4 |
| 800 Antonio Alves | 00:26:54 | 00:51:07 | 00:50:53 | | Veterano 5 |
| 801 Albertino Semedo | 00:27:31 | 00:51:07 | 00:50:09 | ss cgd | Veterano 3 |
| 802 João Dias Frias | 00:26:22 | 00:51:11 | 00:50:49 | GDINE | Veterano 4 |
| 803 Sonia Cristina | 00:26:47 | 00:51:16 | 00:50:21 | Clube Grupo BES | Veterana |
| 804 Inês Gonçalves | 00:26:11 | 00:51:17 | 00:50:59 | | Senior |
| 805 Rui Nobre Gonçalves | 00:26:09 | 00:51:17 | 00:51:00 | | Veterano 3 |
| 806 Carlos Albano | 00:27:39 | 00:51:17 | 00:50:18 | ss cgd | Veterano 1 |
| 807 João Francisco Ramos De Oliveira | 00:26:57 | 00:51:18 | 00:51:11 | | Veterano 2 |
| 808 Paulo Costa | 00:26:47 | 00:51:20 | 00:51:04 | Amigos da Estrela | Senior |
| 809 João Carvalho | 00:26:54 | 00:51:20 | 00:50:49 | | Senior |
| 810 Jorge Domingos | 00:27:20 | 00:51:20 | 00:50:40 | ACD Bocal | Senior |
| 811 Carminda Pires | 00:27:13 | 00:51:21 | 00:51:04 | | Veterana |
| 812 Fernando Jorge Matias | 00:28:16 | 00:51:22 | 00:50:24 | | Veterano 4 |
| 813 Fernando Cardoso | 00:27:19 | 00:51:23 | 00:50:16 | Centro Cultural e Desportivo dos Trabalhadores | Veterano 4 |
| 814 Alberto Martinho | 00:27:20 | 00:51:23 | 00:50:16 | Centro Cultural e Desportivo dos Trabalhadores | Veterano 2 |



CLASSIFICAÇÕES



| Class. Atleta | 5 km | Tempo | T. Chip | Clube | Escação |
|-------------------------------------|-------------|--------------|----------------|--|----------------|
| 815 Pedro Vicente | 00:27:15 | 00:51:24 | 00:50:31 | | Senior |
| 816 Ricardo Alves | 00:27:42 | 00:51:25 | 00:50:39 | | Veterano 1 |
| 817 Joaquim Nunes Pimentel | 00:27:42 | 00:51:25 | 00:50:56 | | Senior |
| 818 Pedro Jorge Viegas Simões | 00:26:46 | 00:51:25 | 00:51:07 | Clube ANA Lisboa | Veterano 1 |
| 819 Amilcar Pires | 00:27:27 | 00:51:26 | 00:50:23 | | Veterano 5 |
| 820 Nuno Prates | 00:27:27 | 00:51:26 | 00:50:38 | | Veterano 1 |
| 821 Paula Machado | 00:27:26 | 00:51:26 | 00:51:01 | | Veterana |
| 822 Marta Pais Quina | 00:27:14 | 00:51:27 | 00:50:34 | | Senior |
| 823 Guilherme Albino | 00:27:36 | 00:51:29 | 00:50:23 | Serviços Sociais Montepio Geral | Senior |
| 824 Joao Vaz | 00:26:43 | 00:51:30 | 00:51:06 | brandoa corre | Veterano 2 |
| 825 João Tomás | 00:25:22 | 00:51:30 | 00:50:55 | Clube Grupo BES | Senior |
| 826 Sérgio Antunes | 00:29:30 | 00:51:31 | 00:50:54 | | Senior |
| 827 Ana Ferreira | 00:27:09 | 00:51:32 | 00:50:48 | Clube Grupo BES | Veterana |
| 828 Vítor Alves | 00:26:50 | 00:51:36 | 00:51:02 | | Veterano 2 |
| 829 Fábio Araújo Michelli | 00:26:33 | 00:51:36 | 00:49:49 | | Senior |
| 830 Miguel Carvalho | 00:27:17 | 00:51:38 | 00:50:43 | | Senior |
| 831 Rita Rodrigues | 00:28:06 | 00:51:40 | 00:51:21 | | Junior |
| 832 Marco Antonio Silva | 00:27:08 | 00:51:42 | 00:50:57 | | Veterano 1 |
| 833 Francisco Ramos | 00:27:58 | 00:51:47 | 00:50:47 | | Veterano 1 |
| 834 Raul Carvalho | 00:26:25 | 00:51:48 | 00:51:11 | Falcões Selvagens | Veterano 3 |
| 835 Carla Isabel Fernandes Teixeira | 00:28:01 | 00:51:49 | 00:51:17 | | Veterana |
| 836 António Sérgio Gameiro Rosa | 00:28:03 | 00:51:49 | 00:51:21 | | Veterano 3 |
| 837 Maria Goreti Fernandes | 00:27:41 | 00:51:50 | 00:51:24 | Grupo Desportivo CIMPOR | Veterana |
| 838 Armando José Teixeira Cardoso | 00:27:58 | 00:51:50 | 00:51:16 | | Veterano 2 |
| 839 Nuno Silva | 00:26:58 | 00:51:50 | 00:51:08 | Silva | Senior |
| 840 Carlos Pereira | 00:27:51 | 00:51:51 | 00:51:21 | | Veterano 2 |
| 841 António Dos Santos Morgado | 00:27:09 | 00:51:52 | 00:51:50 | Clube ANA Lisboa | Senior |
| 842 Célia Paiva | 00:27:00 | 00:51:53 | 00:51:40 | | Veterana |
| 843 Pedro Emanuel Nogueira Nunes | 00:28:12 | 00:51:54 | 00:51:08 | | Senior |
| 844 Sérgio Filipe Tavares Da Silva | 00:26:48 | 00:51:57 | 00:51:21 | | Senior |
| 845 Anselmo Tomaz De Lima | 00:27:56 | 00:51:57 | 00:51:18 | | Veterano 1 |
| 846 Joaquim Palma | 00:27:27 | 00:51:59 | 00:51:35 | Os Nunes | Veterano 4 |
| 847 Carlos Cruz Marques | 00:27:44 | 00:52:00 | 00:50:51 | Centro Cultural e Desportivo dos Trabalhadores | Veterano 5 |
| 848 Patricia Carvalho Dias | 00:28:01 | 00:52:00 | 00:51:07 | Clube Colaboradores AXA | Senior |
| 849 Rui Santos | 00:27:59 | 00:52:00 | 00:51:05 | | Senior |
| 850 Sandra Sofia Dos Santos Martins | 00:28:10 | 00:52:01 | 00:51:23 | 4 ao Km | Senior |
| 851 Paulo Fernandes | 00:28:08 | 00:52:01 | 00:51:22 | Associação de Atletismo Lebres do Sado | Senior |



| Class. Atleta | 5 km | Tempo | T. Chip | Clube | Escação |
|--|-------------|--------------|----------------|--------------------------------|----------------|
| 852 Ricardo Filipe Quintã Costa | 00:27:08 | 00:52:02 | 00:51:54 | | Junior |
| 853 João Pedro Veiga | 00:26:59 | 00:52:03 | 00:50:33 | | Senior |
| 854 José Vale | 00:27:29 | 00:52:03 | 00:51:47 | | Veterano 3 |
| 855 Antonio Reyes | 00:27:46 | 00:52:03 | 00:50:58 | G A Monsanto/Gascan | Veterano 4 |
| 856 Ricardo Rodrigues | 00:27:22 | 00:52:04 | 00:50:57 | ss cgd | Senior |
| 857 Gilberto Carlos Jardim Pereira | 00:28:33 | 00:52:07 | 00:50:45 | | Senior |
| 858 Antonio Lopes | 00:26:19 | 00:52:08 | 00:50:56 | | Veterano 4 |
| 859 Nuno Bom | 00:27:09 | 00:52:11 | 00:52:00 | Pepper House Running Team | Senior |
| 860 Vasco Alpalhão | 00:27:05 | 00:52:11 | 00:51:06 | Alpalhao | Veterano 1 |
| 861 Luis Silva | 00:28:09 | 00:52:15 | 00:51:06 | JDEUS | Senior |
| 862 Rui Jorge Nascimento Pires | 00:28:10 | 00:52:15 | 00:51:36 | | Veterano 3 |
| 863 Florival Andrade | 00:27:19 | 00:52:16 | 00:51:34 | O Celeiro Da Memoria | Veterano 5 |
| 864 Mário Dias Pereira | 00:27:57 | 00:52:17 | 00:51:33 | | Veterano 1 |
| 865 Lina Simanoniene | 00:28:48 | 00:52:18 | 00:50:54 | | Senior |
| 866 José M. Cardoso | 00:27:57 | 00:52:19 | 00:52:00 | Tangas Clube | Veterano 6 |
| 867 Goncalo Dinis | 00:28:34 | 00:52:20 | 00:51:45 | | Junior |
| 868 Jorge Pinto | 00:27:59 | 00:52:21 | 00:51:47 | Clube Robbialac | Veterano 1 |
| 869 Diogo Guilherme | 00:28:30 | 00:52:23 | 00:51:44 | G A Monsanto/Gascan | Senior |
| 870 Pedro Cardoso | 00:28:31 | 00:52:23 | 00:51:44 | G A Monsanto/Gascan | Senior |
| 871 José Amaro | 00:27:27 | 00:52:24 | 00:51:18 | Centro Desportivo de Quarteira | Veterano 3 |
| 872 Bruno Parreira | 00:27:00 | 00:52:26 | 00:51:32 | | Senior |
| 873 Luís Pimenta | 00:27:59 | 00:52:28 | 00:51:01 | | Senior |
| 874 Francisco Melo | 00:28:36 | 00:52:30 | 00:52:08 | | Veterano 1 |
| 875 Victor Manuel Da Silva Valente | 00:28:12 | 00:52:31 | 00:51:45 | | Veterano 4 |
| 876 Rita Aguiar | 00:27:19 | 00:52:31 | 00:52:01 | | Senior |
| 877 Luís Carlos Rodrigues De Sousa Miranda | 00:27:13 | 00:52:32 | 00:51:55 | | Senior |
| 878 José Vlilela | 00:28:23 | 00:52:36 | 00:52:03 | Clube Robbialac | Veterano 2 |
| 879 Bruno Bruto Da Costa | 00:28:01 | 00:52:37 | 00:51:23 | | Senior |
| 880 Osvaldo Pires | 00:27:54 | 00:52:37 | 00:51:32 | | Senior |
| 881 Ana Pacheco | 00:28:19 | 00:52:38 | 00:52:30 | Família Pacheco | Junior |
| 882 Antonio Silva | 00:27:05 | 00:52:38 | 00:52:17 | Os Queimados | Veterano 1 |
| 883 Pedro Fernandes | 00:27:42 | 00:52:40 | 00:52:03 | Bacana Running | Senior |
| 884 Marília Ribeiro | 00:28:42 | 00:52:41 | 00:51:37 | tokandar | Senior |
| 885 Mário Alves | 00:27:14 | 00:52:41 | 00:52:27 | | Senior |
| 886 José Carlos Antunes | 00:27:15 | 00:52:42 | 00:52:27 | | Senior |
| 887 Jacinto Godinho | 00:29:34 | 00:52:42 | 00:51:46 | Godinho | Veterano 2 |
| 888 Antonio Paulino | 00:27:24 | 00:52:44 | 00:52:35 | | Veterano 4 |



| Class. Atleta | 5 km | Tempo | T. Chip | Clube | Escação |
|---|-------------|--------------|----------------|--|----------------|
| 889 Gonçalo Delca | 00:27:59 | 00:52:45 | 00:51:31 | | Senior |
| 890 Fernando Guerra | 00:28:50 | 00:52:45 | 00:52:40 | | Veterano 6 |
| 891 Carlos Ambrósio | 00:27:59 | 00:52:45 | 00:51:32 | Clube ANA Lisboa | Junior |
| 892 Vasco Silva | 00:27:58 | 00:52:45 | 00:51:32 | | Veterano 2 |
| 893 Rosinda Gonçalves | 00:27:42 | 00:52:47 | 00:52:19 | ALGIMS | Veterana |
| 894 Mário Caetano | 00:28:36 | 00:52:48 | 00:52:36 | | Senior |
| 895 Joaquim Valadares | 00:28:03 | 00:52:50 | 00:52:36 | Valadares | Veterano 2 |
| 896 António Henriques Ribeiro | 00:27:35 | 00:52:52 | 00:52:03 | | Veterano 5 |
| 897 Igor Oliveira | 00:28:07 | 00:52:52 | 00:51:39 | Acc Team | Senior |
| 898 Bruno Alexandre Talhadas | 00:28:58 | 00:52:54 | 00:51:37 | | Senior |
| 899 Paulo Barra | 00:25:33 | 00:52:57 | 00:52:35 | Os Queimados | Veterano 1 |
| 900 Gonçalo Alves Carvalho | 00:28:18 | 00:52:59 | 00:51:49 | | Senior |
| 901 Elisabete Águas | 00:27:26 | 00:53:00 | 00:51:40 | C.C.D. O Alvitejo | Veterana |
| 902 Jaime Parda | 00:26:29 | 00:53:04 | 00:52:05 | Carapaus de Corrida | Veterano 1 |
| 903 João Carlos Ferreira | 00:28:33 | 00:53:04 | 00:52:40 | Grupo Desportivo CIMPOR | Senior |
| 904 Fatima Fernandes | 00:27:58 | 00:53:05 | 00:52:40 | Papa Léguas Team | Veterana |
| 905 Tiago Jorge Diogo Pedro | 00:28:33 | 00:53:07 | 00:52:16 | | Senior |
| 906 José Manuel Simões | 00:28:02 | 00:53:07 | 00:52:57 | Georunners | Veterano 4 |
| 907 Ricardo Rodrigues | 00:28:50 | 00:53:07 | 00:52:18 | | Senior |
| 908 Ana Cláudia Carrasco | 00:28:50 | 00:53:08 | 00:52:18 | | Senior |
| 909 Gonçalo Oliveira | 00:30:06 | 00:53:08 | 00:52:17 | 4@fundo | Senior |
| 910 Andre Juliao Gaspar | 00:29:53 | 00:53:09 | 00:51:54 | | Senior |
| 911 Luis Januário | 00:27:22 | 00:53:09 | 00:52:22 | Clube ANA Lisboa | Veterano 3 |
| 912 Joaquim Manuel Fulgêncio | 00:28:23 | 00:53:10 | 00:52:46 | Clube MILLENNIUMBPCP | Veterano 3 |
| 913 Liliana Marques | 00:28:05 | 00:53:10 | 00:52:25 | | Senior |
| 914 António Eduardo | 00:28:36 | 00:53:12 | 00:52:45 | Centro Cultural e Desportivo dos Trabalhadores | Veterano 4 |
| 915 Joao Goulart | 00:27:51 | 00:53:13 | 00:52:52 | | Senior |
| 916 José Pires | 00:28:11 | 00:53:13 | 00:52:45 | Centro Cultural e Desportivo dos Trabalhadores | Veterano 6 |
| 917 David Almeida | 00:27:03 | 00:53:14 | 00:52:08 | | Veterano 1 |
| 918 António Basso | 00:27:58 | 00:53:15 | 00:52:08 | | Veterano 1 |
| 919 Ana Paula Matias | 00:28:11 | 00:53:16 | 00:52:19 | Clube Colaboradores AXA | Veterana |
| 920 André Lapa | 00:29:26 | 00:53:22 | 00:52:19 | ASICS | Senior |
| 921 José Vieira | 00:29:27 | 00:53:22 | 00:52:19 | ASICS | Senior |
| 922 Teresa Figueiredo | 00:27:47 | 00:53:22 | 00:52:51 | | Senior |
| 923 Rui Jorge Mendonça Domingues | 00:27:55 | 00:53:23 | 00:52:49 | | Veterano 2 |
| 924 Paulo Jorge Barreira Vieira Cardoso | 00:29:23 | 00:53:23 | 00:52:23 | | Veterano 2 |
| 925 José João Fraga | 00:28:43 | 00:53:25 | 00:52:01 | | Veterano 1 |



| Class. Atleta | 5 km | Tempo | T. Chip | Clube | Escação |
|--------------------------------------|-------------|--------------|----------------|--|----------------|
| 926 Helena Silva | 00:27:49 | 00:53:26 | 00:53:01 | Grupo Desportivo CIMPOR | Veterana |
| 927 Pedro Neves Pinto | 00:28:17 | 00:53:29 | 00:53:09 | Clube Colaboradores AXA | Veterano 3 |
| 928 Arménio Correia | 00:27:55 | 00:53:31 | 00:53:06 | Grupo Unidos e Progresso de Gralhas | Veterano 3 |
| 929 Ana Agostinho | 00:27:03 | 00:53:32 | 00:52:03 | | Senior |
| 930 Arménio S. Patrício | 00:29:08 | 00:53:34 | 00:53:08 | | Veterano 6 |
| 931 Isabel Neves | 00:28:04 | 00:53:36 | 00:52:59 | | Veterana |
| 932 Manuel Vinagre | 00:27:54 | 00:53:36 | 00:52:59 | | Veterano 6 |
| 933 Rui Ferreira | 00:28:32 | 00:53:39 | 00:53:01 | | Senior |
| 934 Francisco Pais | 00:28:07 | 00:53:41 | 00:53:13 | Clube ANACOM | Veterano 3 |
| 935 João Pedro Cardoso | 00:28:19 | 00:53:43 | 00:52:33 | | Senior |
| 936 Paula Cristina Machado Crispim | 00:28:20 | 00:53:43 | 00:53:10 | | Senior |
| 937 João Luis Carvalho Soares Branco | 00:27:44 | 00:53:43 | 00:52:31 | | Veterano 1 |
| 938 Tiago Miguel Marques Batista | 00:28:09 | 00:53:44 | 00:53:10 | | Senior |
| 939 Sergio Correia | 00:27:00 | 00:53:44 | 00:53:33 | | Senior |
| 940 Alexandre Guimaraes | 00:28:03 | 00:53:46 | 00:53:31 | complicados | Senior |
| 941 Marques Alexandre | 00:28:59 | 00:53:47 | 00:53:32 | Centro Cultural e Desportivo dos Trabalhadores | Veterano 3 |
| 942 Inês Reis Pinto | 00:28:33 | 00:53:49 | 00:53:02 | | Senior |
| 943 Inês Santos | 00:28:35 | 00:53:50 | 00:53:37 | | Senior |
| 944 Tiago Jorge Gomes Martins | 00:29:00 | 00:53:53 | 00:52:47 | | Senior |
| 945 Pedro Gois | 00:29:00 | 00:53:53 | 00:52:46 | ss cgd | Veterano 1 |
| 946 Artur Dinis | 00:28:19 | 00:53:55 | 00:52:54 | ALGIMS | Veterano 3 |
| 947 Ana Patrícia Lima Da Silva | 00:27:54 | 00:53:56 | 00:53:41 | | Senior |
| 948 José Eduardo Barradas Duarte | 00:28:57 | 00:53:57 | 00:52:52 | | Senior |
| 949 Rui Ralha | 00:29:24 | 00:53:57 | 00:53:06 | Run 4 Fun | Veterano 3 |
| 950 Manuel Dantas | 00:27:54 | 00:53:58 | 00:52:50 | Centro Cultural e Desportivo dos Trabalhadores | Veterano 6 |
| 951 Jose André | 00:28:44 | 00:53:59 | 00:53:33 | | Veterano 4 |
| 952 João Quitalo | 00:28:49 | 00:54:00 | 00:53:33 | AOGMA | Veterano 5 |
| 953 Manuel Borges | 00:29:34 | 00:54:00 | 00:53:14 | | Veterano 3 |
| 954 Maria Isabel Rodrigues | 00:28:34 | 00:54:01 | 00:53:27 | | Veterana |
| 955 Ron Franken | 00:28:31 | 00:54:02 | 00:53:45 | | Veterano 4 |
| 956 Chiara Bedini | 00:29:19 | 00:54:04 | 00:53:21 | Muamba | Senior |
| 957 Paulo Jorge Borges Godinho | 00:28:41 | 00:54:04 | 00:53:35 | | Veterano 1 |
| 958 José Sousa | 00:30:16 | 00:54:04 | 00:53:08 | | Veterano 3 |
| 959 João Alves | 00:29:11 | 00:54:05 | 00:53:14 | Grupo de Atletismo «OS PATRICIOS» | Veterano 3 |
| 960 Marco Neto | 00:28:15 | 00:54:05 | 00:53:17 | Alvite Moimenta da Beira | Senior |
| 961 Fernando Alcides Rodrigues | 00:28:46 | 00:54:05 | 00:53:16 | Clube MILLENNIUMBOP | Veterano 2 |
| 962 Helia Sofia Francisco Santos | 00:28:34 | 00:54:06 | 00:53:17 | | Senior |



| Class. Atleta | 5 km | Tempo | T. Chip | Clube | Escação |
|---|-------------|--------------|----------------|--------------------------|----------------|
| 963 Henrique Vilhena | 00:29:02 | 00:54:07 | 00:52:53 | | Veterano 4 |
| 964 Eduarda Paiva | 00:29:15 | 00:54:10 | 00:53:21 | Clube do Stress | Veterana |
| 965 Carlos Paiva | 00:29:14 | 00:54:11 | 00:53:21 | Clube do Stress | Veterano 3 |
| 966 Mario Pires | 00:29:00 | 00:54:13 | 00:53:17 | | Veterano 3 |
| 967 Diogo Frazão Castello-branco De Gois | 00:27:57 | 00:54:14 | 00:53:43 | | Junior |
| 968 Fernando Pereira Rodrigues | 00:29:26 | 00:54:16 | 00:53:58 | | Veterano 6 |
| 969 Aníbal Carvalho | 00:31:39 | 00:54:17 | 00:52:56 | | Veterano 5 |
| 970 Hugo Gaspar | 00:30:13 | 00:54:18 | 00:52:58 | | Senior |
| 971 Valter Amadeu Da Costa Moreira | 00:30:04 | 00:54:21 | 00:52:54 | | Senior |
| 972 António Resende | 00:29:37 | 00:54:23 | 00:53:31 | | Veterano 3 |
| 973 Jorge Manuel Da Conceição Gois | 00:28:01 | 00:54:24 | 00:53:57 | Clube ANA Lisboa | Veterano 3 |
| 974 Teresa Caria | 00:28:32 | 00:54:26 | 00:53:41 | | Senior |
| 975 Vania Guerreiro | 00:28:32 | 00:54:26 | 00:53:41 | | Senior |
| 976 Helena Adegas | 00:28:35 | 00:54:26 | 00:54:23 | | Veterana |
| 977 Cláudia Gonçalves Freixo | 00:28:56 | 00:54:27 | 00:53:55 | | Senior |
| 978 Carlos Pardelha | 00:28:21 | 00:54:27 | 00:54:21 | | Veterano 2 |
| 979 Domingos Mó | 00:28:32 | 00:54:28 | 00:54:11 | | Veterano 5 |
| 980 José Francisco Marques Martins | 00:28:03 | 00:54:29 | 00:53:23 | Clube ANA Lisboa | Veterano 4 |
| 981 Pedro Sergio Santos Junior | 00:28:51 | 00:54:30 | 00:53:59 | | Senior |
| 982 Clara Raimundo | 00:27:43 | 00:54:30 | 00:53:19 | Acc Team | Senior |
| 983 Aurelio Calado | 00:29:01 | 00:54:30 | 00:53:28 | ss cgd | Veterano 5 |
| 984 João Francisco Marques Almeida Oliveira | 00:28:24 | 00:54:32 | 00:53:56 | Clássicos 2009 | Senior |
| 985 Fernando Matias | 00:28:39 | 00:54:32 | 00:54:11 | Amigos da Estrela | Veterano 2 |
| 986 Rui Lapa | 00:28:36 | 00:54:33 | 00:54:21 | | Veterano 1 |
| 987 Carlos Sousa | 00:28:54 | 00:54:35 | 00:54:05 | AOGMA | Veterano 1 |
| 988 Isabel Monteiro | 00:29:05 | 00:54:36 | 00:53:52 | Ferraz | Senior |
| 989 Virgilio Rodrigues | 00:28:46 | 00:54:38 | 00:54:21 | Clube de Futebol Estrela | Veterano 5 |
| 990 Rodrigo Afonso Reis | 00:30:19 | 00:54:40 | 00:53:41 | | Senior |
| 991 Luisa Maria Pintão | 00:29:27 | 00:54:40 | 00:54:07 | | Veterana |
| 992 Paulo Tainha | 00:28:20 | 00:54:41 | 00:54:35 | | Veterano 2 |
| 993 António M. B. Costa E Silva | 00:27:58 | 00:54:42 | 00:53:46 | | Veterano 4 |
| 994 Tiago Ramos | 00:28:01 | 00:54:42 | 00:54:24 | | Senior |
| 995 Antonio Casas Novas | 00:29:35 | 00:54:42 | 00:53:47 | Godinho | Senior |
| 996 Francisco Clerigo | 00:28:54 | 00:54:43 | 00:53:41 | ss cgd | Veterano 4 |
| 997 Mario Vitoria | 00:28:28 | 00:54:48 | 00:54:06 | Grupo Desportivo Roche | Veterano 1 |
| 998 Paulo Oliveira | 00:29:29 | 00:54:49 | 00:54:03 | | Veterano 2 |
| 999 Ana Rosado | 00:29:59 | 00:54:50 | 00:54:21 | Clube Grupo BES | Senior |



CLASSIFICAÇÕES



| Class. Atleta | 5 km | Tempo | T. Chip | Clube | Escação |
|---|-------------|--------------|----------------|---------------------|----------------|
| 1000 Luis Cardoso | 00:28:44 | 00:54:53 | 00:54:00 | | Veterano 1 |
| 1001 Rui Manuel Euzébio | 00:29:13 | 00:54:54 | 00:54:14 | | Veterano 6 |
| 1002 Marília Neves | 00:29:59 | 00:54:54 | 00:54:25 | Clube Grupo BES | Senior |
| 1003 Jaime Bernardes | 00:28:17 | 00:54:57 | 00:54:26 | | Veterano 1 |
| 1004 Jose Gomes | 00:29:03 | 00:54:59 | 00:53:30 | AC Activo Criativo | Veterano 5 |
| 1005 Bruno Morais | 00:30:17 | 00:55:00 | 00:53:40 | | Senior |
| 1006 Patricia Carvalho | 00:29:18 | 00:55:01 | 00:54:06 | | Senior |
| 1007 António Ribeiro | 00:28:32 | 00:55:06 | 00:54:56 | | Veterano 2 |
| 1008 Alexandre Julião Janicas | 00:29:54 | 00:55:08 | 00:53:53 | | Senior |
| 1009 José Rodrigues | 00:28:24 | 00:55:09 | 00:54:36 | Clube Robbialac | Veterano 4 |
| 1010 Miguel C Loureiro | 00:29:37 | 00:55:10 | 00:54:37 | | Veterano 1 |
| 1011 Marlene Oliveira | 00:29:04 | 00:55:14 | 00:54:57 | | Senior |
| 1012 Joao Palmeiro | 00:28:21 | 00:55:14 | 00:53:29 | | Veterano 5 |
| 1013 Bruno Miguel Gaspar Soares | 00:29:23 | 00:55:15 | 00:54:06 | | Senior |
| 1014 Nuno Gonçalves | 00:29:53 | 00:55:15 | 00:54:29 | | Veterano 4 |
| 1015 Pedro Filipe Dos Santos Nascimento | 00:29:03 | 00:55:17 | 00:53:27 | | Senior |
| 1016 Daniel José Dos Santos Nascimento | 00:29:02 | 00:55:17 | 00:53:27 | | Senior |
| 1017 Etelvina Paulino | 00:29:05 | 00:55:20 | 00:55:11 | | Veterana |
| 1018 Nelson Jesus Ferreira | 00:33:07 | 00:55:22 | 00:54:11 | | Senior |
| 1019 Luis Artur Barata | 00:29:53 | 00:55:23 | 00:54:34 | | Veterano 2 |
| 1020 Joaquim Fonseca | 00:29:47 | 00:55:26 | 00:55:19 | Os Super | Veterano 4 |
| 1021 António Teixeira | 00:29:39 | 00:55:27 | 00:54:48 | wikaboo | Senior |
| 1022 Joao Montes | 00:29:30 | 00:55:27 | 00:55:00 | | Veterano 3 |
| 1023 Cristina Araújo | 00:28:53 | 00:55:29 | 00:55:08 | | Senior |
| 1024 Raquel Santos | 00:29:56 | 00:55:29 | 00:54:41 | | Senior |
| 1025 Pedro Ramos | 00:30:55 | 00:55:30 | 00:55:08 | Clube ANA Lisboa | Veterano 1 |
| 1026 André Glória | 00:29:04 | 00:55:31 | 00:54:37 | | Senior |
| 1027 Filipe Gaspar | 00:30:27 | 00:55:31 | 00:55:17 | | Senior |
| 1028 Ana Martinez De Castro | 00:29:52 | 00:55:31 | 00:54:11 | Pernas de Gafanhoto | Senior |
| 1029 João Claro | 00:29:52 | 00:55:31 | 00:54:12 | | Veterano 1 |
| 1030 Nuno Miguel Bacalhau Lopes Duro | 00:27:01 | 00:55:31 | 00:55:05 | | Senior |
| 1031 Carlos Filipe Cardoso Gomes | 00:30:25 | 00:55:32 | 00:55:17 | | Veterano 1 |
| 1032 Paulo Alexandre Luis | 00:29:44 | 00:55:32 | 00:54:30 | PrimeFitness | Veterano 1 |
| 1033 Mercedes Fonseca | 00:29:29 | 00:55:37 | 00:55:30 | Os Super | Veterana |
| 1034 Leonia Ceban Tudor | 00:29:26 | 00:55:41 | 00:54:57 | | Veterana |
| 1035 Fernando Bispo | 00:28:50 | 00:55:41 | 00:55:20 | Os Queimados | Veterano 3 |
| 1036 Pedro Vitor | 00:29:58 | 00:55:44 | 00:55:15 | Clube Grupo BES | Veterano 1 |



CLASSIFICAÇÕES



| Class. Atleta | 5 km | Tempo | T. Chip | Clube | Escação |
|--|-------------|--------------|----------------|-----------------------|----------------|
| 1037 Bernardo Jose Paraiba | 00:29:46 | 00:55:44 | 00:54:31 | Clube MILLENNIUMBGP | Veterano 4 |
| 1038 José Dinis Cabim Carita | 00:28:44 | 00:55:44 | 00:55:28 | | Veterano 3 |
| 1039 Martinho P. R. Roque | 00:28:55 | 00:55:45 | 00:54:45 | | Veterano 1 |
| 1040 Susana Fernandes | 00:29:30 | 00:55:48 | 00:55:29 | | Senior |
| 1041 Gil Ferreira | 00:33:07 | 00:55:48 | 00:54:37 | | Senior |
| 1042 Assimina Camal | 00:30:02 | 00:55:48 | 00:54:22 | Clube do Stress | Veterana |
| 1043 Vitor Cordeiro | 00:30:03 | 00:55:48 | 00:54:23 | | Veterano 4 |
| 1044 Eva Silva | 00:29:21 | 00:55:50 | 00:55:05 | Muamba | Senior |
| 1045 João Pedro Silva | 00:29:34 | 00:55:55 | 00:55:03 | | Senior |
| 1046 João Vasconcelos | 00:29:07 | 00:55:58 | 00:55:54 | | Veterano 3 |
| 1047 João Mário Negrão Santos | 00:29:19 | 00:55:59 | 00:55:21 | | Senior |
| 1048 Sofia Bento Rebocho | 00:29:19 | 00:55:59 | 00:55:19 | | Senior |
| 1049 Ana Marques | 00:29:38 | 00:56:04 | 00:55:31 | | Veterana |
| 1050 Maria Batista | 00:29:38 | 00:56:04 | 00:55:30 | G.A. " OS TARTARUGAS" | Veterana |
| 1051 Isabel Pinto Da Costa | 00:29:33 | 00:56:05 | 00:55:29 | SportLife | Veterana |
| 1052 Dhebora Bonfante | 00:30:59 | 00:56:07 | 00:55:29 | | Veterana |
| 1053 João Pacheco | 00:28:26 | 00:56:07 | 00:55:58 | Família Pacheco | Senior |
| 1054 Paulo Caria | 00:29:41 | 00:56:08 | 00:54:52 | | Senior |
| 1055 Sergio Resende | 00:30:16 | 00:56:08 | 00:55:34 | | Veterano 1 |
| 1056 Luis Santarem | 00:30:16 | 00:56:09 | 00:55:21 | ss cgd | Veterano 4 |
| 1057 Ana Correia | 00:29:43 | 00:56:10 | 00:54:58 | | Senior |
| 1058 Patricia A. Fernandes | 00:29:58 | 00:56:11 | 00:55:49 | Clube ANA Lisboa | Senior |
| 1059 José Alexandre Borges Reis | 00:29:03 | 00:56:12 | 00:55:28 | | Veterano 2 |
| 1060 Jorge Lima | 00:29:16 | 00:56:13 | 00:55:55 | LimaSLB | Veterano 2 |
| 1061 António Sá | 00:29:30 | 00:56:15 | 00:55:35 | | Veterano 1 |
| 1062 Joaquim Lavos | 00:29:03 | 00:56:15 | 00:55:30 | | Senior |
| 1063 Abílio Augusto Pires | 00:29:53 | 00:56:23 | 00:55:23 | | Veterano 6 |
| 1064 Carlos Margato | 00:30:14 | 00:56:24 | 00:55:20 | | Veterano 2 |
| 1065 Vitor Rodrigues | 00:29:45 | 00:56:27 | 00:55:08 | C.C.D. O Alvitejo | Veterano 1 |
| 1066 Edmundo Vieira Simões | 00:29:38 | 00:56:28 | 00:55:02 | | Veterano 4 |
| 1067 Davide Amado | 00:30:13 | 00:56:29 | 00:55:08 | | Senior |
| 1068 António Moura | 00:28:39 | 00:56:29 | 00:56:21 | | Veterano 4 |
| 1069 Frederico Alexandre Saldanha E Sousa F | 00:29:55 | 00:56:31 | 00:55:31 | | Senior |
| 1070 Cláudia Ramos | 00:30:27 | 00:56:33 | 00:55:59 | | Senior |
| 1071 Laura Carmenates | 00:29:29 | 00:56:33 | 00:56:16 | | Veterana |
| 1072 Edgar Manueol Santos Figueiredo Ferreir | 00:29:39 | 00:56:35 | 00:55:41 | | Senior |
| 1073 Bruno Marcos | 00:29:04 | 00:56:35 | 00:55:14 | | Junior |



| Class. Atleta | 5 km | Tempo | T. Chip | Clube | Escação |
|--|-------------|--------------|----------------|-------------------------------|----------------|
| 1074 Joao Carlos Madeira | 00:30:25 | 00:56:35 | 00:56:00 | | Veterano 2 |
| 1075 Carlos Marcos | 00:29:05 | 00:56:36 | 00:55:15 | | Veterano 3 |
| 1076 Narciso Costa Neves | 00:30:29 | 00:56:37 | 00:55:42 | | Senior |
| 1077 Filipe Emanuel Cunha | 00:29:33 | 00:56:37 | 00:55:44 | | Senior |
| 1078 Jose Venancio | 00:31:08 | 00:56:38 | 00:55:43 | Grupo Desp. Chelas | Veterano 4 |
| 1079 Julio Martins | 00:29:25 | 00:56:43 | 00:56:19 | Grupo Desportivo CIMPOR | Senior |
| 1080 Paulo Ascensão | 00:28:49 | 00:56:43 | 00:56:15 | Grupo Desportivo CIMPOR | Veterano 1 |
| 1081 Carlos Correia | 00:29:57 | 00:56:44 | 00:56:22 | | Veterano 1 |
| 1082 Rafael Ribeiro | 00:30:01 | 00:56:45 | 00:55:52 | Quarteto Maravilha | Senior |
| 1083 Sara De Faria Gomes Casal Martins | 00:30:05 | 00:56:46 | 00:56:15 | | Senior |
| 1084 Ricardo Bernardino | 00:29:36 | 00:56:48 | 00:55:43 | | Senior |
| 1085 António Valente | 00:31:10 | 00:56:48 | 00:55:53 | Grupo Desp. Chelas | Senior |
| 1086 Carlos Andrade | 00:31:07 | 00:56:49 | 00:55:51 | Grupo Desp. Chelas | Veterano 1 |
| 1087 Maria Martinho | 00:31:06 | 00:56:50 | 00:55:51 | Grupo Desp. Chelas | Veterana |
| 1088 Pedro Reis | 00:30:10 | 00:56:51 | 00:56:43 | GDCT UNICRE | Veterano 1 |
| 1089 José Branco | 00:29:55 | 00:56:53 | 00:56:06 | | Senior |
| 1090 Marta Martins | 00:29:05 | 00:57:02 | 00:56:07 | | Senior |
| 1091 Manuel Arons Carvalho | 00:30:13 | 00:57:04 | 00:56:24 | | Veterano 5 |
| 1092 Paula Batalha | 00:29:52 | 00:57:05 | 00:55:50 | | Veterana |
| 1093 Ana Poças | 00:29:34 | 00:57:05 | 00:56:12 | Pernas de Gafanhoto | Senior |
| 1094 Eugénia Cid | 00:30:16 | 00:57:08 | 00:56:32 | SportLife | Veterana |
| 1095 José Artur Barreiros | 00:30:06 | 00:57:08 | 00:56:26 | | Veterano 1 |
| 1096 Helena Guerra | 00:29:13 | 00:57:13 | 00:57:08 | | Veterana |
| 1097 António M M Reis | 00:29:30 | 00:57:13 | 00:57:02 | Clube Grupo BES | Veterano 2 |
| 1098 Ana Leitão | 00:29:51 | 00:57:16 | 00:56:32 | Sapatilhas Ardentes | Senior |
| 1099 Rui Leitão | 00:29:52 | 00:57:17 | 00:56:34 | Sapatilhas Ardentes | Senior |
| 1100 Nuno Lopes | 00:29:42 | 00:57:23 | 00:56:37 | Alvite Moimenta da Beira | Senior |
| 1101 Clara Mina | 00:28:59 | 00:57:28 | 00:56:22 | Clube Atletismo Vale Figueira | Veterana |
| 1102 Antonio Mina | 00:28:55 | 00:57:28 | 00:56:22 | Clube Atletismo Vale Figueira | Veterano 3 |
| 1103 Pedro Correia | 00:30:32 | 00:57:31 | 00:56:20 | Bacana Running | Senior |
| 1104 Paula Madeira | 00:30:02 | 00:57:35 | 00:57:11 | | Senior |
| 1105 Joao Gomes | 00:29:56 | 00:57:36 | 00:57:20 | JG Seguros | Veterano 5 |
| 1106 Fernando Allen | 00:30:52 | 00:57:36 | 00:56:48 | | Veterano 5 |
| 1107 Ana Luísa Santos | 00:31:05 | 00:57:39 | 00:56:39 | | Senior |
| 1108 Marisa Silva | 00:30:06 | 00:57:41 | 00:56:52 | | Senior |
| 1109 Sílvia Catarina Reis Frazão | 00:30:43 | 00:57:42 | 00:56:37 | | Senior |
| 1110 Susana Pacheco Frazão | 00:29:56 | 00:57:43 | 00:57:34 | | Senior |



| Class. Atleta | 5 km | Tempo | T. Chip | Clube | Escação |
|---|-------------|--------------|----------------|----------------------------|----------------|
| 1111 Sergio Rodelo | 00:28:25 | 00:57:46 | 00:57:17 | | Veterano 1 |
| 1112 Paula Maia Da Silva | 00:29:46 | 00:57:51 | 00:57:12 | | Senior |
| 1113 Andreia Rocha | 00:31:00 | 00:57:52 | 00:56:55 | Pernas de Gafanhoto | Senior |
| 1114 Reinaldo Pereira | 00:29:55 | 00:57:53 | 00:56:49 | | Veterano 2 |
| 1115 Joao Eduardo Barata Carvalho | 00:30:17 | 00:57:55 | 00:56:54 | | Veterano 5 |
| 1116 Custodio David Catarino | 00:30:06 | 00:57:58 | 00:56:46 | | Veterano 2 |
| 1117 José A. M. Batista | 00:31:20 | 00:58:06 | 00:58:03 | | Veterano 4 |
| 1118 Filipe Mota Rebelo | 00:31:01 | 00:58:08 | 00:57:08 | | Senior |
| 1119 Inês Mira | 00:31:08 | 00:58:08 | 00:57:11 | | Senior |
| 1120 Rui Matos Alves | 00:31:09 | 00:58:11 | 00:57:47 | | Senior |
| 1121 Pedro Tomas | 00:31:04 | 00:58:15 | 00:57:31 | | Senior |
| 1122 Nuno Silva | 00:30:42 | 00:58:18 | 00:57:44 | | Senior |
| 1123 Filipe Rodrigues | 00:30:16 | 00:58:20 | 00:58:04 | Grupo Desp. Chelas | Junior |
| 1124 Maria Jose Fortunato | 00:30:29 | 00:58:20 | 00:57:34 | | Veterana |
| 1125 Joao Bayam | 00:30:29 | 00:58:20 | 00:57:35 | | Veterano 1 |
| 1126 Marta Leitão | 00:30:57 | 00:58:26 | 00:57:47 | SportLife | Senior |
| 1127 Elsa Graça Duarte | 00:30:04 | 00:58:27 | 00:57:06 | | Senior |
| 1128 Pedro Leitão | 00:30:04 | 00:58:27 | 00:57:06 | | Senior |
| 1129 Pedro Luis Antunes Rodrigues | 00:31:25 | 00:58:28 | 00:57:42 | | Senior |
| 1130 Miguel Lopes | 00:31:08 | 00:58:31 | 00:57:34 | Clube ANA Lisboa | Senior |
| 1131 Pedro Ferreira Da Silva | 00:30:38 | 00:58:34 | 00:57:33 | | Senior |
| 1132 Paula Veiga | 00:30:43 | 00:58:39 | 00:56:46 | | Senior |
| 1133 Arsénio Facas | 00:31:18 | 00:58:39 | 00:57:32 | Clube Ferroviário Portugal | Veterano 5 |
| 1134 Ricardo Sepulveda | 00:31:11 | 00:58:43 | 00:58:18 | OS "NÓMADAS" | Senior |
| 1135 Mario Ferreira | 00:30:20 | 00:58:44 | 00:58:17 | | Veterano 3 |
| 1136 Manuel Gomes | 00:31:15 | 00:58:44 | 00:58:24 | | Veterano 6 |
| 1137 Sofia Lemos Da Costa | 00:31:03 | 00:58:44 | 00:58:39 | | Senior |
| 1138 Renato Daniel | 00:31:02 | 00:58:44 | 00:58:39 | | Senior |
| 1139 João Manuel Dos Santos Sousa Esménio | 00:30:30 | 00:58:47 | 00:58:33 | | Veterano 3 |
| 1140 Carlos Sousa | 00:30:12 | 00:58:48 | 00:58:43 | | Veterano 3 |
| 1141 Ana Ferreira | 00:30:46 | 00:58:53 | 00:58:22 | | Senior |
| 1142 Fernando Almeida | 00:29:52 | 00:58:54 | 00:58:44 | | Senior |
| 1143 Cristina Igreja | 00:30:37 | 00:59:01 | 00:58:41 | | Senior |
| 1144 Diogo Paisana | 00:30:37 | 00:59:01 | 00:58:41 | | Senior |
| 1145 Cesar Fialho Guerra | 00:32:02 | 00:59:08 | 00:58:25 | CTJD | Veterano 1 |
| 1146 João Luís Figueiredo Correia | 00:30:33 | 00:59:14 | 00:58:43 | | Veterano 4 |
| 1147 Jose Manuel Matildes | 00:31:17 | 00:59:17 | 00:58:41 | Os Nunes | Veterano 4 |



| Class. Atleta | 5 km | Tempo | T. Chip | Clube | Escação |
|---------------------------------------|-------------|--------------|----------------|---------------------------------|----------------|
| 1148 Vânia Pereira | 00:31:19 | 00:59:17 | 00:58:39 | Os Zatopeques | Senior |
| 1149 Carlos Teixeira | 00:28:52 | 00:59:18 | 00:59:04 | Valadares | Veterano 3 |
| 1150 Fernando Da Costa Gomes | 00:31:57 | 00:59:18 | 00:58:06 | | Senior |
| 1151 Susana Pereira | 00:31:13 | 00:59:19 | 00:58:15 | | Senior |
| 1152 Hugo Henrique Oliveira | 00:30:48 | 00:59:20 | 00:58:02 | | Senior |
| 1153 Fernando Humberto Ferreira | 00:32:11 | 00:59:21 | 00:58:06 | Clube MILLENNIUMBCP | Veterano 6 |
| 1154 Luísa Ralha | 00:30:00 | 00:59:22 | 00:58:30 | Run 4 Fun | Veterana |
| 1155 Carlos Reis | 00:30:27 | 00:59:22 | 00:58:54 | BS Runners | Veterano 2 |
| 1156 Isabel Martinez | 00:31:17 | 00:59:23 | 00:59:05 | Martinez | Senior |
| 1157 Luis Jorge Dias Monteiro | 00:32:12 | 00:59:23 | 00:58:28 | | Senior |
| 1158 Pedro Manuel Caetano | 00:29:03 | 00:59:24 | 00:58:48 | | Senior |
| 1159 Ana Sofia Duarte Caetano | 00:30:13 | 00:59:24 | 00:58:47 | | Senior |
| 1160 Margarida Beato | 00:29:38 | 00:59:25 | 00:58:54 | | Junior |
| 1161 Hugo Matos | 00:31:09 | 00:59:30 | 00:58:34 | | Senior |
| 1162 Dora Verissimo | 00:30:51 | 00:59:31 | 00:58:27 | | Veterana |
| 1163 Filipe Miguel Mendes | 00:30:55 | 00:59:31 | 00:58:30 | PrimeFitness | Senior |
| 1164 Manuel Alcada | 00:31:53 | 00:59:35 | 00:59:19 | | Senior |
| 1165 Carlos Manuel Antunes | 00:30:57 | 00:59:35 | 00:59:00 | | Veterano 4 |
| 1166 Eduardo Tomé | 00:31:24 | 00:59:40 | 00:59:07 | Cidada Afável | Veterano 2 |
| 1167 Nuno Peralta | 00:30:20 | 00:59:44 | 00:59:36 | Quarteto Maravilha | Senior |
| 1168 Antonio Castanera | 00:30:48 | 00:59:48 | 00:58:30 | | Veterano 1 |
| 1169 João Sadler Simões | 00:30:48 | 00:59:48 | 00:58:30 | | Veterano 6 |
| 1170 Maria Manuel Jacob De Sá Pereira | 00:31:35 | 00:59:51 | 00:59:31 | | Senior |
| 1171 Alexandrina Filipe | 00:30:36 | 00:59:52 | 00:58:58 | Clube Grupo BES | Veterana |
| 1172 Sérgio Pereira | 00:29:34 | 00:59:52 | 00:58:58 | | Veterano 3 |
| 1173 Fernando Filipe | 00:30:23 | 00:59:53 | 00:58:46 | Clube Grupo BES | Veterano 1 |
| 1174 Nuno Abrantes | 00:30:57 | 00:59:57 | 00:59:05 | Pernas de Gafanhoto | Senior |
| 1175 Fernando Agostinho Lemos | 00:31:14 | 00:59:59 | 00:58:47 | Clube MILLENNIUMBCP | Veterano 5 |
| 1176 Miguel Banha | 00:28:10 | 01:00:01 | 00:59:02 | | Senior |
| 1177 Alvaro Marques | 00:32:13 | 01:00:03 | 00:59:40 | | Veterano 5 |
| 1178 Cristina Barata | 00:32:31 | 01:00:05 | 00:59:42 | | Senior |
| 1179 Alexandra Sofia Forte | 00:32:31 | 01:00:05 | 00:59:42 | | Veterana |
| 1180 Rosaria Pacheco | 00:31:32 | 01:00:08 | 01:00:00 | Família Pacheco | Veterana |
| 1181 Carlos Melo | 00:33:54 | 01:00:09 | 00:59:40 | Serviços Sociais Montepio Geral | Senior |
| 1182 Rui Osório | 00:28:03 | 01:00:16 | 00:50:49 | | Senior |
| 1183 José David | 00:30:36 | 01:00:27 | 01:00:24 | | Veterano 3 |
| 1184 João Santos Silva | 00:31:05 | 01:00:31 | 01:00:11 | | Senior |



CLASSIFICAÇÕES



| Class. Atleta | 5 km | Tempo | T. Chip | Clube | Escação |
|---------------------------------------|-------------|--------------|----------------|------------------------------------|----------------|
| 1185 Vitor Cardoso | 00:32:43 | 01:00:40 | 00:59:23 | GD Imprensa Nacional Casa da Moeda | Senior |
| 1186 Carlos Martins | 00:29:20 | 01:00:44 | 01:00:28 | JDEUS | Senior |
| 1187 Joao Manuel Leite Vieira | 00:33:25 | 01:00:47 | 00:59:59 | | Veterano 2 |
| 1188 Pedro Diogo Dos Santos Pinto | 00:31:52 | 01:00:53 | 00:59:49 | | Senior |
| 1189 Rui Pires | 00:34:37 | 01:01:02 | 00:59:47 | Georunners | Veterano 2 |
| 1190 João Pissarra | 00:31:04 | 01:01:03 | 00:59:55 | | Veterano 4 |
| 1191 Joaquim Almeida | 00:31:18 | 01:01:05 | 01:00:09 | | Veterano 5 |
| 1192 João Tiago Proença Félix Vieira | 00:31:49 | 01:01:12 | 01:00:35 | | Senior |
| 1193 Catarina Pereira | 00:30:29 | 01:01:14 | 00:59:46 | | Senior |
| 1194 André Felício | 00:30:35 | 01:01:15 | 00:59:46 | | Senior |
| 1195 Carla Margarida Matos | 00:31:52 | 01:01:18 | 01:00:14 | | Senior |
| 1196 Ines Maria Oliva | 00:32:12 | 01:01:20 | 01:01:12 | | Junior |
| 1197 Nuno Pinto | 00:31:41 | 01:01:21 | 01:00:13 | Clube Grupo BES | Senior |
| 1198 Fernando Nunes Silva | 00:30:21 | 01:01:38 | 01:00:56 | Clube MILLENNIUMBOP | Veterano 1 |
| 1199 Ana Paula Dos Santos Gomes Rocha | 00:31:40 | 01:01:45 | 01:00:46 | | Veterana |
| 1200 Tania Potes | 00:31:55 | 01:01:45 | 01:01:29 | Grupo Desp. Chelas | Senior |
| 1201 Cristina Marques | 00:31:54 | 01:01:45 | 01:01:30 | Grupo Desp. Chelas | Veterana |
| 1202 João M C Gomes | 00:33:08 | 01:01:46 | 01:00:46 | | Veterano 5 |
| 1203 Rui Barros | 00:31:34 | 01:01:49 | 01:00:40 | Clube ANA Lisboa | Senior |
| 1204 Maria De Fátima Lopes Coelho | 00:31:28 | 01:01:50 | 01:00:20 | | Veterano 2 |
| 1205 Maria Teresa Rodrigues | 00:32:05 | 01:01:51 | 01:01:10 | CTJD | Veterana |
| 1206 Maria Lima | 00:31:39 | 01:01:53 | 01:01:07 | O Celeiro Da Memoria | Veterana |
| 1207 Fernando Jorge Correia Gomes | 00:31:29 | 01:01:53 | 01:01:12 | Clube ANA Lisboa | Veterano 1 |
| 1208 António Paulino | 00:32:13 | 01:01:58 | 01:01:07 | Clube do Stress | Veterano 4 |
| 1209 Ana Paulino | 00:32:15 | 01:01:58 | 01:01:07 | Clube do Stress | Veterana |
| 1210 Carlos Silva | 00:32:53 | 01:02:08 | 01:02:01 | | Veterano 3 |
| 1211 Aurelia Ghiran | 00:32:57 | 01:02:11 | 01:02:05 | | Veterana |
| 1212 Carolina Ribeiro | 00:33:11 | 01:02:12 | 01:01:04 | wikaboo | Veterana |
| 1213 Luis Ribeiro | 00:33:11 | 01:02:12 | 01:01:05 | wikaboo | Veterano 2 |
| 1214 Luisa Carvalho | 00:33:09 | 01:02:13 | 01:01:03 | wikaboo | Senior |
| 1215 Sara Lopes | 00:33:10 | 01:02:19 | 01:01:09 | | Senior |
| 1216 Cátia Virginia Semedo Ramos | 00:32:42 | 01:02:22 | 01:02:13 | | Senior |
| 1217 Liliana Pereira | 00:31:21 | 01:02:35 | 01:01:16 | | Senior |
| 1218 António Ribeiro Pedro Barreto | 00:31:31 | 01:02:36 | 01:01:59 | Clássicos 2009 | Veterano 4 |
| 1219 João Albuquerque | 00:31:58 | 01:02:49 | 01:01:20 | | Senior |
| 1220 Pedro Albuquerque | 00:31:58 | 01:02:49 | 01:01:21 | | Veterano 6 |
| 1221 Bruno Reis | 00:33:01 | 01:02:55 | 01:02:37 | | Senior |



CLASSIFICAÇÕES



| Class. Atleta | 5 km | Tempo | T. Chip | Clube | Escação |
|---|-------------|--------------|----------------|--|----------------|
| 1222 Carlos Ferreira | 00:32:59 | 01:03:01 | 01:02:20 | JG Seguros | Veterano 3 |
| 1223 João António de Almeida Ribeiro | 00:30:59 | 01:03:02 | 01:02:42 | Clube ANA Lisboa | Veterano 2 |
| 1224 Maria De Fátima L.leitão | 00:32:24 | 01:03:04 | 01:02:51 | | Veterana |
| 1225 Paula Campos | 00:30:58 | 01:03:06 | 01:02:46 | Clube ANA Lisboa | Senior |
| 1226 Emilia Reis | 00:34:33 | 01:03:13 | 01:02:12 | | Veterana |
| 1227 Mário Ribeiro | 00:32:45 | 01:03:14 | 01:02:31 | | Senior |
| 1228 Claudia Lourenço | 00:33:46 | 01:03:14 | 01:02:19 | ss cgd | Veterana |
| 1229 Manuel Afonso | 00:32:28 | 01:03:17 | 01:01:17 | METAVISTA | Veterano 4 |
| 1230 Irina Kruk | 00:33:35 | 01:03:36 | 01:02:41 | | Senior |
| 1231 Carlos Vieira | 00:33:36 | 01:03:36 | 01:02:41 | | Veterano 1 |
| 1232 Fernando Cunha Fernandes | 00:33:12 | 01:03:42 | 01:02:33 | Centro Cultural e Desportivo dos Trabalhadores | Veterano 4 |
| 1233 João Cunha Barbosa | 00:33:11 | 01:03:44 | 01:02:35 | Centro Cultural e Desportivo dos Trabalhadores | Veterano 3 |
| 1234 Gualdino Freire | 00:33:17 | 01:03:44 | 01:02:41 | Centro Cultural e Desportivo dos Trabalhadores | Veterano 6 |
| 1235 Teresa Serra | 00:33:46 | 01:03:50 | 01:03:31 | 4@fundo | Veterana |
| 1236 Sérgio De Moreno | 00:35:02 | 01:03:54 | 01:03:41 | | Veterano 3 |
| 1237 Margarida Pardal | 00:32:50 | 01:03:57 | 01:02:56 | Carapaus de Corrida | Veterana |
| 1238 Vítor Duarte | 00:32:50 | 01:04:02 | 01:03:44 | Amigos da Estrela | Veterano 1 |
| 1239 Rui Santos | 00:32:08 | 01:04:06 | 01:03:13 | | Veterano 1 |
| 1240 Vitor Gonçalves | 00:32:15 | 01:04:07 | 01:03:14 | Clube do Stress | Veterano 3 |
| 1241 Paula Capela | 00:32:05 | 01:04:08 | 01:03:14 | Clube do Stress | Senior |
| 1242 António G. Rodrigues | 00:32:12 | 01:04:08 | 01:03:16 | Clube ANA Lisboa | Veterano 5 |
| 1243 Maria João Silva | 00:34:59 | 01:04:11 | 01:03:09 | | Veterana |
| 1244 Bruno Alexandre Condinho Silvestre | 00:33:55 | 01:04:20 | 01:03:36 | CTT Aeroporto | Senior |
| 1245 Nuno Figueiredo | 00:33:12 | 01:04:21 | 01:03:25 | | Senior |
| 1246 Ana Santos | 00:32:45 | 01:04:28 | 01:03:39 | | Veterana |
| 1247 Luis Proença | 00:34:53 | 01:04:35 | 01:03:00 | | Veterano 1 |
| 1248 Ana Santos | 00:35:14 | 01:04:36 | 01:03:34 | | Senior |
| 1249 Antonio Anjos Fernandes | 00:30:30 | 01:04:38 | 01:04:34 | | Veterano 6 |
| 1250 António José Rodrigues | 00:34:49 | 01:04:55 | 01:04:42 | | Veterano 2 |
| 1251 Maria Carmo Anjos | 00:33:43 | 01:04:56 | 01:03:53 | Junta de Freguesia da Portela | Veterana |
| 1252 Doris Marques | 00:33:11 | 01:04:58 | 01:03:46 | Acc Team | Senior |
| 1253 André Moreiras | 00:34:04 | 01:05:06 | 01:03:52 | | Senior |
| 1254 Paula Silva | 00:34:51 | 01:05:10 | 01:04:26 | 4@fundo | Veterana |
| 1255 Marta Leão | 00:34:02 | 01:05:12 | 01:04:38 | Clube MILLENNIUMBCP | Senior |
| 1256 Hugo Matias | 00:35:47 | 01:05:27 | 01:04:27 | | Senior |
| 1257 António Marques | 00:32:30 | 01:05:28 | 01:05:00 | | Veterano 6 |
| 1258 Juvenal Monteiro | 00:30:31 | 01:05:35 | 01:05:08 | Grupo Desportivo CIMPOR | Veterano 2 |



CLASSIFICAÇÕES



| Class. Atleta | 5 km | Tempo | T. Chip | Clube | Escação |
|---|-------------|--------------|----------------|---------------------------------|----------------|
| 1259 Carla Leitão | 00:35:12 | 01:05:41 | 01:04:25 | Clube Atletismo Amigos de Belém | Senior |
| 1260 Rui Varela | 00:35:12 | 01:05:42 | 01:04:25 | Clube Atletismo Amigos de Belém | Veterano 2 |
| 1261 João Reis | 00:31:13 | 01:05:49 | 01:05:20 | BS Runners | Junior |
| 1262 Catarina Borges | 00:34:37 | 01:05:49 | 01:04:35 | | Senior |
| 1263 Mariana Bonfante | 00:35:02 | 01:05:50 | 01:05:12 | | Junior |
| 1264 Cecilia Tavares | 00:34:36 | 01:05:52 | 01:05:46 | Grupo Desp. Chelas | Veterana |
| 1265 Manuel Cruz | 00:35:32 | 01:06:12 | 01:05:02 | | Veterano 1 |
| 1266 Jorge Gonçalves | 00:32:29 | 01:06:14 | 01:05:02 | | Veterano 2 |
| 1267 Joana Martinez | 00:35:07 | 01:06:17 | 01:06:01 | Martinez | Senior |
| 1268 Maria Dias | 00:34:41 | 01:06:23 | 01:06:07 | | Veterana |
| 1269 Vasco Coelho | 00:31:12 | 01:06:23 | 01:05:05 | | Senior |
| 1270 Nadia Tavares | 00:33:51 | 01:06:33 | 01:05:34 | | Senior |
| 1271 Ana Alpalhão | 00:35:49 | 01:06:37 | 01:05:33 | Alpalhao | Senior |
| 1272 Ana Mendes | 00:35:51 | 01:06:37 | 01:05:35 | | Senior |
| 1273 Ana Madruga | 00:36:01 | 01:06:40 | 01:05:41 | | Senior |
| 1274 Helena Durão | 00:36:10 | 01:06:48 | 01:04:49 | | Senior |
| 1275 Tania Farinha | 00:35:46 | 01:06:55 | 01:06:03 | | Senior |
| 1276 Tânia Dimas | 00:34:36 | 01:07:06 | 01:06:05 | Clube do Stress | Veterana |
| 1277 Joao Carlosgonçalves Branco | 00:35:00 | 01:07:13 | 01:05:46 | Papa Milhas | Veterano 1 |
| 1278 Rosa Vasconcelos | 00:36:11 | 01:07:18 | 01:05:20 | | Senior |
| 1279 João Gonçalves | 00:34:20 | 01:07:21 | 01:05:59 | GARMIN Olimpico de Oeiras | Veterano 3 |
| 1280 Gustavo Pedrosa | 00:34:20 | 01:07:21 | 01:05:59 | Clube Ferroviário Portugal | Senior |
| 1281 Marcia Martinez | 00:35:16 | 01:07:27 | 01:07:12 | Martinez | Senior |
| 1282 Naisa Pamplona Carneiro | 00:35:20 | 01:07:32 | 01:07:10 | | Veterana |
| 1283 Jose Eduardo Arruda | 00:35:55 | 01:07:47 | 01:07:16 | Clube MILLENNIUMBCP | Veterano 5 |
| 1284 Fock Yiot Wan Chiu | 00:35:56 | 01:07:47 | 01:07:16 | Clube MILLENNIUMBCP | Veterana |
| 1285 Cláudia Alexandra Da Cunha Pernencar | 00:35:25 | 01:08:06 | 01:07:15 | | Senior |
| 1286 Marina Rute Lopes Gomes Salvador | 00:35:12 | 01:08:12 | 01:07:26 | | Veterana |
| 1287 Diogo João Ribeiro Branco | 00:36:46 | 01:08:16 | 01:06:49 | Papa Milhas | Junior |
| 1288 Inês Rosa | 00:35:47 | 01:08:16 | 01:07:51 | | Senior |
| 1289 Maria Cidalia Dias Ribeiro | 00:36:22 | 01:08:16 | 01:07:29 | | Veterana |
| 1290 João Grilo | 00:35:47 | 01:08:16 | 01:07:51 | | Senior |
| 1291 Laurinda Sousa | 00:35:42 | 01:08:24 | 01:08:13 | | Senior |
| 1292 Julieta Andrade | 00:35:43 | 01:08:26 | 01:08:17 | | Senior |
| 1293 Pedro Natal | 00:34:42 | 01:08:29 | 01:07:31 | Pernas de Gafanhoto | Senior |
| 1294 Luiz Carlos Prasser | 00:34:48 | 01:08:30 | 01:08:07 | Clube Colaboradores AXA | Veterano 2 |
| 1295 Clara Silva | 00:36:24 | 01:08:51 | 01:07:41 | JDEUS | Senior |



CLASSIFICAÇÕES



| Class. Atleta | 5 km | Tempo | T. Chip | Clube | Escação |
|---|-------------|--------------|----------------|-------------------------|----------------|
| 1296 Joana Gonçalves | 00:32:30 | 01:08:55 | 01:07:43 | | Junior |
| 1297 Inês Santa | 00:36:20 | 01:09:01 | 01:07:44 | | Senior |
| 1298 Zahra Ahmad | 00:36:19 | 01:09:01 | 01:07:43 | | Veterana |
| 1299 Rosa Maria Caetano | 00:35:21 | 01:09:28 | 01:09:06 | Clube Colaboradores AXA | Veterana |
| 1300 Paulo Nicolau | 00:36:13 | 01:09:36 | 01:08:38 | | Veterano 2 |
| 1301 Antonio Jose Azevedo Evangelho | 00:34:53 | 01:09:53 | 01:08:53 | | Veterano 3 |
| 1302 David Lopes | 00:37:39 | 01:09:57 | 01:09:00 | | Senior |
| 1303 Isabel Machado | 00:35:58 | 01:10:05 | 01:08:55 | | Senior |
| 1304 Celeste Romero | 00:35:40 | 01:10:10 | 01:10:00 | | Senior |
| 1305 Liliana Pais | 00:36:56 | 01:10:27 | 01:09:11 | | Senior |
| 1306 Duarte Teixeira | 00:36:57 | 01:10:27 | 01:09:12 | | Senior |
| 1307 David Bento Barata | 00:36:52 | 01:10:54 | 01:10:11 | CTJD | Veterano 1 |
| 1308 Kika Falcão | 00:39:32 | 01:12:48 | 01:11:34 | Acc Team | Senior |
| 1309 Sandra Paula Matos | 00:37:16 | 01:12:53 | 01:11:27 | Clube MILLENNIUMBCP | Senior |
| 1310 Eduardo Ferreira Lopes | 00:37:16 | 01:12:53 | 01:11:28 | Clube MILLENNIUMBCP | Veterano 1 |
| 1311 Carlota Brito E Silva | 00:38:13 | 01:12:58 | 01:12:39 | | Veterana |
| 1312 Bruno Borges | 00:39:35 | 01:14:06 | 01:12:42 | | Senior |
| 1313 António Coelho | 00:40:19 | 01:14:59 | 01:14:24 | | Senior |
| 1314 Ruben Garcia | 00:37:58 | 01:15:01 | 01:13:45 | Link | Senior |
| 1315 Sandra Serafim | 00:37:54 | 01:15:05 | 01:13:50 | Sapatilhas Ardentes | Senior |
| 1316 Sónia Ganito | 00:40:27 | 01:15:08 | 01:14:32 | | Senior |
| 1317 António Nascimento | 00:40:10 | 01:15:36 | 01:14:39 | | Veterano 2 |
| 1318 Carolina Nascimento | 00:40:09 | 01:15:36 | 01:14:38 | N&A CNAS | Junior |
| 1319 Leonor Nascimento | 00:40:07 | 01:15:36 | 01:14:38 | N&A CNAS | Junior |
| 1320 Luís Gonçalves | 00:38:05 | 01:16:05 | 01:15:33 | Squadra | Senior |
| 1321 David Manuel Rogado Dos Santos | 00:39:24 | 01:16:22 | 01:15:12 | | Senior |
| 1322 Eva Carvalho | 00:38:47 | 01:16:24 | 01:15:21 | | Senior |
| 1323 Mario Rui Pires | 00:31:23 | 01:16:27 | 01:15:55 | | Veterano 2 |
| 1324 Paulo Pinto Basto | 00:30:53 | 01:16:28 | 01:15:52 | | Veterano 2 |
| 1325 Gina Rosa | 00:40:22 | 01:16:33 | 01:15:43 | N&A CNAS | Veterana |
| 1326 Andre Palmeiro | 00:40:18 | 01:16:36 | 01:14:53 | | Senior |
| 1327 José António Cardoso Gabriel Gomes | 00:41:40 | 01:17:19 | 01:16:42 | | Senior |
| 1328 Liliana Saraiva Gabriel Gomes | 00:41:40 | 01:17:19 | 01:16:42 | | Senior |
| 1329 Eduardo Alberto Farinha Pereira | 00:40:44 | 01:17:21 | 01:16:30 | | Veterano 2 |
| 1330 Lilia Flavia Copio Vilhena | 00:40:27 | 01:17:21 | 01:16:22 | | Senior |
| 1331 Ricardo Miguel De Oliveira Graça | 00:40:24 | 01:18:02 | 01:16:40 | | Senior |
| 1332 Eugenio Mota | 00:37:44 | 01:18:10 | 01:16:56 | | Veterano 6 |



| Class. Atleta | 5 km | Tempo | T. Chip | Clube | Escalão |
|--|-------------|--------------|----------------|--|----------------|
| 1333 Maria Margarida Ferreira Gomes De Sou | 00:36:21 | 01:19:16 | 01:17:52 | | Veterana |
| 1334 Gisela Morgado | 00:45:03 | 01:19:56 | 01:19:30 | Gafanho Sport Clube | Veterana |
| 1335 Sandra Helena Martins | 00:40:57 | 01:24:08 | 01:23:06 | PrimeFitness | Senior |
| 1336 Maria Otilia Santos Vaz | 00:44:48 | 01:26:06 | 01:25:24 | | Veterana |
| 1337 Carla Susana Rodrigues | 00:44:46 | 01:26:06 | 01:25:23 | | Senior |
| 1338 Alice Nascimento | 00:42:37 | 01:26:20 | 01:25:30 | N&A CNAS | Veterana |
| 1339 Ana Sofia Oliveira Gordalina | 00:40:21 | 01:27:46 | 01:27:39 | Clube ANA Lisboa | Veterana |
| 1340 Ines Pinto Barradas | 00:40:21 | 01:27:46 | 01:27:39 | | Senior |
| 1341 Ana Paula Marcos | 00:47:51 | 01:28:22 | 01:27:38 | | Veterana |
| 1342 Clotilde Correia | 00:47:49 | 01:28:23 | 01:27:39 | | Veterana |
| 1343 Inês Pimentel | 00:46:17 | 01:30:22 | 01:30:08 | | Senior |
| 1344 Célia Azenha | 00:46:17 | 01:30:23 | 01:30:09 | Associação de Atletismo Lebres do Sado | Veterana |
| 1345 Ana Paula Tapadas | 00:45:56 | 01:30:38 | 01:29:07 | | Veterana |
| 1346 Paulo Marques | 00:45:56 | 01:30:38 | 01:29:07 | | Veterano 2 |
| 1347 Elisabete Pereira | 00:45:55 | 01:30:38 | 01:29:08 | | Veterana |
| 1348 Rita Mathias | 00:46:39 | 01:34:05 | 01:33:40 | Gafanho Sport Clube | Senior |
| 1349 Marta Mathias | 00:46:44 | 01:34:05 | 01:33:41 | Gafanho Sport Clube | Senior |