

Colocacao	Numero	Atleta	Sexo	FaixaEtaria	ColocFE	Tempo	Percurso	Equipa
1	185	LUIS ALMEIDA	M	M2139	1	00:32:49	00:24:17	ESTRELA FC
2	309	JOAO VAZ	M	M4044	1	00:32:55	00:24:24	CCD O ALVITEJO
3	17	MARCO COSTA	M	M2139	2	00:33:11	00:00:00	CUA BENAVENTENSE
4	13	HENRIQUE SANTOS	M	M2139	3	00:33:52	00:25:27	CUA BENAVENTENSE
5	113	RUI PACHECO	M	M2139	4	00:33:56	00:25:28	A VALE SILENCIO
6	107	JOAO INOCENCIO	M	M4044	2	00:34:28	00:25:43	A VALE SILENCIO
7	31	SERGIO FERRINHO	M	M4044	3	00:34:44	00:00:00	CA BARREIRA
8	18	MIGUEL TEIXEIRA	M	M1820	1	00:34:48	00:26:22	CUA BENAVENTENSE
9	398	JORGE ALVES	M	M1820	2	00:34:56	00:00:00	CN ALVITO
10	29	HUGO BARRA	M	M2139	5	00:34:57	00:26:23	MADURO ATLETICS
11	301	DANIEL TRINDADE	M	M2139	6	00:35:32	00:26:39	COAC
12	545	SERGIO SANTOS	M	M4044	4	00:35:36	00:26:38	DESMOR, EEM
13	181	EURICO CANDEIAS	M	M4044	5	00:35:40	00:26:38	ESTRELA FC
14	141	CARLOS JORGE	M	M4044	6	00:35:57	00:26:41	C SARGENTO ARMADA
15	112	PAULO POVOA	M	M4549	1	00:36:00	00:26:51	A VALE SILENCIO
16	307	ANTONIO PAIS	M	M4044	7	00:36:03	00:26:49	CCD O ALVITEJO
17	110	LUIS SANTOS	M	M2139	7	00:36:07	00:27:10	A VALE SILENCIO
18	527	MARIO PARRULAS	M	M2139	8	00:36:21	00:27:09	INDIVIDUAL
19	255	RODRIGO COSTA	M	M1820	3	00:36:31	00:27:33	INDIVIDUAL
20	139	JORGE TEIXEIRA	M	M4044	8	00:36:41	00:27:10	C SARGENTO ARMADA
21	116	PAULO CHAINHO	M	M4549	2	00:36:46	00:27:10	GDR S FRANCISCO SERRA
22	16	JOSE SANTOS	M	M4044	9	00:36:51	00:27:34	CUA BENAVENTENSE
23	85	VITOR ALVES	M	M4549	3	00:36:59	00:27:11	BOLOTAOBRA
24	623	JOSE NARCISO	M	M2139	9	00:37:06	00:27:57	CASA ROLAMENTOS
25	140	PEDRO DIAS	M	M4044	10	00:37:17	00:27:44	C SARGENTO ARMADA
26	89	VITOR ANTUNES	M	M2139	10	00:37:27	00:27:55	SR CAMARNAL
27	288	LUIS PAULO	M	M4044	11	00:37:35	00:28:07	BAHIA
28	136	FERNANDO PEREIRA	M	M2139	11	00:37:38	00:28:14	C SARGENTO ARMADA
29	143	JOAQUIM BICO	M	M5054	1	00:37:38	00:28:07	C SARGENTO ARMADA
30	48	JOSE SILVA	M	M4549	4	00:37:40	00:28:16	ODIMARQ
31	308	NELSON SANTOS	M	M4044	12	00:37:56	00:28:08	CCD O ALVITEJO
32	114	TIAGO SILVA	M	M1820	4	00:38:12	00:27:59	A VALE SILENCIO
33	115	HUGO ADELINO	M	M2139	12	00:38:15	00:00:00	A VALE SILENCIO
34	14	JOAO MARTINS	M	M4549	5	00:38:18	00:28:29	CUA BENAVENTENSE
35	21	PAULO SILVA	M	M4549	6	00:38:23	00:28:15	CP PONTEVEL
36	186	MIGUEL MARTINS	M	M1820	5	00:38:26	00:28:47	ESTRELA FC
37	626	JOAO P OLIVEIRA	M	M2139	13	00:38:28	00:28:47	INDIVIDUAL
38	319	ANTONIO DUARTE	M	M5054	2	00:38:31	00:28:47	CCD O ALVITEJO
39	187	ANTONIO VEIGA	M	M5054	3	00:38:39	00:28:47	ESTRELA FC
40	596	ALCINO NUNES	M	M2139	14	00:38:42	00:28:58	CLAC ENTRONCAMENTO
41	312	ANTONIO FRANCISCO	M	M4549	7	00:38:48	00:28:52	CCD O ALVITEJO
42	311	ANTONIO AZEDO	M	M4549	8	00:38:53	00:29:09	CCD O ALVITEJO
43	128	NUNO ROCHA	M	M2139	15	00:38:54	00:28:52	GRCD LEIAO
44	265	JOSE QUEIROS	M	M4044	13	00:38:54	00:29:08	INDIVIDUAL
45	80	ANGELO SILVA	M	M2139	16	00:39:01	00:00:00	AD REMOLPINTA
46	601	CARLOS SILVA	M	M2139	17	00:39:02	00:29:09	PUMAS GUINCHO
47	320	JOAQUIM ALVES	M	M5559	1	00:39:08	00:29:11	CCD O ALVITEJO
48	73	JOAO BATISTA	M	M5054	4	00:39:13	00:29:30	GDC BANCO PORTUGAL
49	575	LEANDRO REIS	M	M4044	14	00:39:17	00:29:19	AA MAFRA
50	201	CARLOS PASCOAL	M	M4549	9	00:39:21	00:29:49	CCD EFACEC LX
51	559	JOAO MARQUES	M	M2139	18	00:39:22	00:29:34	CCD TRANQUILIDADE
52	520	ARMELIM MARQUES	M	M5054	5	00:39:26	00:29:24	2SPEED
53	538	LUIS MONTEIRO	M	M2139	19	00:39:26	00:29:16	CD GRUPO BES

54	93	JOSE CUNHA	M	M4549	10	00:39:29	00:29:23	OS ZATOPEQUES
55	396	PAMELLA OLIVEIRA	F	F2134	1	00:39:30	00:29:32	DESMOR, EEM
56	286	JOSE VARELA	M	M2139	20	00:39:34	00:29:16	BV MONTEMOR O NOVO
57	67	LUIS FERREIRA	M	M2139	21	00:39:35	00:29:26	OS SANTARENOS
58	82	MARCOS OLIVEIRA	M	M2139	22	00:39:47	00:29:35	GD INE
59	618	jose silva	M	M5559	2	00:39:55	00:29:43	CD ASAS MILENIUM
60	23	NELIO CARVALHO	M	M2139	23	00:40:16	00:29:33	CP PONTEVEL
61	323	FERNANDO VAZ	M	M4044	15	00:40:18	00:29:46	INDIVIDUAL
62	84	PAULO LOPES	M	M4044	16	00:40:20	00:30:14	BOLOTAOBRA
63	183	MANUEL SERRA	M	M6099	1	00:40:22	00:29:51	ESTRELA FC
64	314	JOSE FERNANDES	M	M5054	6	00:40:27	00:30:14	CCD O ALVITEJO
65	550	CARLOS PEDRO	M	M4044	17	00:40:34	00:30:06	C ORIENTAL LISBOA
66	226	PAULO CORREIA	M	M2139	24	00:40:36	00:30:28	ODIMARQ
67	225	FRANCISCO CUNHA	M	M4549	11	00:40:37	00:30:27	ODIMARQ
68	76	ANTONIO SIMOES	M	M4044	18	00:40:39	00:00:00	GDC BANCO PORTUGAL
69	75	JOSE MONTEIRO	M	M5054	7	00:40:46	00:30:28	GDC BANCO PORTUGAL
70	79	BRUNO GUEDES	M	M2139	25	00:40:47	00:30:32	AD REMOLPINTA
71	142	ANTONIO CRUZ	M	M4549	12	00:40:47	00:30:31	C SARGENTO ARMADA
72	622	CIRILO SANTOS	M	M5559	3	00:40:54	00:00:00	CD ASAS MILENIUM
73	315	JOAQUIM MARTINS	M	M5054	8	00:40:56	00:30:31	CCD O ALVITEJO
74	51	MARIO NETO	M	M2139	26	00:40:58	00:30:30	OS SANTARENOS
75	325	ARMANDO SILVA	M	M5559	4	00:41:02	00:30:46	INDIVIDUAL
76	266	LUIS QUEIROS	M	M2139	27	00:41:04	00:30:37	INDIVIDUAL
77	57	JERONIMO GRAÇA	M	M2139	28	00:41:05	00:30:19	OS SANTARENOS
78	78	JOAO LOPES	M	M5054	9	00:41:07	00:30:13	AD REMOLPINTA
79	587	RUI P ALMEIDA	M	M2139	29	00:41:07	00:30:40	INDIVIDUAL
80	614	ABREU MOURA	M	M5559	5	00:41:10	00:30:26	CLAC ENTRONCAMENTO
81	503	LUIS NEVES	M	M2139	30	00:41:12	00:30:43	MARINHAI AC
82	44	BRUNO SACRISTAO	M	M2139	31	00:41:15	00:30:39	CID RUNNERS
83	45	MARCO JOSE	M	M2139	32	00:41:28	00:30:29	CID RUNNERS
84	81	GONÇALO FERREIRA	M	M2139	33	00:41:29	00:30:56	GD INE
85	91	PAULO BASILIO	M	M4044	19	00:41:29	00:30:49	OS ZATOPEQUES
86	111	MARCO MELO	M	M2139	34	00:41:42	00:31:25	A VALE SILENCIO
87	176	JOSE GORDILHO	M	M4549	13	00:41:49	00:31:15	CAA BELEM
88	49	PAULO CORREIA	M	M4549	14	00:41:50	00:31:04	OS SANTARENOS
89	516	DAVID MARQUES	M	M1820	6	00:41:53	00:30:35	2SPEED
90	523	PEDRO MENDONÇA	M	M2139	35	00:41:55	00:31:11	INDIVIDUAL
91	218	LUIS SOBRAL	M	M4549	15	00:42:01	00:31:40	GD AGUIAS MOITA
92	126	PAULO BARREIRA	M	M2139	36	00:42:06	00:31:20	GRCD LEIAO
93	144	DUARTE SARES	M	M5054	10	00:42:11	00:31:56	C SARGENTO ARMADA
94	284	HENRIQUES SIMAO	M	M4044	20	00:42:15	00:31:29	GD DIANA
95	285	JOAQUIM VIEIRA	M	M4044	21	00:42:15	00:31:29	GD DIANA
96	610	DINIS PEDRALVA	M	M2139	37	00:42:16	00:31:51	INDIVIDUAL
97	22	AMILCAR AMORIM	M	M4044	22	00:42:21	00:31:30	CP PONTEVEL
98	544	NUNO RICARDO	M	M2139	38	00:42:26	00:31:39	DESMOR, EEM
99	405	MARIA LUCAS	F	F2134	2	00:42:31	00:31:54	CRD ARRUDENSE
100	222	SERGIO NUNES	M	M2139	39	00:42:32	00:32:26	GD AGUIAS MOITA
101	329	JOAO LUZIA	M	M4549	16	00:42:32	00:31:52	A 20 KM ALMEIRIM
102	406	CARLOS ALMEIDA	M	M5054	11	00:42:32	00:31:55	INDIVIDUAL
103	324	RAUL RODRIGUES	M	M5054	12	00:42:34	00:31:16	INDIVIDUAL
104	586	PEDRO MARIA	M	M2139	40	00:42:34	00:31:57	AA CARTAXENSE
105	502	JOSE LEAL	M	M2139	41	00:42:40	00:32:24	MARINHAI AC
106	8	RUI SALES	M	M4044	23	00:42:41	00:31:39	CARREGUEIRENSES
107	152	LUIS ENCARNAÇÃO	M	M5054	13	00:42:43	00:31:46	OS PENICHEIROS

108	330	JORGE POLIDORO	M	M4044	24	00:42:47	00:31:39	A 20 KM ALMEIRIM
109	238	JOSE FAUSTINO	M	M5559	6	00:42:51	00:31:38	INDIVIDUAL
110	509	HUGO M SILVA	M	M2139	42	00:42:51	00:31:47	INDIVIDUAL
111	393	FRANCISCO FERNANDES	M	M6099	2	00:42:56	00:32:06	CRD ARRUDENSE
112	6	VASCO AGOSTINHO	M	M4549	17	00:42:57	00:00:00	BOLOTAOBRA
113	292	PEDRO FERNANDES	M	M2139	43	00:43:05	00:31:43	ACADEMIA KORPO
114	616	JORGE FERREIRA	M	M4044	25	00:43:07	00:32:03	INDIVIDUAL
115	392	ANTONIO QUINA	M	M5559	7	00:43:08	00:32:10	INDIVIDUAL
116	551	ROMULO TEIXEIRA	M	M2139	44	00:43:09	00:31:58	INDIVIDUAL
117	94	JOSE MORAIS	M	M4549	18	00:43:14	00:32:41	OS ZATOPEQUES
118	290	MANUEL MONTEIRO	M	M2139	45	00:43:16	00:32:43	ACADEMIA KORPO
119	291	ANTONINO DIAS	M	M2139	46	00:43:17	00:32:43	ACADEMIA KORPO
120	331	JOSE FERNANDES	M	M4044	26	00:43:21	00:32:11	A 20 KM ALMEIRIM
121	517	JOAO CORREIA	M	M1820	7	00:43:29	00:32:30	2SPEED
122	568	JOSE FIDELIO	M	M5559	8	00:43:32	00:32:49	CLAC ENTRONCAMENTO
123	104	DANIEL PINTO	M	M2139	47	00:43:34	00:32:39	A VALE SILENCIO
124	619	PAULO LOPES	M	M4044	27	00:43:39	00:32:58	CD ASAS MILENIUM
125	561	PEDRO VIEIRA	M	M2139	48	00:43:42	00:33:02	ESTRELA FC
126	566	OCTAVIO DIAS	M	M5054	14	00:43:45	00:00:00	CLAC ENTRONCAMENTO
127	563	ANTONIO JOAQUIM	M	M6099	3	00:43:46	00:32:57	CLAC ENTRONCAMENTO
128	121	MANUEL BATISTA	M	M6099	4	00:43:47	00:32:53	AA LEBRES SADO
129	212	ANTONIO RAMOS	M	M4044	28	00:43:47	00:32:53	CCD EFACEC LX
130	120	MANUEL PEDRO	M	M6099	5	00:43:48	00:32:53	AA LEBRES SADO
131	24	CESAR NUNES	M	M2139	49	00:43:49	00:32:29	CP PONTEVEL
132	58	JOAO CARVALHO	M	M4044	29	00:43:49	00:33:15	OS SANTARENOS
133	501	ANTONIO LEAL	M	M2139	50	00:43:50	00:32:48	MARINHAI AC
134	223	VENANCIO GUERREIRO	M	M5559	9	00:43:51	00:33:16	A SACAVENENSE
135	102	ANTONIO COELHO	M	M2139	51	00:43:52	00:33:14	A VALE SILENCIO
136	579	JOAO PINHEIRO	M	M2139	52	00:43:55	00:32:24	GINASIO SCORPUS
137	310	VASCO LOURENÇO	M	M4044	30	00:43:58	00:33:05	CCD O ALVITEJO
138	591	NELSON SATURNINO	M	M2139	53	00:44:02	00:32:47	GP RUNNERS
139	595	LUIS MARTINS	M	M2139	54	00:44:02	00:33:13	BERI BERI ASFALTO
140	77	BERNARDO BORDALO	M	M2139	55	00:44:04	00:32:50	AD REMOLPINTA
141	620	JOSE MIRA	M	M5559	10	00:44:04	00:33:03	CD ASAS MILENIUM
142	298	VALTER FONSECA	M	M2139	56	00:44:05	00:33:39	ACADEMIA KORPO
143	562	JOAO JOAQUIM	M	M6099	6	00:44:07	00:32:59	CLAC ENTRONCAMENTO
144	83	NUNO MARTINS	M	M2139	57	00:44:09	00:32:35	GD INE
145	510	SILVINO J C MORINGA	M	M5559	11	00:44:10	00:32:55	INDIVIDUAL
146	522	RUI LIMA	M	M2139	58	00:44:11	00:32:17	INDIVIDUAL
147	530	JULIO FERREIRA	M	M5559	12	00:44:20	00:33:45	CD GRUPO BES
148	578	MANUEL DUARTE	M	M5559	13	00:44:24	00:33:27	AA MAFRA
149	50	PEDRO CARVALHO	M	M4549	19	00:44:25	00:33:21	OS SANTARENOS
150	60	JORGE FONSECA	M	M4549	20	00:44:25	00:33:08	OS SANTARENOS
151	42	ARMINDO QUEIMADO	M	M4549	21	00:44:31	00:33:37	CID RUNNERS
152	321	MIGUEL MARQUES	M	M5054	15	00:44:35	00:33:35	INDIVIDUAL
153	571	JORGE PINHEIRO	M	M4044	31	00:44:37	00:33:17	RUN 4 FUN
154	105	FERNANDO AVELINO	M	M5054	16	00:44:48	00:33:34	A VALE SILENCIO
155	283	PEDRO REIS	M	M2139	59	00:44:49	00:33:47	GD DIANA
156	313	ROGERIO MARCELINO	M	M4549	22	00:44:50	00:33:35	CCD O ALVITEJO
157	546	JOAO BRITES	M	M4044	32	00:44:51	00:33:16	BERI BERI ASFALTO
158	585	VITOR MARQUES	M	M4044	33	00:44:54	00:00:00	AA CARTAXENSE
159	557	PEDRO C P PATRICIO	M	M5559	14	00:44:56	00:33:34	INDIVIDUAL
160	35	PEDRO MONTEIRO	M	M2139	60	00:44:57	00:33:50	HABITAR IMOBILIARIA
161	594	LEONEL BORGES	M	M2139	61	00:44:57	00:33:18	GP RUNNERS

162	25	DANIEL FERNANDES	M	M2139	62	00:44:59	00:33:32	CP PONTEVEL
163	236	MARGARIDA GODINHO	F	F4699	1	00:45:01	00:33:38	INDIVIDUAL
164	155	JOAQUIM BELO	M	M4044	34	00:45:03	00:33:11	OS BELOS
165	397	RICARDO LOURENÇO	M	M5559	15	00:45:04	00:33:09	INDIVIDUAL
166	137	JORGE NETO	M	M4549	23	00:45:12	00:34:13	C SARGENTO ARMADA
167	209	MANUEL FIDALGO	M	M5559	16	00:45:12	00:33:52	CCD EFACEC LX
168	106	HERNANI MONTEIRO	M	M5054	17	00:45:21	00:34:11	A VALE SILENCIO
169	294	JOSE MARQUES	M	M2139	63	00:45:24	00:33:59	ACADEMIA KORPO
170	540	CARLOS A C MENDES	M	M5054	18	00:45:24	00:34:13	INDIVIDUAL
171	88	FAUSTINO PEREIRINHA	M	M4549	24	00:45:25	00:33:44	BOLOTAOBRA
172	289	PAULO SILVA	M	M2139	64	00:45:26	00:34:14	ACADEMIA KORPO
173	103	ANTONIO FERNANDES	M	M5054	19	00:45:30	00:34:20	A VALE SILENCIO
174	232	ANTONIO VENANCIO	M	M5559	17	00:45:32	00:33:42	CCD CASA PIA
175	92	JORGE LEITAO	M	M4549	25	00:45:33	00:34:11	OS ZATOPEQUES
176	267	ANTONIO J H FERREIRA	M	M5054	20	00:45:36	00:34:08	INDIVIDUAL
177	391	FERNANDO COSTA	M	M2139	65	00:45:41	00:34:07	INDIVIDUAL
178	53	NUNO MENDAO	M	M2139	66	00:45:45	00:33:56	OS SANTARENOS
179	54	MIGUEL SATURNINO	M	M2139	67	00:45:48	00:34:15	OS SANTARENOS
180	245	MARTIM BROA	M	M2139	68	00:45:48	00:34:15	INDIVIDUAL
181	399	TELMO CORREIA	M	M2139	69	00:45:52	00:34:23	INDIVIDUAL
182	19	JOAQUIM CARMO	M	M4044	35	00:45:53	00:34:24	CUA BENAVENTENSE
183	543	ALEXANDRE VAZ	M	M2139	70	00:45:53	00:33:52	INDIVIDUAL
184	400	CARLOS RODRIGUES	M	M4044	36	00:45:55	00:34:22	INDIVIDUAL
185	189	ANDRE MORGADO	M	M6099	7	00:45:58	00:34:05	EMPATAS
186	246	JOAO SANCHES	M	M4549	26	00:45:59	00:34:18	CA AGUALVA
187	617	RICARDO J OLIVEIRA	M	M2139	71	00:45:59	00:34:05	INDIVIDUAL
188	529	CARLOS NABIÇA	M	M4549	27	00:46:02	00:34:37	CD GRUPO BES
189	282	JORGE PEREIRA	M	M5559	18	00:46:03	00:34:36	CD GRUPO BES
190	108	JOSE PEREIRA	M	M6099	8	00:46:08	00:34:53	A VALE SILENCIO
191	263	FERNANDO SOUSA	M	M4549	28	00:46:16	00:34:39	INDIVIDUAL
192	624	MANUEL RUSSO	M	M6099	9	00:46:17	00:34:55	INDIVIDUAL
193	404	TELMO PENA	M	M2139	72	00:46:18	00:34:28	INDIVIDUAL
194	11	JOAO TRAVADO	M	M4044	37	00:46:21	00:34:38	CARREGUEIRENSES
195	316	JOAO GAUDENCIO	M	M5054	21	00:46:23	00:34:32	CCD O ALVITEJO
196	581	JOAO DOMINGOS	M	M2139	73	00:46:24	00:35:10	GINASIO SCORPUS
197	240	JOSE BELCHIOR	M	M5559	19	00:46:25	00:34:37	INDIVIDUAL
198	249	DUARTE BRITO	M	M1820	8	00:46:26	00:34:46	INDIVIDUAL
199	548	JOSE COELHO	M	M4044	38	00:46:27	00:35:02	BERI BERI ASFALTO
200	145	HENRIQUE ALVAREDO	M	M5054	22	00:46:29	00:34:32	C SARGENTO ARMADA
201	10	ANTONIO BERNARDES	M	M6099	10	00:46:32	00:34:39	CARREGUEIRENSES
202	303	BRANCA DIAS	F	F3545	1	00:46:34	00:34:46	CCD O ALVITEJO
203	395	MARCO CAMPOS	M	M2139	74	00:46:35	00:34:19	INDIVIDUAL
204	576	PEDRO DUARTE	M	M2139	75	00:46:38	00:34:24	AA MAFRA
205	602	JOSE LOPES	M	M4044	39	00:46:38	00:35:04	PUMAS GUINCHO
206	612	MIGUEL GOMES	M	M4044	40	00:46:49	00:34:40	INDIVIDUAL
207	39	JOSE ROCHA	M	M4549	29	00:46:52	00:35:02	CID RUNNERS
208	184	JOSUE INACIO	M	M6099	11	00:46:52	00:35:16	ESTRELA FC
209	217	BRUNO RIBEIRO	M	M2139	76	00:46:54	00:35:37	GD AGUIAS MOITA
210	293	PEDRO BATISTA	M	M2139	77	00:47:01	00:34:30	ACADEMIA KORPO
211	119	PAULO CRAVO	M	M4044	41	00:47:07	00:35:00	AC SALVATERRA
212	556	JOSE CARLOS	M	M4549	30	00:47:07	00:34:51	AA MAFRA
213	613	JOAO CANAS	M	M2139	78	00:47:12	00:34:09	INDIVIDUAL
214	28	HENRIQUE RUAS	M	M6099	12	00:47:19	00:35:15	CCD O ALVITEJO
215	629	SANDRO JORDAO	M	M2139	79	00:47:21	00:34:43	INDIVIDUAL

216	318	JOSE SANTOS	M	M5054	23	00:47:23	00:35:20	CCD O ALVITEJO
217	74	JOAQUIM FERRAO	M	M5054	24	00:47:25	00:35:18	GDC BANCO PORTUGAL
218	34	JOAO MACHADO	M	M4044	42	00:47:27	00:35:15	HABITAR IMOBILIARIA
219	560	JOSE GARRAFAO	M	M4549	31	00:47:32	00:35:47	CLAC ENTRONCAMENTO
220	7	PEDRO ANTUNES	M	M2139	80	00:47:34	00:35:07	CARREGUEIRENSES
221	553	PAULO SILVA	M	M2139	81	00:47:40	00:35:46	AA MAFRA
222	584	DAVID CLEMENTE	M	M2139	82	00:47:43	00:35:21	GINASIO SCORPUS
223	66	JOSE CAROLA	M	M2139	83	00:47:44	00:35:06	OS SANTARENOS
224	221	ROGERIO NUNES	M	M2139	84	00:47:50	00:36:03	GD AGUIAS MOITA
225	615	ANTONIO P ALMEIDA	M	M5054	25	00:47:54	00:35:56	INDIVIDUAL
226	621	TIMOTEO SEIA	M	M2139	85	00:47:57	00:35:56	CD ASAS MILENIUM
227	62	ANTONIO BATALHA	M	M5559	20	00:47:59	00:35:33	OS SANTARENOS
228	86	JANUARIO BONA	M	M6099	13	00:48:04	00:35:52	BOLOTAOBRA
229	199	OTILIO MONTEIRO	M	M4549	32	00:48:04	00:35:58	C MATA ESCAROUPIM
230	198	ANTONIO GAMEIRO	M	M5559	21	00:48:05	00:35:58	C MATA ESCAROUPIM
231	272	CARLOS SOUSA	M	M5054	26	00:48:05	00:35:11	INDIVIDUAL
232	122	NAPOLEAO LEAL	M	M5559	22	00:48:13	00:36:07	AA LEBRES SADO
233	577	ANTONIO REIS	M	M5559	23	00:48:21	00:36:06	AA MAFRA
234	281	FILIFE H TORRES	M	M2139	86	00:48:26	00:36:20	INDIVIDUAL
235	169	LUIS REIS	M	M5054	27	00:48:28	00:36:14	CCDP MUN CASCAIS
236	166	ALBERTO ABREU	M	M4044	43	00:48:39	00:36:06	CCDP MUN CASCAIS
237	508	LUIS ROLDAO	M	M2139	87	00:48:50	00:35:44	INDIVIDUAL
238	580	LILIANA FILIFE	F	F2134	3	00:48:52	00:36:24	GINASIO SCORPUS
239	537	NUNO RODRIGUES	M	M2139	88	00:48:54	00:36:41	CD GRUPO BES
240	127	JORGE BARREIRA	M	M6099	14	00:48:56	00:36:00	GRCD LEIAO
241	162	JOAQUIM NAZARIO	M	M6099	15	00:48:58	00:36:11	GDCT REPSOL
242	123	ALVARO GINGADO	M	M5054	28	00:49:00	00:36:36	AA LEBRES SADO
243	608	MARIO MARTINS	M	M2139	89	00:49:02	00:00:00	INDIVIDUAL
244	220	JAIME MESTRE	M	M4044	44	00:49:06	00:36:43	GD AGUIAS MOITA
245	589	ANA M AMARAL	F	F2134	4	00:49:12	00:36:45	GP RUNNERS
246	250	JOSE BRITO	M	M4549	33	00:49:15	00:36:49	INDIVIDUAL
247	100	FRANCISCO PINHEIRO	M	M5559	24	00:49:17	00:37:05	GA MONSANTO GASCAN
248	59	JOAO LOURENÇO	M	M4549	34	00:49:20	00:37:06	OS SANTARENOS
249	514	SILVERIO CORREIA	M	M4044	45	00:49:20	00:37:04	2SPEED
250	609	JORGE RODRIGUES	M	M2139	90	00:49:22	00:36:45	INDIVIDUAL
251	72	ORLINDO SILVA	M	M5054	29	00:49:23	00:36:41	OS ZATOPEQUES
252	401	JOSE RIJO	M	M6099	16	00:49:27	00:00:00	INDIVIDUAL
253	194	INACIO GONCALVES	M	M5559	25	00:49:31	00:36:29	GD MACEDO OCULISTA
254	541	FILIFE SOUSA	M	M2139	91	00:49:34	00:37:09	INDIVIDUAL
255	302	VERA VAZ	F	F2134	5	00:49:35	00:37:07	CCD O ALVITEJO
256	87	LINO OLIVEIRA	M	M6099	17	00:49:36	00:37:08	BOLOTAOBRA
257	604	RUTH LOPES	F	F3545	2	00:49:40	00:37:09	PUMAS GUINCHO
258	528	SILVIO PAIVA	M	M5559	26	00:49:41	00:37:12	CD GRUPO BES
259	206	HUGO PRATAS	M	M2139	92	00:49:46	00:37:02	CCD EFACEC LX
260	40	ANTONIO RAPOSO	M	M4044	46	00:49:49	00:37:04	CID RUNNERS
261	70	PAULO SOARES	M	M4044	47	00:49:51	00:37:50	ATLANTIS CAFE
262	135	MAGNIFICA ALVAREDO	F	F4699	2	00:49:51	00:37:14	C SARGENTO ARMADA
263	402	RICARDO MALTA	M	M2139	93	00:49:51	00:36:15	INDIVIDUAL
264	244	ANTONIO SOUSA	M	M2139	94	00:49:54	00:37:05	INDIVIDUAL
265	287	PAULO PALMA	M	M4044	48	00:49:54	00:37:03	BV MONTEMOR O NOVO
266	403	ADELINO FORTUNATO	M	M6099	18	00:49:57	00:37:11	INDIVIDUAL
267	394	CARLOS OLIVEIRA	M	M4549	35	00:49:59	00:37:19	PUMAS GUINCHO
268	241	JOSE MONTEIRO	M	M5054	30	00:50:06	00:37:08	INDIVIDUAL
269	588	NUNO AMARAL	M	M2139	95	00:50:14	00:37:34	GP RUNNERS

270	558	ANTONIO O P PATRICIO	M	M5054	31	00:50:22	00:37:40	INDIVIDUAL
271	129	ELISABETE BARREIRA	F	F3545	3	00:50:23	00:37:29	GRCD LEIAO
272	131	DOMINGOS MATOS	M	M4549	36	00:50:35	00:37:34	FALCOES SELVAGENS
273	182	ANTONIO VALADAS	M	M6099	19	00:50:37	00:37:45	ESTRELA FC
274	317	JOSE MAIA	M	M5054	32	00:50:41	00:37:26	CCD O ALVITEJO
275	300	ANTONIO CARDOSO	M	M2139	96	00:50:44	00:36:52	LANG
276	130	PEDRO FERREIRA	M	M4549	37	00:50:45	00:38:05	GDCT UNICRE
277	146	FERNANDO OLIVEIRA	M	M5559	27	00:50:45	00:38:14	C SARGENTO ARMADA
278	3	ANTONIO INGLES	M	M5054	33	00:50:48	00:37:02	GA MONSANTO GASCAN
279	327	CARLOS PEREIRA	M	M4044	49	00:50:48	00:38:24	GD SANTANDER TOTTA
280	90	RUI VIGOÇO	M	M6099	20	00:50:50	00:38:18	GD BANCO BPI
281	30	EURICO MARÇAL	M	M2139	97	00:50:51	00:37:30	A 20 KM ALMEIRIM
282	219	CARLOS SECO	M	M5054	34	00:51:05	00:38:13	GD AGUIAS MOITA
283	305	ISABEL FERNANDES	F	F4699	3	00:51:07	00:37:55	CCD O ALVITEJO
284	2	JOAO P PINTO	M	M5054	35	00:51:10	00:38:16	GA MONSANTO GASCAN
285	229	JOAQUIM FRAGOSO	M	M6099	21	00:51:13	00:38:19	CCD CASA PIA
286	625	VITOR RODRIGUES	M	M4549	38	00:51:23	00:38:26	CONSTRUÇÕES CR
287	565	JOSE SAPATEIRO	M	M6099	22	00:51:30	00:38:05	CLAC ENTRONCAMENTO
288	328	CARLOS GUEDES	M	M2139	98	00:51:40	00:39:07	SOBRALPISO
289	216	JOSE CARVALHO	M	M5559	28	00:51:45	00:38:24	CCD EFACEC LX
290	228	PEDRO FILIPE	M	M2139	99	00:51:46	00:39:06	CAA BELEM
291	175	RUI VARELA	M	M4549	39	00:51:51	00:39:05	CAA BELEM
292	46	HUGO RODRIGUES	M	M2139	100	00:51:54	00:39:08	SOBRALPISO
293	611	MANUEL HORTA	M	M5559	29	00:52:01	00:38:10	GAA VF XIRA
294	521	JACINTO T SOUSA	M	M4549	40	00:52:12	00:39:00	2SPEED
295	570	JOÃO M N SOARES	M	M2139	101	00:52:12	00:39:31	INDIVIDUAL
296	190	CARLOS RODRIGUES	M	M6099	23	00:52:16	00:38:59	EMPATAS
297	235	JULIO HENRIQUES	M	M6099	24	00:52:20	00:39:51	INDIVIDUAL
298	172	LUIS ROSA	M	M5559	30	00:52:34	00:39:35	CAA BELEM
299	227	JORGE ALMEIDA	M	M6099	25	00:52:40	00:39:44	CAA BELEM
300	69	ROSA AFONSO	F	F3545	4	00:52:41	00:40:02	ATLANTIS CAFE
301	280	RUI PEIXOTO	M	M2139	102	00:52:43	00:38:43	INDIVIDUAL
302	390	ANTONIO RODAS	M	M1820	9	00:52:56	00:38:27	OS SANTARENOS
303	56	MANUEL FIDALGO	M	M6099	26	00:53:17	00:39:44	OS SANTARENOS
304	55	FRANCISCO RODRIGUES	M	M2139	103	00:53:23	00:39:45	OS SANTARENOS
305	118	JORGE VIEIRA	M	M4549	41	00:53:23	00:39:38	AC SALVATERRA
306	117	ARMENIO ANDRADE	M	M5559	31	00:53:25	00:39:40	AC SALVATERRA
307	555	FERNANDA COSTA	F	F4699	4	00:53:27	00:39:55	AA MAFRA
308	567	LUCRECIO DIAS	M	M6099	27	00:53:31	00:39:53	CLAC ENTRONCAMENTO
309	4	RITA FREITAS	F	F1820	1	00:53:35	00:40:03	A VALE SILENCIO
310	99	VANESSA REIS	F	F2134	6	00:53:35	00:40:40	GA MONSANTO GASCAN
311	511	MARIO RIBEIRO	M	M4044	50	00:53:35	00:00:00	INDIVIDUAL
312	52	JOAO RAMOS	M	M5054	36	00:53:40	00:38:42	OS SANTARENOS
313	101	NUNO VENTURA	M	M2139	104	00:53:40	00:40:41	GA MONSANTO GASCAN
314	164	LUIS TORRAO	M	M5559	32	00:54:12	00:40:50	GDCT REPSOL
315	32	ILIDIO CORDEIRO	M	M4549	42	00:54:20	00:39:39	C VETERANOS CONDEIXA
316	33	JOSE MOÇO	M	M4549	43	00:54:21	00:39:47	C VETERANOS CONDEIXA
317	41	ANTONIO SERRA	M	M5054	37	00:54:31	00:40:36	CID RUNNERS
318	191	MARIA CORREIA	F	F4699	5	00:54:39	00:41:24	EMPATAS
319	133	ANA INES	F	F3545	5	00:54:41	00:41:02	C SARGENTO ARMADA
320	179	FRANCISCO CLERIGO	M	M5559	33	00:55:03	00:40:34	SS CGD
321	256	FERNANDO COSTA	M	M5054	38	00:55:06	00:41:11	INDIVIDUAL
322	552	CARLOS CORREIA	M	M2139	105	00:55:07	00:41:33	GD CARRIS
323	213	ANTONIO SANTOS	M	M4549	44	00:55:12	00:41:29	CCD EFACEC LX

324	204	ANDRE RAMOS	M	M1820	10	00:55:13	00:00:00	CCD EFACEC LX
325	211	FERNANDO MAGALHAES	M	M5054	39	00:55:13	00:41:28	CCD EFACEC LX
326	47	RITA RODRIGUES	F	F1820	2	00:55:48	00:41:57	SOBRALPISO
327	174	FERNANDO FONSECA	M	M5559	34	00:55:48	00:41:57	CAA BELEM
328	547	CARLOS ASSIS	M	M2139	106	00:55:51	00:41:21	BERI BERI ASFALTO
329	592	ORLANDO ALMEIDA	M	M2139	107	00:55:57	00:41:10	GP RUNNERS
330	593	BERNARDINA SANTOS	F	F2134	7	00:55:57	00:41:09	GP RUNNERS
331	532	FERNANDO FILIPE	M	M4044	51	00:56:30	00:42:03	CD GRUPO BES
332	506	JOAO P S LIMA	M	M5054	40	00:56:42	00:41:39	INDIVIDUAL
333	525	SANDRA S S MARTINS	F	F2134	8	00:56:42	00:41:38	INDIVIDUAL
334	549	FILIPE SILVA	M	M5054	41	00:56:43	00:42:00	INDIVIDUAL
335	188	ANTONIO CORREIA	M	M6099	28	00:56:50	00:41:42	EMPATAS
336	167	ANTONIO TAVARES	M	M4549	45	00:56:52	00:43:15	CCDP MUN CASCAIS
337	299	SERAFIM ALVES	M	M5559	35	00:56:56	00:41:41	LANG
338	165	CARLOS CARMO	M	M5559	36	00:57:10	00:42:48	GDCT REPSOL
339	573	JOAO TORRADO	M	M6099	29	00:57:12	00:42:33	EIRAGYM
340	572	CARLA MARQUES	F	F3545	6	00:57:14	00:42:33	EIRAGYM
341	224	MANUEL OLIVEIRA	M	M6099	30	00:57:16	00:42:45	AAE BNU
342	251	JOSE MAURICIO	M	M5559	37	00:57:16	00:42:19	INDIVIDUAL
343	607	RICARDO RAPOSO	M	M5054	42	00:57:21	00:42:01	INDIVIDUAL
344	132	ANTONIO HORTA	M	M5559	38	00:57:33	00:43:20	C SARGENTO ARMADA
345	234	JOSE SIMOES	M	M6099	31	00:57:36	00:43:12	CCD CASA PIA
346	163	AMADEU FERREIRA	M	M6099	32	00:57:37	00:43:30	GDCT REPSOL
347	295	JOAO CARVALHO	M	M2139	108	00:57:38	00:43:36	ACADEMIA KORPO
348	95	LUIS GRAVE	M	M5054	43	00:57:40	00:43:04	OS ZATOPEQUES
349	61	MADEIRA SILVA	M	M6099	33	00:57:41	00:43:57	OS SANTARENOS
350	177	ALBERTINO SEMEDO	M	M5054	44	00:57:43	00:42:06	SS CGD
351	606	JOAQUIM CARPELHO	M	M6099	34	00:57:45	00:43:33	CCD EPUL
352	196	ROSINDA GONÇALVES	F	F4699	6	00:57:49	00:43:08	GD MACEDO OCULISTA
353	531	MONICA SOFIA	F	F3545	7	00:57:50	00:43:03	CD GRUPO BES
354	157	PAULO BELO	M	M2139	109	00:57:51	00:44:30	OS BELOS
355	583	LUIS AFONSO	M	M2139	110	00:58:17	00:00:00	GINASIO SCORPUS
356	519	LILIANA MARQUES	F	F2134	9	00:58:22	00:43:56	2SPEED
357	109	JOSE REBOCHO	M	M5559	39	00:58:37	00:43:14	A VALE SILENCIO
358	36	CARLA MARQUES	F	F2134	10	00:58:48	00:44:03	HABITAR IMOBILIARIA
359	37	LUCIENNE NEVES	F	F2134	11	00:58:48	00:44:04	HABITAR IMOBILIARIA
360	500	CARLOS MENDES	M	M6099	35	00:59:08	00:43:11	INDIVIDUAL
361	322	JOAO CUNHA	M	M5054	45	00:59:20	00:45:13	INDIVIDUAL
362	96	LUIS ANTUNES	M	M4549	46	00:59:21	00:43:48	GA MONSANTO GASCAN
363	27	VITOR RODRIGUES	M	M4044	52	00:59:27	00:44:56	CCD O ALVITEJO
364	297	FILIPE EVANGELISTA	M	M2139	111	00:59:29	00:43:57	ACADEMIA KORPO
365	262	JOSE A CUNHA	M	M5559	40	00:59:34	00:47:46	INDIVIDUAL
366	26	ELISABETE AGUAS	F	F3545	8	00:59:45	00:45:11	CCD O ALVITEJO
367	304	HELENA PEREIRA	F	F3545	9	00:59:45	00:45:12	CCD O ALVITEJO
368	170	ALBERTO CANO	M	M5559	41	00:59:53	00:44:38	CAA BELEM
369	171	TERESA CANO	F	F4699	7	00:59:53	00:00:00	CAA BELEM
370	173	ISABEL NOBRE	F	F4699	8	00:59:53	00:00:00	CAA BELEM
371	215	ANTONIO LOPES	M	M6099	36	01:00:03	00:45:17	CCD EFACEC LX
372	332	ANTONIO TEIXEIRA	M	M2139	112	01:00:04	00:45:08	WIKABOO
373	97	ANTONIO PARDAL	M	M5559	42	01:00:08	00:45:54	GA MONSANTO GASCAN
374	210	MANUEL GOMES	M	M6099	37	01:00:40	00:45:17	CCD EFACEC LX
375	504	PEDRO GOMES	M	M2139	113	01:00:47	00:45:19	INDIVIDUAL
376	257	JOAQUIM VALADARES	M	M4549	47	01:00:54	00:44:40	INDIVIDUAL
377	178	MANUEL BRAS	M	M4044	53	01:00:59	00:00:00	SS CGD

378	193	ARTUR DINIS	M	M5054	46	01:01:05	00:45:59	GD MACEDO OCULISTA
379	195	PAULA COUTO	F	F4699	9	01:01:05	00:45:58	GD MACEDO OCULISTA
380	273	Mª ISABEL RODRIGUES	F	F4699	10	01:01:23	00:46:37	INDIVIDUAL
381	597	PAULA CRISPIM	F	F2134	12	01:01:23	00:46:37	INDIVIDUAL
382	582	VANIA GUERREIRO	F	F2134	13	01:01:34	00:45:45	GINASIO SCORPUS
383	192	MARIA RODRIGUES	F	F4699	11	01:01:36	00:46:36	EMPATAS
384	230	MANUEL TAVARES	M	M5054	47	01:01:51	00:45:51	CCD CASA PIA
385	231	Mª CECILIA TAVARES	F	F3545	10	01:01:52	00:00:00	CCD CASA PIA
386	237	SERGIO PEREIRA	M	M5054	48	01:02:14	00:46:03	INDIVIDUAL
387	534	ALEXANDRINA FILIPE	F	F3545	11	01:02:15	00:46:07	CD GRUPO BES
388	535	NUNO PINTO	M	M2139	114	01:02:15	00:46:20	CD GRUPO BES
389	533	JOAO SIMOES	M	M5559	43	01:02:16	00:00:00	CD GRUPO BES
390	536	SONIA CRISTINA	F	F2134	14	01:02:17	00:46:20	CD GRUPO BES
391	134	PAULA PINTO	F	F4699	12	01:02:39	00:46:47	C SARGENTO ARMADA
392	138	ANTONIO PEREIRA	M	M4549	48	01:02:42	00:46:47	C SARGENTO ARMADA
393	156	RUI BELO	M	M2139	115	01:02:56	00:47:49	OS BELOS
394	64	JOSE BATALHA	M	M6099	38	01:03:09	00:46:51	OS SANTARENOS
395	147	JOAQUIM CORDEIRO	M	M6099	39	01:03:24	00:46:06	OS PENICHEIROS
396	598	LUIS NEVES	M	M2139	116	01:04:08	00:47:45	AÇOREANA C BANIF
397	326	Mª DULCE SILVA	F	F4699	13	01:04:21	00:47:44	INDIVIDUAL
398	247	EBERHARD WILHELM	M	M6099	40	01:04:33	00:46:35	INDIVIDUAL
399	306	RUI QUEIXADA	M	M2139	117	01:05:01	00:47:22	CCD O ALVITEJO
400	258	CARLOS TEIXEIRA	M	M5054	49	01:05:45	00:45:24	INDIVIDUAL
401	168	EDUARDO MALHEIRO	M	M2139	118	01:05:53	00:48:03	CCDP MUN CASCAIS
402	268	CARLOS M C OLIVEIRA	M	M5559	44	01:06:41	00:49:42	INDIVIDUAL
403	98	LUIS CARDOSO	M	M2139	119	01:07:12	00:48:48	GA MONSANTO GASCAN
404	605	CELMA OLIVEIRA	F	F4699	14	01:08:08	00:50:15	INDIVIDUAL
405	205	FRANCISCO FERREIRA	M	M5559	45	01:09:33	00:51:17	CCD EFACEC LX
406	512	JOAO MARQUES	M	M2139	120	01:09:52	00:00:00	2SPEED
407	513	ANA RITA MARQUES	F	F2134	15	01:09:52	00:51:08	2SPEED
408	518	BERNARDO SOUSA	M	M1820	11	01:10:04	00:00:00	2SPEED
409	515	Mª CARMO MARQUES	F	F3545	12	01:10:17	00:51:12	2SPEED
410	203	IOLANDA RAMOS	F	F3545	13	01:12:19	00:52:40	CCD EFACEC LX
411	180	CLAUDIA LOURENÇO	F	F3545	14	01:12:34	00:54:25	SS CGD
412	574	ANTONIO F R MARQUES	M	M6099	41	01:13:05	00:52:22	INDIVIDUAL
413	264	FRANKLIM GANDAREZ	M	M6099	42	01:13:06	00:52:10	INDIVIDUAL
414	208	ADELINO CASTRO	M	M5559	46	01:13:51	00:52:32	CCD EFACEC LX
415	526	NATALIA LIMA	F	F4699	15	01:15:23	00:56:15	INDIVIDUAL
416	160	MANUEL SANTOS	M	M6099	43	01:16:51	00:57:00	GDCT REPSOL
417	161	ALDA OLIVEIRA	F	F4699	16	01:16:51	00:57:29	GDCT REPSOL
418	38	SOFIA CORREIA	F	F2134	16	01:40:29	00:00:00	HABITAR IMOBILIARIA