

## RESULTS

Final

### WOMEN

Place	BIB	Athlete	Country	Team	Cat.	c.Pl.	Time	5 km	10 km	15 km
1 <sup>o</sup>	7021	Miriam Paurat	GER	GER /W40	W45	1	1:26:47	0:20:15	0:40:52	1:00:24
2 <sup>o</sup>	7027	Ruth Jaeger-Manatschal	FRA		W50	1	1:29:38	0:20:45	0:41:40	1:02:07
3 <sup>o</sup>	7032	Maria Jose Pueyo	ESP	ESP /W50	W50	2	1:31:15	0:20:37	0:41:53	1:02:16
4 <sup>o</sup>	7013	Céu Nunes	POR	POR /W40	W40	1	1:32:06	0:20:46	0:42:20	1:03:02
5 <sup>o</sup>	7012	Sonja Deiss	GER	GER /W40	W40	2	1:33:07	0:20:59		1:04:01
6 <sup>o</sup>	7005	Francesca Rimonda	ITA		W35	1	1:34:41	0:20:55	0:43:20	1:04:57
7 <sup>o</sup>	7023	Mónica Vieira	POR	POR /W45	W45	2	1:36:28	0:21:00	0:43:03	1:05:19
8 <sup>o</sup>	7010	Ionela Alexandru	ROU	ROU /W35	W40	3	1:36:30	0:20:45	0:44:06	1:06:24
9 <sup>o</sup>	7039	Monika Wüster	GER	GER /W55	W55	1	1:37:02	0:22:06	0:44:37	1:06:41
10 <sup>o</sup>	7008	Simona Elena Sladaru	ROU	ROU /W35	W40	4	1:38:23	0:21:46	0:45:26	1:07:19
11 <sup>o</sup>	7006	Sandra Gonçalves	POR	POR /W40	W40	5	1:38:45	0:21:35	0:44:42	1:07:34
12 <sup>o</sup>	7025	Raquel Lora Gabarain	ESP	ESP /W50	W50	3	1:40:05	0:23:13	0:46:23	1:09:01
13 <sup>o</sup>	7035	Graça Costa	POR		W55	2	1:41:23	0:22:49	0:46:40	1:09:46
14 <sup>o</sup>	4032	Renata Hájková	CZE		W45	3	1:43:16	0:21:57	0:46:12	1:09:17
15 <sup>o</sup>	7003	Mirela-Luciana Albu	ROU	ROU /W35	W35	2	1:44:40	0:22:00	0:46:12	1:10:28
16 <sup>o</sup>	7020	Victoria Gonzalez Gomez	ESP		W45	4	1:45:18	0:23:14	0:47:33	1:11:12
17 <sup>o</sup>	7024	Isabel Nunes	POR	POR /W45	W45	5	1:46:06	0:24:42	0:49:48	1:13:44
18 <sup>o</sup>	7011	Marisa Francisco	POR	POR /W40	W40	6	1:46:12	0:24:33	0:49:49	1:13:44
19 <sup>o</sup>	7040	Lesley Clancy	GBR	GBR /W50	W55	3	1:47:04	0:23:33	0:48:05	1:12:29
20 <sup>o</sup>	7019	Sandra Bailote	POR	POR /W45	W45	6	1:49:17	0:23:11	0:48:58	1:13:56
21 <sup>o</sup>	7014	Anabela Ferreira	POR	POR /W45	W45	7	1:49:32	0:24:34	0:50:24	1:15:21
22 <sup>o</sup>	7049	Margret Goettner	GER	GER /W55	W65	1	1:51:02	0:25:00	0:50:28	1:15:23
23 <sup>o</sup>	7033	Florinda Fernandes	POR	POR /W35	W50	4	1:54:32	0:24:59	0:51:16	1:18:18
24 <sup>o</sup>	7056	Gudrun Vogl	GER	GER /W55	W70	1	1:54:36	0:25:46	0:52:48	1:18:59
25 <sup>o</sup>	7038	Lea Lohk	GBR	GBR /W50	W55	4	1:54:59	0:23:54	0:50:09	1:17:07
26 <sup>o</sup>	7031	Gloria Suci	ROU		W50	5	1:56:02	0:25:20	0:52:09	1:19:22
27 <sup>o</sup>	7022	Sancha Campanella	POR	POR /W45	W45	8	1:59:44	0:25:45	0:53:30	1:20:58
28 <sup>o</sup>	7002	Rosa Martins	POR	POR /W35	W35	3	2:00:16	0:26:59	0:55:10	1:22:48
29 <sup>o</sup>	7041	Felicidade Soares	POR		W55	5	2:04:05	0:26:11	0:54:22	1:23:57
30 <sup>o</sup>	7004	Ana Lisa Vieira	POR	POR /W35	W35	4	2:04:19	0:24:56	0:52:21	1:20:26
31 <sup>o</sup>	7053	Rita Schubert	GER		W65	2	2:07:22	0:26:46	0:56:51	1:25:49
32 <sup>o</sup>	7034	Elvia Acosta Bermudez	GBR	GBR /W50	W50	6	2:08:41	0:26:52	0:56:55	1:26:56
33 <sup>o</sup>	4052	Eva Jiraskova	CZE		W55	6	2:09:06	0:26:54	0:56:04	1:25:57
34 <sup>o</sup>	7055	Maria Brigitte Nittel	GER		W70	2	2:22:54	0:29:57	1:03:10	1:36:24

## RESULTS

Final

### MEN

Place	BIB	Athlete	Country	Team	Cat.	c.Pl.	Time	5 km	10 km	15 km
1º	7121	Miguel Ferrer Muro	ESP	ESP /M40	M40	1	1:12:39	0:15:50	0:32:50	0:49:37
2º	7134	Javier Diaz Carretero	ESP	ESP /M40	M40	2	1:13:17	0:16:35	0:33:45	0:50:25
3º	7111	James Doran	IRL		M35	1	1:14:04	0:16:17	0:33:39	0:50:42
4º	7100	Charaf Mouelhi	FRA	FRA /M35	M35	2	1:14:41	0:16:36	0:34:00	0:50:58
5º	7110	Conrad Franks	GBR	GBR /M35	M35	3	1:15:02	0:16:07	0:33:37	0:50:26
6º	7126	Manuel Ángel Fernández	ESP	ESP /M40	M40	3	1:15:45	0:16:51	0:34:48	0:51:54
7º	7149	Davide Figueiredo	POR	POR /M45	M45	1	1:16:20	0:16:51	0:34:26	0:51:36
8º	7109	Michael Lang	GER	GER /M35	M35	4	1:16:46	0:16:40	0:34:42	0:52:42
9º	7145	Jose Luis Ferrer Molina	ESP		M45	2	1:18:16	0:16:51	0:35:01	0:52:41
10º	7144	Mircea Marian Sacara	ROU	ROU /M40	M45	3	1:18:17	0:16:50	0:35:01	0:52:41
11º	7187	Martin Fiz Martín	ESP	ESP /M55	M55	1	1:19:00	0:17:30	0:36:27	0:54:06
12º	7102	Carlos Freitas	POR	POR /M35	M35	5	1:19:06	0:18:05	0:36:15	0:53:37
13º	7159	Joaquim Figueiredo	POR	POR /M50	M50	1	1:19:30			
14º	7135	Thomas Jungbauer	AUT	AUT /M45	M45	4	1:20:04	0:17:49	0:36:40	0:54:53
15º	7131	Nuno Pereira	POR	POR /M40	M40	4	1:20:17	0:18:04	0:36:50	0:55:03
16º	7148	Paulo Garcia	POR	POR /M45	M45	5	1:20:42	0:18:04	0:37:01	0:55:18
17º	7165	Roberto Clavijo Angulo	ESP	ESP /M50	M50	2	1:20:53	0:18:54	0:38:37	0:57:09
18º	7141	Jiri Brychta	CZE	CZE /M40	M45	6	1:21:00	0:17:43	0:36:46	0:55:30
19º	7163	Manuel Valente Ferreira	POR	POR /M50	M50	3	1:21:06	0:18:03	0:37:00	0:55:18
20º	7117	Norberto Lopez	ESP	ESP /M40	M40	5	1:21:41	0:18:00	0:36:51	0:55:24
21º	7183	Joaquim Lopes	POR	POR /M55	M55	2	1:21:49	0:18:12	0:37:28	0:56:05
22º	7143	Didier Braet	BEL		M45	7	1:22:21	0:18:43	0:38:22	0:57:08
23º	7146	Élvio Henriques	POR	POR /M45	M45	8	1:23:29	0:18:02	0:37:24	0:56:37
24º	7108	Ivan Nunes	POR	POR /M35	M35	6	1:23:39	0:16:35	0:34:28	0:52:53
25º	7114	Bruno Paixão	POR	POR /M35	M35	7	1:23:40	0:15:46	0:33:05	0:52:27
26º	7206	Jose Luis Bernabe	ESP	ESP /M60	M60	1	1:25:29	0:19:06	0:39:00	0:58:39
27º	7204	Marc Sempels	BEL		M60	2	1:25:30	0:19:06	0:39:00	0:58:39
28º	7142	J. David Fernandes	POR	POR /M45	M45	9	1:25:50	0:19:16	0:39:34	0:59:13
29º	7125	Tiago Marques	POR	POR /M40	M40	6	1:25:52	0:19:00	0:38:41	0:58:13
30º	7112	Élvio Sousa	POR	POR /M35	M35	8	1:26:21	0:18:40	0:38:27	0:58:38
31º	7164	Angel Fernandez Bobadilla	ESP	ESP /M50	M50	4	1:26:58	0:18:55	0:38:40	0:58:07
32º	7120	Raul Goulart	POR	POR /M40	M40	7	1:27:39	0:19:58	0:40:16	1:00:17
33º	7166	Bernardo Ortiz	ESP	ESP /M50	M50	5	1:28:11	0:19:40	0:39:56	1:00:01
34º	7104	Václav Krmaš	CZE	CZE /M40	M40	8	1:28:26	0:19:20	0:39:42	1:00:08
35º	7176	Angel Lebrero Suárez	ESP	ESP /M55	M55	3	1:28:37	0:18:15	0:38:18	0:58:10
36º	7160	Norbert Schneider	GER	GER /M50	M50	6	1:30:00	0:21:22	0:43:13	1:04:07
37º	7207	José Carlos Simoes	SUI		M60	3	1:30:30	0:20:39	0:42:01	1:02:32
38º	7132	Gabriel Patru	ROU	ROU /M40	M40	9	1:30:32	0:20:02	0:41:04	1:01:55
39º	7127	Adrian Vazquez Lopez	ESP	ESP /M40	M40	10	1:30:52	0:19:29	0:40:42	1:01:45
40º	7152	Heiko Wilmes	GER	GER /M50	M50	7	1:31:01	0:20:27	0:41:48	1:02:42
41º	7133	Agostinho Figueiredo	POR	POR /M40	M40	11	1:31:15	0:20:51	0:42:19	1:02:57
42º	7155	Vit Malik	CZE	CZE /M40	M50	8	1:31:24	0:20:27	0:41:48	1:02:37
43º	7172	Rob Van De Graaf	NED		M55	4	1:31:25	0:19:26	0:40:20	1:01:01
44º	7186	Manuel Joaquim	POR	POR /M55	M55	5	1:31:52	0:19:48	0:41:07	1:02:54
45º	7124	Gheorghe Tanase	ROU	ROU /M40	M40	12	1:31:57	0:19:28	0:40:11	1:01:42
46º	7128	Luís Massapina	POR	POR /M40	M40	13	1:32:22	0:19:05	0:41:42	1:03:42
47º	7168	Andreas Joswig	GER	GER /M55	M55	6	1:32:43	0:19:31	0:40:39	1:02:00
48º	7185	Fernando Borrajo Río	ESP	ESP /M55	M55	7	1:33:08	0:19:34	0:41:04	1:03:05
49º	7220	Albert-Eugen Vetter	GER	GER /M55	M65	1	1:36:56	0:22:33	0:45:34	1:07:26
50º	7181	Andrew Noble	GBR	GBR /M35	M55	8	1:37:07	0:21:49	0:44:43	1:06:58

## RESULTS

### MEN

Place	BIB	Athlete	Country	Team	Cat.	c.Pl.	Time	5 km	10 km	15 km
51 <sup>o</sup>	7129	Jose Pina	POR	POR /M40	M40	14	1:37:56	0:19:56	0:44:16	1:06:55
52 <sup>o</sup>	7208	Johan Neve	NED		M60	4	1:38:14	0:21:15	0:43:37	1:06:23
53 <sup>o</sup>	7211	Miguel Ángel Contador	ESP	ESP /M60	M60	5	1:38:55	0:20:38	0:43:05	1:05:29
54 <sup>o</sup>	4142	Jan Havelka	CZE		M40	15	1:39:40	0:20:48	0:44:02	1:07:06
55 <sup>o</sup>	7162	Erwin Petraschek	GER	GER /M50	M50	9	1:40:48	0:21:31	0:45:07	1:08:09
56 <sup>o</sup>	7237	Hans Bichler	AUT	AUT /M45	M70	1	1:43:06	0:24:30	0:48:27	1:11:17
57 <sup>o</sup>	7167	Jose Ramalho	POR	POR /M50	M50	10	1:43:14	0:22:31	0:46:37	1:10:25
58 <sup>o</sup>	7227	Ian Johnstone	GBR	GBR /M55	M65	2	1:43:48	0:22:33	0:45:49	1:09:09
59 <sup>o</sup>	7184	Philip Cross	GBR	GBR /M55	M55	9	1:44:14	0:23:23	0:47:25	1:11:37
60 <sup>o</sup>	7130	Oscar Carrasco Gonzalez	ESP	ESP /M40	M40	16	1:44:34	0:21:20	0:44:07	1:10:00
61 <sup>o</sup>	7105	Csaba Dr. Bogнар	HUN		M40	17	1:47:02	0:23:13	0:48:16	1:13:04
62 <sup>o</sup>	7170	Robert Rohregger	GER	GER /M55	M55	10	1:49:23	0:22:58	0:47:23	1:11:37
63 <sup>o</sup>	7241	Jean-Guy Gilles	BEL		M70	2	1:49:24	0:24:21	0:50:00	1:14:42
64 <sup>o</sup>	7210	David Kemp	GBR		M60	6	1:51:28	0:23:06	0:49:03	1:15:18
65 <sup>o</sup>	7244	Jeffrey Norman	GBR		M75	1	1:52:12	0:25:21	0:51:28	1:17:20
66 <sup>o</sup>	7154	Carlo Ciaccia	ITA		M55	11	1:55:18	0:23:53	0:50:28	1:17:45
67 <sup>o</sup>	7182	Vitor Gomes	POR	POR /M55	M55	12	1:55:45	0:24:10	0:50:22	1:17:55
68 <sup>o</sup>	4282	Oldrich Smida	CZE		M70	3	1:56:35	0:25:23	0:52:45	1:18:59
69 <sup>o</sup>	7228	Adão Dias	POR	POR /M65	M65	3	1:59:23	0:24:27	0:51:12	1:18:47
70 <sup>o</sup>	7215	António Santos	POR	POR /M65	M65	4	2:01:50	0:25:39	0:53:30	1:21:46
71 <sup>o</sup>	7230	António Lima	POR	POR /M65	M65	5	2:01:59	0:27:17	0:55:13	1:23:00
72 <sup>o</sup>	7223	Martin Benchea-Joca	ROU		M65	6	2:02:22	0:27:24	0:56:05	1:24:33
73 <sup>o</sup>	7147	Luís Ferreira	POR	POR /M45	M45	10	2:02:33	0:27:51	0:55:46	1:23:33
74 <sup>o</sup>	7236	Isidro Aguiar Hernandez	ESP	ESP /M70	M70	4	2:03:01	0:25:44	0:54:32	1:24:16
75 <sup>o</sup>	7213	Angel Garrido Leal	ESP	ESP /M60	M65	7	2:03:13	0:26:46	0:54:41	1:24:16
76 <sup>o</sup>	7229	Robert Sargent	GBR	GBR /M55	M65	8	2:05:14	0:27:04	0:56:58	1:25:20
77 <sup>o</sup>	7233	Michael Mann	GBR		M70	5	2:06:02	0:33:14	1:01:01	1:27:49
78 <sup>o</sup>	7245	José Antonio Arias Cruz	ESP	ESP /M70	M75	2	2:07:14	0:27:34	0:56:54	1:26:14
79 <sup>o</sup>	7188	Norbert Nikelowski	GER	GER /M35	M60	7	2:08:35	0:24:21	0:55:53	1:25:16
80 <sup>o</sup>	7240	Domingo Ortega Medina	ESP	ESP /M70	M70	6	2:25:18	0:29:52	1:02:51	1:36:04
81 <sup>o</sup>	4301	Jiri Libra	CZE		M80	1	2:54:40	0:35:57	1:13:46	1:54:34
9999 <sup>o</sup>	4289	Karel Sklíba	CZE		M70	7	DNF	0:00:00	0:00:00	

## RESULTS BY AGE GROUP

### WOMEN

Place	Overall/W	BIB	Athlete	Country	Age Group	Time	5 km	10 km	15 km
<b>W35</b>									
1 <sup>a</sup>	6 <sup>a</sup>	7005	Francesca Rimonda	ITA	W35	1:34:41	0:20:55	0:43:20	1:04:57
2 <sup>a</sup>	15 <sup>a</sup>	7003	Mirela-Luciana Albu	ROU	W35	1:44:40	0:22:00	0:46:12	1:10:28
3 <sup>a</sup>	28 <sup>a</sup>	7002	Rosa Martins	POR	W35	2:00:16	0:26:59	0:55:10	1:22:48
4 <sup>a</sup>	30 <sup>a</sup>	7004	Ana Lisa Vieira	POR	W35	2:04:19	0:24:56	0:52:21	1:20:26
<b>W40</b>									
1 <sup>a</sup>	4 <sup>a</sup>	7013	Céu Nunes	POR	W40	1:32:06	0:20:46	0:42:20	1:03:02
2 <sup>a</sup>	5 <sup>a</sup>	7012	Sonja Deiss	GER	W40	1:33:07	0:20:59		1:04:01
3 <sup>a</sup>	8 <sup>a</sup>	7010	Ionela Alexandru	ROU	W40	1:36:30	0:20:45	0:44:06	1:06:24
4 <sup>a</sup>	10 <sup>a</sup>	7008	Simona Elena Sladaru	ROU	W40	1:38:23	0:21:46	0:45:26	1:07:19
5 <sup>a</sup>	11 <sup>a</sup>	7006	Sandra Gonçalves	POR	W40	1:38:45	0:21:35	0:44:42	1:07:34
6 <sup>a</sup>	18 <sup>a</sup>	7011	Marisa Francisco	POR	W40	1:46:12	0:24:33	0:49:49	1:13:44
<b>W45</b>									
1 <sup>a</sup>	1 <sup>a</sup>	7021	Miriam Paurat	GER	W45	1:26:47	0:20:15	0:40:52	1:00:24
2 <sup>a</sup>	7 <sup>a</sup>	7023	Mónica Vieira	POR	W45	1:36:28	0:21:00	0:43:03	1:05:19
3 <sup>a</sup>	14 <sup>a</sup>	4032	Renata Hájková	CZE	W45	1:43:16	0:21:57	0:46:12	1:09:17
4 <sup>a</sup>	16 <sup>a</sup>	7020	Victoria Gonzalez Gomez	ESP	W45	1:45:18	0:23:14	0:47:33	1:11:12
5 <sup>a</sup>	17 <sup>a</sup>	7024	Isabel Nunes	POR	W45	1:46:06	0:24:42	0:49:48	1:13:44
6 <sup>a</sup>	20 <sup>a</sup>	7019	Sandra Bailote	POR	W45	1:49:17	0:23:11	0:48:58	1:13:56
7 <sup>a</sup>	21 <sup>a</sup>	7014	Anabela Ferreira	POR	W45	1:49:32	0:24:34	0:50:24	1:15:21
8 <sup>a</sup>	27 <sup>a</sup>	7022	Sancha Campanella	POR	W45	1:59:44	0:25:45	0:53:30	1:20:58
<b>W50</b>									
1 <sup>a</sup>	2 <sup>a</sup>	7027	Ruth Jaeger-Manatschal	FRA	W50	1:29:38	0:20:45	0:41:40	1:02:07
2 <sup>a</sup>	3 <sup>a</sup>	7032	Maria Jose Pueyo	ESP	W50	1:31:15	0:20:37	0:41:53	1:02:16
3 <sup>a</sup>	12 <sup>a</sup>	7025	Raquel Lora Gabarain	ESP	W50	1:40:05	0:23:13	0:46:23	1:09:01
4 <sup>a</sup>	23 <sup>a</sup>	7033	Florinda Fernandes	POR	W50	1:54:32	0:24:59	0:51:16	1:18:18
5 <sup>a</sup>	26 <sup>a</sup>	7031	Gloria Suciú	ROU	W50	1:56:02	0:25:20	0:52:09	1:19:22
6 <sup>a</sup>	32 <sup>a</sup>	7034	Elvia Acosta Bermudez	GBR	W50	2:08:41	0:26:52	0:56:55	1:26:56
<b>W55</b>									
1 <sup>a</sup>	9 <sup>a</sup>	7039	Monika Wüster	GER	W55	1:37:02	0:22:06	0:44:37	1:06:41
2 <sup>a</sup>	13 <sup>a</sup>	7035	Graça Costa	POR	W55	1:41:23	0:22:49	0:46:40	1:09:46
3 <sup>a</sup>	19 <sup>a</sup>	7040	Lesley Clancy	GBR	W55	1:47:04	0:23:33	0:48:05	1:12:29
4 <sup>a</sup>	25 <sup>a</sup>	7038	Lea Lohk	GBR	W55	1:54:59	0:23:54	0:50:09	1:17:07
5 <sup>a</sup>	29 <sup>a</sup>	7041	Felicidade Soares	POR	W55	2:04:05	0:26:11	0:54:22	1:23:57
6 <sup>a</sup>	33 <sup>a</sup>	4052	Eva Jiraskova	CZE	W55	2:09:06	0:26:54	0:56:04	1:25:57

## RESULTS BY AGE GROUP

### WOMEN

Place	Overall/W	BIB	Athlete	Country	Age Group	Time	5 km	10 km	15 km
W60									
W65									
1 <sup>a</sup>	22 <sup>a</sup>	7049	Margret Goettnauer	GER	W65	1:51:02	0:25:00	0:50:28	1:15:23
2 <sup>a</sup>	31 <sup>a</sup>	7053	Rita Schubert	GER	W65	2:07:22	0:26:46	0:56:51	1:25:49
W70									
1 <sup>a</sup>	24 <sup>a</sup>	7056	Gudrun Vogl	GER	W70	1:54:36	0:25:46	0:52:48	1:18:59
2 <sup>a</sup>	34 <sup>a</sup>	7055	Maria Brigitte Nittel	GER	W70	2:22:54	0:29:57	1:03:10	1:36:24
W75									
W80									
W85									
W90									
W95									
W100									

## RESULTS BY AGE GROUP

### MEN

Place	Overall/W	BIB	Athlete	Country	Age Group	Time	5 km	10 km	15 km
<b>M35</b>									
1 <sup>a</sup>	3 <sup>a</sup>	7111	James Doran	IRL	M35	1:14:04	0:16:17	0:33:39	0:50:42
2 <sup>a</sup>	4 <sup>a</sup>	7100	Charaf Mouelhi	FRA	M35	1:14:41	0:16:36	0:34:00	0:50:58
3 <sup>a</sup>	5 <sup>a</sup>	7110	Conrad Franks	GBR	M35	1:15:02	0:16:07	0:33:37	0:50:26
4 <sup>a</sup>	8 <sup>a</sup>	7109	Michael Lang	GER	M35	1:16:46	0:16:40	0:34:42	0:52:42
5 <sup>a</sup>	12 <sup>a</sup>	7102	Carlos Freitas	POR	M35	1:19:06	0:18:05	0:36:15	0:53:37
6 <sup>a</sup>	24 <sup>a</sup>	7108	Ivan Nunes	POR	M35	1:23:39	0:16:35	0:34:28	0:52:53
7 <sup>a</sup>	25 <sup>a</sup>	7114	Bruno Paixão	POR	M35	1:23:40	0:15:46	0:33:05	0:52:27
8 <sup>a</sup>	30 <sup>a</sup>	7112	Élvio Sousa	POR	M35	1:26:21	0:18:40	0:38:27	0:58:38

### M40

1 <sup>a</sup>	1 <sup>a</sup>	7121	Miguel Ferrer Muro	ESP	M40	1:12:39	0:15:50	0:32:50	0:49:37
2 <sup>a</sup>	2 <sup>a</sup>	7134	Javier Diaz Carretero	ESP	M40	1:13:17	0:16:35	0:33:45	0:50:25
3 <sup>a</sup>	6 <sup>a</sup>	7126	Manuel Ángel Fernández	ESP	M40	1:15:45	0:16:51	0:34:48	0:51:54
4 <sup>a</sup>	15 <sup>a</sup>	7131	Nuno Pereira	POR	M40	1:20:17	0:18:04	0:36:50	0:55:03
5 <sup>a</sup>	20 <sup>a</sup>	7117	Norberto Lopez	ESP	M40	1:21:41	0:18:00	0:36:51	0:55:24
6 <sup>a</sup>	29 <sup>a</sup>	7125	Tiago Marques	POR	M40	1:25:52	0:19:00	0:38:41	0:58:13
7 <sup>a</sup>	32 <sup>a</sup>	7120	Raul Goulart	POR	M40	1:27:39	0:19:58	0:40:16	1:00:17
8 <sup>a</sup>	34 <sup>a</sup>	7104	Václav Krmaš	CZE	M40	1:28:26	0:19:20	0:39:42	1:00:08
9 <sup>a</sup>	38 <sup>a</sup>	7132	Gabriel Patru	ROU	M40	1:30:32	0:20:02	0:41:04	1:01:55
10 <sup>a</sup>	39 <sup>a</sup>	7127	Adrian Vazquez Lopez	ESP	M40	1:30:52	0:19:29	0:40:42	1:01:45
11 <sup>a</sup>	41 <sup>a</sup>	7133	Agostinho Figueiredo	POR	M40	1:31:15	0:20:51	0:42:19	1:02:57
12 <sup>a</sup>	45 <sup>a</sup>	7124	Gheorghe Tanase	ROU	M40	1:31:57	0:19:28	0:40:11	1:01:42
13 <sup>a</sup>	46 <sup>a</sup>	7128	Luís Massapina	POR	M40	1:32:22	0:19:05	0:41:42	1:03:42
14 <sup>a</sup>	51 <sup>a</sup>	7129	Jose Pina	POR	M40	1:37:56	0:19:56	0:44:16	1:06:55
15 <sup>a</sup>	54 <sup>a</sup>	4142	Jan Havelka	CZE	M40	1:39:40	0:20:48	0:44:02	1:07:06
16 <sup>a</sup>	60 <sup>a</sup>	7130	Oscar Carrasco Gonzalez	ESP	M40	1:44:34	0:21:20	0:44:07	1:10:00
17 <sup>a</sup>	61 <sup>a</sup>	7105	Csaba Dr. Bognar	HUN	M40	1:47:02	0:23:13	0:48:16	1:13:04

### M45

1 <sup>a</sup>	7 <sup>a</sup>	7149	Davide Figueiredo	POR	M45	1:16:20	0:16:51	0:34:26	0:51:36
2 <sup>a</sup>	9 <sup>a</sup>	7145	Jose Luis Ferrer Molina	ESP	M45	1:18:16	0:16:51	0:35:01	0:52:41
3 <sup>a</sup>	10 <sup>a</sup>	7144	Mircea Marian Sacara	ROU	M45	1:18:17	0:16:50	0:35:01	0:52:41
4 <sup>a</sup>	14 <sup>a</sup>	7135	Thomas Jungbauer	AUT	M45	1:20:04	0:17:49	0:36:40	0:54:53
5 <sup>a</sup>	16 <sup>a</sup>	7148	Paulo Garcia	POR	M45	1:20:42	0:18:04	0:37:01	0:55:18
6 <sup>a</sup>	18 <sup>a</sup>	7141	Jiri Brychta	CZE	M45	1:21:00	0:17:43	0:36:46	0:55:30
7 <sup>a</sup>	22 <sup>a</sup>	7143	Didier Braet	BEL	M45	1:22:21	0:18:43	0:38:22	0:57:08
8 <sup>a</sup>	23 <sup>a</sup>	7146	Élvio Henriques	POR	M45	1:23:29	0:18:02	0:37:24	0:56:37
9 <sup>a</sup>	28 <sup>a</sup>	7142	J. David Fernandes	POR	M45	1:25:50	0:19:16	0:39:34	0:59:13
10 <sup>a</sup>	73 <sup>a</sup>	7147	Luís Ferreira	POR	M45	2:02:33	0:27:51	0:55:46	1:23:33

## RESULTS BY AGE GROUP

### MEN

Place	Overall/W	BIB	Athlete	Country	Age Group	Time	5 km	10 km	15 km
<b>M50</b>									
1 <sup>a</sup>	13 <sup>a</sup>	7159	Joaquim Figueiredo	POR	M50	1:19:30			
2 <sup>a</sup>	17 <sup>a</sup>	7165	Roberto Clavijo Angulo	ESP	M50	1:20:53	0:18:54	0:38:37	0:57:09
3 <sup>a</sup>	19 <sup>a</sup>	7163	Manuel Valente Ferreira	POR	M50	1:21:06	0:18:03	0:37:00	0:55:18
4 <sup>a</sup>	31 <sup>a</sup>	7164	Angel Fernandez Bobadilla	ESP	M50	1:26:58	0:18:55	0:38:40	0:58:07
5 <sup>a</sup>	33 <sup>a</sup>	7166	Bernardo Ortiz	ESP	M50	1:28:11	0:19:40	0:39:56	1:00:01
6 <sup>a</sup>	36 <sup>a</sup>	7160	Norbert Schneider	GER	M50	1:30:00	0:21:22	0:43:13	1:04:07
7 <sup>a</sup>	40 <sup>a</sup>	7152	Heiko Wilmes	GER	M50	1:31:01	0:20:27	0:41:48	1:02:42
8 <sup>a</sup>	42 <sup>a</sup>	7155	Vit Malik	CZE	M50	1:31:24	0:20:27	0:41:48	1:02:37
9 <sup>a</sup>	55 <sup>a</sup>	7162	Erwin Petraschek	GER	M50	1:40:48	0:21:31	0:45:07	1:08:09
10 <sup>a</sup>	57 <sup>a</sup>	7167	Jose Ramalho	POR	M50	1:43:14	0:22:31	0:46:37	1:10:25

### M55

1 <sup>a</sup>	11 <sup>a</sup>	7187	Martin Fiz Martín	ESP	M55	1:19:00	0:17:30	0:36:27	0:54:06
2 <sup>a</sup>	21 <sup>a</sup>	7183	Joaquim Lopes	POR	M55	1:21:49	0:18:12	0:37:28	0:56:05
3 <sup>a</sup>	35 <sup>a</sup>	7176	Angel Lebrero Suárez	ESP	M55	1:28:37	0:18:15	0:38:18	0:58:10
4 <sup>a</sup>	43 <sup>a</sup>	7172	Rob Van De Graaf	NED	M55	1:31:25	0:19:26	0:40:20	1:01:01
5 <sup>a</sup>	44 <sup>a</sup>	7186	Manuel Joaquim	POR	M55	1:31:52	0:19:48	0:41:07	1:02:54
6 <sup>a</sup>	47 <sup>a</sup>	7168	Andreas Joswig	GER	M55	1:32:43	0:19:31	0:40:39	1:02:00
7 <sup>a</sup>	48 <sup>a</sup>	7185	Fernando Borrajo Río	ESP	M55	1:33:08	0:19:34	0:41:04	1:03:05
8 <sup>a</sup>	50 <sup>a</sup>	7181	Andrew Noble	GBR	M55	1:37:07	0:21:49	0:44:43	1:06:58
9 <sup>a</sup>	59 <sup>a</sup>	7184	Philip Cross	GBR	M55	1:44:14	0:23:23	0:47:25	1:11:37
10 <sup>a</sup>	62 <sup>a</sup>	7170	Robert Rohregger	GER	M55	1:49:23	0:22:58	0:47:23	1:11:37
11 <sup>a</sup>	66 <sup>a</sup>	7154	Carlo Ciaccia	ITA	M55	1:55:18	0:23:53	0:50:28	1:17:45
12 <sup>a</sup>	67 <sup>a</sup>	7182	Vitor Gomes	POR	M55	1:55:45	0:24:10	0:50:22	1:17:55

### M60

1 <sup>a</sup>	26 <sup>a</sup>	7206	Jose Luis Bernabe	ESP	M60	1:25:29	0:19:06	0:39:00	0:58:39
2 <sup>a</sup>	27 <sup>a</sup>	7204	Marc Sempels	BEL	M60	1:25:30	0:19:06	0:39:00	0:58:39
3 <sup>a</sup>	37 <sup>a</sup>	7207	José Carlos Simoes	SUI	M60	1:30:30	0:20:39	0:42:01	1:02:32
4 <sup>a</sup>	52 <sup>a</sup>	7208	Johan Neve	NED	M60	1:38:14	0:21:15	0:43:37	1:06:23
5 <sup>a</sup>	53 <sup>a</sup>	7211	Miguel Ángel Contador	ESP	M60	1:38:55	0:20:38	0:43:05	1:05:29
6 <sup>a</sup>	64 <sup>a</sup>	7210	David Kemp	GBR	M60	1:51:28	0:23:06	0:49:03	1:15:18
7 <sup>a</sup>	79 <sup>a</sup>	7188	Norbert Nikelowski	GER	M60	2:08:35	0:24:21	0:55:53	1:25:16

### M65

1 <sup>a</sup>	49 <sup>a</sup>	7220	Albert-Eugen Vetter	GER	M65	1:36:56	0:22:33	0:45:34	1:07:26
2 <sup>a</sup>	58 <sup>a</sup>	7227	Ian Johnstone	GBR	M65	1:43:48	0:22:33	0:45:49	1:09:09
3 <sup>a</sup>	69 <sup>a</sup>	7228	Adão Dias	POR	M65	1:59:23	0:24:27	0:51:12	1:18:47
4 <sup>a</sup>	70 <sup>a</sup>	7215	António Santos	POR	M65	2:01:50	0:25:39	0:53:30	1:21:46
5 <sup>a</sup>	71 <sup>a</sup>	7230	António Lima	POR	M65	2:01:59	0:27:17	0:55:13	1:23:00

## RESULTS BY AGE GROUP

### MEN

Place	Overall/W	BIB	Athlete	Country	Age Group	Time	5 km	10 km	15 km
6 <sup>a</sup>	72 <sup>a</sup>	7223	Martin Benchea-Joca	ROU	M65	2:02:22	0:27:24	0:56:05	1:24:33
7 <sup>a</sup>	75 <sup>a</sup>	7213	Angel Garrido Leal	ESP	M65	2:03:13	0:26:46	0:54:41	1:24:16
8 <sup>a</sup>	76 <sup>a</sup>	7229	Robert Sargent	GBR	M65	2:05:14	0:27:04	0:56:58	1:25:20

### M70

1 <sup>a</sup>	56 <sup>a</sup>	7237	Hans Bichler	AUT	M70	1:43:06	0:24:30	0:48:27	1:11:17
2 <sup>a</sup>	63 <sup>a</sup>	7241	Jean-Guy Gilles	BEL	M70	1:49:24	0:24:21	0:50:00	1:14:42
3 <sup>a</sup>	68 <sup>a</sup>	4282	Oldrich Smida	CZE	M70	1:56:35	0:25:23	0:52:45	1:18:59
4 <sup>a</sup>	74 <sup>a</sup>	7236	Isidro Aguiar Hernandez	ESP	M70	2:03:01	0:25:44	0:54:32	1:24:16
5 <sup>a</sup>	77 <sup>a</sup>	7233	Michael Mann	GBR	M70	2:06:02	0:33:14	1:01:01	1:27:49
6 <sup>a</sup>	80 <sup>a</sup>	7240	Domingo Ortega Medina	ESP	M70	2:25:18	0:29:52	1:02:51	1:36:04

### M75

1 <sup>a</sup>	65 <sup>a</sup>	7244	Jeffrey Norman	GBR	M75	1:52:12	0:25:21	0:51:28	1:17:20
2 <sup>a</sup>	78 <sup>a</sup>	7245	José Antonio Arias Cruz	ESP	M75	2:07:14	0:27:34	0:56:54	1:26:14

### M80

1 <sup>a</sup>	81 <sup>a</sup>	4301	Jiri Libra	CZE	M80	2:54:40	0:35:57	1:13:46	1:54:34
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### M85

### M90

### M95

### M100

## BY TEAM

Rk	Country	Total Time	Athlete 1	AG	Time	Athlete 2	AG	Time	Athlete 3	AG	Time
<b>WOMEN - 35</b>											
1º	<b>ROU</b>	<b>4:59:33</b>	Ionela Alexandru	W40	1:36:30	Simona Elena Sladaru	W40	1:38:23	Mirela-Luciana Albu	W35	1:44:40
2º	<b>POR</b>	<b>5:59:07</b>	Florinda Fernandes	W50	1:54:32	Rosa Martins	W35	2:00:16	Ana Lisa Vieira	W35	2:04:19

## WOMEN - 40

1º	<b>POR</b>	<b>4:57:03</b>	Céu Nunes	W40	1:32:06	Sandra Gonçalves	W40	1:38:45	Marisa Francisco	W40	1:46:12
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## WOMEN - 45

1º	<b>POR</b>	<b>5:11:51</b>	Mónica Vieira	W45	1:36:28	Isabel Nunes	W45	1:46:06	Sandra Bailote	W45	1:49:17
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## WOMEN - 50

1º	<b>GBR</b>	<b>5:50:44</b>	Lesley Clancy	W55	1:47:04	Lea Lohk	W55	1:54:59	Elvia Acosta Bermudez	W50	2:08:41
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## WOMEN - 55

1º	<b>GER</b>	<b>5:22:40</b>	Monika Wüster	W55	1:37:02	Margret Goettbauer	W65	1:51:02	Gudrun Vogl	W70	1:54:36
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## WOMEN - 60

## WOMEN - 65

## WOMEN - 70

## WOMEN - 75

## WOMEN - 80

## WOMEN - 85

## WOMEN - 90

## BY TEAM

Rk	Country	Total Time	Athlete 1	AG	Time	Athlete 2	AG	Time	Athlete 3	AG	Time
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## WOMEN - 95

## BY TEAM

Rk	Country	Total Time	Athlete 1	AG	Time	Athlete 2	AG	Time	Athlete 3	AG	Time
<b>MEN - 35</b>											
1º	<b>POR</b>	<b>4:06:25</b>	Carlos Freitas	M35	1:19:06	Ivan Nunes	M35	1:23:39	Bruno Paixão	M35	1:23:40
<b>MEN - 40</b>											
1º	<b>ESP</b>	<b>3:41:41</b>	Miguel Ferrer Muro	M40	1:12:39	Javier Díaz Carretero	M40	1:13:17	Manuel Ángel Fernández	M40	1:15:45
2º	<b>POR</b>	<b>4:13:48</b>	Nuno Pereira	M40	1:20:17	Tiago Marques	M40	1:25:52	Raul Goulart	M40	1:27:39
3º	<b>ROU</b>	<b>4:20:46</b>	Mircea Marian Sacara	M45	1:18:17	Gabriel Patru	M40	1:30:32	Gheorghe Tanase	M40	1:31:57
4º	<b>CZE</b>	<b>4:20:50</b>	Jiri Brychta	M45	1:21:00	Václav Krmaš	M40	1:28:26	Vit Malik	M50	1:31:24
<b>MEN - 45</b>											
1º	<b>POR</b>	<b>4:00:31</b>	Davide Figueiredo	M45	1:16:20	Paulo Garcia	M45	1:20:42	Élvio Henriques	M45	1:23:29
<b>MEN - 50</b>											
1º	<b>ESP</b>	<b>4:16:02</b>	Roberto Clavijo Angulo	M50	1:20:53	Angel Fernandez Bobadilla	M50	1:26:58	Bernardo Ortiz	M50	1:28:11
2º	<b>POR</b>	<b>4:23:50</b>	Joaquim Figueiredo	M50	1:19:30	Manuel Valente Ferreira	M50	1:21:06	Jose Ramalho	M50	1:43:14
3º	<b>GER</b>	<b>4:41:49</b>	Norbert Schneider	M50	1:30:00	Heiko Wilmes	M50	1:31:01	Erwin Petraschek	M50	1:40:48
<b>MEN - 55</b>											
1º	<b>ESP</b>	<b>4:20:45</b>	Martin Fiz Martín	M55	1:19:00	Angel Lebrero Suárez	M55	1:28:37	Fernando Borrajo Rio	M55	1:33:08
2º	<b>POR</b>	<b>4:49:26</b>	Joaquim Lopes	M55	1:21:49	Manuel Joaquim	M55	1:31:52	Vitor Gomes	M55	1:55:45
3º	<b>GER</b>	<b>4:59:02</b>	Andreas Joswig	M55	1:32:43	Albert-Eugen Vetter	M65	1:36:56	Robert Rohregger	M55	1:49:23
4º	<b>GBR</b>	<b>5:33:16</b>	Ian Johnstone	M65	1:43:48	Philip Cross	M55	1:44:14	Robert Sargent	M65	2:05:14
<b>MEN - 60</b>											
1º	<b>ESP</b>	<b>5:07:37</b>	Jose Luis Bernabe	M60	1:25:29	Miguel Ángel Contador	M60	1:38:55	Angel Garrido Leal	M65	2:03:13
<b>MEN - 65</b>											
1º	<b>POR</b>	<b>6:03:12</b>	Adão Dias	M65	1:59:23	António Santos	M65	2:01:50	António Lima	M65	2:01:59
<b>MEN - 70</b>											
1º	<b>ESP</b>	<b>6:35:33</b>	Isidro Aguiar Hernandez	M70	2:03:01	José Antonio Arias Cruz	M75	2:07:14	Domingo Ortega Medina	M70	2:25:18
<b>MEN - 75</b>											

## BY TEAM

Rk	Country	Total Time	Athlete 1	AG	Time	Athlete 2	AG	Time	Athlete 3	AG	Time
MEN - 80											
MEN - 85											
MEN - 90											
MEN - 95											

## PARTICIPANTS

Runners by Country				Runners by Age Group				
		Women	Men	Total	Age Group	Women	Men	Total
AUT	Austria		2	2	35	4	8	12
BEL	Belgium		3	3	40	6	17	23
CZE	Czech Republic	2	7	9	45	8	10	18
ESP	Spain	3	19	22	50	6	10	16
FRA	France	1	1	2	55	6	12	18
GBR	Great Britain & Northern Ireland	3	8	11	60		7	7
HUN	Hungary		1	1	65	2	8	10
IRL	Ireland		1	1	70	2	7	9
ITA	Italy	1	1	2	75		2	2
ROU	Romania	4	4	8	80		1	1
POR	Portugal	13	24	37	85			
GER	Germany	7	8	15	90			
NED	Netherlands		2	2	95			
SUI	Switzerland		1	1	100			
<b>Total</b>						<b>34</b>	<b>82</b>	<b>116</b>

	Label
DNS	did not start
DNF	did not finish
DSQ	disqualified