

Lugar	Dorsal	Sexo	Atleta	Equipa	Escalão	Tempo	Chip
1	1538	M	ANDRÉ COSTA	F.P.A	SEN M	02:24:38.827	02:24:36.254
2	1556	M	JOSÉ SOUSA	F.P.A	SEN M	02:26:08.917	02:26:06.344
3	1539	M	AUGUSTO COSTA	F.P.A	V50 M	02:26:17.563	02:26:14.013
4	1544	M	FERNANDO LEMOS	F.P.A	V35 M	02:29:24.037	02:29:21.220
5	1347	M	IVAN NUNES	VIP-RC	V35 M	02:31:01.663	02:30:59.363
6	1552	M	JOAQUIM CRISTIANO	F.P.A	V35 M	02:38:50.430	02:38:45.483
7	838	M	ALEXANDRE FELÍCIO	CORRER LISBOA	SEN M	02:41:41.933	02:41:14.750
8	951	M	FABIO SUFIATTI	INDIVIDUAL	V40 M	02:43:11.440	02:43:03.590
9	1175	M	MARCO FARIA	VIZELA CORRE	V45 M	02:43:18.913	02:43:13.340
10	1156	M	JOÃO POÇAS	INDIVIDUAL	V40 M	02:43:47.937	02:43:39.440
11	1188	M	NUNO GAMBOA	CASA DO BENFICA EM CASTELO BRANCO	V40 M	02:44:04.740	02:43:59.903
12	1313	M	PAULO GARCIA	CFB	V45 M	02:44:28.710	02:44:25.150
13	1448	M	ULISSES LOPES	CDSSC	V55 M	02:45:04.317	02:44:55.250
14	1292	M	JOAQUIM ALVES	SCS	V50 M	02:45:33.697	02:45:24.884
15	1444	M	DANIEL PEIXOTO	RDA	V40 M	02:46:01.643	02:45:58.713
16	1316	M	PEDRO GILVAZ	IND-P	V40 M	02:46:04.943	02:45:57.260
17	1339	M	LEONEL REIS	GDACB	V40 M	02:46:48.130	02:46:44.643
18	1447	M	JOAQUIM LOPES	CDSSC	V55 M	02:46:54.933	02:46:48.913
19	1118	M	JORGE VALENTE	ARVOR ASSOCIAÇÃO RECREATIVA OS VETERANOS D'OVAR	SEN M	02:46:54.937	02:46:53.397
20	1010	M	JOÃO CANIÇO	SAMORUNNING	V40 M	02:47:15.693	02:47:06.986
21	305	M	PAULO FERREIRA	PINHAL NOVO A CORRER	V45 M	02:48:22.443	02:48:14.730
22	1071	M	PEDRO SANTOS	JUVENTUDE VIDIGALENSE	V35 M	02:48:28.587	02:48:19.730
23	1290	M	JOÃO LEANDRO	ELCT	V45 M	02:49:19.670	02:49:17.163
24	655	M	JOSÉ AFONSO	HSANTAMARIART	V40 M	02:49:54.947	02:49:50.924
25	1354	M	MÁRIO ROCHA	INDIVIDUAL	SEN M	02:50:29.197	02:50:10.977
26	1446	M	JOÃO PEREIRA	CDSSC	V45 M	02:50:33.697	02:50:29.644
27	227	M	ANTÓNIO BARBOSA	ASCVG	V40 M	02:51:15.727	02:51:06.670
28	1281	M	HELDER LOPES	ATLB	V35 M	02:51:40.197	02:51:37.010
29	499	M	RUI MARTINS	CLAC - ENTRONCAMENTO	V35 M	02:52:14.580	02:51:48.823
30	1314	M	FURTADO HERNANI	SCE	V40 M	02:52:54.700	02:52:28.953
31	1287	M	PAULO OLIVEIRA	SCS	V35 M	02:53:10.583	02:53:02.013
32	1298	M	MANUEL MENDES	VTSC	V50 M	02:53:30.707	02:53:27.247
33	1307	M	MIGUEL PEIXE	VTSC	V45 M	02:53:30.950	02:53:21.863
34	1015	M	HENRIQUE JANOTA	INDIVIDUAL	V45 M	02:54:13.950	02:54:09.500
35	1072	M	RUI FERREIRA	JUVENTUDE VIDIGALENSE	V40 M	02:54:55.700	02:54:38.030
36	1325	M	NUNO RUELA	IND-LX	V45 M	02:55:11.700	02:55:02.783
37	1451	M	LUIS TOVIM	ARC-EAC	V55 M	02:55:35.803	02:55:26.946
38	1577	M	RUI ALVES	F.P.A	V50 M	02:55:37.210	02:55:32.543
39	935	M	JOSE BALLESTEROS	INDIVIDUAL	V40 M	02:55:54.707	02:55:40.717
40	915	M	NUNO SILVA	INDIVIDUAL	V40 M	02:55:55.797	02:55:50.450
41	1576	M	ROLANDO RIBEIRO	F.P.A	V45 M	02:56:03.703	02:55:56.020
42	1393	M	JOSE SILVA	MCVC	V45 M	02:56:05.203	02:55:46.516
43	405	M	CARLOS ROSÁRIO	INDIVIDUAL	V40 M	02:56:05.953	02:55:30.676

Lugar	Dorsal	Sexo	Atleta	Equipa	Escalão	Tempo	Chip
44	1594	F	ALEXANDRA OLIVEIRA	F.P.A	SEN F	02:56:40.043	02:56:35.896
45	1279	M	JOÃO SILVA	INDIVIDUAL	V40 M	02:57:05.953	02:57:01.890
46	1038	M	JORGE PEREIRA	INDIVIDUAL	V35 M	02:57:16.897	02:57:07.940
47	1331	M	JOÃO ALMEIDA	ATLB	V50 M	02:57:28.203	02:57:22.206
48	1282	M	JOSÉ MARTINS	ATLB	V60 M	02:57:29.957	02:57:24.740
49	1239	M	JOÃO CAVADAS	INDIVIDUAL	V55 M	02:57:33.930	02:57:27.977
50	67	M	ANDRE NOBRE	AVEIRO RUNNERS	V35 M	02:57:52.953	02:57:44.540
51	955	M	FRANCISCO MONTE	INDIVIDUAL	V40 M	02:58:12.957	02:57:58.637
52	1085	M	RAFAEL GOMES	INDIVIDUAL	V35 M	02:58:27.453	02:58:10.906
53	865	M	RICARDO PASSOS	INDIVIDUAL	SEN M	02:58:29.207	02:58:12.620
54	1138	M	SÉRGIO BATALHA	CUA BENAVENTENSE	V50 M	02:58:33.583	02:58:25.183
55	1305	M	SÉRGIO MIGUEL	IND-LX	V40 M	02:58:56.963	02:58:44.393
56	1540	M	AVELINO EUSÉBIO	F.P.A	SEN M	02:59:31.280	02:59:28.780
57	1322	M	CARLOS GOMES	SCS	V35 M	02:59:33.240	02:59:28.800
58	101	M	CARLOS PIMENTA	INDIVIDUAL	V40 M	02:59:33.253	02:59:22.980
59	402	M	DIAMANTINO SERRANO	CORRER QUELUZ	V45 M	02:59:33.957	02:59:23.047
60	1003	M	MATI DAVID	INDIVIDUAL	V45 M	02:59:35.957	02:59:10.237
61	142	M	FILIPE VALENTE	INDIVIDUAL	V35 M	02:59:39.553	02:59:08.993
62	390	M	RUBEN NUÑEZ	INDIVIDUAL	V35 M	02:59:48.730	02:59:31.247
63	1215	M	TIAGO FARIA	INDIVIDUAL	V40 M	02:59:50.257	02:59:41.284
64	1050	M	JOÃO LACERDA	CLUBE DE ATLETISMO AFIPRE TEAM	V45 M	02:59:53.207	02:59:42.030
65	1395	M	JORGE SANTOS	FCPF	V35 M	02:59:53.710	02:59:43.547
66	1011	M	JORGE GONÇALVES	SAMORUNNING	V50 M	02:59:59.207	02:59:50.350
67	182	M	NUNO SETÚBAL	INDIVIDUAL	V35 M	03:00:15.810	03:00:02.487
68	809	M	MANUEL CARDOSO	INDIVIDUAL	V50 M	03:00:46.257	03:00:35.587
69	663	M	EDUARDO DASILVA	INDIVIDUAL	V40 M	03:01:00.457	03:00:52.010
70	1602	M	HUGO SOARES	F.P.A	SUB23 M	03:01:07.710	03:01:00.710
71	1449	M	JORGE NUNES	IND-B	V55 M	03:02:07.713	03:01:48.293
72	1344	M	RUI SILVA	LPSC	V40 M	03:02:40.967	03:02:29.140
73	1294	M	NELSON CARVALHOSA	SCS	V40 M	03:02:49.463	03:02:39.793
74	623	M	JOSE SANTOS	INDIVIDUAL	V50 M	03:03:11.213	03:02:19.876
75	679	M	LUÍS PEDRO	INDIVIDUAL	V40 M	03:03:57.210	03:03:46.400
76	475	M	DAVID COUTINHO	INDIVIDUAL	V40 M	03:04:34.210	03:04:11.917
77	558	M	JOSÉ SILVA	INDIVIDUAL	V45 M	03:04:35.713	03:04:22.786
78	1413	M	JOÃO SILVA	INDIVIDUAL	V40 M	03:04:53.713	03:04:44.193
79	276	M	AUGUSTO TRINDADE	RUNNERS DO DEMO	V45 M	03:05:00.713	03:04:46.873
80	1310	M	MARCO GONÇALVES	ATR	V50 M	03:05:10.467	03:03:57.797
81	718	M	TIAGO OLIVEIRA	INDIVIDUAL	SEN M	03:05:33.713	03:05:05.276
82	1108	M	NELSON VALENTE	INDIVIDUAL	V35 M	03:05:43.213	03:05:26.606
83	1128	M	JOÃO MALHEIRO	INDIVIDUAL	V35 M	03:05:47.747	03:05:34.057
84	1388	M	DAVID SILVA	O MUNDO DA CORRIDA	V35 M	03:06:28.463	03:06:08.100
85	714	M	CLEBER KIYAM	INDIVIDUAL	V35 M	03:06:58.717	03:06:22.540
86 4.		M	PEDRO GUIMARÃES	INDIVIDUAL	V50 M	03:07:30.217	03:07:20.257

Lugar	Dorsal	Sexo	Atleta	Equipa	Escalão	Tempo	Chip
87	1588	M	CARLOS ABREU	OPRATICANTE.PT	V40 M	03:07:33.967	03:07:16.824
88	260	M	PAULO MOREIRA	UDCHAMUSCA TRAIL	V50 M	03:07:35.717	03:07:24.754
89	1111	M	ARGIMIRO GARCIA	INDIVIDUAL	V50 M	03:07:38.403	03:07:27.946
90	861	M	DANIEL FONSECA	INDIVIDUAL	SEN M	03:07:47.217	03:07:37.544
91	812	M	JOSÉ ALEIXO	ALVERCA URBAN RUNNERS	V50 M	03:08:26.717	03:08:12.907
92	1102	M	LUIS ESPADA	INDIVIDUAL	V45 M	03:08:40.717	03:08:30.390
93	1450	M	MARK MACEDO	FCPF	V40 M	03:08:51.683	03:08:47.116
94	1264	M	PEDRO FREITAS	TOCRUNNERS	V45 M	03:08:51.967	03:08:33.407
95	1501	M	SÉRGIO SILVA	ELCT	V40 M	03:09:00.260	03:08:42.490
96	40	M	JOSÉ PEREIRA	ARCD VENDA DA LUÍSA	V35 M	03:09:14.467	03:08:56.040
97	1300	M	HÉLDER ALVALADE	RC - EVORA	V45 M	03:09:26.977	03:09:09.550
98	1496	M	BRUNO MACEDO	INDIVIDUAL	V40 M	03:09:31.217	03:09:05.484
99	985	M	JOÃO CAMACHO	INDIVIDUAL	SEN M	03:09:36.033	03:09:18.346
100	298	M	RUI MACHADO	INDIVIDUAL	V45 M	03:09:53.057	03:09:26.504
101	1332	M	FILIPPE CUNHA	VTSC	V40 M	03:10:01.220	03:09:44.043
102	1283	M	RICARDO OLIVEIRA	ELCT	V50 M	03:10:03.087	03:09:45.954
103	1399	M	ANTÓNIO LOURENÇO	GDRG	V50 M	03:10:15.720	03:09:55.803
104	374	M	ROBERTO GRAÇA	INDIVIDUAL	SEN M	03:10:31.220	03:09:12.917
105	436	M	IONHANG TANG	INDIVIDUAL	V35 M	03:11:32.660	03:11:22.603
106	1468	M	JOSÉ DURÃO	CBA-S	V55 M	03:11:54.223	03:11:48.650
107	898	M	FERNANDO MARTINHO	INDIVIDUAL	V35 M	03:12:07.973	03:10:58.940
108	757	M	CARLOS BAPTISTA	SPORTING CLUBE DE CASAINHOS	V55 M	03:12:10.970	03:12:02.200
109	1253	M	LUIS LEITE	MAIA RUNNERS	V45 M	03:12:12.973	03:12:08.950
110	264	M	ALFREDO MOREIRA	INDIVIDUAL	V45 M	03:12:23.227	03:12:12.517
111	1299	M	LUÍS TRIGO	VFC	V55 M	03:12:23.497	03:12:09.560
112	1236	M	PAULO BANDALHO	INDIVIDUAL	V50 M	03:12:41.727	03:12:29.540
113	1233	M	JOÃO LEITE	RUNNING ESPINHO	V35 M	03:12:44.857	03:11:44.957
114	1414	M	ARMANDO CORREIA	INDIVIDUAL	V50 M	03:12:44.860	03:12:34.913
115	1162	M	JOSÉ ABRANTES	INDIVIDUAL	V50 M	03:12:50.973	03:12:22.786
116	62	M	PAULO OLIVEIRA	INDIVIDUAL	V50 M	03:13:18.897	03:13:01.737
117	781	M	RUI PINTO	INDIVIDUAL	V40 M	03:13:29.977	03:12:53.537
118	521	M	ANDRÉ RIBEIRO	INDIVIDUAL	V35 M	03:13:47.973	03:13:25.670
119	1500	M	LUÍS GOMES	INDIVIDUAL	SEN M	03:14:03.227	03:12:59.787
120	348	M	FRANCISCO BRÍGIDO	INDIVIDUAL	V45 M	03:14:20.477	03:13:39.910
121	1252	M	PAULO CARDOSO	INDIVIDUAL	V40 M	03:14:21.723	03:14:16.870
122	1481	M	DANILSON PEREIRA	INDIVIDUAL	V35 M	03:14:24.977	03:14:05.417
123	320	M	MARCO ANDRADE	CASA DO POVO DE MANGUALDE	V40 M	03:14:27.727	03:12:40.760
124	124	M	FILIPPE FONSECA	DURA-F1 RACETEAM	V40 M	03:14:41.983	03:14:32.976
125	98	M	LUIS MENEZES	INDIVIDUAL	SEN M	03:14:48.477	03:14:05.757
126	1443	M	RUI COSTA	CAO	V45 M	03:15:18.230	03:15:08.653
127	665	M	HUGO CHUMBO	FRESENIUS KABI RUNNERS	V40 M	03:15:18.623	03:14:58.270
128	1297	M	ANTÓNIO MARQUES	VTSC	V55 M	03:15:19.480	03:15:00.927
129	1229	M	JAVIER JUAREZ	INDIVIDUAL	V50 M	03:15:26.577	03:15:18.807

Lugar	Dorsal	Sexo	Atleta	Equipa	Escalão	Tempo	Chip
130	1427	M	ROMÁRIO ALMEIDA	CBAM	V45 M	03:15:28.227	03:15:02.377
131	1403	M	PEDRO MONTEIRO	INDIVIDUAL	V40 M	03:15:57.977	03:15:36.777
132	1193	M	HÉLDER ISIDORO	CLUBE ATLÉTICO OLIVEIRA DO HOSPITAL	V40 M	03:16:26.147	03:16:09.540
133	1510	M	CRISTIAN VALENCIA	INDIVIDUAL	SEN M	03:16:28.977	03:15:59.980
134	1308	M	RAMIRO PINHEIRO	VTSC	V45 M	03:16:31.983	03:16:13.560
135	1284	M	ROGER VIEIRA	ELCT	V55 M	03:16:46.487	03:16:16.814
136	1459	M	NUNO PEREIRA	ELCT	V40 M	03:16:47.477	03:16:18.424
137	1518	M	ANDRÉ ANDRADE	INDIVIDUAL	SEN M	03:16:48.727	03:16:29.800
138	1254	M	SÉRGIO JERÓNIMO	INDIVIDUAL	V45 M	03:16:49.733	03:16:40.623
139	1392	M	JACINTO CORREIA	MCVC	V55 M	03:17:01.477	03:16:43.807
140	1309	M	RICARDO MARTINS	COO	V45 M	03:17:03.233	03:16:52.160
141	1211	M	JORGE RODRIGUES	CLUBE FERROVIÁRIO DE PORTUGAL	V35 M	03:17:08.700	03:16:41.403
142	874	M	RUI GONÇALVES	A. C. S. MAMEDE	V45 M	03:17:14.997	03:17:01.770
143	1034	M	JOEL FERREIRA	INDIVIDUAL	V35 M	03:17:18.977	03:17:06.877
144	290	M	RICARDO OLIVEIRA	INDIVIDUAL	V40 M	03:17:25.730	03:17:13.003
145	1023	M	JOSÉ COUTINHO	INDIVIDUAL	V45 M	03:17:31.797	03:17:20.104
146	419	M	JOSÉ CUNHA	INDIVIDUAL	V45 M	03:17:34.253	03:17:08.320
147	119	M	NUNO FARIA	INDIVIDUAL	SEN M	03:17:34.263	03:17:16.540
148	24	M	RICARDO GONÇALVES	QUARTETO FANTÁSTICO	V40 M	03:17:51.480	03:17:31.273
149	585	M	JOSIAS MEIRA	INDIVIDUAL	V50 M	03:17:57.730	03:17:17.293
150	1396	F	JÚLIA CONCEIÇÃO	FCPF	V50 F	03:18:00.103	03:17:49.973
151	1329	M	LUIS SANTOS	CLUVE	V45 M	03:18:02.980	03:17:49.773
152	261	M	ELVIO GONÇALVES	INDIVIDUAL	SEN M	03:18:03.853	03:17:36.060
153	1014	M	THOMAS BELLANGER	INDIVIDUAL	V45 M	03:18:09.980	03:17:55.187
154	1425	M	MARCO CHARRUA	CBAM	V50 M	03:18:14.480	03:17:48.847
155	1471	M	NELSON MARQUES	CBA-S	V40 M	03:18:17.233	03:18:03.563
156	1406	M	DOMINGOS GOMES	INDIVIDUAL	V45 M	03:18:28.230	03:17:54.257
157	1302	M	EDUARDO PINTO	NPCAD	V60 M	03:18:48.733	03:18:37.763
158	1408	M	FILIPE ALMEIDA	INDIVIDUAL	V45 M	03:19:17.980	03:18:58.793
159	86	M	RUI CIGARROSA	INDIVIDUAL	V35 M	03:19:20.733	03:19:14.660
160	517	M	PEDRO CONCEIÇÃO	INDIVIDUAL	V45 M	03:19:33.397	03:19:16.224
161	717	M	CARLOS SILVA	PERNAS INERTES	V55 M	03:19:34.230	03:19:01.870
162	1306	M	JOAQUIM PACHECO	VTSC	V50 M	03:19:48.907	03:19:39.997
163	381	M	ERNESTO PEREIRA	OS GALGOS	V50 M	03:20:01.337	03:19:56.527
164	293	M	PEDRO LARANJO	INDIVIDUAL	V50 M	03:20:13.737	03:19:56.544
165	306	M	ANTÓNIO MOREIRA	INDIVIDUAL	V40 M	03:20:20.580	03:20:00.913
166	919	M	SERGIO GONÇALVES	A NOITE PASSA A CORRER	V35 M	03:20:34.733	03:19:43.086
167	620	M	PAULO SILVA	INDIVIDUAL	V40 M	03:20:54.987	03:20:17.294
168	1402	M	BRUNO GOMES	ATLB	V40 M	03:21:05.513	03:20:37.596
169	702	M	ANDRÉ CARDÃO	INDIVIDUAL	V35 M	03:21:13.327	03:20:28.030
170	503	M	PEDRO SILVA	INDIVIDUAL	V40 M	03:21:24.070	03:20:58.103
171	1484	M	ADÃO SILVA	FCPF	V55 M	03:21:35.487	03:21:25.680
172	979	M	JOÃO GARVÃO	JUVENTUDE ATLÉTICO CLUBE	V40 M	03:21:39.577	03:21:05.287

Lugar	Dorsal	Sexo	Atleta	Equipa	Escalão	Tempo	Chip
173	179	M	SERGIO SILVA	INDIVIDUAL	SEN M	03:21:45.483	03:20:44.033
174	147	M	ANDRÉ MONTEIRO	INDIVIDUAL	SEN M	03:22:12.237	03:22:04.567
175	864	M	RENATO MOREIRAS	INDIVIDUAL	V35 M	03:22:18.233	03:22:01.666
176	893	M	LUÍS SANTOS	ADI-ÍLHAVO	V40 M	03:22:24.237	03:22:16.520
177	379	M	LUÍS OLIVEIRA	INDIVIDUAL	V35 M	03:22:37.983	03:22:12.330
178	507	M	BRUNO RODRIGUES	INDIVIDUAL	V35 M	03:22:42.237	03:22:10.794
179	759	M	FÁBIO PEREIRA	SPORTING CLUBE DE CASAINHOS	SEN M	03:22:47.233	03:22:37.720
180	1535	M	JOÃO AFONSO	INDIVIDUAL	V45 M	03:22:53.233	03:21:43.036
181	995	M	LUÍS SIMÕES	INDIVIDUAL	V45 M	03:22:54.987	03:22:31.287
182	265	M	PAULO MOREIRA	INDIVIDUAL	V55 M	03:22:55.237	03:22:29.290
183	1247	M	NUNO LOPES	CLUBE MILLENNIUM BCP	V45 M	03:22:55.487	03:22:35.050
184	1058	M	JOAO COELHO	INDIVIDUAL	V40 M	03:23:03.057	03:22:43.990
185	1342	M	CARLOS PEDRO	LPSC	V50 M	03:23:06.233	03:22:53.656
186	1125	M	ANTÓNIO ROQUE	CARACÓIS DE PEDRA	V35 M	03:23:09.243	03:22:54.453
187	811	M	MIGUEL CABRAL	GINASIO CLUBE DE BRAGANÇA	V40 M	03:23:13.217	03:22:38.820
188	242	F	SANDRA GONÇALO	INDIVIDUAL	V45 F	03:23:24.737	03:22:52.477
189	657	M	PEDRO FERNANDES	HSANTAMARIART	SEN M	03:23:40.277	03:23:04.100
190	561	M	AQUILINO FERREIRA	INDIVIDUAL	V60 M	03:24:11.237	03:23:45.500
191	1445	M	RAMIRO SILVA	CSJSC	V55 M	03:24:23.293	03:23:53.250
192	1028	M	PEDRO FERNANDEZ	INDIVIDUAL	V40 M	03:24:43.487	03:24:03.934
193	462	M	JORGE SIRGADO	INDIVIDUAL	V50 M	03:24:45.490	03:24:23.187
194	1504	M	DANIEL ROCHA	HSANTAMARIART	V40 M	03:24:56.867	03:24:21.207
195	758	M	EDUARDO SANTOS	SPORTING CLUBE DE CASAINHOS	V40 M	03:25:05.390	03:24:56.393
196	1304	M	JAIME LAMEGO	CAAPP	V60 M	03:25:06.490	03:24:52.090
197	247	M	JOSÉ SOARES	INDIVIDUAL	V35 M	03:25:11.990	03:24:35.557
198	1296	M	JORGE LUZ	NPCAD	V55 M	03:25:26.737	03:25:17.680
199	1250	M	PEDRO GASPAR	DXC TRI AMAZING	V40 M	03:25:36.990	03:24:24.907
200	775	M	RICARDO SOUSA	INDIVIDUAL	V40 M	03:25:39.420	03:24:54.503
201	354	M	JESUS SANTOS	INDIVIDUAL	V55 M	03:25:47.937	03:25:26.107
202	1190	M	PEDRO MARTINS	INDIVIDUAL	SEN M	03:25:58.990	03:25:03.907
203	751	M	MARCO FILIPE	INDIVIDUAL	V40 M	03:26:15.237	03:25:57.507
204	1621	M	RICARDO JORGE	INDIVIDUAL	V45 M	03:26:24.240	03:26:18.723
205	1486	F	CÁTIA RODRIGUES	ESCOLA DE ATLETISMO DE COIMBRA/JPAIVA	SEN F	03:26:47.523	03:26:34.586
206	1333	F	CHANTAL XHERVELLE	ANE	V50 F	03:26:52.243	03:26:39.173
207	13	M	JOSE GRIJO	INDIVIDUAL	V40 M	03:27:04.740	03:26:26.943
208	969	M	FÁBIO MENDES	INDIVIDUAL	SEN M	03:27:13.077	03:26:21.447
209	125	M	JOSÉCARLOS GOMES	LIGEIRINHOS	V60 M	03:27:21.587	03:26:52.294
210	814	M	ANTÓNIO MIRANDA	INDIVIDUAL	SEN M	03:27:23.990	03:26:55.123
211	1157	M	PAULO MONIZ	INDIVIDUAL	V40 M	03:27:31.240	03:23:38.820
212	986	M	RUI ABREU	INDIVIDUAL	V50 M	03:27:33.990	03:26:58.353
213	1270	M	ADRIA REVELLES	INDIVIDUAL	SEN M	03:27:38.617	03:26:54.914
214	9	M	HUGO ANTUNES	INDIVIDUAL	SEN M	03:27:40.490	03:27:09.323
215	1454	M	JOSÉ RAMALHO	ELCT	V55 M	03:27:47.160	03:27:29.520

Lugar	Dorsal	Sexo	Atleta	Equipa	Escalão	Tempo	Chip
216	565	M	PEDRO SANGUINO	INDIVIDUAL	V35 M	03:27:53.240	03:27:31.063
217	917	M	SÉRGIO ALMEIDA	ACD OS ÍLHAVOS	V35 M	03:27:55.657	03:27:14.637
218	629	M	BRUNO MOUTA	CINFÃES A CORRER	V40 M	03:27:55.667	03:27:17.120
219	966	M	JORGE MOREIRA	INDIVIDUAL	V40 M	03:28:05.490	03:27:22.130
220	1475	M	PAULO BAPTISTA	CBA-S	V50 M	03:28:11.163	03:27:54.633
221	545	M	PEDRO LOUREIRO	INDIVIDUAL	V40 M	03:28:13.990	03:28:01.540
222	1456	M	VASCO BRITO	ELCT	V50 M	03:28:22.287	03:28:05.004
223	1100	M	FILIPPE CAMPOS	INDIVIDUAL	SEN M	03:28:23.243	03:27:05.480
224	53	M	JOSE FONSECA	INDIVIDUAL	V55 M	03:28:28.193	03:27:51.393
225	429	M	PAULO CENTEIO	INDIVIDUAL	V50 M	03:28:47.993	03:28:31.356
226	1184	M	JOÃO MEIRELES	GINÁSIO CLUBE DE BRAGANÇA	SEN M	03:28:50.493	03:28:15.463
227	138	M	RUI HELENO	INDIVIDUAL	V40 M	03:28:51.993	03:28:21.186
228	1201	M	VITOR VARANDAS	SX RUNNING BOOTCAMP	V35 M	03:29:16.250	03:28:00.690
229	383	M	JUAN MAESTU	PUNTA CABALO AROUSA	V45 M	03:29:19.257	03:28:47.964
230	1006	M	IVAN SÁNCHEZ	INDIVIDUAL	V35 M	03:29:27.243	03:29:21.716
231	364	M	GUSTAVO ANJOS	INDIVIDUAL	V50 M	03:29:29.297	03:28:01.100
232	599	M	AMÉRICO SANTOS	INDIVIDUAL	V45 M	03:29:31.490	03:29:14.313
233	1155	M	GONÇALO INÁCIO	ASCVG	V40 M	03:29:36.290	03:28:37.970
234	116	M	LUIS REIS	INDIVIDUAL	V40 M	03:29:38.753	03:28:44.580
235	1255	M	ALEXANDRE VILAS-BOAS	INDIVIDUAL	SEN M	03:29:39.003	03:29:02.333
236	1027	M	JOÃO MASSANO	INDIVIDUAL	V45 M	03:29:39.743	03:28:46.286
237	618	M	EMANUEL SILVA	INDIVIDUAL	V35 M	03:29:44.803	03:29:01.776
238	993	M	CARLOS COSTA	SX RUNNING BOOTCAMP	V35 M	03:29:46.330	03:29:09.350
239	1237	M	OSÓRIO PARDAL	INDIVIDUAL	V60 M	03:29:48.743	03:29:22.040
240	1238	M	MARCO MOREIRA	INDIVIDUAL	V35 M	03:29:48.747	03:29:22.047
241	82	M	PAULO AMARO	INDIVIDUAL	V50 M	03:29:55.490	03:29:38.930
242	1489	M	MARIO FÉLIX	ASSOCIAÇÃO DESPORTIVA E RECREATIVA - FERMENTELOS	V40 M	03:30:06.993	03:28:40.206
243	241	M	LUIS DIAS	INDIVIDUAL	V40 M	03:30:07.497	03:28:40.827
244	1262	M	GERARD MESSE	INDIVIDUAL	V60 M	03:30:16.743	03:29:46.196
245	1	M	PEDRO BARBOSA	INDIVIDUAL	SEN M	03:30:24.743	03:29:59.386
246	497	M	PAULO COSTA	CLAC - ENTRONCAMENTO	V40 M	03:30:25.243	03:29:51.276
247	1197	M	BRUNO ROSA	OS GALGOS	SEN M	03:30:37.427	03:30:26.310
248	711	M	SÉRGIO GONÇALVES	INDIVIDUAL	V50 M	03:30:41.243	03:30:22.306
249	1113	F	CARLA BERNARDINO	INDIVIDUAL	V45 F	03:30:54.457	03:30:26.410
250	28	M	AMILCAR COSTA	INDIVIDUAL	V50 M	03:30:59.493	03:30:33.066
251	133	F	CÁTIA FALHAS	INDIVIDUAL	V35 F	03:31:18.473	03:30:55.426
252	439	M	JOÃO NEVES	JOBRA	V50 M	03:31:18.473	03:30:55.786
253	680	M	JOÃO VINHA	INDIVIDUAL	V55 M	03:31:19.990	03:30:54.733
254	349	M	CARLOS MORGADO	INDIVIDUAL	V40 M	03:31:22.997	03:30:07.440
255	1502	F	SOFIA PEIXOTO	ELCT	V35 F	03:31:28.753	03:31:10.693
256	280	M	NUNO FREITAS	WORKIO	V35 M	03:32:20.733	03:31:49.556
257	1276	M	PAULO SANTOS	CORRER LISBOA	SEN M	03:32:25.747	03:31:58.327
258	268	M	JORGE FERNANDES	INDIVIDUAL	V40 M	03:32:33.247	03:31:47.060

Lugar	Dorsal	Sexo	Atleta	Equipa	Escalão	Tempo	Chip
259	843	F	SARA NUNES	INDIVIDUAL	V40 F	03:32:37.497	03:31:49.297
260	681	M	GONALO SIMES	DESPORTIVO NAUTICO DA MARINHA GRANDE	V35 M	03:32:45.093	03:30:55.803
261	1291	F	GRAA COSTA	AMONT	V55 F	03:32:51.250	03:32:23.833
262	1382	M	BRUNO PEREIRA	INDIVIDUAL	SEN M	03:32:53.617	03:32:25.910
263	715	M	HENDRIK WIELINGA	INDIVIDUAL	V50 M	03:32:56.497	03:31:59.210
264	1430	M	RUI SILVA	INDIVIDUAL	V40 M	03:33:12.213	03:32:46.920
265	1121	M	JOSE RODRIGUES	INDIVIDUAL	V50 M	03:33:16.713	03:33:05.273
266	1177	M	SLVIO ROMO	INDIVIDUAL	V40 M	03:33:27.663	03:32:25.230
267	1521	M	MANUEL CABETE	MOINHOS DA GNDARA TRAIL	V55 M	03:33:36.497	03:32:34.064
268	580	M	CESAR VARELA	INDIVIDUAL	V50 M	03:33:37.463	03:33:24.283
269	690	M	PLCIDO CADILHE	INDIVIDUAL	V40 M	03:33:49.997	03:32:53.817
270	394	M	RUI NEVES	INDIVIDUAL	V40 M	03:33:55.707	03:31:41.270
271	1274	M	RUI NUNES	DXC TRI AMAZING	V40 M	03:33:55.747	03:32:42.960
272	203	M	RUI SALES	INDIVIDUAL	V50 M	03:33:58.750	03:33:05.357
273	1056	F	SYLVIE BERRIEIX	INDIVIDUAL	V50 F	03:34:05.247	03:33:17.570
274	463	M	VITOR FIGUEIREDO	FIGUEIREDO'S RUNNER'S AND FRIENDS	V55 M	03:34:10.230	03:33:51.807
275	739	F	SONIA SILVA	AMIGOS DAS SAPATILHAS	V40 F	03:34:10.997	03:33:05.567
276	1343	M	JOS FERREIRA	LPSC	V55 M	03:34:20.750	03:34:07.453
277	11	M	VITOR PEREIRA	DCI/TRILHOS LUSO BUSSACO	V35 M	03:34:35.757	03:33:35.554
278	1242	M	ANTONIO BOTAO	CLUBE MILLENNIUM BCP	SEN M	03:34:38.250	03:32:51.957
279	451	M	ANTNIO SANTOS	INDIVIDUAL	V50 M	03:34:45.007	03:33:49.470
280	1275	M	ANTNIO RIBEIRO	INDIVIDUAL	V50 M	03:34:46.713	03:34:07.386
281	1493	M	JOAQUIM PINHEIRO	INDIVIDUAL	V50 M	03:34:55.757	03:33:37.460
282	761	F	ANABELA ALMEIDA	AMIGOS DAS SAPATILHAS	V45 F	03:34:56.500	03:33:51.070
283	453	F	CTIA PINTO	INDIVIDUAL	SEN F	03:35:01.300	03:33:57.120
284	1207	M	RICARDO OLIVEIRA	INDIVIDUAL	V40 M	03:35:11.997	03:34:14.417
285	670	M	SIMO SEIA	INDIVIDUAL	V35 M	03:35:13.280	03:35:01.187
286	1164	F	NDIA FONSECA	INDIVIDUAL	SEN F	03:35:15.997	03:34:30.950
287	1181	M	VITOR RIBEIRO	INDIVIDUAL	V35 M	03:35:18.330	03:34:29.840
288	870	M	SERGIO SOTO	INDIVIDUAL	V40 M	03:35:19.750	03:34:32.440
289	97	M	LUS LOURENO	G.D.MDA	SEN M	03:35:43.877	03:35:21.694
290	1400	M	ANTNIO OLIVEIRA	GDRG	V45 M	03:35:52.407	03:35:29.724
291	1107	M	LUS SILVA	INDIVIDUAL	V40 M	03:35:52.497	03:34:54.190
292	1286	M	NUNO MAIO	SCS	V35 M	03:35:58.753	03:35:08.800
293	270	M	HENRIQUE ALVES	GRUPO DESPORTIVO DE TRANCOSO	V45 M	03:35:59.403	03:34:28.110
294	1398	F	PATRCIA FERREIRA	FCPF	V35 F	03:36:09.443	03:35:43.406
295	262	M	LUIS MONTEIRO	INDIVIDUAL	V45 M	03:36:12.753	03:35:50.050
296	137	M	RUI SIMPLICIO	INDIVIDUAL	V45 M	03:36:17.957	03:35:28.657
297	1068	M	ANDR LUZ	INDIVIDUAL	SEN M	03:36:27.750	03:36:06.823
298	1428	M	SIDNIO DIAS	CBAM	V50 M	03:36:29.503	03:35:48.483
299	1404	M	JOEL BARROS	INDIVIDUAL	V40 M	03:36:33.457	03:35:57.530
300	357	M	PEDRO CARVALHO	ONE BUY SHOP RUNNERS	V35 M	03:36:48.433	03:36:20.886
301	1394	M	JOS GONALVES	MCVC	V50 M	03:37:01.183	03:36:42.620

Lugar	Dorsal	Sexo	Atleta	Equipa	Escalão	Tempo	Chip
302	118	M	PAULO MARTINS	INDIVIDUAL	V55 M	03:37:10.000	03:36:32.803
303	633	M	RICARDO QUEIRÓS	INDIVIDUAL	V45 M	03:37:12.427	03:37:02.254
304	908	M	RUI FONTES	INDIVIDUAL	V50 M	03:37:40.003	03:36:33.076
305	737	M	NUNO COSTA	AMIGOS DAS SAPATILHAS	V35 M	03:37:40.013	03:36:31.043
306	518	M	ANTÓNIO SOUSA	INDIVIDUAL	V60 M	03:37:45.423	03:36:36.250
307	95	M	PAULO SANTOS	INDIVIDUAL	V50 M	03:37:53.697	03:37:22.520
308	992	M	ERDO KAYACAN	INDIVIDUAL	V50 M	03:37:57.003	03:36:48.426
309	1336	M	PEDRO PINHO	INDIVIDUAL	V40 M	03:38:01.423	03:37:26.473
310	1529	F	RAQUEL VASCONCELOS	INDIVIDUAL	V40 F	03:38:04.253	03:37:25.083
311	1476	M	PEDRO SILVA	CBA-S	V45 M	03:38:17.263	03:38:03.836
312	1492	F	MARIA CAETANO	INDIVIDUAL	SEN F	03:38:20.670	03:37:32.880
313	905	M	BRUNO DIAS	INDIVIDUAL	SEN M	03:38:34.253	03:37:46.706
314	904	M	NUNO DIAS	INDIVIDUAL	SEN M	03:38:34.503	03:37:43.806
315	102	M	ANDRÉ MARTINS	INDIVIDUAL	V35 M	03:38:54.253	03:38:30.660
316	621	M	RODRIGO MARQUES	AZA - AZAMBUJA COM ALMA	V40 M	03:38:54.413	03:37:59.990
317	974	M	JOSÉ COELHO	MONTANHA CLUBE TRAIL RUNNING/EFAPEL	V55 M	03:39:05.003	03:37:56.440
318	668	M	DAVID SANTOS	INDIVIDUAL	V50 M	03:39:08.180	03:38:28.497
319	177	M	JOÃO DUARTE	IPN RUNNERS	SEN M	03:39:14.503	03:37:42.326
320	1234	M	DAVID SIMÃO	INDIVIDUAL	V50 M	03:39:16.703	03:39:11.006
321	734	M	ALEXANDRE TEIXEIRA	AMIGOS DAS SAPATILHAS	V40 M	03:39:22.007	03:38:15.100
322	474	M	LUÍS SILVA	ACRM SILVEIRINHA GRANDE CLARAS	V50 M	03:39:25.217	03:38:59.100
323	1390	M	ANTÓNIO RODRIGUES	MCVC	V35 M	03:39:30.010	03:39:12.197
324	275	M	ÁLVARO SOUSA	ADOSA - OS SANTA APOLÓNIA	V50 M	03:39:33.750	03:38:53.940
325	464	M	MIGUEL COSTA	PRIME RUNNING CLUB	V40 M	03:39:44.003	03:39:22.456
326	1213	M	JORGE OLIVEIRA	INDIVIDUAL	SEN M	03:39:46.753	03:38:15.083
327	219	M	FERNANDO MOREIRA	INDIVIDUAL	V35 M	03:39:50.783	03:39:07.436
328	111	M	PEDRO MANAÇAS	INDIVIDUAL	V45 M	03:40:10.003	03:38:45.760
329	160	M	HEITOR ARAÚJO	INDIVIDUAL	V50 M	03:40:16.320	03:39:58.753
330	520	M	JOSÉ SIMÕES	ASSOCIAÇÃO ACADÉMICA DE COIMBRA	V50 M	03:40:17.507	03:39:47.940
331	489	M	RAUL CARDOSA	GUARDARUNNERS	V50 M	03:40:22.007	03:39:11.587
332	16	M	JOÃO GOMES	NOKIA RUNNERS	V45 M	03:40:30.507	03:39:15.584
333	1077	M	JORGE FARIA	NOKIA RUNNERS	V40 M	03:40:30.653	03:39:15.600
334	284	M	DAMÁSIO PEREIRA	INDIVIDUAL	V40 M	03:40:31.257	03:40:07.634
335	1098	M	JOÃO FONSECA	INDIVIDUAL	V45 M	03:40:39.257	03:39:00.837
336	456	M	RICARDO RATO	INDIVIDUAL	SEN M	03:40:46.507	03:40:02.210
337	338	M	DANIEL SILVA	GRUPO DESPORTIVO BANCO DE PORTUGAL	V35 M	03:40:55.257	03:40:21.190
338	1214	M	MÁRIO GERMANO	INDIVIDUAL	V45 M	03:41:02.507	03:40:05.824
339	1041	M	VASCO TARELHO	INDIVIDUAL	SEN M	03:41:02.643	03:39:35.096
340	736	M	EUGENIO CUNHA	AMIGOS DAS SAPATILHAS	V45 M	03:41:12.257	03:40:03.680
341	1043	F	MARIA MELO	POMPOM	V50 F	03:41:15.940	03:38:56.010
342	1022	M	LUIS NUNES	INDIVIDUAL	V40 M	03:41:25.547	03:40:38.617
343	1088	M	PEDRO VIEIRA	INDIVIDUAL	V50 M	03:41:25.760	03:39:59.093
344	1136	M	DIOGO VIEIRA	RDSPORTS	SEN M	03:41:25.760	03:39:59.333

Lugar	Dorsal	Sexo	Atleta	Equipa	Escalão	Tempo	Chip
345	166	M	DELFIM TORRES	INDIVIDUAL	V45 M	03:41:27.263	03:40:31.550
346	1199	M	VÍTOR CASTRO	INDIVIDUAL	V45 M	03:41:31.443	03:40:48.336
347	287	M	PEDRO PALMELA	INDIVIDUAL	V35 M	03:41:32.970	03:40:49.837
348	530	M	JOSÉ BÁRBARA	OS INCANSÁVEIS	V50 M	03:41:39.507	03:40:30.504
349	753	M	FERNANDO SILVA	INDIVIDUAL	V50 M	03:41:53.897	03:40:45.324
350	146	M	PAULO FIDALGO	INDIVIDUAL	V35 M	03:42:08.007	03:41:32.994
351	1008	F	SILVIA HUERTA	INDIVIDUAL	V45 F	03:42:18.257	03:41:35.144
352	883	M	ROBERTO RONCERO	INDIVIDUAL	V40 M	03:42:18.383	03:41:38.560
353	593	M	HENRIQUE NEVES	INDIVIDUAL	V45 M	03:42:32.883	03:41:46.930
354	346	M	PEDRO SEIXAS	INDIVIDUAL	V40 M	03:42:33.257	03:42:15.954
355	319	M	RUI FREITAS	ESGALHADA TRAIL TEAM	V40 M	03:42:33.380	03:41:56.457
356	619	M	RUI CARMO	INDIVIDUAL	V40 M	03:42:34.757	03:41:49.964
357	1173	M	FILIPE PARAÍSO	GUARDARUNNERS	V40 M	03:42:37.380	03:42:27.000
358	748	M	NUNO LOURENÇO	INDIVIDUAL	V40 M	03:42:41.070	03:41:53.903
359	1273	M	ISMAEL PORRAS	INDIVIDUAL	V35 M	03:42:43.257	03:41:59.554
360	1186	M	MICHAEL WINTER	INDIVIDUAL	SEN M	03:42:49.597	03:41:49.630
361	829	M	ARLINDO SILVA	AFIS	V45 M	03:42:49.617	03:41:49.377
362	771	M	JOÃO BARBADO	INDIVIDUAL	V50 M	03:42:53.260	03:42:18.470
363	1301	F	MARIA RODRIGUES	BVMN	V45 F	03:43:29.760	03:43:06.587
364	139	M	AVELINO ALVES	INDIVIDUAL	V55 M	03:43:36.507	03:43:26.714
365	1120	M	HELDER COELHO	INDIVIDUAL	V45 M	03:43:56.173	03:43:04.546
366	83	F	MARIA MONTEIRO	ASCVG	V40 F	03:44:12.510	03:43:33.840
367	1525	M	CARLOS MARQUES	INDIVIDUAL	V50 M	03:44:26.007	03:43:46.080
368	1183	M	JOAQUIM PINHO	INDIVIDUAL	V55 M	03:44:40.263	03:43:53.876
369	1622	M	NUNO SANTOS	INDIVIDUAL	V40 M	03:44:46.260	03:43:42.553
370	1148	M	HELDER ALMEIDA	INDIVIDUAL	V40 M	03:44:52.760	03:44:00.583
371	1417	M	ANTONIO MAIA	ATLETAS DO PARQUE	V45 M	03:44:55.787	03:44:07.357
372	1269	M	DANIEL JIMÉNEZ	INDIVIDUAL	SEN M	03:44:57.313	03:44:14.290
373	315	M	TIAGO FERREIRA	INDIVIDUAL	V40 M	03:44:58.510	03:44:24.167
374	201	M	NUNO SILVA	MANOS TEAM	V45 M	03:44:59.760	03:43:59.413
375	1407	F	VANDA BRAGANÇA	INDIVIDUAL	V45 F	03:45:00.767	03:43:55.974
376	1338	M	DUARTE EIRA	INDIVIDUAL	SEN M	03:45:08.260	03:44:13.087
377	1533	M	JOÃO ALMADA	INDIVIDUAL	V60 M	03:45:32.260	03:44:57.957
378	762	M	PEDRO AGUIAR	INDIVIDUAL	V35 M	03:45:43.760	03:45:05.823
379	1012	M	PEDRO OLIVEIRA	GRUPO DESPORTIVO DA PARREIRA	V35 M	03:45:56.907	03:45:27.827
380	1477	M	RUI MILAGAIA	CBA-S	V35 M	03:46:13.927	03:45:59.677
381	1418	M	AMÉRICO RODRIGUES	CBAM	V60 M	03:46:31.263	03:46:00.343
382	1469	M	JOSÉ FONTINHA	CBA-S	V40 M	03:46:36.763	03:46:27.753
383	515	M	JOSÉ SANTOS	OS INCANSÁVEIS	V55 M	03:46:41.513	03:45:32.616
384	529	M	ALBERTO SANTOS	OS INCANSÁVEIS	V55 M	03:46:41.513	03:45:31.723
385	473	M	JOSÉ SALGUEIRO	INDIVIDUAL	V40 M	03:46:44.013	03:45:55.090
386	115	M	PAULO MANAÇAS	INDIVIDUAL	V50 M	03:46:58.260	03:45:34.037
387	51	M	SÉRGIO LOPES	SUPERFRESCO TRAIL TEAM	V40 M	03:47:16.587	03:46:41.310

Lugar	Dorsal	Sexo	Atleta	Equipa	Escalão	Tempo	Chip
388	1147	M	LUIS SILVA	INDIVIDUAL	V40 M	03:47:22.023	03:46:21.970
389	1226	M	PATRICK BAUMONT	INDIVIDUAL	V50 M	03:47:28.337	03:46:53.350
390	1263	M	NÉLIO FREIXO	INDIVIDUAL	V35 M	03:47:36.333	03:46:38.023
391	960	M	DASEN PATHER	INDIVIDUAL	V40 M	03:47:37.010	03:46:50.337
392	1415	M	CRISTIANO TAVARES	KIRCHHOFF - KONECT RUNNING TEAM	SEN M	03:47:56.103	03:47:38.903
393	1482	M	MIGUEL SEQUEIRA	LPSC	V35 M	03:48:09.517	03:47:49.310
394	314	M	TIAGO AMARAL	DOIS NOS ACUDAM	V40 M	03:48:23.827	03:47:02.144
395	1116	M	PATRICK MENDONÇA	INDIVIDUAL	V35 M	03:48:35.513	03:47:47.210
396	1076	M	JOSÉ SALGADO	INDIVIDUAL	V50 M	03:48:35.827	03:47:51.530
397	1074	M	ANDRÉ BARBOSA	INDIVIDUAL	V35 M	03:48:36.013	03:47:35.750
398	1073	M	HUGO BARBOSA	INDIVIDUAL	V40 M	03:48:38.640	03:47:38.377
399	716	F	CATARINA MILHEIRO	BIKESERVICE	SEN F	03:48:52.323	03:47:26.146
400	1435	M	MARIO GONZALEZ	INDIVIDUAL	V55 M	03:48:56.013	03:47:54.333
401	1349	M	PAULO FERREIRA	INDIVIDUAL	V45 M	03:49:21.273	03:48:45.613
402	677	M	JOSÉ ANTUNES	RUNNING4FUN TEAM VISEU	V45 M	03:49:27.070	03:48:05.537
403	513	M	PAULO SILVA	BUSTOS RUNNERS	V50 M	03:49:27.267	03:48:42.850
404	523	M	NELSON SILVA	NOKIA RUNNERS	V35 M	03:49:35.763	03:47:40.086
405	493	M	JOSÉ MARÇAL	CLAC - ENTRONCAMENTO	V55 M	03:49:46.740	03:49:14.443
406	994	M	GONÇALO ÁGUAS	INDIVIDUAL	V35 M	03:49:49.267	03:48:40.694
407	1189	M	JULIO NEPOMUCENO	INDIVIDUAL	V50 M	03:50:23.017	03:49:34.587
408	740	M	RUI DIAS	SAS RUNNERS	V50 M	03:50:33.267	03:49:12.847
409	1180	F	CLÁUDIA FERNANDES	INDIVIDUAL	V45 F	03:50:51.057	03:49:49.880
410	47	M	RICARDO FERREIRA	NETQOS	V35 M	03:50:51.267	03:50:10.230
411	427	M	PEDRO SANTOS	INDIVIDUAL	V40 M	03:51:05.517	03:50:22.217
412	164	M	CARLOS MARQUES	INDIVIDUAL	V60 M	03:51:10.017	03:49:00.800
413	297	M	FERNANDO ROSETE	INDIVIDUAL	V45 M	03:51:20.767	03:50:19.837
414	1420	F	CRISTINA CARVALHO	CBAM	V50 F	03:51:21.767	03:50:39.120
415	1421	M	HUGO MANITA	CBAM	V40 M	03:51:30.270	03:51:04.080
416	423	M	JOSE MAGALHAES	RUN 4 FUN	V50 M	03:51:31.797	03:50:48.437
417	1053	M	RICARDO MACHADO	INDIVIDUAL	SEN M	03:51:37.393	03:50:44.976
418	127	M	PAULO MOUTINHO	INDIVIDUAL	V45 M	03:51:37.397	03:50:08.967
419	1187	M	BENEDITO LEMOS	INDIVIDUAL	V45 M	03:51:54.517	03:50:32.337
420	1429	M	VITOR SANTOS	CBAM	V50 M	03:51:55.267	03:51:12.004
421	1419	M	CARLOS COSTA	CBAM	V50 M	03:51:56.557	03:51:13.337
422	1348	M	LOUIS CAL	ACD ILHAVOS	SEN M	03:52:04.020	03:51:42.100
423	235	M	VÍTOR PROENÇA	INDIVIDUAL	V45 M	03:52:07.547	03:50:11.254
424	69	M	TELMO REIS	LOUSADA RUNNERS	V40 M	03:52:08.770	03:51:46.720
425	1494	F	INÊS TEIXEIRA	INDIVIDUAL	V35 F	03:52:09.040	03:50:40.007
426	1230	M	VITOR PINTO	INDIVIDUAL	SEN M	03:52:17.017	03:49:05.490
427	1046	M	HUGO PAIXÃO	INDIVIDUAL	V40 M	03:52:21.047	03:51:26.380
428	136	M	HÉLDER DUARTE	INDIVIDUAL	SEN M	03:52:21.767	03:51:34.837
429	1241	M	JOSÉ PARREIRAL	INDIVIDUAL	V50 M	03:52:29.017	03:51:40.714
430	368	M	PAULO GONÇALVES	INDIVIDUAL	V50 M	03:52:32.767	03:50:16.880

Lugar	Dorsal	Sexo	Atleta	Equipa	Escalão	Tempo	Chip
431	601	M	DOMINGOS PEIXOTO	INDIVIDUAL	V45 M	03:52:43.523	03:52:14.860
432	1064	F	ROCIO DÍAZ	ATLETISMO RIBADEO	V50 F	03:52:48.020	03:52:20.467
433	1320	F	SUSANA ESPADA	BVMN	V35 F	03:53:11.283	03:52:48.356
434	783	M	JORGE JUSTO	O MUNDO DA CORRIDA	V55 M	03:53:12.270	03:52:11.983
435	674	M	ANTÓNIO GERALDO	O MUNDO DA CORRIDA	V60 M	03:53:13.033	03:52:12.610
436	1453	F	ISABEL NUNES	ELCT	V50 F	03:53:45.287	03:53:27.740
437	568	M	JOAO SILVA	INDIVIDUAL	V35 M	03:54:02.090	03:53:02.160
438	1355	M	BRUNO SILVA	GUARDARUNNERS	V35 M	03:54:22.020	03:54:01.600
439	393	M	LUIS NUNES	INDIVIDUAL	V60 M	03:54:25.520	03:52:57.593
440	141	M	PAULO TRIGO	INDIVIDUAL	V40 M	03:54:41.770	03:53:03.987
441	1319	M	NUNO MARQUES	BVMN	V45 M	03:54:46.270	03:54:22.700
442	108	M	VITOR FRANGO	INDIVIDUAL	V45 M	03:55:10.180	03:54:04.643
443	403	M	RUI FERREIRA	INDIVIDUAL	V45 M	03:55:18.703	03:54:01.123
444	1369	M	FRANCISCO MACHADO	INDIVIDUAL	V40 M	03:55:25.270	03:54:42.000
445	1256	M	GUILHERME FERREIRA	INDIVIDUAL	SEN M	03:55:29.273	03:54:37.916
446	1328	M	ANTÓNIO CAMACHO	PFC	V60 M	03:55:39.023	03:54:50.473
447	752	M	CARLOS LANCHÁ	INDIVIDUAL	V45 M	03:56:04.023	03:54:46.670
448	210	M	MARCO MALAGUERRA	INDIVIDUAL	V45 M	03:56:18.287	03:55:00.317
449	236	M	TIAGO GOMES	INDIVIDUAL	V40 M	03:56:28.520	03:54:57.737
450	1412	M	MÁRIO SEQUEIRA	INDIVIDUAL	V45 M	03:56:40.543	03:55:47.036
451	1586	M	ANTÓNIO PAULO	OPRATICANTE.PT	V55 M	03:56:40.773	03:55:22.796
452	1436	M	IVO OLIVEIRA	INDIVIDUAL	SEN M	03:56:50.023	03:54:06.233
453	1224	M	RICARDO CARVALHEIRA	"G.D ""OS RIBEIRINHOS"""	V40 M	03:56:58.773	03:55:52.196
454	1223	M	FILIPE DUARTE	"G.D ""OS RIBEIRINHOS"""	V40 M	03:56:58.997	03:55:53.450
455	1117	M	JOSÉ MORGADO	INDIVIDUAL	SEN M	03:57:02.277	03:56:14.234
456	46	M	BRUNO BATISTA	INDIVIDUAL	V35 M	03:57:09.380	03:56:09.133
457	355	M	STÉPHANE JORGE	INDIVIDUAL	V40 M	03:57:09.390	03:56:09.177
458	798	M	HUGO ROSAS	INDIVIDUAL	V40 M	03:57:14.027	03:55:30.220
459	1228	F	MAFALDA RESENDE	INDIVIDUAL	V40 F	03:57:22.027	03:56:04.467
460	1036	M	LUIS CARVALHO	INDIVIDUAL	V45 M	03:57:23.773	03:56:05.830
461	1009	M	GONÇALO PALMA	SAMORUNNING	V35 M	03:57:27.273	03:56:51.726
462	19	M	DAVID NOGUEIRA	INDIVIDUAL	V35 M	03:57:41.273	03:56:19.356
463	1101	F	ANA RUIVO	INDIVIDUAL	SEN F	03:57:43.453	03:56:23.913
464	873	M	RODRIGO COSTA	INDIVIDUAL	V55 M	03:57:43.457	03:57:25.164
465	1078	F	CAROLINE MAROT	INDIVIDUAL	V45 F	03:58:09.777	03:57:17.347
466	249	M	CARLOS FERREIRA	INDIVIDUAL	V45 M	03:58:09.987	03:57:00.307
467	1499	M	HUGO TRAVINCA	INDIVIDUAL	V40 M	03:58:15.023	03:57:29.730
468	746	M	BRUNO FERREIRA	INDIVIDUAL	V40 M	03:58:17.497	03:55:46.817
469	1506	M	PEDRO VENTURA	INDIVIDUAL	V35 M	03:58:29.023	03:56:50.600
470	487	M	FERNANDO SOARES	BRACARABTTTEAM	V50 M	03:58:47.523	03:58:10.103
471	228	M	DANIEL SILVÉRIO	G.D.R. SÃO FRANCISCO DA SERRA	V40 M	03:58:53.277	03:58:23.104
472	1271	F	CARMEN LIMA	INDIVIDUAL	V45 F	03:59:01.277	03:58:07.870
473	1495	M	ANTÓNIO MORAIS	ELA CORRE COM ELES/NASAMOTOR	V50 M	03:59:01.780	03:58:08.367

Lugar	Dorsal	Sexo	Atleta	Equipa	Escalão	Tempo	Chip
474	1049	F	SUSANA ALEGRIA	INDIVIDUAL	V40 F	03:59:03.527	03:58:00.340
475	1048	M	ROBERTO TELO	INDIVIDUAL	V40 M	03:59:04.980	03:58:01.313
476	522	F	ISABEL SOARES	SPORTARC.RUNNING	V40 F	03:59:05.023	03:58:38.566
477	571	M	RUI SOBRAL	INDIVIDUAL	V45 M	03:59:25.597	03:58:12.670
478	87	M	DANIEL MACHADO	OS FUGITIVOS DA CRISE	V40 M	03:59:28.773	03:57:53.966
479	174	M	RUI PINTO	INDIVIDUAL	V40 M	03:59:36.033	03:58:01.100
480	1031	M	CURIEN GRÉGORY	INDIVIDUAL	V45 M	03:59:37.527	03:58:26.090
481	22070951		DESCONHECIDO	INDIVIDUAL	SEM ESCALÃO	03:59:38.783	03:58:09.856
482	289	M	JORGE FERREIRA	INDIVIDUAL	V45 M	03:59:39.277	03:59:01.854
483	200	M	ARTUR PAIVA	MANOS TEAM	V50 M	03:59:43.777	03:58:21.860
484	1206	M	JOAO PINTO	BLICOZICO LALABICO	V40 M	04:00:20.467	03:59:20.200
485	333	M	SIMAO COSTA	INDIVIDUAL	V40 M	04:00:31.027	03:59:58.717
486	1092	M	ALLEN VASCONCELOS	INDIVIDUAL	V40 M	04:00:31.717	03:59:18.284
487	1127	M	RUI FIGUEIRA	JUVENTUDE ATLÉTICO CLUBE	V40 M	04:00:45.527	04:00:11.187
488	707	M	MANUEL VAZQUEZVAZQUEZ	INDIVIDUAL	V50 M	04:00:50.730	04:00:05.673
489	888	F	MARIANA BOLA	INDIVIDUAL	SEN F	04:01:01.277	04:00:40.350
490	735	M	ANTONIO FONSECA	AMIGOS DAS SAPATILHAS	V50 M	04:01:52.777	04:00:44.224
491	208	M	JOSÉ FERREIRA	INDIVIDUAL	V50 M	04:02:00.027	04:00:01.320
492	1200	F	NATALIJA GULIN	INDIVIDUAL	V55 F	04:02:12.703	04:01:37.896
493	1218	M	RANDAL MEACHAM	TEAM MC	V55 M	04:02:17.030	04:01:24.863
494	678	M	NUNO PINHO	INDIVIDUAL	V50 M	04:02:24.330	04:01:40.983
495	401	F	CARLA SERRANO	CORRER QUELUZ	V40 F	04:02:42.027	04:00:35.607
496	1248	M	RODRIGO FERREIRA	CLUBE MILLENNIUM BCP	V40 M	04:02:58.777	04:02:23.144
497	1130	M	RENATO SANTOS	INDIVIDUAL	V40 M	04:03:08.280	04:02:27.983
498	1106	M	ANDRÉ SERRA	INDIVIDUAL	V40 M	04:03:19.287	04:01:38.870
499	519	M	PEDRO SILVA	CORRER LOURES	V60 M	04:03:20.780	04:01:54.113
500	15	M	TIAGO MENDES	INDIVIDUAL	V50 M	04:03:37.530	04:03:05.703
501	514	M	RUI PEREIRA	INDIVIDUAL	V35 M	04:03:51.530	04:03:13.823
502	1219	M	JOÃO BARRETO	TEAM MC	V55 M	04:03:57.983	04:03:06.310
503	406	M	JOÃO TEIXEIRA	INDIVIDUAL	V40 M	04:04:23.507	04:03:32.170
504	252	M	PEDRO TAVARES	SCPOVOENSE - CARACÓIS DE CORRIDA	V35 M	04:04:27.280	04:03:06.533
505	889	M	LICINIO COSTA	INDIVIDUAL	V40 M	04:04:38.430	04:03:29.567
506	726	M	RICARDO GONÇALVES	INDIVIDUAL	V35 M	04:04:45.280	04:04:09.473
507	409	M	MARCOS RATOLA	DXC TRI AMAZING	V40 M	04:04:50.780	04:03:38.993
508	88	M	VITOR OLIVEIRA	VITÓRIA FUTEBOL CLUBE	SEN M	04:04:57.583	04:04:11.506
509	1160	F	LILIANA AZEVEDO	INDIVIDUAL	V40 F	04:04:58.030	04:03:40.387
510	1161	M	VITOR NEVES	INDIVIDUAL	V40 M	04:04:58.280	04:03:40.663
511	140	M	CARLOS NEVES	INDIVIDUAL	V50 M	04:04:59.783	04:03:29.346
512	128	M	PAULO RIBEIRO	INDIVIDUAL	V45 M	04:05:23.280	04:04:19.240
513	1370	M	ANTÓNIO SILVA	INDIVIDUAL	V50 M	04:05:32.780	04:03:56.093
514	548	F	HELENA COELHO	DAVID SPORTS	V55 F	04:06:00.533	04:03:28.100
515	458	M	MÍLTON MILTON	INDIVIDUAL	V45 M	04:06:05.667	04:05:18.000
516	544	M	PEDRO HENRIQUES	INDIVIDUAL	V45 M	04:06:07.167	04:05:24.140

Lugar	Dorsal	Sexo	Atleta	Equipa	Escalão	Tempo	Chip
517	44	M	FRANCISCO MARINHA	INDIVIDUAL	V40 M	04:06:20.033	04:03:34.753
518	926	M	MATEUS FERREIRA	CORRER LISBOA	SEN M	04:07:33.283	04:07:08.050
519	675	F	MARIA KUHN	INDIVIDUAL	V50 F	04:07:35.403	04:06:46.713
520	624	M	JOEL SANTOS	ACRM SILVEIRINHA GRANDE CLARAS	SEN M	04:07:47.810	04:07:21.760
521	531	M	JOAO FAUSTINO	INDIVIDUAL	V45 M	04:07:52.287	04:07:48.184
522	1509	M	PAULO FERREIRA	INDIVIDUAL	V45 M	04:08:27.783	04:06:43.003
523	1293	M	JOSE MOREIRA	SCS	V55 M	04:08:43.037	04:07:25.707
524	609	M	JOSÉ LOURENÇO	INDIVIDUAL	V45 M	04:08:44.033	04:06:20.096
525	598	M	MÁRCIO SILVA	INDIVIDUAL	SEN M	04:08:45.037	04:06:49.357
526	1021	M	JORGE SCEVOLA	INDIVIDUAL	SEN M	04:08:45.390	04:06:49.473
527	1422	M	JOÃO SOARES	CBAM	V60 M	04:08:50.647	04:07:07.507
528	547	M	PEDRO VIEIRA	BUSTOS RUNNERS	V35 M	04:08:55.900	04:05:32.117
529	257	F	CLARA GONÇALVES	COSTA & GONÇALVES	V45 F	04:09:07.283	04:08:05.110
530	56	M	ALVARO SILVA	INDIVIDUAL	V60 M	04:09:09.783	04:07:49.846
531	206	F	SOFIA MOURA	INDIVIDUAL	SEN F	04:09:44.790	04:08:15.997
532	431	M	PAULO RIBEIRO	EQUIPA A	V45 M	04:10:40.287	04:07:53.490
533	1464	M	ERNESTO HEITOR	CBA-S	V50 M	04:10:44.537	04:10:28.814
534	468	M	PAULO SILVA	INDIVIDUAL	V45 M	04:11:16.787	04:08:20.340
535	279	F	INÊS DIAS	WORKIO	SEN F	04:11:40.787	04:10:06.240
536	1087	M	STÉPHANE GUIBERT	INDIVIDUAL	V45 M	04:12:14.540	04:10:29.623
537	1086	F	SOPHIE WEITSCH	INDIVIDUAL	V35 F	04:12:14.540	04:10:30.240
538	1159	M	VITOR MOUTINHO	INDIVIDUAL	V45 M	04:12:30.107	04:11:16.020
539	435	M	HELDER CUNHA	SCPOVOENSE - CARACÓIS DE CORRIDA	SEN M	04:12:40.107	04:11:19.280
540	176	F	ANA FORTES	INDIVIDUAL	V40 F	04:12:51.537	04:11:07.610
541	491	F	HELENA SILVA	INDIVIDUAL	V50 F	04:12:51.790	04:11:07.983
542	1055	M	SANDRO VILELA	AMIGOS DO DESCANSO	V45 M	04:13:02.720	04:12:00.800
543	1249	M	MIGUEL CAMPOS	TOCRUNNERS	V50 M	04:13:05.537	04:11:56.507
544	1478	F	TERESA MENDES	CBA-S	V50 F	04:13:07.053	04:12:52.726
545	61	M	PAULO PEREIRA	INDIVIDUAL	V40 M	04:13:13.290	04:11:12.510
546	1037	M	ANTONIO LEAL	INDIVIDUAL	V55 M	04:14:19.297	04:13:03.677
547	738	M	PAULO TEIXEIRA	AMIGOS DAS SAPATILHAS	V45 M	04:14:23.590	04:13:17.397
548	562	F	ROSA RODRIGUES	INDIVIDUAL	V50 F	04:14:30.093	04:13:06.300
549	1593	F	NICOLE HILLER	INDIVIDUAL	V35 F	04:14:31.790	04:11:34.767
550	856	M	AGOSTINHO GONÇALVES	INDIVIDUAL	V40 M	04:14:39.040	04:13:24.927
551	603	M	DOMINGOS SILVA	INDIVIDUAL	V55 M	04:14:46.047	04:12:02.154
552	635	M	RUI SILVA	JESUS RUNNERS	SEN M	04:14:46.290	04:12:02.507
553	604	M	FAUSTINO LANÇA	INDIVIDUAL	V45 M	04:14:47.540	04:12:30.030
554	1123	M	PEDRO PIMENTA	INDIVIDUAL	SEN M	04:14:51.540	04:13:07.243
555	1217	M	NUNO PEREIRA	INDIVIDUAL	V45 M	04:14:53.380	04:13:23.450
556	732	M	JORGE BRANCO	INDIVIDUAL	SEN M	04:14:56.550	04:11:54.863
557	1007	M	FRANCISCO PAMPILLON	INDIVIDUAL	V35 M	04:14:58.040	04:13:39.447
558	196	M	LUÍS FERRÃO	INDIVIDUAL	V40 M	04:15:01.910	04:14:06.620
559	1375	M	CARLOS JUSTO	INDIVIDUAL	V60 M	04:15:23.083	04:13:33.786

Lugar	Dorsal	Sexo	Atleta	Equipa	Escalão	Tempo	Chip
560	34	M	RUI SANTOS	PORTO RUNNERS	V55 M	04:15:23.540	04:14:57.387
561	1376	M	JAIME JUNIOR	INDIVIDUAL	V50 M	04:15:23.790	04:13:43.623
562	1105	M	JESÚS ALBERRO	INDIVIDUAL	V55 M	04:15:36.793	04:14:10.503
563	1079	M	MARCO RAMINHOS	INDIVIDUAL	V35 M	04:15:40.040	04:14:13.110
564	1081	M	CARLOS MOURATO	INDIVIDUAL	V40 M	04:15:41.040	04:13:34.370
565	1235	M	JOAO LARANJO	INDIVIDUAL	SEN M	04:15:44.517	04:13:50.477
566	658	M	EDGAR GONÇALVES	INDIVIDUAL	V40 M	04:15:53.037	04:14:13.000
567	564	M	HERMÍNIO PINHO	INDIVIDUAL	V50 M	04:16:15.330	04:15:28.410
568	1334	F	PATRÍCIA XAVIER	ADPALM	V45 F	04:16:18.623	04:15:35.366
569	1040	M	RUI LARANJEIRO	INDIVIDUAL	V45 M	04:16:19.290	04:15:46.943
570	283	M	PEDRO SERRANO	INDIVIDUAL	V50 M	04:16:20.793	04:13:16.326
571	64	M	PEDRO MARQUES	GRUPO DESPORTIVO ASSEMPARK	V40 M	04:16:28.297	04:15:22.867
572	498	M	PEDRO CARMO	CLAC - ENTRONCAMENTO	V40 M	04:16:33.790	04:16:02.360
573	1491	F	PATRÍCIA PALMEIRA	INDIVIDUAL	V40 F	04:16:59.043	04:15:12.280
574	1059	M	CHRISTOPHE LABARERE	INDIVIDUAL	V45 M	04:17:01.170	04:14:56.890
575	1057	F	LOGE SYLVIE	INDIVIDUAL	V45 F	04:17:01.173	04:14:56.493
576	1401	F	ISABEL OLIVEIRA	GDRG	V45 F	04:17:03.543	04:16:15.110
577	372	M	JOSÉ FERNANDES	INDIVIDUAL	V55 M	04:17:35.547	04:16:07.627
578	1129	M	DIOGO DIAS	INDIVIDUAL	SEN M	04:17:41.293	04:16:06.810
579	930	M	RÚBEN CONCEIÇÃO	INDIVIDUAL	SEN M	04:17:50.043	04:17:15.956
580	440	F	LÍVIA LOURENÇO	INDIVIDUAL	V40 F	04:18:09.247	04:16:03.317
581	1251	M	JOSÉ PROENÇA	INDIVIDUAL	V55 M	04:18:09.247	04:16:02.814
582	1109	M	GILBERT ESTREBOOU	INDIVIDUAL	V60 M	04:18:11.793	04:16:06.623
583	1620	F	VANESSA PEDREIRA	F.P.A	SUB23 F	04:18:37.047	04:18:31.000
584	237	M	RUI SÁ	INDIVIDUAL	V35 M	04:18:44.043	04:16:46.753
585	1480	M	FERNANDO MESTRE	JUVENTUDE ATLÉTICO CLUBE	V45 M	04:18:46.543	04:17:53.010
586	1182	M	LAURENT THONNEY	INDIVIDUAL	V40 M	04:19:22.567	04:17:18.284
587	225	M	PAULO OLIVEIRA	INDIVIDUAL	V35 M	04:19:43.047	04:18:41.997
588	66	F	ALMEIDA INES	AVEIRO RUNNERS	V45 F	04:20:12.047	04:19:26.250
589	549	F	LILIANA COELHO	DAVID SPORTS	SEN F	04:21:10.797	04:18:34.874
590	1589	F	DENISE MEACHAM	TEAM MC	V50 F	04:21:13.547	04:19:45.117
591	68	F	EDUARDA VINAGRE	AVEIRO RUNNERS	V45 F	04:21:16.457	04:20:20.287
592	855	F	ALICE VIDINHA	INDIVIDUAL	SEN F	04:21:24.963	04:19:00.500
593	1280	F	RUTE MATOS	IND-ST	V50 F	04:21:31.050	04:21:07.853
594	1324	M	ANTÓNIO CONCEIÇÃO	CSJSC	V50 M	04:21:42.010	04:20:30.450
595	1411	M	PAULO GONÇALVES	INDIVIDUAL	V55 M	04:21:43.300	04:20:21.120
596	1039	M	PEDRO PINTO	INDIVIDUAL	V55 M	04:21:43.300	04:20:20.753
597	1437	M	NUNO PARREIRA	INDIVIDUAL	V40 M	04:21:43.303	04:20:20.626
598	470	M	HUGO NUNES	INDIVIDUAL	V35 M	04:21:56.297	04:20:18.364
599	152	F	NÉLIA GOUVEIA	INDIVIDUAL	V45 F	04:22:19.300	04:20:10.087
600	1285	M	JOÃO RESENDE	SCS	V50 M	04:22:30.517	04:21:50.567
601	1126	M	HELDER SANTOS	INDIVIDUAL	V40 M	04:22:31.047	04:21:44.237
602	57	M	HELDER PEREIRA	INDIVIDUAL	V50 M	04:22:33.547	04:21:55.754

Lugar	Dorsal	Sexo	Atleta	Equipa	Escalão	Tempo	Chip
603	72	M	JOSE OLIVEIRA	INDIVIDUAL	V45 M	04:23:17.800	04:22:11.750
604	450	M	DANIEL FERNANDES	CASA JOVASE	V40 M	04:23:22.630	04:22:29.023
605	476	M	FÁBIO FERREIRA	CASA JOVASE	V40 M	04:23:24.157	04:22:30.367
606	1205	F	CECÍLIA NICOLAU	INDIVIDUAL	V55 F	04:23:46.007	04:21:53.964
607	906	M	JOSÉ MARQUES	INDIVIDUAL	V60 M	04:23:46.050	04:21:53.870
608	199	M	ANTONIO LEMOS	MANOS TEAM	V50 M	04:23:46.053	04:22:40.126
609	527	M	DUARTE RIBEIRO	INDIVIDUAL	V45 M	04:23:47.550	04:21:38.130
610	1220	F	CLÁUDIA REIS	INDIVIDUAL	SEN F	04:23:50.503	04:21:47.323
611	1110	M	JORGE SEQUEIRA	INDIVIDUAL	V55 M	04:23:50.550	04:22:15.593
612	1227	M	PAULO DUARTE	GDCT UNICRE	V55 M	04:24:40.750	04:22:53.583
613	1168	M	HÉLDER PIRES	INDIVIDUAL	V45 M	04:24:42.550	04:23:04.607
614	662	M	PEDRO CONCEIÇÃO	INDIVIDUAL	V45 M	04:25:00.303	04:24:24.600
615	764	F	ANA DANTAS	INDIVIDUAL	V35 F	04:25:10.553	04:23:18.556
616	822	F	VANDA ABREU	INDIVIDUAL	V40 F	04:25:20.810	04:23:11.593
617	1017	F	ELISABETE ZARAGOZA	DXC TRI AMAZING	V45 F	04:25:31.843	04:23:45.416
618	1240	M	JORDI GARCIA	INDIVIDUAL	V40 M	04:25:53.553	04:24:09.516
619	1508	M	ANDRÉ RAMOS	INDIVIDUAL	V35 M	04:26:00.053	04:23:20.376
620	198	M	JOAO MARQUES	INDIVIDUAL	V40 M	04:26:24.480	04:24:57.060
621	1084	F	HELENA PINTO	CORRER LOURES	V50 F	04:26:24.803	04:24:57.860
622	1191	M	HUGO MARTINS	INDIVIDUAL	V35 M	04:26:48.440	04:25:04.943
623	1061	M	PEDRO TRABUCHO	INDIVIDUAL	V55 M	04:26:59.803	04:26:08.570
624	1582	M	JÚLIO JÚNIOR	CCD RENAULT CACIA	V50 M	04:27:22.477	04:27:12.450
625	1246	M	MARIO ROMAO	CLUBE MILLENNIUM BCP	V45 M	04:27:26.310	04:25:25.033
626	1515	M	ANTONIO SERRA	INDIVIDUAL	V60 M	04:27:37.987	04:25:43.430
627	163	F	CARLA MOTA	ÉVORA NIGHT RUNNERS	V50 F	04:27:51.803	04:26:21.366
628	154	M	NUNO SOUSA	SRED	V40 M	04:28:49.057	04:26:57.277
629	766	M	ALLAN CAPUCCI	INDIVIDUAL	V35 M	04:28:52.557	04:26:39.267
630	426	M	RICARDO PATRÍCIO	INDIVIDUAL	V40 M	04:29:35.057	04:27:14.020
631	962	M	ANTONIO VERISSIMO	INDIVIDUAL	V45 M	04:29:38.650	04:28:41.360
632	467	M	JOÃO ANTUNES	INDIVIDUAL	V50 M	04:29:44.307	04:28:21.110
633	1025	F	SILVIA NUNES	DXC TRI AMAZING	V40 F	04:29:51.557	04:28:04.504
634	356	M	RICARDO SEROMENHO	INDIVIDUAL	V40 M	04:30:15.560	04:28:48.263
635	533	M	JOSÉ MOREIRA	INDIVIDUAL	V40 M	04:30:15.560	04:28:58.010
636	288	F	CARLA REBELO	RUN 4 FUN	V50 F	04:30:58.313	04:30:14.923
637	145	F	CESÉLIA FARIA	INDIVIDUAL	V40 F	04:31:32.560	04:29:23.240
638	1202	M	RICARDO PEREIRA	INDIVIDUAL	V50 M	04:31:49.810	04:30:53.620
639	1051	M	JOSÉ FÉLIX	INDIVIDUAL	V35 M	04:31:50.307	04:29:48.887
640	750	M	FERNANDO FERNANDES	INDIVIDUAL	V60 M	04:32:08.060	04:31:28.890
641	749	M	ARTUR GONÇALVES	INDIVIDUAL	V40 M	04:32:30.060	04:30:48.563
642	1479	F	VALÉRIE SANTOS	CBA-S	V35 F	04:32:39.063	04:32:24.723
643	989	M	GONÇALO MATOS	INDIVIDUAL	V40 M	04:32:41.810	04:30:19.780
644	1194	F	CÁTIA RAMOS	INDIVIDUAL	V40 F	04:32:42.063	04:30:48.626
645	1442	F	MÓNICA LOPES	INDIVIDUAL	V40 F	04:32:43.813	04:29:48.373

Lugar	Dorsal	Sexo	Atleta	Equipa	Escalão	Tempo	Chip
646	1265	M	RUI GRAÇA	CORRER LISBOA	V50 M	04:32:45.903	04:29:50.223
647	12	M	ANTONIO TEIXEIRA	INDIVIDUAL	V50 M	04:32:47.810	04:31:32.640
648	1124	F	MARIA OLIVEIRA	INDIVIDUAL	V55 F	04:33:18.060	04:31:26.063
649	1268	M	DUARTE RELVAS	INDIVIDUAL	V45 M	04:33:18.427	04:32:14.890
650	1179	M	ANTÓNIO PORTO	INDIVIDUAL	V50 M	04:33:20.063	04:31:19.780
651	1317	F	GORETTI SILVA	CSJSC	V55 F	04:33:26.563	04:32:43.540
652	627	M	FILIPE BRANDÃO	INDIVIDUAL	V45 M	04:33:26.567	04:30:42.540
653	1158	F	CLÁUDIA COELHO	INDIVIDUAL	V35 F	04:33:30.313	04:32:17.023
654	255	M	NELSON PERES	INDIVIDUAL	V45 M	04:33:30.560	04:30:25.603
655	1516	M	JOAO GONCALVES	INDIVIDUAL	V35 M	04:33:48.663	04:32:01.233
656	705	M	JOÃO GIL	INDIVIDUAL	V60 M	04:33:56.810	04:32:47.250
657	1169	M	CARLOS CARDOSO	INDIVIDUAL	V40 M	04:34:05.160	04:31:33.733
658	25	M	ANTONIO TAVARES	INDIVIDUAL	V40 M	04:34:16.907	04:32:48.220
659	1094	F	JOSÉ LEMOS	SHOTS INTERNACIONAL RUNNERS	V40 F	04:34:25.907	04:33:44.930
660	1103	F	CARLA CRUZ	CLUBE STRESS	V50 F	04:34:26.067	04:32:33.390
661	1104	F	CARLA ERNESTO	CLUBE STRESS	V45 F	04:34:26.527	04:32:33.850
662	1258	M	HUGO SEIXAS	INDIVIDUAL	SEN M	04:34:36.583	04:33:06.153
663	43	M	JOSÉ LOPES	ESTRELA CAMPO AVIAÇÃO F.C.	V55 M	04:34:43.063	04:33:59.716
664	640	M	BRIAN FERREIRA	ASSCC- AR LIVRE E AVENTURA	SEN M	04:34:59.063	04:33:04.030
665	1163	M	OCTÁVIO PANTALEAO	INDIVIDUAL	V60 M	04:35:32.313	04:33:52.780
666	1386	M	ROBERTO MARQUES	INDIVIDUAL	V35 M	04:35:42.563	04:33:42.160
667	1019	F	EVA PAZ	DXC TRI AMAZING	SEN F	04:35:53.563	04:34:06.276
668	477	M	NUNO MOREIRA	ALVERCA URBAN RUNNERS	V40 M	04:35:54.313	04:33:31.133
669	1341	F	FILOMENA SANTOS	ACDI	V60 F	04:36:05.067	04:35:08.894
670	245	M	FREDERICO FERNANDES	INDIVIDUAL	V40 M	04:36:24.563	04:35:41.443
671	1176	M	TIAGO VAZ	CLUBE FERROVIÁRIO DE PORTUGAL	V40 M	04:37:02.063	04:34:53.153
672	999	M	JOAO SANTOS	INDIVIDUAL	V40 M	04:37:13.067	04:32:45.894
673	1272	M	JOÃO ROCHA	INDIVIDUAL	V40 M	04:37:13.067	04:35:11.387
674	981	M	PAULO PEREIRA	JUVENTUDE ATLÉTICO CLUBE	V40 M	04:37:20.573	04:36:27.046
675	614	M	PEDRO SILVA	INDIVIDUAL	V35 M	04:38:05.317	04:35:21.564
676	1178	F	SÍLVIA SANTOS	INDIVIDUAL	V40 F	04:38:16.517	04:35:53.094
677	965	F	CÉLIA ROSA	INDIVIDUAL	V45 F	04:38:35.080	04:37:09.203
678	1196	F	MARIA CRAVEIRO	INDIVIDUAL	V50 F	04:39:19.067	04:37:25.637
679	823	M	HELDER COSTA	GINÁSIO CLUBE DE BRAGANÇA	SEN M	04:39:22.317	04:38:47.047
680	1466	F	JOANA GARCIA	CBA-S	V35 F	04:40:37.067	04:40:20.360
681	385	M	AFONSO RODRIGUES	INDIVIDUAL	V40 M	04:40:59.760	04:38:03.073
682	414	M	LUIS FERREIRA	INDIVIDUAL	V55 M	04:41:05.567	04:39:50.370
683	1204	M	HERVÉ PERCHET	INDIVIDUAL	V60 M	04:41:34.840	04:39:08.307
684	697	F	SANDRA ZEFERINO	BIKESERVICE	SEN F	04:41:42.383	04:40:12.963
685	263	M	LUIS MATEUS	INDIVIDUAL	V45 M	04:41:52.340	04:40:26.187
686	1439	M	ANTÓNIO VIEIRA	INDIVIDUAL	V45 M	04:42:02.070	04:41:32.893
687	1522	M	TELMO VELOSO	INDIVIDUAL	V45 M	04:42:11.337	04:41:42.340
688	472	M	CASIMIRO GOMES	INDIVIDUAL	V40 M	04:42:13.097	04:40:41.177

Lugar	Dorsal	Sexo	Atleta	Equipa	Escalão	Tempo	Chip
689	1099	F	CRISTINA LINO	ALVERCA URBAN RUNNERS	V55 F	04:42:16.820	04:39:54.143
690	78	M	RICARDO FERRAZ	INDIVIDUAL	V35 M	04:42:51.070	04:41:32.623
691	1616	M	MANUEL LUIS	INDIVIDUAL	V60 M	04:42:59.327	04:42:40.387
692	1066	M	GABRIEL ALMEIDA	INDIVIDUAL	V40 M	04:43:03.827	04:41:12.864
693	795	F	ISABEL CARDEAL	INDIVIDUAL	V50 F	04:44:27.577	04:41:58.537
694	1346	M	ANTÓNIO PINTO	LPSC	V55 M	04:44:27.823	04:41:57.890
695	1452	F	FÁTIMA ALEIXO	KIRCHHOFF - KONECT RUNNING TEAM	V45 F	04:45:23.600	04:44:58.303
696	1095	M	LEONID REMENSON	INDIVIDUAL	V60 M	04:46:16.300	04:44:43.743
697	667	M	CASIMIRO CARNEIRO	GINASIO CLUBE DE BRAGANÇA	V60 M	04:46:37.077	04:44:49.134
698	1597	F	ANABELA BORDALO	F.P.A	V50 F	04:46:37.327	04:46:27.294
699	1089	F	LUCIA DELCAMPO	INDIVIDUAL	SEN F	04:46:37.547	04:44:49.370
700	466	M	AMARO ROCHA	INDIVIDUAL	V55 M	04:46:50.083	04:45:58.490
701	411	M	PAULO FRANCISCO	INDIVIDUAL	V50 M	04:46:50.573	04:44:56.133
702	92	M	PAULO FREIRE	INDIVIDUAL	V50 M	04:46:51.553	04:45:45.506
703	395	M	JORGE VIANA	INDIVIDUAL	V50 M	04:46:51.827	04:44:56.657
704	323	M	FREDERICO ESTEVES	INDIVIDUAL	V55 M	04:46:52.077	04:44:57.134
705	584	M	MIGUEL ROCHA	INDIVIDUAL	V45 M	04:47:23.287	04:46:38.620
706	943	M	RENATO MATOS	INDIVIDUAL	V45 M	04:48:17.330	04:45:18.793
707	308	F	PAULA SEIXAS	INDIVIDUAL	V50 F	04:49:40.580	04:46:35.150
708	1065	M	JOÃO SILVA	INDIVIDUAL	V50 M	04:50:02.080	04:48:17.393
709	350	F	PAULA LUÍS	INDIVIDUAL	V35 F	04:50:49.827	04:47:44.400
710	586	M	EDGAR ANASTACIO	AZA - AZAMBUJA COM ALMA	V55 M	04:51:36.003	04:50:42.286
711	483	M	RUI ALVES	AZA - AZAMBUJA COM ALMA	V45 M	04:51:40.080	04:50:47.150
712	509	M	GONÇALO MENDES	ENTREPROVAS	V50 M	04:51:52.583	04:49:06.640
713	10	M	MARCO MORGADO	INDIVIDUAL	V40 M	04:52:52.343	04:51:35.016
714	301	M	DUARTE MARTELO	INDIVIDUAL	V45 M	04:55:56.337	04:54:15.807
715	505	M	CARLOS PENA	"RGD ""OS FIXES"""	V50 M	04:56:02.087	04:51:23.580
716	107	F	CELINA SERRANO	INDIVIDUAL	V45 F	04:56:24.837	04:53:19.407
717	50	M	CARLOS OLIVEIRA	INDIVIDUAL	V45 M	04:56:27.497	04:54:43.214
718	760	M	JORGE MAIA	INDIVIDUAL	V50 M	04:56:28.087	04:54:42.910
719	250	M	SECA JOSÉ	INDIVIDUAL	V50 M	04:56:28.603	04:54:44.160
720	574	M	VITOR GONÇALVES	4 AO KM	V50 M	04:56:42.987	04:54:54.200
721	573	F	ISADORA COSTA	4 AO KM	SEN F	04:56:44.510	04:54:55.723
722	1222	F	SOFIA PEIXOTO	INDIVIDUAL	SEN F	04:57:36.837	04:55:32.804
723	950	M	ANDRÉ SOBRAL	INDIVIDUAL	SEN M	04:57:41.947	04:56:19.664
724	442	M	LUIS LOPES	INDIVIDUAL	SEN M	04:57:44.107	04:56:06.430
725	1083	F	LAURE-MARIE LEBLEU	INDIVIDUAL	V40 F	04:57:53.843	04:54:49.640
726	1090	F	ARIZTEGUI CHRISTINE	INDIVIDUAL	V50 F	04:57:54.340	04:54:50.900
727	1122	F	BRUNO RIBEIRO	INDIVIDUAL	SEN F	04:57:57.090	04:56:10.330
728	918	F	MARIA VIEIRA	TÉCNICO RUGBY RUNNING TEAM	V45 F	04:59:30.843	04:57:15.386
729	931	F	SOFIA FARINHA	INDIVIDUAL	SEN F	04:59:34.790	04:56:57.757
730	1530	M	CARLOS MENDEZ	INDIVIDUAL	V60 M	04:59:36.843	04:55:55.020
731	1391	M	ISAIAS PERALTA	MCVC	V60 M	05:00:39.343	04:57:55.506

Lugar	Dorsal	Sexo	Atleta	Equipa	Escalão	Tempo	Chip
732	407	M	FÁBIO FERNANDES	VIRIATHVS RUNNERS VISEU	SEN M	05:02:19.097	05:01:01.347
733	197	M	ALVARO FERREIRA	INDIVIDUAL	V60 M	05:03:10.850	05:01:17.163
734	1458	M	FERNANDO SANTOS	AFIS	V60 M	05:03:19.857	05:01:15.677
735	373	M	JOSE SILVA	CORREDOR DE FIM DE TARDE	V55 M	05:03:24.657	05:01:43.154
736	75	M	ALVARO SANTANA	INDIVIDUAL	V55 M	05:04:24.640	05:03:13.330
737	625	F	PAULA NETO	INDIVIDUAL	V55 F	05:04:41.200	05:01:30.420
738	964	M	GUILHERME MOREIRA	INDIVIDUAL	V45 M	05:04:49.720	05:02:44.437
739	1154	F	CHRISTINE CAMUS	INDIVIDUAL	V60 F	05:05:10.350	05:02:09.430
740	997	M	JOÃO RODRIGUES	INDIVIDUAL	V45 M	05:06:02.373	05:02:49.443
741	996	M	CARLOS RODRIGUES	INDIVIDUAL	V40 M	05:06:02.607	05:02:49.677
742	991	M	RODRIGO LAPA	INDIVIDUAL	SEN M	05:06:06.317	05:03:37.150
743	730	M	NUNO CUNHA	INDIVIDUAL	V50 M	05:06:06.317	05:05:03.890
744	340	M	FILIPE ROCHA	INDIVIDUAL	V40 M	05:06:08.350	05:04:13.540
745	976	M	JONE MATEUS	INDIVIDUAL	V55 M	05:07:10.353	05:03:56.823
746	267	M	VÍTOR NOGUEIRA	INDIVIDUAL	V45 M	05:07:27.603	05:05:25.563
747	1592	M	ANTÓNIO COSTA	INDIVIDUAL	V40 M	05:08:51.357	05:05:52.824
748	842	M	JOAQUIM MOREIRA	INDIVIDUAL	V50 M	05:09:00.860	05:08:00.883
749	58	M	PAULO SILVA	INDIVIDUAL	V40 M	05:09:00.860	05:06:28.933
750	590	F	MARIA DINIZ	INDIVIDUAL	V55 F	05:09:36.107	05:06:30.184
751	30	M	ANTONIO SARIO	INDIVIDUAL	V50 M	05:09:42.107	05:06:41.184
752	1595	F	ANA REIS	F.P.A	SEN F	05:09:42.597	05:09:34.120
753	910	F	PAULA ALMEIDA	INDIVIDUAL	V45 F	05:13:41.360	05:10:46.833
754	183	M	LUIS DOMINGOS	INDIVIDUAL	V55 M	05:16:57.117	05:16:05.747
755	703	M	MANUEL BARROS	INDIVIDUAL	V60 M	05:18:33.123	05:16:37.433
756	970	F	ROSA QUADROS	INDIVIDUAL	V55 F	05:18:40.767	05:17:06.247
757	907	M	JOSÉ SÁ	INDIVIDUAL	V60 M	05:18:56.263	05:17:24.726
758	1060	F	CHRISTIANE DESNOS	INDIVIDUAL	V50 F	05:19:17.897	05:17:12.440
759	1358	M	LUÍS SOARES	HEALTH CLUB EL SPA - MELIA RIA	V50 M	05:19:17.917	05:17:25.857
760	701	M	LUÍS SANTOS	INDIVIDUAL	V60 M	05:22:02.877	05:18:58.677
761	1267	M	IDÍLIO GOMES	PAPA REFORMAS	V55 M	05:27:03.457	05:23:36.870
762	1266	M	FRANCISCO GOMES	PAPA REFORMAS	SEN M	05:27:05.953	05:23:39.370
763	1013	M	PIERRE MOISSETTE	INDIVIDUAL	V45 M	05:32:50.393	05:29:54.096
764	769	M	NUNO SANTOS	INDIVIDUAL	V45 M	05:33:08.393	05:31:18.970
765	1426	F	PATRÍCIA PEDRO	CBAM	V55 F	05:35:20.403	05:32:23.223
766	1423	M	JOAQUIM MÓNICA	CBAM	V60 M	05:35:20.900	05:32:24.473
767	1483	F	SÓNIA SEQUEIRA	LPSC	V45 F	05:41:13.657	05:40:51.734
768	1485	M	EMÍLIO GONÇALVES	LPSC	V55 M	05:48:52.423	05:45:51.880
769	1462	M	CARLOS ALFAIATE	CBA-S	V60 M	05:52:43.180	05:52:29.367

ANAV

Lugar	Dorsal	Sexo	Atleta	Equipa	Escalão	Tempo	Chip
1	1539.	M	AUGUSTO COSTA	A.MONT/E LECLERC BCL	M50	02:26:17.087	02:26:13.500

Lugar	Dorsal	Sexo	Atleta	Equipa	Escalão	Tempo	Chip
2	1347.	M	IVAN NUNES	VIP RC	M35	02:31:01.663	02:30:58.206
3	1313.	M	PAULO GARCIA	C F OS BELENENSES	M45	02:44:28.710	02:44:25.133
4	1448.	M	ULISSES LOPES	C D S SALVADOR CAMPO	M55	02:45:04.317	02:44:55.240
5	1292.	M	JOAQUIM ALVES	S C SALGUEIROS	M50	02:45:33.693	02:45:24.866
6	1444.	M	DANIEL PEIXOTO	RECREIO DESP ÁGUEDA	M40	02:46:01.427	02:46:00.777
7	1316.	M	PEDRO GILVAZ	INDIVIDUAL - PORTO	M40	02:46:05.190	02:45:57.517
8	1339.	M	LEONEL REIS	GDAC DA BOUÇA	M40	02:46:48.130	02:46:44.627
9	1447.	M	JOAQUIM LOPES	C D S SALVADOR CAMPO	M55	02:46:54.937	02:46:48.920
10	1290.	M	JOÃO LEANDRO	TEAM EL COMANDANTE	M45	02:49:19.670	02:49:17.173
11	1446.	M	JOÃO PEREIRA	C D S SALVADOR CAMPO	M45	02:50:32.960	02:50:28.903
12	1281.	M	HELDER LOPES	TRILHOS LUSO BUSSACO	M35	02:51:40.447	02:51:37.250
13	1314.	M	FURTADO HERNANI	S C ESPINHO	M40	02:52:54.450	02:52:28.707
14	1287.	M	PAULO OLIVEIRA	S C SALGUEIROS	M35	02:53:10.337	02:53:01.784
15	1298.	M	MANUEL MENDES	VITÓRIA S C	M50	02:53:30.703	02:53:27.283
16	1307.	M	MIGUEL PEIXE	VITÓRIA S C	M45	02:53:30.950	02:53:21.863
17	1325.	M	NUNO RUELA	INDIVIDUAL - LISBOA	M45	02:55:11.457	02:55:02.537
18	1451.	M	LUIS TOVIM	A R CASAENSE - EAC	M55	02:55:35.453	02:55:27.006
19	1393.	M	JOSE SILVA	MARATONA VILA CHÃ	M45	02:56:05.203	02:55:46.520
20	1340.	M	TELMO VIEGAS	1º DEZEMBRO QUEIJAS	M45	02:56:47.543	
21	1282.	M	JOSÉ MARTINS	TRILHOS LUSO BUSSACO	M60	02:57:29.953	02:57:24.723
22	1305.	M	SÉRGIO MIGUEL	INDIVIDUAL - LISBOA	M40	02:58:56.960	02:58:44.037
23	1322.	M	CARLOS GOMES	S C SALGUEIROS	M35	02:59:33.240	02:59:28.937
24	1395.	M	JORGE SANTOS	F C PENAFIEL	M35	02:59:53.707	02:59:44.214
25	1449.	M	JORGE NUNES	INDIVIDUAL - BRAGA	M55	03:02:07.713	03:01:48.276
26	1344.	M	RUI SILVA	LINDA-A-PASTORA S C	M40	03:02:40.967	03:02:29.317
27	1294.	M	NELSON CARVALHOSA	S C SALGUEIROS	M40	03:02:49.713	03:02:40.016
28	1310.	M	MARCO GONÇALVES	ALGARVE TRAILRUNNING	M50	03:05:10.467	03:03:57.544
29	1450.	M	MARK MACEDO	F C PENAFIEL	M40	03:08:51.683	03:08:47.336
30	1501.	M	SÉRGIO SILVA	TEAM EL COMANDANTE	M40	03:09:00.260	03:08:42.443
31	1300.	M	HÉLDER ALVALADE	CLUBE RAQUEL CABAÇO	M45	03:09:26.977	03:09:09.410
32	1332.	M	FILIPE CUNHA	VITÓRIA S C	M40	03:10:00.977	03:09:43.800
33	1283.	M	RICARDO OLIVEIRA	TEAM EL COMANDANTE	M50	03:10:01.220	03:09:42.777
34	1399.	M	ANTÓNIO LOURENÇO	G D R DA GRANJA	M50	03:10:15.720	03:09:55.803
35	1468.	M	JOSÉ DURÃO	C BENFICA ABRANTES	M55	03:11:53.773	03:11:48.213
36	1299.	M	LUÍS TRIGO	VITÓRIA F C	M55	03:12:23.497	03:12:09.250
37	1443.	M	RUI COSTA	C ATLETISMO DE OVAR	M45	03:15:18.477	03:15:08.884
38	1297.	M	ANTÓNIO MARQUES	VITÓRIA S C	M55	03:15:19.477	03:15:00.520
39	1427.	M	ROMÁRIO ALMEIDA	C BENFICA ALGUEIRÃO	M45	03:15:28.227	03:15:02.370
40	1308.	M	RAMIRO PINHEIRO	VITÓRIA S C	M45	03:16:32.230	03:16:14.290
41	1284.	M	ROGERIO VIEIRA	TEAM EL COMANDANTE	M55	03:16:46.977	03:16:17.527
42	1459.	M	NUNO PEREIRA	TEAM EL COMANDANTE	M40	03:16:47.477	03:16:18.054
43	1392.	M	JACINTO CORREIA	MARATONA VILA CHÃ	M55	03:17:01.477	03:16:43.994
44	1309.	M	RICARDO MARTINS	C OLÍMPICO OEIRAS	M45	03:17:03.230	03:16:52.153

Lugar	Dorsal	Sexo	Atleta	Equipa	Escalão	Tempo	Chip
45	1396.	F	JÚLIA CONCEIÇÃO	F C PENAFIEL	W50	03:18:00.103	03:17:50.043
46	1329.	M	LUIS SANTOS	C VETERANOS COIMBRA	M45	03:18:02.853	03:17:49.630
47	1425.	M	MARCO CHARRUA	C BENFICA ALGUEIRÃO	M50	03:18:14.480	03:17:48.740
48	1471.	M	NELSON MARQUES	C BENFICA ABRANTES	M40	03:18:17.233	03:18:03.256
49	1302.	M	EDUARDO PINTO	NASCIDOS PARA CORRER	M60	03:18:48.733	03:18:37.760
50	1306.	M	JOAQUIM PACHECO	VITÓRIA S C	M50	03:19:47.980	03:19:38.087
51	1402.	M	BRUNO GOMES	TRILHOS LUSO BUSSACO	M40	03:21:05.510	03:20:37.593
52	1484.	M	ADÃO SILVA	F C PENAFIEL	M55	03:21:35.237	03:21:25.450
53	1342.	M	CARLOS PEDRO	LINDA-A-PASTORA S C	M50	03:23:06.237	03:22:53.660
54	1445.	M	RAMIRO SILVA	CALDAS SÃO JORGE S C	M55	03:24:23.547	03:23:52.980
55	1304.	M	JAIME LAMEGO	C A A PARQUE DA PAZ	M60	03:25:06.240	03:24:52.663
56	1296.	M	JORGE LUZ	NASCIDOS PARA CORRER	M55	03:25:25.990	03:25:16.930
57	1333.	F	CHANTAL XHERVELLE	A NATUREZA ENSINA	W50	03:26:51.990	03:26:38.913
58	1454.	M	JOSÉ RAMALHO	TEAM EL COMANDANTE	M55	03:27:47.160	03:27:27.437
59	1475.	M	PAULO BAPTISTA	C BENFICA ABRANTES	M50	03:28:11.167	03:27:57.190
60	1456.	M	VASCO BRITO	TEAM EL COMANDANTE	M50	03:28:22.510	03:28:05.227
61	1502.	F	SOFIA PEIXOTO	TEAM EL COMANDANTE	W35	03:31:28.997	03:31:11.180
62	1291.	F	GRAÇA COSTA	A.MONT/E LECLERC BCL	W55	03:32:50.750	03:32:23.433
63	1343.	M	JOSÉ FERREIRA	LINDA-A-PASTORA S C	M55	03:34:20.750	03:34:07.673
64	1400.	M	ANTÓNIO OLIVEIRA	G D R DA GRANJA	M45	03:35:52.407	03:35:29.364
65	1286.	M	NUNO MAIO	S C SALGUEIROS	M35	03:35:58.750	03:35:11.570
66	1398.	F	PATRÍCIA FERREIRA	F C PENAFIEL	W35	03:36:09.443	03:35:43.336
67	1428.	M	SIDÓNIO DIAS	C BENFICA ALGUEIRÃO	M50	03:36:29.503	03:35:48.496
68	1394.	M	JOSÉ GONÇALVES	MARATONA VILA CHÃ	M50	03:37:01.180	03:36:42.960
69	1476.	M	PEDRO SILVA	C BENFICA ABRANTES	M45	03:38:17.253	03:38:03.300
70	1390.	M	ANTÓNIO RODRIGUES	MARATONA VILA CHÃ	M35	03:39:30.007	03:39:12.214
71	1301.	F	MARIA RODRIGUES	B V MONTEMOR-O-NOVO	W45	03:43:29.760	03:43:06.587
72	1477.	M	RUI MILAGAIA	C BENFICA ABRANTES	M35	03:46:13.930	03:45:59.680
73	1418.	M	AMÉRICO RODRIGUES	C BENFICA ALGUEIRÃO	M60	03:46:31.263	03:46:00.453
74	1469.	M	JOSÉ FONTINHA	C BENFICA ABRANTES	M40	03:46:36.763	03:46:26.586
75	1482.	M	MIGUEL SEQUEIRA	LINDA-A-PASTORA S C	M35	03:48:09.517	03:47:49.310
76	1420.	F	CRISTINA CARVALHO	C BENFICA ALGUEIRÃO	W50	03:51:21.520	03:50:38.870
77	1421.	M	HUGO MANITA	C BENFICA ALGUEIRÃO	M40	03:51:30.270	03:51:04.403
78	1429.	M	VITOR SANTOS	C BENFICA ALGUEIRÃO	M50	03:51:56.557	03:51:13.140
79	1419.	M	CARLOS COSTA	C BENFICA ALGUEIRÃO	M50	03:51:57.270	03:51:14.273
80	1320.	F	SUSANA ESPADA	B V MONTEMOR-O-NOVO	W35	03:53:11.770	03:52:48.840
81	1453.	F	ISABEL NUNES	TEAM EL COMANDANTE	W50	03:53:45.287	03:53:27.737
82	1319.	M	NUNO MARQUES	B V MONTEMOR-O-NOVO	M45	03:54:46.023	03:54:22.476
83	1328.	M	ANTÓNIO CAMACHO	PALMELENSE F C	M65	03:55:39.273	03:54:50.473
84	1293.	M	JOSE MOREIRA	S C SALGUEIROS	M55	04:08:44.200	04:07:26.847
85	1422.	M	JOÃO SOARES	C BENFICA ALGUEIRÃO	M65	04:08:50.643	04:07:07.240
86	1464.	M	ERNESTO HEITOR	C BENFICA ABRANTES	M50	04:10:44.040	04:10:30.743
87	1478.	F	TERESA MENDES	C BENFICA ABRANTES	W50	04:13:07.060	04:12:50.393

Lugar	Dorsal	Sexo	Atleta	Equipa	Escalão	Tempo	Chip
88	1334.	F	PATRÍCIA XAVIER	ASS DESP PALMEIROS	W45	04:16:18.620	04:15:35.347
89	1401.	F	ISABEL OLIVEIRA	G D R DA GRANJA	W45	04:17:03.543	04:16:15.110
90	1280.	F	RUTE MATOS	INDIVIDUAL - SETÚBAL	W50	04:21:31.050	04:21:08.000
91	1324.	M	ANTÓNIO CONCEIÇÃO	CALDAS SÃO JORGE S C	M50	04:21:42.010	04:20:30.447
92	1285.	M	JOÃO RESENDE	S C SALGUEIROS	M50	04:22:30.517	04:21:50.584
93	1479.	F	VALÉRIE SANTOS	C BENFICA ABRANTES	W35	04:32:38.810	04:32:23.960
94	1317.	F	GORETTI SILVA	CALDAS SÃO JORGE S C	W55	04:33:26.320	04:32:43.587
95	1341.	F	FILOMENA SANTOS	A C D ÍLHAVOS	W60	04:36:04.820	04:35:09.153
96	1466.	F	JOANA GARCIA	C BENFICA ABRANTES	W35	04:40:36.600	04:40:19.903
97	1346.	M	ANTÓNIO PINTO	LINDA-A-PASTORA S C	M55	04:44:27.823	04:41:58.043
98	1452.	F	FÁTIMA ALEIXO	C ATLETISMO DE OVAR	W45	04:45:23.607	04:44:58.377
99	1391.	M	ISAIAS PERALTA	MARATONA VILA CHÃ	M75	05:00:39.343	04:57:55.633
100	1458.	M	FERNANDO SANTOS	ATLETAS FIM SEMANA	M75	05:03:20.353	05:01:15.420
101	1426.	F	PATRÍCIA PEDRO	C BENFICA ALGUEIRÃO	W55	05:35:21.153	05:32:23.960
102	1423.	M	JOAQUIM MÓNICA	C BENFICA ALGUEIRÃO	M60	05:35:21.160	05:32:24.227
103	1483.	F	SÓNIA SEQUEIRA	LINDA-A-PASTORA S C	W45	05:41:13.423	05:40:51.596
104	1485.	M	EMÍLIO GONÇALVES	LINDA-A-PASTORA S C	M55	05:48:52.673	05:45:51.506
105	1462.	M	CARLOS ALFAIATE	C BENFICA ABRANTES	M65	05:52:43.180	05:52:29.353

CAMPEONATO NACIONAL DE MARATONA

Lugar	Dorsal	Sexo	Atleta	Equipa	Escalão	Tempo	Chip
1	1538 N	M	ANDRÉ COSTA	CLUBE PRAÇAS ARMADA	SEN M	02:24:38.833	02:24:36.276
2	1556 N	M	JOSÉ SOUSA	CCR PRAIA DE MIRA	SEN M	02:26:08.917	02:26:06.360
3	1539 N	M	AUGUSTO COSTA	A.MONT/E LECLERC BCL	V50 M	02:26:17.077	02:26:13.500
4	1544 N	M	FERNANDO LEMOS	GRECAS - VAGOS	V35 M	02:29:24.037	02:29:21.217
5	1552 N	M	JOAQUIM CRISTIANO	U F C TOMAR	V35 M	02:38:50.430	02:38:44.373
6	1292 N	M	JOAQUIM ALVES	S C SALGUEIROS	V50 M	02:45:33.693	02:45:24.863
7	1444 N	M	DANIEL PEIXOTO	RECREIO DESP ÁGUEDA	V40 M	02:46:01.647	02:45:59.127
8	1290 N	M	JOÃO LEANDRO	TEAM EL COMANDANTE	V45 M	02:49:19.673	02:49:19.673
9	1446 N	M	JOÃO PEREIRA	C D S SALVADOR CAMPO	V45 M	02:50:33.447	02:50:29.390
10	1287 N	M	PAULO OLIVEIRA	S C SALGUEIROS	V35 M	02:53:10.590	02:53:02.757
11	1298 N	M	MANUEL MENDES	VITÓRIA S C	V50 M	02:53:30.703	02:53:27.243
12	1451 N	M	LUIS TOVIM	A R CASAENSE - EAC	V55 M	02:55:35.307	02:55:26.504
13	1577 N	M	RUI ALVES	A C R SRA DESTERRO	V50 M	02:55:37.210	02:55:32.523
14	1576 N	M	ROLANDO RIBEIRO	S C SALGUEIROS	V45 M	02:56:03.703	02:55:57.663
15	1594 N	F	ALEXANDRA OLIVEIRA	C S MARÍTIMO	SEN F	02:56:40.043	02:56:35.573
16	1540 N	M	AVELINO EUSÉBIO	G C R AGUÇADOURENSE	SEN M	02:59:31.020	02:59:28.093
17	1322 N	M	CARLOS GOMES	S C SALGUEIROS	V35 M	02:59:33.240	02:59:28.800
18	1395 N	M	JORGE SANTOS	F C PENAFIEL	V35 M	02:59:53.710	02:59:43.723
19	1602 N	M	HUGO SOARES	F C PENAFIEL	SUB23 M	03:01:07.970	03:01:03.137
20	1294 N	M	NELSON CARVALHOSA	S C SALGUEIROS	V40 M	03:02:49.717	03:02:40.020
21	1450 N	M	MARK MACEDO	F C PENAFIEL	V40 M	03:08:51.433	03:08:46.870

Lugar	Dorsal	Sexo	Atleta	Equipa	Escalão	Tempo	Chip
22	1501 N	M	SÉRGIO SILVA	TEAM EL COMANDANTE	V40 M	03:08:59.973	03:08:41.910
23	1283 N	M	RICARDO OLIVEIRA	TEAM EL COMANDANTE	V50 M	03:10:01.227	03:09:43.757
24	1468 N	M	JOSÉ DURÃO	C BENFICA ABRANTES	V55 M	03:11:53.773	03:11:48.210
25	1511 N	M	NELSON COSTA	TEAM EL COMANDANTE	V35 M	03:12:58.970	03:12:55.040
26	1459 N	M	NUNO PEREIRA	TEAM EL COMANDANTE	V40 M	03:16:47.480	03:16:17.937
27	1396 N	F	JÚLIA CONCEIÇÃO	F C PENAFIEL	V50 F	03:18:00.103	03:17:49.976
28	1471 N	M	NELSON MARQUES	C BENFICA ABRANTES	V40 M	03:18:17.730	03:18:03.753
29	1306 N	M	JOAQUIM PACHECO	VITÓRIA S C	V50 M	03:19:48.237	03:19:38.350
30	1484 N	M	ADÃO SILVA	F C PENAFIEL	V55 M	03:21:35.237	03:21:25.080
31	1454 N	M	JOSÉ RAMALHO	TEAM EL COMANDANTE	V55 M	03:27:47.163	03:27:29.403
32	1475 N	M	PAULO BAPTISTA	C BENFICA ABRANTES	V50 M	03:28:11.167	03:27:54.410
33	1456 N	M	VASCO BRITO	TEAM EL COMANDANTE	V50 M	03:28:22.510	03:28:05.233
34	1502 N	F	SOFIA PEIXOTO	TEAM EL COMANDANTE	V35 F	03:31:28.993	03:31:10.930
35	1291 N	F	GRAÇA COSTA	A.MONT/E LECLERC BCL	V55 F	03:32:50.997	03:32:23.580
36	1286 N	M	NUNO MAIO	S C SALGUEIROS	V35 M	03:35:59.637	03:35:12.717
37	1476 N	M	PEDRO SILVA	C BENFICA ABRANTES	V45 M	03:38:17.507	03:38:03.834
38	1469 N	M	JOSÉ FONTINHA	C BENFICA ABRANTES	V40 M	03:46:36.767	03:46:26.824
39	1453 N	F	ISABEL NUNES	TEAM EL COMANDANTE	V50 F	03:53:45.077	03:53:27.530
40	1293 N	M	JOSE MOREIRA	S C SALGUEIROS	V55 M	04:08:43.043	04:07:25.703
41	1464 N	M	ERNESTO HEITOR	C BENFICA ABRANTES	V50 M	04:10:44.040	04:10:28.347
42	1478 N	F	TERESA MENDES	C BENFICA ABRANTES	V50 F	04:13:07.063	04:12:50.390
43	1620 N	F	VANESSA PEDREIRA	C A ARCOS VALDEVEZ	SUB23 F	04:18:37.797	04:18:29.307
44	1285 N	M	JOÃO RESENDE	S C SALGUEIROS	V50 M	04:22:30.517	04:21:50.580
45	1479 N	F	VALÉRIE SANTOS	C BENFICA ABRANTES	V35 F	04:32:39.067	04:32:24.727
46	1466 N	F	JOANA GARCIA	C BENFICA ABRANTES	V35 F	04:40:37.100	04:40:22.247
47	1347 N	M	IVAN NUNES	VIP RC	V35 M	04:44:27.823	04:41:57.890
48	1597 N	F	ANABELA BORDALO	G C BRAGANÇA	V50 F	04:46:37.330	04:46:27.110
49	1595 N	F	ANA REIS	C BENFICA ABRANTES	SEN F	05:09:42.597	05:09:34.110
50	1462 N	M	CARLOS ALFAIATE	C BENFICA ABRANTES	V65 M	05:52:43.180	05:52:28.877